

DID YOU KNOW? You can also dial-in by phone to most Zoom meetings. Use any of the below phone numbers. You will be asked to enter the Meeting ID and Passcode. When on the call, use *6 to mute/unmute and *9 to raise/lower hand to share. Zoom Dial-In Numbers: 301-715-8592, 312-626-6799, 929-205-6099

SUNDAY	
8:30AM	Early Just For Today Check-in, (C,JFT,VM) ID: 826 3577 8671; Passcode: 242275
10:00AM	Special Events Subcommittee Meeting, Meets every 1st Sunday, (VM,ASM) Zoom ID: 355 252 5167; Passcode 9XPDej
2:00PM	Steppin' Into The Afternoon, (C,STEP,VM) Zoom ID: 785 963 7766; Passcode: 1953
2:00PM	Where Healing Takes Place, (C,DISC,SPK,VM) Zoom ID: 404 510 8699 Passcode: GODcares00
8:00PM	Living Life on Life's Terms, (C,DISC,STEP,VM) Zoom ID: 438 348 3469; Passcode: 121525

MONDAY	
8:30AM	Early Just For Today Check-in, (C,JFT,VM) ID: 826 3577 8671; Passcode: 242275
10:00AM	Just For Today, (C,O,JFT,VM) Zoom ID: 858 2487 7564; Passcode: Love
NOON	Noon Time is the Right Time, (C,DISC,VM) Zoom ID: 932 959 7603; Passcode: 1962
2:00PM	Steppin' Into The Afternoon, (C,STEP,VM) Zoom ID: 785 963 7766; Passcode: 1953
5:00PM	Rush Hour, (C,DISC,Pi,VM,LIT) Zoom ID: 705 264 3243; Passcode: RUSHHOUR
8:00PM	Living Life on Life's Terms, (C,DISC,STEP,VM) Zoom ID: 438 348 3469; Passcode: 121525
8:00PM	Monday Miracles Virtual, (BEG,STEP,VM) Zoom ID: 717 680 837; Passcode: 428066

TUESDAY	
8:30AM	Early Just For Today Check-in, (C,JFT,VM) ID: 826 3577 8671; Passcode: 242275
10:00AM	Just For Today, (C,O,JFT,VM) Zoom ID: 858 2487 7564; Passcode: Love
NOON	Noon Time is the Right Time, (C,DISC,VM) Zoom ID: 932 959 7603; Passcode: 1962
2:00PM	Steppin' Into The Afternoon, (C,STEP,VM) Zoom ID: 785 963 7766; Passcode: 1953
5:00PM	Rush Hour, (C,DISC,SPK,VM) Zoom ID: 705 264 3243; Passcode: RUSHHOUR
7:00PM	H&I Subcommittee Meeting, (VM,ASM) Every 3rd Tuesday Zoom ID: 355 252 5167; Passcode: 9XPDej
7:00PM	Public Relations Subcommittee Meeting, (VM,ASM) Every 3rd Tuesday Zoom ID: 355 252 5167; Passcode: 9XPDej
8:00PM	Living Life on Life's Terms, (C,VM) Zoom ID: 438 348 3469; Passcode: 121525

WEDNESDAY	
8:30AM	Early Just For Today Check-in, (C,JFT,VM) ID: 826 3577 8671; Passcode: 242275
10:00AM	Just For Today, (C,O,JFT,VM) Zoom ID: 858 2487 7564; Passcode: Love

WEDNESDAY (CONT)	
NOON	Noon Time is the Right Time, (C,DISC,VM) Zoom ID: 932 959 7603; Passcode: 1962
2:00PM	Steppin' Into The Afternoon, (C,STEP,VM) Zoom ID: 785 963 7766; Passcode: 1953
5:00PM	Rush Hour, (C,DISC,VM) Zoom ID: 705 264 3243; Passcode: RUSHHOUR
6:20PM	Virtual ASC, (VM,ASM) Every 1st Wednesday Zoom ID: 355 252 5167; Passcode: 9XPDej
8:00PM	Living Life on Life's Terms, (C,DISC,STEP,VM) Zoom ID: 438 348 3469; Passcode: 121525
8:00PM	Wednesday Night Men's Rap (Keeping it Real), (O,M,VM) Zoom ID: 871 4546 0605; Passcode: 556828

