

CHESAPEAKE & POTOMAC REGION OF NA



Narcotics Anonymous Meetings in Washington DC, Maryland, and Northern Virginia

24/7 Phoneline: 1-800-543-4670
<http://www.cprna.org>
info@cprna.org



Scan QR Code to go to our website!

MEETING LIST BY CITY JANUARY 2026

Meeting Format Legend

BEG	Beginners	BT	Basic Text
C	Closed	CAN	Candlelight
CH	Closed Holidays	CPT	12 Concepts
DISC	Discussion	ES	Espanol
HY	Hybrid Physical/Virtual	IP	IP Study
IW	It Works Study	JFT	Just for Today Study
LC	Living Clean Study	LIT	Literature Study
M	Men	ME	Meditation
NP	No Pets	O	Open
OE	Open-Ended	PER	Persian / Farsi
PH	Phone Meeting	QA	Question and Answer
SPAD	Spiritual Principle A Day Book Study	SPK	Speaker
STEP	Step	SWG	Step Working Guide Study
TOP	Topic	TRAD	Tradition
TW	Traditions Workshop	Ti	Timer
VAR	Format Varies	VM	Virtual Web Meeting
W	Women	WC &	Wheelchair
WR	Writing Meeting	Y	Young People

Weekly Meetings: 427

OUR MEETINGS

The meetings in the Chesapeake & Potomac Region are located in Washington DC, Maryland, & Virginia. Some meetings are in person, and some are held virtually. Our 12 Areas and the cities our meetings are in as follows:

Battlefield Area: Gainesville, Manassas, & Warrenton, VA

Central Maryland Area: Beltsville, Bowie, College Park, Columbia, District Heights, Glenarden, Greenbelt, Hyattsville, Laurel, & Savage, MD

District of Columbia Area: Washington, DC

Dulles Corridor Area: Ashburn, Chantilly, Herndon, Leesburg, Purcellville, Reston, Sterling, VA

East of the River Area: NE/SE Washington, DC

Frederick Area: Frederick & Jefferson, MD

Montgomery Area: Bethesda, Chevy Chase, Gaithersburg, Germantown, Kensington, Montgomery Village, Mount Airy, Rockville, & Silver Spring, MD

Norvana Area: Alexandria, Annandale, Arlington, Fairfax, Falls Church, Manassas, McLean, Springfield, West Springfield, & Woodbridge, VA

Rock Creek Area: Chevy Chase, MD & NW/SW Washington, DC

South Potomac Area: Camp Springs, Capitol Heights, Clinton, Fort Washington, Oxon Hill, Suitland, & Temple Hills, MD

The Virtual Ties That Bind Us Together Area: All Virtual Meetings

Tri-County Area: California, Chaptico, Chesapeake Beach, Huntingtown, Indian Head, La Plata, Leonardtown, Lexington Park, Lusby, Nanjemoy, Pomfret, Prince Frederick, Sunderland, & Waldorf, MD

SUNDAY

Alexandria

10:00AM **NA in Delray (O,WC &,HY, 90)**, Zoom ID: 873 4446 3412; P/C: 1991 Department of Community & Human Services (DCHS), Conference Center, 1st Floor, 4850 Mark Center Dr., Alexandria, VA, Norvana Area

7:00PM **Another Look (O,WC &, 60)**, Franconia UMC, 6037 Franconia Rd., Alexandria, VA, Norvana Area

Ashburn

7:00PM **The Journey Continues (O,LIT, 60)**, St. David's Episcopal Church (Trailer), 43600 Russell Branch Parkway, Ashburn, VA, Dulles Corridor Area

Bethesda

7:30PM **The Alternative (O,CAN,DISC,SPK,HY, 60)**, Zoom ID: 114 114 644 P/C: 016821 Trinity Lutheran Church, 11200 Old Georgetown Rd., Bethesda, MD, Montgomery Area

California

7:30PM **Basket Case (O, 60)**, Patuxent Presbyterian Church, 23421 Kingston Creek Rd., California, MD, Tri-County Area

SUNDAY (CONT)

Capitol Heights

7:00AM **Spiritually Speaking (C,VM,LIT, 90)**, Meeting ID: 202 999 2020 P/C: hope Capitol Heights, MD, South Potomac Area
6:30PM **Up from Under (O,DISC, 90)**, 6056 Old Central Ave, Capitol Heights, MD, East of the River Area

Chevy Chase

6:00PM **Talking Heads (O,DISC,WC &, 60)**, Chevy Chase UMC, - Use parking lot entrance, 7001 Connecticut Ave., Chevy Chase, MD, Montgomery Area

College Park

10:00AM **Breakfast Club (O,VAR,WC &, 60)**, 4912 Nantucket Rd., College Park, MD, Central Maryland Area

Columbia

11:00AM **Starting Over (O,VAR,WC &, 60)**, Serenity Center, 8650 Basket Ring Rd., Columbia, MD, Central Maryland Area

District Heights

10:00AM **Easy Like Sunday Morning 2 [Phoneline] (O,DISC,PH,VM, 90)**, Phone#: 605-313-4221; Phone P/C: 3074093 District Heights, MD, This meeting is a phone line meeting only., Central Maryland Area

10:00AM **Easy Like Sunday Morning [In-Person] (O,DISC, 90)**, Municipal Center, 2000 Marbury Dr., District Heights, MD, Central Maryland Area

Falls Church

NOON **Just For Today (O, 75)**, Unity Club, 116 W Broad St., Falls Church, VA, Norvana Area

Frederick

11:30AM **Sunday Morning NA (O,JFT, 60)**, The Club, 205B Buchheimer Rd., Frederick, MD, Frederick Area

6:30PM **Just For Today (C,SPK,STEP,TRAD, 75)**, Trinity UMC, 703 W Patrick St., Frederick, MD, Frederick Area

Gaithersburg

NOON **Progress in NA (O,STEP,TRAD,VM, 90)**, Zoom ID: 973 466 3601 P/C: 875711 Gaithersburg, MD, Montgomery Area

6:00PM **Topic of Cancer (O,VAR,VM, 60)**, Zoom ID: 861 6976 9680; P/C: TopicOC Gaithersburg, MD, Montgomery Area

7:30PM **Today's Recovery (O,DISC,WC &, 60)**, Seneca Creek Community Church, 13 Firstfield Rd., Gaithersburg, MD, Montgomery Area

Germantown

6:00PM **Let it Shine (Women's Meeting) (C,W,LIT, 60)**, Mother Seton Parish, Meeting in the basement; take stairs left of sanctuary, 19951 Father Hurley Blvd., Germantown, MD, Montgomery Area

Greenbelt

10:00AM **Virtual Breakfast Club (O,SPK,VM,LIT, 60)**, Zoom ID: 878 4829 2214; P/C: 4912Donuts Greenbelt, MD, Central Maryland Area

Herndon

NOON **Noon Meeting (O,VM, 60)**, Zoom ID: 962 211 7089; P/C: 169422 Herndon, VA, Dulles Corridor Area

Huntingtown

7:30PM **Another Chance (O,WC &, 60)**, St Nicholas Lutheran Church, 1450 Plum Point Rd., Huntingtown, MD, Tri-County Area

Hyattsville

7:00PM **Small Wonders (O,DISC,VAR,WC &, 60)**, University Christian Church, 6800 Adelphi Rd, Hyattsville, MD, Central Maryland Area

Manassas

NOON **Recovery (O,DISC,JFT,VM, 60)**, Zoom ID: 962 211 7089; P/C: 169422 Manassas, VA, Battlefield Area

7:00PM **Sunday Funday (O,DISC,SPK,VM, 60)**, Zoom ID: 962 211 7089; P/C: 169422 Manassas, VA, Battlefield Area

Pomfret

7:30PM **Stepping Into Traditions & Concepts (O, 75)**, St. Joseph's Church, 4590 St. Joseph Way, Pomfret, MD, Tri-County Area

Reston

10:30AM **To Tell The Truth (O,WC &, 60)**, Community Center (Hunters Woods), Room 6, 2310 Colts Neck Rd., Reston, VA, Dulles Corridor Area

Rockville

8:00AM **Squeaky Clean (O,DISC,HY, 60)**, Zoom ID: 828 8288 3957; No P/C AISH Learning Center, 11418 Old Georgetown Rd, Rockville, MD, Montgomery Area

Savage

7:00PM **Savage Survivors (O,WC &, 60)**, Savage UMC, 9050 Baltimore St, Savage, MD, Central Maryland Area

Silver Spring

5:00PM **NA in the Galaxy (O,DISC,WC &, 75)**, The Galaxy Apartments, - 2nd Floor, Rm L2. FREE parking in the back!, 8025 13th St., Silver Spring, MD, Montgomery Area

Temple Hills

7:00PM **Closed Sunday (C,WC &, 90)**, Our Savior Lutheran Church, 4915 St. Barnabas Rd, Temple Hills, MD, South Potomac Area

Washington

7:00AM **Open Door To Freedom (O,BEG,STEP, 90)**, Church of the Epiphany, 1317 G St NW, Washington, DC, District of Columbia Area

8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)**, Zoom ID: 826 3577 8671; P/C: 242275 Washington, DC, The Virtual Ties That Bind Us Together Area

