



**NA MEETING LIST FOR VIRGINIA  
MAY 2026**

Meeting Format Legend			
Ti	Timer	BT	Basic Text
C	Closed	M	Men
O	Open	W	Women
BEG	Beginners	CAN	Candlelight
DISC	Discussion	IP	IP Study
JFT	Just for Today Study	VAR	Format Varies
SPK	Speaker	STEP	Step
TRAD	Tradition	Y	Young People
WC &	Wheelchair	VM	Virtual Web Meeting
HY	Hybrid Physical/Virtual	LIT	Literature Study
NP	No Pets	PER	Persian / Farsi
ASM	Area Service Meeting	CH	Closed Holidays
ENG	English speaking	ES	Espanol
LC	Living Clean Study	SPAD	Spiritual Principle A Day Book Study
WR	Writing Meeting		

**Chesapeake & Potomac Region of NA  
PO Box 8005, Silver Spring, MD**

**24/7 PHONELINE: 1-800-543-4670**

**Questions?** [info@cprna.org](mailto:info@cprna.org)  
**Website:** <https://www.cprna.org>  
**Not in the DMV?** Go to <https://www.na.org>  
**Meeting change?** [meetings@cprna.org](mailto:meetings@cprna.org)

*Virginia Narcotics Anonymous has 91 meetings*

ALEXANDRIA	
<b>Sun 10:00 AM</b>	<b>NA in Delray (O,WC &amp;,HY, 90)</b> Zoom ID: 873 4446 3412; P/C: 1991, Department of Community & Human Services (DCHS) Conference Center, 1st Floor, 4850 Mark Center Dr., Alexandria, VA,
<b>Mon 7:00 PM</b>	<b>In The Heart Of (O, 90)</b> , Charles Houston Recreation Center, 901 Wythe St, Alexandria, VA,
<b>Tue 7:00 PM</b>	<b>NA in LA (O,WC &amp;,HY, 90)</b> Zoom ID: 533 129 809; P/C: NALA, Lee Center, 1108 Jefferson St, Alexandria, VA,
<b>Fri 7:00 PM</b>	<b>Recovery on the South Side (O,WC &amp;, 90)</b> , Lee Center, 1108 Jefferson St., Alexandria, VA,
<b>Sat NOON</b>	<b>Just Living (O,JFT,WC &amp;,LC, 90)</b> , Department of Community & Human Services (DCHS) Conference Center, 1st Floor, 4850 Mark Center Dr., Alexandria, VA,

ARLINGTON COUNTY	
<b>Mon 7:30 PM</b>	<b>Bring Your Stepwork (C,CH,DISC,WR, 60)</b> , Our Lady of Lourdes Church, Parish Hall lower level RM#5 - Does not meet on federal holidays or Easter Monday - Not suitable for treatment center groups, 800 23rd St. S, Arlington, VA,
<b>Wed 6:30 PM</b>	<b>Clean in Clarendon (O,DISC,SPK, 60)</b> , Clarendon Presbyterian Church, Free parking, door marked Aikido of Arlington, 1305 N Jackson St, Arlington, VA,
<b>Wed 7:00 PM</b>	<b>NA at Walter Reed (O,DISC, 90)</b> , Walter Reed, Inside the Rec center, 2909 16th St S, Arlington, VA Meets inside, in the rec center,
<b>Thu 7:30 PM</b>	<b>Old Time Recovery (C,CH,DISC,WC &amp;, 60)</b> , Langston-Brown Community Center, 2121 N. Culpeper St, Arlington, VA,
<b>Fri 7:00 PM</b>	<b>NA for Life (O,WC &amp;, 90)</b> , Langston Brown Center, 2121 N Culpeper St., Arlington, VA,
<b>Fri 7:30 PM</b>	<b>Better Here Than There (O,JFT,VM,SPAD, 60)</b> Zoom ID: 536 659 392; P/C: 842931, Arlington, VA,

