

SUNDAY

10:00 NA in Delray (O,WC &,HY, 90), Department of Community & Human Services (DCHS), 4850 Mark Center Dr., Alexandria, VA Conference Center, 1st Floor

Zoom ID: 873 4446 3412; P/C: 1991

NOON Just For Today (O, 75), Unity Club, 116 W Broad St., Falls Church, VA

7:00 Another Look (O,WC &, 60), Franconia UMC, PM 6037 Franconia Rd., Alexandria, VA

7:00 Living In The Solution (O,VAR,SPK,STEP,VM, 75), Woodbridge, VA
Zoom ID: 568 046 8023; P/C: 121212

MONDAY

7:00 Cracker Box (O,WC &, 60), Fairfax PM Presbyterian Church, 10723 Main St., Fairfax, VA

7:00 In The Heart Of (O, 90), Charles Houston PM Recreation Center, 901 Wythe St, Alexandria, VA

7:00 Miracles on Broad Street (O,WC &,HY, 60), Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA
Zoom ID 962 211 7089; P/C: 169422

7:30 Bring Your Stepwork (C,CH,DISC,WR, 60), PM Our Lady of Lourdes Church, 800 23rd St. S, Arlington, VA Parish Hall lower level RM#5 - Does not meet on federal holidays or Easter Monday - Not suitable for treatment center groups

8:00 Step Over the Hump (O,STEP,TRAD,WC &,NP, 75), Good Shepherd Lutheran Church, 15695 Blackburn Road, Woodbridge, VA
Entrance - In Rear

TUESDAY

NOON High Noon II (O,WC &,SPAD, 60), Ferllazo Building, 15941 Donald Curtis Dr., Woodbridge, VA 2nd Floor - Dottie Bell Conference Room

7:00 Choose Life (O, 60), Christ Crossman UMC, PM 384 N Washington St, Falls Church, VA

7:00 NA in LA (O,WC &,HY, 90), Lee Center, 1108 Jefferson St, Alexandria, VA
Zoom ID: 533 129 809; P/C: NALA

8:00 Comfort Zone (O,VM, 60), Falls Church, VA
PM Zoom ID: 929 625 3168; P/C: 658318

8:00 Just for Tonight (O,JFT, 60), Bush Hill PM Presbyterian Church, 4916 Franconia Road, Alexandria, VA

WEDNESDAY

NOON One Noon at a Time (O,DISC,IP,JFT,SPK, 60), Unity Club, 116 W Broad St., Falls Church, VA

6:30 Clean in Clarendon (O,DISC,SPK, 60), PM Clarendon Presbyterian Church, 1305 N Jackson St, Arlington, VA Free parking, door marked Aikido of Arlington

6:30 Foundation Steps to Freedom (O,STEP,WC &, 90), Leonard Chick PM Armstrong Recreation Center, 25 W Reed Ave., Alexandria, VA

6:30 NA Farsi (O,PER,HY, 60), St Dunstan's PM Episcopal Church, 1830 Kirby Rd., McLean, VA
Zoom ID: 822 6895 7935; P/C: 267059; This meeting is ONLY spoken in FARSI

6:30 Women Do Recover (O,W,LIT,HY, 60), PM Springfield Church of Christ, 7512 Old Keene Mills Rd, Springfield, VA
Zoom ID: 842 4803 8677; P/C: 999612

7:00 NA at Walter Reed (O,DISC, 90), Walter Reed, 2909 16th St S, Arlington, VA Inside the Rec center, Meets inside, in the rec center

7:00 Plan B (O, 75), Unity Club, 116-B W Broad St, PM Falls Church, VA Rm R3

7:30 Came to Believe (O, 60), Cameron UMC, PM 3130 Franconia Rd, Alexandria, VA

8:00 Over The Hump (O,JFT,SPK,NP, 75), Good PM Shepherd Lutheran Church, 15695 Blackburn Rd., Woodbridge, VA Entrance - In Rear

THURSDAY

6:30 Spiritual Pause (C,SPAD, 60), Lord of Life PM Lutheran Church, 5114 Twinbrook Rd, Fairfax, VA Park and enter in the back of the church

7:30 Old Time Recovery (C,CH,DISC,WC &, 60), PM Langston-Brown Community Center, 2121 N. Culpeper St, Arlington, VA

8:00 So Happy It's Thursday (O, 60), Bush Hill PM Presbyterian Church, 4916 Franconia Road, Alexandria, VA

FRIDAY**FRIDAY (CONT)**

7:00 Women Of Woodbridge - W.O.W.