9:00AM **Sunday Morning Spiritual (O,DISC,TRAD,VM, 60)**, Zoom ID: 812-2295-5124; P/C 774257 Washington, DC, District of Columbia Area

10:30AM **10:30 Coffee Hour (O,DISC,WC &, 90)**, 5656A 3rd St. NE, Washington, DC, District of Columbia Area

10:30AM **I Can't, We Can (C,JFT,STEP,WC &, 85)**, Luther Place Memorial Church, 1226 Vermont Avenue, NW, Washington, DC, District of Columbia Area

11:00AM **Sunday Morning Steps & Traditions (O,VM, 60)**, Zoom ID: 893 1577 3534; P/C: 873274 Washington, DC, District of Columbia Area

NOON **Midday Meditations and Miracles (O,DISC,JFT,ME, 60)**, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, Rock Creek Area

2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)**, Zoom ID: 785 963 7766; P/C: 1953 Washington, DC, The Virtual Ties That Bind Us Together Area

2:00PM **Where Healing Takes Place (C,DISC,SPK,VM, 90)**, Zoom ID: 404 510 8699; P/C: GODcares00 Washington, DC, The Virtual Ties That Bind Us Together Area

5:30PM **Progressive Recovery (O,DISC,LIT, 60)**, Triangle Club, 1638 R St. NW #120, Washington, DC, Rock Creek Area

7:00PM **Clean On The Hill (C, 60)**, Capitol Hill UMC, The entry door is on Seward Square SE. Please don't use the 5th ST Entrance, 421 Seward Square SE, Washington, DC, Rock Creek Area

7:00PM **Clean On The Screen (O,VM, 60)**, Zoom ID: 724 9574 1690; No P/C Washington, DC, Rock Creek Area

7:00PM **Sunday Night Spiritual Group (O, 90)**, St Mary's Church (Church Hall), 727 5th St. NW, Washington, DC, District of Columbia Area

8:00PM **Living Life on Life's Terms (C,DISC,STEP,VM, 90)**, Zoom ID: 438 348 3469; P/C: 121525 Washington, DC, The Virtual Ties That Bind Us Together Area

10:30PM **Faith & Sanity (O, 90)**, St John CME Church, 2801 Stanton Rd SE, Washington, DC, District of Columbia Area

Woodbridge

7:00PM **Living In The Solution (O,VAR,SPK,STEP,WC &,VM, 75)**, Zoom ID: 568 046 8023; P/C: 121212 Woodbridge, VA, Norvana Area

MONDAY

Alexandria

7:00PM **In The Heart Of (O, 90)**, Charles Houston Recreation Center, 901 Wythe St, Alexandria, VA, Norvana Area

Arlington

7:30PM **Bring Your Stepwork (C,CH,DISC,WR, 60)**, Our Lady of Lourdes Church, Parish Hall lower level RM#5 - Does not meet on federal holidays or Easter Monday, 800 23rd St. S, Arlington, VA, Small room not suitable for treatment center groups., Norvana Area

Callaway

7:00PM **Cover To Cover (O,WC &, 75)**, Callaway Baptist Church, 20960 Point Lookout Rd., Callaway, MD, Tri-County Area

Capitol Heights

7:30PM **Monday Night Step (O,VM, 90)**, Zoom ID: 457 476 3595; P/C: MNS Capitol Heights, MD, South Potomac Area

District Heights

7:00PM **That Tired Old Lie (O,STEP,TRAD, 90)**, Second Baptist Church, 5501 Silver Hill Rd, District Heights, MD, South Potomac Area

Falls Church

7:00PM **Miracles on Broad Street (O,WC &,HY, 60)**, Zoom ID 962 211 7089; P/C: 169422 Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA, Norvana Area

Frederick

NOON **Noon Group (O, 60)**, Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity, Frederick Area

7:00PM **Monday Night Miracles by Candlelight (O,WC &,LIT, 60)**, Good Shepherd Lutheran Church, 1415 W 7th St., Frederick, MD, Frederick Area

8:00PM **Back To Basics (O,IW,WC &, 60)**, Frederick Community Action (Soup Kitchen), 100 S Market St, Frederick, MD, formerly called Late But Straight, Frederick Area

Gainesville

8:00PM **Learning How To Live (O,BEG,DISC,VAR,LIT, 60)**, Gainesville Presbyterian Church, Meeting is downstairs to the right, 16127 Lee Highway, Gainesville, VA, Battlefield Area

Gaithersburg

6:00PM **Béisbol (Persona, Dios, Sociedad, Servicio) (O,ES,JFT,LIT,HY, 60)**, Zoom ID: 831 7185 1799; P/C: 152608 Emory Grove UM Church, 8200 Emory Grove Rd., Gaithersburg, MD, Montgomery Area

7:15PM **Step Working Addicts Group (O,DISC,IW,SWG,STEP,VM, 60)**, Zoom ID: 843 0163 1904; P/C: 12Steps Gaithersburg, MD, Montgomery Area

8:00PM **Oasis (O,BEG,BT,STEP,LIT, 60)**, Prince of Peace Church, 11900 Darnestown Rd., Gaithersburg, MD, Montgomery Area

8:00PM **Stayin' Alive (O,STEP,VM, 60)**, Zoom ID: 862 2444 3740; P/C: NARocks Gaithersburg, MD, Montgomery Area

Greenbelt

10:00AM **Ladies in Recovery (C,JFT,SPK,W,VM, 60)**, Zoom ID: 803 826 655; No P/C Greenbelt, MD, Central Maryland Area

7:00PM **It Works: How and Why (C,WC &, 90)**, Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD, Central Maryland Area

Herndon

NOON **Noon Meeting (O,VM, 60)**, Zoom ID: 962 211 7089; P/C: 169422 Herndon, VA, Dulles Corridor Area

Laurel

7:30PM **Laurel Basics 1-2-3 (O, 60)**, Holy Trinity Lutheran Church, In the basement, 7607 Sandy Spring Rd, Laurel, MD, Central Maryland Area

Leesburg

7:00PM **Serenity Seekers (WC &, 60)**, Loudoun Club 12, 58 Sycolin Rd., SE, Leesburg, VA, Dulles Corridor Area

Manassas

NOON **High Noon (O,BEG,CH,DISC,JFT,WC &, 60)**, Jean McCoy Conference, First Door to Right, Behind Security Desk, 7987 Ashton Ave., Manassas, VA, Battlefield Area

NOON **Recovidery (O,DISC,JFT,VM, 60)**, Zoom ID: 962 211 7089; P/C: 169422 Manassas, VA, Battlefield Area

8:30PM **Getting Centered (O,DISC,VM,LIT, 60)**, Zoom ID: 837 7972 7742; Password: 06011988 Manassas, VA, Battlefield Area

Montgomery Village

7:30AM **Freedom in the Village (O,DISC,JFT,VM, 60)**, Zoom ID: 823 5857 7621, P/C: 685408 Montgomery Village, MD, Montgomery Area

NOON **Freedom in the Village (O,WC &,HY, 60)**, Zoom ID: 823 5857 7621, P/C: 685408 Christ the Servant Church, 9801 Centerway Rd., Montgomery Village, MD, Montgomery Area

Rockville

7:00PM **Illness in Recovery (O,Y, 60)**, Millian Memorial UMC, Closed when MoCo Schools are closed (for inclement weather), 13016 Parkland Dr., Rockville, MD, Montgomery Area

Silver Spring

NOON **NA at Noon (O,JFT,VM, 60)**, Zoom ID: 872 0510 4241; No P/C Silver Spring, MD, Montgomery Area

6:00PM **Steps at Glenmont (O,DISC,IP,STEP,TRAD, 60)**, Glenmont UMC, Enter thru Education Builing, Room 209, 12901 Georgia Ave., Silver Spring, MD, Montgomery Area

7:00PM **Monday Miracles (BEG,STEP, 75)**, Montgomery Hills Baptist Church, 9727 Georgia Ave., Silver Spring, MD, Montgomery Area

Springfield

7:00PM **Cracker Box (O,WC &, 60)**, Independence Club (FOR 1/19 ONLY), 7043 Wimsatt Rd, Springfield, VA, Norvana Area

Sterling

6:30PM **Exact Nature Men's Meeting (O,M,WC &, 75)**, Riverside Presbyterian Church, 21631 Ridgetop Cir., Ste 100, Sterling, VA, Dulles Corridor Area

8:00PM **Free To Live (O,WC &, 60)**, St. Matthew's Episcopal Church (Trailer), 201 E. Frederick Dr., Sterling, VA, Dulles Corridor Area

Waldorf

NOON **NA In the Day (O,WC &,LC, 60)**, Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, Tri-County Area

7:00PM **Time To Change (O, 60)**, Lifestream Church of the Nazarene, 5105 Leonardtown Rd., Waldorf, MD, First Mon Literature, Last Monday JFT, Tri-County Area

Washington

8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)**, Zoom ID: 826 3577 8671; P/C: 242275 Washington, DC, The Virtual Ties That Bind Us Together Area

8:30AM **Let Go and Let God I (O,LIT, 75)**, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, District of Columbia Area

