



Message of NA: "...that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.
Our message is hope and the promise of freedom."

Primary Purpose: "...to carry the message to the addict who still suffers..."

Basic Text - 6th Ed. -

STEP 6

"We were entirely ready to have God remove all these defects of character."

Surrender is the initial part of working each Step. Surrender prepares us to ask God to remove our defects. Respect and honest humility are keys that open doors to powers that are so great that they dare not approach us when we are exerting our wills. The loving higher powers do not want to hurt us, and going against our un-surrendered will would definitely hurt! We have a blessed tendency to not violate certain basics of humanity. If we betray, exploit or manipulate others without their knowledge or permission, the shame and guilt can exact a high price. The Sixth Step gives us a chance to actualize our disapproval of the way we have been living our lives. The danger here is that our illness of addiction tries to make us forget that we are tapping into a greater power that enables us to work our way back to health through the Twelve Steps. We find that submission calms us and allows us to do our part by being willing and open to change rather than letting us be hurt. But we have to keep going with the Steps! By the time we get to this Step, we have begun to see that addiction only feeds us contradictions. Some experienced NA members have said that we need to clearly define what is bothering us. We want to make sure we really are suffering from a defect and not merely confused by our disease.

This is a step of preparation for the next level of our personal recovery. This is where the readiness and the willingness have to work together so we can get the complete freedom the 12 Steps promise. Over a long period of time, many members have noticed areas where we all have trouble. These consistencies lead to us using the six P formula.

1] Perspective - These are old 'survival skills' that no longer work for us. At one point they did, but now they recharge our unmanageability. H.P. wants more than survival for us today, so we can let them go.

2] Pain - When clinging on to a defect or survival skill becomes more painful than our fear of letting it go, we have become entirely ready to surrender to a higher power.

3] Prayer - God removes the defects, not us addicts. Our part is to pray for openness and willingness. So, God shows us the defect, and we do the footwork of listing, sharing and becoming willing to have God remove the defects in the 7th Step.

4] Patience - God is in charge of the outcome, and chooses how and when our defects are removed due to our lack of humility.

5] Process - Becoming entirely involves a process, like a grief process, where we walk through our denial, anger, bargaining, depression, and work toward surrender and acceptance. Each defect goes through this process, and they can be tough. At the end of this process we write each survival skill, create a good bye letter, thanking it, but letting it know that it will no longer be required.

6] Payoff - When we are struggling with a defect, we need to see what quick fix mechanism is being fed. If we are having a hard time letting it go, what is so good about it? Are we being self-righteous, unforgiving, proving that only we know what's best? Are we justifying, rationalizing, or any number of the usual suspects? Write about each situation that keeps a defect frozen so we can become entirely ready.

One more thing we need to see here is that every character defect is also a characteristic. Take out the addictive urge, add the spirituality, and you can find assets in each one. So all our defects have a God centeredness potential when we check them out. If we drop the negative self-will, and pray for God awareness, we can see how we were spiritual, even when we weren't practical. We can act our way into spirituality, by watching for negative will.

We addicts require gentleness when we deal with areas of sensitivity caused by past pain. A light touch will do to communicate our needs and our readiness to a loving and attentive God. Gentleness soothes our tendency to relate change with hurting or losing. It gives us maximum capability to pay attention to spiritual principles that may require all our attention. Harshness and abrasiveness make it hard to envision the freedom we seek as near at hand. A loud voice may make us unable to hear at all.

DC LINK

TRADITION 6

"An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose."

Our principles help us avoid certain problems by giving us guidance where we may not see the possibility that we might be making an error. We addicts are so good at getting caught up in our undertakings, we can glide right past the barriers normal folk would be able to see. The reason we don't allow conflict of interest to enter into the picture is because we can justify anything. We can put the making of money beyond the feelings and emotional needs of our Fellowship Members need to be involved and feel the weight of responsibility. Responsibility keeps us spiritually fit as a fellowship. Without this reality, we would weaken into flabby complacency. Our responses to cries for help would wane into ineffectuality.

