

DID YOU KNOW? You can also dial-in by phone to most Zoom meetings. Use any of the below phone numbers. You will be asked to enter the Meeting ID and Passcode. When on the call, use *6 to mute/unmute and *9 to raise/lower hand to share. Zoom Dial-In Numbers: 301-715-8592, 312-626-6799, 929-205-6099

SUNDAY

Battlefield Area

NOON Noon Meeting: O,VM; , Manassas, VA, , **Zoom Meeting ID: 258 450 030; Passcode: 669757**

7:30PM Sunday Night Meeting: O,BT,DISC,IW,SPK,TC,VM; St. Mark's UMC, 7803 Well Street, Manassas, VA, , **Zoom Meeting ID: 219 072 5994; No Passcode**

Central Maryland Area

10:00AM Breakfast Club: O,DISC,WC &,TC,VM; College Park Youth Service, 4912 Nantucket Rd, College Park, MD, , **Zoom Meeting ID: 878 4829 2214; Passcode: 4912Donuts**
10:00AM Easy Like Sunday Morning: O,DISC,PH,WC &,TC,VM; Springhill Lake Rec Center, 6101 Cherrywood Lane, Greenbelt, MD, , **Phone# 425-436-6350; Password: 822692#, 425-436-6350**

11:00AM Starting Over: O,VAR,WC &,TC,VM; Laurel Regional Hospital, 7100 Contee Rd, Laurel, MD, , **Zoom Meeting ID: 402 843 751; No Passcode**

4:30PM The Living Clean Group: O,WC &,TC,VM,LIT; The 180 Club, 4318 Hamilton Street, Hyattsville, MD, , **Zoom Meeting ID: 841 028 34213; Passcode: 180LvClean**

7:30PM Savage Survivors: O,WC &,TC,VM; Savage UMC, 9050 Baltimore St, Savage, MD, , **Zoom Meeting ID: 834 7930 4812; Passcode: 123915**

District of Columbia Area

9:00AM Sunday Morning Spiritual: O,DISC,TRAD,WC &,TC,VM; Veterans Administration Medical Center, 50 Irving St NW, Washington, DC, , **Zoom ID 828 187 48245; Passcode 526473**

10:30AM Coffee Hour: O,WC &,TC,VM; The View Apartment, 635 Edgewood St NE, Washington, DC, , **Zoom ID 828 187 48245; Passcode 526473**

11:00AM Sunday Morning Steps & Traditions: O,WC &,TC,VM; Howard University Hospital, 2041 Georgia Avenue NW, Washington, DC, , **Zoom Meeting ID: 893 1577 3534; Passcode: 873274**

7:00PM Joyful Start: O,PH,TC,VM; Mt Zion Baptist Church, 5101 14th St NW, Washington, DC, , **Phone #: 1-917-900-1022; Phone Password: 3619185#, 1-917-900-1022**

7:00PM Sunday Night Spiritual Group: O,TC,VM; St Mary's Church, 727 5th St NW, Washington, DC, , **Zoom Meeting ID: 430 080 727; Passcode: 305173**

Dulles Corridor Area

10:30AM To Tell The Truth: O,WC &,TC,VM; Community Center (Hunters Woods), 2310 Colts Neck Rd., Reston, VA, , **Zoom Meeting ID: 935 025 791; Passcode: ToTelTr7!**

NOON Noon Meeting: O,VM; , Herndon, VA, , **Zoom Meeting ID: 962 211 7089; Passcode: 169422**

7:00PM The Journey Continues: O; St. David's Episcopal Church, 43600 Russell Branch Parkway, Ashburn, VA, **7:00PM Walking the Walk: C,O,VM;** , Herndon, VA, , **Zoom Meeting ID: 936 0237 3375; Passcode: 389615**

7:00PM Women's Rap: O,W,VM; , Herndon, VA, , **Zoom Meeting ID: 881 666 45122; Passcode: 596376**

SUNDAY (CONT)

Frederick Area

11:00AM Sunday Morning NA: O,JFT,TC,VM; Crossroads Center, 511 W South St, Frederick, MD, , **Zoom Meeting ID: 8108397960; Passcode: 287829**

6:30PM Just For Today: O,WC &,TC,VM; Crossroads Center, 511 W South St, Frederick, MD, , **Zoom Meeting ID: 8108397960; Passcode: 287829**

Montgomery Area

8:00AM Squeaky Clean: O,DISC,TC,VM; AISH Learning Center, 11418 Old Georgetown Rd, Rockville, MD, , **Zoom Meeting ID: 617 673 8102; No Passcode**

NOON Progress in NA: O,STEP,TRAD,WC &,TC,VM; Holy Cross Resource Center, 9805 Dameron Dr, Silver Spring, MD, , **Zoom Meeting ID: 973 466 3601 Passcode: 875711**

6:00PM Talking Heads: O,DISC,VM; Chevy Chase UMC, 7001 Connecticut Ave, Chevy Chase, MD, , **Zoom Meeting ID: 816 0616 8822 Passcode: recovery12; Phone Passcode: 5423605084**

7:00PM The Real Recovering Addicts of Germantown - Women's Meeting: C,W,TC,VM,LIT; Mother Seton Catholic Church, 19951 Father Hurley Blvd., Germantown, MD, , **Zoom Meeting ID: 227 286 059 Passcode: 009766**

7:30PM The Alternative: O,CAN,DISC,SPK,WC &,TC,VM; Silver Spring Presbyterian Church, 580 University Blvd E, Silver Spring, MD, , **Zoom Meeting ID: 114 114 644 Passcode: 016821**

7:30PM Today's Recovery: O,DISC,WC &,TC,VM; Seneca Creek Community Church, 13 Firstfield Rd, Gaithersburg, MD, , **Zoom Meeting ID: 188 633 596 Passcode: 189549**

Norvana Area

10:00AM NA in Delray: O,WC &,TC,VM; Mt. Vernon Hospital, 2501 Parkers Lane, Alexandria, VA, , **Zoom Meeting ID: 880 7998 0153; Passcode: 1991**

NOON Just For Today: O,HY; Unity Club, 116 W Broad St, Falls Church, VA, , **Zoom Meeting ID: 841 1771 4923; Passcode: 387903**

NOON Noon Meeting: VM; , , **Zoom Meeting ID: 962 211 7089; Passcode: 169422**

5:00PM Sunday Sanity: O,DISC,PPE; Walter Reed Recreation Center, 2909 16th St S, Arlington, VA,

7:00PM Another Look: O,WC &,TC,VM; Franconia United Methodist Church, 6037 Franconia Rd, Alexandria, VA, , **Zoom Meeting ID: 297699721; Passcode: 014577**

7:00PM Living In The Solution: O,VAR,SPK,STEP,WC &,TC,VM; Reconciliation Community Church, 14654 Joplin Rd., Woodbridge, VA, , **Zoom Meeting ID: 568 046 8023; No passcode**

Rock Creek Area

5:30PM Progressive Recovery: O,TC,VM; Luther Place Memorial, 1226 Vermont Ave NW, Washington, DC, , **Zoom Meeting ID: 787 950 135; Passcode: 12345**

