



CENTRAL MARYLAND AREA NA TODAY NEWSLETTER



JULY 2023

Living Miracles

Roy W 7/04 3yrs All About Change

Constance B 15yrs, 7/08, 8pm, Tracks to Recovery, 8610 Railroad Ave, Bowie

Kim C 35yrs 7/10 It Works, How & Why

Betty 7/10, (40yrs) & Pauline (41yrs), It Works, How & Why

Charlene W, 7/13, 39yrs Gateway to Recovery

Jamilah M, 7/13, 30yrs, Steps to Life, (IN PERSON) 7pm, 6400 Livingston/Bock Rd

Janice B & Richardean F (30yrs each), 7/14 Women Do Recover

Kennon R 6yrs, Demetric (9yrs) 7/24, It Works How & Why



TRANSFORMING:

Fear & Insecurity to Faith & Joy

"We humbly asked Him to remove all these defects of character."
Step 7, NA Basic Text.

I was excited to be working this Step. The idea that I had the opportunity to address that fearful boy I had inside and help him grow up to be a man. To release the grip of the self-centered fear that has dogged me all my life was enticing. I wanted to be a kind and loving person, but I had been scared.

I allowed fear to control my life. I had always been afraid that I was going to lose something I already had, or not get what I want, or that you wouldn't like me if you knew who I really was. So I had to play the game and wear the mask. Self-centered fear is what turned on those defects of character.

Well, Humility is the key to this step. It was about making a change in my attitude with humility as my guide.

I didn't know much about humility. In fact today when I hear that word I feel I have to pull out the dictionary, or Google it. Humility is the quality of being humble having a modest opinion of one's own importance. In other words, "Tony, the universe doesn't revolve around you." Until I took the 7th Step, I never attempted to put my Higher Power first, or put others first before me. My life had been about my wants and desires.

I remember an old timer sharing in a meeting on this step, and he talked about how he came to God butt naked on his knees asking God with complete earnestness to remove his shortcomings. This was a very emotional approach and I know he felt that God removed them until later he professed they flared up again and caused him some problems.

I have found myself many times going to God for a specific malady I want cured, something I don't want to continue to do or practice. I get down on my knees asking God to relieve me of certain defects. It didn't happen as I wanted, and in fact I wanted God to do it in a way that it would not be painful, or I wouldn't have to suffer consequences as a result of my actions. Well, my Higher Power has been as merciful to me in recovery as he was to me before I got here. I have fallen short often with shortcomings, some that I can't describe in this writing, but I can certainly tell you, as in my addiction I could have lost my freedom or my life, and have jeopardized my family. My Higher Power still showed mercy on me and allowed me the opportunity to work through this and clean up the wreckage I caused. There have been times when it's been nothing but pain -- the kind that brings you to your knees -- that has helped me surrender and ask for God to remove that shortcoming.

I hear it said in meetings, the bill is in the mail. Maybe the bill is in the mail, but I choose to trust that my Higher Power is still merciful and has bestowed grace on me even to this day.

I tried to think back to where I was emotionally, mentally and spiritually when I originally did this step. I suspect I was still fighting trying to wrestle satisfaction out of this world. I can tell you just for today my soul is at ease I have a peace that I never thought possible before, I have a new freedom and I am a reasonably happy man.

I have assets that I am proud of today. I am proud that I deeply care about my fellow man, and that I have a lot of love in my heart, I strive to be honest, fair and forgiving. The defects I have suffered from have truly been turning to assets. If you are at this step you are more than half way through. You should have found a new freedom and some peace. Today I am a reasonably happy man as a result of NA. May the grace of God be with you.

TICKETS: \$8.00 (IN ADVANCE) \$10.00 @ THE GATE

FREDERICK AREA OF NARCOTICS ANONYMOUS

37th Annual

BRING A NEWCOMER

Dope Fiend Olympics

GAMES & FOOD

July 29, 2023 @ 10am til Dusk
8350 Pinecliff Park Rd
Frederick MD 21704

Cost: \$8.00 (in advance) \$10.00 @ the GATE

FOR TICKET INFO CONTACT:
JESSICA 301-573-1390
AARONE 240-527-7534

NA logo

Service Works!

GSRS & Chairs:
Central Area Service
ASC Meets 1st Wednesdays 7-8pm
Church, 6905 Greenbelt Rd,
Greenbelt

NOTE: On-line ASC meetings were originally a pandemic response. For those that can't attend in person:
Online: zoom.us/j/83624520975
PC: 353938

HOSTED BY EORA SPECIAL EVENTS COMMITTEE OF CPRC

UNITY

SPEAKER JAM FUNDRAISER

PATSY V. HARTSFIELD COMMUNITY CENTER
2026 MARYLAND AVENUE NE DC 20002

HANDICAP ACCESSIBLE & STREET PARKING

FUN & FELLOWSHIP

FOOD FOR SALE

TREATMENT FACILITIES & NEW COMERS WELCOME

CONTACTS:
Sister Gloria J 202.425.7585
Jan H 202.517.4932

SATURDAY JULY 22 10AM-9PM

COME ONE-COME ALL!!
3RD YEAR CELEBRATION

WOMEN WITH A PURPOSE GROUP

DOPE TO HOPE SPEAKERS JAM!!!

Saturday, July 22, 2023
9:00 a.m. to 2:00 p.m.

ZOOM PLATFORM
ID: 979-1044-9558
NO PASSWORD

Montgomery Area Special Events Presents:

MEETING ON THE MOUNTAIN!

SATURDAY JULY 15, 2023

SUGARLOAF MOUNTAIN

7901 COMUS RD, DICKERSON, MD

MEETING AT 3:00 PM

BRIAN WILL LEAD A GROUP FROM THE TOP PARKING LOT UP TO THE SUMMIT AT 2:00 PM!

- FROM THE WASHINGTON-BETHESDA-ROCKVILLE AREA: TAKE I-270 NORTH TO ROUTE 28 WEST OF ROCKVILLE TO DICKERSON, THEN AFTER PASSING UNDER THE RAILROAD BRIDGE, TURN RIGHT ON MT. EPHRAIM ROAD AND GO 2.5 MILES TO SUGARLOAF MOUNTAIN ENTRANCE.
- FROM FREDERICK - FOLLOW ROUTE I-270 SOUTH TO THE HYATTSTOWN EXIT, FOLLOW ROUTE I09 TO COMUS, THEN RIGHT ON COMUS ROAD TO THE SUGARLOAF MOUNTAIN ENTRANCE.

DONATIONS ACCEPTED THROUGH:
VENMO (@NATALIE-GITELMAN) AND CASH APP (\$SPECIALEVENTS007)

FOR INFORMATION CONTACT:
BRIAN L. 240 665-2277 OR SUZANNE K. 240 793-1799

Jump Start To Recovery Group Presents
PRE-HOLIDAY EVENT - COMEDY SHOW & DANCE

Red White & Blue Affair

Monday July 3 2023

Time: 7:00 - 11:00 pm
Tickets \$10 Advance
\$15 @ door

St. Frances Xavier Catholic School
2815 O Street SE,
Washington DC
20020

\$5 Treatment Facility & Newcomers
90 Day's & under

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Marvin M 301 828 0894 Sylvia 202 350 7140

NA Today

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