| | | SUNDAY | | | WEDNESDAY |
|----------|---------|--|-----|--------|---|
| Sun | 10:00AM | NA in Delray, Department of Community & Human Services (DCHS) 4850 Mark Center Dr. Alexandria, VA 22311 Zoom ID: 873 4446 3412; Passcode: 1991 | Wed | 6:30PM | Clean in Clarendon, Clarendon Presbyterian Church 1305 N Jackson St Arlington, VA 22201 (O,DISC,SPK 60) |
| | | (O,WC &,HY 90) | Wed | 6:30PM | Foundation Steps to Freedom, Leonard Chick Armstrong Recreation |
| Sun | NOON | Just For Today, Unity Club 116 W Broad St. Falls Church, VA 22046 (O 60) | | | Center 25 W. Reed Avenue Alexandria, VA 22305 (STEP,WC & 90) |
| Sun | | Another Look, Franconia UMC 6037 Franconia Rd. Alexandria, VA 22151 (O,WC & 60) | Wed | 6:30PM | Women Do Recover, Springfield Church of Christ 7512 Old Keene Mills Rd Springfield, VA 22150 Zoom ID: 842 4803 8677; Passcode: 999612 (W,LIT,HY 60) |
| Sun | 7:00PM | Living In The Solution, Immanuel Anglican Church 7075 Hoadly Rd Manassas, VA 20112 Zoom ID: 568 046 8023; Passcode: 121212 (O,VAR,SPK,STEP,WC &,HY 75) | Wed | 7:00PM | NA at Walter Reed, Walter Reed 2909 16th St S Arlington, VA 22204 (O,DISC 90) |
| | | MONDAY | Wed | 7:00PM | Plan B, Unity Club |
| Mon | 7:00PM | Covid Soldiers, Arlington Assembly of God 4501 N. Pershing Dr. Arlington, VA 22203 | | | 116-B W Broad St Falls Church, VA 22046 (O 75) Came to Believe, Cameron United Methodist Church |
| Mon | 7:00PM | (O 90) Cracker Box, Fairfax Presbyterian Church 10723 Main St. Fairfax. VA 22030 | | 7.20 | 3130 Franconia Rd Alexandria, VA 22310 (O 60) |
| Mon | 7:00PM | (O,WC & 60) In The Heart Of, Charles Houston Recreation Center 901 Wythe St | Wed | 8:00PM | Over The Hump, Good Shepherd Lutheran Church 15695 Blackburn Rd. Woodbridge, VA 22191 (OJFT,SPK,WC & ,NP 75) |
| | | Alexandria, VA 22314 (O 90) | | | THURSDAY |
| Mon | 7:00PM | Miracles on Broad Street, Falls Church Presbyerian Church 225 E Broad St. Falls Church, VA 22046 Zoom ID 962 211 7089; Passcode: 169422 | Thu | 6:30PM | Spiritual Pause, Lord of Life Lutheran Church 5114 Twinbrook Rd Fairfax, VA 22032 (C,SPAD 60) |
| Mon | 7:30PM | (O,WC &,HY 60) Bring Your Stepwork, Our Lady of Lourdes Catholic Church 800 23rd St. S Arlington, VA 22202 | Thu | 7:30PM | Old Time Recovery, Langston-Brown Community Center 2121 N. Culpeper St Arlington, VA 22207 (C,WC & 60) |
| Mon | 8:00PM | (C,STEP 60) Step Over the Hump, Good Shepherd Lutheran Church 15695 Blackburn Road Woodbridge, VA 22191 | Thu | 8:00PM | So Happy It's Thursday, Bush Hill Presbyterian Church 4916 Franconia Road Alexandria, VA 22150 (O 60) |
| | | (O,STEP,TRAD,WC &,NP 75) | | | FRIDAY |
| Tue | NOON | TUESDAY High Noon II, Ferlazo Building 15941 Donald Curtis Dr. Woodbridge, VA 22191 | Fri | 7:00PM | NA for Life, Langston Brown Center 2121 N Culpeper St. Arlington, VA 22207 (O,WC & 90) |
| Tue | | (O,WC &,SPAD 60) NA Farsi, St Dunstan's Episcopal Church 1830 Kirby Rd. McLean, VA 22101 Zoom ID: 822 6895 7935; Passcode: 267059; This meeting is ONLY spoken in FARSI (O,PER,HY 60) | Fri | 7:00PM | Recovery on the South Side, Lee Center 1108 5 Jefferson St. Alexandria, VA 22314 (O,WC & 90) |
| T | | | Fri | 7:00PM | Simplicity Is the Key, Falls Church Presbyterian Church 225 E Broad St. Falls Church, VA 22046 (C,DISC,LIT 60) |
| Tue | 0.30FM | The Basics Group, Annandale United Methodist Church 6935 Columbia Pike Annandale, VA 22003 (O,BT 60) | Fri | 7:00PM | Women Of Woodbridge - W.O.W. Woodbridge, VA 22191 Zoom ID: 568 046 8023; Passcode: 121212 |
| Tue | 7:00PM | Choose Life, Christ Crossman United Methodist Church 384 N Washington St Falls Church, VA 22046 (O 60) | Fri | 7:15PM | (O,VAR,W,WC &,VM 60) Church Basement Recovery, Kirkwood Presbyterian Church 8336 Carrleigh Pkwy West Springfield, VA 22152 |
| Tue | 7:00PM | NA in LA, Lee Center 1108 Jefferson St Alexandria, VA 22314 Zoom ID: 533 129 809; Passcode: NALA (O,WC &,HY 90) | Fri | 7:30PM | (O 75) Better Here Than There Arlington, VA 22204 Zoom ID: 536 659 392; Passcode: 842931 (O,JFT,VM,SPAD 60) |
| Tue | | Comfort Zone Falls Church, VA 22046 Zoom ID: 929 625 3168; Passcode: 658318 (O,WC &,VM 60) | Sat | NOON | Just Living, Department of Community & Human Services (DCHS) 4850 Mark Center Dr. |
| Tue | 8:00PM | Just for Tonight, Bush Hill Presbyterian Church 4916 Franconia Road Alexandria, VA 22310 (O,JFT 60) | Sat | NOON | Alexandria, VA 22311 (O,JFT,WC &,LC 90) Stepping Together, St. Paul United Methodist Church 1400 G St |
| | | | | | Woodbridge, VA 22191 (BEG,JFT 75) |