10:00AM **Fresh Start (O,DISC, 90)**, St. Lukes Church, 4925 E Capitol St. NE, Washington, DC, East of the River Area

10:00AM **Just For Today (C,O,JFT,VM, 90)**, Zoom ID: 858 2487 7564; P/C: Love Washington, DC, The Virtual Ties That Bind Us Together Area

10:00AM **We Still Need Help Group (C,VAR,SPK,VM, 90)**, Meeting ID: 785 1315 770; P/C: 1234 Washington, DC, District of Columbia Area

NOON **Midday Meditations and Miracles (O, 60)**, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, Rock Creek Area

NOON **New Hope (O,DISC, 90)**, St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, District of Columbia Area

NOON **Noon Time is the Right Time (C,DISC,VM, 90)**, Zoom ID: 932 959 7603; P/C: 1962 Washington, DC, The Virtual Ties That Bind Us Together Area

1:30PM **Let Go and Let God II (O,LIT, 75)**, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, District of Columbia Area

2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)**, Zoom ID: 785 963 7766; P/C: 1953 Washington, DC, The Virtual Ties That Bind Us Together Area

3:30PM **Spiritually Connected (VM,SPAD, 60)**, Zoon ID: 892 2381 6673; P/C: Free Washington, DC, The Virtual Ties That Bind Us Together Area

MONDAY (CONT)

5:00PM	Rush Hour (C,DISC,VM,LIT, 90) , Zoom ID: 705 264 3243; P/C: RUSHOUR Washington, DC, The Virtual Ties That Bind Us Together Area
6:00PM	1-12 Step (O,STEP, 90) , Mt Moriah (except holidays), 1636 E Capitol St. NE, Washington, DC, East of the River Area
6:30PM	Redlight Recovery (O, 90) , Walker Memorial Baptist Church, 2020 13th St. NW, Washington, DC, District of Columbia Area
6:30PM	Southwest Serenity (C,CH,STEP, 60) , Carron Baptist Church, We are meeting on holidays, 1354 1st Street SW, Washington, DC, Rock Creek Area
7:00PM	Aging In Recovery (O,DISC,VM, 90) , Zoom ID: 824 005 5286; P/C: recovery Washington, DC, East of the River Area
7:00PM	Monday Night Step Meeting (LIT, 90) , St. Lukes Church, 4925 E. Capitol St. NE, Washington, DC, East of the River Area
7:30PM	Living Proof (O, 60) , 4201 Albemarle St. NW, Washington, DC, Rock Creek Area
8:00PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90) , Zoom ID: 438 348 3469; P/C: 121525 Washington, DC, The Virtual Ties That Bind Us Together Area
8:00PM	Monday Miracles Virtual (BEG,STEP,VM, 90) , Zoom ID: 717 680 837; P/C: 428066 Washington, DC, The Virtual Ties That Bind Us Together Area

Woodbridge

8:00PM	Step Over the Hump (O,STEP,TRAD,WC &,NP, 75) , Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA, Norvana Area
--------	---

TUESDAY**Alexandria**

7:00PM	NA in LA (O,WC &,HY, 90) , Zoom ID: 533 129 809; P/C: NALA Lee Center, 1108 Jefferson St, Alexandria, VA, Norvana Area
8:00PM	Just for Tonight (O,JFT, 60) , Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA, Norvana Area

Chevy Chase

7:30PM	Glad to be Alive Steps (O,WC &,HY, 60) , Zoom ID: 275 118 642; P/C: 982195 Chevy Chase UMC, 7001 Connecticut Ave, Chevy Chase, MD, Rock Creek Area
--------	---

Falls Church

7:00PM	Choose Life (O, 60) , Christ Crossman UMC, 384 N Washington St, Falls Church, VA, Norvana Area
8:00PM	Comfort Zone (O,WC &,VM, 60) , Zoom ID: 929 625 3168; P/C: 658318 Falls Church, VA, Norvana Area

Fort Washington

7:15PM	Keep Coming Back (O,SPAD, 90) , Capitol Allentown Baptist Church, 7911 Allentown Road, Fort Washington, MD, South Potomac Area
--------	---

Frederick

NOON	Noon Group (O, 60) , Grace United Church, 25 E 2nd St., Frederick, MD, Frederick Area
7:00PM	Vision of Hope (O,VAR, 60) , All Saints Episcopal Church, 106 W Church St, Frederick, MD, Limited capacity, Frederick Area

Gaithersburg

7:30PM	All About Change (O,DISC,WC &, 60) , Seneca Creek Community Church, - Please use front entrance, 13 Firstfield Rd., Gaithersburg, MD, Montgomery Area
8:00PM	Carrying the Message (O,VM, 60) , Zoom ID: 862 2444 3740; P/C: NArocks Gaithersburg, MD, Montgomery Area

Glenarden

7:00PM	Firm Believers (O,WC &, 90) , Glenarden Town Hall (1st Flr.), 8600 Glenarden Pkwy, Glenarden, MD, Central Maryland Area
--------	--

Greenbelt

10:00AM	Ladies in Recovery (C,JFT,SPK,W,VM, 60) , Zoom ID: 803 826 655; No P/C Greenbelt, MD, Central Maryland Area
7:00PM	Women Living Clean (C,DISC,SPK,W,VM,LIT, 90) , Zoom ID: 876 8758 1084; P/C: 766458 Greenbelt, MD, Central Maryland Area
7:30PM	AWOL (O,BT,DISC,IW,JFT,STEP,TRAD,WC &, 60) , Greenbelt Step Club, 143 Centerway Rd., Greenbelt, MD, Central Maryland Area

Herndon

NOON	Noon Meeting (O,VM, 60) , Zoom ID: 962 211 7089; P/C: 169422 Herndon, VA, Dulles Corridor Area
------	---

Jefferson

5:30PM	Rush Hour Recovery (O,DISC,WC &,LIT, 60) , Jefferson UMC, 3882 Jefferson Pike, Jefferson, MD, Frederick Area
--------	---

La Plata

7:30PM	Off Campus Recovery (O,WC &, 60) , First Baptist Church of La Plata, 9070 Hawthorne Rd., La Plata, MD, Tri-County Area
--------	---

Laurel

7:00PM	Just Relationships (O,WC &, 75) , Laurel Municipal Pool, 901 Main St, Laurel, MD, Central Maryland Area
7:30PM	Serenity on Sandy Spring (O,BT,DISC,SPK,STEP,TOP, 60) , Holy Trinity Church, Meeting in Basement, 7607 Sandy Spring Road, Laurel, MD, Central Maryland Area

Leesburg

7:30PM	Living Clean (O,DISC,LIT,LC, 60) , Loudoun Serenity House, Main Level, 29 N King St, Leesburg, VA, Dulles Corridor Area
--------	--

Leonardtown

7:00PM	Living Clean (O,WC &, 60) , St Paul's UM Church, Classroom #8, 25550 Point Lookout Rd., Leonardtown, MD, Tri-County Area
--------	---

Lusby

7:30PM	Lusby Recovery (O, 60) , South Community Center, 20 Appeal Ln., Lusby, MD, Tri-County Area
--------	---

Manassas

NOON	Recovidery (O,DISC,JFT,VM, 60) , Zoom ID: 962 211 7089; P/C: 169422 Manassas, VA, Battlefield Area
8:00PM	Just For Today (O,JFT,STEP,VM, 60) , Zoom ID: 962 211 7089; P/C: 169422 Manassas, VA, Battlefield Area

Montgomery Village

7:30AM	Freedom in the Village (O,DISC,JFT,VM, 60) , Zoom ID: 823 5857 7621, P/C: 685408 Montgomery Village, MD, Montgomery Area
NOON	Freedom in the Village (O,WC &,HY, 60) , Zoom ID: 823 5857 7621, P/C: 685408 Christ the Servant Church, 9801 Centerway Rd., Montgomery Village, MD, Montgomery Area

Rockville

6:00PM	New Way of NA (O,SWG,TRAD, 60) , Millian Memorial UMC, Corner of Hallet & Parkland. Downstairs in Outreach Recovery., 13016 Parkland Dr, Rockville, MD, Montgomery Area
--------	--

Silver Spring

NOON	NA at Noon (O,JFT,VM, 60) , Zoom ID: 872 0510 4241; No P/C Silver Spring, MD, Montgomery Area
6:30PM	Life On Life's Terms (O,DISC,WC &,LIT,HY, 60) , Zoom ID: 885 1687 6965; P/C: LOLT The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave., Silver Spring, MD, Montgomery Area

Sterling

8:00PM	New Attitudes (O,WC &, 60) , Sterling UMC (side building), 304 E. Church Rd., Sterling, VA, Dulles Corridor Area
--------	---

Waldorf

NOON	Hope in the Woods (O,WC &, 60) , Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, Tri-County Area
------	--

TUESDAY (CONT)

