



# CENTRAL MARYLAND AREA NA TODAY NEWSLETTER



SEPTEMBER 2023

## Living Miracles

## STEP 9

## A New Plateau of Freedom

Noah S—2yrs-Sept 9th-7:00pm

Art Meeting

2100 Westchester Ave, Catonsville



Stephanie E—14yrs-Sept 12th -7:00 pm

Women's Living Clean the Journey  
Continues

Zoom: 876 8758 1084—Passcode: 766458



Danica G—2yrs-Sept 20th-8:30 pm

Conscious Contact

5312 Connecticut Ave NW, DC



Scotty P—30yrs-Sept 23rd-7:00 pm

HOW group

106 St. Mary's Place, Laurel



Mel B—15yrs-Sept 27th-11:00 am

Starting Over @ Serenity Center

8650 Basket Ring Rd, Columbia



Michelle Y-Oct 3rd -7:00 pm

Living a Dream

1905 Edmondson, Catonsville

Off Frederick Road



Judy O—27yrs-Oct 17th -7:00 pm

Women's Living Clean the Journey  
Continues

Zoom: 876 8758 1084—Passcode: 766458



Tony B—35yrs-Oct 18th -7:00 pm

Friday Nite Live

6905 Greenbelt Rd, Greenbelt



Janice H—23yrs-Oct 31st -7:00 pm

Women's Living Clean the Journey  
Continues

Zoom: 876 8758 1084—Passcode: 766458



*"We made direct amends to such people wherever possible, except when to do so would injure them or others."*  
Step 9, NA Basic Text.

In my experience. The Ninth Step has added posture and stability to my life.

By working on the pain that I have caused and the harm that I have done to myself and society, I have come to enjoy and appreciate the gifts of dignity and respect. The freedom of forgiveness and the willingness to be willing has "grown me up" to accept and be responsible for the part in each hurt that I have caused.

Timing and discretion are so essential as is counsel with a sponsor.

Getting past the victim piece was vital for me also, for I was a chronic blamer. Step 9 is not about "the blame game."

I never thought that paying the IRS \$100 per month for three years would be so helpful in learning discipline and responsibility.

My children and other family members are very pleased with me now--all of whom saw the destruction of my disease. I am so thankful for the life-long process of the Ninth Step in my life. Here is where the fruit of our message comes to life; here is where a promise is fulfilled. Most importantly is that I not cause any new harm; however, being human it's going to happen. Thank God for Step 10 to deal with those new wrongs.

Practicing the principles of Step Nine have brought me to a new plateau of freedom, and for that I am truly grateful!

Anonymous

September, 2023

### TRADITION NINE

"NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve."

### Ninth Concept

*All elements of our service structure have the responsibility to carefully consider all viewpoints in their decision-making processes.*

To check judgment, to guard against hasty or misinformed decisions, and to invite the sharing of new ideas, our services must consider all viewpoints when making plans. This is essential to the development of a fair, wise, balanced group conscience.





Wednesdays

7:00 p.m.

Trinity United Methodist Church  
2100 Westchester Ave.  
Catonsville, MD 21228

# THE ART MEE TING

## MEETING FORMAT:

7:00 p.m.-Opening readings  
7:05-7:15- NA approved literature reading  
7:15-7:40- Creative doing  
7:40-7:55- Open shares  
7:55-8:00 Closing

"Creative doing"

Any creative activity you feel helps your recovery.  
Examples: Drawing, writing, reading, painting etc.

Bring your own supplies for creative portion of meeting

Coffee provided

**ALL ARE WELCOME**

Contact:

artmeeting21228@gmail.com

**OLD TIMERS DAY**  
SEPTEMBER 16, 2023  
12 PM - 8 PM



## ROOM 1 TIME TOPIC

12:00	WHY WE STAY?
1:00	SIMPLICITY IS THE KEY
2:00	DIVERSITY IS OUR STRENGTH
3:00	SHARING OUR STRENGTH
4:00	SURGERY OF THE SPIRIT
5:00	STEPS 1-3 - 4-6
6:00	STEPS 7-9 - 10-12
7:00	HOW

