



STRAIGHT HOPE

Newsletter from the Montgomery Area of Narcotics Anonymous

WE NEED YOU

If you would like to be of service and help with our newsletter, please email Taylor G at moco.news@cprna.org

IN THIS ISSUE

**NEW WOMENS MEETING,
MONTGOMERY AREA TALENT
SHOW, VIRTUAL REGIONAL
CONVENTION & MORE**



THE PIVOTAL ROLE OF THE PHONELINE

*Written by Melanie L.
Phoneline Coordinator
for CPRNA*

Hi, I am a recovering addict named Melanie. I currently serve as the Phoneline Coordinator for our Region. Like all service in Narcotics Anonymous the purpose of the phone line is to carry the message to the addict that still suffers. A call to an NA helpline may be someone's first interaction with Narcotics Anonymous. These calls are vital; a phone line call can make a major difference in whether or not an addict makes it to a meeting. Our region utilizes a call forwarding system. When someone calls our helpline they will hear several options to choose from, one of those options is to speak with a recovering addict.

I have been serving on the phoneline ever since I had the minimum clean time requirement. I have answered or returned many different types of calls over the past few years. In my experience, most often the caller is someone asking for information about a meeting. The caller could be a sick and suffering addict or a family member. Some calls have been substance abuse professionals asking for meeting schedules or literature. Some calls have been tough. The caller could be in a crisis or under the influence. Prank calls are rare but they do happen.

cont...

THE PIVOTAL ROLE OF THE PHONELINE

Written by Melanie L. Phonenumber Coordinator for CPRNA

One example of a tough call that I received was from an aunt who called to ask if her nephew had been seen at meetings because she was afraid he may have overdosed or committed suicide. She lived far away and was unable to drive over and check. Thankfully, I was prepared for this sort of call because I attended a phonenumber orientation. I really wanted to comfort and help this woman in any way that I could. However, the guidance from our principles and traditions tells us not to break another person's anonymity. Even if I had seen her nephew, I wouldn't be able to tell her. With love and compassion, I told her that I empathized with what she was going through but that I could not divulge whether or not anyone was attending our meetings. Instead, I provided the local crisis number and law enforcement numbers for her nephew's county. I explained that her situation is outside the scope of what NA does. I told her that we are not affiliated with either of those agencies but they would be in a better position to assist her. During a phonenumber orientation we would go over many different scenarios and how to respond in a way that is in line with our traditions and our primary purpose.

I am truly grateful for my experience serving on the phonenumber. Through that service I have learned a lot about the program of Narcotics Anonymous. I have experienced connection with people struggling and looking for a way out. When it makes sense to do so I share my personal experience with callers so that they don't feel so alone. Having the opportunity to assist someone in their recovery journey is truly a gift. Phonenumber service is another example of keeping what we have by giving it away.



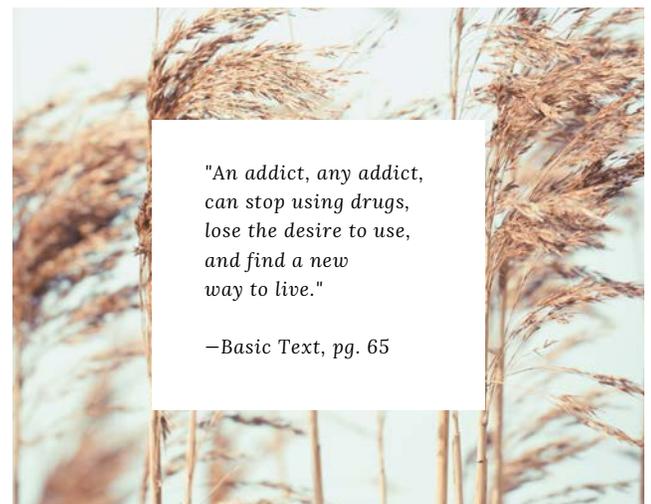
THINK YOU CAN HELP WITH THE PHONELINE?

To be a phonenumber volunteer in our region the minimum clean time requirement is one year and an orientation must be attended. Orientations are held if a group, area, or individual requests one. If you would like to request an orientation please reach out to Melanie L. at phoneline@cprna.org she would be the one to facilitate it.

Once an orientation has been attended the volunteer would then select what time slots they are available on which days and their number would then be added to the call forwarding system. When a call comes in it rings everybody's phones simultaneously during that particular time slot. The majority of the time slots are for 3 hours each, the only exception being overnight from 12AM-6AM. A volunteer may sign up for whatever works for their schedule. Whether that's one shift or five is entirely up to you.

