

CHESAPEAKE & POTOMAC REGION OF NA



Narcotics Anonymous Meetings in Washington DC, Maryland, and Northern Virginia

24/7 Phoneline: 1-800-543-4670 <https://www.cprna.org>
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MEETING LIST BY WEEKDAY & AREA MAY 2025

Meeting Format Legend

BEG	Beginners	BT	Basic Text
C	Closed	CAN	Candlelight
CH	Closed Holidays	CPT	12 Concepts
CW	Children Welcome	DISC	Discussion
ES	Espanol	HY	Hybrid Physical/Virtual
IP	IP Study	IW	It Works Study
JFT	Just for Today Study	LC	Living Clean Study
LIT	Literature Study	M	Men
ME	Meditation	NP	No Pets
O	Open	OE	Open-Ended
PER	Persian / Farsi	PH	Phone Meeting
Pi	Pitch	SPAD	Spiritual Principle A Day Book Study
SPK	Speaker	STEP	Step
SWG	Step Working Guide Study	TOP	Topic
TRAD	Tradition	TW	Traditions Workshop
VAR	Format Varies	VM	Virtual Web Meeting
W	Women	WC &	Wheelchair
WR	Writing Meeting	Y	Young People

Weekly Meetings: **415**

OUR MEETINGS

SUNDAY

Battlefield Area

NOON Recoviderly (O,DISC,JFT,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20110
7:00PM Sunday Funday (O,DISC,SPK,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20110

Central Maryland Area

10:00AM Breakfast Club (O,VAR,WC &, 60), 4912 Nantucket Rd., College Park, MD, 20740
10:00AM Easy Like Sunday Morning 2 [Phoneline] (O,DISC,PH,VM, 90), Phone#: 605-313-4221; Phone Password: 3074093, District Heights, MD, 20747, This meeting is a phone line meeting only.
10:00AM Easy Like Sunday Morning [In-Person] (O,DISC, 90), Municipal Center, 2000 Marbury Dr., District Heights, MD, 20747
10:00AM Virtual Breakfast Club (SPK,VM,LIT, 60), Zoom ID: 878 4829 2214; Passcode: 4912Donuts, Greenbelt, MD, 20770
11:00AM Starting Over (O,VAR,WC &, 60), Serenity Center, 8650 Basket Ring Rd., Columbia, MD, 21045
4:30PM The Living Clean Group (O,WC &,VM,LIT, 90), Zoom ID: 819 6121 9682; Passcode: LvClean, Greenbelt, MD, 20770
7:00PM Savage Survivors (O,WC &, 60), Savage UMC, 9050 Baltimore St, Savage, MD, 20763
7:00PM Small Wonders (DISC,JFT,STEP,TRAD,WC &, 60), University Christian Church, 6800 Adelphi Rd, Hyattsville, MD, 20782

District of Columbia Area

7:00AM Open Door To Freedom (O,BEG,STEP, 90), Church of the Epiphany, 1317 G St NW, Washington, DC, 20005
9:00AM Sunday Morning Spiritual (O,DISC,TRAD,VM, 60), Zoom ID: 812-2295-5124; Passcode: 774257, Washington, DC, 20090
10:30AM 10:30 Coffee Hour (O,DISC,WC &, 90), 5656A 3rd St. NE, Washington, DC, 20011
11:00AM Sunday Morning Steps & Traditions (O,VM, 60), Zoom ID: 893 1577 3534; Passcode: 873274, Washington, DC, 20090
7:00PM Sunday Night Spiritual Group (O, 90), St Mary's Church (Church Hall), 727 5th St. NW, Washington, DC, 20001

Dulles Corridor Area

10:30AM To Tell The Truth (O,WC &, 60), Community Center (Hunters Woods), Room 6, 2310 Colts Neck Rd., Reston, VA, 20191
NOON Noon Meeting (O,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, 20172
7:00PM The Journey Continues (O,LIT, 60), St. David's Episcopal Church (Trailer), 43600 Russell Branch Parkway, Ashburn, VA, 20147

SUNDAY (CONT)

