



# CENTRAL MARYLAND AREA NA TODAY NEWSLETTER



February 2025

## Living Miracles <sup>STEP</sup> 2

**“We came to believe that a Power greater than ourselves could restore us to sanity.”**

Spiritual Principle: Hope In the Basic Text on page 23 of the Fifth Edition, it states, “Some of us didn’t take this step seriously at first; we passed over it with a minimum of concern, only to find the next steps would not work until we worked Step Two.” When I first came into the program, I surrendered to drugs. My Higher Power (as I understand Him now) saw fit to relieve me of the thing most dangerous to my existence. I can’t pin point the exact time, but somewhere along the way after not picking up for some time, the desire to use was removed. I took the suggestions from others in the program and it worked. The program and the people in it were my Higher Power at that time. And from that small mustard seed of faith, my belief began to grow. Several years later into my recovery, I am now experiencing a deeper understanding of the Second Step; one that has caused me to strengthen my relationship with my own personal Higher Power. As I go through some of the toughest experiences in my recovery, some classified as “life on life’s terms” and others labeled as self-induced, I am hit with a barrage of feelings and emotions. At this point in my recovery, I can’t do what I would ordinarily do.....and that is use to my feelings. I can’t pick up a drink or drug no matter what I’m feeling. I can’t shop to my feelings because I’m attempting to practice responsibility. I can’t sex to my feelings because I am attempting to practice faithfulness to my spouse. All of the things that I would normally use to fill the void have been removed and I am left with no other recourse but to feel the feelings. Sometimes emotions such as shame, guilt, and regret can be very painful and overwhelming. Even as I go through as I have so many times before, hope can seem distant. It is in these dark moments that I turn to my Higher Power for relief and support. In the beginning, the Program and the people in the Fellowship carried me through my trials and tribulations [as they still do]. I was like a kid learning to ride a bike and the Program and the Fellowship were the training wheels. But I am at a place now where only a personal relationship with a Higher Power can fill the void and replace my emptiness with peace, faith and hope. The pain of living without drugs or anything else to replace them has forced me to seek a Power greater than myself. The training wheels have been removed and I have to ride on faith. In the beginning of my process, my relationship with my Higher Power was minimal at best. I needed tangible evidence; to touch, feel and see. But now I understand the value of faith, hope and trust in a relationship with a Higher Power. As I go through these arduous times and experience feelings in the raw, I turn to my Higher Power for strength. The process of coming to believe is personal. Whether it’s one year clean or twenty years clean, the Second Step is necessary for ongoing recovery.

### Second TRADITION

For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

- ◊
- Charlene B – 24yrs – 2/8  
Speakeasy  
8900 Georgia Ave., Silver Spring, MD
- ◊
- Walston B 33yrs & Jenny H 5yrs – 2/10  
It Works How & Why  
6905 Greenbelt Rd, Greenbelt
- ◊
- Lori H – 2yrs – 2/13  
Spiritual Awakening  
424 Main St, Laurel, MD
- ◊
- Veronica E – 20yrs – 2/13  
Steps to Life  
6400 Livingston Road, Oxon Hill, MD
- ◊
- Darnell – 2yrs – 2/15  
Speakeasy  
8900 Georgia Ave., Silver Spring, MD
- ◊
- Brett G – 1yr – 2/19  
Star Group (5th St)  
424 Main St, Laurel, MD
- ◊
- Cole B – 11yrs – 2/23  
Savage Survivors  
9050 Baltimore St, Savage, MD
- ◊
- Mike C 19yrs & Shannon 2yrs-2/24  
It Works How & Why  
6905 Greenbelt Rd, Greenbelt
- ◊
- Arthur S – 20yrs – 2/27  
Steps to Life  
6400 Livingston Road, Oxon Hill, MD
- ◊
- Keona E – 1yr – 2/28  
Women Do Recover  
6201 Coventry Way, Clinton, MD
- ◊
- Jeff B – 6yrs – 3/4  
Just Relationships  
901 Main St, Laurel, MD
- ◊
- Minter – 6yrs – 3/6  
Spiritual Awakening  
424 Main St, Laurel, MD
- ◊
- Vetta – 4yrs - 3/12  
Wednesday Willingness  
30 Courthouse Square G-1, Rockville, MD  
- Lower Level
- ◊
- Bunny R – 26yrs – 3/19  
Wednesday Willingness  
30 Courthouse Square G-1, Rockville, MD  
- Lower Level
- ◊

