



Message of NA: *"...that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom."*

Primary Purpose: *"...to carry the message to the addict who still suffers..."*

Basic Text - 6th Ed. - Pg. 68

Step 2

We came to believe that a Power greater than ourselves could restore us to sanity

We prepare for Step Two by acknowledging that we don't know everything about our Higher Power. Many of us have a distorted view of God. Although we are not quick to admit it, we may believe that God is like our abusive or absent parents or significant others. We may believe that God doesn't care about how we feel, that he is cruel and waiting to judge us. We may have been threatened with God's punishment all our lives. "The distorted images that parents place in our hearts and minds carry directly over to our image of God. We grow up feeling that God sees us as our parents did. And so, we grow up seeing ourselves and our God through distorted eyes." Preparing for Step Two requires that we set aside our old images and mistaken beliefs about God. For now, we simply hold on to the words of the Second Tradition, ". There is but one ultimate authority - a loving God.. Step 2 is a step of hope, faith and realization. It is a big step towards God. In spite of all of the failures in my own life - all of the broken promises, hard feelings, disappointments, failures, destructive behavior, hatred, anxiety, depression or guilt in my life - there is still hope. There is hope because there is a Power greater than myself. And this Power has the ability to restore my life to a life where there is freedom from the insanity of addictive behaviors. I begin to realize that such a Power exists and this Power is able to set me on the road to recovery and freedom. The process of coming to believe is something that we seem to experience in similar ways. One thing most of us lacked was a working relationship with a Higher Power. We begin to develop this relationship by simply admitting to the possibility of a Power greater than ourselves. Most of us have no trouble admitting that addiction had become a destructive force in our lives. Our best efforts resulted in ever greater destruction and despair. At some point we realized we needed the help of some Power greater than our addiction. Our understanding of a Higher Power is up to us. No one is going to decide for us. We can call it the group, the program, or we can call it God. The only suggested guidelines are that this Power be loving, caring and greater than ourselves. We don't have to be religious to accept this idea. The point is that we open our minds to believe

Tradition 2

For our group purpose there is but one ultimate authority a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

In Narcotics Anonymous, we are often concerned with protecting ourselves from ourselves. Our Second Tradition is an example of this fact. "By nature, we are strong-willed, self-centered people, thrust together in NA; mis-managers all; not one of us is capable of making consistently good decisions." [Narcotics Anonymous Basic Text, 5th Edition, English, page 60]. We avoid many of the pitfalls awaiting us in PI work by adhering to the spirit of this Tradition. First, our PI subcommittees must work within our service structure in order to receive the guidance of our ultimate authority, a loving God. A subcommittee that reports to its area or regional committee and actively seeks involvement of members from the groups of areas it serves will be functioning in the spirit of this tradition. Those of us who are given the opportunity to serve need to remind ourselves that we do not, in fact, govern. But let us not be paralyzed by this Tradition. That is not its purpose. PI subcommittees need not be afraid to act if the actions are in the spirit of all our traditions. In fact, if we don't act at all, we are not truly serving our Fellowship. Public information service work is vital to our primary purpose of carrying the message of recovery. Once the group conscience has spoken through our election process, we must trust our elected trusted servants and support them to get the job done. If our trusted servants don't do it, who will? This Tradition tells us how to go about finding direction for what needs doing.

Concept 2

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The final responsibility and authority for NA services rests with the NA groups. The NA service structure has been created by the groups to serve the common needs of the groups. Our fellowship's service boards and committees exist to help groups share their experience with one another, provide tools which help groups function better, attract new members to group recovery meetings, and carry the NA message further than any single group could carry it alone. Because the groups have created the service structure, they have final authority over all its affairs. By the same token, the groups also have the final responsibility for the support of all its activities. The two go hand in hand. Ideally, responsibility and authority are flip sides of the same coin; the exercise of one is also an exercise of the other. When our groups provide the resources—conscience and ideas, people, money—needed to fulfill NA services, they also provide direction to the service structure. Let's take a look at a few examples of how this principle works. The most important resource contributed to the service structure by an NA group is almost exclusively spiritual: its ideas and its conscience. Without the voice of the groups, the service structure may not know what kinds of services are needed, or whether the services it provides are ones the groups want. The groups provide the ideas and direction needed to guide the service structure in fulfilling its responsibilities. By voicing their needs and concerns, the groups also exercise their authority for the service structure they have created. The people who give their time to service work are a vital resource; without them, our service boards and committees would not exist, much less be able to serve. The group's responsibility to the service structure is to elect a group service representative who will serve the best interests of the group and the entire NA Fellowship. By carefully selecting its GSR, then providing that person with regular support and guidance, the group exercises its ability to impact NA services, both directly and indirectly. In choosing a qualified GSR, then sending him or her out to serve on the group's behalf, the group fulfills a large part of both its responsibility and authority for NA services.



