

NA Events

More NA events can be found at <https://www.cprna.org/event/>

DC AREA SPECIAL EVENTS
is hosting a

SPADES BID WHIST TOURNAMENT

Cards • Competition • Community

Saturday, February 7, 2026
4:00 PM - 8:00 PM
St. Martin's Church
Pioneer Room
Cost: \$5.00

Tournament Winners Receive:
CPRNA 39 REGISTRATION

Bring your A-game and join the fun!

<https://www.cprna.org/event/dc-area-spa-des/>

Pal-entine's

BOWLING PARTY

Feb 14th, 8:30PM

BOWLING SHOES & 1 HOUR
BOWLING: \$10

FOOD & GAMES ARE AVAILABLE FOR PURCHASE

UPTOWN ALLEY
8300 SUDLEY ROAD
MANASSAS, VA, 20110
(MANASSAS MALL)

<https://www.cprna.org/event/battlefield-bowling/>

CHESAPEAKE & POTOMAC
**Regional Service
Committee Meeting**

SATURDAY | FEB 14 | 2026
HOSTED BY DULLES CORRIDOR AREA

10:00 AM until 6:00 PM

SUBCOMMITTEES 10:00 AM - 12:00 PM
RSC MEETING 1:00 PM - 6:00 PM

DCANA.ORG CPRNA.ORG

St. Matthew's Episcopal Church
201 E Frederick Dr, Sterling, VA 20164

<https://www.cprna.org/event/cprsc/>

C.A.R. WORKSHOP
hosted by Wednesday's Willingness of
CPRNA Montgomery Area NA

WHEN: SATURDAY (HYBRID) FEBRUARY 28, 2026 1:00 - 4:00PM	WHERE: 30 COURTHOUSE SQUARE SUITE, G1 ROCKVILLE, MD 20850 240-390-6405 ENTER LOWER LEVEL ON MARYLAND AVENUE
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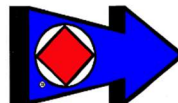
WE ARE MEETING TO
DISCUSS THE CAR REPORT
AND HOW IT WILL AFFECT
OUR FELLOWSHIP

ZOOM ID: 800 990 800
PW: 016212

<https://www.cprna.org/event/mana-car/>

Straight Hope Contributors: Anne E. - Layout/Content
Galen T. - Layout
Ben C. - Steps/Traditions
Email straighthope@cprna.org

Get
Straight
Hope
Online



Heard It In a Meeting: What I know about God is, "Tag! Not it!"

4

STRAIGHT HOPE

The Montgomery Area Newsletter...a meeting in print

\$\$ Priceless \$\$

Volume 103

PO Box 8214 Gaithersburg, MD 20898

FEBRUARY 2026

Heard in a Meeting

Recovering addicts do one thing in moderation - Stepwork.

"... but we may create service boards or committees **defecting** those they serve."

"Each group has but one primary purpose—to carry the message to the addict who **shall** suffer."

What I know about God is, "Tag! Not it!"

My disease has been arrested, but believe me, that b*tch makes bail every day.

The NA waltz: Step 1, Step 2, Step 3...and...change sponsors!

I had a slip of the tongue and called a keytag a **cleantag** when I was doing cleantime recognition. (Sounds pretty cool; maybe it'll catch on!)

"...just that much sooner do we become responsible, acceptable, and **reproductive** members of society."

The NA Way Magazine, December 1983

Meeting Temporarily Closed?

Email meetings@cprna.org

Wednesday
8:00 pm - 9:00 pm

Q 0

Q Another Way - CLOSED ONLY 1/28
Prince of Peace Church

11900 Darnestown Rd., Gaithersburg

Temporary closure notice
due to the recent winter
storm listed on cprna.org

If your meeting needs to be temporarily closed due to weather or another issue, email meetings@cprna.org to have it listed as closed on our website, cprna.org. Please check back in a day or two to make sure the temporary closure has been removed. If not, email meetings@cprna.org to have your meeting changed back to its regular listing.

HELP KEEP OUR MEMBERS SAFE!

HYBRID!

