

STRAIGHT HOPE

The Montgomery Area Newsletter...a meeting in print

\$\$ Priceless \$\$

Volume 80

PO Box 8214 Gaithersburg, MD 20898

MARCH 2024



Where Did this Year's Convention Theme Come From?

Our primary action is surrender, and we come back to it every day. There is always room to let go a little more. There is great freedom in understanding that we always have the option to surrender. In the beginning we may be confused and think we need to surrender to our disease; in fact, that's what most of us were doing before we got here! In active addiction, we turned our will over to our disease every day. In recovery we learn to surrender to the process, to the program, and ultimately to a power greater than ourselves. When we give up the battle we place ourselves entirely in the care of a power greater than ourselves. It follows naturally that we commit ourselves to the service of that power, however we understand it.

-Living Clean the Journey Continues Page 48

An NA Convention? Why would I want to go to THAT?

An NA convention was the last thing I wanted to go to when I first heard about it. Why would I want to go to that? Ocean City? That's where I'd go to get shit-faced and sunburned!

When I thought about it, I realized I was afraid to go down there with so many people. Then there was also the issue of money....I was struggling financially and thought it was out of the question, so I blew it off for a few years.

Finally, when I had 3 years clean, I went. I shared a hotel room with a few women so it didn't cost a lot. I volunteered on the Hug Squad so I would have something to do besides worrying about feeling alone in a crowd.

I found I liked being a part of the excitement and around a lot of people. But I also found I liked spending time on the beach talking to my Higher Power. I experienced an unexpected connection with my HP at the ocean I had never felt before!

I was grateful I went and I kept coming back!

Anne E.



DID YOU KNOW? Our Regional Convention, the Chesapeake & Potomac Region of Narcotics Anonymous (CPRCNA) will be held in Ocean City, MD from April 19-21. Go to www.cprcna.org to find out more!



Email Art, Articles, Anniversaries & NA Announcements to: straighthope@cprna.org

DEADLINE FOR SUBMISSIONS IS THE 4TH SUNDAY OF THE MONTH!

We meet on the 4th Sunday @8pm on Zoom. Meeting ID: 876 1298 6083 PW:749698

Straight Hope Contributors Anne E. - Layout/Content Ben C. - Step & Traditions Jalal B. - Graphics
Galen T. - Layout

Step & Tradition of the Month

Step 3: *"We made a decision to turn our will and our lives over to the care of God as we understood Him."*

The implied decision of Step 3 is to continue with the program to the best of our ability. This includes working the 12 Steps with a sponsor, going to meetings regularly, striving to improve our characters, making amends to those we've harmed, and helping others. Willingness is the key principle of Step 3, and the decision is a commitment to our ongoing recovery. If I believe that the God of my understanding has guided me to this point in my journey, then I can trust that my continued efforts will result in greater benefits and growth. These efforts are not only directed to enhance my chances of continued recovery but also help me follow my conscience in all areas of my life. Practicing Step 3 is about trying to do the next right thing in all circumstances. For me, it can be as easy as picking up trash that I notice, or it can be more involved such as volunteering my time and energy to worthwhile causes. In practicing Step 3, I strive towards making choices that feel right to me and result in my feeling good about being a productive, responsible member of society. The more willing I am to work on Step 3, the more I realize this involves turning my will and life over to the God of my understanding. A short, powerful Third Step request I was taught to help me on this journey is: *God, take my will and my life, guide me in my recovery, and show me how to live.*

- Ben C.



Tradition 3: *"The only requirement for membership is a desire to stop using."*



The only requirement for membership in the 12-step program is a desire to stop using. This requirement is unconditional, as explained in the Third Tradition, without any catches. You do not have to admit you are an addict nor believe in Higher Power. Identity and membership are the principles of the Third Tradition; you are a member when you say you are, period. You do not have to have a sponsor, do the 12 Steps, or follow the many other suggestions. Having a desire to stop using begins our membership, and these other practices can strengthen efforts to be successful. Even if unsuccessful, members are strongly encouraged to keep coming back and keep trying. Many of us tried

and failed several times before recovery really began to stick. Open-mindedness, willingness, faith, and courage in our ability to love and carry the message to everyone is the basis of the Third Tradition.

- Ben C.

