

STRAIGHT HOPE

The Montgomery Area Newsletter...a meeting in print

\$\$ Priceless \$\$

Volume 100

PO Box 8214 Gaithersburg, MD 20898

NOVEMBER 2025

2025 THANKSGIVING



RECOVERY FEAST

11/28, 10am- 6pm: Come out to Gaithersburg! Flyer on Page 4

The Gratitude List

"We focus on anything that isn't going our way and ignore all the beauty in our lives."

- Basic Text, p. 80

It's easy to be grateful when everything runs smoothly. If we get a raise at work, we're grateful. If we get married, we're grateful. If someone surprises us with a nice present or an unasked favor, we're grateful. But if we get fired, divorced, or disappointed, gratitude flies out the window. We find ourselves becoming obsessed with the things that are wrong, even though everything else may be wonderful.

This is where we can use a gratitude list. We sit down with a pen and paper and list the people for whom we are grateful. We all have people who've supported us through life's upheavals. We list the spiritual assets we have attained, for we know we could never make it through our present circumstances without them. Last, but not least, we list our recovery itself. Whatever we have that we are grateful for goes on the list.

We're sure to find that we have literally hundreds of things in our lives that inspire our gratitude. Even those of us who are suffering from an illness or who have lost all material wealth will find blessings of a spiritual nature for which we can be thankful. An awakening of the spirit is the most valuable gift an addict can receive.

Just for Today: I will write a list of things, both material and spiritual, for which I am grateful.

FSRCNA - 31

Keys To Freedom

11/28th – 11/30/25

Walk-In Registrations Only!

Hyatt Regency Inner Harbor, 300 Light St., Baltimore, MD 21202



CPRCNA 39

4/10-4/12, 2026

"The Steps are Our Solution"

Online early registration is open until 2/7/26

Help out! Get on a Subcommittee!

www.cprcna.org

CPRNA Public Relations Presents
Tech Talks



Regional Public Relations hosts a **"tech-curious"** training on the technology used by the C&P Region

Held the Last Sunday of every Month

12 Noon to 2 PM

**Zoom ID: 671 727 103
P/C: 654321**



What's Inside? * MANA Thanksgiving Recovery Feast * How It Works & Why Jam * * NA Announcements * Step 11 * Anniversaries aka **"Living Miracles"** * CPRCNA * Tradition 11 * NA Events

Our new poster for middle & high schools

Heard It In a Meeting: *A Grateful Addict Won't Use!* **1** *What are YOU Grateful for?*

Step of the Month

Step 11: “We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.”

Prayer and meditation have become dialogs or two-way communications between the God of my understanding and me. When I pray, I am reaching out or talking to God. Sometimes this feels natural to me; other times, I feel foolish and wonder if I am just wasting time and energy. I try to just pray anyway in spite of these misgivings. With repeated efforts and practice, I have become more comfortable praying to the God of my evolving understanding. ~ Ben C.



Living Miracles!

11/2 Chad B. 4 yrs Today's Recovery
11/2 Richard K. 2 yrs Today's Recovery
11/10 Kimberly A. 1 yr Living Proof
11/11 Keisha B. 2 yrs Stepping into the Afternoon
11/15 Doug F. 35 yrs Off the Beaten Path
11/16 Chris R. 2 yrs Today's Recovery
11/16 Nina Mc. 33 yrs Atmosphere of Recovery
11/17 Joanna 21 yrs Living Proof
11/17 Dale 40 yrs Beachcombers Too
11/20 Nimitz 1 yr Stepping Free
11/20 Muhammad 17 yrs Sunday Morn Spiritual
11/21 Sommer R. 11 yrs Live & Let Live
11/27 Kendall W. 3 yrs All About Change
11/28 George M. 35 yrs Older Toddlers
11/28 Fred S. 36 yrs Older Toddlers
12/2 Nathaniel C. 7 yrs All About Change
12/3 Minda L. 40 yrs Fresh Air
12/6 Chanteuse G. 2 yrs The Uptown Group
12/7 Ruben 18 yrs Talking Heads
12/7 Maddy M. 5 yrs Today's Recovery
12/7 Ruben 18 yrs Talking Heads
12/7 Jay H. 7 yrs All About Change
12/8 Zane Z. 4 yrs Oasis
12/14 Kimmi R. 3 yrs Today's Recovery
12/15 Jennifer B. 40 yrs Freedom in the Village Noon
12/15 Jerry R. 8 yrs Oasis
12/15 Elizabeth L. 21 yrs Ladies in Recovery
12/17 Latonia 25 yrs Wednesday Willingness
12/18 Rob H. 5 yrs Stepping Free

Tradition of the Month

Tradition 11: “Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”

Celebrities will sometimes publicly reveal their membership in a 12-Step program as they get clean. One might think that this is a great way to let the public know about recovery programs. What is better than having someone famous that everybody can recognize and promote the program? Upon further review, we can see how dangerous such a breach of anonymity could be. Such revelations are clearly a violation of Tradition 11. Suppose that a celebrity relapses or does not conduct themselves properly. The public might conclude that 12-Step programs failed. The truth is that it was the celebrity that failed, not the program. ~ Ben C.