## FAIRFAX COUNTY

<b>Sun 10:30 AM</b>	<b>To Tell The Truth (O,WC &amp;, 60)</b> , Community Center (Hunters Woods) Room 6, 2310 Colts Neck Rd., Reston, VA,
<b>Sun NOON</b>	<b>Noon Meeting (O,VM, 60)</b> Zoom ID: 962 211 7089; P/C: 169422, Herndon, VA,
<b>Sun 7:00 PM</b>	<b>Another Look (O,WC &amp;, 60)</b> , Franconia UMC, 6037 Franconia Rd., Alexandria, VA,
<b>Mon NOON</b>	<b>Noon Meeting (O,VM, 60)</b> Zoom ID: 962 211 7089; P/C: 169422, Herndon, VA,
<b>Tue NOON</b>	<b>Noon Meeting (O,VM, 60)</b> Zoom ID: 962 211 7089; P/C: 169422, Herndon, VA,
<b>Tue 8:00 PM</b>	<b>Comfort Zone (O,VM, 60)</b> Zoom ID: 929 625 3168; P/C: 658318, Falls Church, VA,
<b>Wed NOON</b>	<b>Noon Meeting (O,VM, 60)</b> Zoom ID: 962 211 7089; P/C: 169422, Herndon, VA,
<b>Wed 6:30 PM</b>	<b>NA Farsi (O,PER,HY, 60)</b> Zoom ID: 822 6895 7935; P/C: 267059; This meeting is ONLY spoken in FARSI, St Dunstan's Episcopal Church, 1830 Kirby Rd., McLean, VA,
<b>Wed 6:30 PM</b>	<b>Women Do Recover (O,W,LIT,HY, 60)</b> Zoom ID: 842 4803 8677; P/C: 999612, Springfield Church of Christ, 7512 Old Keene Mills Rd, Springfield, VA,
<b>Wed 7:30 PM</b>	<b>Came to Believe (O, 60)</b> , Cameron UMC, 3130 Franconia Rd, Alexandria, VA,
<b>Thu NOON</b>	<b>Noon Meeting (O,VM, 60)</b> Zoom ID: 962 211 7089; P/C: 169422, Herndon, VA,
<b>Thu 6:30 PM</b>	<b>Spiritual Pause (C,SPAD, 60)</b> , Lord of Life Lutheran Church, Park and enter in the back of the church, 5114 Twinbrook Rd, Fairfax, VA,
<b>Thu 7:30 PM</b>	<b>Out of the Dark (O,DISC, 60)</b> , A New Beginning, located in the gym, 4213 Walney Road, Chantilly, VA,
<b>Thu 8:00 PM</b>	<b>So Happy It's Thursday (O, 60)</b> , Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA,
<b>Fri NOON</b>	<b>Noon Meeting (O,VM, 60)</b> Zoom ID: 962 211 7089; P/C: 169422, Herndon, VA,
<b>Fri 7:15 PM</b>	<b>Church Basement Recovery (O, 75)</b> , Kirkwood Presbyterian Church, 8336 Carrleigh Pkwy, West Springfield, VA,
<b>Fri 8:00 PM</b>	<b>I'm Somebody (O,VM, 60)</b> Zoom ID: 449 215 767; P/C: 703, Herndon, VA,
<b>Sat NOON</b>	<b>Noon Meeting (O,VM, 60)</b> Zoom ID: 962 211 7089; P/C: 169422, Herndon, VA,
<b>Sat 7:30 PM</b>	<b>Keep It Real (O, 60)</b> , A New Beginning, 4213 Walney Rd., Chantilly, VA,

## FALLS CHURCH

<b>Sun NOON</b>	<b>Just For Today (O, 75)</b> , Unity Club, 116 W Broad St., Falls Church, VA,
<b>Mon 7:00 PM</b>	<b>Miracles on Broad Street (O,WC &amp;,HY, 60)</b> Zoom ID 962 211 7089; P/C: 169422, Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA Zoom participations are unable to share except in the Chat.,
<b>Tue 7:00 PM</b>	<b>Choose Life (O, 60)</b> , Christ Crossman UMC, 384 N Washington St, Falls Church, VA,
<b>Wed NOON</b>	<b>One Noon at a Time (O,DISC,IP,JFT,SPK, 60)</b> , Unity Club, 116 W Broad St., Falls Church, VA,
<b>Wed 7:00 PM</b>	<b>Plan B (O, 75)</b> , Unity Club, Rm R3, 116-B W Broad St, Falls Church, VA,
<b>Fri 7:00 PM</b>	<b>Simplicity Is the Key (C,DISC,LIT, 60)</b> , Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA,

