

2025 CPRNA Tech Training
For Every Member

CPRNA

NA Technology

How you can carry the message!

2025 CPRNA Tech Training For Every Member

Welcome!

- 1) Review our technologies**
- 2) Q&A**
- 3) Hand's On Training**



C&P Region Tech Talk

Sunday, February 23, 2025

12 Noon—2 PM

Learn about the technology the C&P Region uses to carry the message. Exchange ideas on performing service. Find out how you can carry the message too!

Regional Technologies: Google Drive, Websites, Phonenumber, BMLT, Meeting Lists, etc.



Meeting ID: 671 727 103

Passcode: 654321



Questions? Contact Anne E. or Tammy G.
info@cprna.org

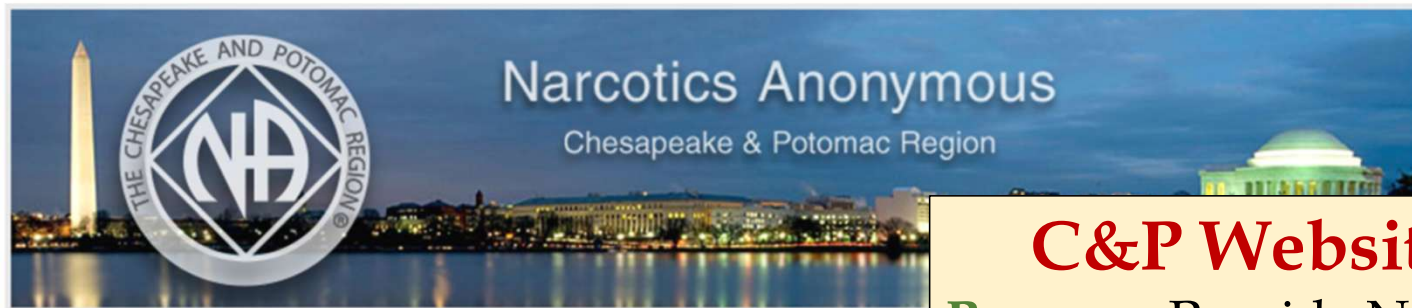
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CPRNA Technologies

- **Website:** Meeting Lists, Events, Information
- **Google Drive:** Document archive for C&P Region & Areas
- **Zoom:** NA Subcommittee meetings
- **BMLT:** Update NA meetings
- **Facebook:** Directs to cprna.org
- **FreedomVoice:** Phonenumber backend app

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Regional Website: cprna.org



Phoneline: 1-800-543-4670

Welcome

NA Meetings

Events

Our Areas ▾

Convention ▾

Welcome to the C&P Region of NA

The Chesapeake & Potomac Region of Narcotics Anonymous serves 12 Maryland, Northern Virginia, the District of Columbia, and Virtually.

If you are trying to find a Narcotics Anonymous meeting, go to our [NA Meetings page](#) or call 1-800-543-4670 an NA member.

"NA is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There requirement for membership, the desire to stop using.