For the Newcomer

and everyone else!

Surrender

1. Personal recovery begins with surrender to the First Step (*Guiding Principles, Tradition 1*).
2. Surrender to the First Tradition brings us to understand that we are part of something much greater than ourselves (*Guiding Principles, Tradition 1*).
3. Finding the patience and tolerance to accept those members we can't seem to stop judging is an exercise in surrender, acceptance, and humility (*Guiding Principles, Tradition 3*).
4. Surrender means having the open-mindedness to see things in a new way, as well as the willingness to live differently (*Living Clean, "Awakening to Our Spirituality"*).
5. In ridding ourselves of all reservations, we surrender. Then, and only then, can we be helped to recover from the disease of addiction (*IP #29*).
6. Surrender...is what happens after we've accepted the First Step as something that is true for us and have accepted that recovery is the solution (*Step Working Guides, Step 1*).
7. We are powerless over our addiction, but in our surrender we become powerful tools for transformation (*Living Clean, "A Spiritual Path"*).
8. When nothing relieved our paranoia and fear, we hit bottom and became ready to ask for help (*Basic Text, "Why are we here?"*).
9. Only in working the First Step do we truly come to realize that we are addicts, that we have hit bottom, and that we must surrender (*Step Working Guides, Step 1*).
10. In the Seventh Step, we take our surrender to a deeper level. What began in Step One with an acknowledgment of our addiction now includes an acknowledgment of the shortcomings that go along with our addiction (*Step Working Guides, Step 7*).
11. Striving to maintain and build on our surrender, we are better able to live and enjoy life in the moment (*It Works, Step 3*).
12. Surrender begins as we become willing to consider new ideas. We can ask for help and accept it when it's offered (*IP #17*).
13. How do you know when it's time to speak up against a decision of the majority? When it's time to accept a decision and surrender to group conscience? (*Twelve Concepts for NA Service, "9th Concept Study and Discussion Questions"*).
14. Admitting our powerlessness is a surrender, an admission that we don't know the solution to our problems (*IP #17*).



Announcements



DONATIONS TO AREA CAN NOW GO ELECTRONICALLY!

Our groups pass a basket during each meeting so “Every NA group ought to be...”. With many of our groups being online, many members “forget” to donate.

Group and Personal Donations can now be sent using three methods:

CashApp: \$MASCdonate, Name of account is MASC Treasurer

Venmo: @MASCdonate, Name of account is Tammy K, last 4 digits of phone# is 3233

Mail donations to: **MASC, PO Box 8214, Gaithersburg, MD 20898-8214.**

Please make sure to include your **GROUP'S NAME** on your group donations!

Group Announcements

Oasis (Mon 8 pm) & **Another Way** (Wed 8 pm) are in need of members with a lot of clean time. Prince of Peace, 11900 Darnestown Rd, Gaithersburg, MD

Hope Fiends (Mon 7 pm) has been struggling to stay open and has a newcomer presence that could use your support!! Meeting ID: 329 527 2677 P/C: 8W2UGA

Area Meeting Lists can be mailed to you by requesting them from na-montgomery@cprna.org or may be obtained from Danny O. when you make a literature order. Regional Meetings Lists will be made available when received.

Montgomery Area Special Events: **April 20th** - Game Night. **June 7-9** + Caminging at Little Bennett Campgrounds. 4 sites have been reserved.

The Chesapeake & Potomac Regional Convention (CPRCNA) is in Ocean City, MD **April 11, 12, & 13**. Register online at www.cprcna.org

Rock Creek Spiritual Brunch: **Saturday, April 27th**, 11am-2pm at St. Albans Church

CPRCNA Stuffing Party: **Saturday, 4/6/24**, 10 am - 4 pm, Our Savior Lutheran Church, 13611 Laurel-Bowie Road, Laurel, MD

NAWs hosted H&I Webinar: **Saturday, March 23**, 2 pm - 3:30 pm, Zoom ID: 850 1204 3843; Passcode: 1953

RSC Nominations/Elections: All Regional service positions will be up for nominations 4/20 and election 6/8. Come to the RSC and serve! <https://us02web.zoom.us/j/82450894047> Meeting ID: 824 5089 4047, P/C: 12

Should the RSC be required to meet HYBRID? Vote on this motion at your Home Groups' group conscience and **LET YOUR VOICE BE HEARD!**

Note: Although this newsletter is posted online BEFORE Area Service (1st Tuesday of the month), the list is updated a few days AFTER Area when we get more ANNOUNCEMENTS. So....**KEEP COMING BACK!**

THIS IS YOUR NEWSLETTER!!!