7:00PM Clean On The Hill: C,TC,VM; Capitol Hill UMC, 421 Seward Square SE, Washington, DC, , **Zoom Meeting ID: 724 9574 1690; No Passcode**

South Potomac Area

1:00PM Sunday Afternoon Meeting: VM; , Capitol Heights, MD, , **Zoom Meeting ID: 202 999 2020; Passcode: recovery**

SUNDAY (CONT)

7:00PM Closed Sunday: C,TC,VM; Bells UMC, 6016 Allentown Rd, Suitland, MD, , **Zoom Meeting ID: 773 329 553; Passcode: recovery**

Tri-County Area

2:00PM Walk the Walk: O; All Faith Episcopal Church, 38885 New Market Turner Road, Mechanicsville, MD,

7:00PM Basket Case: O; Chancellors Run Park, 21905 Chancellors Run Rd, Great Mills, MD,

7:30PM Another Chance: O,WC &; , 1450 Plum Pl. Rd., Huntingtown, MD,

7:30PM Stepping Into Traditions & Concepts: O; St Joseph's Church, 4590 St Joseph Way, Pomfret, MD,

MONDAY

Battlefield Area

NOON Noon Meeting: O,VM; , Manassas, VA, , **Zoom Meeting ID: 258 450 030; Passcode: 669757**

7:00PM Grateful Heads: O,BT,DISC,TC,VM; St Mark's UMC, 7803 Well St, Manassas, VA, , **Zoom Meeting ID: 798 056 2842; No Passcode**

8:30PM Getting Centered: O,DISC,TC,VM,LIT; Church of the Ascension, 13941 Braddock Rd, Centreville, VA, , **Zoom Meeting ID: 837 7972 7742; No Passcode**

Central Maryland Area

7:00PM Hope Fiends: O,BEG,PH,WC &,TC,VM; UM Prince Georges County Hospital Center, 3001 Hospital Dr, Cheverly, MD, , **Phone # 712-770-5342; Password: 545915#, 712-770-5342**

7:00PM It Works: How and Why: C,WC &,TC,VM; Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD, , **Zoom Meeting ID: 6236066098; Passcode: 010746**

7:00PM Laurel Basics 1-2-3: O,WC &,TC,VM; Laurel Regional Hospital, 7100 Contee Rd, Laurel, MD, , **Zoom Meeting ID: 818 0795 7839; No Passcode**

Dulles Corridor Area

NOON Noon Meeting: O,VM; , Herndon, VA, , **Zoom Meeting ID: 962 211 7089; Passcode: 169422**

6:30PM Exact Nature Men's Meeting: O,M,WC &,TC,VM; Riverside Presbyterian Church, 21631 Ridgetop Circle, Ste 100, 2nd Floor, Sterling, VA, , **Zoom Meeting ID: 982 0445 2288; Passcode: DCANA; Phone Passcode: 618865**

8:00PM Free To Live: O,WC &,HY; St. Matthew's Episcopal Church, 201 E. Frederick Dr., Sterling, VA, , **Zoom Meeting ID: 640 695 1627; Passcode: Keyh@le4**

8:30PM Monday Madness: O,VM; , Herndon, VA, , **Zoom Meeting ID: 858 6341 2269; No Passcode**

East of the River Area

1:30PM Let Go and Let God: O; Church of the First Born, 2451 Ainger Pl SE, Washington, DC,

2:00PM Steppin' Into The Afternoon: STEP,VM; , Washington, DC, , **Zoom Meeting ID: 785 963 7766; Passcode: 1953**

3:30PM Let Go and Let God: O; Church of the First Born, 2451 Ainger Pl SE, Washington, DC,

4:00PM No Matter What Group: PH,VM,LIT; , Washington, DC, , **Phone #: 971-224-6573; Phone Password: 263750#, 971-224-6573**

MONDAY (CONT)

7:00PM Aging In Recovery: O,DISC,VM; , Washington, DC, , **Zoom Meeting ID: 824 005 5286; Passcode: recovery**
7:00PM Full Package: STEP,TRAD,TC,VM; Temple Of Praise Church, 700 Southern Ave. SE, Washington, DC, , **Zoom Meeting ID: 584 269 6023; Passcode: FP1**

Frederick Area

NOON Noon Group: O,TC,VM; Trinity Chapel, 10 W Church St, Frederick, MD, , **Zoom Meeting ID: 8108397960; Passcode: 287829**

7:00PM Monday Night Miracles by Candlelight: O,WC &,TC,VM; Grace Trinity United Church of Christ, 9501 Baltimore Rd, Frederick, MD, , **Zoom Meeting ID: 8108397960; Passcode: 287829**

7:30PM Addicts Only: C,VM; , Frederick, MD, , **Zoom Meeting ID: 400725607; Passcode: 845954**

8:30PM Late But Straight: O,IW,WC &; Staley Park, 11 W Tenth St, Frederick, MD,

Montgomery Area

NOON Freedom in the Village: O,WC &,TC,VM; Christ the Servant Lutheran Church, 9801 Centerway Rd, Montgomery Village, MD, , **Zoom Meeting ID: 429 962 2931 Passcode: FITV**

NOON NA at Noon: O,WC &,HY; Christ Congregational Church, 9525 Colesville Rd, Silver Spring, MD, , **Zoom Meeting ID: 889 4686 0935; No Passcode**

7:00PM Illness in Recovery: O,WC &,TC,VM; Millian Memorial UMC, 13016 Parkland Dr, Rockville, MD, , **Zoom Meeting ID: 504 070 556; No Passcode**

7:30PM Steps to Freedom: C,STEP,VM,WR; , Gaithersburg, MD, , **Zoom Meeting ID: 859 4843 0435; Passcode: 842655**

8:00PM Monday Miracles: BEG,STEP,TC,VM; Montgomery Hills Baptist Church, 9727 Georgia Ave, Silver Spring, MD, , **Zoom Meeting ID: 717 680 837; Passcode: 0428066**

8:00PM Oasis: O,TC,VM; Prince of Peace Lutheran Church, 11900 Darnestown Rd, Gaithersburg, MD, , **Zoom Meeting ID: 858 9117 8948; Passcode: 123456**

8:00PM Stayin' Alive: O,STEP,VM; , Gaithersburg, MD, , **Zoom Meeting ID: 430 131 8717 Passcode: NARocks**

Norvana Area

NOON Noon Meeting: VM; , , **Zoom Meeting ID: 962 211 7089; Passcode: 169422**

6:30PM Cracker Box: O,WC &; Fairfax Presbyterian Church, 10723 Main St, Fairfax, VA,

6:30PM Women's Choice: O,W,HY; Fairlington Presbyterian Church, 3846 King St, Alexandria, VA, , **Zoom Meeting ID: 547 117 2151; No Passcode, 929 205 6099**

7:00PM Covid Outside Soldiers: O,PPE; Arlington Assembly of God, 4501 N. Pershing Dr., Arlington, VA,

7:00PM Miracles on Broad Street: O,WC &,TC,VM; Falls Church Presbyterian Church, 225 E Broad St, Falls Church, VA, , **Zoom Meeting ID 962 211 7089; Passcode: 169422**