The phonenumber certainly needs support. Some time slots only have one volunteer. There are multiple service positions available for the phonenumber that do not include answering or returning calls. As of right now, none of the admin positions are filled. Melanie L. currently covers all of those positions. A list of the positions and descriptions can be sent if anyone is interested in looking at them. The phonenumber also maintains a list of 12th step volunteers. The minimum clean-time requirement for this is three years and also requires attending the phonenumber orientation. A 12 step volunteer would (in normal circumstances) pick up a caller and take them to a meeting if able to.

CELEBRANT	# OF YEARS	MEETING	DATE
BRIAN L.	7	Gentlemen's Club	2/3/21
DAVID D.	26	Crossroads	2/4/21
TIM L.	1	Older Toddlers	2/5/21
DIANE	9	Older Toddlers	2/5/21
GANT	36	Older Toddlers	2/5/21
ALEX C.	2	Progress in NA	2/7/21
GRAHAM H.	1	Gentlemen's Club	2/10/21
CHARLENE B.	20	Wednesday Willingness	2/10/21
KYLE P.	10	Stepping Free	2/11/21
DAVE M.	23	Older Toddlers	2/12/21
DAVE C.	35	Alternative	2/14/21
DANNY S.	2	Alternative	2/14/21
BEN F.	2	Today's Recovery	2/14/21
JASON F.	2	Oasis	2/15/21
MIRIELI F.	7	People's Recovery	2/17/21
KATIE W.	1	Wednesday Willingness	2/17/21
MARC	28	Progress in NA	2/21/21
NATALIE Y.	10	Talking Heads	2/21/21
MATT G.	14	Talking Heads	2/21/21
DAVE M.	36	Alternative	2/21/21
BETH C.	36	Alternative	2/21/21
MATTY G.	14	Talking Heads	2/21/21
JACKSON L.	4	Gentlemen's Club	2/24/21
JOHN C.	3	Gentlemen's Club	2/24/21
CRAIG R.	3	Making a Difference	2/25/21
SANDRA S.	15	Older Toddlers	2/26/21
TOM M.	11	Today's Recovery	2/28/21
LUKE J.	1	People's Recovery	3/3/21
CINDY R.W.	37	Good Deal	3/3/21
JESSIE W.	16	Making a Difference	3/4/21
NAJEEBAH	1	Monday Miracles	3/8/21
ALLISON L.	2	People's Recovery	3/10/21
ED R. (BUNNY)	23	Wednesday Willingness	3/10/21
MEGAN D.	4	Today's Recovery	3/14/21
HOPE K.	2	People's Recovery	3/17/21
SARAH A..	17	Live and Let Live	3/19/21
LAUREN S.	13	Illness in Recovery	3/22/21
CRYSTAL W.	3	People's Recovery	3/24/21



"An addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live."

—Basic Text, pg. 65

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**“IT’S NOT RECOVERY
THAT IS PAINFUL;
OUR RESISTANCE TO
IT IS WHAT HURTS.”**

“

LIVING CLEAN—THE JOURNEY CONTINUES

ANNOUNCEMENTS

Online & Printable Meeting List

Visit our region's online meeting list [here](#).

You can search by area, day of the week, location, meeting format and more. You can also find a printable Montgomery Area NA Meeting List updated as of January 2021, with all relevant Zoom information on hybrid, in-person, and Zoom meetings. Don't miss out on your copy [here](#).

Are People Still Meeting in Person?

The Montgomery Area still has in-person and hybrid meetings you can attend both on Zoom and in person. As the days get colder, in-person meetings are pausing or returning to their virtual platforms until the winter is over. The [online meetings](#) list is the best way to get the latest most up-to-date information. Currently, the three NA meetings you can still attend in-person are NA @ Noon, New Way of NA and Upcounty NA.

NA HYBRID @ NOON

Monday-Friday
Christ Congregational Church
9525 Colesville Rd
Silver Spring, MD, 20901
Zoom Meeting ID: 889 4686 0935
No Passcode

NEW WAY OF NA

Mondays @ 4PM
Tuesdays @ 5:30PM
Rockville Metro Club
12319 Washington Ave
Rockville, MD 20852

UPCOUNTY NA HYBRID

Friday @ 7:30PM-9PM
Emory Grove UM Church
8200 Emory Grove Rd
Gaithersburg, MD, 20877
Zoom Meeting ID: 489 867 1344
Passcode: uprecovery

There is a new Women's Meeting in the Montgomery Area. Check out SHE DO RECOVER, a Just for Today Women's Meeting on Thursday Nights at 7:30PM. Service positions are open!
Zoom Meeting ID: 880 6199 3961
Passcode: 8675309

NEW MEETING ALERT

SHE DO RECOVER

VIRTUAL CPRCNA34

APR 16 2021-APR 18 2021

The 34th Convention of the Chesapeake & Potomac Region of Narcotics Anonymous (CPRCNA34) is going virtual!