"Straight Hope" is the newsletter of Montgomery Area NA.
This is YOUR newsletter. If you have:

- * Ideas * Articles * Poetry *
- Cartoons * Humor * Acronyms *
- * Questions of the Month *
- * Letters to the Editor *
- * Any Grievance or Issues to Air to the Area *

We Want to Hear from You!

There is NO clean time requirement – all we require is a desire and an opinion. If you have any ideas for improvement or any ideas at all – contact any member of the committee email us, or pop into our Zoom meetings.

We need support! We currently do not have a Newsletter Chair and have few members. If you're interested in helping out, want to learn how to create a newsletter, or have a desire to be the Chair, **Please Let Us Know!** straighthope@cprna.org



March Question of the Month:

“How do you deal with your discomfort in Recovery? Physical? Mental? Emotional? Spiritual?”

The “Question of the Month” is intended to get **your input and your feedback** on recovery-related topics. Please email your response to straighthope@cprna.org or look for the question being passed around at your local meeting. Stay tuned next month for the Fellowships’ response to this **Question of the Month!**

February’s Question: *“When was your first World?” When did you first attend the NA World Convention. 2nd? 3rd? Any memories you want to share? Haven’t gone yet? Will your “first” be in Washington, DC in 2024?*

Responses:

Fred S.: Baltimore 1994. Loved Hawaii and 50th World in San Diego.

While I’ve been to a few Hawaii in 2005 was the best!

Kim M.: #1 2005 Hawaii

Rich M.: Never been: About to be!!!!

Chris: Ready 4 it!

Kim L.: 1st (and only) - Barcelona, 2 main speakers were women - 1 from Japan and 1 from Iran. I was so impressed by their stories and psyched that they were women!

Anne E.: 1994 Baltimore; 2002 Atlanta; 2003 San Diego; 2005 Hawaii; 2011 San Diego; 2013 Philly 2018; 2018 Orlando; AND YES, 2024 WASHINGTON DC!!!

Barbara B.: 1994 Baltimore & maybe 2024!

Jason B.: Baltimore Maryland

1990 Portland Oregon. 2009 Barcelona. 2011 San Diego

Sarah A.: Never been to a World Convention. Going this year...SUPER PSYCHED!!!!

Suzanne W.: My first World Convention is in DC - SO EXCITED!

Layla R.: Never been.

Steven M.: Never been but excited for this year.

Bill H.: First World was in Baltimore in 1994. I was in my 1st year clean and I never had experienced such a powerful, emotional, and spiritual experience.

Leslie K.: #17 New Orleans, Live Your Dreams - Blessed to attend.

Hammad M.: Haven’t registered for DC.

Kevin C.: Have never been to a World Convention.

Ben C.: 1st one 1989 Orlando, then 1990 Portland. Baltimore in ‘94. San Jose in ; 98. Cartagena 2000 (Honeymoon).

Scott: This would be my first convention but having it in DC is a big temptation.

Richard E.: 2003 in San Diego and my 2nd was 2011 in San Diego as well.