## LOUDOUN COUNTY

<b>Sun 7:00 PM</b>	<b>The Journey Continues (O,LIT, 60)</b> , St. David's Episcopal Church (Trailer) 43600 Russell Branch Parkway, Ashburn, VA,
<b>Mon 6:30 PM</b>	<b>Exact Nature Men's Meeting (O,M,WC &amp;, 75)</b> , Riverside Presbyterian Church, 21631 Ridgetop Cir., Ste 100, Sterling, VA,
<b>Mon 8:00 PM</b>	<b>Free To Live (O,WC &amp;, 60)</b> , St. Matthew's Episcopal Church (Trailer) 201 E. Frederick Dr., Sterling, VA,
<b>Tue 8:00 PM</b>	<b>New Attitudes (O,WC &amp;, 60)</b> , Sterling UMC (side building) 304 E. Church Rd., Sterling, VA,
<b>Wed 7:00 AM</b>	<b>The Early Cup of Recovery (O,DISC,VM, 60)</b> Zoom ID: 893 6775 9854; P/C: 946130, Sterling, VA,
<b>Wed 5:30 PM</b>	<b>No Matter What (O,VM,LC, 60)</b> Zoom ID: 795 467 25226; P/C: jmDcW0 (last digit is zero), Sterling, VA,
<b>Wed 8:00 PM</b>	<b>We Made It! (O,DISC,WC &amp;, 60)</b> , St. Matthew's Episcopal Church, 201 E. Frederick Dr., Sterling, VA,
<b>Thu 7:00 PM</b>	<b>Keyhole To Recovery (O,STEP,LIT, 75)</b> , Galilee Church, 45425 Winding Rd, Sterling, VA,
<b>Fri 7:30 PM</b>	<b>Just For Today (O,CAN,WC &amp;,SPAD, 60)</b> , Community Lutheran Church, 21014 Whitfield Pl, Sterling, VA,
<b>Fri 7:45 PM</b>	<b>Progress Not Perfection (O,JFT,ENG, 60)</b> , Serenity House, 29 N King St., Leesburg, VA,

## LOUDOUN COUNTY (CONT)

<b>Sat 10:00 AM</b>	<b>Rainbow Llama (O,LIT, 60)</b> , Galilee Methodist Church, 45425 Winding Rd., Sterling, VA,
<b>Sat 7:00 PM</b>	<b>Literally Speaking (O, 60)</b> , St Matthew's Episcopal Church (right side room of trailer) 201 E. Frederick Dr., Sterling, VA,
<b>Sat 8:30 PM</b>	<b>Saturday Night Live (O,WC &amp;, 60)</b> , St Matthew's Episcopal Church (trailer) 201 E Frederick Dr., Sterling, VA,

## NO DATA

<b>Mon 7:00 PM</b>	<b>Cracker Box (O,WC &amp;, 60)</b> , Fairfax Presbyterian Church, 10723 Main St., Fairfax, VA,
<b>Mon 7:00 PM</b>	<b>Serenity Seekers (O,WC &amp;, 60)</b> , Loudoun Club 12, 58 Sycolin Rd., SE, Leesburg, VA,
<b>Tue NOON</b>	<b>High Noon II (O,WC &amp;,SPAD, 60)</b> , Ferlazo Building, 2nd Floor - Dottie Bell Conference Room, 15941 Donald Curtis Dr., Woodbridge, VA,
<b>Tue 7:30 PM</b>	<b>Living Clean (O,DISC,LIT,LC, 60)</b> , Loudoun Serenity House, Main Level, 29 N King St, Leesburg, VA,
<b>Tue 8:00 PM</b>	<b>Just for Tonight (O,JFT, 60)</b> , Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA,
<b>Wed 6:30 PM</b>	<b>Foundation Steps to Freedom (O,STEP,WC &amp;, 90)</b> , Leonard Chick Armstrong Recreation Center, 25 W Reed Ave., Alexandria, VA,
<b>Wed 7:00 PM</b>	<b>Young People's NA Meeting (O,DISC,Y, 60)</b> , Loudon Serenity House, Upstairs room, 29 N King St, Leesburg, VA,
<b>Sat 6:00 PM</b>	<b>Welcome Home (O,LIT, 60)</b> , Bush Hill Presbyterian Church, 4916 Franconia Rd, Alexandria, VA,
<b>Sat 6:45 PM</b>	<b>Free Yourself (O,WC &amp;,HY, 75)</b> Zoom ID: 962 211 7089; P/C: 169422, Independence Club, 7043 Wimsatt Rd., Springfield, VA,
<b>Sat 7:00 PM</b>	<b>Empieza Aqui (Start Here) (O,ES, 60)</b> , St. Matthew's Episcopal Church (in the trailers behind the church) 201 E. Frederick Dr., Sterling, VA,

