

**Living Miracles** <sup>Step</sup>

APRIL 2021

**4 Seeing – & Loving – Ourselves in the Light of Day after Working Step Four**Darrell S 31yrs 4/9 Mtg ID 871 763 01625  
PW AgapeBill G 33yrs 4/11 Starting Over Group of NA  
11am, Sundays, Mtg ID: 402 843 751 No PWEric P (32 yrs) & Doris D (28yrs) It Works  
How & Why, Mtg ID 6236066098 PW 01046Steve R 7yrs 4/15 More Will Be Revealed gp  
7:30pm, Thursday, Mtg ID 84769314215 PC  
311503Becky B 18yrs 4/18 Starting Over Group of  
NA 11am, Sunday, Mtg ID: 402 843 751 npwMarla 31yrs 4/22 More Will Be Revealed gp  
7:30pm, Thursday, Mtg ID 84769314215 PC  
311503Montre L 2yrs 5/2 Mtg ID 215757961 Pw kcb  
7pm, Sunday*“Step 4: “We made a searching and fearless moral inventory of ourselves.” Basic Text, Narcotics Anonymous*

As it states in the NA Basic Text, “The purpose of a searching and fearless moral inventory is to sort through the confusion and the contradiction of our lives, so that we can find out who we really are” (p. 27). Even now with 17 years clean, there can still be confusion and contradiction in my life.

In the early part of my recovery, I felt like I wanted to keep most of my fourth step a secret from my sponsor. But, like many others, when it came time for the sharing of that inventory, I found enough courage not to hold back.

My story, my inventory was filled with a long pattern of guilt, shame and abuse in relation to sexual behavior. Taking on the imagined guilt and shame that I was to blame for sexual abuse that I incurred took a long time to sort out. Inventorying my compulsive sexual behavior and means of using sex to obtain drugs and money was difficult, and not something that I wanted to openly share with my sponsor.

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**LA CONVENCIO'N CPRCA XXXIV**

16 — 18 de abril de 2021

**!Siempre es en Ocean City pero este ano sera Completamente VIRTUAL!****4 reuniones en espanol estaran en #3, Mtg ID 572 724 1895 PW 567492****Service Works!****AREA SERVICE MEETING & COMMITTEES**Central ASC Online: First Wednesdays, at  
7pm, <https://us02web.zoom.us/j/84295112293>Central Area Service Committee: ASC Chair  
is Jill B., 301-448-6913.Central Area Vice Chair: Tony B.  
240-505-4320

Area Secretary: Becky B. 443-878-4067

H&amp;I : Chuck H. Chair, 301-775-0786

Public Information: Susie K, 443-938-1858

Special Events : Christina G, 301-461-6174.

CPRNA Regional BOD, Central Area Board  
Member is Sonia OJ, 443-847-8000.**Recovering “Serenidad”: NA in Spanish**

The first time I ever heard about addicts, it was in the Spanish language. When I was a little boy, my Mama would tell my brothers and me stories of her life growing up back in Mexico. Sometimes the stories were beautiful but other times they were really sad or scary. Somehow the subject of “marijuana” had come up (this was the early ‘60s and my parents were as square as could be), so Mama launched into a story of having seen real “Marijuanos” when SHE was a little girl. That musta been the late 1920s or early ‘30s.

She said she and some kid cousins were riding with their rich Uncle Ramon in a big new car, and he made a wrong turn. They ended up in neighborhood of dirt trails and tumble-down houses, some of them abandoned. Mama said as soon as they pulled into one of the streets, trying to get out, a small mob of extremely thin, dirty and scary people almost surrounded the car. They were hitting the car with their hands, making the kids inside scream, and demanding money to get out of the way. It turned out Uncle Ramon was in the Mexican Army reserves, so he rolled down his window and pointed a fat revolver at one of the ringleaders. They were allowed to leave, but 30 years later, my Mama’s voice trembled a little, thinking of what could have happened. In my imagination, it was a scene right out of the Walking Dead. I know now, as, no doubt, do you, that them weren’t no “Marijuanos,” they were some serious “Dope-Fiendos.” I know cuz I became one.

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A black silhouette of a group of people standing on a mountain peak. Some are holding hands, some are pointing, and one is sitting in the center. The background is a light blue gradient.

**D.C. AREA SPECIAL EVENTS  
& EAST OF THE RIVER AREA  
SPECIAL EVENTS  
SUBCOMMITTEE'S  
PRESENTS...**

**UNITY IS A MUST  
SPEAKERTHON 2021**

**SAT, APRIL 10TH**

**4:00PM-12:00AM**

**ID#785 963 7766**

**PW: 1953**

**[www.cprna.org](http://www.cprna.org)**

#### STEP 4: Continued from Page 1

With the faith I had established working the previous steps, I was able to work through that fear, put pen to paper and, thankfully, get that shit out. “A written inventory will unlock parts of our subconscious that remain hidden when we simply think about or talk about who we are” (Basic Text, p. 28).

