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VOLUME 60

February 3, 2022

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# STRAIGHT HOPE

Newsletter from the Montgomery Area of Narcotics Anonymous



\*\*\*Letter from the editor: Hi fellow persons in recovery! I would like to challenge everybody reading this to do one random act of kindness this month and pass along all the wonderful blessings we have received in recovery and see how it comes back to you. If you'd like to get involved by either writing an article or sending me events and or celebrations, I would love to have you! Please email me at: [justinkojimyers@gmail.com](mailto:justinkojimyers@gmail.com) Thank you all for having me!

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*Step 2*

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*Step Two: My Experience...*

When I first read the words We came to believe that a power greater than ourselves could restore us to sanity, it felt to me that I had to find a belief in God and that would in turn make me sane again. But there were a couple problems. One being that I struggled with understanding what my belief in God was if any and two, I needed something tangible In the way of evidence for me to truly believe that a change was occurring. This is why in previous attempts at recovery I never grasped any depth of understanding of this step and then in turn did not reap the benefits.

This time I went to my sponsor and asked him to explain it to me. After instructing me to read step two in the Na basic text he said we will meet and talk about it. After having dinner together and talking about recovery amongst other subjects he asked me a question, "Do you think that you and I talking right now is stronger than you on your own?" I replied "yes" and he stated that that is an example of a power greater than yourself. He made sure to reiterate that my higher power cannot be solely my sponsor. Because my sponsor could relapse or die or any number of things. But just as him and I speaking is a power Greater than myself so are many other things. Such as two addicts speaking in a meeting or an NA meeting as a whole.

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*Tradition 2*

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We relied on God while working the steps, now we can ask our Higher Power to guide our decisions in service. We can see the guiding power of God available to us when we work together for the common good of the program and its members. Simple decisions such as how the chairs are arranged, having coffee available or perhaps a greeter stationed by the door can be made by group consensus where everyone's input and vote is respected. Some of us come to the realization that we are not the center of the universe while group decisions are made.



credit: Ben C.

## Events

Chesapeake and Potomac Region of Narcotics Anonymous



# Service Jam

Celebrating Service with Speakers and a Slice

The Group and Beyond \* Speakers \* Workshops \* Roundtables \* Pizza Party  
February 19, 2022 \* 11 AM - 6 PM

ONLINE & IN-PERSON:	IN-PERSON ONLY:
H&I Workshop	Groups, Area, and Region
Public Relations	Special Events
Phoneline Training	Regional Convention and Committees

How can service keep me clean?

Bush Hill Presbyterian, 4916 Franconia Rd, Alexandria, VA 22310  
Zoom ID: 863 8934 3276 Passcode: service

Questions or to volunteer: Dan S. 703.785.0638 or Sonia J. 443.847.8000

Schedule and Agenda Updates at [CPRNA.org](https://www.cprna.org)



Find these and other NA events at  
<https://www.cprna.org/event-calendar/>



Sponsored by **MASE**



# ICE SKATING

February 19, 2022



Prices includes skates  
\$8.00 for Adults  
\$5.00 for Children

**Wheaton Ice Arena**   
11717 Orebaugh Ave  
Wheaton, MD 20902   
4:30pm - 6:00pm 

**Service Positions Available for MASE!**

Donations can be made by CashApp \$Brads196454  
Any questions please contact either Brad  
540-272-8899 or Roy 240-877-5059

CHESAPEAKE & POTOMAC REGION OF NARCOTICS ANONYMOUS

# SPEAKER BOWL II

RECOVERY:  
A CONSCIOUS CONTACT SPORT



**Sunday, February 13, 2022**  
**12:00 PM – 4:00 PM ET**

LINEUP:	
12:00 PM	From 2nd Step to 11th Step: Improving My Conscious Contact
12:30 PM	Prayer: Talking to God
1:00 PM	Meditation: Listening for God's Answer
1:30 PM	God's Will vs. Self Will
2:00 PM	2nd Tradition and the Group Conscience
2:30 PM	Conscious Contact: Getting to Know My Own True Self
3:00 PM	Main Speaker: Working the 11th Step in Narcotics Anonymous

**Zoom ID: 891 7586 6246 Passcode: 52**

Questions? Text/Call 914.552.0737 [CPRNA.org](https://www.cprna.org)

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*Celebrations*

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Fri 2/4 7:00PM Tim L. 2 Yrs , Diane L. 10 Yrs, and Gantt K. 37 Yrs. Older Toddlers Zoom 903 443 801 pw Recovery12

Sun 2/20 7:30PM Danny S. 3 Yrs. & Beth C. and Dave M. 37 Yrs. Alternative ZOOM 114 114 644 pw 016821

Sun 2/20 6:00PM Natalie Y. 11 yrs. Talking Heads ZOOM 816 0616 8822 pw recovery12

Mon 2/21 7:00PM Joe W. and Matt H. 1 Year Illness in Recovery (In-Person only) Millian Memorial UMC, 13016 Parkland Dr, Rockville, MD, 20853, Masks required by church.

Fri 2/26 7:00PM Teresa S and Dwight S 32yrs The Gut Bucket ZOOM 9734663601 pw 875711

Sat 2/26 7:00PM Cyndi R-W 36 Yrs. Good Deal ZOOM 769 038 042 pw 8675309

Sun 2/27 7:30PM Justin M. 1 Year Alternative ZOOM 114 114 644 pw 016821

Thu 3/3 8:00PM Jesse W. 17 Yrs. Making a Difference ZOOM 520 984 331 pw 123456