Washington

8:30AM	Early Just For Today Check-in (C,JFT,VM, 90) , Zoom ID: 826 3577 8671; P/C: 242275 Washington, DC, The Virtual Ties That Bind Us Together Area
8:30AM	Let Go and Let God I (O,LIT, 75) , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, District of Columbia Area
10:00AM	Just For Today (C,O,JFT,VM, 90) , Zoom ID: 858 2487 7564; P/C: Love Washington, DC, The Virtual Ties That Bind Us Together Area
10:00AM	We Still Need Help Group (C,VAR,SPK,VM, 90) , Zoom ID: 785 1315 770; P/C: 1234 Washington, DC, District of Columbia Area
NOON	Midday Meditations and Miracles (O, 60) , Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, Rock Creek Area
NOON	New Hope (O,DISC, 90) , St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, District of Columbia Area
NOON	Noon Time is the Right Time (C,DISC,VM, 90) , Zoom ID: 932 959 7603; P/C: 1962 Washington, DC, The Virtual Ties That Bind Us Together Area
1:30PM	Let Go and Let God II (O,LIT, 75) , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, District of Columbia Area
2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90) , Zoom ID: 785 963 7766; P/C: 1953 Washington, DC, The Virtual Ties That Bind Us Together Area
3:30PM	Spiritually Connected (VAR,STEP,VM,LIT, 60) , Zoom ID: 892 2381 6673; P/C: Free Washington, DC, The Virtual Ties That Bind Us Together Area
5:00PM	Rush Hour (C,DISC,SPK,VM, 90) , Zoom ID: 705 264 3243; P/C: RUSHOUR Washington, DC, The Virtual Ties That Bind Us Together Area
5:00PM	The One Promise Group (O,DISC,WC &, 90) , CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW, Washington, DC, District of Columbia Area
5:30PM	Write to Recover (DISC,STEP,VM,WR, 60) , Zoom Meeting ID: 727 524 5654; P/C: 249292 Step writing during this meeting. The meeting will be locked after the writing portion ends., Washington, DC, Rock Creek Area
6:30PM	Freedom To Change (O, 60) , St Martin's Church, 1908 N Capitol St. NW, Washington, DC, District of Columbia Area
6:30PM	Steps to the Courthouse (C,STEP,VM, 90) , Zoom ID: 994 490 7494; No P/C Washington, DC, District of Columbia Area
7:00PM	Stepping Out of Trouble into Study (SWG,VM, 90) , Zoom ID: 880-6299-5493; P/C: sotis Washington, DC, Rock Creek Area
7:00PM	The Last Shall Be First (C,STEP,TRAD, 90) , The Harold J. Gordon Bldg., 124 15th St. SE, Washington, DC, District of Columbia Area
7:30PM	Pure Uncut Literature Study Group of NA (WC &,LIT, 60) , Chevy Chase Presbyterian Church, Enter off Oliver St before Chevy Chase Cir.; There is a parking lot and street parking., 1 Chevy Chase Cir. NW, Washington, DC, Rock Creek Area
8:00PM	Living Life on Life's Terms (C,VM, 60) , Zoom ID: 438 348 3469; P/C: 121525 Washington, DC, The Virtual Ties That Bind Us Together Area
8:30PM	Dupont Circle NA (O, 60) , Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, Rock Creek Area
8:30PM	Fire Barrel (O,DISC,HY, 60) , Zoom ID: 847 1689 8440; P/C: step11 Wesley UMC, Library on lower level; Plz use the Jenifer St. entrance., 5312 Connecticut Ave. NW, Washington, DC, Rock Creek Area

Woodbridge

NOON	High Noon II (O,WC &,SPAD, 60) , Ferllazo Building, 2nd Floor - Dottie Bell Conference Room, 15941 Donald Curtis Dr., Woodbridge, VA, Norvana Area
------	---

WEDNESDAY

Alexandria

6:30PM	Foundation Steps to Freedom (O,STEP,WC &, 90) , Leonard Chick Armstrong Recreation Center, 25 W Reed Ave., Alexandria, VA, Not meeting 12/24 due to Rec Center closure, Norvana Area
7:30PM	Came to Believe (O, 60) , Cameron UMC, 3130 Franconia Rd, Alexandria, VA, Norvana Area

Arlington

6:30PM	Clean in Clarendon (O,DISC,SPK, 60) , Clarendon Presbyterian Church, Free parking, door marked Aikido of Arlington, 1305 N Jackson St, Arlington, VA, Norvana Area
7:00PM	NA at Walter Reed (O,DISC, 90) , Walter Reed, Inside the Rec center, 2909 16th St S, Arlington, VA, Meets inside, in the rec center, Norvana Area

Bethesda

7:00PM	Fresh Air (O,BT,STEP,TRAD,WC &, 60) , Cedar Lane UUC, - The Chalice House (use upper parking lot), 9601 Cedar Ln., Bethesda, MD, Montgomery Area
--------	---

Falls Church

NOON	One Noon at a Time (O,DISC,IP,JFT,SPK, 60) , Unity Club, 116 W Broad St., Falls Church, VA, Norvana Area
7:00PM	Plan B (O, 75) , Unity Club, Rm R3, 116-B W Broad St, Falls Church, VA, Norvana Area

Fort Washington

7:00PM	Bright Hope Group (O,STEP,TRAD,LIT,LC, 75) , Carolina Baptist Church, 9901 Allentown Rd, Fort Washington, MD, South Potomac Area
--------	---

Frederick

NOON	Noon Group (O, 60) , Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity, Frederick Area
7:00PM	Exact Nature Men's Rap (DISC,M, 60) , Frederick Club, 205B Buchheimer Rd, Frederick, MD, Frederick Area
7:00PM	Principles Before Personalities (O,WC &, 60) , Community Action Agency 100 S. Market St, Frederick, MD, Frederick Area

Gaithersburg

7:30PM	Gentleman's Club (C,JFT,M, 60) , Epworth UMC, 9008 Rosemont Dr., Gaithersburg, MD, Montgomery Area
8:00PM	Another Way (O, 60) , Prince of Peace Church, - Small building in back, 11900 Darnestown Rd., Gaithersburg, MD, Montgomery Area

Glenarden

7:00PM	New Wave (O,STEP,TRAD,WC &, 60) , Glenarden City Hall, Downstairs, 8600 Glenarden Parkway, Glenarden, MD, Central Maryland Area
--------	--

Greenbelt

10:00AM	Ladies in Recovery (C,JFT,SPK,W,VM, 60) , Zoom ID: 803 826 655; No P/C Greenbelt, MD, Central Maryland Area
---------	--

Herndon

NOON	Noon Meeting (O,VM, 60) , Zoom ID: 962 211 7089; P/C: 169422 Herndon, VA, Dulles Corridor Area
------	---

Laurel

7:00PM	STAR (O, 75) , First UMC (5th St), 424 Main St, Laurel, MD, Central Maryland Area
--------	--

Leesburg

7:00PM	Young People's NA Meeting (O,DISC,Y, 60) , Loudon Serenity House, Upstairs room, 29 N King St, Leesburg, VA, Dulles Corridor Area
--------	--

Lexington Park

7:30PM	Life Support (O,WC &, 60) , Trinity Lutheran Church, 46707 Shangri La Dr., Lexington Park, MD, Tri-County Area
--------	---

Manassas

NOON	Recovidery (O,DISC,JFT,VM, 60) , Zoom ID: 962 211 7089; P/C: 169422 Manassas, VA, Battlefield Area
------	---

8:30PM	Welcome Home (O,BEG,CAN,DISC,VAR,Ti,LIT, 60) , Bull Run UUC, @Church St. Entrance, downstairs. Door autolocks @8:45. Latecomers tap on window., 9350 Main St., Manassas, VA, Battlefield Area
--------	--

McLean

6:30PM	NA Farsi (O,PER,HY, 60) , Zoom ID: 822 6895 7935; P/C: 267059; This meeting is ONLY spoken in FARSI St Dunstan's Episcopal Church, 1830 Kirby Rd., McLean, VA, Norvana Area
--------	--

Montgomery Village

7:30AM	Freedom in the Village (O,DISC,VM,LIT, 60) , Zoom ID: 823 5857 7621, P/C: 685408 Montgomery Village, MD, Montgomery Area
--------	---

WEDNESDAY (CONT)