The insidious nature of our disease makes us abnormally susceptible to distraction. The NA Society stabilizes the Fellowship by ongoing associations going back to the roots of NA. We can slip out of a prearranged direction of effort into a justified detour with the best of excuses. diversion from our primary purpose is similar to what we as members go through in our daily fight for recovery. We all know about drifting into concerns, worries and preoccupations that threaten our recovery. This leaves no time for meetings, Twelve Step work or interactive recovery with other addicts. Only our strong desire keeps us focused on recovery.

We cannot move in two directions at once. A spiritual fellowship sets spiritual goals. If we were to set worldly goals, we would quickly become worldly and the spiritual would seem inconsequential and impractical. Anyone who has been around the Fellowship will sooner or later come up against a situation in conflict with spiritual reality. It is hard for most people to realize the nature of spirituality is more real than worldly concerns. we learn to choose the spiritual as the eternal, lasting reality over the transient apparent reality that looks so good to begin with and caves in under the pressure or time and events. This is a metaphor for all spiritual growth.

The insidious nature of our disease makes us very vulnerable to the disasters that can occur when we stray from the Sixth Tradition. We are addicts and therefore suffer from low self-esteem and have fragile egos to begin with. Therefore we are easily corrupted by the temptations of property and prestige and can soon forget about the danger of placing personalities before principles. The insidious nature of addiction allows us to rationalize all sorts of behavior, such as endorsements of outside enterprises. Since some of these enterprises may actually help us reach the still suffering addict, they are sometimes considered in line with the 12th Step of carrying the Na message. This is a trap. If people were rescued by a military group, part of the rescue is letting them return to their homes and not live in a prison camp. Doctors can help identify other problems we may have. One doctor has spoken, "Addicts do not necessarily have any other primary illness requiring treatment of any sort." We don't take drugs just because doctors tell us to do so. It is our life at stake and many doctors are not informed about addiction. Be careful!

Our inherent self-centeredness can make us easy prey for the notoriety that comes with doing endorsements. This is why the 7th Tradition was written and is so very important. It protects us and NA as a whole from ourselves. After finding recovery and practicing a spiritual way of life, we begin to search out fellow addicts who are like us. It is a sense of trust that is allowed to transform us into productive members of society. The world might be a more loving and caring place if the population was made up solely of recovering addicts. There would be more honesty and compassion but unfortunately that is not reality. recovery is about dealing with reality. Many would take advantage of trusting addicts surrendered and preoccupied with working their Steps. A negative account of an affiliation with an outside enterprise could destroy years of the kind of credibility we try to achieve. Much of society still thinks of addiction as amoral delinquency instead of a disease.

The clear, pure message of NA is an antidote to addiction. The disease tries to dilute this message. When a group endorses another 12 step fellowship or treatment center, it is giving praise to the disease. It is saying in effect that NA alone cannot work, that we must also go somewhere else. This can really put us behind an eight ball if we happen to work in a treatment center. It keeps many addicts from making that final commitment to work the 12 Steps and 12 Traditions of NA. This can be deadly to some suffering addicts. NA is the only program of recovery that works for us. If we are curious or have an opportunity, we can take our program with us into any area of life or learning.

Living Clean

Living clean is a lifelong journey, and the NA program gives us tools to build a life infused with hope. No matter where we are on our journey, we believe that it can get better, and that we can get better. We practice living a principled life and find a new way to live. We try new things, and some of them suit us better than others. As we experience living clean with its ups and downs, miracles and struggles, dead ends and open doors, we see the world more clearly and better understand our place in it. The program of Narcotics Anonymous is the way we have found to escape lives of desperation and pain. But that's not all NA is: It's a path, a process, and a way of life. Many of us come in with just the barest hope that we can get the pain to stop. In the beginning, our willingness is born of our suffering and fear. Living the program changes us in ways we might expect, and in ways we never imagined. NA gives us the ability to turn our desperation into a passion to live fully and grow spiritually. We experience relief almost from the beginning of our recovery, and our first experiences of joy are like seeing color for the first time. Our minds are open and our spirits are free. Even if we experience it only for fleeting moments, that joy carries us through our hardest days and nights.