7:30PM Policy Subcommittee: TC,ASM; City of Fairfax Regional Library, 10360 North Street, Fairfax, VA,

8:00PM Monday Night Madness: O,DISC,TOP,ME,TC,VM; Bush Hill Presbyterian Church, 4916 Franconia Rd, Alexandria, VA, , **Zoom Meeting ID: 239 632 7972; Passcode: 2020**

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MONDAY (CONT)

8:00PM Step Over the Hump: O,WC &; Good Shepherd Lutheran Church, 15695 Blackburn Road, Woodbridge, VA,

Rock Creek Area

NOON Midday Meditations and Miracles: O,TC,VM; Dupont Circle Club, 1623 Connecticut Avenue NW, Washington, DC, , **Zoom Meeting ID: 942 264 753; Passcode: 121212**

8:05PM Beachcombers, Too: C,BT,DISC,VM; Perpetually Virtual, Rock Creek Area, Washington, DC, , **Zoom Meeting ID: 643 733 6181; Passcode: 805805**

8:30PM Living Proof: O,WC &,TC,VM; St Columba's Episcopal Church, 4201 Albermarle St NW, Washington, DC, , **Zoom Meeting ID: 394 675 550; Passcode: 444971**

South Potomac Area

7:30PM Monday Night Step: O,TC,VM; , 7902 Old Branch Ave, Clinton, MD, , **Zoom Meeting ID: 457 476 3595; No Passcode**

Tri-County Area

NOON NA in the Day: RR; Good Samaritan Church, 13025 Good Samaritan Dr., Waldorf, MD,

7:00PM Cover To Cover: O,WC &; , 21549 Point Lookout Rd, Leonardtown, MD,

7:00PM Time To Change: O; Lifestream Church of the Nazarene, 5105 Leonardtown Rd, Waldorf, MD, **First Mon Literature, Last Monday JFT**

7:30PM Seeds of Serenity: O; Crossroads Church, 150 Ball Rd, St Leonard, MD, **Bonfire meeting except in cases of bad weather**

TUESDAY

Battlefield Area

NOON Noon Meeting: O,VM; , Manassas, VA, , **Zoom Meeting ID: 258 450 030; Passcode: 669757**

8:00PM Just For Today: O,CW,JFT,TC,VM; St. Mark's, 7803 Well St (@ Leland Ave.), Manassas, VA, , **Zoom Meeting ID: 962 211 7089; No Passcode**

Central Maryland Area

7:00PM Women's Living Clean Book Meeting: O,W,VM,LIT; , Greenbelt, MD, , **Zoom Meeting ID: 245 092 790; Passcode: 010746**

7:30PM AWOL: O,BT,DISC,IW,JFT,STEP,TRAD,WC &,TC,VM; Greenbelt Step Club, 143 Centerway Rd., Greenbelt, MD, , **Zoom Meeting ID: 764 6988 0300; No Passcode**

7:30PM Serenity on Sandy Spring: O,BT,DISC,SPK,STEP,TOP,TC,VM; Holy Trinity Church, 7607 Sandy Spring Road, Laurel, MD, , **Zoom Meeting ID: 115 231 858; No Passcode**

District of Columbia Area

6:30PM Freedom To Change: O,PPE; St Martin's Church, 1908 N Capitol St NW, Washington, DC,

6:30PM Steps to the Courthouse: C,STEP,TC,VM; , 717 5th Street NW, Washington, DC, , **Zoom Meeting ID: 994 490 7494; No Passcode**

7:00PM Jump Start to Recovery: O,WC &,TC,VM; , 25 53rd St, NE, Washington, DC, , **Zoom Meeting ID: 824 7677 3969; No Passcode**

7:00PM The Last Shall Be First: C,STEP,TRAD,TC,VM; The Harold J. Gordon Bldg., 124 15th Street SE, Washington, DC, , **Zoom Meeting ID: 821 4373 7953; No Passcode**

TUESDAY (CONT)

Dulles Corridor Area

NOON Noon Meeting: O,VM; , Herndon, VA, , **Zoom Meeting ID: 962 211 7089; Passcode: 169422**

7:00PM Bring Your Own Basic Text (BYOBT):

C,STEP,TRAD,TC,VM; Galilee Methodist, 45425 Winding Rd. (Rte. 28@Rte 7), Sterling, VA, , **Zoom Meeting ID: 947 3109 1392; Passcode: 252551**

7:30PM Bottom of the Mountain: O,TC,VM; St. Andrew's Presbyterian Church, 711 W. Main Street, Purcellville, VA, , **Zoom Meeting ID: 820 207 675; Passcode: 268644**

8:00PM New Attitudes: O,WC &,TC,VM; Sterling UMC, 304 E Church St, Sterling, VA, , **Zoom Meeting ID: 772 1468 3075; Passcode: 711954**

East of the River Area

1:30PM Let Go and Let God: O; Church of the First Born, 2451 Ainger Pl SE, Washington, DC,

2:00PM Steppin' Into The Afternoon: STEP,VM; , Washington, DC, , **Zoom Meeting ID: 785 963 7766; Passcode: 1953**

3:30PM Let Go and Let God: O; Church of the First Born, 2451 Ainger Pl SE, Washington, DC,

4:00PM No Matter What Group: PH,VM,LIT; , Washington, DC, , **Phone #: 971-224-6573; Phone Password: 263750#, 971-224-6573**

6:30PM Give Yourself A Chance: BEG,STEP,TRAD,WC &,TC,VM; House Of Praise Church, 5110 Nannie Helen Burroughs Ave NE, Washington, DC, , **Zoom Meeting ID: 966 890 1973 ; No Passcode**

Frederick Area

NOON Noon Group: O,TC,VM; Trinity Chapel (side door-2nd floor), 10 W Church St, Frederick, MD, , **Zoom Meeting ID: 8108397960; Passcode: 287829**

5:30PM Rush Hour Recovery: O,DISC,WC &,TC,VM,LIT; All Saints Episcopal Church, 106 W Church Street, Frederick, MD, , **Zoom Meeting ID: 8108397960; Passcode: 287829**

7:00PM Vision of Hope: O,TC,VM; All Saints Episcopal Church, 106 W Church St, Frederick, MD, , **Zoom Meeting ID: 8108397960; Passcode: 287829**

7:30PM Addicted to Hope: O,BEG,STEP; Illiano Project Building, 407 S Main St, Mt Airy, MD,

Montgomery Area

NOON Freedom in the Village: O,WC &,TC,VM; Christ the Servant Lutheran Church, 9801 Centerway Rd, Montgomery Village, MD, , **Zoom Meeting ID: 429 962 2931 Passcode: FITV**

NOON NA at Noon: O,WC &,HY; Christ Congregational Church, 9525 Colesville Rd, Silver Spring, MD, , **Zoom Meeting ID: 889 4686 0935; No Passcode**

6:30PM Life On Life's Terms: O,DISC,WC &,TC,VM,LIT; The Episcopal Church of the Transfiguration, 13925 New Hampshire Avenue, Silver Spring, MD, , **Zoom Meeting ID: 161 043 7984; Passcode: 966837**

