The Montgomery Area Newsletter ... a meeting in print

SS Priceless SS

Volume 79

PO Box 8214 Gaithersburg, MD 20898

FEBRUARY 2024



The spirit of love that we express in NA is the most powerful thing we have. The Basic Text describes it as "the flow of life energy from one person to another" and we see this in action when we watch an addict come back to life in the rooms. The hugs we give are an instrumental part of our method and our experience. NA is all about love.

Living Clean, p. 254

## THIS IS YOUR **NEWSLETTER!!!**

"Straight Hope" is the newsletter of Montgomery Area NA. This is YOUR newsletter. If you have:

- \* Ideas \* Articles \* Poetry \* Cartoons
  - \* Humor \* Acronyms \*
  - \* Questions of the Month \*
    - \* Letters to the Editor \*
    - \* Any Grievance or Issues to Air to the Area \*

#### We Want to Hear from You!

There is NO clean time requirement - all we require is a desire and an opinion. If you have any ideas for improvement or any ideas at all - contact any member of the committee email us, or pop into our Zoom meetings.

We need support! We currently do not have a Newsletter Chair and have few members. If you're interested in helping out, want to learn how to create a newsletter, or have a desire to be the Chair, Please Let Us Know!



Email Art, Articles, Anniversaries & NA Announcements to: straighthope@cprna.org

#### **DEADLINE FOR SUBMISSIONS IS THE 4TH SUNDAY OF THE MONTH!**

We meet on the 4th Sunday @8pm on Zoom. Meeting ID: 876 1298 6083 PW:749698 **Straight Hope Newsletter Archive:** 

https://www.cprna.org/our-areas/news/montgomery-area/

#### **Straight Hope Contributors**

Anne E. - Layout/Content Ben C. - Step & Traditions Jalal B. - Graphics Galen T. - Member



## Step of the Month

## Step 2: "We came to believe that a Power greater than ourselves could restore us to sanity."

My experience of Step 2 is that the restoration of my sanity has been a gradual process. First, I came (to meetings), then I came to (woke up), then I came to believe (in a Power greater than myself). This belief was founded on the reassurance that I was finally on the right path and that the circumstances in my life were drastically improving. I have felt myself maturing and gaining more and more sanity as I continued along in recovery. As I began writing about Step 2 and discussing it with my sponsor, I noticed how excited I was becoming about my life, and I felt good about all the love and support I was receiving. I noticed coincidences and miracles happening in my life as I became open to the possibility that a Higher Power was guiding me in my recovery. These coincidences and miracles included surviving my active addiction and viewing the circumstances that led me to recover in a new light. At the time, I thought the intervention leading to the hospital and treatment was the worst day of my life, but now I view it as the best thing that could have happened to me, the beginning of my new life in recovery.

- Ben C.

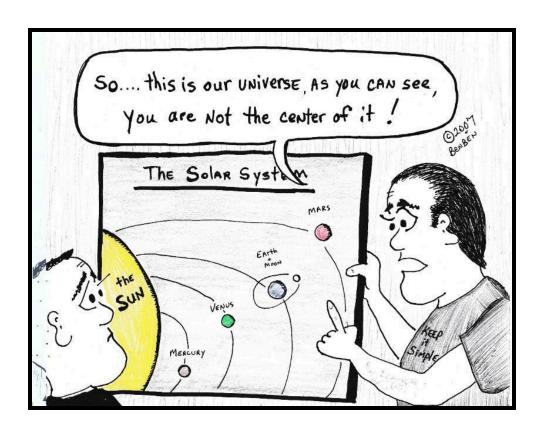


### Tradition of the Month

Tradition 2: "For our group purpose, there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."

There is a big difference between group conscience and group opinion. The democracy of the group might be in danger of being dictated by personalities and the popularity of a few outspoken members. Leadership should never be a position of authority but focused on leading by example, promoting unity and service. I need to keep these points in mind as I have had the same home group for over twenty years now and sometimes feel like it is my group. Manipulation and control of our group decisions should be avoided, beginning by inviting a loving God to represent the ultimate authority of the group. We recite The Serenity Prayer to begin our group conscious meetings as a way to set the tone - *God, grant me the serenity to accept things I cannot change, the courage to change the things I can, and the wisdom to know the difference.* The Serenity Prayer helps put the group in the right frame of mind before beginning the group-conscious meetings where we discuss the business of the group and make decisions. When we collectively ask God to guide us prior to discussing the business of the group, we are more likely to practice unity and trust the outcome of group decisions. We can disagree without putting each other down and try to be open to new solutions rather than committed to being right and winning arguments.

