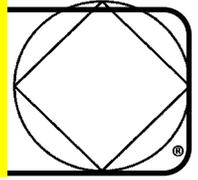


CENTRAL MARYLAND AREA OF NARCOTICS ANONYMOUS
NA 7 TIMES NEWSLETTER



Living Miracles

- Michelle N 02/05 35 yrs Just For Today @ Noon, 4318 Hamilton Avenue, Hyattsville, MD
- Jamie 02/09, 5 yrs, Clean on the Screen, ID#73973869929, PW clean, 7pm
- John C 02/10 29 yrs (Not Celebrating. Congratulations!)
- Bobbie I 02/12 29 yrs Ladies in Recovery group, #803826655, No PW, Saturdays, 10am
- Thadeus M, 02/12/22, 27 years, 818 Miracles Group, 7pm MID#7311 4984 304, PW 818
- Kim S, 02/19 9 yrs, Ladies in Recovery group, #803826655, No PW, Saturdays, 10am
- Teresa S and Dwight S, 02/26/22, 32 years, Gut Bucket MID#9734663601, PW 87511
- Lisa P 02/25 33 yrs, Friday Night Reach Out (candlelight), #333 844 244, 7pm

Service Works!

AREA & REGIONAL SERVICE

Central ASC Online: First Wednesdays, at 7pm, <https://us02web.zoom.us/j/84295112293>

Central Area ASC Chair: Tony B

Area Vice Chair: Rebecca M

Area Secretary: Matt J

Area Treasurer: Mike N

CPRNA BOD, Central Area Board Mbr: Miranda G.

CPRNA Reg BOD Chair: Sonia J

NA TODAY NEWSLETTER

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Step

2 Faith in Higher Power allows Addicts "let go of the Wheel"

February 2022

Step Two: *"We came to believe that a power greater than us could restore us to sanity."* Narcotics Anonymous, Basic Text

The NA Basic Text tells us that the purpose of the second step is to fill the void left in us by Step One, (and by our adolescence, ha-ha!) We often hear the first three steps broken down into the catchy phrase, "I can't, He can, so I'll let Him." While we're not always thrilled by specific pronouns or an implied Deity, in relation to our understanding of a higher power; let's put semantics aside. Step one talks about surrender, "I can't"; Step Two talks about hope, and an assumption of willingness, "My Higher Power can."

From the Basic Text, Step Two:

"Some of us didn't take (Step 2) seriously at first; we passed over it with a minimum of concern, only to find that the next steps would not work until we worked Step Two. Even when we admitted that we needed help with our drug problem, many of us would not admit to the need for faith and sanity. (From Basic Text, Step Two, some punctuation added in accordance with NAT editorial policy.)

We have a disease: progressive, incurable and fatal. One way or another we went out and bought our self-destruction on the time payment plan! All of us, from the "junkie" snatching purses to the sweet little old lady hitting up two or three doctors for legal prescriptions, have one thing in common: We seek our own destruction a bag at a time, a few pills at a time, or one bottle at a time until we die. This is at least part of the insanity. The price may seem higher for the addict who "prostitutes" for a fix than for the addict who merely lies to a doctor. Ultimately, both pay for their disease with their lives. Insanity is repeating the same mistakes and expecting different results."

When I start to notice the old insanity and unmanageability creeping back into my life, I think of the first step, "The first thing we do is stop, then we give ourselves the privilege of thinking." I aim to surrender and tap into the possibility that my higher power can restore my sanity, with an open mind and an open heart. At that point I'm ready to turn it all the way over, using my Second Step practice. The process is so simple that I sometimes miss it. "I can't, God can, so I'll let God."

"The process of coming to believe is similar for most addicts. Most of us lacked a working relationship with a Higher Power. We begin to develop this relationship by simply admitting to the possibility of a Power greater than ourselves.... Our understanding of a Higher Power is up to us. No one is going to decide for us."

I am a free and happy person because I know that I am not alone. Step Two helped get me here. My Higher Power is always with me and always willing to help. I wish that for you and all of us.

Anonymous J

Chesapeake and Potomac Region of Narcotics Anonymous



Service Jam

Celebrating Service with Speakers and a Slice

The Group and Beyond * Speakers * Workshops * Roundtables * Pizza Party
February 19, 2022 * 11 AM - 6 PM

ONLINE & IN-PERSON:

H&I Workshop
Public Relations
Phoneline Training

IN-PERSON ONLY:

Groups, Area, and Region
Special Events
Regional Convention and Committees

*How can service
keep me clean?*

Bush Hill Presbyterian, 4916 Franconia Rd, Alexandria, VA 22310

Zoom ID: 863 8934 3276 Passcode: service

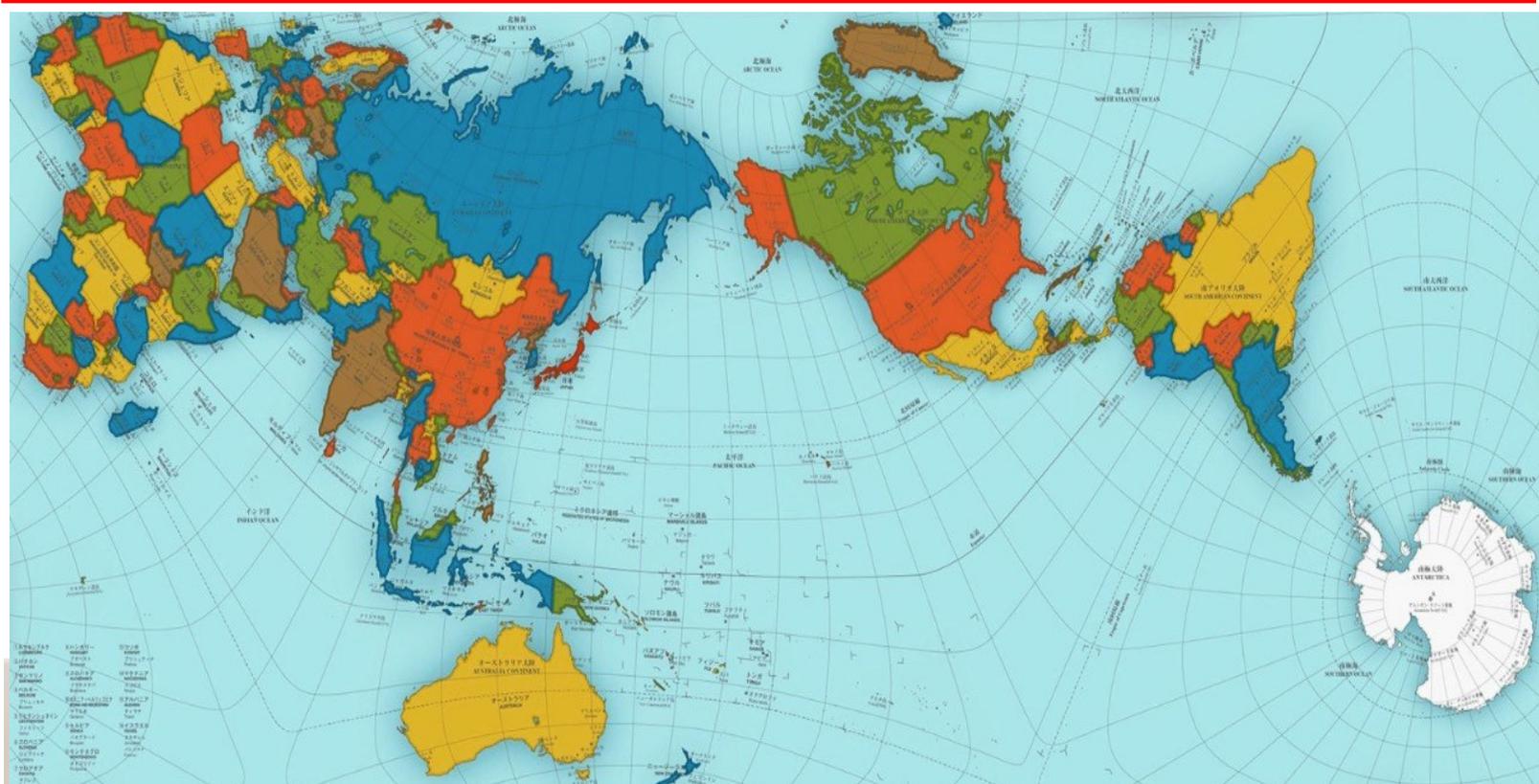
Questions or to volunteer: Dan S. 703.785.0638 or Sonia J. 443.847.8000

Schedule and Agenda Updates at CPRNA.org



39th NA World Convention returns to DC in Summer of 2024!

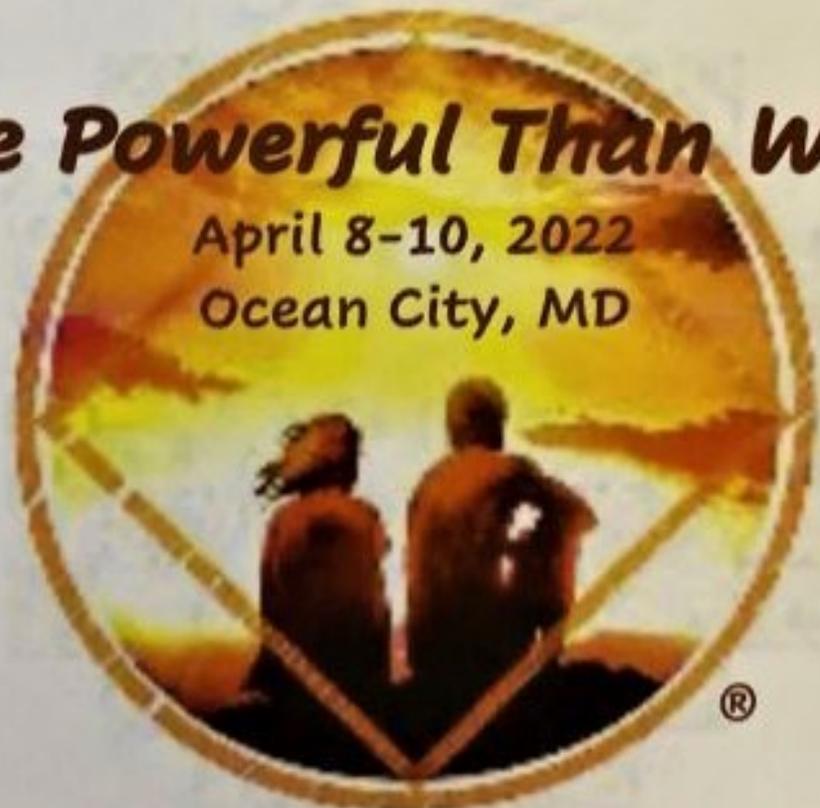
NA World Service committee members have finalized a site for WCNA 39. After almost 30 years, the World Convention will be re-returning to Washington, DC, DATES: 29 August – 1 September 2024!



Convention of NA

“More Powerful Than Words”

April 8-10, 2022
Ocean City, MD



®

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ICE SKATING

February 19, 2022



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\$5.00 for Children

Wheaton Ice Arena
11717 Orebaugh Ave
Wheaton, MD 20902
4:30pm - 6:00pm



Service Positions Available for MASE!

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Any questions please contact either Brad
540-272-8899 or Roy 240-877-5059