7:30PM All About Change: O,WC &,TC,VM; Seneca Creek Community Church, 13 Firstfield Rd, Gaithersburg, MD, , **Zoom Meeting ID: 884 8147 0649; No Passcode**

8:00PM Carrying the Message: O,VM; , Gaithersburg, MD, , **Zoom Meeting ID: 430 1318 717; Passcode: NARocks**

TUESDAY (CONT)

8:00PM Meetin' in Wheaton: C,TC,VM; Hughes Methodist Church, 10700 Georgia Ave, Wheaton, MD, , **Zoom Meeting ID: 205 312 092; Passcode: 018581**

Norvana Area

NOON Noon Meeting: VM; , , **Zoom Meeting ID: 962 211 7089; Passcode: 169422**

7:00PM Choose Life: O,TC,VM; Christ Crossman United Methodist Church, 384 N Washington St, Falls Church, VA, ,

Zoom Meeting ID: 562 899 389; Passcode: narocks

7:00PM NA in LA: O,WC &,TC,VM; Lee Center, 1108 Jefferson St, Alexandria, VA, , **Zoom Meeting ID: 533 129 809; Passcode: NALA**

8:00PM Just for Tonight: O,TC,VM; Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA, , **Zoom Meeting ID: 679 422 087; No Passcode**

8:30PM Comfort Zone: O,WC &,VM,HY; Temple United Methodist Church, 1835 N Nash St, Arlington, VA, , **Zoom Meeting ID: 929 625 3168; Passcode: 658318**

Rock Creek Area

NOON Midday Meditations and Miracles: O,TC,VM; Dupont Circle Club, 1623 Connecticut Avenue NW, Washington, DC, , **Zoom Meeting ID: 942 264 753; Passcode: 121212**

7:00PM Stepping Out of Trouble into Study: C,TC,VM; Plymouth Congregational Church, 5301 North Capitol Street NE, Washington, DC, , **Zoom Meeting ID: 815-925-2202; Passcode: sotis**

7:30PM Glad to be Alive: O,WC &,TC,VM; Chevy Chase United Methodist Church, 7001 Connecticut Ave, Chevy Chase, MD, , **Zoom Meeting ID: 275 118 642; Passcode: 982195**

8:30PM Dupont Circle NA: O,TC,VM; Dupont Circle Club, 1623 Connecticut Avenue NW, Washington, DC, , **Zoom Meeting ID: 813 959 6830; Passcode: 07090910**

8:30PM Fire Barrel: O,DISC,WC &,TC,VM; St. Luke's UMC, 3655 Calvert St. NW, Washington, DC, , **Zoom Meeting ID: 514 589 7117; Passcode: step11**

South Potomac Area

7:30PM Tuesday Night Meeting: VM; , Capitol Heights, MD, , **Zoom Meeting ID: 202 999 2020; Passcode: recovery**

Tri-County Area

7:00PM Living Clean: O,WC &; St Paul's UM Church, 25550 Point Lookout Rd, Leonardtown, MD,

7:00PM Progressive Incurable: O,WC &,TC,VM; , 100 Pushaw Station Rd, Sunderland, MD, , **Meeting ID: 987 349 4151 Password: 4**

7:30PM Off Campus Recovery: O,WC &,VM; Laurel Springs Regional Park, Radio Station Rd, La Plata, MD, , **Meeting ID 351 579 997**

WEDNESDAY

Battlefield Area

NOON Noon Meeting: O,VM; , Manassas, VA, , **Zoom Meeting ID: 258 450 030; Passcode: 669757**

8:30PM Welcome Home: O,DISC,VAR; Bull Run UUC, 9350 Main St, Manassas, VA,

Central Maryland Area

7:00PM Back to the Basics: O,WC &,TC,VM; Savage UMC, 9032 Baltimore St, Savage, MD, , **Zoom Meeting ID: 689 290 638; Passcode: 874121**

WEDNESDAY (CONT)

7:00PM New Wave: O,PH,STEP,TRAD,WC &,TC,VM; Glenarden City Hall, 8600 Glenarden Parkway, Glenarden, MD, , **Phone # 712-770-5393; Password: 308466#, 712-770-5393**

7:30PM Berwyn Group 2.0: O,DISC,TC,VM; Holy Redeemer Church, 4902 Berwyn Road, College Park, MD, , **Zoom Meeting ID: 829577524; No Passcode**

District of Columbia Area

7:00PM Ultimate Weapons: C,TC,VM; Johnson Memorial Baptist Church, 800 Ridge Road SE, Washington, DC, , **Zoom Meeting ID: 824 7677 3969; No Passcode**

Dulles Corridor Area

NOON Noon Meeting: O,VM; , Herndon, VA, , **Zoom Meeting ID: 962 211 7089; Passcode: 169422**

7:00PM Survivors: O,WC &,TC,VM; Community Center (Hunters Woods), 2310 Colts Neck Rd, Reston, VA, , **Zoom Meeting ID: 288 250 111; Passcode: Survivor3!**

7:00PM Women's Rap: O,BT,W,WC &,TC,VM; St. Matthew's Episcopal Church, 201 E Frederick Dr, Sterling, VA, , **Zoom Meeting ID: 881 666 45122; Passcode: 596376**

8:00PM New Hopefuls: O,DISC,STEP; St. Timothy's Episcopal Church, 432 Van Buren St, Herndon, VA,

East of the River Area

1:30PM Let Go and Let God: O; Church of the First Born, 2451 Ainger Pl SE, Washington, DC,

2:00PM Steppin' Into The Afternoon: STEP,VM; , Washington, DC, , **Zoom Meeting ID: 785 963 7766; Passcode: 1953**

3:30PM Let Go and Let God: O; Church of the First Born, 2451 Ainger Pl SE, Washington, DC,

4:00PM No Matter What Group: PH,VM,LIT; , Washington, DC, , **Phone #: 971-224-6573; Phone Password: 263750#, 971-224-6573**

6:00PM HOW: O,BEG,IP,IW,M,PH,STEP,TC,VM; New Ambassador Church, 1412 Minnesota Ave, SE, Washington, DC, , **Phone #: 701-802-5308; Phone Password: 7758700#, 701-802-5308**

7:00PM Aging In Recovery: O,DISC,VM; , Washington, DC, , **Zoom Meeting ID: 824 005 5286; Passcode: recovery**

Frederick Area

NOON Noon Group: O,TC,VM; Trinity Chaped (side door 2nd floor), 10 W Church St, Frederick, MD, , **Zoom Meeting ID: 8108397960; Passcode: 287829**

7:30PM Principles Before Personalities: O,WC &,HY; Staley Park, 11 W Tenth St, Frederick, MD, , **Zoom Meeting ID: 8108397960; Passcode: 287829**

Montgomery Area

NOON Freedom in the Village: O,WC &,TC,VM; Christ the Servant Lutheran Church, 9801 Centerway Rd, Montgomery Village, MD, , **Zoom Meeting ID: 429 962 2931 Passcode: FITV**

NOON NA at Noon: O,WC &,HY; Christ Congregational Church, 9525 Colesville Rd, Silver Spring, MD, , **Zoom Meeting ID: 889 4686 0935; No Passcode**

