

**SUNDAY**

**10:00 AM NA in Delray (O,WC &,HY, 90)**, Department of Community & Human Services (DCHS), 4850 Mark Center Dr., Alexandria, VA Conference Center, 1st Floor  
**Zoom ID: 873 4446 3412; P/C: 1991**

**NOON Just For Today (O, 75)**, Unity Club, 116 W Broad St., Falls Church, VA

**7:00 PM Another Look (O,WC &, 60)**, Franconia UMC, 6037 Franconia Rd., Alexandria, VA

**7:00 PM Living In The Solution (O,VAR,SPK,STEP,VM, 75)**, Woodbridge, VA  
**Zoom ID: 568 046 8023; P/C: 121212**

**MONDAY**

**7:00 PM Cracker Box (O,WC &, 60)**, Fairfax Presbyterian Church, 10723 Main St., Fairfax, VA

**7:00 PM In The Heart Of (O, 90)**, Charles Houston Recreation Center, 901 Wythe St, Alexandria, VA

**7:00 PM Miracles on Broad Street (O,WC &,HY, 60)**, Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA  
**Zoom ID 962 211 7089; P/C: 169422**

**7:30 PM Bring Your Stepwork (C,CH,DISC,WR, 60)**, Our Lady of Lourdes Church, 800 23rd St. S, Arlington, VA Parish Hall lower level RM#5 - Does not meet on federal holidays or Easter Monday - Not suitable for treatment center groups

**8:00 PM Step Over the Hump (O,STEP,TRAD,WC &,NP, 75)**, Good Shepherd Lutheran Church, 15695 Blackburn Road, Woodbridge, VA Entrance - In Rear

**TUESDAY**

**NOON High Noon II (O,WC &,SPAD, 60)**, Ferllazo Building, 15941 Donald Curtis Dr., Woodbridge, VA 2nd Floor - Dottie Bell Conference Room

**7:00 PM Choose Life (O, 60)**, Christ Crossman UMC, 384 N Washington St, Falls Church, VA

**7:00 PM NA in LA (O,WC &,HY, 90)**, Lee Center, 1108 Jefferson St, Alexandria, VA  
**Zoom ID: 533 129 809; P/C: NALA**

**8:00 PM Comfort Zone (O,VM, 60)**, Falls Church, VA  
**Zoom ID: 929 625 3168; P/C: 658318**

**8:00 PM Just for Tonight (O,JFT, 60)**, Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA

**WEDNESDAY**

**NOON One Noon at a Time (O,DISC,IP,JFT,SPK, 60)**, Unity Club, 116 W Broad St., Falls Church, VA

**6:30 PM Clean in Clarendon (O,DISC,SPK, 60)**, Clarendon Presbyterian Church, 1305 N Jackson St, Arlington, VA Free parking, door marked Aikido of Arlington

**6:30 PM Foundation Steps to Freedom (O,STEP,WC &, 90)**, Leonard Chick Armstrong Recreation Center, 25 W Reed Ave., Alexandria, VA

**6:30 PM NA Farsi (O,PER,HY, 60)**, St Dunstan's Episcopal Church, 1830 Kirby Rd., McLean, VA  
**Zoom ID: 822 6895 7935; P/C: 267059; This meeting is ONLY spoken in FARSI**

**6:30 PM Women Do Recover (O,W,LIT,HY, 60)**, Springfield Church of Christ, 7512 Old Keene Mills Rd, Springfield, VA  
**Zoom ID: 842 4803 8677; P/C: 999612**

**7:00 PM NA at Walter Reed (O,DISC, 90)**, Walter Reed, 2909 16th St S, Arlington, VA Inside the Rec center, Meets inside, in the rec center

**7:00 PM Plan B (O, 75)**, Unity Club, 116-B W Broad St, Falls Church, VA Rm R3

**7:30 PM Came to Believe (O, 60)**, Cameron UMC, 3130 Franconia Rd, Alexandria, VA

**8:00 PM Over The Hump (O,JFT,SPK,NP, 75)**, Good Shepherd Lutheran Church, 15695 Blackburn Rd., Woodbridge, VA Entrance - In Rear

**THURSDAY**

**6:30 PM Spiritual Pause (C,SPAD, 60)**, Lord of Life Lutheran Church, 5114 Twinbrook Rd, Fairfax, VA Park and enter in the back of the church

