|        |               | CUNDAY   |     |         | THESPAY (CONT)   |
|--------|---------------|--|-----|---------|--|
|        |               | SUNDAY   |     |         | TUESDAY (CONT)   |
| Sun    | 10:00AM       | NA in Delray, Department of Community & Human Services (DCHS) 4850 Mark Center Drive Alexandria, VA 22311 Zoom ID: 873 4446 3412; Passcode: 1991                   | Tue | 8:00PM  | Just for Tonight, Bush Hill Presbyterian Church<br>4916 Franconia Road<br>Alexandria, VA 22310<br>(O,JFT 75)   |
|        |               | (O,WC &,PPE,HY 90)   |     |         | WEDNESDAY  |
| Sun    |               | Just For Today, Unity Club<br>116 W Broad St<br>Falls Church, VA 22046<br>(O 60)   | Wed | 6:30PM  | Clean in Clarendon, Clarendon Presbyterian Church<br>1305 N Jackson St<br>Arlington, VA 22201<br>(O,DISC,SPK 60)                                       |
| Sun    |               | Another Look, Franconia United Methodist Church 6037 Franconia Rd Alexandria, VA 22151 (O,WC & 60)   | Wed | 6:30PM  | Women Do Recover, Springfield Church of Christ<br>7512 Old Keene Mills Rd<br>Springfield, VA 22150<br>Zoom ID: 842 4803 8677; Passcode: 999612         |
| Sun    | 7.00PM        | Living In The Solution, Immanuel Anglican Church<br>7075 Hoadly Rd<br>Manassas, VA 20112<br>Zoom ID: 568 046 8023; Passcode: 121212<br>(O,VAR,SPK,STEP,WC &,HY 75) | Wed | 7:00PM  | (W,PPE,HY 60)  NA at Walter Reed, Walter Reed 2909 16th St S Arlington, VA 22204 (O,DISC 90)   |
|        |               | MONDAY   | Wod | 7:00PM  | Plan B, Unity Club   |
| Mon    | 7:00PM        | Covid Soldiers, Arlington Assembly of God<br>4501. N. Pershing Dr.<br>Arlington, VA 22203<br>(O,PPE 90)  |     |         | 116-B W Broad St<br>Falls Church, VA 22046<br>(O,PPE 75)   |
| Mon    | 7:00PM        | Cracker Box, Fairfax Presbyterian Church Rm 124<br>10723 Main St<br>Fairfax, VA 22030  | wea | 7:3UPM  | Came to Believe, Cameron United Methodist Church<br>3130 Franconia Rd<br>Alexandria, VA 22310<br>(O,PPE 60)  |
| Mon    | 7:00PM        | (O,WC &,PPE 60)  In The Heart Of, Charles Houston Recreation Center 901 Wythe St Alexandria, VA 22314 (O 90)   | Wed | 8:00PM  | Over The Hump, Good Shepherd Lutheran Church<br>15695 Blackburn Road<br>Woodbridge, VA 22191<br>(OJFT,SPK,WC &,NP,PPE 75)                              |
| Mon    | 7:00PM        | Miracles on Broad Street, Falls Church Presbyerian Church  |     |         | THURSDAY   |
| 1.1011 | 7100114       | 225 E Broad St<br>Falls Church, VA 22046<br>Zoom ID 962 211 7089; Passcode: 169422<br>(O,WC &,PPE,HY 60)   | Thu | 6:30PM  | Women In Unity, Mark Center<br>4850 Mark Center Dr<br>Alexandria, Virginia 22311<br>(W,WC & 75)  |
| Mon    | 7:30PM        | Bring Your Stepwork, Our Lady of Lourdes Catholic Church<br>800 23rd St. S<br>Arlington, VA 22202<br>(C,STEP 60)   | Thu | 7:00PM  | Spiritual Pause, Lord of Life Lutheran Church<br>5114 Twinbrook Rd<br>Fairfax, VA 22032<br>(C,SPAD 60)   |