## Service Works!

**GSRs & Chairs:**

### Central Area Service

**ASC Meets 1st Wednesdays 7-8pm**

**Church, 6905 Greenbelt Rd, Greenbelt**

**NOTE: On-line ASC meetings were originally a pandemic response. For those that can't attend in person:**

**Online: [zoom.us/j/83624520975](https://zoom.us/j/83624520975) PC: 353938**

## Second Concept

*The final responsibility and authority for NA services rests with the NA groups.*

The NA service structure has been created by the groups to serve the common needs of the groups. Our fellowship's service boards and committees exist to help groups share their experience with one another, provide tools which help groups function better, attract new members to group recovery meetings, and carry the NA message further than any single group could carry it alone. Because the groups have created the service structure, they have final authority over all its affairs. By the same token, the groups also have the final responsibility for the support of all its activities. The two go hand in hand.



## CPRSC Meeting

**Saturday, February 8, 2025**

Subcommittees	10 AM – NOON
Lunch	12:00 PM
Meeting	1 PM - 6 PM

**HOSTED BY: South Potomac Area**

Carolina Church  
9901 Allentown Road  
Fort Washington, MD 20744

(across the street from Friendly High School, drive around to rear of church)



## INTERIM WORLD SERVICE CONFERENCE (WSC) 2025

Online: 28 February & 1 March 2025  
2pm-4pm & 5pm-7pm, Eastern Time

[2025 Interim WSC Report](#)



Northeast Freedom Area Convention – “Awakening of the Spirit”

<https://www.nefacna.com/>

February 21-23, 2025



Can you find them? Can you find them? Can you find them? Can you find them?

## Two by Two

Find the Spiritual Principle

Honesty	Faith
Willingness	Trust
Open Mindedness	Surrender
Humility	Anonymity

O	Y	W	P	I	P	O	L	P	P	O	I	X	C	E
E	P	H	I	T	N	M	J	V	R	L	A	G	A	L
N	T	E	U	L	B	T	E	H	B	K	V	M	U	T
M	R	X	N	M	L	H	E	L	G	A	K	F	N	A
P	U	T	X	M	I	I	L	G	F	A	I	T	H	N
Y	S	J	J	B	I	L	N	F	R	B	F	Z	D	O
C	T	J	B	C	S	N	I	G	U	I	B	V	Q	N
P	K	I	Z	I	U	F	D	T	N	A	T	I	Y	Y
X	M	W	G	H	R	V	U	E	Y	E	I	Y	U	M
R	Y	Z	K	W	R	Y	X	D	D	H	S	R	J	I
K	E	C	S	N	E	R	L	K	K	N	F	S	O	T
T	D	Q	M	V	N	C	I	X	R	Y	E	M	M	Y
C	T	X	A	J	D	X	J	T	P	J	M	S	A	I
D	Z	U	K	L	E	E	Z	Q	C	G	P	O	S	H
I	K	P	K	A	R	W	R	H	O	G	V	Z	G	X

*NA Today*

**Editor/Publisher:** Amanda K

**NAT Contact Info:** aalbizu333@gmail.com

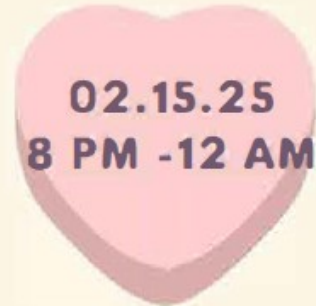


CENTRAL MARYLAND SPECIAL EVENTS PRESENTS...

# SWEETHEART VALENTINE'S DANCE



Dress to  
IMPRESS!



02.15.25  
8 PM -12 AM



TICKETS:  
\$10 in advance  
\$15 at the door

Food and Entertainment Services  
provided by:

"Art by Art" Photography  
DJ D-Nice  
Reese Catering Services

---

Join us as we celebrate  
love in the sweetest way!

---

**Location:**

**Trinity Lutheran Church**

**6600 Laurel Bowie Road Bowie, MD 20715**

**\*Smoking prohibited on property**

Contact any Special Events Committee member for tickets:

Darlene C (301)789-3523, Kriss P (240)988-0799,

Tony A (240)304-8026, James A (301)919-0925,

Dor L (240)271-0899, Peter C (410)707-8923,

Susie K (443)938-1858, Randy T (240)492-9927,

Leif Y (571) 471-9285, Joe A (240)603 4115,

Jaz F (443)306-4431