## ROOM 2 TIME TOPIC

2:00	WHEN THE END IS ONLY THE BEGINNING
3:00	LIVING THE PROGRAM
4:00	THE MESSAGE IS HOPE
5:00	DR JEKYLL AND MR HYDE
6:00	WHEN AT THE END OF THE ROAD
7:00	COMPLETE SURRENDER

Grace Church  
116 W 41st Street  
Wilmington, DE 19802



DULLES CORRIDOR AREA

## THE COMMON THREAD • CAMPOUT •

\$25/Person Weekend Camping  
\$16/Child Weekend Camping  
\$15 Day Pass

SEPTEMBER 22-24 2023

## The Treehouse Camp

MAPLE TREE CAMPGROUND

Lindsey J. (703) 728-1851 special.events@dcana.org

20716 Townsend Road  
Rohrersville, Maryland 21779  
Campground Phone: (301) 432-5585  
Website: <https://www.thetreehousecamp.com>

WWW.DCANA.ORG

# NA Today



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O	E	E	R	H	U	M	I	L	I	T	Y	F	S
P	F	S	P	Y	N	D	I	E	P	N	N	O	E
E	C	N	E	I	T	A	P	N	I	I	O	R	L
N	M	S	E	L	C	E	D	T	V	E	E	G	F
M	D	I	E	E	N	H	F	O	A	C	D	I	L
I	P	R	U	D	E	N	C	E	A	D	D	V	E
N	N	F	Y	V	I	S	I	N	N	E	E	E	S
D	S	I	D	E	M	L	E	N	O	C	Y	N	S
E	Y	D	E	E	O	D	S	P	N	I	N	E	N
D	E	E	S	A	E	T	I	L	Y	V	D	S	E
N	U	L	E	P	V	F	T	E	M	R	S	S	S
E	E	I	M	Y	O	O	S	E	I	E	E	R	S
S	Y	T	O	E	L	E	S	E	T	S	E	N	F
S	O	Y	Y	D	E	S	O	I	Y	E	O	L	E


Find the Spiritual Principle

Anonymity	Love
Humility	Patience
Forgiveness	Open Mindedness
Selflessness	Service

A River of Hope XVII



Tri-County Area Unity Retreat  
Sept. 29 – Oct. 1, 2023  
Nanjemoy, MD

Never  Alone

<https://www.tcaur.org/>


A River of Hope XVII  
September 29– October 1  
**Lions Camp Merrick**  
3650 Rick Hamilton Place

**Service Works!**  
GSRS & Chairs:  
**Central Area Service**

ASC Meets 1st Wednesdays 7-8pm  
Church, 6905 Greenbelt Rd, Greenbelt

**NOTE: On-line ASC meetings were originally a pandemic response. For those that can't attend in person:**

Online: [zoom.us/j/83624520975](https://zoom.us/j/83624520975) PC: 353938

**CPCNA XXXVII**  
**"Our Primary Action is Surrender"**  
**April 12-14, 2024**  
**Ocean City, MD**

The CPCNA XXXVII Program Subcommittee is in search of Workshop and Main Speakers

Please submit CDs or MP3s by mail or email to the address below by October 24, 2023

CPCNA XXXVII  
PO Box 5245  
Capital Heights, MD 20791  
or  
Email: [Program@cpcna.org](mailto:Program@cpcna.org)

**Speaker Criteria:**  
Must have a clear NA Message  
Main Speaker - 8 Years  
Workshop Speaker - 5 Years

All submissions must include speaker contact information.

\*Submissions will not be returned\*



# 21 OCTOBER

# TRUNK OR TREAT

## 430-530PM

@ SAVAGE UNITED  
METHODIST CHURCH

**COSTUME PARTY**  
**6-9PM**  
(COSTUMES "OPTIONAL")

**Tickets**  
**\$10**

\*kids under 5  
free\*



Pizza &  
Halloween  
Snack

costume  
contest

Games &  
Prizes

50/50  
Raffle

Presented by Central MD Special Events | For tickets and more info contact Darlene (301) 789-3523