| Mon    | 8:00PM        | Step Over the Hump, Good Shepherd Lutheran Church<br>15695 Blackburn Road<br>Woodbridge, VA 22191<br>(O,STEP,TRAD,WC &,NP,PPE 75)                                  | Thu | 7:30PM  | Old Time Recovery, Langston-Brown Center<br>2121 N. Culpeper St<br>Arlington, VA 22207<br>(C,WC & 60)  |
|        |               | TUESDAY  | Thu | 8:00PM  | So Happy It's Thursday, Bush Hill Presbyterian Church  |
| Tue    | NOON          | High Noon II, Ferllazo Building<br>15941 Donald Curtis Dr.<br>Woodbridge, VA 22191   |     |         | 4916 Franconia Road<br>Alexandria, VA 22150<br>(O,PPE 60)  |
|        |               | (O,WC &,SPAD 60)   |     | 7.00014 | FRIDAY   |
| Tue    | 6:30PM        | NA Farsi, St Dunstan's Episcopal Church<br>1830 Kirby Road<br>McLean, VA 22101<br>Zoom ID: 822 6895 7935; Passcode: 267059; This meeting is ONLY                   | Fri | 7:00PM  | Man-up G-Street<br>Woodbridge, VA 22191<br>Zoom ID: 818 5987 9896; Passcode: 123<br>(O,M,VAR,WC &,VM 75)   |
| Tue    | 6:30PM        | spoken in FARSI<br>(O,PER,HY 60)  The Basics Group, Annandale United Methodist Church  | Fri | 7:00PM  | NA for Life, Langston Brown Center<br>2121 N Culpeper Street<br>Arlington, VA 22207<br>(O,WC & 90)   |
| Tuo    | 7:00PM        | 6935 Columbia Pike Annandale, VA 22003 (O,BT 60)  Choose Life, Christ Crossman United Methodist Church   | Fri | 7:00PM  | Recovery on the South Side, Lee Center<br>1108 South Jefferson Street<br>Alexandria, VA 22314  |
| Tue    | 7.00          | 384 N Washington St<br>Falls Church, VA 22046<br>(O,PPE 60)  | Fri | 7:00PM  | (O,WC & 90)  Simplicity Is the Key, Falls Church Presbyterian Church 225 E Broad Street  |
| Tue    | 7:00PM        | NA in LA, Lee Center   |     |         | Falls Church, VA 22046<br>(C,DISC,LIT 60)  |
|        |               | 1108 Jefferson St<br>Alexandria, VA 22314<br>Zoom ID: 533 129 809; Passcode: NALA<br>(O,WC &,PPE,HY 90)  | Fri | 7:00PM  | Women Of Woodbridge - W.O.W.<br>Woodbridge, VA 22191<br>Zoom ID: 568 046 8023; Passcode: 121212  |
| Tue    | 7:00PM        | Stepping Out of the Hole, Arlington Assembly of God  | F!  | 7.1584  | (O,VAR,W,WC &,VM 60)   |
| Tue    | 8:00PM        | 4501 N. Pershing Drive<br>Arlington, VA 22203<br>(O,JFT,WC & 90)   | Fri | 7:15PM  | Church Basement Recovery, Kirkwood Presbyterian Church<br>8336 Carrleigh Pkwy<br>West Springfield, VA 22152<br>Zoom ID: 962 211 7089; Password: 169422 |
|        | <del> •</del> | Falls Church, VA 22046   |     |         | (O,PPE,HY 75)  |
|        |               | Zoom ID: 929 625 3168; Passcode: 658318<br>(O,WC &,VM,PPE 60)  | Fri | 7:30PM  | <b>Better Here Than There</b> Arlington, VA 22204 Zoom ID: 536 659 392; Passcode: 842931 (O,JFT,VM,SPAD 60)  |
|        |               |  |     |         | . •  |