C&P Website

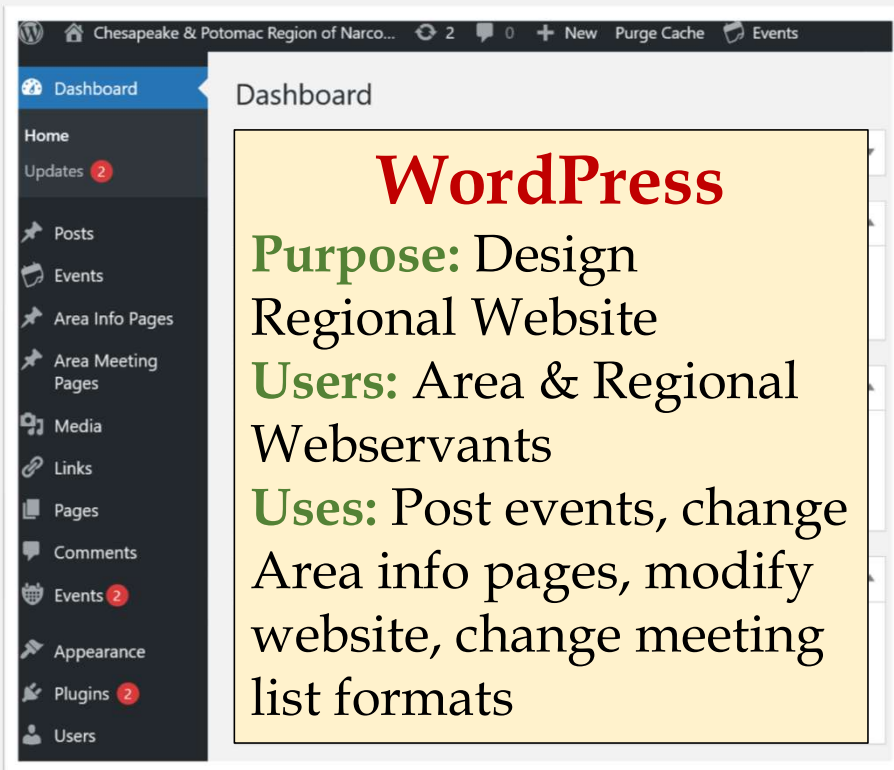
Purpose: Provide NA information

Uses: Provide meeting lists, event information, Area, Regional, & Convention information

Users: Area & Regional Webservants

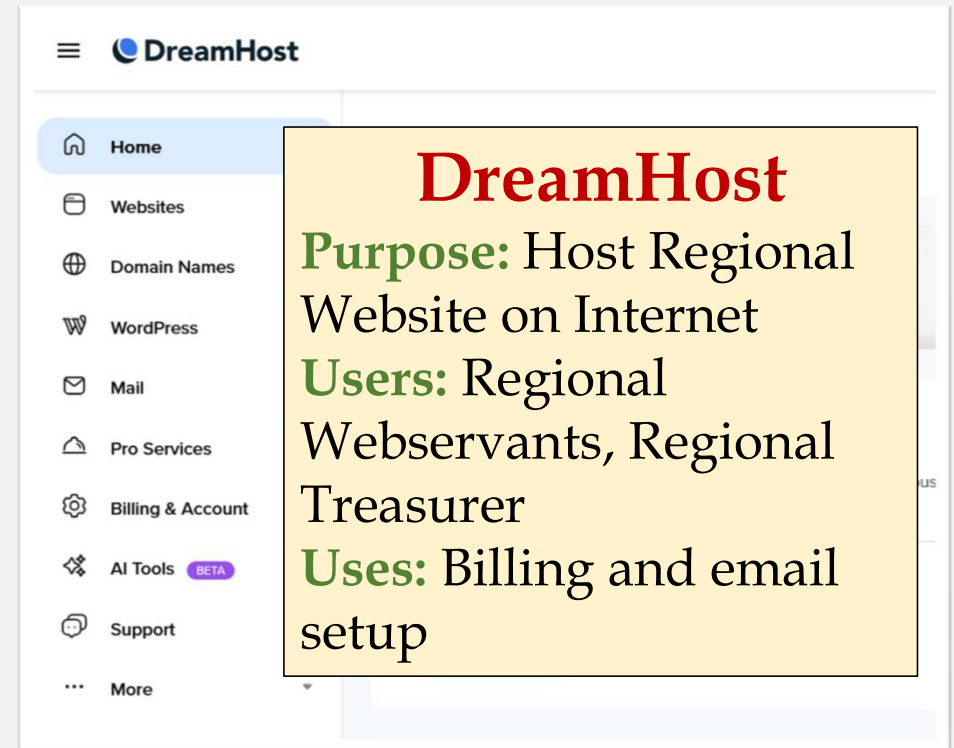
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Regional Website: WordPress & DreamHost



The screenshot shows the WordPress dashboard with a dark sidebar on the left containing navigation links for Home, Updates (2), Posts, Events, Area Info Pages, Area Meeting Pages, Media, Links, Pages, Comments, Events (2), Appearance, Plugins (2), and Users. The main content area is titled 'Dashboard' and contains a yellow box with the following text:

WordPress
Purpose: Design Regional Website
Users: Area & Regional Webservants
Uses: Post events, change Area info pages, modify website, change meeting list formats