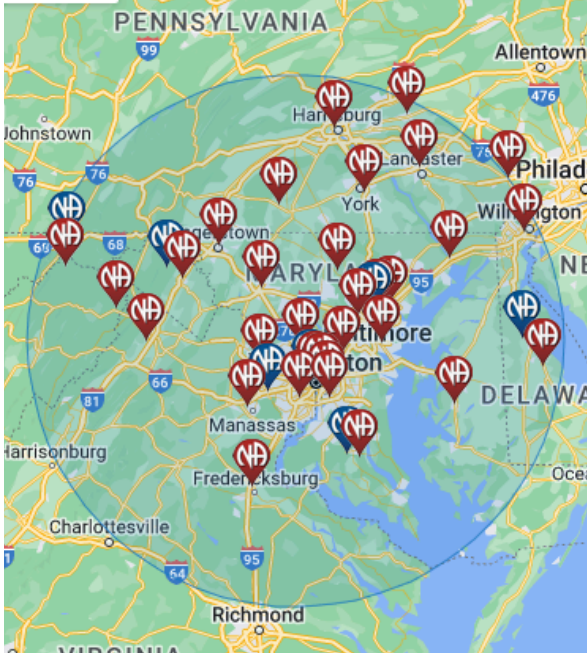
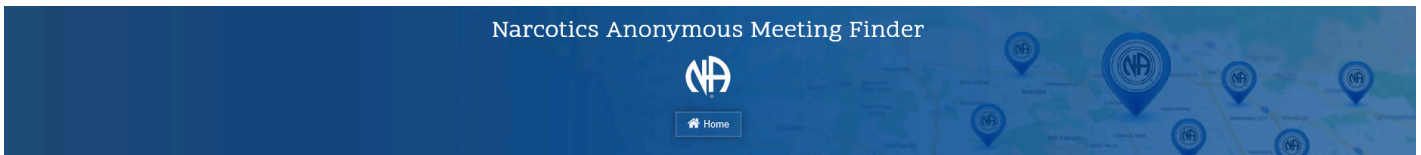
Dave V.: First - 1987 New Orleans. Also 1989 Orlando, 1993 Chicago, 2003 San Diego, 2011 San Diego.

Jim W.: Washington DC will be my first :-)

World Convention of Narcotics Anonymous Recovery Celebration Tour			
#	Year	Location	Theme
1	1971	La Mirada, California, USA	Combined WCNA And NA World Business
2	1972	North Hollywood, California, USA	Personal Recovery Depends On NA Unity
3	1973	San Jose, California, USA	
4	1974	Anaheim, California, USA	Just for Today
5	1975	Santa Rosa, California, USA	We Came to Believe
6	1976	Ventura, California, USA	Coming Together
7	1977	San Francisco, California, USA	Now We Are Thousands
8	1978	Houston, Texas, USA	Carry the Message
9	1979	Atlanta, Georgia, USA	I Can't, We Can
10	1980	Wichita, Kansas, USA	The Ties that Bind Us Together
11	1981	Miami, Florida, USA	Together More than Ever
12	1982	Milwaukee, Wisconsin, USA	Our Gratitude Speaks
13	1983	New York City, New York, USA	The Impossible Dream
14	1984	Chicago, Illinois, USA	Miracles Happen
15	1985	Washington, DC, USA	Unified and Staying Alive
16	1986	London, England	Live from London
17	1987	New Orleans, Louisiana, USA	Live Your Dreams
18	1988	Anaheim, California, USA	Once a Dream, Now a Reality
19	1989	Orlando, Florida, USA	The Magic Is Real
20	1990	Portland, Oregon, USA	Recovery; The Journey Continues
21	1991	Sydney, Australia	The Gift
22	1992	Toronto, Ontario, Canada	Imagine the Freedom
23	1993	Chicago, Illinois, USA	The Sky Is the Limit
24	1994	Baltimore, Maryland, USA	The Message Is Hope
25	1995	Paris, France	Une Nouvelle Vision de la Vie – A New Vision for Life
26	1996	St. Louis, Missouri, USA	Show Me How to Live
27	1998	San Jose, California, USA	Our Diversity Is Our Strength
28	2000	Cartagena de Indias, Colombia	Nuestra Esperanza De Vide – Our Hope of Life
29	2002	Atlanta, Georgia, USA	Freedom to Live Our Dreams
30	2003	San Diego, California, USA	A Simple Way Has Been Proving Itself
31	2005	Honolulu, Hawaii, USA	One Fellowship, Many Friends
32	2007	San Antonio, Texas, USA	Our Message HOPE, Our Promise FREEDOM
33	2009	Barcelona, Spain	Amor sin Fronteras – Love without Borders
34	2011	San Diego, California, USA	In the Spirit of Unity
35	2013	Philadelphia, Pennsylvania, USA	The Journey Continues
36	2015	Rio de Janeiro, Brazil	O Presente e a Liberdade (The Gift Is Freedom)
37	2018	Orlando, Florida, USA	The Magic Is Still Real
38	2024	Washington, DC, USA	The Power of Love

Join us in
Washington, DC
29 Aug – 1 Sep!