7:00PM Fresh Air: O,WC &,TC,VM; Cedar Lane UUC, 9601 Cedar Ln, Bethesda, MD, , **Zoom Meeting ID: 843 9336 4207; Passcode: NAWed7**

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WEDNESDAY (CONT)

7:30PM Gentleman's Club: C,JFT,M,TC,VM; Epworth UMC, 9008 Rosemont Dr, Gaithersburg, MD, , **Zoom Meeting ID: 882 6573 6940; Passcode: 875207**

7:30PM Never Alone: O,CAN,DISC,JFT,STEP,TOP,TRAD,WC &,TC,VM; Christ the Servant Lutheran Church, 9801 Centerway Rd, Montgomery Village, MD, , **Zoom Meeting ID: 537 929 2126; Passcode: 507372**

7:30PM People's Recovery: O,WC &,TC,VM; People's Community Baptist Church, 41 Norwood Rd, Silver Spring, MD, , **Zoom Meeting ID: 878 0419 2075; Passcode: 659058**

7:30PM Wednesday's Willingness: O,TC,VM; DHHS Silver Spring Center, 8818 Georgia Avenue, Silver Spring, MD, , **Zoom Meeting ID: 800 990 800; Passcode: 016212**

8:00PM Another Way: O,TC,VM; Prince of Peace Lutheran Church, 11900 Darnestown Road, Gaithersburg, MD, , **Zoom Meeting ID: 810 231 74462; Passcode: anotherway**

Norvana Area

NOON Noon Meeting: VM; , , **Zoom Meeting ID: 962 211 7089; Passcode: 169422**

5:30PM Stepping Out of the Hole: O,WC &; Cora Kelly Recreation Center, 25 West Reed Ave, Alexandria, VA, **Outdoor meeting**

7:00PM Plan B: O,PPE; Unity Club, 116-B W Broad St, Falls Church, VA,

7:00PM Special Events Subcommittee: TC,ASM; Alexandria Community Substance Abuse, 2355 Mill Rd, Alexandria, VA,

8:00PM Came to Believe: O; Cameron United Methodist Church, 3130 Franconia Rd, Alexandria, VA,

8:00PM Over The Hump: O,WC &; Good Shepherd Lutheran Church, 15695 Blackburn Road, Woodbridge, VA,

Rock Creek Area

NOON Midday Meditations and Miracles: O,TC,VM; Dupont Circle Club, 1623 Connecticut Avenue NW, Washington, DC, , **Zoom Meeting ID: 942 264 753; Passcode: 121212**

7:00PM Southwest Free Way: C,WC &,TC,VM; Westminster Presbyterian Church, 400 I Street SW, Washington, DC, , **Zoom Meeting ID: 323 898 787; No Passcode**

8:00PM Step Up: O,CAN,DISC,WC &,ME,TC,VM,LIT; St. Columba's Episcopal Church, 4201 Albemarle St NW, Washington, DC, , **Zoom Meeting ID: 457 222 405; Passcode: 883086**

8:30PM Conscious Contact Beginners: O,WC &,TC,VM; Wesley UMC, 5312 Connecticut Avenue NW, Washington, DC, , **Zoom Meeting ID: 308 925 752; No Passcode**

Tri-County Area

NOON NA in the Day: RR; Good Samaritan Chruch, 13025 Good Samaritan Dr., Waldorf, MD,

7:00PM Positive Alternative: O,WC &; Good Samaritan Church, 13025 Good Samaritan Dr, Waldorf, MD,

7:00PM Tower of Power: O,WC &; Mount Hope Community Center, 100 Pushaw Station Rd, Sunderland, MD,

7:30PM Life Support: O,WC &; Chancellors Run Park, 21905 Chancellors Run Road, Great Mills, MD,

THURSDAY

Battlefield Area

NOON Noon Meeting: O,VM; , Manassas, VA, , **Zoom Meeting ID: 258 450 030; Passcode: 669757**

THURSDAY (CONT)

8:30PM New Found Hope: O,BEG,BT,DISC,SPK,TC,VM; St. Mark's UMC, 7803 Well St (@Leland Ave), Manassas, VA, , **Zoom Meeting ID: 798 0562842; No Passcode**

Central Maryland Area

7:00PM Just For Today: O,WC &,TC,VM; Laurel Regional Hospital, 7100 Contee Road, Laurel, MD, , **Zoom Meeting ID: 702 155 242; No Passcode**

7:30PM More Will Be Revealed: O,TC,VM; Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, , **Zoom Meeting ID: 504 824 750; Passcode: 006600**

7:30PM Spiritual Awakenings: O,WC &,TC,VM; Oshe Shalom Synagogue, 7515 Olive Branch Way, Laurel, MD, , **Zoom Meeting ID: 716 889 028; Passcode: 001961**

District of Columbia Area

6:30PM Steps on the Hill: O,BEG,STEP,TC,VM,LIT; SOME, 71 O street NW, Washington, DC, , **Zoom Meeting ID 775 7711 6885; Passcode: 084748**

7:00PM Daily Principles: O,WC &,TC,VM; Northeastern Presbyterian Church, 2112 Varnum St, Washington, DC, , **Zoom Meeting ID: 841 4747 4473; Passcode: 347743**

7:00PM Stone Soul Recovery: O,TC,VM; Plymouth Congregation Church, 5301 North Capitol St, Washington, DC, , **Zoom Meeting ID: 837 0087 6636; Passcode: 019814**

Dulles Corridor Area

NOON Noon Meeting: O,VM; , Herndon, VA, , **Zoom Meeting ID: 962 211 7089; Passcode: 169422**

7:30PM Keyhole To Recovery: O,HY; Galilee UMC, 45425 Winding Rd, Sterling, VA, , **Zoom Meeting ID: 640 695 1627; Passcode: Keyh@le4**

East of the River Area

1:30PM Let Go and Let God: O; Church of the First Born, 2451 Ainger Pl SE, Washington, DC,

2:00PM Steppin' Into The Afternoon: STEP,VM; , Washington, DC, , **Zoom Meeting ID: 785 963 7766; Passcode: 1953**

3:30PM Let Go and Let God: O; Church of the First Born, 2415 Ainger Pl SE, Washington, DC,

4:00PM No Matter What Group: PH,VM,LIT; , Washington, DC, , **Phone #: 971-224-6573; Phone Password: 263750#, 971-224-6573**

6:30PM Under New Management: C,STEP,TRAD,WC &,TC,VM; First Baptist Church, 3440 Minnesota Ave SE, Washington, DC, , **Zoom Meeting ID: 997 824 3262; No Passcode**

Frederick Area

NOON Noon Group: O,TC,VM; Trinity Chapel (side door 2nd floor), 10 W Church St, Frederick, MD, , **Zoom Meeting ID: 8108397960; Passcode: 287829**

7:15PM Inner City: O,WC &,F2F; Stanley Park, 11 W Tenth St, Frederick, MD,

7:30PM Thursday Night Candlelight: O,TC,VM; St Joseph's Church, 5843 Manor Woods Rd, Frederick, MD, , **Zoom Meeting ID: 982513930; Passcode: 54998**

THURSDAY (CONT)