**7:30 PM Old Time Recovery (C,CH,DISC,WC &, 60)**, Langston-Brown Community Center, 2121 N. Culpeper St, Arlington, VA

**8:00 PM So Happy It's Thursday (O, 60)**, Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA

**FRIDAY**

**7:00 PM NA for Life (O,WC &, 90)**, Langston Brown Center, 2121 N Culpeper St., Arlington, VA

**7:00 PM Recovery on the South Side (O,WC &, 90)**, Lee Center, 1108 Jefferson St., Alexandria, VA

**7:00 PM Simplicity Is the Key (C,DISC,LIT, 60)**, Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA

**FRIDAY (CONT)**

**7:00 PM Women Of Woodbridge - W.O.W. (O,VAR,W,VM, 60)**, Woodbridge, VA  
**Zoom ID: 568 046 8023; P/C: 121212**

**7:15 PM Church Basement Recovery (O, 75)**, Kirkwood Presbyterian Church, 8336 Carrleigh Pkwy, West Springfield, VA

**7:30 PM Better Here Than There (O,JFT,VM,SPAD, 60)**, Arlington, VA  
**Zoom ID: 536 659 392; P/C: 842931**

**SATURDAY**

**NOON Just Living (O,JFT,WC &,LC, 90)**, Department of Community & Human Services (DCHS), 4850 Mark Center Dr., Alexandria, VA Conference Center, 1st Floor

**NOON Stepping Together (O,BEG,JFT, 75)**, St. Paul UMC, 1400 G St, Woodbridge, VA Side entrance down the hill

**6:00 PM Welcome Home (O,LIT, 60)**, Bush Hill Presbyterian Church, 4916 Franconia Rd, Alexandria, VA

**6:45 PM Free Yourself (O,WC &,HY, 75)**, Independence Club, 7043 Wimsatt Rd, Springfield, VA  
**Zoom ID: 962 211 7089; P/C: 169422**

## MEETING FORMAT LEGEND

BEG	Beginners	C	Closed
CH	Closed Holidays	DISC	Discussion
HY	Hybrid Physical/Virtual	IP	IP Study
JFT	Just for Today Study	LC	Living Clean Study
LIT	Literature Study	NP	No Pets
O	Open	PER	Persian / Farsi
SPAD	Spiritual Principle A Day Book Study	SPK	Speaker
STEP	Step	TRAD	Tradition
VAR	Format Varies	VM	Virtual Web Meeting
W	Women	WC	Wheelchair &
WR	Writing Meeting		

## PHONELINES

**C&P Region 24/7 Phoneline 800-543-4670**

Our neighboring regions:

In MD, Free State Region: 800-317-3222

In VA, Central Atlantic Region: 800-777-1515

## SERVICE MEETINGS

**Hospitals & Institutions Subcommittee** Meets 2nd  
Thursday of each month at 7:00 PM

Leonard Chick Armstrong Recreation Center, 25 West  
Reed Ave., Alexandria, VA 22305

Zoom ID: 735 570 9360 P/C: 573874

**Literature Subcommittee** Meets 1st Thursday of each  
month at 7:00 PM

Unitarian Universalist Church of Arlington, 4444 Arlington  
Blvd, Arlington, VA 22204

**NORVANA ASC Executive Committee** Meets Sunday  
before the Area Service Committee Meeting at 8:30 PM  
, Arlington, VA 22204

Zoom ID: 950 0412 8483 P/C: service; Phone P/C: 8415948

**NORVANA Area Service Committee** Meets 1st

Thursday of each month at 7:00 PM

Unitarian Universalist Church of Arlington, 4444 Arlington  
Blvd, Arlington, VA 22204

Zoom ID: 735 570 9360; P/C: 573874

**NORVANA Public Relations Subcommittee** Meets 2nd  
Sunday of each month at 3:00 PM

, Arlington, VA 22204

Zoom ID: 968 1999 5039; P/C: PR; Phone P/C: 860926

**Policy Subcommittee** Meets 1st Saturday of each month  
at 6:00 PM

, Falls Church, VA 22046

Zoom ID: 868 6403 0517; P/C: 121212

**Special Events Subcommittee** Meets 3rd Wednesday of  
each month at 6:30 PM

, Alexandria, VA 22240

Zoom ID: 986 8039 3907; P/C: NSE; Phone P/C: 540084

## PHONE NUMBERS

## NORVANA AREA



*The Norvana Area of Narcotics Anonymous  
has 41 meetings in Northern Virginia*

## NA MEETING LIST JANUARY 2026

### SUGGESTIONS FOR EVERYONE

*DON'T USE no matter what*

*Ask your Higher Power to keep you clean*

*Come early and stay late*

*Get a home group*

*Go to 90 meetings in 90 days*

*Read NA literature daily*

*Get and use a sponsor*

*Use the PHONE*

**KEEP COMING BACK. IT WORKS!**

### What is our message?

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

Basic Text, page 65

**Norvana Area of NA**  
**PO Box 7113, Falls Church, VA 22046**

**24/7 PHONELINE: 1-800-543-4670**

**Questions?** [norvana@cprna.org](mailto:norvana@cprna.org)

**Website:** <https://www.cprna.org>

**Not in the DMV?** <https://www.na.org>

**Meeting change?** [meetings@cprna.org](mailto:meetings@cprna.org)