Frederick Area	
11:30AM	Sunday Morning NA (O,JFT, 60), The Club, 205B Bucheimer Rd., Frederick, MD, 21701
6:30PM	Just For Today (C,SPK,STEP,TRAD, 75), Trinity United Methodist Church, 703 W Patrick St., Frederick, MD, 21701

Montgomery Area	
8:00AM	Squeaky Clean (O,DISC,HY, 60), Zoom ID: 828 8288 3957; No Passcode, AISH Learning Center, 11418 Old Georgetown Rd, Rockville, MD, 20852
NOON	Progress in NA (O,STEP,TRAD,VM, 90), Zoom ID: 973 466 3601 Passcode: 875711, Gaithersburg, MD, 20898
5:00PM	NA in the Galaxy (O,DISC,WC &, 75), The Galaxy Apartments, - 2nd Floor, Rm L2. FREE parking in the back!, 8025 13th St., Silver Spring, MD, 20910
6:00PM	Let it Shine (Women's Meeting) (C,W,LIT, 60), Mother Seton Parish, Meeting in the basement; take stairs left of sanctuary, 19951 Father Hurley Blvd., Germantown, MD, 20874
6:00PM	Talking Heads (O,DISC,WC &, 60), Chevy Chase UMC, - Use parking lot entrance, 7001 Connecticut Ave., Chevy Chase, MD, 20815
6:00PM	Topic of Cancer (O,VAR,VM, 60), Zoom ID: 861 6976 9680; Passcode: TopicOC, Gaithersburg, MD, 20898
7:30PM	The Alternative (O,CAN,DISC,SPK,HY, 60), Zoom ID: 114 114 644 Passcode: 016821, Trinity Lutheran Church, 11200 Old Georgetown Rd., Bethesda, MD, 20852
7:30PM	Today's Recovery (O,DISC,WC &, 60), Seneca Creek Community Church, 13 Firstfield Rd., Gaithersburg, MD, 20878

Norvana Area	
10:00AM	NA in Delray (O,WC &,HY, 90), Zoom ID: 873 4446 3412; Passcode: 1991, Department of Community & Human Services (DCHS), Conference Center, 1st Floor, 4850 Mark Center Dr., Alexandria, VA, 22311
NOON	Just For Today (O, 60), Unity Club, 116 W Broad St., Falls Church, VA, 22046
7:00PM	Another Look (O,WC &, 60), Franconia UMC, 6037 Franconia Rd., Alexandria, VA, 22151
7:00PM	Living In The Solution (O,VAR,SPK,STEP,WC &,HY, 75), Zoom ID: 568 046 8023; Passcode: 121212, Immanuel Anglican Church, 7075 Hoadly Rd, Manassas, VA, 20112

Rock Creek Area	
NOON	Midday Meditations and Miracles (O,DISC,JFT,ME, 60), Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009
5:30PM	Progressive Recovery (O,DISC,LIT, 60), Triangle Club, 1638 R St. NW #120, Washington, DC, 20009
7:00PM	Clean On The Hill (C, 60), Capitol Hill UMC, The entry door is on Seward Square SE. Please don't use the 5th ST Entrance, 421 Seward Square SE, Washington, DC, 20003
7:00PM	Clean On The Screen (VM, 60), Zoom ID: 724 9574 1690; No Passcode, Washington, DC, 20008

South Potomac Area	
7:00AM	Spiritually Speaking (C,VM,LIT, 90), Meeting ID: 202 999 2020 Password: hope, Capital Heights, MD, 20791
7:00PM	Closed Sunday (C,WC &, 90), Our Savior Lutheran Church, 4915 St. Barnabas Rd, Temple Hills, MD, 20748

The Virtual Ties That Bind Us Together Area	
8:30AM	Early Just For Today Check-in (C,JFT,VM, 90), ID: 826 3577 8671; Passcode: 242275, Washington, DC, 20090-0709
2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90), Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, 20090
2:00PM	Where Healing Takes Place (C,DISC,SPK,VM, 90), Zoom ID: 404 510 8699 Passcode: GODcares00, Washington, DC, 20090
8:00PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90), Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, 20090

