

# CENTRAL MARYLAND AREA NA TODAY NEWSLETTER



#### March 2024

## Bakri —-24r—3/11

Mirar

Shannon—-1yr—3/11 Johnny—8yrs—3/11

*It Works How & Why*-6905 Greenbelt Rd, Greenbelt

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Dominique S—-2yr—3/25

Joyce D--35yrs-3/25

*It Works How & Why-*6905 Greenbelt Rd, Greenbelt

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Eric P—35yrs—4/8

Les G—17yrs—4/8

It Works How & Why-6905 Greenbelt Rd, Greenbelt

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Pat S-26yrs-4/29

It Works How & Why-6905 Greenbelt Rd, Greenbelt



Webinar ID: 850 1204 3843Passcode: 1953Spanish and Portuguese translation provided.Contact pr@na.org if you require other interpretation.



## Step 3

I had a very small and skewed version of what my "Higher Power" was

When I came into the rooms of Narcotics Anonymous, I had a very small and skewed version of what my "Higher Power" was or what it could be. I grew up in a home where my mother called herself a "recovering Catholic" and my brother was a Philosophy major who declared that all religions were "phone moneygrabbers". Needless to say, when I heard "GOD" my first few months, I was skeptical of the program as a whole. So, I learned how to surrender and I came to believe that there was a force bigger than myself working in my life. Now, I am supposed to hand my will over. That was difficult to comprehend for a girl like me who held onto her Will like it was the last cookie in the Jar that my brother and I fought over. I had to learn what willingness meant for me in mv life - How do I show willingness? How do I know I have? I began to be open and honest with my sponsor and fellowship. I ran everything by them BEFORE I did the action. This was uncomfortable, to say the least, but I had to stop going by my impulses that spoke to me on a daily basis and allow the suggestions of the women who I became so inspired by in the rooms. The willingness to open my mind to new perspectives and suggestions quickly allowed me to get out of my own way with whatever came towards me. My Higher Power speaks through fellow NA members and I felt its presence with each bit of advice I received. The fact that this is a Decision helped my perspective on the "impossible" nature that my mind swore this step held. If I make the simple decision of handing my Will over and I have hope in "my" decision, I am sure to know that my life is going the way my Higher Power has set for me. I tell myself that it is absolutely insanity to take my will back when i have actively seen the chaos that taking my Will back creates.

Anonymous 3/2024

#### Third TRADITION

#### The only requirement for membership is a desire to stop using.

The Third Tradition encourages freedom from judgment. It leads us on the path of service toward an attitude of helpfulness, acceptance, and unconditional love. [...] Addiction is a deadly disease. We know that addicts who don't find recovery can ex pect nothing better than jails, institutions, and death. Refusing admission to any addict, even one who comes merely out of curiosity may be a death sentence for that addict.

### **Third Concept**

The NA groups delegate to the service structure the authority necessary to fulfill the responsibilities assigned to it.

The NA groups maintain final responsibility and authority for the service structure they have created. Yet if they must involve themselves directly in making decisions for all of our service boards and committees, the groups will have little time or energy left to carry the recovery message in their meetings. For this reason the groups entrust the service structure with the authority to make necessary decisions in carrying out the tasks assigned to it



## MONTGOMERY AREA SPECIAL EVENTS



LUCKY TO BE ALIVE SPEAKER JAM

## Saturday March 16TH 4:00 PM TO 10:00 PM

Schrist the Servant Lutheran Church 9801 Centerway Rd. Montgomery Village MD

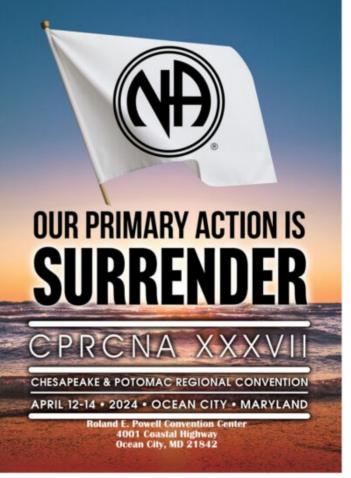
Meetings will be at 4:30, 5:45, 7:00 & 8:15

Food Fun and Fellowship Bring a Newcomer! Bring a dish or dessert if you wish! Prize Raffle! Drawing at 9:30! You do not have to be present to win

You Can Always Donate to MASE Via Venmo @Natalie-Gitleman or Cash App \$Specialevents007

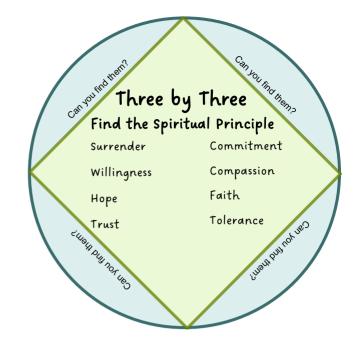
Want to Volunteer? Need More information? Contact Layla R. 240-793-6059 or Suzanne W. 240-793-1799













NEW MEETING



WRITE TO RECOVER Tuesdays 5:30 - 6:30 p.m. EST starting January 9, 2024

Zoom ID: 727 524 5654 Password: 249292

Closed Meeting \* Step Writing Format \*



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