- Ben C.



#### Announcements



#### DONATIONS TO AREA CAN NOW GO ELECTRONICALLY!

Our groups pass a basket during each meeting so "Every NA group ought to be...". With many of our groups being online, many members "forget" to donate.

Thank You Group and Personal Donations can now be sent using three methods:

CashApp: \$MASCdonate, Name of account is MASC Treasurer

Venmo: @MASCdonate, Name of account is Tammy K, last 4 digits of phone# is 3233

Mail donations to: MASC, PO Box 8214, Gaithersburg, MD 20898-8214.

Please make sure to include your **GROUP'S NAME** on your group donations!

#### **Group Announcements**

MASC Annual Inventory - The Montgomery Area Service Committee (MASC) is performing its annual inventory. Each GSR and/or Group is being asked to complete a questionnaire of 21 quick questions **prior** to 3/5/24 MASC. *Click here to access 2024 Montgomery Area Inventory* 

Area Meeting Lists can be mailed to you by requesting them from <a href="mailto:na-montgomery@cprna.org">na-montgomery@cprna.org</a> or may be obtained from Danny O. when you make a literature order. Regional Meetings Lists will be made available when received.

**BINGO!** February 17th 5-10pm at Christ the Servant Lutheran Church (Freedom in the Village church) in Montgomery Village. Pizza and snacks provided soda and chips for \$.50

**Spoiler Alert!** Special Events is also planning a **St. Patrick's Day Speaker Jam** on March 16th. More information to

All About Change is having its 32 years Group Anniversary on 2/13!

The Chesapeake & Potomac Regional Convention (CPRCNA) is in Ocean City, MD April 11, 12, & 13. Register online at <a href="https://www.cprcna.org">www.cprcna.org</a>

**Note:** Although this newsletter is posted online BEFORE Area Service (1st Tuesday of the month), the list is updated typically 2 or 3 days AFTER Area when we get more ANNOUNCEMENTS. So....KEEP COMING BACK!





## Question of the Month:

## "When was your first World?"

Let us know when you first attended an NA World Convention. 2nd? 3rd? Any memories you want to share? Haven't gone yet? Will your "first" be in Washington, DC in 2024?

Email your response to <a href="mailto:straighthope@cprna.org">straighthope@cprna.org</a> or look for the question being asked at your local meeting. Stay tuned next month for the Fellowships' response to this **Question of the Month!** 

<b>World Convention of Narcotics Anonymous</b>							
World Convention of Marcotics Anonymous							
**** Recovery Celebration Tour							
×		TICCOVERY CO	icoration rour				
#	Year	Location	Theme				
_ <sub>k</sub> 1	1971	La Mirada, California, USA	Combined WCNA And NA World Business				
2	1972		Personal Recovery Depends On NA Unity				
3	1973	San Jose, California, USA					
4	1974	Anaheim, California, USA	Just for Today				
5	1975	Santa Rosa, California, USA	We Came to Believe				
6	1976	Ventura, California, USA	Coming Together				
7	1977	San Francisco, California, USA	Now We Are Thousands				
8	1978	Houston, Texas, USA	Carry the Message				
9	1979	Atlanta, Georgia, USA	I Can't, We Can				
10	1980	Wichita, Kansas, USA	The Ties that Bind Us Together				
11 12	1981 1982	Miami, Florida, USA	Together More than Ever				
13	1983	Milwaukee, Wisconsin, USA New York City, New York, USA	Our Gratitude Speaks The Impossible Dream Join us:				
14	1984	Chicago, Illinois, USA	Our Gratitude Speaks The Impossible Dream Miracles Happen Unified and Staying Alive Live from London Live Your Dreams  Join us in Washington, DC				
15	1985	Washington, DC, USA					
16	1986	London, England	Live from London 20 A 19ton. DC				
17	1987	New Orleans, Louisiana, USA	Live Your Dreams				
18	1988	Anaheim, California, USA	Live from London Live Your Dreams Once a Dream, Now a Reality  The Marie La Paris				
19	1989	Orlando, Florida, USA	The Magic Is Real				
20	1990	Portland, Oregon, USA	Recovery; The Journey Continues				
21	1991	Sydney, Australia	The Gift				
22	1992	Toronto, Ontario, Canada	Imagine the Freedom				
23	1993	Chicago, Illinois, USA	The Sky Is the Limit				
24	1994	Baltimore, Maryland, USA	The Message Is Hope				
25	1995	Paris, France	Une Nouvelle Vision de la Vie – A New Vision for Life				
26	1996	St. Louis, Missouri, USA	Show Me How to Live				
27	1998	San Jose, California, USA	Our Diversity Is Our Strength				
28	2000	Cartagena de Indias, Colombia	Nuestra Esperanza De Vide – Our Hope of Life				
29	2002	Atlanta, Georgia, USA	Freedom to Live Our Dreams				
30	2003	San Diego, California, USA	A Simple Way Has Been Proving Itself				
31	2005	Honolulu, Hawaii, USA	One Fellowship, Many Friends				
32	2007	San Antonio, Texas, USA	Our Message HOPE, Our Promise FREEDOM				
33	2009	Barcelona, Spain	Amor sin Fronteras – Love without Borders				
₩34	2011	San Diego, California, USA	In the Spirit of Unity				
35	2013	Philadelphia, Pennsylvania, USA					
36	2015	Rio de Janeiro, Brazil	O Preesente e a Liberdade (The Gift Is Freedom)				
37	2018	Orlando, Florida, USA	The Magic Is Still Real				
38	2024	Washington, DC, USA	The Power of Love				