NOON	Freedom in the Village (O,WC &,HY, 60) , Zoom ID: 823 5857 7621, P/C: 685408 Christ the Servant Church, 9801 Centerway Rd., Montgomery Village, MD, Montgomery Area
7:30PM	Never Alone (O,CAN,WC &,LIT, 75) , Christ the Servant Church, 9801 Centerway Rd., Montgomery Village, MD, Montgomery Area
Rockville	
7:30PM	Wednesday's Willingness (O,HY, 90) , Zoom ID: 800 990 800; P/C: 016212 Rockville Courthouse, - Lower Level, 30 Courthouse Square G-1, Rockville, MD, Montgomery Area
Savage	
7:00PM	Back to the Basics (O,WC &, 60) , Savage UMC, 9050 Baltimore St, Savage, MD, Central Maryland Area
Silver Spring	
NOON	NA at Noon (O,JFT,VM, 60) , Zoom ID: 872 0510 4241; No P/C Silver Spring, MD, Montgomery Area
7:30PM	People's Recovery (O,WC &,HY, 60) , Zoom ID: 878 0419 2075; P/C: 659058 The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave., Silver Spring, MD, Montgomery Area
Springfield	
6:30PM	Women Do Recover (W,LIT,HY, 60) , Zoom ID: 842 4803 8677; P/C: 999612 Springfield Church of Christ, 7512 Old Keene Mills Rd, Springfield, VA, Norvana Area
Sterling	
7:00AM	The Early Cup of Recovery (DISC,VM, 60) , Zoom ID: 893 6775 9854; P/C: 946130 Sterling, VA, Dulles Corridor Area
5:30PM	No Matter What (VM,LC, 60) , Zoom ID: 795 467 25226; P/C: jmDcW0 (last digit is zero) Sterling, VA, Dulles Corridor Area
8:00PM	We Made It! (O,DISC,WC &, 60) , St. Matthew's Episcopal Church, 201 E. Frederick Dr., Sterling, VA, Dulles Corridor Area
Sunderland	
7:00PM	Tower of Power (O,WC &, 60) , Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd., Sunderland, MD, Maximum 18 people, Tri-County Area
Waldorf	
NOON	Midweek Miracles (O,JFT,WC &,SPAD, 60) , Room: Village Lounge. Meeting will start 1/8/25, The Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, Tri-County Area
7:00PM	Positive Alternative (O,WC &, 60) , Good Samaritan Church (Near Rt 5 N/Billingsley Rd.), 13025 Good Samaritan Dr., Waldorf, MD, Tri-County Area
Washington	
8:30AM	Early Just For Today Check-in (C,JFT,VM, 90) , Zoom ID: 826 3577 8671; P/C: 242275 Washington, DC, The Virtual Ties That Bind Us Together Area
8:30AM	Let Go and Let God I (O,LIT, 75) , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, District of Columbia Area
10:00AM	Fresh Start (O,DISC, 90) , St. Lukes Church, 4925 E Capitol St. NE, Washington, DC, East of the River Area
10:00AM	Just For Today (C,O,JFT,VM, 90) , Zoom ID: 858 2487 7564; P/C: Love Washington, DC, The Virtual Ties That Bind Us Together Area
10:00AM	We Still Need Help Group (C,VAR,SPK,VM, 90) , Meeting ID: 785 1315 770; P/C: 1234 Washington, DC, District of Columbia Area
NOON	Midday Meditations and Miracles (O, 60) , Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, Rock Creek Area
NOON	New Hope (O,DISC, 90) , St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, District of Columbia Area
NOON	Noon Time is the Right Time (C,DISC,VM, 90) , Zoom ID: 932 959 7603; P/C: 1962 Washington, DC, The Virtual Ties That Bind Us Together Area
1:30PM	Let Go and Let God II (O,LIT, 75) , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, District of Columbia Area
2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90) , Zoom ID: 785 963 7766; P/C: 1953 Washington, DC, The Virtual Ties That Bind Us Together Area
5:00PM	Rush Hour (C,DISC,VM, 90) , Zoom ID: 705 264 3243; P/C: RUSHOUR Washington, DC, The Virtual Ties That Bind Us Together Area
6:00PM	The How Group (O,BEG,IP,IW,M,STEP, 90) , Ambassador Baptist Church, 1412 Minnesota Ave. SE, Washington, DC, East of the River Area
6:30PM	From the Streets to the Seats (C,STEP,TRAD,QA,LIT, 90) , St. Francis Xavier Church, 2815 O St SE, Washington, DC, East of the River Area
7:00PM	Aging In Recovery (O,DISC,VM, 90) , Zoom ID: 824 005 5286; P/C: recovery Washington, DC, East of the River Area
7:00PM	SW Freeway (C,WC &, 60) , Westminster Presbyterian Church, Ground Level, 400 I St. SW, Washington, DC, Rock Creek Area
7:00PM	Ultimate Weapons (C,STEP,TW,CPT,VM,LIT, 90) , Zoom ID: 516 993 416; No P/C Washington, DC, District of Columbia Area
8:00PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90) , Zoom ID: 438 348 3469; P/C: 121525 Washington, DC, The Virtual Ties That Bind Us Together Area
8:00PM	Step Up (C,DISC,ME,VM,LIT, 60) , Zoom ID: 818 8913 0099; P/C: 165124 Washington, DC, Rock Creek Area
8:00PM	Wednesday Night Men's Rap (Keeping it Real) (O,M,VM, 60) , Zoom ID: 871 4546 0605; P/C: 556828 Washington, DC, The Virtual Ties That Bind Us Together Area
8:30PM	Conscious Contact Beginners (O,WC &, 60) , Wesley UMC, Meeting is Upstairs; use Connecticut Ave entrance, 5312 Connecticut Ave. NW, Washington, DC, Rock Creek Area
9:00PM	Miracle of Women (C,BEG,DISC,W,VM, 90) , Zoom ID: 917 1964 217; P/C 1908 Washington, DC, District of Columbia Area
Woodbridge	
8:00PM	Over The Hump (O,JFT,SPK,NP, 75) , Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Rd., Woodbridge, VA, Norvana Area
THURSDAY	
Alexandria	
8:00PM	So Happy It's Thursday (O, 60) , Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA, Norvana Area
Arlington	
7:30PM	Old Time Recovery (C,CH,DISC,WC &, 60) , Langston-Brown Community Center, 2121 N. Culpeper St, Arlington, VA, Norvana Area
Bowie	
7:30PM	More Will Be Revealed (O, 75) , Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, Central Maryland Area
Capitol Heights	
6:30PM	Up from Under (DISC, 90) , 6056 Old Central Ave, Capitol Heights, MD, East of the River Area
Chantilly	
7:30PM	Out of the Dark (O,DISC, 60) , A New Beginning, located in the gym, 4213 Walney Road, Chantilly, VA, Dulles Corridor Area
Chaptico	
7:30PM	Chaptico Under The Stars (O, 60) , Christ Episcopal Church, 37497 Zach Fowler Rd., Chaptico, MD, Tri-County Area
Fairfax	
6:30PM	Spiritual Pause (C,SPAD, 60) , Lord of Life Lutheran Church, Park and enter in the back of the church, 5114 Twinbrook Rd, Fairfax, VA, Norvana Area
Frederick	
NOON	Noon Group (O, 60) , Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity, Frederick Area
7:00PM	Inner City (O,STEP,WC &, 60) , Community Action Agency, 100 S. Market St, Frederick, MD, Frederick Area
7:00PM	Sisters in Serenity (W,HY, 60) , Zoom ID: 813 9599 1987; No P/C Staley Park, 11 West Tenth St., Frederick, MD, Frederick Area
7:30PM	Thursday Night Candlelight (O, 60) , St Joseph's Church (the old church), 5843 Manor Woods Rd, Frederick, MD, Frederick Area
Gaithersburg	
7:30PM	She Do Recover (O,DISC,W,VM, 60) , Zoom ID: 829 2967 3668; P/C: 8675309 Gaithersburg, MD, Montgomery Area

THURSDAY (CONT)

8:00PM **Crossroads (O,VM, 60)**, Zoom ID: 551 384 252; P/C: 297348 Gaithersburg, MD, Montgomery Area

8:00PM **Stepping Free (O,STEP, 60)**, Fairhaven UMC, 12801 Darnestown Rd., Gaithersburg, MD, Montgomery Area

Greenbelt

10:00AM **Ladies in Recovery (C,JFT,SPK,W,VM, 60)**, Zoom ID: 803 826 655; No P/C Greenbelt, MD, Central Maryland Area

7:00PM **Gateway to Recovery (O,STEP,TRAD,VM, 90)**, Zoom ID: 395 553 318; P/C: 1957 Greenbelt, MD, Central Maryland Area

Herndon

NOON **Noon Meeting (O,VM, 60)**, Zoom ID: 962 211 7089; P/C: 169422 Herndon, VA, Dulles Corridor Area

Laurel

7:00PM **Spiritual Awakenings (O,WC &, 75)**, First Methodist Church of Laurel, 424 Main St, Laurel, MD, Central Maryland Area

Lexington Park

7:00PM **Outsiders (O,DISC,IW, 75)**, Trinity Lutheran, 46707 S Shangri-La Dr., Lexington Park, MD, Tri-County Area

Manassas

NOON **Recovidery (O,DISC,JFT,VM, 60)**, Zoom ID: 962 211 7089; P/C: 169422 Manassas, VA, Battlefield Area

7:00PM **New Found Hope (O,BEG,BT,DISC,SPK,VM, 60)**, Zoom ID: 822 228 0011; P/C: 121212 Manassas, VA, Battlefield Area

Montgomery Village

7:30AM **Freedom in the Village (O,DISC,JFT,VM, 60)**, Zoom ID: 823 5857 7621, P/C: 685408 Montgomery Village, MD, Montgomery Area

NOON **Freedom in the Village (O,WC &,HY, 60)**, Zoom ID: 823 5857 7621, P/C: 685408 Christ the Servant Church, 9801 Centerway Rd., Montgomery Village, MD, Montgomery Area

Mount Airy

7:30PM **Off the Beaten Path (O, 60)**, St. James Episcopal Church, - Around back, 1307 N Main St., Mount Airy, MD, Frederick Area

OXON HILL

7:00PM **Steps to Life (O, 90)**, Oxon Hill UMC, 6400 Livingston Road, Oxon Hill, MD, South Potomac Area