Montgomery Area

NOON Freedom in the Village: O,WC &,TC,VM; Christ the Servant Lutheran Church, 9801 Centerway Rd, Montgomery Village, MD, , **Zoom Meeting ID: 429 962 2931 Passcode: FITV**

NOON NA at Noon: O,WC &,HY; Christ Congregational Church, 9525 Colesville Rd, Silver Spring, MD, , **Zoom Meeting ID: 889 4686 0935; No Passcode**

7:15PM Solo Por Hoy: O,ES,TC,VM,LIT; Del Ray Club, 7611 Clarendon Rd, Bethesda, MD, , **Zoom Meeting ID: 232 505 167; No Passcode**

8:00PM Crossroads: O,WC &,TC,VM; Montgomery General Hospital, 18101 Prince Phillip Dr, Olney, MD, , **Zoom Meeting ID: 551 384 252; Passcode: 297348**

8:00PM Making A Difference: O,TC,VM; Silver Spring Christian Reformed Church, 1501 Arcola Ave, Silver Spring, MD, , **Zoom Meeting ID: 520 984 331; No Passcode**

8:30PM Stepping Free: O,TC,VM; Fairhaven UMC, 12801 Darnestown Rd, Gaithersburg, MD, , **Zoom Meeting ID: 749 506 9861; Passcode: 301**

Norvana Area

NOON Noon Meeting: VM; , , **Zoom Meeting ID: 962 211 7089; Passcode: 169422**

7:00PM Area Service Committee: TC,VM,ASM; Fairlington Presbyterian Church, 3846 King St, Alexandria, VA, , **Zoom Meeting ID: 886 2375 6496; Passcode: service**

7:00PM Hospitals & Institutions Subcommittee: ASM; Walter Reed Recreation Center, 2909 16th St S, Arlington, VA, **Chairperson: Margaret B (norvanahi@gmail.com)**

7:00PM Literature Subcommittee: TC,ASM; Fairlington Presbyterian Church, 3846 King Street, Alexandria, VA,

7:30PM Old Time Recovery: C,WC &,TC,VM; Langston-Brown Center, 2121 N. Culpeper St, Arlington, VA, , **Zoom Meeting ID: 547 117 2151; Passcode: OTR2020**

8:00PM So Happy It's Thursday: O; Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA,

Rock Creek Area

NOON Midday Meditations and Miracles: O,TC,VM; Dupont Circle Club, 1623 Connecticut Avenue NW, Washington, DC, , **Zoom Meeting ID: 942 264 753; Passcode: 121212**

5:30PM Whole Lava Love: O,TC,VM; St Stephen's Church, 1530 Newton Street NW, Washington, DC, , **Zoom Meeting ID: 880 4445 0001; Passcode: lava lamps; Phone Passcode: 5708607534**

6:00PM Open Doors: O,TC,VM; St Martin's Church, 1908 N Capitol St NW, Washington, DC, , **Zoom Meeting ID: 301 445 644; Passcode: ODG1908; Phone: 3017158592; Phone Passcode: 6949320**

6:30PM Coming Out from the Bottom: O,TC,VM; Us Helping Us, 3636 Georgia Avenue NW, Washington, DC, , **Zoom Meeting ID: 296 305 510; No Passcode**

7:00PM Meeting on the Avenue: O,TC,VM; Wesley UMC, 5312 Connecticut Avenue, Washington, DC, , **Zoom Meeting ID: 820 209 93593; Passcode: Recovery12**

8:30PM Men's Rap: C,M,TC,VM; West Side Club, 1341 Wisconsin Ave NW, Washington, DC, , **Zoom Meeting ID: 987 042 2174; No Passcode**

THURSDAY (CONT)

9:00PM Prime Time Recovery: O,HY; The Festival Center, 1640 Columbia Rd NW, Washington, DC, , **Zoom Meeting ID: 202 991 2350; No Passcode**

South Potomac Area

7:30PM Thursday Night Meeting: VM; , Capitol Heights, MD, , **Zoom Meeting ID: 202 999 2020; Passcode: recovery**

8:00PM Steps to Life: O,TC,VM; Oxon Hill UMC, 6400 Livingston Rd, Oxon Hill, MD, , **Zoom Meeting ID: 261 798 5699; Passcode: STL**

Tri-County Area

NOON 12 at 12: O; Salvation Army of Charles County, 11690 Doolittle Drive, Waldorf, Maryland,

7:00PM Hope Fiends: O; Calvert County Substance Abuse, 280 Stafford Rd, Barstow, MD,

7:00PM Outsiders: O,WC &; , 46707 S Shangri-La Dr, Lexington Park, MD,

7:00PM Steps to Serenity: O; St. Nicholas Lutheran Church, 1450 Plum Point Rd, Huntingtown, MD,

7:30PM Chaptico Under The Stars: O; Christ Episcopal Church, 37497 Zack Fowler Road, Chaptico, MD,

FRIDAY

Battlefield Area

NOON Noon Meeting: O,VM; , Manassas, VA, , **Zoom Meeting ID: 258 450 030; Passcode: 669757**

6:30PM Gimmee Shelter: O,DISC,IW,JFT; Bethel Lutheran Church, 8712 Plantation Lane, Manassas, VA,

8:30PM Keep It Simple: O,BT,DISC,SPK; Bull Run UUC, 9350 Main St, Manassas, VA,

Central Maryland Area

7:00PM Miracles on Main Street: O,WC &,TC,VM; St. Philips Episcopal Church, 522 Main Street, Laurel, MD, , **Zoom Meeting ID: 252 402 377; No Passcode**

7:30PM Walk The Walk: O,WC &,TC,VM; Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel, MD, , **Zoom Meeting ID: 546 613 234; No Passcode**

8:00PM New Start: O,TC,VM; Queens Chapel United Methodist Church, 7410 Old Muirkirk Road, Beltsville, MD, , **Zoom Meeting ID: 168 147 906; Passcode: 005762**

10:00PM Keep It Real: O,TC,VM; Crossroads, 102 Washington Blvd, Laurel, MD, , **Zoom Meeting ID: 341-485-699; Passcode: 586654**

District of Columbia Area

7:00PM Jump Start to Recovery: O,WC &,TC,VM; , 25 53rd Street NE, Washington, DC, , **Zoom Meeting ID: 824 7677 3969; No Passcode**

7:00PM One Step at a Time: O,STEP,TRAD,WC &,TC,VM; St Paul AME Church, 4901 14th Street NW, Washington, DC, , **Zoom Meeting ID: 492 355 108; Passcode: 349943**

7:00PM Regardless Of Sexual Identity: C,TC,VM; Metro Community Church, 474 Ridge Street NW, Washington, DC, , **Zoom Meeting ID: 452 943 0512; Passcode: 205542**

7:00PM Yellow Brick Road: O,TC,VM; VA Medical Center, 50 Irving Street NW, Washington, DC, , **Zoom Meeting ID: 249 857 572; Passcode 030132**

8:00PM Help Somebody: O,BEG,TC,VM; , 3400 Banneker Drive NE (Fort Lincoln), Washington, DC, , **Zoom Meeting ID: 893 0884 8140; Passcode: 787123**

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FRIDAY (CONT)