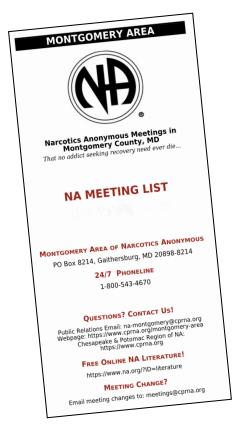
### A New Way to Find a Meeting!



This is a screenshot of the test page of the NA World Services "Narcotics Anonymous Meeting Finder". It shows all of the NA Areas & Regions in a 100-mile radius of Gaithersburg, MD.

The Meeting Finder was created to help people find the most accurate NA meeting information (websites and phoneline numbers). When you go to the Meeting Finder, you can find meeting information by clicking on the red and blue NA tabs to go to an Area (red) or Region's (blue) webpage.

Check it out! Go to <a href="https://www.na.org/phoneweb/">https://www.na.org/phoneweb/</a> and type in a foreign country (Brazil, Italy, Alaska) to find their meetings!



# Psst...there's more than one way to find a Meeting!

Print Montgomery Area meeting list

Go to Montgomery Area online meeting list

Email <u>na-montgomery@cprna.org</u> to have a list mailed directly to you

Find all the meetings in the C&P Region

Find NA meetings around the World

Download BMLT App to your Phone

But...the info is only as good as the members who update it...

PLEASE email meeting changes to: meetings@cprna.org

#### **EVENTS**

More events can be found at: <a href="https://www.cprna.org/event-calendar/">https://www.cprna.org/event-calendar/</a>,

<a href="https://www.instagram.com/naglobalevents/">https://www.na.org/?ID=events-main</a> and <a href="https://www.instagram.com/naglobalevents/">https://www.instagram.com/naglobalevents/</a>

#### Montgomery Area Special Events Presents:

<<<< A Fundraising Event >>>>



Saturday, February 17, 2024 5:00 PM - 10:00 PM

Christ the Servant Lutheran Church 9801 Centerway Road, Montgomery Village, MD

Game sessions at 5:30 to 8:30 pm & 8:45 to 10:00 pm.
With New Year Prizes for Each GameIII

Two Games of Blackout Bingo with Two Winners Per Game 8:45 pm to10:00 pm for \$25 Gift Cards!

Each Card \$1 or Six Cards for \$5 or 12 Cards for \$10 \$2 for Blackout Bingo.

FREE Pizza & Snacks - 50¢ Sodas and Chips. Please bring finger food or dessert if possible.

Donate via Venmo to:

@Natalie-Gitelman or Cash App: \$SpecialEvents007

For more information call:

Layla R. at 240-793-6059, Theresa M. at 240-604-6070



## The Chesapeake & Potomac Regional Saturday, February 10, 2024

All Regional meetings are on Zoom the 2nd Saturday of every even month (Feb, Apr, Jun, Aug, Oct, Dec).