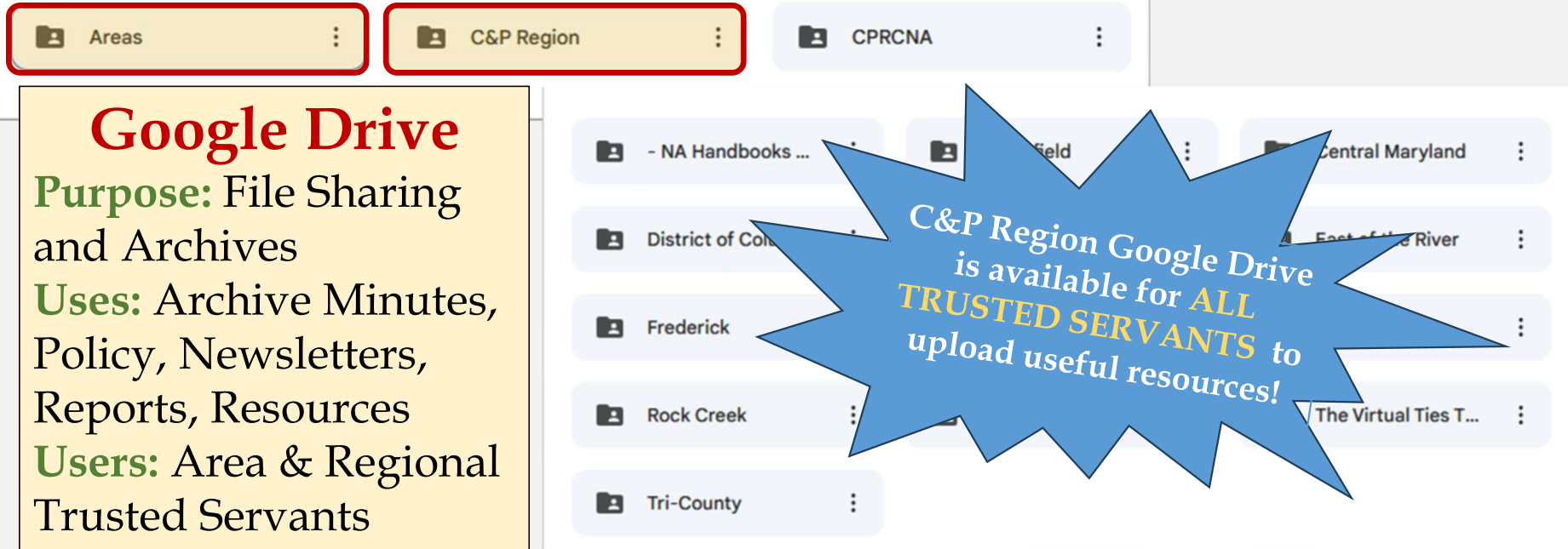
The screenshot shows the DreamHost control panel with a sidebar on the left containing navigation links for Home, Websites, Domain Names, WordPress, Mail, Pro Services, Billing & Account, AI Tools (BETA), Support, and More. The main content area is titled 'DreamHost' and contains a yellow box with the following text:

DreamHost
Purpose: Host Regional Website on Internet
Users: Regional Webservants, Regional Treasurer
Uses: Billing and email setup

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CPRNA Resources: Shared Resources/ C&P Region Google Drive

Folders



The image shows a screenshot of a Google Drive interface. At the top, there are three folders: 'Areas', 'C&P Region', and 'CPRCNA'. The 'Areas' and 'C&P Region' folders are highlighted with a red border. Below these, there is a list of sub-folders including '- NA Handbooks ...', 'District of Col...', 'Frederick', 'Rock Creek', and 'Tri-County'. A blue starburst callout box is overlaid on the right side of the folder list, containing the text: 'C&P Region Google Drive is available for ALL TRUSTED SERVANTS to upload useful resources!'. To the left of the folder list, there is a yellow callout box with the following text:

Google Drive
Purpose: File Sharing and Archives
Uses: Archive Minutes, Policy, Newsletters, Reports, Resources
Users: Area & Regional Trusted Servants