NA-Related Announcements

Montgomery Area Service is in need of the following service positions: Vice Chair, Treasurer, and Area Liaisons. Come to the next ASC & volunteer! **Tuesday, Dec. 2, 7:30 pm**, Zoom ID: 876 1298 6083; P/C: 749698

Donations to Area can be sent using two methods. **CashApp:** \$MASCdonate, Name: MASC Treasurer or by **US Mail:** MASC, PO Box 8214, Gaithersburg, MD 20898-8214

11/11: New Way of NA Group presents **"How It Works & Why Jam!"** **Tuesday, Nov. 11, 6 pm – 7 pm**. Outreach Recovery (located in Millian Memorial UMC) 13016 Parkland Dr, Rockville, MD 20853. Entrance is at the corner of Parkland Drive & Hallet Street.

11/20: Literature Subcommittee meeting will be held **Thursday, Nov. 20 @ 6 pm** to go over new literature prices, Christ the Servant Church, 9801 Centerway Road, Gaithersburg, MD

11/27: Montgomery Area Special Events presents **"2025 Thanksgiving Recovery Feast"**, **Thursday, Nov. 27 from 10am-6pm**, Christ the Servant Church, 9801 Centerway Road, Gaithersburg, MD

12/13: Our next **Regional Committee Meeting** will be hosted by the District of Columbia Area at Westminster Presbyterian Church 400 I Street SW, Washington, DC. Subcommittees 10 AM, Lunch Noon, Regional 1 PM.

11/28-11/30: FSRCNA XXXI is being held at the Hyatt Regency at the Baltimore Inner Harbor https://freestatena.org/event/fsrcna_e9429/ **WALK-IN REGISTRATIONS ONLY!**

1/16-18, 2026: MARLCNA XLI (Mid-Atlantic Region Learning **Conference** of NA) is in Lancaster, PA. Registration is now open. <https://marscna.org/marlcna-registration/>

4/10/2026 - 4/12/2026: CPRCNA in Ocean City. Online registration is now open. The Host Committee meets once a month. Go to <https://www.cprcna.org> to get meeting details to support and do service.

1/1/2026: NA literature prices will be increasing starting January 1st! We will be creating an updated Literature Order Form to reflect the new prices. See info about the 11/20 Literature meeting above!!!!

About the Montgomery Area Google Drive

MASC Resources

*** NEW * MASC Google Drive * NEW ***

GSR Info Folder

MASC Minutes Archive

MASC Policy

Literature Order Form

Motion Form

NA Handbooks & Guides

Straight Hope Newsletters

STRAIGHT HOPE

The link to our Montgomery Area Google Drive can be found on our [Area webpage](#) under **"MASC Resources"**.

The **"GSR Info Folder"** contains "GSR Basics", the "Group Treasurer's Workbook", the [GSR's Guide to the MASC](#), and other documents important to the GSR and the groups.



All of the items in the MASC Google Drive can be downloaded, printed, or read online.

The Montgomery Area Google Drive provides a variety of info that is helpful for our GSR's, Groups, and **ALL** our Members.

Link to the MANA webpage:

<https://www.cprna.org/our-areas/info/montgomery-area/>

More NA events can be found at <https://www.cprna.org/event/>





New Way of NA group
Presents
**HOW it works
and WHY jam**
TUE Nov 11 2025
6:00pm - 7:00pm

food & Fellowship

We Need
Your experience,
strength,
and hope

**NA SPEAKER
MEETING**

Outreach Recovery
13016 Parkland Dr
Rockville, MD 20853
outreachrecovery.org
(202) 674-0300



<https://www.cprna.org/event/new-way-of-na/>

SOUTH POTOMAC AREA SPECIAL EVENTS
ANNUAL MINI-CONVENTION
THE POWER OF SERVICE
SATURDAY, NOVEMBER 22, 2025

Workshop & Speakers
1:00 pm - 6:00 pm

Clean-Time Countdown
6:00 pm - 6:30 pm

\$2.00 Raffle Tickets
1st Prize \$100.00
2nd Prize \$75.00
3rd Prize \$50.00

Entertainment & Dance
7:00 pm - 11:00 pm

\$5.00 In Advance * \$7.00 at the Door

Food for Sale

HENSON VALLEY CHRISTIAN CHURCH
1900 TUCKER ROAD
FORT WASHINGTON, MD

FELLOWSHIP AND FUN

CONTACTS: MARK J. (240) 286-4163 * JODY J. (240) 204-7045

<https://www.cprna.org/event/spa-mini-convention/>

Montgomery Area Special Events presents



2025 THANKSGIVING RECOVERY FEAST

Thursday, Nov 27 from 10am-6pm

Christ the Servant Church
9801 Centerway Road
Gaithersburg, MD

Dinner begins at 2pm!

Meetings will be held at 11am, 1pm & 4pm

Please bring food or desserts to share if you're able to.

<https://www.cprna.org/event/mana-thanksgiving/>

TRI-COUNTY AREA PRESENTS

SMORE RECOVERY MINI SPEAKER JAM



**SATURDAY
NOV. 22**

Join us for a cozy night by the fire!

Grab a blanket, and enjoy games, snacks, and good vibes.

pizza and smores stuff will be for sale
drinks will be free

Time and location :
6pm to 9pm

Lifestream Nazarene in waldorf



<https://www.cprna.org/event/smore-recovery>

Straight Hope Contributors: Anne E. - Layout/Content
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Email Us! straighthope@cprna.org

Scan the QR Code to get Straight Hope Online:

