

Step of the Month

Step 12: "Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs."

The therapeutic value of experienced members helping prospects is unparalleled. Newcomers are bound to listen to those who are recovering themselves rather than from individuals that never had a problem with drugs. Those successfully recovering are more likely to empathize with newcomers, having been new to the program themselves at one time." ~ Ben C.



Tradition of the Month

Tradition 12: "Anonymity is the spiritual foundation of all our Tradition, ever reminding us to place principles before personalities."

Most of us like to feel important. Deep inside, I am terrified that I'm really not very important, or even worse, sometimes I believe that I'm worthless. Sacrifice is a key element of anonymity, as I can surrender the need for special recognition. I can let go of any desire to carry the flag for my program and let the successes of the NA program speak for itself. Letting go of the desire for attention allows me to focus on others and try to help them without any expectation of rewards or acknowledgment. ~ Ben C.



Living Miracles!

12/2 Nathaniel C. 7 yrs All About Change
12/3 Minda L. 40 yrs Fresh Air
12/5 Galen T. 12 yrs Older Toddlers
12/5 Greg H. 10 yrs Live & Let Live
12/6 Chantuse G. 2 yrs The Uptown Group
12/7 Maddy M. 5 yrs Today's Recovery
12/7 Ruben 18 yrs Talking Heads
12/8 Zane Z. 4 yrs Oasis
12/9 Jay H. 7 yrs All About Change
12/9 Leslie K 39 yrs Carrying the Message
12/12 Anthony W. 32 yrs One Step at a Time
12/12 Tony T. 4 yrs We Do Recover
12/13 Mariah P. 39 yrs Off the Beaten Path
12/14 Kimmi R. 3 yrs Today's Recovery
12/15 Jennifer B. 40 yrs Freedom/Village Noon
12/15 Jerry R. 8 yrs Oasis
12/17 Latonia R. 25 yrs Wednesday Willingness
12/18 Rob H. 5 yrs Stepping Free
12/18 Eric C. 12 yrs Stepping Free
12/18 Shawn A. 2 yrs Serenity in the Park
12/21 Carl S. 35 yrs Sunday Morning Spiritual
12/21 Vic "Bonafide" 39 yrs Progress in NA
12/26 Calvin K. 2 yrs Illness in Recovery
12/28 Melanie L. 3 yrs Oasis Group
1/3 Frances M. 23 yrs Every Step Counts
1/9 Ben C 38 yrs Older Toddlers

NA-Related Announcements

Montgomery Area Service is in need of the following service positions: Vice Chair, Treasurer, and Area Liaisons. Come to the next ASC & volunteer! **Tuesday, Dec. 2, 7:30 pm**, Zoom ID: 876 1298 6083; P/C: 749698

Donations to Area can be sent using two methods. **CashApp:** \$MASCdonate, Name: MASC Treasurer or by **US Mail:** MASC, PO Box 8214, Gaithersburg, MD 20898-8214

Beisbol meeting needs support. **Mondays at 6pm.** Emory Grove UM Church, 8200 Emory Grove Rd., Gaithersburg, MD. Will switch to English if someone doesn't speak Spanish.

12/13: Our next **Regional Committee Meeting** will be hosted by the District of Columbia Area at Westminster Presbyterian Church, 400 I Street SW, Washington, DC. Subcommittees 10 AM, Lunch Noon, Regional 1 PM.

12/25: A Clean Christmas! Thursday, Dec. 25, 10 am - 6 pm. A Montgomery Area Special Event at Norwood Local Park, 4700 Norwood Road, Bethesda, MD.

12/31: A Clean New Years, Thursday, Dec. 31, 5:30 PM - 1:30 AM, Christ the Servant, 9801 Centerway Rd., Montgomery Village, MD

1/1: NA literature prices will be increasing starting January 1st!

1/2: Older Toddlers "Class of 1985" Anniversary! Friday, Jan. 2, 7 pm, Christ Episcopal Church, 4001 Franklin St., Kensington, MD.

1/8: Women Do Recover is starting back up! **Thursdays, 7 pm**, Montgomery Hills Baptist Church, 9727 Georgia Ave., Silver Spring, MD

1/16-1/18: MARLCNA XLI (Mid-Atlantic Region Learning Conference of NA) is in Lancaster, PA. Registration is now open. <https://marscna.org/marlcna-registration/>

1/27: All About Change's 37th Anniversary- Eating Meeting!

4/10 - 4/12: CPRCNA in Ocean City. Online registration is now open. Go to <https://www.cprcna.org> to get meeting details to support and do service.



Conference Agenda Report 2026

What is the Conference Agenda Report (CAR)? Is a publication that consists of business and issues that will be considered during the WSC meeting. The CAR is released a minimum of 180 days prior to the opening of the conference, with translated versions released a minimum of 150 days prior. The CAR, in all the languages in which it is published, is available at no charge on the web at <https://na.org/conference/>.

