

DID YOU KNOW? You can also dial-in by phone to most Zoom meetings. Use any of the below phone numbers. You will be asked to enter the Meeting ID and Passcode. When on the call, use *6 to mute/unmute and *9 to raise/lower hand to share. Zoom Dial-In Numbers: 301-715-8592, 312-626-6799, 929-205-6099

SUNDAY

- 10:00AM Breakfast Club, (O,VAR,WC ☐, 60)** , 4912 Nantucket Road, College Park, MD 20740
- 10:00AM Easy Like Sunday Morning, (O,DISC,PH, 90)** Municipal Center, 2000 Marbury Dr, District Heights, MD 20747
Phone#: 605-313-4221; Phone Password: 3074093 605-313-4221
- 10:00AM Virtual Breakfast Club, (SPK,VM,LIT, 60)** , Greenbelt, MD 20770
Zoom ID# 878 4829 2214; Passcode: 4912Donuts
- 11:00AM Starting Over, (O,VAR,WC ☐, 60)** Serenity Center, 8650 Basket Ring Rd, Columbia, MD 21045
- 4:30PM The Living Clean Group, (O,WC ☐,VM,LIT, 90)** , Greenbelt, MD 20770
Zoom ID: 819 6121 9682; Passcode: LvClean
- 7:00PM Small Wonders, (DISC,JFT,STEP,TRAD,WC ☐, 60)** University Christian Church, 6800 Adelphi Rd, Hyattsville, MD 20782
- 7:30PM Savage Survivors, (O,WC ☐, 60)** Savage UMC, 9050 Baltimore St, Savage, MD 20763

MONDAY

- 10:00AM Ladies in Recovery, (JFT,SPK,W,Y,VM, 60)** , Greenbelt, MD 20770
Zoom ID: 803 826 655; No Passcode
- 7:00PM Hope Fiends, (O,BEG,WC ☐,VM, 75)** , Greenbelt, MD 20770
Zoom ID: 329 527 2677; Passcode: 8W2UGA 712-770-5342
- 7:00PM It Works: How and Why, (C,WC ☐, 90)** Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD 20770
- 7:30PM Laurel Basics 1-2-3, (O, 60)** Holy Trinity Lutheran Church, 7607 Sandy Spring Rd, Laurel, MD 20707

TUESDAY

- 10:00AM Ladies in Recovery, (JFT,SPK,W,Y,VM, 60)** , Greenbelt, MD 20770
Zoom ID# 803 826 655; No Passcode
- 7:00PM Firm Believers, (O,WC ☐, 90)** Glenarden Town Hall, 8600 Glenarden Pkwy, Glenarden, MD 20706
- 7:00PM Just Relationships, (O,WC ☐, PPE, 75)** Laurel Municipal Pool, 901 Main St, Laurel, MD 20707
- 7:00PM Women Living Clean, (C,DISC,SPK,W,VM,LIT, 90)** , Greenbelt, MD 20770
Zoom ID: 876 8758 1084; Passcode: 766458

TUESDAY (CONT)

- 7:30PM AWOL, (O,BT,DISC,IW,JFT,STEP,TRAD,WC ☐, 60)** Greenbelt Step Club, 143 Centerway Rd., Greenbelt, MD 20768
- 7:30PM Serenity on Sandy Spring, (O,BT,DISC,SPK,STEP, TOP, 60)** Holy Trinity Church, 7607 Sandy Spring Road, Laurel, MD 20707

WEDNESDAY

- 10:00AM Ladies in Recovery, (JFT,SPK,W,Y,VM, 60)** , Greenbelt, MD 20770
Zoom ID# 803 826 655; No Passcode
- 7:00PM Back to the Basics, (O,WC ☐, 60)** Savage UMC, 9050 Baltimore St, Savage, MD 20763
- 7:00PM New Wave, (O,STEP,TRAD,WC ☐, 90)** Glenarden City Hall, 8600 Glenarden Parkway, Glenarden, MD 20706
- 7:00PM STAR, (O, 75)** First UMC, 424 Main St, Laurel, MD 20707