A New Way to Find a Meeting!



This is a screenshot of the test page of the NA World Services ***“Narcotics Anonymous Meeting Finder”***. It shows all of the NA Areas & Regions in a 100-mile radius of Gaithersburg, MD.

The Meeting Finder was created to help people find the most accurate NA meeting information (websites and phoneline numbers of local Areas & Regions). When you go to the Meeting Finder, you can find meeting information by clicking on the red (Area) and blue (Region) NA tabs to go to their webpage.

Check it out! Go to <https://www.na.org/phoneweb/> and type in a foreign country (Brazil, Italy, Alaska) to find their meetings!

Psst...there's more than one way to find a Meeting!

Print Montgomery Area meeting list:

<https://www.cprna.org/?current-meeting-list=8>

Go to Montgomery Area online meeting list

<https://www.cprna.org/our-areas/meetings/montgomery-area/>

Email na-montgomery@cprna.org to have a list mailed directly to you

Find all the meetings in the C&P Region

<https://www.cprna.org/na-meetings/>

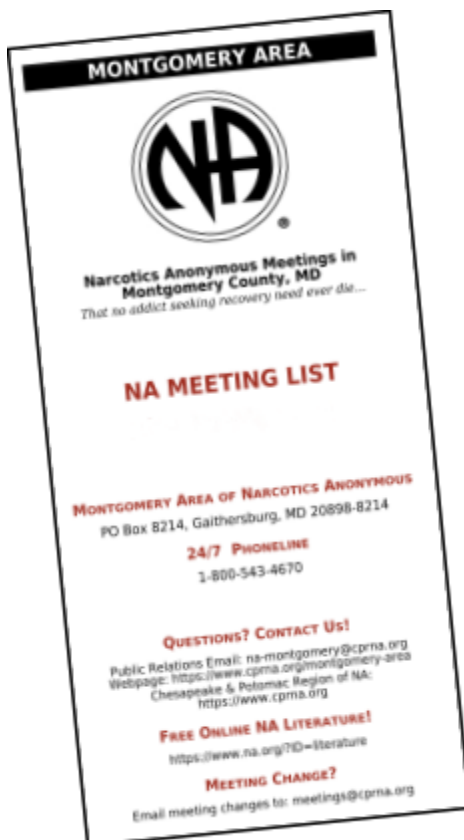
Find NA meetings around the World

<https://www.na.org/meetingsearch/>

Download BMLT App to your Phone

<https://bmlt.app/smartphone-apps/>

But...the info is only as good as the members who update it... PLEASE email meeting changes to: meetings@cprna.org



EVENTS

More events can be found at: <https://www.cprna.org/event-calendar/>,
<https://www.na.org/?ID=events-main> and <https://www.instagram.com/naglobalevents/>

MONTGOMERY AREA SPECIAL EVENTS

NA PRESENTS NA 

LUCKY TO BE ALIVE SPEAKER JAM

Saturday March 16TH 4:00 PM TO 10:00 PM

 Christ the Servant Lutheran Church 
 9801 Centerway Rd. Montgomery Village MD

Meetings will be at 4:30, 5:45, 7:00 & 8:15

Food Fun and Fellowship Bring a Newcomer!
Bring a dish or dessert if you wish!
Prize Raffle! Drawing at 9:30!
You do not have to be present to win

You Can Always Donate to MASE Via
 Venmo @Natalie-Gittleman or 
 Cash App \$Specialevents007


Want to Volunteer? Need More information? Contact
 Layla R. 240-793-6059 or Suzanne W. 240-793-1799

TVTTBUT AREA
 SPECIAL EVENTS COMMITTEE PRESENTS

**SPEAKER THON
 JAM OUT**

SPEAKERS SHARE A TOPIC BASED ON A SONG CHOICE

**SATURDAY
 MARCH 16, 2024
 NOON - 8PM EST
 ID: 551 453 2789
 PW: 2023**



CASH APP:
 STVTAREA2023

NORVANA Special Events presents:

Spaghetti Lunch & Speaker Jam

Saturday, March 16

12-1 PM Lunch

**1-4 PM Speakers
 every 30
 minutes**

**Free Entry - Lunch \$10 in
 advance, \$12 at the door**



Tickets available from S.E. Committee
 members or via Cashapp: tJonesKwarteng
 (note Name and "Spaghetti Lunch")

Bush Hill Presbyterian Church (side door)
 4916 Franconia Rd,
 Alexandria, VA 22310

Questions: Louis T. 703.625.8917



23 March
11 am-12:30pm PDT
(18:00-19:30 GMT)

**Please join us for
 an open webinar
 on revitalizing**

**H&I
 service**

Webinar ID: 850 1204 3843 **Passcode: 1953**
 Spanish and Portuguese translation provided.
 Contact pr@na.org if you require other interpretation.

Convention Corner



The 38th World Convention of Narcotics Anonymous (WCNA) is coming to Washington DC August 29th to September 1st, 2024!

REGISTRATION: WCNA 38 registration is up and running! Scan the QR Code to register!



MEMBERS IN NEED OF WCNA ACCESS: NA World Services will grant audio streaming of the main speaker meetings during the World Convention and **Newcomer Badges** to members in Recovery Houses or Treatment Facilities with 30 days or less to attend the convention. Our Regional Public Relations Subcommittee is compiling the facilities list. If you know of a facility, **please provide A GOOD CONTACT NAME & PHONE NUMBER or EMAIL.**

Email facility info to: wcna38@cprna.org



CPRCNA XXXVII
"OUR PRIMARY ACTION IS SURRENDER"

OCEAN CITY, MD ~ APRIL 12-14, 2024

Registration Information: Online registration is available through April 5, 2024. After April 5th, only on-site registrations will be taken beginning at 10:00 AM on Friday, April 12, 2024 at the Roland E. Powell Convention Center.

TAKE THE BUS! Show your convention badge for **unlimited FREE rides** on the Coastal Highway bus lines and avoid the Convention parking lot!

AUCTION DROP-OFF: You can drop off AUCTION items for the **Live Auction at CPRCNA** at the COC meeting **3/30, 10 AM-12:30 PM**, (400 I Street SW, Washington, DC) or at the convention.

UPDATE: Marathon Meetings will be on Zoom. Sunrise meetings and bonfire meetings will go on weather permitting.



Chesapeake & Potomac Region of Narcotics Anonymous

CPRCNA XXXVII
STUFFING PARTY

Come out and help assemble REGISTRATION PACKAGES for the convention!

When: Saturday, April 6, 2024

Where: Our Savior Lutheran Church
13611 Laurel Bowie Road
Laurel, MD 20708

Time: 10:00 AM – 4:00 PM

BE OF SERVICE - HAVE FUN - MAKE NEW FRIENDS - FELLOWSHIP

CONTINENTAL BREAKFAST & LUNCH WILL BE SERVED

We will also be looking for volunteers to work as **Cashiers** during onsite registration – **Training will be provided at the stuffing party.**

For more information contact: Registration@cprcna.org or Joe A. - Chairperson (240) 603-4115

Questions? Go to cprcna.org and scroll down to the appropriate committee link.

Living Miracles

Note: Although this newsletter is posted online BEFORE Area Service (1st Tuesday of the month), the list is updated a few days AFTER Area when we get more anniversaries. So**KEEP COMING BACK!**



Date	Name	Group	Years
3/2	Al G.	Share on Saturday	7 yrs
3/3	Jeff B.	Today's Recovery	1 yr
3/3	Justin M.	Alternative	3 yrs
3/3	Missy L.	Squeaky Clean	10 yrs
3/7	Solo Por Hoy Group anniversary		7 yrs
3/8	Jimi S.	Get Down Group	36 yrs
3/8	Brie S.	Live and Let Live	27 yrs
3/9	Sheri V.	Off the Beaten Path	31 yrs
3/10	Tom M.	Today's Recovery	14 yrs
3/13	Bunny R.	Wednesday Willingness	26 yrs
3/16	Donna J.	Off the Beaten Path	35 yrs
3/19	Eileen S.	Carrying the Message	38 yrs
3/20	Veeta C.	Wednesday Willingness	3 yrs
3/22	Rich M.	Live and Let Live	23 yrs
3/22	Lauren S.	Older Toddlers	16 yrs
3/23	Cyndi R-W.	Good Deal Group	38 yrs
3/24	Derek C.	Today's Recovery	2 yrs
3/24	Maryana	Talking Heads	19 yrs
3/25	Perry G.	Illness in Recovery	20 yrs
3/30	Thom E.	Gut Bucket	31 yrs
3/31	Mike G.	The Alternative	30 yrs
4/1	Cammy D.	Carrying the Message	34 yrs
4/6	CPRCNA Stuffing Party/Laurel		
4/21	John B.	Talking Heads	32 yrs



"NA It Works Index"

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Service Works!