Upcoming CAR Workshops

12/6/25 9am EST, Plains States Zonal Forum, Meeting ID: 496 411 9409; P/C: 1953


12/13/25 11am-2PM EST, Rocky Mountain Zonal Forum, Zoom ID: 882 5359 2023; P/C: 2026CAR

1/16-1/18/26, MARLCNA, Lancaster, PA, <https://www.cprcna.org/event/marlcna/>

2/7/26 9am-Noon EST, Southeast Zonal Forum, Zoom ID: 834 9495 6063, No P/C

Questions? Email C&P RD & RDA can be reached at rd@cprcna.org

More NA events can be found at <https://www.cprna.org/event/>

District of Columbia Area
is hosting
CPRNA RSC Meeting
Saturday December 13, 2025
10:00 am - 6:00 pm
SUBCOMMITTEES RSC MEETING
10:00 AM - 12:00 PM 1:00 PM - 6:00 PM

Westminster Presbyterian Church
400 I Street, SW
Washington, DC 20024

<https://www.cprna.org/event/cprna-regional/>


A CLEAN HOLIDAY CELEBRATION
DECEMBER 25TH, 2025
10:30 AM - 3:30 PM
Norwood Local Park
4700 Norwood Rd, Bethesda, MD, 20815
MEETINGS AT 11:00 AM, 1:00 PM, & 2:30 PM
PLEASE BRING FOOD OR A DESSERT TO SHARE IF YOU CAN!
Donations may be sent via:
VENMO: @Natalie-Gitelman OR CASH APP: \$Specialevents007
FOR MORE INFORMATION PLEASE CALL MITCH T. @ 202-716-2407

<https://www.cprna.org/event/mana-christmas/>

★ SPIRITUAL BREAKFAST
DECEMBER 25
10:00 AM - 1:00 PM
Manassas Church of the Brethren
10047 Nokesville RD
Manassas, VA 20110
Join us on Zoom for speakers from
11:00 AM-12:00 PM
ID: 822 228 0011
P/C: 121212
Games at 12:00 PM!


HYBRID! <https://www.cprna.org/event/bana-breakfast/>

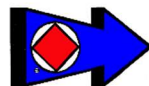
Tickets are \$15 to include skate rental
NA Central MD Special Events Presents:
Holiday Skate Party
FAMILY * FUN * FOOD * MUSIC * SKATING
WHEN
December 13, 2025
8pm-11pm
WHERE
Laurel Roller Skating Center
9890 Brewers Court Laurel, MD 20723

<https://www.cprna.org/event/cm-skate-party/>

Straight Hope Contributors: Anne E. - Layout/Content
Galen T. - Layout
Ben C. - Steps/Traditions

Email Us! straighthope@cprna.org

Scan! Get Straight Hope Online



Heard It In a Meeting: **Uncover. Discover. Recover. Discard.** 4

STRAIGHT HOPE

The Montgomery Area Newsletter...a meeting in print

Volume 101

PO Box 8214 Gaithersburg, MD 20898

\$\$ Priceless \$\$

DECEMBER 2025



A CLEAN HOLIDAY CELEBRATION

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How do we stay Clean during the Holidays?

Meeting Makers make it! Get to more meetings around the holidays. When going out of town, hit websites and find meetings. Call a helpline for meeting info. Zoom meetings are a great option. I have gone to my Mom's house and ducked out for a bit to hit a meeting and let my kids play with their cousins.

Keep busy. Go to NA events. Montgomery Area has Christmas and New Year's get-togethers. Battlefield Area has a hybrid gathering for Christmas. Many recovery club houses have marathon meetings (not to mention an ever-flowing cornucopia of food!). NA events can be found at <https://www.cprna.org/event/>

Reach out to Addicts in Recovery. Call people and let them know how you're feeling. Make it a point to spend time with members and people that make you feel good about yourself.

Remember why you got clean in the first place. Make a gratitude list of all that you have gained since you've been clean. Make a list of all the things you can do now that you are clean.

Help someone else! Volunteer at a food kitchen, set up chairs at a meeting, bake or buy some treats and give them away. Go through your stuff and donate what you really don't need. When we help someone else, we feel good about ourselves.

And most importantly:

Don't Use No Matter What!



Montgomery Area Special Events is hosting

A Clean New Years!

Thursday, Dec. 31, 5:30 PM - 1:30 AM
Christ the Servant, 9801 Centerway Rd.,
Montgomery Village, MD

Heard It In a Meeting: **Uncover. Discover. Recover. Discard.**

MARLCNA
Unity through Service
- What Can We Do?
1/16-1/18/2026
Wyndham Lancaster
Resort Lancaster, PA
<https://marscna.org/>



CPRCNA 39

4/10-4/12, 2026
Ocean City, MD

"The Steps are Our Solution"

Online early registration is open until 2/7/26

Help out! Get on a Subcommittee!
www.cprcna.org



Conference Agenda Reports are here!
See **Page 3** for the deets!

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