



DC Link Newsletter



February 1, 2026

DC Area Public Relations

Volume 1

Message of NA: "...that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom."

Primary Purpose: "...to carry the message to the addict who still suffers..."

Basic Text - 6th Ed.

WE ARE BACK !!!!!

This is the **new** DC Link, which is the official newsletter of DC Area of the Chesapeake and Potomac Region of Narcotics Anonymous. We are happy to be returning, bring information to groups, members and other areas about what we are doing in our Region. This newsletter will be published monthly in hard copy and online as well. Please take the time to read this newsletter and let us know what you think. We are open to suggestions. Please provide comments or suggestions to DCAreaPR8@gmail.com



Second Step

"Some of us didn't take this step seriously at first; we passed over it with a minimum of concern, only to find the next steps would not work until we worked Step two."

Basic Text p.23

In Narcotics Anonymous (NA), Step 2 refers to the realization that a higher power can restore individuals to sanity. This step emphasizes the importance of believing in something greater than oneself, which can provide strength and guidance in the recovery process. Members are encouraged to open their minds to the concept of a higher power, which can be understood in various ways depending on personal belief; helping to reduce feelings of isolation and self-doubt that often accompany addiction.

As we wrap up our discussion on the powerful Step 2 of NA, it's clear that finding hope is an essential part of recovery. This step encourages us to believe in a greater power, sparking that initial ember of hope to guide us through tough times. Have you felt the shift in perspective that comes with understanding this step? It's truly transformative!

COMING

SOON

LIVING MIRACLES

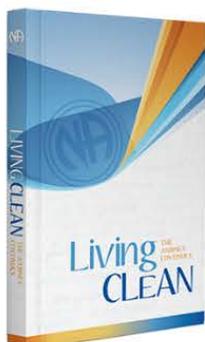
Please submit group and/or individual anniversaries by the 20th of each month to DCAreaPR8@gmail.com
Thank you, in advance, for your submissions.

SECOND TRADITION



In Narcotics Anonymous, we are concerned with protecting ourselves from ourselves. Our Second Tradition is an example of this. By nature, we are strong-willed, self-centered people, who are thrust together in N.A. We are unmanageable and not one of us is capable of consistently making good decisions.

In Narcotics Anonymous, we rely on a loving God as He expresses Himself in our group conscience, rather than on personal opinion or ego. By working the steps, we learn to depend on a Power greater than ourselves, and to use this Power for our group purposes. We must be constantly on guard that our decisions are truly an expression of God's will. There is often a vast difference between group conscience and group opinion, as dictated by powerful personalities or popularity. Some of our most painful growing experiences have come as a result of decisions made in the name of group conscience. True spiritual principles are never in conflict; they complement each other. The spiritual conscience of a group will never contradict any of our Tradition



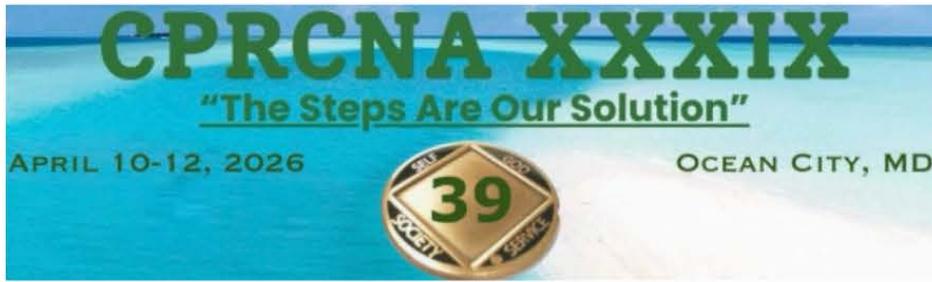
THE JOURNEY CONTINUES

COMING
SOON
Stay Tuned

[Click Here](#) to share Your NA Story.

or

Send to **DCAreaPR8@gmail.com**



DC Link Newsletter

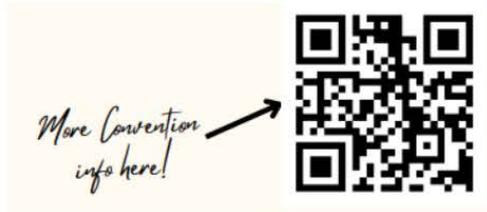
Submit Today
WE WANT TO HEAR FROM YOU!

Have an upcoming NA event?
A flyer to share? News from your area?
Looking for trusted servants or support?
Whether it's announcements, or service opportunities, we'd love to include it.
All submissions must be received by the 20th of each month.

Submit your contributions to
DCAreaPR@gmail.com



Together, we carry the message!



**Living Life on Life Terms
is celebrating**

2 YEARS

DAVIS W

**March 15, 2026
8:00 pm EST**

ID: 438 348 3469 P/C: 121525

Easy Like Sunday Morning

Charles. H
is celebrating
32 years

**Sunday March 22, 2026
10 am - 11:30 am EST**

**The District Heights Municipal Center
2000 Marbury Drive District Heights, MD 20747**

DC Link Newsletter Committee

Editors/Publishers: Greg M., Marlowe, Mz. Pooh

To subscribe to the DC Link Newsletter,

Email: DCAreaPR8@gmail.com