Our Area webpage got a facelift! Check it out below!

<https://www.cprna.org/our-areas/info/montgomery-area/>

Montgomery Area of Narcotics Anonymous

NA Meetings located in Montgomery County Maryland

Contact Montgomery Area NA

PO Box 8214, Gaithersburg, MD 20898-8214

na-montgomery@cprna.org

Montgomery Area Service Committee

Montgomery Area Service Committee (MASC)

1st Tuesday @ 7:30 PM

Zoom ID: 876 1298 6083; Password: 749698

[Click here to join the MASC](#)

Chair: Galen T. * Vice Chair: Tasha G. * Secretary: Anne E.

* Vice Secretary Kim M.: masc@cprna.org

Area Subcommittee Meetings

Hospitals & Institutions – 3rd Thursday @ 7:00 pm

Zoom ID: 876 1298 6083; Password: 749698

[Click here to join H&I meeting](#)

Chair: Jack L.: montgomeryareahandi@gmail.com

Literature – Email requests for orders:

Chair: Danny O.: obdanny722@gmail.com

Meetings – 1st Tuesday @ 5:30 PM

Zoom ID: 876 1298 6083; Password: 749698

[Click here to join Meetings meeting](#)

Chair: Al G. aguzman106@gmail.com

Newsletter – 4th Sunday @ 8 pm

Zoom ID: 876 1298 6083; Password: 749698

[Click here to join Newsletter meeting](#)

Chair: Melissa M. straighthope@cprna.org

Policy – OPEN

Public Relations & Phoneline – 1st Tuesday @ 6:30 PM

Zoom ID: 876 1298 6083; Password: 749698

[Click here to join PR meeting](#)

Chair: Shelley M. na-montgomery@cprna.org

Special Events – 1st Wednesday @ 7:30 pm

Christ the Servant Lutheran Church, 9801 Centerway Rd.,
Montgomery Village, MD. Walk through the Sanctuary
and go to the back room on the left.

Chair: Suzanne W. slwieber@gmail.com

Meeting Change? Email meetings@cprna.org

Donations can now be sent using three methods

CashApp: \$MASCdonate, Name: MASC Treasurer

Venmo: @MASCdonate, Name: Tammy K./3233

Mail: MASC, PO Box 8214, Gaithersburg, MD
20898-8214

Put your **GROUP'S NAME** on your donations!

MASC Resources

* 2024 ANNUAL INVENTORY *

[MASC Google Drive](#)

[MASC Minutes Archive](#)

[2023 MASC Policy](#)

[Literature Order Form](#)

[Motion Form](#)

[NA Handbooks](#)

[Straight Hope Newsletter Archive](#)

STRAIGHT HOPE

The Montgomery Area Newsletter...a meeting in print

\$\$ Priceless \$\$

Find a Meeting!

[Montgomery Area Meetings Page](#)

[Printable Montgomery Area Meeting List](#)

[All C&P Region Meetings](#)

[QR Code Meetings Flyer](#)

SCAN QR CODE TO FIND NA MEETINGS IN THE DMV!



← QR Code

NA Meetings in Washington DC, Maryland, & Northern Virginia

NA 24/7 Phoneline 1-800-561-4670

www.cprna.org na-montgomery@cprna.org

PLEASE DO NOT TAKE SO OTHERS CAN SCAN IT!

Provided by Montgomery Area of NA Public Relations Subcommittee

Helpful NA Information

24/7/365 Phoneline 1-800-543-4670

[NA Events](#)

[CPRCNA: C&P Regional Convention](#)

[FREE Online NA Literature](#)

[NA World Services](#)

Questions? Email us! na-montgomery@cprna.org