



CENTRAL MARYLAND AREA NA TODAY NEWSLETTER



November 2023

Living Miracles ^{STEP} 11

Steps to Life

Group Anniversary 35yrs Nov 9th

7:00 pm

6400 Livingston Road, Oxon Hill



Lvanda H 15yrs & Joi M 5yrs

Nov 10th 7:00pm

Women Do Recover

6201 Coventry Way, Clinton



Russell M—15yrs-Nov 18th 11:30am

Men Under Construction

4417 Sherriff Rd NE, DC



Cesar B—3yrs-Nov24th 7:00 pm

Friday Nite Live

6905 Greenbelt Rd, Greenbelt



Melvin 1yr Nov 29th

STAR group

424 Main St, Laurel



George K 31yrs Nov 30th 7:00 pm

Steps to Life

6400 Livingston Road, Oxon Hill



This Step asks me to quiet my mind and listen.

Through sitting still and quieting my busy mind I'm more aware of what God's will for me is

When asked to write a short piece about the 11th Step I did what every good addict would do. First I procrastinated, next I way overthought what I "should" say and then...after a long pause...I said a prayer and asked God to speak through me.

This Step asks me to quiet my mind and listen. My mind, like most, thinks a thousand thoughts in the blink of an eye. As a recovering addict I've laid a foundation for my journey which consists of surrender, open mindedness and willingness. Over time and through stepwork I have the opportunity to meet myself (as I continue my journey through the Steps). By the time I work my way to the 11th Step I've gained insight into who I am and what I need to live life as an addict in recovery, free from active addiction...a life filled with peace and joy.

Through sitting still and quieting my busy mind I'm more aware of what God's will for me is----doing the next right thing for the next right reason. For me, sitting quietly (in prayer and meditation) and focusing on my breathing, helps me center and allows me the ability to listen and feel. Some days are easier than others. There are days when I'm gently aware of HP's will for me and I have a connection and a knowing of how to follow spiritual direction. It's a daily practice of taking time to sit still and meditate (or partake in a rhythmic activity like walking or swimming). This special time in one's day allows a focus time for seeking the conscious contact talked about in the 11th step..

Anonymous

November, 2023

TRADITION Eleven

"Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."

Eleventh Concept

NA funds are to be used to further our primary purpose, and must be managed responsibly.

NA members around the world contribute money to help our fellowship fulfill its primary purpose. It is incumbent upon every element of our service structure to use those funds to carry the NA recovery message as far as possible. To do that, our service bodies must manage those funds responsibly, accounting fully and accurately for its use to those who have provided it.

Service Works!

GSRS & Chairs:

Central Area Service

ASC Meets 1st Wednesdays 7-8pm

Church, 6905 Greenbelt Rd, Greenbelt

NOTE: On-line ASC meetings were originally a pandemic response. For those that can't attend in person:



Coming soon!



South Potomac Area Special

Events Presents

Our Annual Mini Convention

"As Long as We Have Each Other and NA"

Guiding Principles, 7th Tradition pg. 118



November 18, 2023
Speaker Line-up; Noon-7:00

Main Speaker
Cleantime Countdown
Dance: 9:00- Midnight



FUNDRAISER

DANCE DONATION, \$10 IN ADVANCE

\$15 AT THE DOOR

Hensen Valley Christian Church

1900 Tucker Road

Fort Washington, MD 20744



FOOD FOR SALE - FUN - FELLOWSHIP-RAFFLES

Any questions contact:

Paris A, Chairperson @ 301-756-6085

or Paul M @ 240-645-2255



C&P Region H&I

Training Lunch



HOSTED BY NORVANA H&I

HYBRID - ZOOM ID# 833 1172 3123 PASSCODE 121212

Arlington Assembly of God
4501 N. Pershing Dr. Arlington VA

"NA Service teaches us to interact with others in environments that are sometimes stressful and to remain loving and open even as we stand our ground"
Living Clean, PG 19

CONTACT H&I CHAIR MEL F. 202.594.4006 OR CO-CHAIR RICHARD B. 703.906.5404

1-6 PM
SATURDAY
NOV
11th

AGAINST

All

ODDS

FSRC NA 29
NOVEMBER 21-26 2023
BALTIMORE, MARYLAND



Food, Fun & Fellowship



Jump Start To Recovery

PRESENTS

Walking Miracles Speakers Jam

11:00 AM - 8:00 PM

Saturday, November 18th, 2023
at

Emmanuel Baptist Church
2409 Ainger Place, SE
Washington, DC 20020

CONTACTS:

SHERMAN H. (202) 246-3830

MARVIN M. (301) 828-0894

JOHN D. (202) 431-8353



Jump Start To Recovery Group

SEASON FINALE

Recovery Show/ Dance



Sunday, November 19, 2023

5pm to 9pm

St. Frances Xavier Catholic School

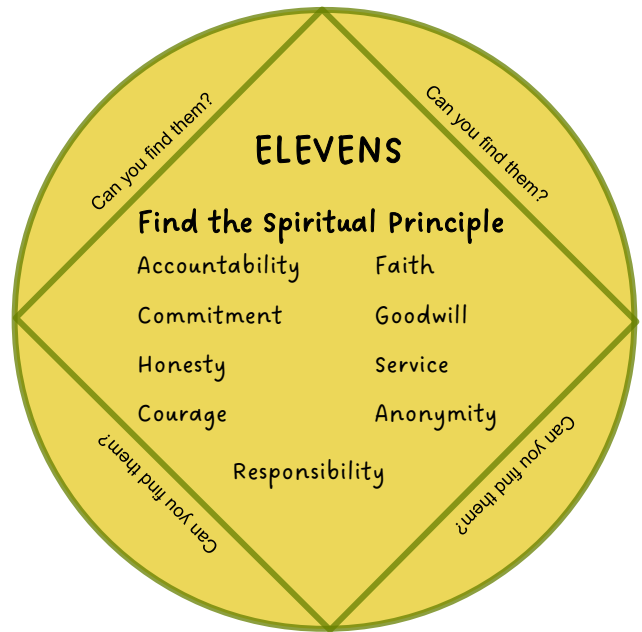
2815 O Street SE, Washington DC 20020

Tickets \$15 + DJ PUMPIN ARCHIE
FOOD FUN FELLOWSHIP \$10 Children

Newcomers 90 days & under and Treatment Facilities

Tickets Contacts:

Sherman H 202-246-3830, John D 202 431-8353,
Deborah W 202 350 7140, David B 202 446 8412



I	S	E	G	A	R	U	O	C	M	G	N	U	R	B
H	O	I	S	T	I	L	O	D	A	T	S	O	B	T
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I	R	O	E	N	O	E	C	T	B	D	C	W	Y	U
M	E	I	A	H	T	I	A	F	C	O	E	V	V	N
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F	P	C	T	O	A	O	D	Y	T	E	T	E	N	A
R	O	R	H	T	I	U	O	O	S	E	I	H	I	B
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C	S	S	N	A	A	I	G	O	O	D	W	I	L	L
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I	Y	O	P	I	I	S	S	I	T	A	T	O	L	

NORVANA SPECIAL EVENTS 

THANKSGIVING MARATHON

NOVEMBER 23 • 10:00 AM - 6:00 PM

MEETINGS EVERY HOUR • REFRESHMENTS SERVED

HYBRID EVENT - IN PERSON & ONLINE

IN PERSON: BUSH HILL PRESBYTERIAN CHURCH,
4916 FRANCONIA RD, ALEXANDRIA, VA 22310
(ENTER THROUGH SIDE DOOR)

ONLINE: ZOOM ID: 834 5204 9191 - PASSCODE: NSE

QUESTIONS OR TO VOLUNTEER: LOUIS T. 703.625.8317

NA Today

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But Wait.... There's More...

11 November
11 am -12:30 pm PST
(19:00-20:30 GMT)

NAWS

“New Meeting Finder” Informational Meeting



A walkthrough of the new approach and explanation of what is needed from regions/areas regarding changes to the NAWS meeting locator (switch from an interface that lists meetings to one that lists local websites and phonelines).

Spanish and Portuguese translation provided.

Contact nick@na.org if you require other interpretation.

Passcode: 1953

Meeting ID: 827 1145 8381



Ask a
Dinosaur

Coming soon..

Things you never realized you always wanted to know about Service Work in NA.

An experienced member will share a random lesser known Service fact (easter egg) every month