Prince Frederick

7:00PM **Hope Fiends (O, 60)**, New Life Church, 3170 German Chapel Rd., Prince Frederick, MD, Tri-County Area

Rockville

7:30PM **Serenity in the Park (O,BEG,SPK,SWG,STEP,TRAD,LIT, 90)**, Mt Calvary Baptist Church, 608 N Horners Ln., Rockville, MD, Montgomery Area

Silver Spring

NOON **NA at Noon (O,JFT,VM, 60)**, Zoom ID: 872 0510 4241; No P/C Silver Spring, MD, Montgomery Area

8:00PM **Making A Difference (O,WC &, 60)**, Silver Spring Christian Reformed Church, 1501 Arcola Ave., Silver Spring, MD, Montgomery Area

Sterling

7:00PM **Keyhole To Recovery (O,STEP,LIT, 75)**, Galilee Church, 45425 Winding Rd, Sterling, VA, Dulles Corridor Area

Suitland

7:00PM **Restored To Sanity (O,BEG,STEP, 90)**, Good Samaritan Mission Church, 4409 Arnold Rd., Suitland, MD, South Potomac Area

Waldorf

NOON **12 at 12 (O,WC &, 60)**, Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, Tri-County Area

7:00PM **More Alike Than Different (O,WC &, 60)**, Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, Tri-County Area

Washington

8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)**, Zoom ID: 826 3577 8671; P/C: 242275 Washington, DC, The Virtual Ties That Bind Us Together Area

8:30AM **Let Go and Let God I (O,LIT, 75)**, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, District of Columbia Area

10:00AM **Just For Today (C,O,JFT,VM, 90)**, Zoom ID: 858 2487 7564; P/C: Love Washington, DC, The Virtual Ties That Bind Us Together Area

10:00AM **We Still Need Help Group (C,VAR,SPK,VM, 90)**, Meeting ID: 785 1315 770 PW: 1234 Washington, DC, District of Columbia Area

NOON **Midday Meditations and Miracles (O, 60)**, Dupont Circle Club, Above Mimosa Salon; Will not meet December 25 & January 1, 1623 Connecticut Ave. NW, Washington, DC, Rock Creek Area

NOON **New Hope (O,DISC, 90)**, St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, District of Columbia Area

NOON **Noon Time is the Right Time (C,DISC,VM, 90)**, Zoom ID: 932 959 7603; P/C: 1962 Washington, DC, The Virtual Ties That Bind Us Together Area

1:30PM **Let Go and Let God II (O,LIT, 75)**, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, District of Columbia Area

2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)**, Zoom ID: 785 963 7766; P/C: 1953 Washington, DC, The Virtual Ties That Bind Us Together Area

5:00PM **Rush Hour (C,VM,LC, 90)**, Zoom ID: 705 264 3243; P/C: RUSH HOUR Washington, DC, The Virtual Ties That Bind Us Together Area

5:30PM **Whole Lava Love (O,VM, 60)**, Zoom ID: 835 0459 8692; P/C: choirloft; Phone: 301-715-8592; Phone P/C: 074664516 Washington, DC, Rock Creek Area

6:00PM **Open Door (C,LIT, 90)**, St. Martin's Church, 1908 North Capitol St. NW, Washington, DC, District of Columbia Area

6:30PM **Emergency Room to Life (O,WC &,LIT, 90)**, 1600 Morris Rd SE, Washington, DC, East of the River Area

6:30PM **Living Our Literature (O,STEP,TRAD,LIT,HY, 75)**, Zoom ID: 889 6372 8561; P/C: 3636ga The Festival Center, Park behind building at 2612 Mozart Place (disregard no parking/towing signs), 1640 Columbia Rd. NW, Washington, DC, Rock Creek Area

6:30PM **Steps on the Hill (C,BEG,STEP,VM,LIT, 90)**, Zoom ID: 8459 681 9763; P/C: soth71 Washington, DC, District of Columbia Area

6:30PM **Under New Management (C,STEP,TRAD,VM,LIT, 60)**, Zoom ID: 997 824 3262; No P/C Washington, DC, East of the River Area

7:00PM **Meeting on the Avenue (O, 60)**, Wesley UMC, Library on lower level; plz use the Jenifer Street entrance, 5312 Connecticut Ave. NW, Washington, DC, Rock Creek Area

7:00PM **Stone Soul Recovery (O, 90)**, Plymouth Congregation Church, 5301 North Capitol St. NE, Washington, DC, District of Columbia Area

8:00PM **Living Life on Life's Terms (C,DISC,STEP,VM, 90)**, Zoom ID: 438 348 3469; P/C: 121525 Washington, DC, The Virtual Ties That Bind Us Together Area

8:30PM **Men's Rap (C,M, 60)**, West Side Club, 1341 Wisconsin Ave. NW, Washington, DC, Rock Creek Area

FRIDAY**Alexandria**

7:00PM **Recovery on the South Side (O,WC &, 90)**, Lee Center, 1108 Jefferson St., Alexandria, VA, Norvana Area

Arlington

7:00PM **NA for Life (O,WC &, 90)**, Langston Brown Center, 2121 N Culpeper St., Arlington, VA, Norvana Area

7:30PM **Better Here Than There (O,JFT,VM,SPAD, 60)**, Zoom ID: 536 659 392; P/C: 842931 Arlington, VA, Norvana Area

Bethesda

8:30PM **Get Down (O,VM, 60)**, Zoom ID: 86570165126; P/C: getdown Bethesda, MD, Montgomery Area

Chesapeake Beach

8:00PM **One Line At a Time (O,CH,DISC,VAR,WC &, 75)**, Northeast Community Center, 4075 Gordon Stinnett Ave., Chesapeake Beach, MD, Tri-County Area

FRIDAY (CONT)**Clinton**

7:00PM **Women Do Recover (O,W,WC &,LIT, 90)**, Hope Lutheran Church, 6201 Coventry Way, Clinton, MD, South Potomac Area

Columbia

9:00PM **Keep It Real (O, 75)**, Serenity Center, 9650 Basket Ring Rd, Columbia, MD, Central Maryland Area

Falls Church

7:00PM **Simplicity Is the Key (C,DISC,LIT, 60)**, Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA, Norvana Area

Fort Washington

7:30PM **Living the Program Men's Rap (O,M, 90)**, Bethany Christian Church, 7128 Allentown Rd, Fort Washington, MD, South Potomac Area

Frederick

NOON **Noon Group (O, 60)**, Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity, Frederick Area

7:30PM **We Do Recover (O,TOP, 60)**, Frederick Church of Christ, 1305 N Market St, Frederick, MD, The last Friday of the month is a speaker meeting., Frederick Area

Gaithersburg

7:30PM **Upcounty NA (O, 75)**, Emory Grove UMC, 8200 Emory Grove Rd., Gaithersburg, MD, Montgomery Area

8:00PM **Live and Let Live (O,LIT, 60)**, Fairhaven UMC, 12801 Darnestown Rd., Gaithersburg, MD, Montgomery Area

Greenbelt

10:00AM **Ladies in Recovery (C,JFT,SPK,W,VM, 60)**, Zoom ID: 803 826 655; No P/C Greenbelt, MD, Central Maryland Area

7:00PM **Friday Nite Live (C,WC &, 75)**, Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD, Central Maryland Area

Herndon

NOON **Noon Meeting (O,VM, 60)**, Zoom ID: 962 211 7089; P/C: 169422 Herndon, VA, Dulles Corridor Area

8:00PM **I'm Somebody (O,VM, 60)**, Zoom ID: 449 215 767; P/C: 703 Herndon, VA, Dulles Corridor Area

Kensington

7:00PM **Older Toddlers (O,DISC,STEP,WC &, 60)**, Christ Episcopal Church, Enter from parking lot off Everett St. In basement, Parish Hall, 4001 Franklin St., Kensington, MD, Montgomery Area

Laurel

7:00PM **Miracles on Main Street (O,WC &, 60)**, St. Philip's Episcopal Church, 522 Main St., Laurel, MD, Central Maryland Area

7:30PM **Walk The Walk (O,WC &, 60)**, Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel, MD, Central Maryland Area

Lexington Park

7:05PM **7:07 (O, 60)**, Trinity Lutheran Church (at S Essex), 46707 S Shangri La Dr., Lexington Park, MD, Tri-County Area

9:30PM **Another Late Night (O,CAN,DISC,WC &,OE,LIT, 60)**, 46940 S.Shangri-La Dr., Lexington Park, MD, Tri-County Area

Manassas

NOON **Recovidery (O,DISC,JFT,VM, 60)**, Zoom ID: 962 211 7089; P/C: 169422 Manassas, VA, Battlefield Area

6:30PM **Gimmee Shelter (O,DISC,IW,JFT, 60)**, Manassas Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA, Battlefield Area

8:30PM **Keep It Simple (O,BT,DISC,SPK, 60)**, Bull Run UUC, At Church Street, downstairs, Door autolocks at 8:45 Latecomers tap on window, 9350 Main St., Manassas, VA, Battlefield Area

Middletown

7:00PM **Friday Night Lights (IP,STEP,TRAD,WC &, 60)**, Zion Lutheran Church, Parking around back. Door on side and remains locked. Need to knock, 107 W Main St, Middletown, MD, Frederick Area