#### Regional Subcommittees Meeting:

10 AM-12 PM. Zoom ID: 671 727 103;

Passcode: 654321

C&P RSC Meeting: 1PM - 6PM. Zoom ID: 824

5089 4047; Passcode: 12



## Florida Service Symposium

3/14/2024 - 03/17/2024

#### Location:

Sheraton Tampa East Hotel 10221 Princess Palm Ave. Tampa, FL, 33610

#### Register:

https://naflorida.org/

Montgomery Area
Special Events
is planning a
St. Patrick's Speaker Jam
on March 16th!
More will be revealed!

Straight Hope / February 2024

#### **Convention Corner**



The38th World Convention of Narcotics Anonymous (WCNA) is coming to Washington DC August 29th to September 1st, 2024!

**REGISTRATION:** WCNA 38 registration is up and running! Scan the QR Code to register!



MEMBERS IN NEED OF WCNA ACCESS: NA World Services will grant audio streaming of the main speaker meetings during the World Convention and Newcomer Badges to members in Recovery Houses or Treatment Facilities with 30 days or less to attend the convention. Our Regional Public Relations Subcommittee is compiling the facilities list. If you know of a facility, please provide A GOOD CONTACT NAME & PHONE NUMBER or EMAIL.

Email facility info to: wcna38@cprna.org

CPRCNA XXXVII

"OUR PRIMARY ACTION IS

SURRENDER"

OCEAN CITY, MD ~ APRIL 12-14, 2024

Early registration (\$30) ends at midnight on 2/12/24. After 2/12/24, registration increases to \$40!

Save Money! Register In Advance: Take advantage of early registration! Besides saving \$10, when members register and buy event tickets early, we can better plan to meet your needs at the convention.

Registration Information: Mail-in registrations must be postmarked by March 13, 2024. Online registration is available through April 5, 2024. After April 5th, only on-site registrations will be taken beginning at 10:00 AM on Friday, April 12, 2024 at the Roland E. Powell Convention Center.

OUR PRIMARY ACTION IS
SURRENDER

CPRCNAXXVI

CHESAPEAKE & POTOMAC REGIONAL CONVENTION

APRIL 12-14 • 2024 • OCEAN CITY • MARYLAND

Roland E. Powell Convention Center

4001 Coastal Highway

Ocean City, MD 21842

Register online at www.cprcna.org

Questions? Contact the Registration Subcommittee: <a href="mailto:registration@cprcna.org">registration@cprcna.org</a>

### **Living Miracles**

Note: Although this newsletter is posted online BEFORE Area Service (1st Tuesday of the month), the list is updated typically 2 or 3 days AFTER Area when we get more anniversaries. So....KEEP COMING BACK!

			37.7
Date	Name	Group	Years
2/7	Shahab	Fresh Air	21 yrs
2/8	Kyle P.	Stepping Free	13 yrs
2/8	Alex L.	Stepping Free	14 yrs
2/8	Dave D.	Crossroads	29 yrs
2/9	Tim L.	Older Toddlers	4 yrs
2/9	Diane L.	Older Toddlers	12 yrs
2/10	Debbie G.	Ladies in Recovery	37 yrs
2/10	Linda D.	The Women's Meeting	40 yrs
2/11	Alex C.	Progress in NA	5 yrs
2/12	Joe W.	Illness in Recovery	3 yrs
2/13	All About Change Group	o Anniversary	32 yrs
2/14	Mark	Wednesday Willingness	1 yr
2/16	Ellen C.	One Step at a Time	34 yrs
2/18	Mark B.	Living Proof	45 yrs
2/18	Beth C.	The Alternative	39 yrs
2/18	Dave M.	The Alternative	39 yrs
2/19	Mirieli G.	Illness in Recovery	10 yrs
2/21	Katie W.	Wednesday Willingness	4 yrs
2/23	Ryan E.	Older Toddlers	9 yrs
2/23	Francis P.	Upcounty NA	2 yrs
2/24	Teresa S.	Gut Bucket	34 yrs
2/24	Dwight S.	Gut Bucket	34 yrs
2/25	Natalie	Talking Heads	13 yrs
2/25	Bill H.	Talking Heads	38 yrs
2/25	Bill W.	Talking Heads	38 yrs
2/25	Barry R.	Today's Recovery	2 yrs
2/25	Toya G.	Progress in NA	27 yrs
2/25	Kevin F.	Progress in NA	26 yrs
2/27	Brenda E.	Carrying the Message	1 yr
2/28	Jack L.	Gentlemen's Club	7 yrs
3/2	Al G.	Share on Saturday	7 yrs
3/3	Jeff B.	Today's Recovery	1 yr
3/3	Justin M.	Alternative	3 yrs
3/3	Missy L.	Squeaky Clean	10 yrs
3/8	Jimi S.	Get Down Group	36 yrs
3/8	Brie S.	Live and Let Live	27 yrs
3/10	Tom M.	Today's Recovery	14 yrs
3/13	Bunny	Wednesday Willingness	26 yrs
3/19	Eileen S.	Carrying the Message	38 yrs
3/22	Rich M.	Live and Let Live	23 yrs
3/23	Cyndi R-W.	Good Deal Group	38 yrs
3/24	Maryana	Talking Heads	19 yrs
3/25	Perry G.	Illness in Recovery	20 yrs