## PRINCE WILLIAM COUNTY

<b>Sun NOON</b>	<b>Nooner Meeting (O,DISC,JFT,VM, 60)</b> Zoom ID: 962 211 7089; P/C: 169422, Manassas, VA,
<b>Sun 7:00 PM</b>	<b>Living In The Solution (O,VAR,SPK,STEP,VM, 75)</b> Zoom ID: 568 046 8023; P/C: 121212, Woodbridge, VA,
<b>Sun 7:00 PM</b>	<b>Sunday Funday (O,DISC,SPK,VM, 60)</b> Zoom ID: 962 211 7089; P/C: 169422, Manassas, VA,
<b>Mon NOON</b>	<b>High Noon (O,BEG,CH,DISC,JFT,WC &amp;, 60)</b> , Jean McCoy Conference, First Door to Right, Behind Security Desk. If room unavailable, please check other locations around the corner: 8033 Ashton Avenue, first room on left., 7987 Ashton Ave., Manassas, VA,
<b>Mon NOON</b>	<b>Nooner Meeting (O,DISC,JFT,VM, 60)</b> Zoom ID: 962 211 7089; P/C: 169422, Manassas, VA,
<b>Mon 8:00 PM</b>	<b>Learning How To Live (O,BEG,DISC,VAR,LIT, 60)</b> , Gainesville Presbyterian Church, Meeting is downstairs to the right, 16127 Lee Highway, Gainesville, VA,
<b>Mon 8:00 PM</b>	<b>Step Over the Hump (O,STEP,TRAD,WC &amp;,NP, 75)</b> , Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA,
<b>Mon 8:30 PM</b>	<b>Getting Centered (O,DISC,VM,LIT, 60)</b> Zoom ID: 837 7972 7742; Password: 06011988, Manassas, VA,
<b>Tue NOON</b>	<b>Nooner Meeting (O,DISC,JFT,VM, 60)</b> Zoom ID: 962 211 7089; P/C: 169422, Manassas, VA,
<b>Tue 8:00 PM</b>	<b>Just For Today (O,STEP,VM, 60)</b> Zoom ID: 962 211 7089; P/C: 169422, Manassas, VA,
<b>Wed NOON</b>	<b>Nooner Meeting (O,DISC,JFT,VM, 60)</b> Zoom ID: 962 211 7089; P/C: 169422, Manassas, VA,
<b>Wed 8:00 PM</b>	<b>Over The Hump (O,JFT,SPK,NP, 75)</b> , Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Rd., Woodbridge, VA,
<b>Wed 8:30 PM</b>	<b>Welcome Home (O,BEG,CAN,DISC,VAR,Ti,LIT, 60)</b> , Bull Run Unitarian Universalist Church, @Church St. Entrance, downstairs. Door autolocks @8:45. Latecomers tap on window., 9350 Main St., Manassas, VA,
<b>Thu NOON</b>	<b>Nooner Meeting (O,DISC,JFT,VM, 60)</b> Zoom ID: 962 211 7089; P/C: 169422, Manassas, VA,
<b>Thu 7:00 PM</b>	<b>New Found Hope (O,BEG,BT,DISC,SPK,VM, 60)</b> Zoom ID: 822 228 0011; P/C: 121212, Manassas, VA,
<b>Fri NOON</b>	<b>Nooner Meeting (O,DISC,JFT,VM, 60)</b> Zoom ID: 962 211 7089; P/C: 169422, Manassas, VA,
<b>Fri 6:30 PM</b>	<b>Gimme Shelter (O,LIT, 60)</b> , Manassas Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA,
<b>Fri 7:00 PM</b>	<b>Women Of Woodbridge - W.O.W. (O,VAR,W,VM, 60)</b> Zoom ID: 568 046 8023; P/C: 121212, Woodbridge, VA,
<b>Fri 8:30 PM</b>	<b>Keep It Simple (O,BT,DISC,SPK, 60)</b> , Bull Run Unitarian Universalist Church, At Church Street, downstairs, Door autolocks at 8:45 Latecomers tap on window, 9350 Main St., Manassas, VA,
<b>Sat NOON</b>	<b>Nooner Meeting (O,DISC,JFT,VM, 60)</b> Zoom ID: 962 211 7089; P/C: 169422, Manassas, VA,
<b>Sat NOON</b>	<b>Stepping Together (O,BEG,JFT, 75)</b> , St. Paul UMC, Side entrance down the hill, 1400 G St, Woodbridge, VA,

**PRINCE WILLIAM COUNTY (CONT)**

**Sat  
7:00 PM**

**Destination Hope (O,SPK, 60)**, Manassas Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA,

**CONTACT US!**

**Chesapeake & Potomac Region of Narcotics Anonymous  
(CPRNA)**

PO Box 8160 \* Silver Spring, MD 20907  
**24/7 Phonenumber: 1-800-543-4670**  
**Meeting changes: meetings@cprna.org**

**Regional Service Committee Meeting**

Meets every even month (Feb, Apr, Jun, Aug, Oct, Dec) on the 2nd Saturday

**<https://www.cprna.org>**  
**Questions about NA: info@cprna.org**