

STRAIGHT HOPE

The Montgomery Area Newsletter...a meeting in print

\$\$ Priceless \$\$

Volume 92

PO Box 8214 Gaithersburg, MD 20898

MARCH 2025



“Limitless Strength”

Where Did this Year’s Convention Theme Come From?

“We know that if we pray for God’s will, we will receive what is best for us, regardless of what we think. This knowledge is based on our belief and experience as recovering addicts. Prayer is communicating our concerns to a Power greater than ourselves. Sometimes when we pray, a remarkable thing happens; we find the means, ways and energies to perform tasks far beyond our capacities. We grasp the limitless strength provided for us through our daily prayer and surrender, as long as we keep faith and renew it.”

- Step 11, Basic Text 6th edition p. 46



Stuffing Party!

We get together the week before the convention for a **“Stuffing Party”** to stuff the Registration Packets for the convention. It is being held **Saturday, April 5th, 10am - 5pm** Our Savior Lutheran Church, 13611 Laurel Bowie Road, Laurel, MD.



ABC’s of Recovery

How to get clean time:

- Stay Clean
- Stay Alive

Suggestions for Staying Clean:

- Avoid people, places and things you used with
- Go to meetings without using, and don’t use between.
- Come to meetings early and stay late.
- Get and use a Sponsor.
- Find and regularly attend a Home Group.
- Go to 90 Meetings in 90 Days.
- Ask for phone numbers and use them.
- Keep coming back, It Works.
- And **DON’T USE NO MATTER WHAT!!**

DID YOU KNOW? Our Regional Convention, the Chesapeake & Potomac Region of Narcotics Anonymous (**CPRCNA**) will be held in **Ocean City, MD from April 11-13**. Go to www.cprcna.org to find out more!

Email Art, Articles, Anniversaries & NA Announcements to: straighthope@cprcna.org

Straight Hope Contributors: Anne E. - Layout/Content Galen T. - Layout

Ben C. - Steps/Traditions Sarah A. - Anniversaries Eileen S. - Graphics/Events

SCAN TO GET YOUR COPY OF “STRAIGHT HOPE” ONLINE!!!



Get your Straight Hope Newsletter at <https://www.cprcna.org/our-areas/news/montgomery-area/>

Step of the Month

Step 3: "We made a decision to turn our will and our lives over to the care of God as we understood



Him."

As I began Step 3, my sponsor first suggested that I pray for the willingness to become willing. To me, this meant for me to seriously consider my current commitment to my recovery and try to increase my efforts. I discovered that willingness would lead to certain actions, including praying to the God of my understanding for help, going to lots of meetings, picking up the phone, and calling my sponsor every day. My sponsor suggested I read and study Step 3 in the NA literature (*NA Basic Text and It Works, How and Why* respectively). ~ Ben C.

Tradition of the Month



Living Miracles

- 3/1 Al G. 8 yrs Share on Saturday
- 3/1 Sheri V. 32 yrs Off the Beaten Path
- 3/2 Tom M. 15 yrs Today's Recovery
- 3/6 Jon W. 1 yr Serenity in the Park
- 3/6 Patricia G. 39 yrs Living Life On Life's Terms
- 3/7 Jimi S 37 yrs Get Down Group
- 3/9 Ethan B. 1 yr Today's Recovery
- 3/10 Mackenzie W. 1 yr Steps at Glenmont
- 3/11 Teresa 11 yrs Freedom in the Village
- 3/11 Layla R. 22 yrs Freedom in the Village
- 3/12 Alveeta C. 4 yrs Wednesday Willingness
- 3/14 Randy J 44 yrs The Survivors Group
- 3/15 Donna J. 36 yrs Off The Beaten Path 2
- 3/16 Mike G. 31 yrs The Alternative
- 3/16 Renee W. 37 yrs Sunday Morning Spiritual
- 3/17 Megan R. 1 yr Why Be High?
- 3/17 Barbara B. 38 yrs Why Be High?
- 3/19 Bunny R. 27 yrs Wednesday Willingness
- 3/21 Rich M. 24 yrs Live & Let Live
- 3/21 Brie S. 27 yrs Live & Let Live
- 3/21 Kim L. 28 yrs Live & Let Live
- 3/22 Eileen S. 39 yrs Off the Beaten Path 2
- 3/23 Maryana M. 20 yrs Talking Heads
- 3/24 Perry G. 21 yrs Illness in Recovery
- 3/28 Missy L. 11 yrs Older Toddlers
- 3/28 Sarah A. 21 yrs Older Toddlers
- 3/29 Cyndi RW 39 yrs Ladies in Recovery
- 4/3 Oshy 8 yrs Stepping Free
- 4/6 Ben F. 7 yrs Today's Recovery
- 4/7 Rob D. 3 yrs Steps at Glenmont
- 4/17 Brett M. 7 yrs Stepping Free
- 4/20 John B. 33 yrs Talking Heads
- 4/24 Brad S. 8 yrs Stepping Free
- 4/27 Andrew G. 1 yr Today's Recovery

Tradition 3: "The only requirement for membership is a desire to stop using."

Anyone, regardless of drugs used, age, race, gender, religion, sexual preference, or financial position, is welcome in Narcotics Anonymous. It doesn't matter what or how much you used; you are no better and no worse than any other member. Nobody can kick you out or deny your membership. As I have lived by the principles of Tradition 3, I have confronted my prejudices, control issues, insecurities, and fears. ~ Ben C.