Montgomery Village

7:30AM **Freedom in the Village (O,DISC,JFT,VM, 60)**, Zoom ID: 823 5857 7621, P/C: 685408 Montgomery Village, MD, Montgomery Area

NOON **Freedom in the Village (O,WC &,HY, 60)**, Zoom ID: 823 5857 7621, P/C: 685408 Christ the Servant Church, 9801 Centerway Rd., Montgomery Village, MD, Montgomery Area

Savage

8:30PM **Drawn Together (STEP,ME, 75)**, Savage UMC, 9050 Baltimore St., Savage, MD, Art and Meditation Meeting, Central Maryland Area

Silver Spring

NOON **NA at Noon (O,JFT,VM, 60)**, Zoom ID: 872 0510 4241; No P/C Silver Spring, MD, Montgomery Area

3:30PM **Progress Not Perfection (O,DISC,WC &, 60)**, Progress Place, Parking is limited., 8106 Georgia Ave., Room 205, Silver Spring, MD, Montgomery Area

Sterling

7:30PM **Just For Today (O,CAN,WC &,SPAD, 60)**, Community Lutheran Church, 21014 Whitfield Pl, Sterling, VA, Dulles Corridor Area

Waldorf

NOON **Give Yourself A Break (O,JFT,VAR,SPK,STEP,TRAD, 60)**, Great Escape Recovery Lounge, 85 High St. Ste. 1, Waldorf, MD, Tri-County Area

7:30PM **Work 'Em Or Die (O,WC &, 75)**, Good Samaritan Presbyterian Church, 13025 Good Samaritan Dr., Waldorf, MD, Tri-County Area

Washington

8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)**, Zoom ID: 826 3577 8671; P/C: 242275 Washington, DC, The Virtual Ties That Bind Us Together Area

8:30AM **Let Go and Let God I (O,LIT, 75)**, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, District of Columbia Area

10:00AM **Fresh Start (O,DISC, 90)**, St. Lukes Church, 4925 E Capitol St. NE, Washington, DC, East of the River Area

10:00AM **Just For Today (C,O,JFT,VM, 90)**, Zoom ID: 858 2487 7564; P/C: Love Washington, DC, The Virtual Ties That Bind Us Together Area

10:00AM **We Still Need Help Group (C,VAR,SPK,VM, 90)**, Meeting ID: 785 1315 770; P/C: 1234 Washington, DC, District of Columbia Area

NOON **Midday Meditations and Miracles (O, 60)**, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, Rock Creek Area

NOON **New Hope (O,DISC, 90)**, St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, District of Columbia Area

NOON **Noon Time is the Right Time (C,DISC,VM, 90)**, Zoom ID: 932 959 7603; P/C: 1962 Washington, DC, The Virtual Ties That Bind Us Together Area

1:30PM **Let Go and Let God II (O,LIT, 75)**, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, District of Columbia Area

2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)**, Zoom ID: 785 963 7766; P/C: 1953 Washington, DC, The Virtual Ties That Bind Us Together Area

3:30PM **Spiritually Connected (IW,VM, 60)**, Zoom ID: 892 2381 6673; P/C: Free Washington, DC, The Virtual Ties That Bind Us Together Area

5:00PM **Rush Hour (C,DISC,VM, 90)**, Zoom ID: 705 264 3243; P/C: RUSH HOUR Washington, DC, The Virtual Ties That Bind Us Together Area

5:00PM **The What Can I Do Group (O,WC &,LIT, 90)**, CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW, Washington, DC, District of Columbia Area

6:00PM **Where Healing Takes Place (C,DISC,SPK,VM, 90)**, Zoom ID: 404 510 8699 P/C: GODcares00 Washington, DC, The Virtual Ties That Bind Us Together Area

7:00PM **Aging In Recovery (O,DISC,VM, 90)**, Zoom ID: 824 005 5286; P/C: recovery Washington, DC, East of the River Area

7:00PM **Jump Start to Recovery (, 90)**, 880 Eastern Ave NE, Washington, DC, East of the River Area

7:00PM **Lighthouse (O,STEP,TRAD,WC &, 75)**, Israel Methodist CME Church, 557 Randolph St. NW, Washington, DC, District of Columbia Area

7:00PM **O Street Steps (O,STEP,WC &, 90)**, SOME, Dining Hall, 71 O St. NW, Washington, DC, District of Columbia Area

FRIDAY (CONT)

7:00PM	One Step at a Time (O,STEP,TRAD,VM, 90) , Zoom ID: 727 6810 6047; P/C: 349943 Washington, DC, District of Columbia Area
7:00PM	Regardless Of Sexual Identity (C,VM, 90) , Zoom ID: 452 943 0512; P/C: 205542 Washington, DC, District of Columbia Area
7:00PM	Yellow Brick Road (O,VM, 60) , Zoom ID: 821 9026 0549; No P/C Washington, DC, District of Columbia Area
7:30PM	Clean Works (O,DISC,LIT,HY, 60) , Zoom ID: 858 0344 5434; P/C: easydoesit; Phone P/C: 8264201235 St Thomas' Parish, 3rd Floor, 1517 18th St. NW, Washington, DC, Rock Creek Area
8:00PM	Help Somebody (O,BEG,VM, 90) , Zoom ID: 893 0884 8140; P/C: 787123 Washington, DC, District of Columbia Area
8:00PM	Living Life on Life's Terms (C,O,DISC,STEP,VM, 90) , Zoom ID: 438 348 3469; P/C: 121525 Washington, DC, The Virtual Ties That Bind Us Together Area
9:00PM	Recovery Alley (C,HY, 60) , Zoom ID: 822 0563 4651; P/C: Homegroup St Stephen's Church (corner of 16th & Newton), 1530 Newton St. NW, Washington, DC, Rock Creek Area
9:00PM	Solo Por Hoy (O,ES,LIT,HY, 60) , Zoom ID: 232 505 167; P/C: 7611 St. Stephens of the Incarnation, In Sanctuary, 1525 Newton St NW, Washington, DC, Rock Creek Area
10:00PM	Late Nite Friday Nite (O,DISC,JFT,WC &, 75) , St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC, Rock Creek Area

West Springfield

7:15PM	Church Basement Recovery (O, 75) , Kirkwood Presbyterian Church, 8336 Carrleigh Pkwy, West Springfield, VA, Norvana Area
--------	---

Woodbridge

7:00PM	Women Of Woodbridge - W.O.W. (O,VAR,W,WC &,VM, 60) , Zoom ID: 568 046 8023; P/C: 121212 Woodbridge, VA, Norvana Area
--------	---

SATURDAY**Alexandria**

NOON	Just Living (O,JFT,WC &,LC, 90) , Department of Community & Human Services (DCHS), Conference Center, 1st Floor, 4850 Mark Center Dr., Alexandria, VA, Norvana Area
------	--

6:00PM	Welcome Home (O,LIT, 60) , Bush Hill Presbyterian Church, 4916 Franconia Rd, Alexandria, VA, Norvana Area
--------	--

Beltsville

5:00PM	Fear to Faith (O,WC &, 60) , Emmanuel UMC, 11416 Cedar Ln., Beltsville, MD, Central Maryland Area
--------	--

Bethesda

6:30PM	Every Step Counts (O,STEP,WC &, 60) , Cedar Lane UUC, - The Chalice House (use upper parking lot), 9601 Cedar Ln., Bethesda, MD, Montgomery Area
--------	---

Bowie

8:30PM	Tracks to Recovery (O,DISC,WC &, 60) , Unity Place, 8610 Railroad Ave., Bowie, MD, Central Maryland Area
--------	---

Chantilly

7:30PM	Keep It Real (O, 60) , A New Beginning, 4213 Walney Rd., Chantilly, VA, Dulles Corridor Area
--------	---

Chesapeake Beach

10:00AM	Healthy Relationships (CH,DISC,WC &, 90) , Northeast Community Center, 4075 Gordon Stinnett Ave., Chesapeake Beach, MD, Tri-County Area
---------	--

6:00PM	Stick and Stay (O,VAR,SPK,TOP,WC &, 60) , Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach, MD, Tri-County Area
--------	--

Frederick

10:00AM	Kickin' It Raw (O,M,VM, 90) , Zoom ID: 9853773041; P/C: MANUP. Frederick, MD, Frederick Area
---------	---

NOON	Noon Group (O, 60) , Grace United Church, 25 E 2nd St., Frederick, MD, Limited capacity, Frederick Area
------	--

8:00PM	Saturday Night Special (O,WC &, 60) , Good Shepherd Lutheran Church, 1415 W 7th St., Frederick, MD, Frederick Area
--------	---

Gaithersburg

11:00AM	Share On Saturday (O,VM, 60) , Zoom ID: 879 3942 8041; P/C: basictext Gaithersburg, MD, Montgomery Area
---------	--

4:00PM	Good Stuff (O,VM, 60) , Zoom ID: 882 8490 9775; P/C: 717012 Gaithersburg, MD, Montgomery Area
--------	--

6:00PM	Fresh Start (O,WC &,LIT, 75) , Prince of Peace Church, 11900 Darnestown Rd., Gaithersburg, MD, Montgomery Area
--------	---