THURSDAY	
8:30AM	Early Just For Today Check-in, (C,JFT,VM) ID: 826 3577 8671; Passcode: 242275
10:00AM	Just For Today, (C,O,JFT,VM) Zoom ID: 858 2487 7564; Passcode: Love
NOON	Noon Time is the Right Time, (C,DISC,VM) Zoom ID: 932 959 7603; Passcode: 1962
2:00PM	Steppin' Into The Afternoon, (C,STEP,VM) Zoom ID: 785 963 7766; Passcode: 1953
5:00PM	Rush Hour, (C,VM,LC) Zoom ID: 705 264 3243; Passcode: RUSHHOUR
8:00PM	Living Life on Life's Terms, (C,DISC,STEP,VM) Zoom ID: 438 348 3469; Passcode: 121525

FRIDAY	
8:30AM	Early Just For Today Check-in, (C,JFT,VM) ID: 826 3577 8671; Passcode: 242275
10:00AM	Just For Today, (C,O,JFT,VM) Zoom ID: 858 2487 7564; Passcode: Love
NOON	Noon Time is the Right Time, (C,DISC,VM) Zoom ID: 932 959 7603; Passcode: 1962
2:00PM	Steppin' Into The Afternoon, (C,STEP,VM) Zoom ID: 785 963 7766; Passcode: 1953
5:00PM	Rush Hour, (C,DISC,VM) Zoom ID: 705 264 3243; Passcode: RUSHHOUR
6:00PM	Where Healing Takes Place, (C,DISC,SPK,VM) Zoom ID: 404 510 8699 Passcode: GODcares00
7:30PM	Policy Subcommittee Meeting, (VM,ASM) Every 4th Friday Zoom ID: 355 252 5167; Passcode: 9XPDej
8:00PM	Living Life on Life's Terms, (C,O,DISC,STEP,VM) Zoom ID: 438 348 3469; Passcode: 121525

SATURDAY	
8:30AM	Early Just For Today Check-in, (C,JFT,VM) ID: 826 3577 8671; Passcode: 242275
10:00AM	Can't Do It Alone Women's Rap, (O,DISC,JFT,STEP,TRAD,W,VM,LC,SPAD) Zoom ID: 2875318067; Passcode: women25

SATURDAY (CONT)	
2:00PM	Steppin' Into The Afternoon, (C,STEP,VM) Zoom ID: 785 963 7766; Passcode: 1953
2:00PM	Where Healing Takes Place, (C,DISC,SPK,VM) Zoom ID: 404 510 8699 Passcode: GODcares00
8:00PM	Living Life on Life's Terms, (C,O,DISC,STEP,VM) Zoom ID: 438 348 3469; Passcode: 121525

MEETING FORMAT LEGEND			
ASM	Area Service Meeting	BEG	Beginners
C	Closed	DISC	Discussion
JFT	Just for Today Study	LC	Living Clean Study
LIT	Literature Study	M	Men
O	Open	Pi	Pitch
SPAD	Spiritual Principle A Day Book Study	SPK	Speaker
STEP	Step	TRAD	Tradition
VM	Virtual Web Meeting	W	Women

PHONELINES	
C&P Region 24/7 Phoneline	800-543-4670

SERVICE MEETINGS

7:00PM H&I Subcommittee Meeting, Washington, DC, 20090
Every 3rd Tuesday Zoom ID: 355 252 5167; Passcode: 9XPDej

7:30PM Policy Subcommittee Meeting, Washington, DC, 20090
Every 4th Friday Zoom ID: 355 252 5167; Passcode: 9XPDej

7:00PM Public Relations Subcommittee Meeting, Washington, DC, 20090 Every 3rd Tuesday Zoom ID: 355 252 5167; Passcode: 9XPDej

10:00AM Special Events Subcommittee Meeting, Meets every 1st Sunday, Washington, DC, 20090 Zoom ID: 355 252 5167; Passcode 9XPDej

6:20PM Virtual ASC, Washington, DC, 20090 Every 1st Wednesday Zoom ID: 355 252 5167; Passcode: 9XPDej

[illegible]

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.**

Basic Text, *page 65*





THE VIRTUAL TIES THAT BIND US TOGETHER AREA

MEETING LIST

MAY 2025

Meetings Weekly: **47**

**24/7/365 PHONELINE
1-800-543-4670**

<https://www.cprna.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late * Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor * Use the PHONE

KEEP COMING BACK. IT WORKS!

Area Mailing Address

TVTTBUT Area of NA

PO Box 90709

Washington, DC 20090-0709

Area Email: virtual@cprna.org