THURSDAY

- 10:00AM Ladies in Recovery, (JFT,SPK,W,Y,VM, 60)** , Greenbelt, MD 20770
Zoom ID# 803 826 655; No Passcode
- 6:45PM Spiritual Awakenings, (O,WC ☐, 75)** First Methodist Church of Laurel, 424 Main St, Laurel, MD 20707
- 7:00PM Gateway to Recovery, (O,STEP,TRAD,VM, 90)** , Greenbelt, MD 20770
Zoom ID: 395 553 318; Passcode: 1957
- 7:00PM Just For Today, (O,WC ☐,VM, 60)** , Greenbelt, MD 20770
Zoom ID: 702 155 242; No Passcode
- 7:30PM More Will Be Revealed, (O,PPE, 75)** Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD 20715

FRIDAY

- 10:00AM Ladies in Recovery, (JFT,SPK,W,Y,VM, 60)** , Greenbelt, MD 20770
Zoom ID# 803 826 655; No Passcode
- 7:00PM Friday Nite Live, (C,WC ☐, 75)** Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD 20770
- 7:00PM Miracles on Main Street, (O,WC ☐, PPE, 60)** St. Philips Episcopal Church, 522 Main Street, Laurel, MD 20707
- 7:30PM Walk The Walk, (O,WC ☐, 60)** Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel, MD 20708
- 8:00PM New Start, (O,VM, 60)** , Greenbelt, MD 20770
Zoom ID: 168 147 906; Passcode: 005762

FRIDAY (CONT)

- 9:00PM Drawn Together, (ME, 60)** Holy Trinity Lutheran Church, 7607 Sandy Spring Rd., Laurel, MD 20707
- 9:00PM Keep It Real, (O, 75)** Serenity Center, 9650 Basket Ring Rd, Columbia, MD 21045

SATURDAY

- 10:00AM Ladies in Recovery, (SPK,W,Y,VM, 60)** , Greenbelt, MD 20770
Zoom ID# 803 826 655; No Passcode
- NOON Just for Today, (O,WC ☐, 60)** The 180 Club, 4318 Hamilton Ave, Hyattsville, MD 20781
- 5:00PM Fear to Faith, (O,WC ☐, 60)** Emmanuel United Methodist Church, 11416 Cedar Lane, Beltsville, MD 20705
- 7:00PM Gut Bucket, (O,WC ☐,VM, 60)** , Greenbelt, MD 20770
Zoom ID: 973-466-3601; Passcode 875711
- 7:00PM HOW Group, (O,DISC,WC ☐, 60)** St Mary's School, 106 St. Mary's Place, Laurel, MD 20707
- 8:30PM Tracks to Recovery, (O,WC ☐, 60)** Unity Place, 8610 Railroad Avenue, Bowie, MD 20720

SERVICE MEETINGS

Area Service Committee Meeting

Meets the 1st Wednesday of each month at 7:00PM

Zoom ID: 836 2452 0975; Passcode: 353938

H&I

2nd Sunday of the month at 6:00PM

Zoom ID: 6366066098; Passcode 010746

PHONELINES

C&P Region 24/7 Phonenumber 800-543-4670

Our neighboring regions:

In MD, Free State Region: 800-317-3222

In VA, Central Atlantic Region: 800-777-1515

PHONE NUMBERS



CENTRAL MARYLAND AREA

MEETING LIST

MAY 2024

24-HOUR PHONELINE

1-800-543-4670

<https://www.cprna.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS!

Meetings Weekly: 41

Meeting Format Legend

BEG	Beginners	BT	Basic Text
C	Closed	DISC	Discussion
HY	Hybrid Physical/Virtual	IW	It Works Study
JFT	Just for Today Study	LIT	Literature Study
ME	Meditation	O	Open
PH	Phone Meeting	PPE	Masks Required
SPK	Speaker	STEP	Step
TOP	Topic	TRAD	Tradition
VAR	Format Varies	VM	Virtual Web Meeting
W	Women	WC	Wheelchair
Y	Young People		

What is our message?

***The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.***

***Our message is hope
and the promise of freedom.***

Basic Text, page 65

Email meeting changes to: meetings@cprna.org