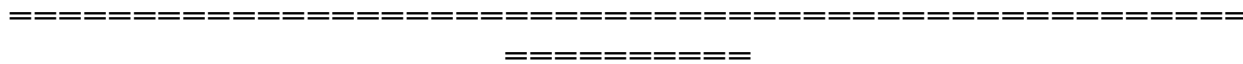


# SOUTH POTOMAC AREA NA NEWSLETTER

*“Recovery, Unity, Service”*

Volume 1 • Issue 6 • June 2026

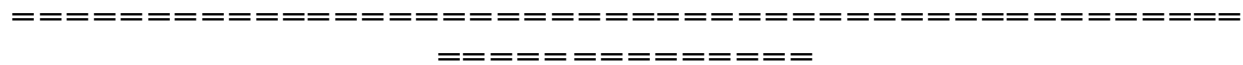


## From the Editor’s Desk

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Welcome to the June 2026 South Potomac Area NA Newsletter! This month we focus on Tradition Six — the safeguard that keeps NA free, focused, and committed to our primary purpose. Inside, you’ll find a story of service, upcoming events, meeting info, and reminders that together, we carry the message. Your voice matters. Keep coming back.

— *Brian, Newsletter Editor*



## FEATURED STORY

### **“Never endorse, finance, or lend.”**

The purpose of Narcotics Anonymous Tradition Six is simple, powerful, and absolutely essential to NA’s survival:

It protects NA from outside influence so the fellowship can stay focused on helping addicts recover — nothing else.

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“Our group must stay free from outside ties. We do not endorse, support, or lend our name to any facility, program, or enterprise that is not NA. When we attach ourselves to outside interests — whether through money, property, or prestige — we risk losing sight of the one thing we are here to do: carry the message to the addict who still suffers.”

A More Impactful Version of NA’s Sixth Tradition

“Our group must stay free from outside ties. We do not endorse, support, or lend our name to any facility, program, or enterprise that is not NA. When we attach ourselves to outside interests — whether through money, property, or prestige — we risk losing sight of the one thing we are here to do: carry the message to the addict who still suffers.”

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## Tradition of the Month — Tradition 6

**When we stay separate, we stay free.  
Free from obligations.  
Free from confusion.**

**Free from anything that could pull us away from the spiritual work we are here  
to do.**

**Because when NA gets distracted, addicts die.  
This tradition is not about rules — it's about survival.  
It reminds us that our unity, our clarity, and our message are more important  
than any partnership, any opportunity, or any promise of prestige.  
We stand alone so that every addict can find us.**

**“Each group has but one primary purpose — to carry the message to the addict  
who still suffers.”**

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## Clean Time Celebrations

Congratulations to all members celebrating milestones this month!

**Jenn B. 3 Years Clean & Lavada H. 18 Years Clean!**

Closed Sunday Group Sunday Jun 28, 2026 • 7PM to 8:30PM  
Our Savior Lutheran Church  
4915 St. Barnabas Rd, Temple Hills, MD 20748

**Brenda M 34 Years Clean**

Keep Coming Back Group Tuesday July 7, 2026 7:15PM to 8:45PM  
Allentown Capital Baptist Church  
7911 Allentown Rd.  
Fort Washington Md 20744

**Neccee G. 1 Year Clean**

Women Do Recover Wednesday July 8, 2026 7PM to 8PM  
Hope Lutheran Church  
6201 Coventry Way, Clinton, MD 20735

**Richardean F. & Janice D both 33 Years Clean**

Women Do Recover Friday July 10, 2026 7PM to 8PM  
Hope Lutheran Church

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6201 Coventry Way, Clinton, MD 20735

**Marie B. 36 Years**

Closed Sunday Group Sunday July 10, 2026 7:PM to 8:30PM  
Our Savior Lutheran Church  
4915 St. Barnabas Rd, Temple Hills, MD 20748

**Women Do Recover — 25 Year Group Anniversary**

Friday, July 24, 2026 . 7:30 PM  
Hope Lutheran Church  
6201 Coventry Way, Clinton, MD 20735

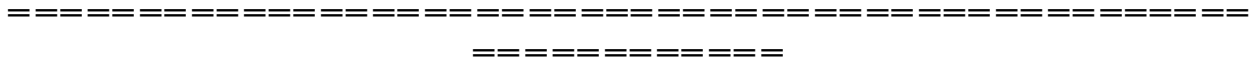
**Johnnie — 31 Years**

Closed Sunday Group Sunday, July 26, 2026 . 7:00 PM to  
8:30 PM Our Savior Lutheran Church  
4915 St. Barnabas Rd, Temple Hills, MD 20748

**Michelle J — 29 Years**

Bright Hope Group  
Wednesday, July 29, 2026 . 7:00 PM to 8:00 PM  
Carolina Baptist Church  
9901 Allentown Rd, Fort Washington, MD 20744

*If you're celebrating a clean-time milestone, let us know so we can recognize you in next month's issue!*



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**Upcoming Events**  
CPRCNA XL

*“Brought Forward from Darkness to Light”*

Chesapeake and Potomac Regional Convention of Narcotics Anonymous

**April 9–11, 2027**

Roland E. Powell Convention Center, Ocean City, Maryland

For more information visit: **CPRCNA.ORG**

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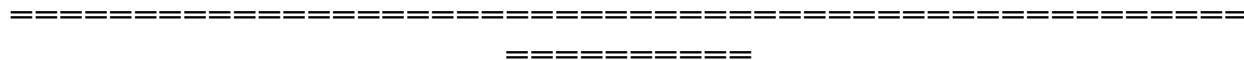
**CPRCNA XL Committee Meetings**

