

SUNDAY

- 7:00AM Open Door To Freedom, (O,BEG,STEP, 90),** Church of the Epiphany, 1317 G St NW, Washington, DC 20005
- 9:00AM Sunday Morning Spiritual, (O,DISC,TRAD,VM, 60),** Washington, DC 20090
Zoom ID: 812-2295-5124; Passcode 774257
- 10:30AM 10:30 Coffee Hour, (O,DISC,WC ☐, 90),** 5656A 3rd St. NE, Washington, DC 20011
- 11:00AM Sunday Morning Steps & Traditions, (O,VM, 60),** Washington, DC 20090
Zoom ID: 893 1577 3534; Passcode: 873274
- 7:00PM Sunday Night Spiritual Group, (O, 90),** St Mary's Church, 727 5th St. NW, Washington, DC 20001

MONDAY

- 8:30AM Let Go and Let God I, (O,LIT, 75),** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC 20020
- NOON New Hope, (O,DISC, 90),** St. Martin's Church, 1908 N Capitol St. NW, Washington, DC 20002
- 1:30PM Let Go and Let God II, (O,LIT, 75),** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC 20020
- 6:30PM Redlight Recovery, (O, 90),** Walker Memorial Baptist Church, 2020 13th St. NW, Washington, DC 20009

TUESDAY

- 8:30AM Let Go and Let God I, (O,LIT, 75),** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC 20020
- NOON New Hope, (O,DISC, 90),** St. Martin's Church, 1908 N Capitol St. NW, Washington, DC 20002
- 1:30PM Let Go and Let God II, (O,LIT, 75),** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC 20020
- 5:00PM The One Promise Group, (O,DISC,WC ☐, 90),** CCNV, 425 2nd St. NW, Washington, DC 20001
- 6:30PM Freedom To Change, (O, 60),** St Martin's Church, 1908 N Capitol St. NW, Washington, DC 20002
- 6:30PM Steps to the Courthouse, (C,STEP,VM, 90),** Washington, DC 20090
Zoom ID: 994 490 7494; No Passcode
- 7:00PM The Last Shall Be First, (C,STEP,TRAD, 90),** The Harold J. Gordon Bldg., 124 15th St. SE, Washington, DC 20002

WEDNESDAY

- 8:30AM Let Go and Let God I, (O,LIT, 75),** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC 20020
- NOON New Hope, (O,DISC, 90),** St. Martin's Church, 1908 N Capitol St. NW, Washington, DC 20002
- 1:30PM Let Go and Let God II, (O,LIT, 75),** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC 20020
- 7:00PM Ultimate Weapons, (C,STEP,TW,CPT,VM,LIT, 60),** Washington, DC 20090
Zoom ID: 516 993 416; No Passcode
- 9:00PM Miracle of Women, (O,W,VM, 60),** Washington, DC 20090
Zoom ID: 917 1964 217; Passcode 1908

THURSDAY

- 8:30AM Let Go and Let God I, (O,LIT, 75),** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC 20020
- NOON New Hope, (O,DISC, 90),** St. Martin's Church, 1908 N Capitol St. NW, Washington, DC 20002
- 1:30PM Let Go and Let God II, (O,LIT, 75),** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC 20020
- 6:30PM Steps on the Hill, (O,BEG,STEP,VM,LIT, 75),** Washington, DC 20090
Zoom ID: 775 7711 6885; Passcode: 084748
- 7:00PM Stone Soul Recovery, (O, 90),** Plymouth Congregation Church, 5301 North Capitol St. NE, Washington, DC 20011

FRIDAY

- 8:30AM Let Go and Let God I, (O,LIT, 75),** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC 20020
- NOON New Hope, (O,DISC, 90),** St. Martin's Church, 1908 N Capitol St. NW, Washington, DC 20002
- 1:30PM Let Go and Let God II, (O,LIT, 75),** Church of the First Born, 2451 Ainger Pl. SE, Washington, DC 20020
- 5:00PM The What Can I Do Group, (O,WC ☐, LIT, 90),** CCNV, 425 2nd St. NW, Washington, DC 20001
- 7:00PM Jump Start to Recovery, (O,STEP,TRAD,WC ☐, LIT, 90),** Incarnation Catholic Church, 880 Eastern Ave. NE, Washington, DC 20019