NA Related Announcements

MEETING ANNOUNCEMENTS

New Meeting! Progress Not Perfection Fridays, 3:30pm
at Progress Place, 8106 Georgia Ave., Room 205, Silver Spring, MD. Parking is limited.

Another New Meeting! Steps at Glenmont Mondays, 6pm
at Glenmont UMC, 12901 Georgia Ave., Silver Spring, MD.
Park in the back.


Stepping Free will be moving its meeting time from 8:30pm to 8:00pm starting **March 6, 2025**.

Women Do Recover needs support! **Tuesdays 7pm**, 9727 Georgia Ave., Silver Spring, MD

Never Alone needs support! **Wednesdays 7:30 pm**, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD

Illness in Recovery is no longer be handicapped accessible.

Today's Recovery will celebrate it's 35th group anniversary on May 18th, Seneca Creek Community Church, 13 Firstfield Rd., Gaithersburg, MD



NEW MEETING!

Mondays, 6 PM – 7 PM

Glenmont UMC
12901 Georgia Avenue
Silver Spring, MD

Be in the Know!

Monthly Tech Talk training sessions cover the technology used by our Region to carry the message. Exchange ideas on performing service. Find out how you can carry the message too! Come on Zoom the **last Sundays at 2 pm** to learn about the technologies the C&P Region uses: Google Drive, Websites, Phonline, BMLT, Meeting Lists, etc. Meeting ID: 671 727 103; Passcode: 654321

Montgomery Area Webpage has a TON of great information for GSRs and groups! Links can be found at <https://www.cprna.org/our-areas/info/montgomery-area/>. If you can't locate these documents, email masc@cprna.org and ask for them.

Opportunities to Serve

Area Service Nominations & Elections: Montgomery Area still has several service opportunities available: RCM Alternate, and many Area Liaisons. Email masc@cprna.org for more info or come to Area Service the 1st Tuesday of each month @ 7:30 PM: Zoom ID: 876 1298 6083; Password: 749698

Regional Service Committee Meeting: Saturday, April 19th. Hosted by The Virtual Ties That Bind Us Together Area. Timbrel Church International, 8203 Cryden Way, District Heights, MD.

Open Regional service opportunities: Vice Treasurer, Secretary, Vice Secretary, Convention Oversight Comm At-Large Reps 1 & Rep 2, H&I Vice Chair, Literature Chair & Vice Chair, Policy Chair & Vice Chair, Special Events Vice Chair, Free State Regional Service Office Rep 1.



"Limitless Strength"

Convention News

While **CPRCNA 38** is rapidly approaching (**April 11-13** in OC - be there hon!), there are many opportunities to get involved. Host and subcommittee meetings. All are on Zoom: <https://www.cprna.org/committees/>

Stuffing Party for CPRCNA at **10am-5pm on April 5th**, Our Savior Lutheran Church, 13611 Laurel Bowie Road, Laurel, MD

CPRCNA 39 (2026 convention) meets the second Thursdays, 7 PM, Zoom Meeting ID 84914728396; No passcode.

EVENTS

NA events can be found at: <https://www.instagram.com/naglobalevents/> and <https://www.cprna.org/event/>

Montgomery Area Special Events Presents:



GAME NIGHT

Saturday, March 29th, 2025
3:30 pm - 9:30 pm

Christ the Servant Lutheran Church
9801 Centerway Road, Montgomery Village, MD

Sharing Meeting at 4:00 pm

Three Gift Card Winning Spades Tournaments

Various Board Games start at 5:30 pm

FREE PIZZA

Please bring finger food or dessert if possible.

Donate via Venmo to:

@Natalie-Gitelman or Cash App: \$Specialevents007

For more information call:

Layla R. at 240-793-6059, Brad S. - (540) 272-8899
or Suzanne W - (240) 793-1799



March 15th, 4 PM - 5 PM

Zoom ID: **847 4078 3046**; P/C: PHONE

Al G. 301-437-5303/Tammy G.
419-699-1563

Hosted by AGOANA

MULTI-STATE MARATHON SPEAKER VISITATION MEETING

**SATURDAY
MARCH 15, 2025**

11:00 AM - 6:00 PM

DELEWARE
DISTRICT OF COLUMBIA
MARYLAND
NEW JERSEY
NEW YORK
PENNSYLVANIA
VIRGINIA

CONTACTS & LOCATION

📞 Permet: (571) 232-0890
Debora: (703) 755-5517

📍 Grace Episcopal Church
3601 Russell Rd.
Alexandria, VA 22305



Conventions/Events in 2025!



Circle of Sisters * March 28-30

"Dancing with Purpose & Grace"
Anchorage, AK

<https://www.circleofsisters.org/>



CPRCNA 38 * April 10-12

"Limitless Strength"
Ocean City, MD

<https://www.cprcna.org/>



NESSNA III * April 25-27

"Our Fellowship, Our Responsibility"
Sheraton Great Valley Hotel
Frazer, PA

<https://nessna.nezf.org/>



ECNA III * June 20-22,

"Light of the Spirit!"
Flagler College, St.
Augustine, FL

<https://ecna.org/>