It's not what we think about our recovery that matters; it's what we do. Living clean is a spiritual process, and it teaches us that the world is bigger than we imagined and not as far out of reach as we had feared. Our flawed beliefs about people who didn't use drugs shaped our opinions about what we might be like when we stopped. When we first got clean, many of us worried that our lives were about to become small and boring. What we find really is beyond our wildest dreams. We have opportunities and the ability to follow through on them. Perhaps more importantly, our connections with people become intensely important and satisfying to us. The close friendships we have with members who share our recovery can be a deeper connection than family. We share an intimacy that is really special, and when we carry that over the course of many years, it grows into an abiding affection and understanding of one another. Commitment to recovery is essential for us. Maintaining recovery as a priority may come to mean different things for us over time. We need to maintain our connection to NA but taking responsibility for our lives also matters. So many things compete for our attention, and as addicts we have a tendency to think in extremes: all or nothing, right or wrong. Finding the balance is an ongoing negotiation.

Attending meetings regularly doesn't have to mean every night of the week, but meetings continue to matter for our own well-being and for our ability to carry the message. Keeping that lifeline strong and ready is a matter of continuing maintenance. It gets easier when we let go of the idea that it ought to be hard. After many years of recovery, a member shared that he was finally able to answer the question "Is it possible that life is really this simple?" with a simple "Yes."

The principles we practice in NA have meaning throughout our lives. They offer us a way to stop using and to free ourselves to be ourselves. Working the steps, studying the traditions, and applying ourselves to service in and out of NA helps us to discover who we are and what we believe. Carrying the message brings us awareness of our gifts and limitations, and guides us to change. We can measure our lives not in years or by the things we gain or lose, but by the degree to which we make peace with our own lives and the world around us. Spiritual growth is the real success. As our recovery unfolds, we find ourselves resolving feelings we never admitted we had. Open-mindedness gives us the ability to see more and more clearly within ourselves as we go through the never-ending process of surrendering, taking inventory, and inviting change. The message we carry has three parts: Any addict can stop using, lose the desire to use, and find a new way to live. We talk a lot about the first two, because stopping is an emergency when we get here, and losing the obsession is necessary for us to enjoy our lives. But the hard work does not end there.

DC LINK

NA Recovery Stories

ALPHONSO S. STEP 6 EXPERIENCE...

MY NAME IS ALPHONSO, AND I AM AN ADDICT. MY CLEAN DATE IS 11/13/1992 AND I AM VERY, VERY GRATEFUL. I AM SO GLAD TO KNOW THAT THE SIX-STEP PROCESS IS A LIFELONG PROCESS, THAT I CAN MAKE MISTAKES ALONG THE WAY. I ALSO REALIZE THAT A DEFECT OF CHARACTER THAT I THOUGHT HAS BEEN RELIEVED BY THE GOD OF MY UNDERSTANDING IS SUBJECT TO RESURFACE WHEN I LEAST EXPECT IT. I CAN ALWAYS STRIVE TO BE A BETTER PERSON, BUT I WILL NEVER BE PERFECT. HONESTY, FAITH, AND HUMILITY COUPLED WITH THE SPIRITUAL PRINCIPLES OF SURRENDER AND WILINESS IS WHAT I TRY TO PRACTICE ON A REGULAR BASIS WHEN IT COMES TO STEP SIX.

BECOMING ENTIRELY READY MEANS THAT THERE IS WORK TO BE DONE. THE 4TH AND 5TH STEP GAVE ME A PRETTY GOOD IDEA OF THE EXACT NATURE OF MY DEFECTS; WHAT TRIGGERS THEM, AND HOW I USE THEM AGAINST MYSELF AND OTHERS MOSTLY BECAUSE OF MY FEAR OF THE UNKNOWN. I WAS GOOD IF I WAS IN TOTAL CONTROL OF MY LIFE AND EVERYTHING ELSE AROUND ME. ONCE I STARTED TO LOSE CONTROL THE UGLY SIDE OF ADDICTION SHOWED UP AND I BECAME AN IRRITATED FOOL GRAPPLING TO GAIN CONTROL ONCE AGAIN. I ABANDONED ANYTHING OR ANYONE THAT I COULD NO LONGER CONTROL.