FRIDAY (CONT)

- 7:00PM Lighthouse, (O,STEP,TRAD,WC ☐, 75),** Israel Methodist CME Church, 557 Randolph St. NW, Washington, DC 20011
- 7:00PM O Street Steps, (O,STEP,WC ☐, 90),** SOME, 71 O St. NW, Washington, DC 20001
- 7:00PM One Step at a Time, (O,STEP,TRAD,VM, 90),** Washington, DC 20090
Zoom ID: 727 6810 6047; Passcode: 349943
- 7:00PM Regardless Of Sexual Identity, (C,VM, 90),** Washington, DC 20090
Zoom ID: 452 943 0512; Passcode: 205542
- 7:00PM Yellow Brick Road, (O,VM, 60),** Washington, DC 20090
Zoom ID: 821 9026 0549; No Passcode
- 8:00PM Help Somebody, (O,BEG,VM, 90),** Washington, DC 20090
Zoom ID: 893 0884 8140; Passcode: 787123

SATURDAY

- 9:00AM Better Way, (O,PH,VM, 60),** Washington, DC 20090
Phone #: 425-436-6351; Phone Password: 344456# 425-436-6351
- 10:30AM Come Clean to Stay Clean, (O, 90),** Emmanuel Baptist Church, 2409 Ainger Pl. SE, Washington, DC 20020
- 11:30AM Men Under Construction, (O,DISC,M,WC ☐, 90),** United Medical Center, 1310 Southern Ave. SE, Washington, DC 20032
- 11:30AM Women's Rap, (O,W,VM, 60),** Washington, DC 20090
Zoom ID: 473 645 8102; Passcode: Women2021
- NOON Mount Olivet Recovery, (O,DISC,WC ☐, 90),** Mount Olivet Church, 1306 Vermont Ave NW, Washington, DC 20005
- NOON Women's Step and Tradition, (C,STEP,TRAD,W,VM, 90),** Washington, DC 20090
Zoom ID: 874 6272 9053; Passcode: 632923
- 1:30PM All Inclusive Group, (O, 90),** 938 Rhode Island Ave. NE, Washington, DC 20017
- 1:30PM NA group at The Metropolis Club, (O, 60),** The Metropolis Club, 938 Rhode Island Ave. NE, Washington, DC 20002

SATURDAY (CONT)

- 6:00PM The Uptown Group, (O, 90),** 1908 North Capitol St. NW, Washington, DC 20002
- 7:00PM Illness In Recovery, (O,DISC,VM, 60),** Washington, DC 20090
Zoom ID: 970 781 8525; Passcode: 1HMZCm
- 8:00PM Gift of Life, (O,STEP,TRAD,WC □,HY, 90),** St. Martin's Church, 1908 N Capitol St. NW, Washington, DC 20002
Zoom ID: 511 626 4561; Passcode: 1908
- 9:00PM Miracle of Women, (O,W,VM, 60),** Washington, DC 20090
Zoom ID: 917 1964 217; Passcode 1908

MEETING FORMAT LEGEND

BEG	Beginners	C	Closed
CPT	12 Concepts	DISC	Discussion
HY	Hybrid Physical/Virtual	LIT	Literature Study
M	Men	O	Open
PH	Phone Meeting	STEP	Step
TRAD	Tradition	TW	Traditions Workshop
VM	Virtual Web Meeting	W	Women
WC □	Wheelchair		

PHONELINES

C&P Region 24/7 Phoneline 800-543-4670

Our neighboring regions:

In MD: Free State Region: 800-317-3222
In VA: Central Atlantic Region: 800-777-1515

PHONE NUMBERS

Narcotics Anonymous



That no addict seeking recovery need ever die...

DISTRICT OF COLUMBIA AREA

24-HOUR PHONELINE
1-800-543-4670

MEETING LIST MAY 2025

Weekly Meetings: 49

Also online at:

<https://www.cprna.org/district-of-columbia>
Send meeting changes to meetings@cprna.org

What is our message?

*The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.*

*Our message is hope
and the promise of freedom.*

Basic Text, page 65

District of Columbia Area of Narcotics Anonymous
PO Box 90994
Washington, DC 20090-0994