
VOLUME 63

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STRAIGHT HOPE

Newsletter from the Montgomery Area of Narcotics Anonymous



***Letter from the Editor: Hi fellow people in recovery! Spring is here and summer is right around the corner around! Something that's been so instrumental to keeping me connected in my recovery is service! What better way to do service than get involved with the newsletter. If you would like to write an article or contribute in anyway please contact us at straighthope@cprna.org Each day we are clean, we have an opportunity! An opportunity to learn, to grow and become the best version of ourselves. Always be kind to a stranger, do something good in this world and remember where we came from! I always tell myself... I'm only one bad decision away from repeating the past! Let me be the first to tell you today, I love you and keep being amazing!

Step 5

Step Five, My Experience...

I did my first fifth step with a Catholic priest at a rehab in Minnesota. I thought I was going to confession. I only had four weeks clean, and that was in 1981. Since then, I have done many fifth steps.

I realized today that has nothing to do with any kind of confession or letting loose of the past but more about becoming aware of my character defects and how they affect me in my everyday life. I just came to realize it was not a big confession so there is no shame or anything. I felt really good about moving forward. After learning about these defects, I was ready to tackle the sixth step.

Submitted by: Anonymous

Tradition 5

Sharing at meetings is a beautiful way of communicating with others what we are experiencing, both joys and troubles and our need for support. We get to know and respect each other as partners in our efforts to recover. We can help each other do something none of us could do very well on our own- recover from our addiction. It is important that everyone feels welcome and accepted at meetings, even if you don't seem to like someone. You don't have to like everyone. My sponsor told me if you like everyone in meetings, you're not going to enough meetings. True, we don't have to like everyone, but we do get to love everyone as a fellow member who is trying to recover. We must remember that sharing at meetings is not a competitive sport. Some members might be dynamic speakers, and some might really enjoy hearing themselves talk. The principle of anonymity places us all as equals and everyone has equal value. Sharing the time on the clock might also be a concern. Dominating a group might not allow someone to share that might need to talk. You never know who might say something at a meeting that could save your life. Sharing from the heart reaches the heart of others more than dramatic stories.



credit: Ben C.

Celebrations!

Fri 4/29 7:00PM Dell E. 35Yrs. Steve E. 27Yrs. Baker's Dozen (In-person Florida) 156 Florida Park Drive N, Palm Coast, FL, 32137

Sat 4/30 7:30PM Phil C. 2 yrs. Fresh Start (Hybrid) Zoom 480 806 6074 pw takemywill / Prince of Peace Lutheran Church, 11900 Darnestown Rd, Gaithersburg, MD, 20878

Sun 5/1 6:00PM Kabir 11Yrs. and John B. 30 Yrs. Talking Heads ZOOM 816 0616 8822 pw recovery12

Sun 5/1 11:00AM Becky B. 19 yrs. Starting Over Serenity Center (hybrid) ZOOM 402 843 751 no passcode / Serenity Center, 8650 Basket Ring Rd, Columbia, MD, 21045

Sat 5/14 7:00PM Sean C. 22 yrs. Good Deal ZOOM 769 038 042 pw 8675309

Sun 5/15 8:00AM Evan W. 32 yrs. Squeaky Clean (Hybrid) ZOOM 617 673 8102 No Passcode / AISH Learning Center, 11418 Old Georgetown Rd, Rockville, MD, 20852

Sun 5/15 10:00AM Charlie K. 34 yrs. Breakfast Club ZOOM 878 4829 2214 pw 4912Donuts

Sat 5/21 11:00AM to 6:00PM Day of the Dinosaur Christ Church Parish 830 Roanoke Rd. Stevensville MD

Sun 5/22 10:00AM Maxine K. 34 yrs. Breakfast Club ZOOM 878 4829 2214 pw 4912Donuts

Wed 5/25 7:00PM Robert F. 26 yrs. Fresh Air 843 9336 4207 pw NAWed7

Thur 6/2 8:00PM Todd S. 35 yrs. Making a Difference ZOOM

Sun 6/26 6:00PM Peter M. and Beth S. 17 yrs. Talking Heads ZOOM 816 0616 8822 pw recovery12

Meeting Announcements

Steps to Freedom meeting of NA meets Monday nights at 7:30 – we work steps for 20 mins in the meeting and then share. ZOOM 859 4843 0435 pw 842655

****New Meeting**** Sunday 6:00 pm Topic of Cancer Zoom ID: 817 1770 9889 P/W 438560 . Topic of Cancer is an NA meeting above all. It has been started for people who are also dealing with cancer. While cancer in recovery is the focus, it is still an open NA meeting and all are welcome.