SOME OF MY DEFECTS WERE SO DEEPLY ENTRENCHED THAT EVEN MY SPONSOR DID NOT NOTICE THEM AT FIRST, THEY BECAME A LITTLE MORE PRONOUNCED LATER IN RECOVERY. I WAS SUCH A GREAT MANIPULATOR THAT I EVEN MANIPULATED MYSELF. THANK GOD FOR HONESTY, OPEN MINDEDNESS, WILINESS, AND PERSEVERANCE. A FEW OF THE MOST OBVIOUS DEFECTS WERE THE WAYS I ACTED ON LUST AND FEAR. I WAS NOT TOO CONCERNED ABOUT THE IMMEDIATE DETAILS OF WHY I WAS ACTING ON THESE; THAT WAS COVERED IN STEPS 4 AND 5. I WAS JUST AT A POINT WHERE I WAS TIRED.

YOU SEE, FROM THE TIME I HAD 30 DAYS CLEAN UNTIL I HAD 20 YEARS CLEAN, I WAS TOTALLY ENGULFED IN MY PROMISCUOUS BEHAVIOR. IT WAS LIKE USING DRUGS, YOU KNOW, LIVING IN THAT BOTTOM FOR YEARS, CRITICALLY WOUNDED SPIRITUALLY. I USED THE WOMEN AND THEY USED ME; IT WAS A NEVER-ENDING ROLLERCOASTER RIDE, A HORRIBLE VIOUS CYCLE. IT WAS FUN AT FIRST BUT THE PATH I WAS ON BECAME VERY PAINFUL AND LONELY. YOU EVER BEEN IN THE BED WITH SOMEONE AND FEEL A DEEP LONELINESS. THAT WAS BECAUSE I HAD TURNED OFF MY FEELINGS AND EMOTIONS. I WAS PROTECTING MY HEART, SO I THOUGHT; BUT I WAS KILLING MY HEART. ACTING ON LUST AND FEAR I FOUND MYSELF IN THREE MARRIAGES THAT ALL ENDED IN DIVORCE. THIS IS EVEN PAINFUL TO WRITE ABOUT. I BEAT MYSELF UP SO MUCH IT LED TO MOMENTS OF DEPRESSION AND DARKNESS.

I FORGOT THAT THERE WAS A WAY OUT; SURRENDER IS THE KEY. ONCE I THREW MY HANDS UP IN DESPERATION, THE DOOR OF HOPE WAS OPENED TO ME ONCE AGAIN, IN THE PROCESS OF BECOMING ENTIRELY READY, I BEGAN TO LOVE MYSELF. I TOOK MYSELF ON MANY DATES AND BEGAN TO SEE THAT I WAS OK WITHOUT SEX AND RELATIONSHIPS. I FINALLY BEGAN TO OVERCOME THE FEAR OF BEING ALONE, SLEEPING, EATING, AND ENJOYING MYSELF, BY MYSELF. THE PROCESS OF LETTING GO OF DEFECTS BECAME EASIER AS I PUT IN MORE EFFORT. I REALIZE NOW THAT I AM NEVER ALONE AS LONG AS I HAVE THE GOD OF MY UNDERSTANDING, THE FELLOWSHIP, AND THE PROGRAM OF NARCOTICS ANONYMOUS.

THANKS FOR ALLOWING ME TO SHARE,
ALPHONSO S.
BALTIMORE

DC LINK

RECOVERY HUMOR



WENT BACK OUT...