For much of my life, I honestly felt like I was a person whose purpose was to be used for sex. I visualized myself as having a label on my forehead that said “Use Me for Sex.” Completing a written searching and fearless moral inventory, helped me confront this confusion and contradiction.

Sometimes when writing, I felt just like it describes in the Basic Text, like I was going through “a binge of emotional sorrow.” As the Basic Text also states, this ... “can be dangerous” and is ... “not the purpose of the Fourth Step” (p. 28).

This brings me to express here the importance of the Assets section of the step. For many of us, including myself, assets were at times more difficult to write about than the glaring defects of character. My sponsor guided me to approach this little by little and to ask others for help, which I did. Slowly, over time I was able to add my own. By thoroughly completing a fearless and thorough positive/negative inventory, we are able to free ourselves. “We take the Fourth Step to grow and to gain strength and insight” (BT, p. 29).

I do not think it is by mistake that I am currently writing an article for this step. Not often in the last couple years have I felt like I “might” keep a secret from sponsor like I did when I first starting writing the fourth step. However, just recently, I did. And interestingly, it was around shameful feelings regarding recent compulsive sexual behavior. But having faced my fear before, I was able to face it again. I expect that an inventory specifically around this issues is coming soon. I’m just grateful that I have been around long enough to trust the process and the rewards of freedom that come from sorting through the confusion and contradiction. I know that the “key to freedom” (BTp. 31) is in the coming Fifth.

*AnonymousB*

#### “Serenidad”: Continued from Page 1

I took my first drink at age 9, at a wedding in Mexico. My parents ever touched alcohol but as soon as I got a taste, I poured myself a big glass and went up to a bedroom and got wasted all by myself. A real addict from the jump.

When I was 12, I laid my bike down on the sidewalk in my neighborhood to help a Puerto Rican lady that was lost. I told her I’d show her the bus back Downtown and ride with her part way. She was, like, “No, Mijo, you can’t leave your bike out like that.” I asked “why not” and she said “porque los ADICTOS te la ro’ban!” I wasn’t real sure what “addict” meant but everybody in my neighborhood knew that was my bike and wadn’t nobody taking it. The lady told me where she was from in New York, you had to keep everything locked up and be watching over your shoulder because addicts would rob you, grab things right out of your hands. I remember thinking, “I sure ain’t ever gonna live noplace like that.” In ten years, I did and I loved it.

Living right on the Border, it was WAY easy to score drugs for real cheap on the Mexican side. I was initially scared as shit of the cops down there, they were notorious for beating up, jailing and extorting Americans. I heard jail down there was a nightmare. But, I started to spiral downward in my early 30s, so I got “braver” and found myself in Tijuana’s Zona Norte (like a coupla neighborhoods in DC and Baltimore) where people shot up dope and beat each other down, right in the street in daylight. The occasional cop that dared to drive through there was whistled at loudly by everyone in the neighborhood. You don’t want to be whistled at in Mexico. Addict that I was, I felt totally safe and at home there. I could bring 20 bucks and a whole roomful of junkies would get high with me on it. There were days when I wanted to live, or at least die, there.

Addiction is a terrible problem for many Spanish-speaking or Latinx-heritage Americans. That, and racism, has tens of thousands of our young people locked up. Addiction has spread from the US all over the world, with drugs and drug-dealing responsible for widespread suffering in Mexico, Colombia and other countries caught up in the cycle of money, drugs, guns, murder, money and start all over.

NA has already saved untold tens of thousands of lives among Spanish-speaking people in and beyond the US. The production and distribution of NA literature in Spanish has been a miracle for countless addicts. In Spanish, people call their sponsors, “madrina” or “padrino,” — Godmother” or Godfather. Recovery, for many Latinx people is something...*holy*.

Another Anonymous

# VIRTUAL CPRCNA XXXIV



Save  
the  
Date:

April 16 – 18, 2021

Chesapeake & Potomac Regional Convention  
This is the same great convention usually held in  
Ocean City

We will gather virtually this year.  
more will be revealed...

Check out <https://www.cprcna.org> for more information.

There will be four bilingual or all-Spanish meetings at the upcoming Virtual Convention. See the flyer on Page

**TO PAY FOR YOUR RESERVATION contact**

**Jeff Kline (park owner)  
@ (843) 882-7487**

**Be sure to mention you are reserving for Sun City Spring Campout any questions OR if you need help please contact**

**Ronnie H. Chair  
843-450-8017**

**Out post tent camping  
\$20.00 per person  
\$10.00 children 6-15  
Children under 5 are free  
NO ADDICT TURNED AWAY**