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CPRNA Resources: Shared Resources / C&P Region Google Drive



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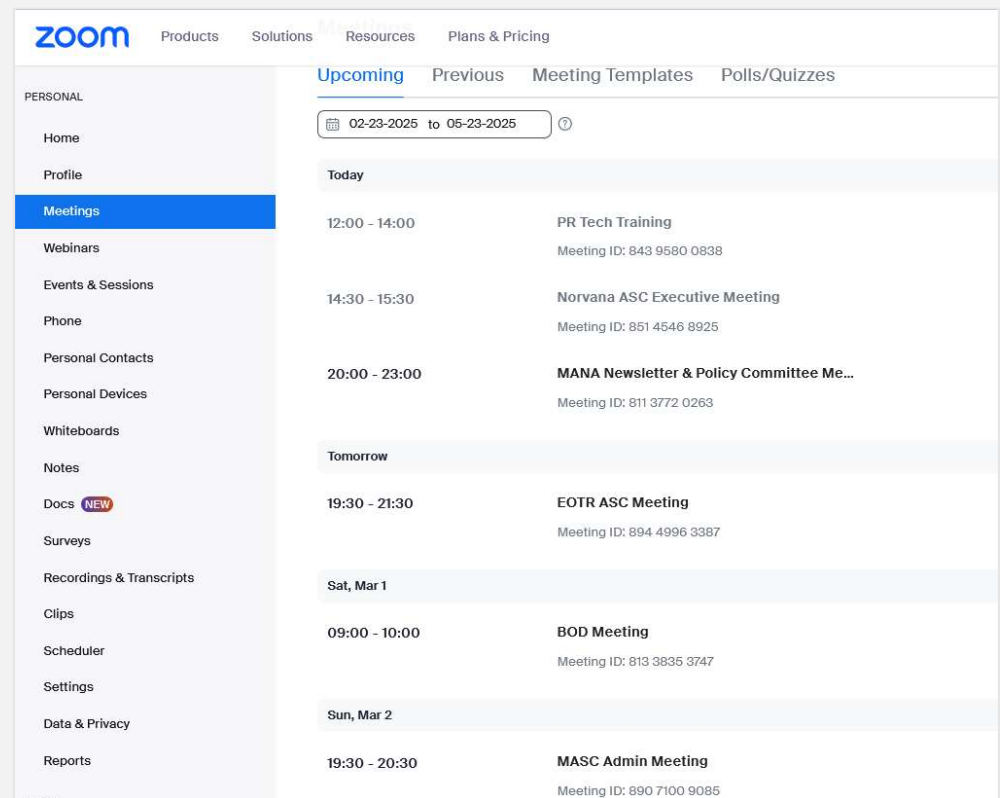
Zoom: Subcommittee Meetings – 1st Come, 1st Served

Zoom

Purpose: Provide free Zoom Subcommittee Meetings on a 1st come, 1st served basis.

Uses: Any Area or Regional Subcommittee located in the C&P Region can use.

Users: Regional Trusted Servants schedule meetings. Email info@cprna.org to schedule.



The screenshot displays the Zoom web interface. The top navigation bar includes 'zoom', 'Products', 'Solutions', 'Resources', and 'Plans & Pricing'. Below this, there are tabs for 'Upcoming', 'Previous', 'Meeting Templates', and 'Polls/Quizzes'. A date range selector shows '02-23-2025 to 05-23-2025'. The main content area is divided into sections for 'Today', 'Tomorrow', 'Sat, Mar 1', and 'Sun, Mar 2'. Each section lists upcoming meetings with their times and meeting IDs.