SATURDAY (CONT) Sat 6:00PM Welcome Home, Bush Hill Presbyterian Church 4916 Franconia Rd Alexandria, VA 22310 (O,LIT 60) Sat 6:45PM Free Yourself, Independence Club 7043 Wimsatt Rd Springfield, VA 22151 Zoom ID: 962 211 7089; Passcode: 169422 (O,WC &,HY 75)

| MEETING FORMAT LEGEND | | | | | | |
|-----------------------|-------------------------|------|---|--|--|--|
| BEG | Beginners | BT | Basic Text | | | |
| С | Closed | DISC | Discussion | | | |
| HY | Hybrid Physical/Virtual | JFT | Just for Today Study | | | |
| LC | Living Clean Study | LIT | Literature Study | | | |
| NP | No Pets | 0 | Open | | | |
| PER | Persian / Farsi | SPAD | Spiritual Principle A Day Book Study | | | |
| SPK | Speaker | STEP | Step | | | |
| TRAD | Tradition | VAR | Format Varies | | | |
| VM | Virtual Web Meeting | W | Women | | | |
| MC F | Wheelchair | | | | | |
| | | | | | | |

PHONELINES

NORVANA is part of the C&P Region and serves most of Northern Virginia including: Alexandria, Arlington, Annandale, Fairfax, Falls Church, Franconia, Springfield, and Woodbridge.

| C&P Region 24/7 Phoneline | 800-343-46/0 | | |
|---------------------------|--------------|--|--|
| | | | |
| Our neighboring regions: | | | |

| Our neighboring regions: | |
|---------------------------------|--------------|
| In MD, Free State Region: | 800-317-3222 |
| In VA, Central Atlantic Region: | 800-777-1515 |
| | |

SERVICE MEETINGS

ASC Executive Committee Meeting

Meets Sunday before the Area Service Committee Meeting at 8:30PM Arlington, VA 22204

Zoom ID: 950 0412 8483 Passcode: service; Phone Passcode: 8415948

Area Service Committee

Meets 1st Thursday of each month at 7:00PM Unitarian Universalist Church of Arlington

4444 Arlington Blvd

Arlington, VA 22204

Zoom ID: 735 570 9360; Passcode: 573874

Hospitals & Institutions Subcommittee Meeting

Meets 2nd Thursday of each month at 7:00PM Leonard Chick Armstrong Recreation Center

25 West Reed Ave.

Alexandria, VA 22305

Zoom ID: 735 570 9360 Passcode: 573874

Literature Subcommittee Meeting

Meets 1st Thursday of each month at 7:00PM Unitarian Universalist Church of Arlington

4444 Arlington Blvd Arlington, VA 22204

Policy Subcommittee Meeting Meets 1st Saturday of each month at 6:00PM

Falls Church, VA 22046

Zoom ID: 868 6403 0517; Passcode: 121212

Public Relations Subcommittee Meeting

Meets 2nd Sunday of each month at 3:00PM

Alexandria, VA

Zoom ID: 968 1999 5039; Passcode: PR; Phone Passcode: 860926

Special Events Subcommittee Meeting

Meets 3rd Wednesday of each month at 6:30PM

Zoom ID: 986 8039 3907; Passcode: NSE; Phone Passcode: 540084

| FIIONE NOMBERS |
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| What is our message? |

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

Basic Text, page 65

Narcotics Anonymous



That no addict seeking recovery need ever die...

NORVANA

Northern Virginia Area of Narcotics Anonymous P.O. Box 7113 Falls Church, VA 22046

> **24 HOUR PHONELINE** 1-800-543-4670

> > **MEETING LIST MAY 2025**

Also online at: https://www.cprna.org/norvana/

Send meeting changes to norvana@cprna.org and meetings@cprna.org