

Unity Weekend Example Schedule

FRIDAY	
3:00 PM	Check-in begins
6:00-7:00 PM	Dinner
7:30-8:30 PM	Welcome Meeting
SATURDAY	
7:30-8:30 AM	Early Bird Just for Today Meeting
8:30-9:30 AM	Breakfast
9:30-10:00 AM	Welcome/Ice Breaker Activity
10:00-11:00 AM	Meeting
12:00-1:00 PM	Lunch
1:30-2:45 PM	Discussion Topic Workshop
3:00-4:00 PM	Your Choice: Recovery Craft or Nature Walk
4:30-5:30 PM	Speaker Meeting
6:00-7:00 PM	Dinner
8:00-9:30 PM	Bonfire Meeting: "S'more Will be Revealed"
SUNDAY	
7:30-8:30 AM	Early Bird Just for Today Meeting
8:30-9:30 AM	Breakfast
10:00-11:00 AM	Gratitude Meeting
11:00 AM-12:00 PM	Clean up and go home!