*Get involved! All committee meetings are held via Zoom. Password for all meetings: **Host40***

<b>Committee</b>	<b>Meeting Schedule</b>	<b>Zoom ID</b>
Host Committee	3rd Tuesday @ 7:00 PM	894 4993 1661
Hospitality	1st Tuesday @ 6:00 PM	876 5696 5555
Program	2nd Tuesday @ 7:00 PM	843 7581 9298

<b>Committee</b>	<b>Meeting Schedule</b>	<b>Zoom ID</b>
Merchandise	3rd Monday @ 7:00 PM	871 8132 6660
Entertainment	2nd Sunday @ 4:00 PM	827 6406 6544
Additional Needs	4th Wednesday @ 7:00 PM	842 0573 5742
Convention Information	3rd Thursday @ 6:00 PM	884 9336 5198
Registration	2nd Thursday @ 7:00 PM	827 6406 6544
Arts and Graphics	1st Saturday @ 3:00 PM	897 1679 9150

*Stay connected for the latest area events and activities. Check with your home group or the Area Service Committee for updates.*



## **South Potomac Area Meeting Schedule**

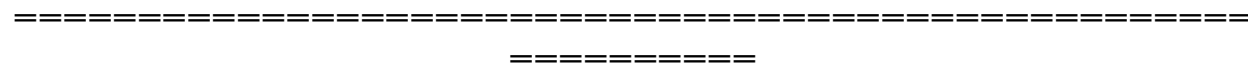
*For the most current meeting times and locations, visit [www.cprna.org](http://www.cprna.org) or contact the Area Helpline at 1-800-543-4670.*

**Zoom Dial-In Numbers:** 301-715-8592 | 312-626-6799 | 929-205-6099

<b>Day</b>	<b>Time</b>	<b>Meeting Name</b>	<b>Location</b>	<b>Format</b>
<b>Sunday</b>	7:00 AM – 8:30 AM	Spiritually Speaking	Virtual (Zoom ID: 202 999 2020, P/C: hope)	C, VM, LIT
<b>Sunday</b>	7:00 PM – 8:30 PM	Closed Sunday	Our Savior Lutheran Church, 4915 St. Barnabas Rd, Temple Hills, MD 20748	C, WC
<b>Monday</b>	7:00 PM – 8:30 PM	That Tired Old Lie	Second Baptist Church, 5501 Silver Hill Rd, District Heights, MD 20747	O, STEP, TRAD
<b>Monday</b>	7:30 PM – 9:00 PM	Monday Night Step	Virtual (Zoom ID: 457 476 3595, P/C: MNS)	O, VM
<b>Tuesday</b>	7:15PM – 8:45PM	Keep Coming Back Group	Capital Allentown Baptist 7911 Allentown RD Fort Washington MD 20744	O,SPAD

Day	Time	Meeting Name	Location	Format
Wednesday	7:00 PM – 8:15 PM	Bright Hope Group	Carolina Baptist Church, 9901 Allentown Rd, Fort Washington, MD 20744	O, STEP, TRAD, LIT, LC
Thursday	7:00 PM – 8:30 PM	Restored To Sanity	Good Samaritan Mission Church, 4409 Arnold Rd, Suitland, MD 20746	O, BEG, STEP
Thursday	7:00 PM – 8:30 PM	Steps to Life	Oxon Hill UMC, 6400 Livingston Rd, Oxon Hill, MD 20745	O
Friday	7:00 PM – 8:30 PM	Women Do Recover	Hope Lutheran Church, 6201 Coventry Way, Clinton, MD 20735	O, W, WC, LIT
Friday	7:30 PM – 9:00 PM	Living the Program Men’s Rap	Bethany Christian Church, 7128 Allentown Rd, Fort Washington, MD 20744	O, M
Saturday	12:00 PM – 1:30 PM	Keep It Simple	St. Barnabas Episcopal Church, 5203 Saint Barnabas Rd, Temple Hills, MD 20748	O, WC, LIT

**O** = Open | **C** = Closed | **VM** = Virtual Meeting | **STEP** = Step Study | **TRAD** = Tradition Study | **LIT** = Literature | **SPAD** = Spiritual Principle A Day | **BEG** = Beginners | **W** = Women | **M** = Men | **WC** = Wheelchair Accessible | **LC** = Living Clean



## Get Involved — Area Service

The South Potomac Area Service Committee meets monthly to coordinate NA services in our area. Service positions are available at every level — from greeting newcomers at your home group to representing our area at the regional level. No experience necessary — just a willingness to serve!

**Next ASC Meeting:** Saturday, July 11, 2026 — 6:00 PM  
Davies Unitarian Universalist Church, 7400 Temple Hills Road, Temple Hills, MD

“Our service structure exists to support the groups in carrying the message of recovery.”

— It Works: How and Why

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## Share Your Story

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We want to hear from YOU! This newsletter is by and for the members of the South Potomac Area. If you have a story, poem, reflection, or piece of recovery-related writing you'd like to share, please submit it for an upcoming issue.

**Submissions can be sent to:** CParea.newsletter@gmail.com or sparea.newsletter@gmail.com

*All submissions are welcome. Your words could be exactly what someone needs to hear.*

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## Helpline & Resources

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**NA World Services:** [www.na.org](http://www.na.org)

**South Potomac Area:** [www.cprna.org](http://www.cprna.org)

**NA Helpline:** 1-800-543-4670

“No addict seeking recovery need ever die without having had a chance to find a better way of life.”

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Published monthly by the South Potomac Area of Narcotics Anonymous

*“The message is simple: An addict, any addict, can stop using, lose the desire to use, and find a new way to live.”*

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