

SUNDAY

6:30 PM Up from Down Under (O,DISC)
6056 Old Central Ave Capitol Heights, MD

MONDAY

10:00 AM Fresh Start (O,DISC)
St. Lukes Church 4925 E Capitol St. NE Washington, DC

6:00 PM 1-12 Step (O,STEP)
Mt Moriah (except holidays), 1636 E Capitol St. NE Washington, DC

7:00 PM Aging In Recovery (O,DISC,VM)
Washington, DC
Zoom ID: 824 005 5286; P/C: recovery

7:00 PM Monday Night Step Meeting (C,LIT)
St. Lukes Church 4925 E. Capitol St. NE Washington, DC

WEDNESDAY

10:00 AM Fresh Start (O,DISC)
St. Lukes Church 4925 E Capitol St. NE Washington, DC

6:00 PM The How Group (O,BEG,IP,IW,M,STEP)
Ambassador Baptist Church 1412 Minnesota Ave. SE Washington, DC

6:30 PM From the Streets to the Seats (C,STEP,TRAD,QA,LIT)
St. Francis Xavier Church 2815 O St SE Washington, DC

7:00 PM Aging In Recovery (O,DISC,VM)
Washington, DC
Zoom ID: 824 005 5286; P/C: recovery

THURSDAY

6:30 PM Emergency Room to Life (O,WC &,LIT)
1600 Morris Rd SE Washington, DC

6:30 PM Under New Management (C,STEP,TRAD,VM,LIT)
Washington, DC
Zoom ID: 997 824 3262; No P/C

6:30 PM Up from Down Under (O,DISC)
6056 Old Central Ave Capitol Heights, MD

FRIDAY

10:00 AM Fresh Start (O,DISC)
St. Lukes Church 4925 E Capitol St. NE Washington, DC

7:00 PM Aging In Recovery (O,DISC,VM)
Washington, DC
Zoom ID: 824 005 5286; P/C: recovery

7:00 PM Jump Start to Recovery
880 Eastern Ave NE Washington, DC

SATURDAY

9:00 AM Roll Up Your Sleeves (O,TRAD,CPT,HY)
2409 Ainger Pl SE Washington, DC
Zoom ID: 557 493 6316, Passcode: 1953

2:00 PM Unbreakable Women (O,W,WC &,LIT)
2451 Ainger Place SE Washington, DC

7:00 PM 818 Miracles (O,STEP,TRAD,VM)
Washington, DC
Zoom ID: 731-1498-4304; P/C: 818

MEETING FORMAT LEGEND

BEG	Beginners	C	Closed
CPT	12 Concepts	DISC	Discussion
HY	Hybrid Physical/Virtual	IP	IP Study
IW	It Works Study	LIT	Literature Study
M	Men	O	Open
QA	Question and Answer	STEP	Step
TRAD	Tradition	VM	Virtual Web Meeting
W	Women	WC	Wheelchair &

DID YOU KNOW? You can also dial-in by phone to most Zoom meetings. Use any of the below phone numbers. You will be asked to enter the Meeting ID and Passcode. When on the call, use *6 to mute/unmute and *9 to raise/lower hand to share. Zoom Dial-In Numbers: 301-715-8592, 312-626-6799, 929-205-6099

PHONELINES

C&P Region 24/7 Phoneline **800-543-4670**

Our neighboring regions:
In MD, Free State Region: 800-317-3222
In VA, Central Atlantic Region: 800-777-1515

SERVICE MEETINGS

EOR Area Service Committee
Meets the last Monday of the month at 7:00 PM
St. Luke Catholic Church, 925 East Capitol St SE, Washington, DC