**Includes  
Tent Camping & All Meals**

**Kayak Unlimited use**

**Bring your own tent or rent one from the campground**

**Tubing is an additional charge of**

**\$10.00 for the day per person unlimited or**

**\$15.00 for the weekend per person unlimited**

**Glamping Tent Rental**

**\$75.00 per night equipt w/queen size bed lighting, heater and cooler**

**to rent a glamping tent you must call the campground to reserve**



**Friday**

**Dinner 6:00 PM**

**Meeting 8:00 PM**

**Sun City Video 9:00 PM**

**Midnight Meeting**

**Saturday**

**Sunrise Meeting**

**Breakfast 8am**

**Crafts 10:00 am**

**Lunch 12pm**

**Workshop 2:00pm & 4:00pm**

**Dinner 6:00PM**

**Out of Town Speaker meeting  
8:00PM**

**Hawaiian Luau Dance Party  
9:00p.m.**

**Midnight Meeting**

**Sunday**

**Breakfast 8am**

**Clean up**



**SCANA**

**SPRING CAMPOUT**

**Get ready**

**4 camping**

**River Island**

**Adventures**

**April 30th-May 2nd, 2021**

**1249 Vera RD**

**North Myrtle Beach**

**S.C.**

**(843) 882-7480**



**NA Today Newsletter**

**Central Area of Narcotics Anonymous**

**Editor: Adam GB**

**Staff Writer: Becky B**

**Contact Email: papamoag@gmail.com**

**FIRM BELIEVERS GROUP INVITES YOU!**

[https://meet.jit.si/firmBelievers\\_md](https://meet.jit.si/firmBelievers_md)

Click the above link to join the meeting

Dial In: +1.512.647.1431 PW: 2351630948#



LITTLE BENNETT CAMPGROUND  
23701 FREDRICK RD  
CLARKSBURG MD 20871



MONTGOMERY PARKS  
**LITTLE BENNETT  
CAMPGROUND**

MAY 7 ——— 9

2021

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# MONTGOMERY AREA GOES CAMPING!

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MARSHMALLOWS  
AND RECOVERY!

BRING YOUR CAMPING GEAR FOR SOME  
FELLOWSHIP AND A GOOD TIME! :)

# CENTRAL AREA & OTHER LOCAL NA ONLINE MEETINGS

**NOTE: Almost all NA Groups are meeting On-Line at present. NA Today's policy is to publish data on but we do not recommend attending them yet. In consonance with our 7th Tradition, neither the Maryland Area endorses Zoom, Inc., or any other commercial enterprise.**

**PLEASE SEND ANY CORRECTIONS REQUIRED TO [PAPAMOAG@gmail.com](mailto:PAPAMOAG@gmail.com) Ed.**

Sunday 10 am - 11 am	Breakfast Club 4829 2214; Passcode: 4912Donuts	Wednesday 7 pm - 8 pm	New Wave Phone # 712-770-5393; Password: 308466#
Sunday 10 am - 11 am	Easy Like Sunday Morning Phone# 425-436-6350; Password: 822692#	Wednesday 7 pm - 8 pm	Berwyn Group 2.0 Zoom ID: 829 577 524; No Passcode
Sunday 11 am - 12 pm	Starting Over Zoom ID: 402 843 751; No Passcode	Thursday 7 pm - 8 pm	Just For Today Zoom ID: 702 155 242; No Passcode
Sunday 4 pm - 6 pm	The Living Clean Group Zoom ID: 841 028 34213; Passcode: 180LvClean	Thursday 7 pm - 8 pm	Spiritual Awakenings Zoom ID: 716 889 028; Passcode: 001961
Sunday 7 - 8 pm	Savage Survivors Zoom ID: 834 7930 4812; Passcode: 123915	Thursday 7:30 pm - 8:45 pm	More Will Be Revealed Zoom ID: 84769314215; Passcode: 311503
Monday 7pm - 8 pm	It Works: How and Why Zoom ID: 6236066098; Passcode: 010746	Friday 7 pm - 8 pm	Regardless of Sexual Identity Zoom ID: 821 4373 7953; No Passcode
Monday 7 pm - 8 pm	Laurel Basics 1-2-3 Zoom ID: 818 0795 7839; No Passcode	Friday 7pm - 8 pm	Women Do Recover Zoom ID: 824 7839 4714; Passcode 7VVb4
Monday 7 pm - 8:15 pm	Hope Fiends Phone # 712-770-5342; Password: 545915#	Friday 7 pm - 8 pm	Miracles on Main Street Zoom ID: 252 402 377; No Passcode
Tuesday 7 pm - 8 pm	Women's Living Clean Zoom ID: 245 092 790; Passcode: 010746	Friday 7 pm - 8 pm	Walk The Walk Zoom ID: 546 613 234; No Passcode
Tuesday 7 pm - 8 pm	AWOL Zoom ID: 764 6988 0300; No Passcode	Friday 8 pm - 9 pm	New Start Zoom ID: 168 147 906; Passcode: 005762
Tuesday 7 pm - 8 pm	Serenity on Sandy Spring Zoom ID: 115 231 858; No Passcode	Friday 10 pm - 11 pm	Keep It Real Zoom ID: 341-485-699; Passcode: 586654
Saturday 11am - 1pm	DC Men's Rap Zoom ID: 82624245198; Passcode : dcmensrap	Saturday 7 pm - 8 pm	Gut Bucket Zoom ID: 973-466-3601; Passcode: 875711
Saturday 7 pm - 8 pm	Illness in Recovery Zoom ID; 540798137	Passcode: 024922	