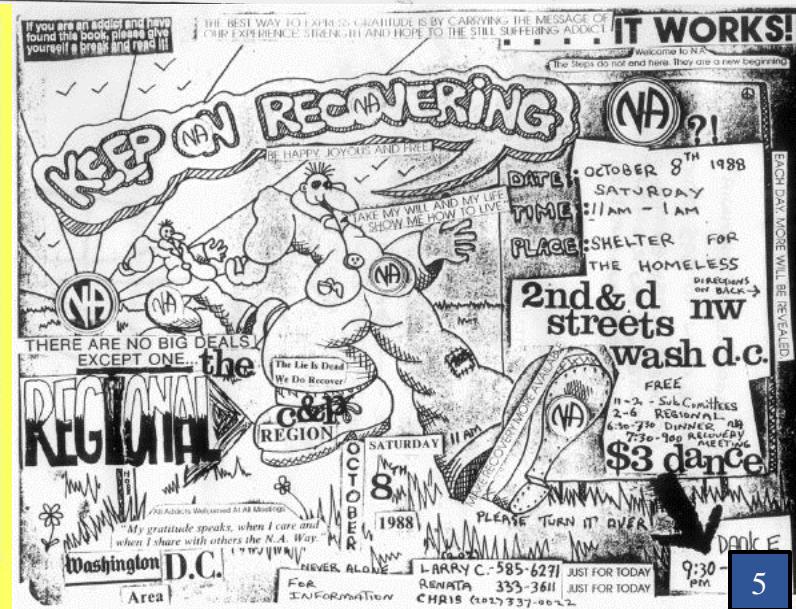


Ben C.



3 am phone call

Ben C.



DC Link March 2021 Anniversaries & Acknowledgements... Congratulations All!



*June 2021
Anniversaries*

JACKIE D celebrates 31yrs at Gateway To Recovery group Thur 6/3@7pm ID: 395 553 318 Pass:1957...

JONATHAN B celebrates 34yrs at Progress In NA group Sunday 6/6@noon ID: 973 466 3601 Pass: 875711...

WESLEY K celebrates 4 yrs at Laurel Basics 123 group Mon 6/14@7pm ID: 818 0795 7839 no password...

DONNA J celebrates 31yrs at NA In LA group Tues 6/15@7pm ID: 533 129 809 Pass: NALA

CLYDE C & KEITH D both celebrating 40yrs at Help Somebody group Fri 6/18@8pm ID:893 0884 8140 Pass: 787123...

KAREN C celebrates 20yrs at Steps To Life group Thur 6/24@8pm ID:261 798 5699 Pass: STL

MARIE B celebrates 31yrs at Stepping Into The Afternoon group Fri 6/25@7pm ID: 785 963 7766 Pass: 1953



DC area DC Link
Newsletter®



DC LINK NA EVENTS cont...



43RD ANNUAL WHITE WATER RAFTING TRIP JULY 8 – 11, 2021



New River Gorge, WV Ace Adventure Resort
1 Concho Road, Oak Hill, West Virginia 25901

**JOIN US FOR A WEEKEND OF CAMPING, RAFTING, TUBING, FELLOWSHIP,
CAMPFIRE MEETINGS, WATER PARK AND HIKING ADVENTURES!!**



Registration Cost and Booking Information

Rafting Trip Sat 7/10/\$97.00 Camping Thurs-Sun \$27.00 7/8-7/11 (\$9/night)
Contact Agnes at Ace Adventure Resorts (304) 469-0130 to book.

Group Reservation #239246

Call to reserve your rafting spot with a \$25 deposit per person.

Payment in full due by June 8th.

Additional activities available for cost through Ace: water park, zip lining.

For more information contact:

Sharon B (301) 529-0763 or Mike B Home (540) 933-6241 Cell (703) 909-4304

WHAT TO BRING

1. Tent and sleeping bag plus any camping supplies such as flashlights, bug spray, rain jacket, hats, sunscreen, camp chairs, towel, personal toiletries. Showers on site.
2. Warm clothes for rafting - bathing suit plus non-cotton clothing for rafting as the river can be chilly.
3. Food (Non-perishable and/or a cooler). There are spots to have a fire so if you have campfire cookware bring it along.
4. Tennis shoes, water shoes or sandals that strap to your feet to wear in the river. FLIP FLOPS ARE NOT PERMITTED FOR RAFTING OR TUBING.
5. Life vest and an inner tube for Tubing on Friday. VEST IS REQUIRED FOR TUBING.
6. If you have an air pump to help inflate tubes, please bring it!
7. Bring your sponsor, sponsee, a newcomer. Invite everyone you know!

