



# CENTRAL MARYLAND AREA NA TODAY NEWSLETTER



## Living Miracles

**Walston B**—32yr—2/5

*It Works How & Why*-6905 Greenbelt Rd,  
Greenbelt



**Sharon F**—18yrs—02/13

*Firm Believers*-8600 Glenarden Pky, Glenarden



**Deborah Ann**—16yrs—2/13

*Firm Believers*-8600 Glenarden Pky, Glenarden



**Cristia T & Kelly G**—5 & 3yrs—2/15

*Empowering Women*-9650 Basket Ring Rd,  
Columbia



**William V**—30yrs—2/16

*No More Excuses*-6905 Greenbelt Rd, Greenbelt



**Michelle** —37yrs—2/18

*Empowering Women*-9650 Basket Ring Rd,  
Columbia



**Debbie G** —37yrs—2/18

*Savage Survivors* -



**Matteo M** —2yrs—2/23

*Catonsville Group*-



**Jeff M** —5yrs—2/28

*STAR Group*-424 Main St, Laurel



**Arthur S** —19yrs—2/29

*Steps to Life*-6400 Livingstone Rd

Oxon Hill



**Dominique S**—2yr—3/25

*It Works How & Why*-6905 Greenbelt Rd,  
Greenbelt



## STEP 2

*The rooms of Narcotics Anonymous and the people inside them were the power greater than myself that I needed*

For the last several years before finding my home in the fellowship of narcotics anonymous, pain, insanity, and self centered behavior were the only constants in my life. A lifestyle built around the getting and using and finding ways and means to use more had led to ingrained patterns of isolation while at the same time believing that the world should bend to my wants and needs. Life was dark, and the need to control my surroundings by manipulating and using whomever and whatever I needed left me broken inside.

Upon finding the rooms of narcotics anonymous though, I was relieved to meet people who shared stories of pasts similar to mine, but who were living new healthy - incredible lives! The freedom found from realizing that I had a disease, and that while it was incurable it could be halted, and the evidence of this in people I was coming to love in these rooms, meant I wasn't simply morally deficient. Through my interactions in meetings and with members of the fellowship, as well as an admission that I was indeed powerless over my addiction and my life had become unmanageable, a bond began to form that allowed me to trust in other people in a way that I hadn't for years (and maybe hadn't ever before). It started a process inside me, that would continue to progress, of restoring me to a place in the universe that I was always intended to inhabit. A place of love and happiness that can only come from shared experiences of coming out of a very dark place and into a new way of life.

This was my first experience with step 2. The rooms of Narcotics Anonymous and the people inside them were the power greater than myself that I needed. On a bad day, I went to a meeting to see my friends. On a good day, I went to a meeting to see my friends. There wasn't a comprehension at first of why I felt better when I went to a meeting outside of the fact that I knew that these people understood me. But that's all I needed. And thank god there wasn't a test involved in becoming a part of this thing or some sort of membership fee I had to pay, because I had no tolerance for tests and no way to pay for what was being given. It was one of the few places I could go to and always feel at home, and it was still a few more years before the world outside of these rooms would welcome me back for the most part. But the ability to speak with you guys about how I was feeling helped restore some social skills that had long been forgotten. And watching you guys get jobs and finish school and go to the doctor regularly and manage healthy relationships helped me on my way to do the same. The process is not quick, and it is certainly not easy, and this is why steps 1-3 should be worked every day in my opinion. But without finding the group, which was my higher power for so long, the task of even beginning to find a healthy normal life (beyond my wildest dreams at the end of the day) seemed to daunting to even begin.

Today I am blessed to have been around these rooms for some time and gain some formal working knowledge of the steps and traditions through our literature, but the action work of step 2 really still sits in the fundamentals and safety the group provided me for so long. So if you are new, know that becoming a greater version of yourself than you could ever imagine is possible, and the people in these rooms can help get you there. And if you are not new, remember to hug and encourage a new comer so that they know we are here for them, because that's what we do.

Anonymous February 2024

### Second Tradition

For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

### Second Concept

*The final responsibility and authority for NA services rests with the NA groups.*

The NA service structure has been created by the groups to serve the common needs of the groups. Our fellowship's service boards and committees exist to help groups share their experience with one another, provide tools which help groups function better, attract new members to group recovery meetings, and carry the NA message further than any single group could carry it alone. Because the groups have created the service structure, they have final authority over all its affairs. By the same token, the groups also have the final responsibility for the support of all its activities. The two go hand in hand.

## Service Works!

**Central Area Service**

1st Wednesdays 7-8pm

6905 Greenbelt Rd, Greenbelt

**ALSO AVAILABLE VIA ZOOM:**

Meeting ID: 836 2452 0975

## NEW MEETING



### WRITE TO RECOVER

Tuesdays 5:30 - 6:30 p.m. EST  
starting January 9, 2024

Zoom ID: 727 524 5654 Password:  
249292

Closed Meeting \* Step Writing  
Format \*



## Montgomery Area Special Events Presents:

<<<<< A Fundraising Event >>>>>



# BINGO!

Saturday, February 17, 2024  
5:00 PM - 10:00 PM

**Christ the Servant Lutheran Church**  
**9801 Centerway Road, Montgomery Village, MD**  
Game sessions at 5:30 to 8:30 pm & 8:45 to 10:00 pm.  
With New Year Prizes for Each Game!!!

Two Games of Blackout Bingo with Two Winners Per Game  
8:45 pm to 10:00 pm for \$25 Gift Cards!

Each Card \$1 or Six Cards for \$5 or 12 Cards for \$10  
\$2 for Blackout Bingo.

**FREE Pizza & Snacks - 50¢ Sodas and Chips.**  
**Please bring finger food or dessert if possible.**

Donate via Venmo to:  
@Natalie-Gitelman or Cash App: \$SpecialEvents007

For more information call:  
Layla R. at 240-793-6059, Theresa M. at 240-604-6070

## Empowering Women

Thursdays 6:00 pm



**The Serenity Center**  
9650 Basket Ring Rd  
Columbia, MD 21045

## Southwest Serenity



Meets every Monday at 6:45 PM

100 N Street SW (James Creek Counsel)  
Washington, DC 20024

Steps 1, 2 & 3

Open to anyone with a desire to stop  
using!








*NA Today*

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# Coming Soon!



**OUR PRIMARY ACTION IS  
SURRENDER**

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CPRCNA XXXVII

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CHESAPEAKE & POTOMAC REGIONAL CONVENTION

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APRIL 12-14 • 2024 • OCEAN CITY • MARYLAND

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Roland E. Powell Convention Center  
4001 Coastal Highway  
Ocean City, MD 21842

*Jump Start to Recovery Group*



**Call for  
Models & Talent  
Men, Women &  
Children...  
First Practice**

**SATURDAY  
APRIL 28  
6PM-7:30PM**

ST. FRANCAIS XAVIER SCHOOL  
2815 O STREET SE  
WASHINGTON DC

CONTACT: XAVIER 202 431 7949 LINA 301 404 5896 SHERMAN 202 246 3830

INTO INFINITY



WenDell F, a very beloved member of our NA community passed late last year. He went on to the next place CLEAN, as he had been for 27 years. The Flowers/Bayne family and friends invite members of our community who knew WenDell to join them in a private ceremony

## Homegoing Memorial for WenDell F

2 - 6 pm on Saturday, February 10

Hyattsville Mennonite Church

4217 East-West Highway