"NA It Works Index"

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- - -

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Willingness - 10; 11; 17; 18; 26; 29;

36; 37; 59; 67; 82; 83



#### Service Works!

### Our Area webpage got a facelift! Check it out below!

https://www.cprna.org/our-areas/info/montgomery-area/

#### **Montgomery Area of Narcotics Anonymous**

NA Meetings located in Montgomery County Maryland

#### **Contact Montgomery Area NA**

PO Box 8214, Gaithersburg, MD 20898-8214

na-montgomery@cprna.org

#### **Montgomery Area Service Committee**

Montgomery Area Service Committee (MASC)

1st Tuesday @ 7:30 PM

Zoom ID: 876 1298 6083; Password: 749698

Click here to join the MASC

Chair: Galen T. \* Vice Chair: Tasha G. \* Secretary: Anne E.

\* Vice Secretary Kim M.: masc@cprna.org

#### **Area Subcommittee Meetings**

Hospitals & Institutions – 3rd Thursday @ 7:00 pm

Zoom ID: 876 1298 6083; Password: 749698

Click here to join H&I meeting

Chair: Jack L.: montgomeryareahandi@gmail.com

**Literature** – Email requests for orders: Chair: Danny O.: obdanny722@gmail.com

Meetings – 1st Tuesday @ 5:30 PM

Zoom ID: 876 1298 6083; Password: 749698

Click here to join Meetings meeting Chair: Al G. aguzman106@gmail.com

Newsletter - 4th Sunday @ 8 pm

Zoom ID: 876 1298 6083; Password: 749698 Click here to join Newsletter meeting Chair: Melissa M. straighthope@cprna.org

Policy - OPEN

Public Relations & Phoneline – 1st Tuesday @ 6:30 PM

Zoom ID: 876 1298 6083; Password: 749698

Click here to join PR meeting

Chair: Shelley M. na-montgomery@cprna.org

Special Events – 1st Wednesday @ 7:30 pm

Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD. Walk through the Sanctuary

and go to the back room on the left. Chair: Suzanne W. slwieber@gmail.com

Meeting Change? Email <a href="meetings@cprna.org">meetings@cprna.org</a>

#### Donations can now be sent using three methods

CashApp: \$MASCdonate, Name: MASC Treasurer Venmo: @MASCdonate, Name: Tammy K./3233 Mail: MASC, PO Box 8214, Gaithersburg, MD 20898-8214

Put your **GROUP'S NAME** on your donations!

#### **MASC** Resources

#### \* 2024 ANNUAL INVENTORY \*

MASC Google Drive **MASC Minutes Archive** 2023 MASC Policy Literature Order Form **Motion Form NA Handbooks** 

Straight Hope Newsletter Archive



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#### Find a Meeting!

Montgomery Area Meetings Page Printable Montgomery Area Meeting List All C&P Region Meetings **QR Code Meetings Flyer** 

#### SCAN QR CODE TO FIND NA MEETINGS IN THE DMV!



10





NA Meetings in Washington DC, Maryland, & Northern Virginia NA 24/7 Phoneline 1-800-561-4670

na-montgomery@cprna.org

#### **Helpful NA Information**

24/7/365 Phoneline 1-800-543-4670

**NA Events** 

CPRCNA: C&P Regional Convention FREE Online NA Literature **NA World Services** 

Questions? Email us! na-montgomery@cprna.org