DON'T FORGET

RETREAT HIGHLIGHTS

Fellowship and Fun in a Drug and Alcohol-Free Environment
Amphitheater Bonfire Recovery Meetings & Workshops all weekend
Friday Night Main Speaker

FREE PIG ROAST SATURDAY AFTERNOON

Auction of NA Memorabilia and Merchandise

[Donations of NA memorabilia and merchandise are welcome!]

Clean Time Countdown | Saturday Night Main Speaker

Sunday Morning Spiritual Speaker

Merchandise and Speaker Tape Sales

Sunday Morning Alternative Merchandise Sales

Narcotics Anonymous Jewelry Raffle

Coffee & Canvas

Bingo

Comhole Tournament \$10/team (prize)

Basketball/Volleyball Courts

Camping/Hiking Trails

We look forward to spending a fun-filled weekend of recovery with you!

WOULD YOU LIKE TO HELP? SUGGESTED CLEAN TIME

Workshop Chair 6 months

Workshop Speaker 2 years

Main Speaker 5 years

Please submit tapes by 7/31/21 to: Programming Committee
PO Box 613 Mechanicville, MD 20659

WANT TO GET INVOLVED?

Please contact one of the subcommittee members below
or visit the Registration or Merchandise Tables the weekend of the Retreat.

SUBCOMMITTEE CONTACTS

Chair	Steven K.	240.577.0706
Vice Chair	Alex S.	443.771.7375
Secretary	Sam S.	443.771.4396
Treasurer	Ashley P.	443.968.6405
Policy	Terry H.	202.763.6641
Activities	Andrew H.	240.687.5950
Arts and Graphics	Nikki T.	267.733.5986
Culinary	John D.	267.257.6646
Hospitality	Junior A.	240.471.5082
Merchandise	Bill R.	301.502.2020
Programming	Patrick F.	301.802.9584
Registration	Becca B.	240.309.0175



REGISTER ONLINE AT: WWW.TCAUR.ORG

Lions Camp Merrick

3650 Rich Hamilton Place Nanjemoy, MD 20662
www.lionscampmerrick.org

Lions Camp Merrick is located in Historic Southern Maryland on the Banks of the Beautiful and Scenic Potomac River, about 40 miles South of Washington, DC

PLEASE VISIT WWW.TCAUR.ORG
FOR RIVER AND DIRECTIONS TO CAMP

REGISTRATION INFORMATION

Registration open April 17th at 12:01 AM

Pre-registration is encouraged and appreciated!

Online registration available at: www.tcaur.org

Registration for children and non-addicts is free.

CAMP MEALS

FREE COOKOUT SATURDAY INCLUDED WITH EACH REGISTRATION

BREAKFAST	\$7/person/day	Served 8:00 am, Sat & Sun
LUNCH	\$8/person/day	Served 12:00 pm, Sat
DINNER	\$10/person/day	Served 5:00 pm, Fri

All camp meals must be ordered by 6/31/21

Food, drinks, and snacks will be sold throughout the weekend.

LODGING

Camp policy states that all overnight guests, including children of all ages, must pay for lodging.

PLEASE BRING YOUR OWN SHEETS, BLANKETS, PILLOWS, AND TOWELS.

Camping – unlimited, open field/wooded areas, no H2O or electric

Private Unity Cabin – Sleep 30 – all the luxuries of a home

Private Spiritual Cabin – Sleep 20 – all the luxuries of a home

Private Gratitude Cabin – Sleep 14 – full bath, heat, A/C, bunkbeds

Private Serenity Cabin – Sleep 10 – full bath, heat, A/C, bunkbeds

Single Males – 14 in a Gratitude Cabin

Single Females – 14 in a Gratitude Cabin

RV Sites w/Mockups – tents/vehicles other than pull/tow extra

RV Sites w/o Mockups – tents/vehicles other than pull/tow extra

Full Cabin Rentals may be co-ed and may include children

OTHERWISE NO CO-ED LODGING OR CHILDREN IN CABINS.