OUR REGION NEEDS YOU

Many of the CPRCNA34 subcommittees need help facilitating and are looking for help putting on this event!

CONVENTION INFORMATION

As the Convention Oversight Committee releases more information, we will continue updating you. You can see the latest at cprcna.org

Our region's typical convention holds Marathon, Topic, and Speaker Meetings and Workshops. activities are available, such as dances, concerts, and other forms of entertainment. In other words, it is like a weekend long meeting of spirituality, personal growth, fellowship and more fun than you can imagine.

Excitingly, instead of postponing the convention until 2021, our Region will host CPRCNA 34 virtually!

Our Regional Convention has different subcommittees that help organize, run and plan the weekend event. You can see a list of the different subcommittees at cprcna.org/committees.

In particular, the Hospitality Subcommittee needs "Serenity Keepers" to help monitor virtual meetings during the convention. Even if you can't be of service, please announce this at any meetings you attend. There will be 80 meetings during CPRCNA34 and our Hospitality Committee needs your help! They meet the 2nd & 4th Tuesday on Zoom

Zoom ID: 875 709 87094

Passcode: 404292

Contact: rozchatman@aol.com 301-325-2632.

ANNOUNCEMENTS FROM NAWS

NAWS Needs Help with Local Service Toolbox Project

NA World Services has been working on a local service toolbox—a collection of tools that reflect our Fellowship’s best practices and experiences delivering services locally. They already have some materials, such as PR, Planning, and H&I Basics, but there are many more that are lacking or that have not been revised or adapted in years. The “Basics” seem to be a good approach because they are perhaps less overwhelming than a large handbook, and they are easier to translate and revise. NAWS believes a “toolbox” with small-scale pieces will have the same advantages.

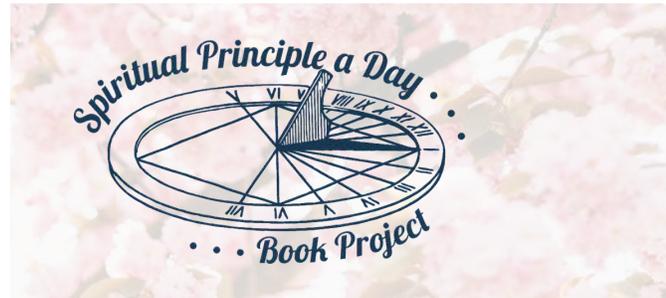
The next focus of the project is virtual meetings best practices, and carrying the NA message effectively and virtually. To prepare for the creation of this much needed service tool NAWS has created an online survey to begin collecting your experience on a range of topics. The survey is open until the end of the year. You can participate at na.org/?ID=toolbox&ID=toolbox

You Can Follow NAWS on Instagram

NA World Services now has an Instagram account!
[@narcoticsanonymous](https://www.instagram.com/narcoticsanonymous)

A New Book in the Making

The Spiritual Principle a Day Book Project is looking for trusted servants to help write and review material. See more [here](#).

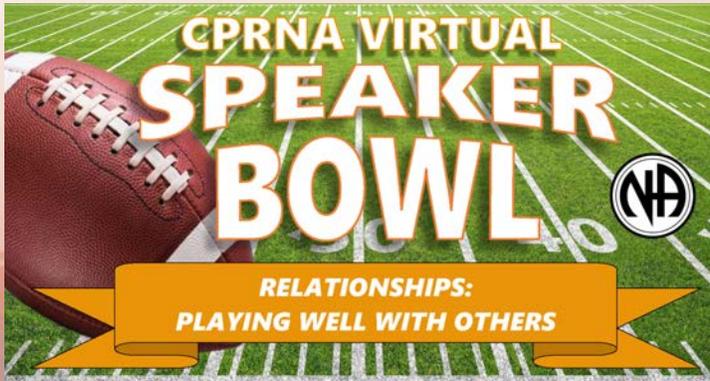


THE WORLD CONVENTION OF NARCOTICS ANONYMOUS COMES BACK TO THE DISTRICT!

Did You Know?

NAWS happily announced that they have finalized a site for WCNA 39. After almost 30 years, the World Convention will be returning to Washington, DC, 29 August – 1 September 2024!