Dulles Corridor Area

NOON Noon Meeting: O,VM; , Herndon, VA, , **Zoom Meeting ID: 962 211 7089; Passcode: 169422**

7:00PM Living Free: O; St. Matthew's Episcopal Church, 201 E. Frederick Dr, Sterling, VA 20164, Sterling, VA,

7:30PM Just For Today: O,WC &,TC,VM; Community Lutheran Church, 21014 Whitfield Pl, Sterling, VA, , **Zoom Meeting ID: 984 9339 6322; Passcode: 137006**

8:00PM I'm Somebody: O,TC,VM; Lewinsville Pres Church, 1724 Chain Bridge Rd, McLean, VA, , **Zoom Meeting ID: 449 215 767; Passcode: 703**

East of the River Area

1:30PM Let Go and Let God: O; Church of the First Born, 2451 Ainger Pl SE, Washington, DC,

2:00PM Steppin' Into The Afternoon: STEP,VM; , Washington, DC, , **Zoom Meeting ID: 785 963 7766; Passcode: 1953**

3:30PM Let Go and Let God: O; Church of the First Born, 2451 Ainger Pl SE, Washington, DC,

4:00PM No Matter What Group: PH,VM,LIT; , Washington, DC, , **Phone #: 971-224-6573; Phone Password: 263750#, 971-224-6573**

7:00PM Aging In Recovery: O,DISC,VM; , Washington, DC, , **Zoom Meeting ID: 824 005 5286; Passcode: recovery**

Frederick Area

NOON Noon Group: O,TC,VM; Trinity Chapel (side door 2nd floor), 10 W Church St, Frederick, MD, , **Zoom Meeting ID: 8108397960; Passcode: 287829**

7:30PM We Do Recover: O,WC &,TC,F2F,VM; Staley Park, 11 West Tenth St., Frederick, MD, , **Zoom Meeting ID: 8108397960; Passcode: 287829**

9:00PM Friday Night Candlelight: O,TC,VM; Crossroads Center, 511 W South St, Frederick, MD, , **Zoom Meeting ID: 8108397960; Passcode: 287829**

Montgomery Area

NOON Freedom in the Village: O,WC &,TC,VM; Christ the Servant Lutheran Church, 9801 Centerway Rd, Montgomery Village, MD, , **Zoom Meeting ID: 429 962 2931 Passcode: FITV**

NOON NA at Noon: O,WC &,HY; Christ Congregational Church, 9525 Colesville Rd, Silver Spring, MD, , **Zoom Meeting ID: 889 4686 0935; No Passcode**

7:00PM Older Toddlers: O,WC &,TC,VM; Cedar Lane UUC, 9601 Cedar Ln, Bethesda, MD, , **Zoom Meeting ID: 903443801; Passcode: Recovery12**

7:30PM Upcounty NA: O,TC,VM,HY; Emory Grove UM Church, 8200 Emory Grove Rd, Gaithersburg, MD, , **Zoom Meeting ID: 489 867 1344; Passcode: uprecovery**

8:00PM Live and Let Live: O,TC,VM; Fairhaven UMC, 12801 Darnestown Rd, Gaithersburg, MD, , **Zoom Meeting ID: 874 1116 4836; Passcode: 1953**

8:30PM Get Down: O,WC &,TC,VM; Cedar Lane UUC, 9601 Cedar Ln, Bethesda, MD, , **Zoom Meeting ID: 816 4756 8372; Passcode: getdown**

8:30PM SYA: O,DISC,STEP,TRAD,WC &,TC; Norbeck Community Church, 2631 Norbeck Rd, Silver Spring, MD, , **Zoom Meeting ID: 795 5261 5749; Passcode: 998027**

FRIDAY (CONT)

Norvana Area

NOON Noon Meeting: VM; , , **Zoom Meeting ID: 962 211 7089; Passcode: 169422**

6:00PM We Do Not Give Up: PPE; Walter Reed Recreation Center, 2909 16th St S, Arlington, VA,

7:00PM Man Up: M,VAR,WC &,TC,VM; St. Paul's United Methodist Church, 1400 G St, Woodbridge, VA, , **Zoom Meeting ID: 714 950 1815; Passcode: 123**

7:00PM NA for Life: O,WC &,TC,VM; Langston Brown Center, 2121 N Culpeper Street, Arlington, VA, , **Zoom Meeting ID: 813 4054 8864; Passcode: LIFE**

7:00PM Women Of Woodbridge: O,WC &,TC,VM; Saint Paul's United Methodist Church, 1400 G Street, Woodbridge, VA, , **Zoom Meeting ID: 568 046 8023; Passcode: 1**

7:15PM Church Basement Recovery: O,TC,VM; Kirkwood Presbyterian Church, 8336 Carrleigh Pkwy, West Springfield, VA, , **Zoom Meeting ID: 962 211 7089; Passcode: 169422**

Rock Creek Area

NOON Midday Meditations and Miracles: O,TC,VM; Dupont Circle Club, 1623 Connecticut Avenue NW, Washington, DC, , **Zoom Meeting ID: 942 264 753; Passcode: 121212**

8:00PM Clean Works: O,TC,VM; First Baptist Church of Washington, 1328 16 Street NW, Washington, DC, , **Zoom Meeting ID: 946 850 725; Passcode: easydoisit**

10:00PM Late Nite Friday Nite: O,WC &,TC,VM; St Alban's Church, 3001 Wisconsin Avenue NW, Washington, DC, , **Zoom Meeting ID: 414 200 353; No Passcode**

10:00PM Recovery Alley: C,TC,VM; St Stephen's Church, 1530 Newton Street NW, Washington, DC, , **Zoom Meeting ID: 987 3916 8163; Passcode: Homegroup**

South Potomac Area

7:30PM Friday Night Meeting: VM; , Capitol Heights, MD, , **Zoom Meeting ID: 202 999 2020; Passcode: recovery**

7:30PM Women Do Recover: W,TC,VM; Bells UMC, 6016 Allentown Rd, Suitland, MD, , **Zoom Meeting ID: 831 7614 0870; Passcode: 7Vvb4p**

Tri-County Area

6:00PM North Beach Group: O,TC,VM; Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach, MD, , **Meeting ID: 987 349 4151 Password: 4**

7:05PM 7:07: O; Trinity Lutheran Church, 46707 S Shangri La Dr, Lexington Park, MD,

7:30PM Work 'Em Or Die: O,WC &; Laurel Springs Regional Park, Radio Station Road, La Plata, MD,

9:30PM Another Late Night: O,DISC,STEP,TRAD; Beacon of Hope, 21770 Franklin Delano Roosevelt Blvd., Lexington Park, MD,

10:00PM We Stay Lit: O,SPK,TOP,WC &,VM; All Faith Episcopal Church, 38885 New Market Turner Rd, Mechanicsville, MD, , **Meeting ID: 923 486 353**

SATURDAY

Battlefield Area

NOON Noon Meeting: O,VM; , Manassas, VA, , **Zoom Meeting ID: 258 450 030; Passcode: 669757**

1:00PM Recovery 101: O,BEG,CW,DISC,TC,VM; Trinity Episcopal Church, 9325 West St, Manassas, VA, , **Zoom Meeting ID: 714 661 560; No Passcode**