All Cabin & RV space assigned on a first come first served basis.

Please call Registration Chair for availability!

CAMP POLICY MUST BE RESPECTED AT ALL TIMES

Children under 12 must be accompanied by an adult at all times. Children under 16 must be accompanied by an adult when in the water areas.

No ATVs or other motorized vehicles, generators, roller blades, fireworks, skateboards, power tools, firearms, weapons, or ammunition permitted on property.

No pets allowed.

Smoking permitted in designated areas ONLY!

No open campfires – portable raised fire pits, charcoal or gas grills permitted.

Quiet Time from Midnight to 6:00am. No generators or loud music during this time.

TCAR & Lions Camp Merrick assume no liability for Attendees.

NEITHER NARCOTICS ANONYMOUS NOR THE TRI-COUNTY OF SOUTHERN MARYLAND AREA ARE AFFILIATED WITH LIONS CAMP MERRICK



DC LINK

Narcotics

Anonymous

DC Area NA meetings are held virtually or closed until further notice!

Many of the Chesapeake & Potomac Region's NA meeting have created virtual or phone meetings or have temporarily cancelled due to the Coronavirus pandemic.

For Virtual Meeting Information Go To:

<https://www.cprna.org/na-meetings/>

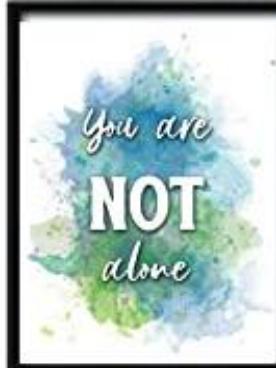
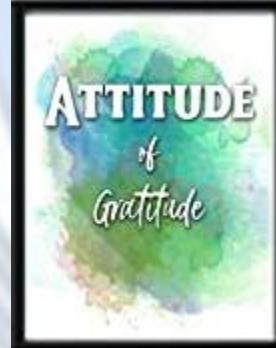
To Access Our DC Link Newsletter, Go To:

<https://www.cprna.org/our-areas/news/district-of-columbia-area/>



-DISCLAIMER-

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DC AREA SERVICE

Meets 1st Saturday of every month
Westminster Presbyterian Church
400 I St. SW

Admin. Body meets at 10:45am

Full body meets at 12 noon

Names of newly elected DCASC trusted servants will be posted in September newsletter

Chair: Joan H.

Vice Chair: Open

Secretary: Pam C.

Asst. Secretary: Vicki

RCM: Shirley B.

RCM ALT: Open

Treasurer: Tecoy W.

Asst. Treasurer: Open

COC Rep. William W.

DC Area Rep. to CPRCNA Program
Sub Committee: Open

DCASC Subcommittees:

Hospitals & Institutions (H&I)

Meets 4th Sat. at 116 T St. NE 3:00pm
Main Conference Room
Chair: Srandra W.
Vice Chair: OPEN.

Special Events

Meets 3rd Sat. of every month at
Dorothy Heights Library 10:00am
Chair: Rhoda N.
Vice Chair: OPEN

Newsletter

Meets 3rd Mon. of every month at
Lamond Riggs Library 6:00pm
5401 South Dakota Ave NE
Chair: Tammy F.
Vice Chair: OPEN

Literature

Meets TBD

Westminster Presbyterian Church
400 I St. SW 10:30am

Chair: Valencia H.
Vice: Luther L.

Policy

Meets 3rd Tues. of every month
at Plymouth Congregational
United Church of Christ 6:30pm
5301 North Capitol St NE
Chair: James T.
Asst. Policy Monitor: Charles N.

Public Relations (PR)

Chair: Open

Vice Chair: OPEN

Release Form: This signed release form must accompany all submissions. The undersigned give the NA Fellowship any of its agent's permission to publish the original written material I have submitted and also grant full unconditional release from any liability arising from its use. I understand that my material may be edited or may be published in whole or in part in another NA publication other than the "DC Link". I understand that sending my submission electronically indicates my agreement with the terms of this release.

Signature: _____

Date: _____