PM (O,VAR,W,VM, 60), Woodbridge, VA
Zoom ID: 568 046 8023; P/C: 121212

7:15 Church Basement Recovery (O, 75), PM Kirkwood Presbyterian Church, 8336 Carrleigh Pkwy, West Springfield, VA

7:30 Better Here Than There (O,JFT,VM,SPAD, 60), Arlington, VA
Zoom ID: 536 659 392; P/C: 842931

SATURDAY

NOON Just Living (O,JFT,WC &,LC, 90), Department of Community & Human Services (DCHS), 4850 Mark Center Dr., Alexandria, VA Conference Center, 1st Floor

NOON Stepping Together (O,BEG,JFT, 75), St. Paul UMC, 1400 G St, Woodbridge, VA Side entrance down the hill

6:00 Welcome Home (O,LIT, 60), Bush Hill PM Presbyterian Church, 4916 Franconia Rd, Alexandria, VA

6:45 Free Yourself (O,WC &,HY, 75), Independence Club, 7043 Wimsatt Rd, Springfield, VA
Zoom ID: 962 211 7089; P/C: 169422

MEETING FORMAT LEGEND

BEG	Beginners	C	Closed
CH	Closed Holidays	DISC	Discussion
HY	Hybrid Physical/Virtual	IP	IP Study
JFT	Just for Today Study	LC	Living Clean Study
LIT	Literature Study	NP	No Pets
O	Open	PER	Persian / Farsi
SPAD	Spiritual Principle A Day Book Study	SPK	Speaker
STEP	Step	TRAD	Tradition
VAR	Format Varies	VM	Virtual Web Meeting
W	Women	WC	Wheelchair ♿
WR	Writing Meeting		

PHONE NUMBERS

PHONELINES

C&P Region 24/7 Phoneline **800-543-4670**

Our neighboring regions:

In MD, Free State Region: **800-317-3222**
In VA, Central Atlantic Region: **800-777-1515**

SERVICE MEETINGS

Hospitals & Institutions Subcommittee Meets 2nd Thursday of each month at 7:00 PM

Leonard Chick Armstrong Recreation Center, 25 West Reed Ave., Alexandria, VA 22305
Zoom ID: 735 570 9360 P/C: 573874

Literature Subcommittee Meets 1st Thursday of each month at 7:00 PM

Unitarian Universalist Church of Arlington, 4444 Arlington Blvd, Arlington, VA 22204

NORVANA ASC Executive Committee Meets Sunday before the Area Service Committee Meeting at 8:30 PM, Arlington, VA 22204

Zoom ID: 950 0412 8483 P/C: service; Phone P/C: 8415948

NORVANA Area Service Committee Meets 1st

Thursday of each month at 7:00 PM
Unitarian Universalist Church of Arlington, 4444 Arlington Blvd, Arlington, VA 22204

Zoom ID: 735 570 9360; P/C: 573874

NORVANA Public Relations Subcommittee Meets 2nd Sunday of each month at 3:00 PM, Arlington, VA 22204

Zoom ID: 968 1999 5039; P/C: PR; Phone P/C: 860926

Policy Subcommittee Meets 1st Saturday of each month at 6:00 PM, Falls Church, VA 22046

Zoom ID: 868 6403 0517; P/C: 121212

Special Events Subcommittee Meets 3rd Wednesday of each month at 6:30 PM, Alexandria, VA 22240

Zoom ID: 986 8039 3907; P/C: NSE; Phone P/C: 540084

NORVANA AREA



**The Norvana Area of Narcotics Anonymous
has 41 meetings in Northern Virginia**

NA MEETING LIST JANUARY 2026

SUGGESTIONS FOR EVERYONE

*DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE*

KEEP COMING BACK. IT WORKS!

Norvana Area of NA

PO Box 7113, Falls Church, VA 22046

24/7 PHONELINE: 1-800-543-4670

Questions? norvana@cprna.org

Website: <https://www.cprna.org>

Not in the DMV? <https://www.na.org>

Meeting change? meetings@cprna.org

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