SATURDAY (CONT)

7:00PM Destination Hope: O,SPK,PPE; Church of the Brethren, 10047 Nokesville Road (Parking Lot), Manassas, VA,

Central Maryland Area

NOON Just for Today: O,WC &; The 180 Club, 4318 Hamilton Ave, Hyattsville, MD,

5:00PM Fear to Faith: O,WC &,TC,VM; Emmanuel United Methodist Church, 11416 Cedar Lane, Beltsville, MD, , **Zoom Meeting ID: 544 750 363; No Passcode**

7:00PM Gut Bucket: O,WC &,TC,VM; Springhill Lake Recreation Center, 6101 Cherrywood Ln, Greenbelt, MD, , **Zoom Meeting ID: 973-466-3601; Passcode 875711**

7:00PM HOW Group: O,WC &,TC,VM; St Mary's School, 106 St. Mary's Place, Laurel, MD, , **Zoom Meeting ID: 6596005240; No Passcode**

District of Columbia Area

9:00AM Better Way: O,PH,WC &,TC,VM; St Martin's Church, 1908 N Capitol St NW, Washington, DC, , **Phone #: 425-436-6351 ; Phone Password: 344456#, 424-436-6351**

11:30AM Men's Rap: O,WC &,TC,VM; United Medical Center, 1310 Southern Avenue SE, Washington, DC, , **Zoom Meeting ID: 826 2424 5198; Passcode: dcmensrap**

11:30AM Women's Rap: W,TC,VM; Brentwood Rec Center, 2311 14th Street NE, Washington, DC, , **Zoom Meeting ID: 794 649 553; Passcode: 063230**

NOON Women's Step and Tradition: C,STEP,TRAD,W,TC,VM; St. Martin's Church, 1912 N Capitol St NW, DC, , **Zoom Meeting ID: 874 6272 9053; Passcode: 632923**

7:00PM Illness In Recovery: O,WC &,TC,VM; Howard University Hospital, 2041 Georgia Avenue NW, Washington, DC, , **Zoom Meeting ID: 540 798 137; Passcode: 024922**

Dulles Corridor Area

10:00AM Rainbow Llama: O,VM; , Herndon, VA, , **Zoom Meeting ID: 84978529527; No Passcode**

NOON Noon Meeting: O,VM; , Herndon, VA, , **Zoom Meeting ID: 962 211 7089; Passcode: 169422**

7:00PM Literally Speaking: O,HY; Community Lutheran Church, 21014 Whitfield Pl, Sterling, VA, , **Zoom Meeting ID: 814 8936 2727; Passcode: 114676**

8:30PM Saturday Night Live: O,WC &; Community Lutheran Church, 21014 Whitfield Pl, Sterling, VA,

East of the River Area

5:00PM Women with a Purpose: IP,STEP,TRAD,VM,LIT; , Washington, DC, , **Zoom Meeting ID: 979 1044 9558; No Passcode**

7:00PM 818 Miracles: O,STEP,TRAD,WC &,TC,VM; St Pauls Christian Community Church, 414 Tennessee Ave NE, Washington, DC, , **Zoom Meeting ID: 731 1498 4304; Passcode: 818**

Frederick Area

10:00AM Can't Do It Alone: O,DISC,IP,JFT,STEP,WC &,TC,VM; Trinity Chapel, 10 W Church St, Frederick, MD, , **Zoom Meeting ID: 8108397960; Passcode: 287829**

10:00AM Men's Rap: O,M,VM; , Frederick, MD, , **Zoom Meeting ID: 9853773041; No Passcode**

SATURDAY (CONT)

7:30PM Off the Beaten Path 2: O,TC,VM; St. James Episcopal Church, 1307 N Main St, Mt Airy, MD, , **Zoom Meeting ID: 4301318717; Passcode: NArocks**

7:30PM Saturday Night Special: O,WC &,TC,F2F,VM,HY; Good Shepherd Lutheran Church, 1415 W 7th St, Frederick, MD, , **Zoom Meeting ID: 8108397960; Passcode: 287829**

Montgomery Area

11:00AM Share On Saturday: O,WC &,TC,VM; Holy Cross Hospital, 1500 Forest Glen Rd, Silver Spring, MD, , **Zoom Meeting ID: 803 910 502; Passcode: share**

12:30PM Hugs not Drugs: O,TC,VM; Woodside UMC, 8900 Georgia Ave, Silver Spring, MD, , **Zoom Meeting ID: 216 990 5455; No Passcode**

7:00PM A Good Deal: TC,VM; St John's Lutheran Church, 4629 Aspen Hill Rd, Rockville, MD, , **Zoom Meeting ID: 769 038 042; Passcode: 8675309**

7:30PM Fresh Start: O,WC &,TC,VM; Shady Grove Adventist Hospital, 9901 Medical Center Dr, Rockville, MD, , **Zoom Meeting ID: 215 655 533; Passcode: 032621**

Norvana Area

11:00AM Sisters in Recovery: O,W,TC,VM; Fairlington Presbyterian Church, 3846 King St, Alexandria, VA, , **Zoom Meeting ID: 885 4478 3657; Passcode: Sisters12; Phone Passcode: 471683773**

NOON Noon Meeting: VM; , , **Zoom Meeting ID: 962 211 7089; Passcode: 169422**

NOON Stepping Together: BEG,BT,VAR,TC,VM; St. Paul United Methodist Church, 1400 G St, Woodbridge, VA, , **Zoom Meeting ID: 568 046 8023; Passcode: 1**

2:00PM Public Relations Subcommittee: ASM; St Paul United Methodist Church, 1400 G St, Woodbridge, VA, **norvana@cprna.org**

5:00PM NA Pavilion: O,PPE; Greenbrier Baptist Church, 5401 7th Road S, Arlington, VA,

7:00PM Free Yourself: O,WC &,TC,VM; Providence Presbyterian Church, 9019 Little River Turnpike, Fairfax, VA, , **Zoom Meeting ID: 962 211 7089; Passcode: 169422**

Rock Creek Area

7:00AM Saturday Morning Relief: O,TC,VM; Metro Community Church, 474 Ridge Street NW, Washington, DC, , **Zoom Meeting ID: 251 764 526; Passcode: 672214**

3:00PM Mood & Mind: DISC,ME,TC,VM,LIT; Triangle Club, 2030 P Street, NW, Washington, DC, , **Zoom Meeting ID: 828 9603 6321; Passcode: 576224**

7:30PM Hope Fiends: O,CAN,TC,VM,HY; Luther Place Memorial Church, 1226 Vermont Ave NW, Washington, DC, , **Zoom Meeting ID: 769 2838 9204; Passcode: hope**

8:05PM Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group: C,BT,DISC,WC &,TC,VM; St Alban's Church, 3001 Wisconsin Ave NW, Washington, DC, , **Zoom Meetign ID: 899 4259 1019; Passcode: 805805**

South Potomac Area

10:00AM Spiritually Speaking: STEP,TC,VM,LIT; Prince George's Presbyterian Community Church, 4401 Brinkley Rd, Camp Springs, MD, , **Zoom Meeting ID: 894 6057 5502; Passcode: 943360**

