

SUNDAY
10:00AM Breakfast Club, (O,VAR,WC ☐, 60) , 4912 Nantucket Rd., College Park, MD 20740
10:00AM Easy Like Sunday Morning 2 [Phoneline], (O,DISC,PH,VM, 90) , District Heights, MD 20747 Phone#: 605-313-4221; Phone P/C: 3074093 605-313-4221
10:00AM Easy Like Sunday Morning [In-Person], (O,DISC, 90) Municipal Center, 2000 Marbury Dr., District Heights, MD 20747
10:00AM Virtual Breakfast Club, (SPK,VM,LIT, 60) , Greenbelt, MD 20770 Zoom ID: 878 4829 2214; P/C: 4912Donuts
11:00AM Starting Over, (O,VAR,WC ☐, 60) Serenity Center, 8650 Basket Ring Rd., Columbia, MD 21045
7:00PM Savage Survivors, (O,WC ☐, 60) Savage UMC, 9050 Baltimore St, Savage, MD 20763
7:00PM Small Wonders, (DISC,JFT,STEP,TRAD,WC ☐, 60) University Christian Church, 6800 Adelphi Rd, Hyattsville, MD 20782
MONDAY
10:00AM Ladies in Recovery, (C,JFT,SPK,W,VM, 60) , Greenbelt, MD 20770 Zoom ID: 803 826 655; No P/C
7:00PM It Works: How and Why, (C,WC ☐, 90) Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD 20770
7:30PM Laurel Basics 1-2-3, (O, 60) Holy Trinity Lutheran Church, 7607 Sandy Spring Rd, Laurel, MD 20707
TUESDAY
10:00AM Ladies in Recovery, (C,JFT,SPK,W,VM, 60) , Greenbelt, MD 20770 Zoom ID: 803 826 655; No P/C

TUESDAY (CONT)
7:00PM Firm Believers, (O,WC ☐, 90) Glenarden Town Hall, 8600 Glenarden Pkwy, Glenarden, MD 20706
7:00PM Just Relationships, (O,WC ☐, 75) Laurel Municipal Pool, 901 Main St, Laurel, MD 20707
7:00PM Women Living Clean, (C,DISC,SPK,W,VM,LIT, 90) , Greenbelt, MD 20770 Zoom ID: 876 8758 1084; P/C: 766458
7:30PM AWOL, (O,BT,DISC,IW,JFT,STEP,TRAD,WC ☐, 60) Greenbelt Step Club, 143 Centerway Rd., Greenbelt, MD 20768
7:30PM Serenity on Sandy Spring, (O,BT,DISC,SPK,STEP,TOP, 60) Holy Trinity Church, 7607 Sandy Spring Road, Laurel, MD 20707
WEDNESDAY
10:00AM Ladies in Recovery, (C,JFT,SPK,W,VM, 60) , Greenbelt, MD 20770 Zoom ID: 803 826 655; No P/C
7:00PM Back to the Basics, (O,WC ☐, 60) Savage UMC, 9050 Baltimore St, Savage, MD 20763
7:00PM New Wave, (O,STEP,TRAD,WC ☐, 90) Glenarden City Hall, 8600 Glenarden Parkway, Glenarden, MD 20706
7:00PM STAR, (O, 75) First UMC, 424 Main St, Laurel, MD 20707
THURSDAY
10:00AM Ladies in Recovery, (C,JFT,SPK,W,VM, 60) , Greenbelt, MD 20770 Zoom ID: 803 826 655; No P/C
7:00PM Gateway to Recovery, (O,STEP,TRAD,VM, 90) , Greenbelt, MD 20770 Zoom ID: 395 553 318; P/C: 1957

THURSDAY (CONT)
7:00PM Spiritual Awakenings, (O,WC ☐, 75) First Methodist Church of Laurel, 424 Main St, Laurel, MD 20707
7:30PM More Will Be Revealed, (O, 75) Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD 20715
FRIDAY
10:00AM Ladies in Recovery, (C,JFT,SPK,W,VM, 60) , Greenbelt, MD 20770 Zoom ID: 803 826 655; No P/C
7:00PM Friday Nite Live, (C,WC ☐, 75) Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD 20770
7:00PM Miracles on Main Street, (O,WC ☐, 60) St. Philip's Episcopal Church, 522 Main St., Laurel, MD 20707
7:30PM Walk The Walk, (O,WC ☐, 60) Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel, MD 20708
8:00PM New Start, (O,VM, 60) , Greenbelt, MD 20770 Zoom ID: 168 147 906; P/C: 005762
8:30PM Drawn Together, (STEP,ME, 75) Savage UMC, 9050 Baltimore St., Savage, MD 207603
9:00PM Keep It Real, (O, 75) Serenity Center, 9650 Basket Ring Rd, Columbia, MD 21045
SATURDAY
10:00AM Ladies in Recovery, (C,JFT,SPK,W,VM, 60) , Greenbelt, MD 20770 Zoom ID: 803 826 655; No P/C
NOON Just for Today, (O,WC ☐, 60) The 180 Club, 4318 Hamilton Ave, Hyattsville, MD 20781
5:00PM Fear to Faith, (O,WC ☐, 60) Emmanuel UMC, 11416 Cedar Ln., Beltsville, MD 20705

SATURDAY (CONT)

7:00PM Gut Bucket, (O,WC □,VM, 60) , Greenbelt,
MD 20770

Zoom ID: 973-466-3601; P/C 875711

7:00PM HOW Group, (O,DISC,WC □, 60) St Mary's
School, 106 St. Mary's Place, Laurel, MD
20707

8:30PM Tracks to Recovery, (O,DISC,WC □, 60)
Unity Place, 8610 Railroad Ave., Bowie, MD
20720

SERVICE MEETINGS

Area Service Committee Meeting
Meets the 1st Wednesday of each month at
7:00PM

Zoom ID: 836 2452 0975; P/C: 353938

H&I

2nd Sunday of the month at 6:00PM

Zoom ID: 636 606 6098; P/C 010746

PHONELINES

C&P Region 24/7 Phoneline 800-543-4670

Our neighboring Regions:

In MD, Free State Region: 800-317-3222

In VA, Central Atlantic Region: 800-777-1515

PHONE NUMBERS

CENTRAL MARYLAND AREA

MEETING LIST

JULY 2025

24-HOUR PHONELINE

1-800-543-4670

<https://www.cprna.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS!

Meetings Weekly: 39

What is our message?
The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.

Basic Text, page 65

Meeting Format Legend

BT	Basic Text	C	Closed
DISC	Discussion	HY	Hybrid Physical/Virtual
IW	It Works Study	JFT	Just for Today Study
LIT	Literature Study	ME	Meditation
O	Open	PH	Phone Meeting
SPK	Speaker	STEP	Step
TOP	Topic	TRAD	Tradition
VAR	Format Varies	VM	Virtual Web Meeting
W	Women	WC □	Wheelchair

Email meeting changes to: meetings@cprna.org