Time	Meeting Name	Meeting ID
12:00 - 14:00	PR Tech Training	843 9580 0838
14:30 - 15:30	Norvana ASC Executive Meeting	851 4546 8925
20:00 - 23:00	MANA Newsletter & Policy Committee Me...	811 3772 0263
19:30 - 21:30	EOTR ASC Meeting	894 4996 3387
09:00 - 10:00	BOD Meeting	813 3835 3747
19:30 - 20:30	MASC Admin Meeting	890 7100 9085

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BMLT: Basic Meeting List Toolkit

The screenshot displays the BMLT web application interface. At the top, there are two tabs: "Search For Meetings" and "Edit Or Create Meetings". The "Edit Or Create Meetings" tab is active. Below the tabs, there is a search bar with the text "Search For Text: just for today" and a checkbox for "This is a Location or PostCode". Underneath, there are filters for "Search For Selected Weekdays" (All, Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, Saturday) and "Search By Meeting Start Time" (Any Time, Morning, Afternoon, Evening). A "Search In Selected Service Bodies" section is visible, with "Chesapeake & Potomac Region" selected, and a list of sub-regions including Battlefield Area, Central Maryland Area, District of Columbia, Dulles Corridor Area, East of the River Area, and Frederick Area. The main form area is divided into two panes. The left pane shows meeting details for Meeting ID: 672, Meeting Name: just for today, Weekday: Sunday, Meeting Start Time: Noon, Duration: 1:00, World Committee Code: G00101353, Service Body: Norovna Area, and Meeting Email Contact. The right pane shows location details with radio buttons for Virtual, Virtual (temporarily replacing an in-person), and Hybrid, and input fields for Longitude, Latitude, Location, Extra Info, Street Address, Neighborhood, Borough/City Subsection, City/Town, County/Sub-Province, State/Province, and Zip Code/Postal Code.

BMLT

Purpose: Update Regional Meeting info
Uses: Provide accurate meeting info for the C&P website and Area & Regional meeting lists.

Users: Area & Regional Trusted Servants

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BMLT Semantic Workshop: <https://bmlt.app/workshop/index.php>

BMLT Semantic Workshop

Purpose: Download NA meeting information into a spreadsheet.

Uses: Data analysis.

Users: Any Member.

LM556-dup	Noon Meeting	AR14608	Dulles Corridor Area
LM558	Recovery	AR14606	Battlefield Area
LM561	Sunday Afternoon Meeting	AR14620	South Potomac Area
LM231	Steppin' Into The Afternoon	AR14640	The Virtual Ties That Bind Us Together Area
AR14608	Area Service Committee Meeting	AR14608	Dulles Corridor Area
LM1254	Where Healing Takes Place	AR14640	The Virtual Ties That Bind Us Together Area
AR14616	Public Relations Subcommittee Meeting	AR14616	Norvana Area
	Special Events Subcommittee Meeting	AR14619	Tri-County Area
AR14614	Area Service Committee Meeting	AR14614	Frederick Area
LM0013740	The Living Clean Group	AR14607	Central Maryland Area
	Unity Retreat Subcommittee	AR14619	Tri-County Area
AR14606	Battlefield Area Service	AR14606	Battlefield Area
	NA in the Galaxy	AR14628	Montgomery Area
	Hospitals & Institutions Subcommittee Meeting	AR14619	Tri-County Area
LM0006983	Progressive Recovery	AR14618	Rock Creek Area
LM0016207	Talking Heads	AR14628	Montgomery Area
LM00326870	Let it Shine (Women's Meeting)	AR14628	Montgomery Area

LM00394194	Early Just For Today Check-in	AR14640	The Virtual Ties That Bind Us Together Area	CLOSED	FALSE	Sunday	0830			Washington	DC	20090-0705	VM
LM00092949	Sunday Morning Spiritual	AR14613	District of Columbia Area	OPEN	FALSE	Sunday	0900			Washington	DC	20090	VM
LM00106136	Monday Morning Spiritual	AR14616	Norvana Area	CLOSED	TRUE	Sunday	1000	Department of Community	4850 Mark Center Dr.	Alexandria	VA	22311	HYBR
					FALSE	Sunday	1000	Municipal Center	2000 Marbury Dr.	District Height	MD	20747	DISC
					TRUE	Sunday	1000		4912 Nantucket Rd.	College Park	MD	20740	VAR
					FALSE	Sunday	1000			Greenbelt	MD	20770	VM
					FALSE	Sunday	1000			Washington	DC	20090	VM
					FALSE	Sunday	1000			District Height	MD	20747	VM

BMLT Semantic Workshop

This workshop will help you to build a semantic URL or `[[BMLT_SIMPLE(XXX)]]` shortcode by interactively guiding you through the process of specifying the various options. You start by selecting the main result (a shortcode or direct response URL), then select what type of data you want the server to return. Depending on the choices made above, you will have a range of options available to you in generating the URL or shortcode. The section just below this will have the URL or shortcode available, and will be updated "live," as you make your choices.