# Sat 11:00AM Sisters in Recovery, Fairlington Presbyterian Church 3846 King Street Alexandria, VA 22302 (O,W 90) Sat NOON Stepping Together, St. Paul United Methodist Church 1400 G St Woodbridge, VA 22191 Zoom ID: 568 046 8023; Passcode: 121212 (BEG.JFT,PPE,HY 75) Sat 6:00PM Welcome Home, Bush Hill Presbyterian Church 4916 Franconia Rd Alexandria, VA 22310 (O,LIT,PPE 60) Sat 6:45PM Free Yourself, Independence Club 7043 Wimsatt Rd Springfield, VA 22151 Zoom ID: 962 211 7089; Passcode: 169422 (O,WC & PPE,HY 75) Sat 7:00PM NA Pavilion, Greenbrier Baptist Church 5401 7th Road S Arlington, VA 22204 (O,PPE 90)

| MEETING FORMAT LEGEND |   |      |                      |  |  |  |
|-----------------------|---|------|----------------------|--|--|--|
| BEG                   | Beginners                               | BT   | Basic Text           |  |  |  |
| С                     | Closed                                  | DISC | Discussion           |  |  |  |
| HY                    | Hybrid Physical/Virtual                 | JFT  | Just for Today Study |  |  |  |
| LIT                   | Literature Study                        | М    | Men                  |  |  |  |
| NP                    | No Pets                                 | 0    | Open                 |  |  |  |
| PER                   | Persian / Farsi                         | PPE  | Masks Required       |  |  |  |
| SPAD                  | Spiritual Principle A Day Book<br>Study | SPK  | Speaker              |  |  |  |
| STEP                  | Step                                    | TRAD | Tradition            |  |  |  |
| VAR                   | Format Varies                           | VM   | Virtual Web Meeting  |  |  |  |
| W                     | Women                                   | WC & | Wheelchair           |  |  |  |
| PHONELINES            |   |      |                      |  |  |  |

### **PHONELINES**

NORVANA is part of the C&P Region and serves most of Northern Virginia including: Alexandria, Arlington, Annandale, Fairfax, Falls Church, Franconia, Springfield, and Woodbridge.

| C&P Region 24/7 Phoneline       | 800-543-4670 |  |
|---------------------------------|--------------|--|
| Our neighboring regions:        |              |  |
| In MD, Free State Region:       | 800-317-3222 |  |
| In VA, Central Atlantic Region: | 800-777-1515 |  |

### SERVICE MEETINGS

### **Area Service Committee**

Meets 1st Thursday of each month at 7:00PM Unitarian Universalist Church of Arlington

4444 Arlington Blvd Arlington, VA 22204

Zoom ID: 886 2375 6496; Passcode: service; Phone Passcode: 564930

### **Hospitals & Institutions Subcommittee Meeting**

Meets 2nd Thursday of each month at 7:00PM Leonard Chick Armstrong Recreation Center

25 West Reed Avenue Alexandria, VA 22305

Zoom ID: 847 0997 0369 Passcode: 121212

Literature Subcommittee Meeting Meets 1st Thursday of each month at 7:00PM Unitarian Universalist Church of Arlington

4444 Arlington Blvd Arlington, VA 22204

### **Policy Subcommittee Meeting**

Meets 1st Saturday of each month at 6:00PM Falls Church, VA 22046

Zoom ID: 868 6403 0517; Passcode: 121212

## **Special Events Subcommittee Meeting** *Meets 3rd Wednesday of each month at 6:30PM*

Alexandria, VA

Zoom ID: 834 5204 9191; Passcode: NSE

| PHONE NUMBERS        |  |  |  |  |
|----------------------|--|--|--|--|
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
|                      |  |  |  |  |
| What is our message? |  |  |  |  |

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

Basic Text, page 65

# **Narcotics Anonymous**



That no addict seeking recovery need ever die...

# **NORVANA**

Northern Virginia Area of Narcotics Anonymous P.O. Box 7113 Falls Church, VA 22046

> **24 HOUR PHONELINE** 1-800-543-4670

# **MEETING LIST APRIL 2024**

Also online at: https://www.cprna.org/norvana/

Send meeting changes to norvana@cprna.org and meetings@cprna.org