C.A.R. WORKSHOP

hosted by Wednesday's Willingness of
CPRNA Montgomery Area NA

Saturday, 2/28, 1-4PM in Rockville
More info on pages 3 & 4!

**CPRCNA
XXXIX**
"The Steps Are Our
Solution"
APRIL 10-12, 2026

39

Early Registration
Ends Midnight
2/10/26!
CPRCNA.ORG

Montgomery Area Inventory

The Montgomery Area Service Committee (MASC) would love to hear from your group to know how they have been serving. Let the MASC know what they're been doing well and how they can improve.

Click on the below inventory link and answer **18 QUICK** questions.

**Submit Inventory
by 3/1/2026!**
[MASC Inventory
Link](#)

Heard it in a Meeting: What I know about God is, "Tag! Not it!"

1

Step of the Month

Step 2: "We came to believe that a Power greater than ourselves could restore us to sanity."

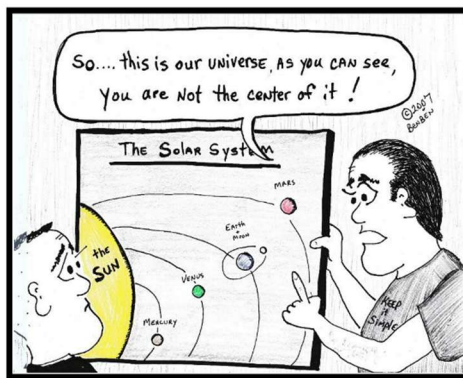
As I began writing about Step 2, I noticed coincidences and miracles happening in my life as I became open to the possibility that a Higher Power was guiding me in my recovery. These coincidences and miracles included surviving my active addiction and viewing the circumstances that led me to recover in a new light. At the time, I thought the intervention leading to the hospital and treatment was the worst day of my life, but now I view it as the best thing that could have happened to me, the beginning of my new life in recovery. ~ Ben C.



Tradition of the Month

Tradition 2: "For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants, they do not govern."

There is a big difference between group conscience and group opinion. The democracy of the group might be in danger of being dictated by personalities and the popularity of a few outspoken members. To invite a loving God to represent the ultimate authority of the group, we recite **The Serenity Prayer** to begin our group conscious meetings as a way to set the tone. It helps put the group in the right frame of mind before beginning the group conscious meetings where we discuss the business of the group and make decisions. When we collectively ask God to guide us prior to discussing the business of the group, we are more likely to practice unity and trust the outcome of group decisions. We can disagree without putting each other down and try to be open to new solutions rather than committed to being right and winning arguments. ~ Ben C.



Living Miracles

2/2 Rob D. 4 yrs Steps at Glenmont
2/3 Marion G. 1 yr All About Change
2/4 Christine Z. 2 yrs Fresh Air
2/5 Dave D. 32 yrs Crossroads
2/6 Diane L. 14 yrs Older Toddlers
2/9 Calvin K. 2 yrs Illness in Recovery
2/9 Walston B. 34 yrs It Works How & Why
2/9 Graham H. 6 yrs Oasis
2/11 Marc H. 33 yrs Keeping It Real
2/14 Thaddeus M. 31 yrs Miracles
2/20 Missy L. 12 yrs Older Toddlers
2/20 Ellen C. 36 yrs One Step at a Time
2/20 Brian L. 1 yr Live and Let Live
2/21 Dwight S. 36 yrs Gut Bucket
2/21 Teresa S. 36 yrs Gut Bucket
2/22 Toni B. 22 yrs Sunday Morn Spiritual
2/23 Jackie T. 7 yrs Illness in Recovery
2/23 Miriel G. 12 yrs Illness in Recovery
2/23 Frances P. 4 yrs Steps at Glenmont
2/23 Abby A. 5 yrs Oasis
2/25 Jack L. 9 yrs Gentlemen's Club
2/25 Noel T. 2 yrs Gentlemen's Club
2/27 Ryan M. 1 yr Live and Let Live
2/28 Eric W. 31 yrs Uptown NA
2/28 Jackie B. 36 yrs Miracles
3/1 Justin M. 5 yrs The Alternative
3/1 Beth C. 41 yrs The Alternative
3/1 Dave M. 41 yrs The Alternative
3/2 Ben G. 1 yr Steps at Glenmont
3/2 Jimi S. 38 yrs Living Proof
3/2 Kevin H. 1 yr Oasis
3/6 Willie L. 1 yr Older Toddlers
3/6 Brie S. 28 yrs Live and Let Live
3/7 Linda D. 42 yrs Uptown NA
3/8 Ben F. 8 yrs Today's Recovery