7:00PM	Saturday Night Living Clean (O,LIT,LC, 60) , The Freedom Center, - Enter on side of building, 202 Perry Pkwy. Ste. #5, Gaithersburg, MD, Read from Living Clean, Montgomery Area
--------	---

7:30PM	Off the Beaten Path 2 (O,VM, 60) , Zoom ID: 862 2444 3740; P/C: NARocks Gaithersburg, MD, Montgomery Area
--------	--

Greenbelt

10:00AM	Ladies in Recovery (C,JFT,SPK,W,VM, 60) , Zoom ID: 803 826 655; No P/C Greenbelt, MD, Central Maryland Area
---------	--

7:00PM	Gut Bucket (O,WC &,VM, 60) , Zoom ID: 973-466-3601; P/C 875711 Greenbelt, MD, Central Maryland Area
--------	--

Herndon

NOON	Noon Meeting (O,VM, 60) , Zoom ID: 962 211 7089; P/C: 169422 Herndon, VA, Dulles Corridor Area
------	---

Hyattsville

NOON	Just for Today (O,WC &, 60) , The 180 Club, 4318 Hamilton Ave, Hyattsville, MD, Central Maryland Area
------	--

Laurel

7:00PM	HOW Group (O,DISC,WC &, 60) , St Mary's School, 106 St. Mary's Place, Laurel, MD, Central Maryland Area
--------	--

Leonardtown

7:00PM	It's A We Thing (O,WC &, 75) , St Paul's UMC, Brubecker Hall, 25550 Point Lookout Rd., Leonardtown, MD, Tri-County Area
--------	--

Manassas

NOON	Recovidery (O,DISC,JFT,VM, 60) , Zoom ID: 962 211 7089; P/C: 169422 Manassas, VA, Battlefield Area
------	---

7:00PM	Destination Hope (O,SPK, 60) , Manassas Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA, Battlefield Area
--------	---

Silver Spring

NOON	Free Yourself (O,DISC,JFT,WC &, 60) , Woodside UMC, - Enter in Back. Door Code: 82911, 8900 Georgia Ave., Silver Spring, MD, Montgomery Area
------	---

NOON	Progress Not Perfection (O,DISC,WC &, 60) , Progress Place, Parking is limited., 8106 Georgia Ave., Room 205, Silver Spring, MD, Montgomery Area
------	---

7:00PM	Speakeasy (O,DISC,VAR, 90) , Woodside UMC, 8900 Georgia Ave., Silver Spring, MD, Montgomery Area
--------	---

Springfield

6:45PM	Free Yourself (O,WC &,HY, 75) , Zoom ID: 962 211 7089; P/C: 169422 Independence Club, 7043 Wimsatt Rd, Springfield, VA, Norvana Area
--------	---

Sterling

10:00AM	Rainbow Llama (O,LIT, 60) , Galilee Methodist Church, 45425 Winding Rd., Sterling, VA, Dulles Corridor Area
---------	--

7:00PM	Empieza Aquí (Start Here) (ES,HY, 60) , ZOOM ID: 862 6783 2338 / PASS: 121212 St. Matthew's Episcopal Church (in the trailers behind the church), 201 E. Frederick Dr., Sterling, VA, Dulles Corridor Area
--------	---

7:00PM	Literally Speaking (O, 60) , St Matthew's Episcopal Church (right side room of trailer), 201 E. Frederick Dr., Sterling, VA, Dulles Corridor Area
--------	--

8:30PM	Saturday Night Live (O,WC &, 60) , St Matthew's Episcopal Church (trailer), 201 E. Frederick Dr., Sterling, VA, Dulles Corridor Area
--------	---

SATURDAY (CONT)

Temple Hills

NOON **Keep It Simple (O,WC &,LIT, 90)**, St. Barnabas Episcopal Church, 5203 Saint Barnabas Rd, Temple Hills, MD, South Potomac Area

Waldorf

NOON **Women In Recovery (O,W,WC &, 60)**, Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, Tri-County Area

2:00PM **Men At Work (C,JFT,M,WC &,SPAD, 60)**, Great Escape Recovery Lounge, 85 High St., Ste. 1., Waldorf, MD., Tri-County Area

7:00PM **Making Miracles (O,DISC,WC &, 90)**, Good Shepherd Church, 305 Smallwood Dr., Waldorf, MD, Tri-County Area

10:00PM **Candlelight (SPK,WC &, 60)**, Good Shepherd Church, 305 Smallwood Dr., Waldorf, MD, Tri-County Area

Washington

7:00AM **Saturday Morning Relief (O,VM, 90)**, Zoom ID: 913 0361 8898; P/C: saturday Washington, DC, Rock Creek Area

8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)**, Zoom ID: 826 3577 8671; P/C: 242275 Washington, DC, The Virtual Ties That Bind Us Together Area

9:00AM **Better Way (O,PH,VM, 60)**, Phone #: 425-436-6351; Phone P/C: 344456# Washington, DC, District of Columbia Area

9:00AM **Roll Up Your Sleeves (O,TRAD,CPT, 90)**, 2409 Ainger Pl SE, Washington, DC, East of the River Area

10:00AM **Can't Do It Alone Women's Rap (O,DISC,JFT,STEP,TRAD,W,VM,LC,SPAD, 90)**, Zoom ID: 2875318067; P/C: women25 Washington, DC, The Virtual Ties That Bind Us Together Area

10:30AM **Come Clean to Stay Clean (O, 90)**, Emmanuel Baptist Church, 2409 Ainger Pl. SE, Washington, DC, District of Columbia Area

11:30AM **Men Under Construction (C,DISC,M,WC &, 90)**, Cedar Hill Hospital, 1200 Pecan Street SE, Washington, DC, District of Columbia Area

11:30AM **Saturday Morning Women's Rap (C,VAR,W,VM, 90)**, Zoom ID: 473 645 8102; P/C: Women2021 Washington, DC, District of Columbia Area

NOON **Mount Olivet Recovery (O,DISC,WC &, 90)**, Mount Olivet Church, 1306 Vermont Ave NW, Washington, DC, District of Columbia Area

NOON **Women's Step and Tradition (C,STEP,TRAD,W,VM, 90)**, Zoom ID: 874 6272 9053; P/C: 632923 Washington, DC, District of Columbia Area

1:30PM **All Inclusive Group (O, 90)**, 938 Rhode Island Ave. NE, Washington, DC, District of Columbia Area

2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)**, Zoom ID: 785 963 7766; P/C: 1953 Washington, DC, The Virtual Ties That Bind Us Together Area

2:00PM **Unbreakable Women (O,W,WC &,LIT, 90)**, 15 49th St NE, Washington, DC, East of the River Area

2:00PM **Where Healing Takes Place (C,DISC,SPK,VM, 90)**, Zoom ID: 404 510 8699 P/C: GODcares00 Washington, DC, The Virtual Ties That Bind Us Together Area

6:00PM **The Uptown Group (O, 90)**, 1908 North Capitol St. NW, Washington, DC, District of Columbia Area

7:00PM **818 Miracles (O,STEP,TRAD,VM, 90)**, Zoom ID: 731 1498 4304; P/C: 818 Washington, DC, East of the River Area

7:00PM **Illness In Recovery (O,DISC,VM, 60)**, Zoom ID: 970 781 8525; P/C: 1HMZCm Washington, DC, District of Columbia Area

7:00PM **Where Healing Takes Place (C,DISC,SPK,VM, 120)**, Zoom ID: 404 510 8699 P/C: GODcares00 Washington, DC, The Virtual Ties That Bind Us Together Area

7:30PM **Hope Fiends (O,CAN,HY, 60)**, Zoom ID: 292 549 9011; P/C: hope Triangle Club, 1638 R St. NW #120, Washington, DC, Rock Creek Area

8:00PM **Gift of Life (O,STEP,TRAD,WC &,HY, 90)**, Zoom ID: 511 626 4561; P/C: 1908 St. Martin's Church, 1908 N Capitol St. NW, Washington, DC, District of Columbia Area

8:00PM **Living Life on Life's Terms (C,O,DISC,STEP,VM, 90)**, Zoom ID: 438 348 3469; P/C: 121525 Washington, DC, The Virtual Ties That Bind Us Together Area

8:05PM **Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group (C,BT,DISC,WC &, 60)**, St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC, Rock Creek Area

9:00PM **Miracle of Women (C,BEG,DISC,W,VM, 90)**, Zoom ID: 917 1964 217; P/C 1908 Washington, DC, District of Columbia Area

Woodbridge

NOON **Stepping Together (BEG,JFT, 75)**, St. Paul UMC, Side entrance down the hill, 1400 G St, Woodbridge, VA, Norvana Area

CONTACT US!

Chesapeake & Potomac Region of Narcotics Anonymous (CPRNA)

PO Box 8160 * Silver Spring, MD 20907

Regional Service Committee Meeting

Meets every even month (Feb, Apr, Jun, Aug, Oct, Dec) on the 2nd Saturday of that month

24/7 Phoneline: 1-800-543-4670
Meeting changes: meetings@cprna.org

<https://www.cprna.org>
Questions about NA: info@cprna.org