UPCOMING EVENTS



**RELATIONSHIPS:
PLAYING WELL WITH OTHERS**

February 6, 2021 • 10:00 AM – 8:00 PM ET

10:00-10:25	Sponsorship: It's a Committed Relationship	2:30-2:55	Marriage in Recovery
10:30-10:55	Virtual Meetings: Fellowshiping and Connecting During COVID	3:00-3:25	Self-Centered vs. Service-Centered
11:00-11:25	Friendships, the Courage to Trust	3:30-3:55	God, Self, then Others
11:30-11:55	Representative vs. the Real Me	4:00-4:25	Unrealistic Expectations of Others
12:00-12:25	Love vs. Lust	4:30-4:55	They're Ready to be in a Committed Relationship but I'm Not
12:30-12:55	Take Down Your Walls	5:00-5:25	Staying in Past the Expiration Date
1:00-1:25	The Fellowship: A Part Of vs. Apart From	5:30-5:55	Bridging Two Worlds: Relationships Outside of NA
1:30-1:55	Hurt People Hurt People	6:00-6:25	Parenting in Recovery
2:00-2:25	New Family Dynamics During the Pandemic	6:30-6:55	My Higher Power and Me; Conscious Contact
7:00-8:00	Main Speaker: Antoinette B. 12 Steps, a Spiritual Relationship that Works		

Join Zoom Meeting:
<https://us02web.zoom.us/j/82491801338?pwd=UldibDFkeW9NSUZlR2kxL3MrM3pudz09>
Meeting ID: 824 9180 1338 Passcode: 607320
 The Chesapeake and Potomac Region needs your support! More info at CPRNA.org.

BE BOLD. BE HEARD.

In the Montgomery Area's First Ever Virtual Talent Show!

**SATURDAY FEB 20, 2021
5 TO 7PM EST
MEETING ID: 835 9354 8227
PASSCODE: 123456**

Montgomery Area Special Events is Hosting a Virtual Talent Show! Let's kick it and have some fun watching whatever talents you all have! Fellowshiping and Friendship!

CONTACT:
 Brad S. @ 540-272-8899 to register! Text Brad with your name, # & Talent you will be performing.

FELLOWSHIP FOR FREEDOM AREA OF NA IN TOPEKA KS PRESENTS

ALL ABOUT LOVE

AN ONLINE ZOOM EVENT FEBRUARY 13TH 2021 12PM NOON CST (EST) TO 9:35PM CST (EST) WITH FELLOWSHIP, OPEN MIC & DANCE PARTY TO FOLLOW

DERRICK H. MADISON, WI
 EDWINA RM. MADISON, WI
 TONI S. SPENARD, AK
 BLAINE J. TOPEKA, KS
 ABE E. TOPEKA, KS
 ALIA M. KANSAS CITY, KANSAS
 DERWIN L. MADISON, WI
 DIA A. MADISON, WI
 NICOLE B. MADISON, WI
 MOLLEE F. KANSAS CITY, MO
 MARGO TUSCON, AZ
 KEVIN JC. PARK CITY, UT
 MARLOWE G. SAINT LOUIS, MO
 MICHAEL R. HOUSTON, TX

-A NEW WAY OF LIFE 12-12:35
 -NO MATTER WHAT 12:40 TO 1:15
 -SPIRITUALITY IN ACTION 1:20-1:55
 -TRADITION 12:215-2:45
 -THE JOURNEY CONTINUES... RELATIONSHIPS 2:55-3:25
 -GETTING OUT OF OUR OWN WAY 3:30-4
 -ACTING OUR WAY INTO THINKING DIFFERENT 4:15-4:45
 -APPLYING SPIRITUAL PRINCIPLES 4:50-5:25
 -SIMILARITIES RATHER THAN DIFFERENCES 5:30-6
 -FINDING OUR PLACE IN THE WORLD 6:05-6:40
 -UNCONDITIONAL LOVE 6:45-7:15
 -TRADITION 5 7:20-7:50
 -MOVING BEYOND SOCIAL ACCEPTABILITY 7:50-8:30
 -NEVER ALONE 8:30-9

CELEBRATION OF LIFE AT 9PM BEFORE WE MOVE INTO FELLOWSHIP & FUN IN HONOR OF ADDICTS WHO HAVE DIED THIS YEAR. ❤️

**WHEN: SAT FEB. 13TH 2021
 WHERE: ZOOM
 MEETING ID: 392 752 9638
 PASSWORD: 082130
 TIME: 12PM NOON CST TO 9:35PM CST**

ZOOM MEETING ID 392 752 9638 PASSWORD 082130

D.C. SPECIAL EVENTS PRESENTS

LOVE IS...?

SPEAKER JAM

**SUN. FEB. 14
12PM-8PM**

ZOOM ID#834-5427-1396 pw: 123456

www.cprna.org

CREATING OUR COMMON WELFARE

FEB 13TH @ 9AM
 Virtual via Zoom
 MTG ID: 625 642 7131
 PASSWORD: COCW