NA-Related Announcements

NOTICE! NA Literature prices have increased effective **January 1, 2026**. New Literature Order Form is on the Area webpage!

Montgomery Area Service open service positions: Vice Chair, Treasurer, Phoneline Liaison, and Area Liaisons. Come to the next ASC & volunteer! **Tuesday, Mar 3, 7:30 pm**, Zoom ID: 876 1298 6083; P/C: 749698

Donations to Area can be sent using two methods. **CashApp:** \$MASCdonate, Name: MASC Treasurer or by **US Mail:** MASC, PO Box 8214, Gaithersburg, MD 20898-8214

NA at Noon (M-F) is now only meeting online. Zoom ID: 872 0510 4241; **No P/C**

Progress Not Perfection needs support! **Friday 3:30** meeting is CANCELLED. **Saturday 12 Noon** NEEDS SUPPORT. Progress Place, 8106 Georgia Ave., Room 205, Silver Spring

2/28: CAR HYBRID WORKSHOP: Saturday, Feb 28, 1-4PM, 30 Courthouse Square, Suite, G1, Rockville, MD - Enter lower level on Maryland Ave. Zoom ID: 800 990 800; P/C: 016212

2/10: CPRCNA (4/10-4/12) in Ocean City. **SAVE MONEY!** Early registration closes **Tuesday, Feb 10** <https://www.cprcna.org>

2/14: Regional Committee Meeting - Hosted by Dulles Corridor Area. **Saturday, Feb. 14**, St. Matthew's Episcopal Church, 201 E Frederick Drive, Sterling, VA

3/1: Montgomery Area Inventory Deadline. Click on the link on the front page of this newsletter or find the link on the MANA webpage under **"MASC Resources"** - see below:

Montgomery Area

Info Meetings News

Montgomery Area

CLICK HERE for NA Meetings located in Montgomery County Maryland

Contact Montgomery Area NA

PO Box 8214
Gaithersburg, MD 20898-8214
na-montgomery@cprna.org

Montgomery Area Service Committee

Montgomery Area Service Committee (MASC) - 15
7:30 PM
Zoom ID: 876 1298 6083; Passcode: 749698
Join the MASC! Passcode 749698
Chair: Tasha G. * Vice Chair: Dave S. * Secretary: And
Secretary: Kim M. * RCM: Azi F. * RCM Alt: Carol S. -
masc@cprna.org

Newsflash! The new Literature Order Form and the Area Inventory can be found on the Montgomery Area webpage on [cprna.org](https://www.cprna.org).

Donations can be sent using two methods

CashApp: \$MASCdonate, Name: MASC Treasurer
Mail: MASC, PO Box 8214, Gaithersburg, MD 20898-8214
Put your **GROUP'S NAME** on your donations!

MASC Resources

*** NEW * 2026 Literature Order Form (Excel) or (PDF) * NEW ***

*** NEW * 2026 Montgomery Area Inventory * NEW ***

Conference Agenda Report 2026

What is the Conference Agenda Report (CAR)? It is a publication that consists of business and issues that will be considered during the World Service Conference (WSC) meeting. The CAR is available at no charge on the web at <https://na.org/conference/>.

Want to know more? Come to the upcoming CAR HYBRID Workshop: Saturday 2/28, 1-4PM, hosted by Wednesday Willingness. Rockville Courthouse, 30 Courthouse Square G-1, Rockville, MD - Enter lower level on Maryland Avenue. Zoom ID: 800 990 800; P/C: 016212

Questions? Contact our C&P Regional Delegates Robert F. 240-372-5072 or Dan S. 703-785-0638 rd@cprna.org