

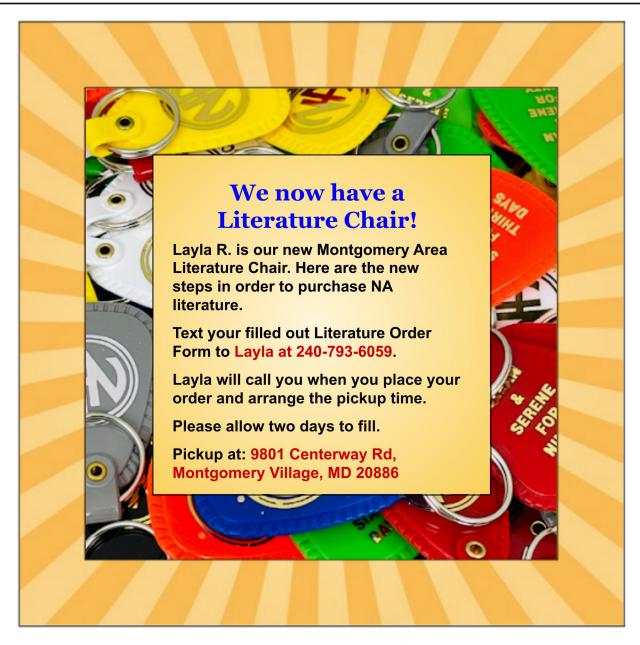
The Montgomery Area Newsletter...a meeting in print

\$\$ Priceless \$\$

Volume 99

PO Box 8214 Gaithersburg, MD 20898

OCTOBER 2025



You can download and print your Literature Order Form HERE or go to our Montgomery Area webpage:

<a href="https://www.cprna.org/our-areas/info/montgomery-area/">https://www.cprna.org/our-areas/info/montgomery-area/</a>

#### What's Inside?

\* Meeting on the Mountain \* Service Jam \* NA Announcements \* Step 10 \* NEZF \* Anniversaries aka "Living Miracles" \* CPRCNA \* Tradition 10 \* Regional Committee Meeting \* NA Events \* All kinds of GOOD NA Stuff to keep you clean!!!

## Step of the Month

Step 10: "We continued to take personal inventory and, when we were wrong, promptly admitted it."

I like to read these daily meditation books first thing in the morning before the busyness of my day crowds them out. Once I get going with other things, I might not get back to this important practice. I think about all the mornings I used to start my day with a beer or smoking a joint. Those days usually went downhill from there with continuing the use of substances all day and making lots of bad decisions. Today, starting my day with daily meditation, reading, and journaling, my Tenth Step has my life on a much better trajectory. ~ Ben C.





# **Living Miracles**

10/5 Carol S. 3 yrs Let it Shine 10/5 Iman S. 7 yrs Talking Heads 10/10 Carolyn S. 1 yr Live and Let Live 10/17 Sarah B. 9 yrs Live and Let Live 10/17 Kara B. 1 yr Illness in Recovery 10/19 Lissy 8 yrs Talking Heads 10/22 Bruce L. 33 yrs Fresh Air 10/26 Tasha G. 11 yrs Let it Shine 10/27 Donnie S. 25 yrs Illness in Recovery 10/27 Kyra 17 yrs Steps at Glenmont 10/30 Lauren L. 13 yrs Stepping Free 10/30 Zach S. 1 yr Stepping Free 11/2 Chad B. 4 yrs Today's Recovery 11/2 Richard K. 2 yrs Today's Recovery 11/10 Kimberly A. 1 yr Living Proof

12/7 Ruben 18 yrs Talking Heads

11/27 Kendall W. 3 yrs All About

11/16 Joanna 21 yrs Talking Heads 11/16 Chris R. 2 yrs Today's Recovery



Change





# Tradition of the Month

Tradition 10: "NA, as such, has no opinion on outside issues, hence the NA name ought never be drawn into public controversy."

Tradition 10 is designed to protect the reputation of Narcotics Anonymous from becoming involved in any arguments, fights, or controversies, even ones that seem like good causes or worthy endeavors. The goal of Tradition 10 is to keep the message of recovery simple, clear, and on target with our primary purpose. ~ Ben C.

### NA-Related Announcements

### NA-RELATED ANNOUNCEMENTS

Montgomery Area Service is in need of the following service positions: Vice Chair, Treasurer, and Area Liaisons. Come to the next ASC & volunteer! Tuesday, November 4, 7:30 pm, Zoom ID: 876 1298 6083; P/C: 749698

Donations to Area can be sent using two methods. CashApp: \$MASCdonate, Name: MASC Treasurer or by US Mail: MASC, PO Box 8214, Gaithersburg, MD 20898-8214

10/11: Our next Regional Committee Meeting will be hosted by the Central MD Area at Holy Cross Lutheran Church, 6905 Greenbelt Rd., Greenbelt, MD. Subcommittees 10 AM, Lunch Noon, Regional 1 PM.

10/24-10/25: Our next Northeast Zonal Forum (NEZF) will be HYBRID hosted by the Northern New Jersey Region in Parsippany, NJ. Meeting ID: 859 5086 2091, P/C: NEZF

11/1: We are having a Regional Service Jam hosted by the C&P Region at Trinity Lutheran Church, 6600 Laurel-Bowie Rd., Bowie, MD. There will be GSR, Phoneline, H&I, and PR interactive Workshops, DYNAMIC SPEAKERS and FREE FOOD!

1/1/26: NA literature prices will be increasing at the beginning of the year! We will be using an updated Literature Order Form to reflect the new prices starting January 1st, 2026.



### **About the Drive**

The Chesapeake & Potomac Region provides all Areas in our Region space on the Regional Google Drive for their archives.

The Montgomery Area has all sorts of info that is helpful for our GSR's, Groups, and ALL our Members.

Check it out! It only takes a click!

4/10-4/12, 2026: CPRCNA 39

"The Steps are Our Solution"

Is being hosted by the **Norvana Area** and will be here soon! Get info! Get Involved!

www.cprcna.org

