
VOLUME 66

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STRAIGHT HOPE

News Letter from the Montgomery Area of Narcotics Anonymous



 Step 8

My Experience

The first thing my sponsor asked me to do before actually writing the list was to READ THE STEP out loud: We made a list of all PERSONS we had harmed, and became willing to make amend to them all. The key was PERSONS, not institutions, like banks, IRS, etc. I had to face myself and in my mind, face PERSONS I had harmed. The harm could have been physical, emotional, sexual, neglect...

making financial amends to institutions came later on in my recovery. when I had to deal with my guilt and started to become the responsible and productive member of my society. Then I started to repair my credit by paying my debts and facing the reality and the wreckage of my past.

There were people on my list that I could never see face to face, they are either dead or I am unable to reach them. staying clean and

 Tradition 8

Tradition Eight

Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers. We have no 12-step program professionals, no staff psychiatrists, psychologists, doctors, lawyers, or counselors. The power of recovery is based on one addict helping another and the fact that we can do together what none of us were able to do alone. I need to remind myself of this fact being a mental health nurse and a college professor. When I received my PhD with a focus on humor and addiction, my N.A. friends lovingly referred to me as Dr. Dope Fiend. Truth is I'm just one drink or drug from a living hell. There are plenty of us professionals that have problems with substances and find help in 12 Step programs. Addiction does not discriminate between education levels, professions or economic status and just laughs at how much we think we know. Tradition 8 commits to all members being non-professional as equal members and freely giving to each other. Members don't need any degrees, certificates, or special coursework to carry the message of recovery, only our experience, strength, and hope. Our stories are our training, and our recovery highlights our success. Members should never be singled out as

having special knowledge of recovery because of their profession or having any expertise other than one member helping another.

Credit: Ben C.



Events

Celebrations:

Mon 8/1 7:00PM Zach 2 yrs. Illness in Recovery (In Person)Millian Memorial UMC, 13016 Parkland Dr, Rockville, MD, 20853

Sun 8/7 7:00PM Daphne G. 4 yrs. Alternative ZOOM 114114644 pw 016821

Wed 8/10 7:30PM Brian S. 1 year Peoples Recovery (Hybrid) ZOOM 878 0419 2075 pw 659058 / The Episcopal Church of the Transfiguration, 13925 New Hampshire Avenue, Silver Spring, MD, 20904

Fri 8/12 7:00PM John Boy 26 yrs. Older Toddlers (Hybrid) ZOOM 903 443 801 pw Recovery12 / Christ Episcopal Church 4001 Franklin Street, Kensington, MD 20895

Tue 8/16 Paige L. 30 yrs. All About Change (Hybrid) ZOOM 891 7594 3140 pw 904427 / Seneca Creek Community Church 13 Firstfield Rd, Gaithersburg MD 20878 (please use front entrance)

Fri 8/19 8:30PM Mike F. 18 yrs. Get Down ZOOM 86570165126 pw getdown

Sun 8/21 7:30PM Birdie N. 6 yrs. & Bill E. 32 yrs. Alternative ZOOM 114114644 pw 016821

Mon 8/22 7:00PM Patrick M. 1 Year Illness in Recovery (In Person)Millian Memorial UMC, 13016 Parkland Dr, Rockville, MD, 20853

Tue 8/23 6:30PM Bob J. 35 yrs. Life on Lifes Terms (Hybrid) ZOOM 812 9257 4584 pw 862738 / The Episcopal Church of the Transfiguration, 13925 New Hampshire Avenue, Silver Spring, MD, 20904

Fri 8/26 7:00PM Jim W. 16 yrs. Older Toddlers (Hybrid) ZOOM 903 443 801 pw Recovery12 / Christ Episcopal Church 4001 Franklin Street, Kensington, MD 20895

Meeting Announcements:

The Making a Difference NA meeting is going Hybrid !!! Starting Thursday November 3rd at the Silver Spring Christian Reformed Church 1501 Arcola Ave (intersection of Arcola Ave. & Kemp Mill Road) in Silver Spring, MD. 20902. ZOOM info remains the same (ZOOM 520 984 331 p/w 123456) .The home group is looking for trusted servants to help with transition to hybrid and as always welcomes new home group members.

****New Meeting**** Sunday 6:00 pm Topic of Cancer Zoom ID: 817 1770 9889 P/W 438560 . Topic of Cancer is an NA meeting above all. It has been started for people who are also dealing with cancer. While cancer in recovery is the focus, it is still an open NA meeting and all are