Celebrating the PROCESS of Recovery
February 2020 Anniversaries &
Acknowledgements Congratulations All!!

Linda D., 36 years, 2/8/20, 12:00 pm, St. Martin's Pioneer Rm
1908 North Capitol St. NW

Deboria A., 23 years, 2/22/20, 12:00 pm, St. Martin's Pioneer Rm
1908 North Capitol St. NW

Ellen C., 30 years, 2/21/20, 7:00 pm, One Step at a Time,
4901 14th Street, NW, St. Paul Church

Eric W., 25 years, 2/25/20, 7:00 pm, 818 Miracles Group,
70 O St. NW

Special Events Presents A Pre-Valentines Dance, tickets \$5, 2/6/20,
9pm-1am, St. Martin's, 1908 North Capitol St. NW

Darryl J., 23 years, 1/14/20, 7pm, Last Shall Be First,
124 15th St. SE

Tammy F., 15 years, 1/31/20, 7:00 pm, One Step at a Time,
4901 14th Street, NW, St. Paul Church

Special Events Presents 3rd Annual Extravaganza, tickets \$10,
3/21/20, 6pm-1am, St. Martin's, 1908 North Capitol St. NW

Another Level of Awareness, 2nd & D Street, NW
Meets Sunday, 1:30-3:00pm, needs support.

CPRCNA XXXIV Merchandise Subcommittee needs volunteers, meets
2nd Thursday of each month, Shepherd Park Library, 7420 Georgia
Avenue NW, Conf Room 1

DC AREA SERVICE

Meets 1st Saturday of every month
Westminster Presbyterian Church
400 I St. SW
Admin. Body meets at 10:45am
Full body meets at 12 noon
Names of newly elected DCASC
trusted servants will be posted in
September newsletter

Chair: Joan H.
Vice Chair: Darryl J.
Secretary: Rachell E.
Asst. Secretary:
RCM: Kym G.
RCM ALT:
Treasurer: Tecoy W.
Asst. Treasurer: Michael J.
COC Rep. William
Asst. Policy Monitor: OPEN

DC Area Rep. to CPRCNA Program
Sub Committee:

DCASC Subcommittees:

Hospitals & Institutions (H&I)
Meets 4th Sat. at Providence
Hospital 1150 Varnum St. NE
3:00pm

Main Conference Room
Chair: Sranda W.
Vice Chair: OPEN.

Special Events
Meets 3rd Sat. of every month at
St. Martin's Church 2:00pm
1908 North Capitol St. NW
Chair: Robyn R.N.
Vice Chair: OPEN


Newsletter
Meets 3rd Mon. of every month at
Lamond Riggs Library 6:00pm
5401 South Dakota Ave NE
Chair: Tammy F.
Vice Chair: OPEN

Literature
Meets 3rd Tues. of every month at
Emery House 6:30pm
1725 Lincoln Rd. NE
Chair: Eric W.
Vice Chair: OPEN

Policy
Meets 3rd Tues. of every month at
Emery House 7:00pm
1725 Lincoln Rd. NE
Chair: Eloise C.
Asst. Policy Monitor: Donald J.

Public Relations (PR)
Meets 3rd Tues. of every month at
Emery House 7:30pm
1725 Lincoln Rd. NE
Chair: Marie W.
Vice Chair: OPEN

-DISCLAIMER-
The "DC Link" is the monthly newsletter of the DC Area Service Committee. Its purpose is to carry the message of recovery and increase unity.
The opinions here do not necessarily reflect the views of Narcotics Anonymous as a whole. No endorsement of, or affiliation with, any organization is intended or implied.
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Contact DC Link: DC Area Newsletter | PO Box 9863 Washington DC 20016 or dclinknewsletter@gmail.com 
Submit your service perspectives, Step, Tradition, Concept and Recovery Experiences
Submission Deadline: 3rd Monday of each month
DC Link On-line <http://www.cprna.org/our-areas/news/district-of-columbia-area/>

Release Form: This signed release form must accompany all submissions. The undersigned give the NA Fellowship any of its agent's permission to publish the original written material I have submitted and also grant full unconditional release from any liability arising from its use. I understand that my material may be edited or may be published in whole or in part in another NA publication other than the "DC Link". I understand that sending my submission electronically indicates my agreement with the terms of this release.

Signature: _____ Date: _____