The Response URL Is: http://metrorichna.org/BMLT/main_server/client_interface/csv/?switcher=GetNAWSDump&sb_id=67

This Will Be A Direct Response URL

The Returned Data Will be CSV

We Want to Get A NAWS Format Dump

Chesapeake & Potomac Region

CLOSED	FALSE	Sunday	1800	Mother Seton Parish	19951 Father Hurley Blv	Germantown	MD	20874	VM
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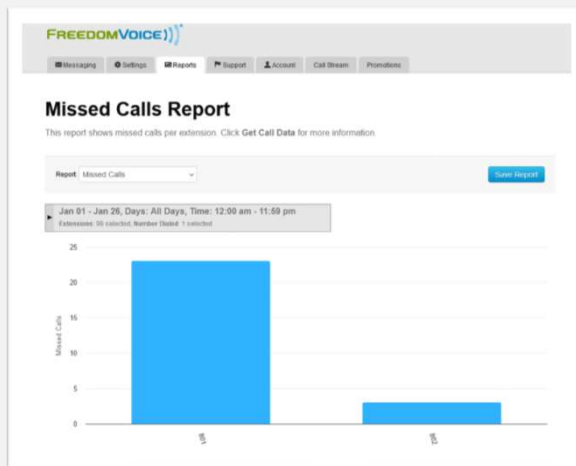
Facebook: <https://www.facebook.com/CPRNA.Trusted.Servant>



Purpose: Direct interested persons to Regional and Convention websites.
Posts flyers of Regional Events **(NO PHOTOS!)**.
Users: Regional Webservants.
Uses: NA awareness.

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Freedom Voice: <https://weblink.freedomvoice.com/>



The screenshot shows the 'Extensions' page. It includes a navigation bar with 'Messaging', 'Settings', 'Reports', 'Support', 'Account', 'Call Stream', and 'Promotions'. Below the title, there is a sub-header and a 'View Report' button. A date range selector is set to 'Jan 01 - Jan 26, Days: All Days, Time: 12:00 am - 11:59 pm'. A table lists extensions with columns for 'Extension', 'Display Name', and 'Status'. Each row has 'Rename' and 'Remove' buttons.

Extension	Display Name	Status
800	None	Remove
801	Recovering Addict	Remove
802	Meetings	Remove
803	Public Relations	Remove
804	HR	Remove
805	Spanish	Remove
806	Phoneline Coordinator	Remove
807	Special Events	Remove
808	Treasurer	Remove
809	Interested in Phoneline	Remove
810	Libertarian	Remove
812	Regional Delegate	Remove
813	Web Servant	Remove
814	Member Chairman	Remove

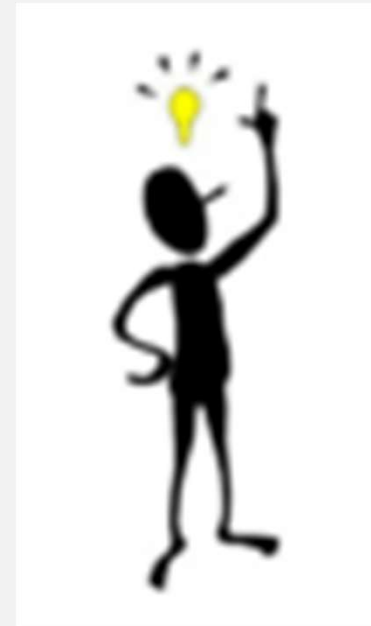
Purpose: Set up Phoneline members, review call information. Find areas needed for more phone support.

Users: Regional Phoneline Co-Ordinator, Regional Treasurer, Regional PR

Uses: Keep up with Phoneline call information

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Q&A



**Hand's On
Training**