

South Potomac

# NEWSLETTER

June 2023

GOD, grant us knowledge that we may write according to Your Divine precepts. Instill in us a sense of Your purpose. Make us servants of Your will and grant us a bond of selflessness, that this may truly be Your work, not ours-in order that no addict anywhere need die from the horrors of addiction



We were entirely ready to have God remove all these defects of character

South Potomac \_\_\_\_\_

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June 2023

## Anniversaries

Rita L.

will be celebrating 26  
years

at

Sunday Afternoon  
Group

South Potomac NA  
Meeting

June 4th 2023

1:00pm-2:30pm est

ID: 2029992020

PW: hope



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these defects of character

# "I Earned My Seat ..."

My name is Joe, I am an addict. That should sum up enough of the story for the purpose of this message. My home area is the South Potomac Area. My home group is Monday night steps, which currently meets virtually every Monday night at 7:30pm. The feelings, dishonesty, guilt and desperation I went through to earn a seat in Narcotics Anonymous are much like yours, if your reading this, I can only assume.

The N.A. program, my sponsor, and the God of my understanding have helped me to not stay too long in the first step of the disease and move into the succeeding eleven. Moving into the solution, or better yet seeing myself coming before a real problem even occurs today, is my gauge of how I am progressing in my program. Though the first step is always evolving in my life, my powerlessness over the disease is still always at the forefront.

My clean date is April 5, 2017, I have a sponsor who has a sponsor, I am in service, I work and try to live our steps and I continue to have a growing relationship with God as I understand God. When I was brand new I could not really wrap my head around the notion that, what I believed got me here, the drugs, were really just a small part of the real problem. As I keep coming back and journey through step work I am getting a better understanding every day of the whole picture, the disease of addiction. Since beginning this process, I have been overall much happier and fulfilled. The acceptance, humility, honesty, and willingness I touched on in the first step have actively began to change my life.

## "I Earned My Seat ..."

Today I believe the most noticeable gift aside I can better allow others to be wrong, I don't always have to be right, and I don't have to fix everything and everybody. The ability to take input or "pull-ups" from others has swung wide open. My relationships are improving on all levels, with others, myself and the God of my understanding. Today I can look at what I've been through, where I am now and where I want to be and truly have hope and evidence that if I continue this process, trust the God of my understanding and hone the basics, all will be well.

What brought me here 6 years and some change ago and what keeps me here today are both different and alike. I have no desire to return to the slavery of active addiction, there are many obstacles that have been put in place between me and a drug. However, I have no illusion that I got this or that I am well.

What keeps me here today is the small "service fee" to maintain this amazing life I have today. I pay by attending meetings regularly, staying in a posture of service and making myself available to the still suffering addict. Also, by continuing my journey in living our steps, principles, and traditions, I keep getting better one day at a time. I have a genuine concern for others. I am able to be a loving father, and understanding ear to a friend. This is the most amazing program I have known and for this addict, who thought he knew absolutely everything, I am definitely going to keep coming back.

## **“Sponsorship: The Sponsor for Me”**

Since coming to the South Potomac area November 30th 2019, which is my clean date, I haven't found it necessary to use. I met my Sponsor immediately by following simple directions to get a Sponsor. He has been my Sponsor every since. My Sponsor and I have developed a very good relationship.

My Sponsor believes in doing step work. I am currently working on step six, where I'm learning about my character defects. I trust my sponsor wholeheartedly in his guiding me throughout my step work. With the right Sponsor, who I found in mine, to be a very easy going person. However, he will let me know when I am doing something wrong.

My Sponsor is a good fit for me. He cares about doing things the right way when it comes to the NA process. I enjoy having him as a sponsor. We speak with each other just about every day. He knows the NA literature very well and I can always ask him about the NA literature .

I am going on four years clean and I am learning a lot in this process. I am grateful to the NA process and the women and men in the South Potomac area. Peace and blessings to all.

**Parris.**