Tri-County Area	
7:30PM	Another Chance (O,WC &, 60), St Nicholas Lutheran Church, 1450 Plum Point Rd., Huntingtown, MD, 20639
7:30PM	Basket Case (O, 60), Patuxent Presbyterian Church, 23421 Kingston Creek Rd., California, MD, 20619
7:30PM	Stepping Into Traditions & Concepts (O, 75), St. Joseph's Church, 4590 St. Joseph Way, Pomfret, MD, 20675

MONDAY

Battlefield Area	
NOON	High Noon (O,BEG,DISC,WC &, 60), Jean McCoy Conference, 7987 Ashton Ave., Manassas, VA, 20109
NOON	Recovery (O,DISC,JFT,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20110
8:00PM	Learning How To Live (O,BEG,DISC,VAR,LIT, 60), Gainesville Presbyterian Church, Meeting is downstairs to the right, 16127 Lee Highway, Gainesville, VA, 20155
8:30PM	Getting Centered (O,DISC,VM,LIT, 60), Zoom ID: 837 7972 7742; No Passcode, Manassas, VA, 20110

Central Maryland Area	
10:00AM	Ladies in Recovery (C,JFT,SPK,W,VM, 60), Zoom ID: 803 826 655; No Passcode, Greenbelt, MD, 20770
7:00PM	Hope Fiends (O,BEG,WC &,VM, 75), Zoom ID: 329 527 2677; Passcode: 8W2UGA, Greenbelt, MD, 20770
7:00PM	It Works: How and Why (C,WC &, 90), Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD, 20770
7:30PM	Laurel Basics 1-2-3 (O, 60), Holy Trinity Lutheran Church, In the basement, 7607 Sandy Spring Rd, Laurel, MD, 20707

District of Columbia Area	
8:30AM	Let Go and Let God I (O,LIT, 75), Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020
NOON	New Hope (O,DISC, 90), St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002
1:30PM	Let Go and Let God II (O,LIT, 75), Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020
6:30PM	Redlight Recovery (O, 90), Walker Memorial Baptist Church, 2020 13th St. NW, Washington, DC, 20009

Dulles Corridor Area	
NOON	Noon Meeting (O,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, 20172
6:30PM	Exact Nature Men's Meeting (O,M,WC &, 75), Riverside Presbyterian Church, 21631 Ridgeway Circle, Ste 100, Sterling, VA, 21066
7:00PM	Serenity Seekers (WC &, 60), Loudoun Club 12, 58 Sycolin Rd., SE, Leesburg, VA, 20175
8:00PM	Free To Live (O,WC &, 60), St. Matthew's Episcopal Church (Trailer), 201 E. Frederick Dr., Sterling, VA, 20164

East of the River Area	
10:00AM	Fresh Start (O,DISC, 90), St. Lukes Church, 4925 E Capitol St. NE, Washington, DC, 20019
6:00PM	1-12 Step (O,STEP, 90), Mt Moriah (except holidays), 1636 E Capitol St. NE, Washington, DC, 20003
7:00PM	Aging In Recovery (O,DISC,VM, 90), Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC, 20020
7:00PM	Monday Night Step Meeting (LIT, 90), St. Lukes Church, 4925 E. Capitol St. NE, Washington, DC, 20019

Frederick Area	
NOON	Noon Group (O, 60), Grace United Church, 25 E 2nd St., Frederick, MD, 21701, Limited capacity
7:00PM	Monday Night Miracles by Candlelight (O,WC &,LIT, 60), Good Shepherd Lutheran Church, 1415 W 7th St., Frederick, MD, 21702
8:00PM	Back To Basics (O,IW,WC &, 60), Staley Park, In case of severe weather we will meet at the Community Action Agency, 100 S. Market St., Frederick, MD 21701, 11 West 10th Street, Frederick, MD, 21701, formerly called Late But Straight

Montgomery Area	
7:30AM	Freedom in the Village (O,DISC,JFT,VM, 60), Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD, 20886
NOON	Freedom in the Village (O,WC &,HY, 60), Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, 20886

MONDAY (CONT)	
NOON	NA at Noon (O,JFT,WC &,HY, 60) , Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD, 20901
6:00PM	Beísbol (Persona, Dios, Sociedad, Servicio) (O,ES,JFT,LIT,HY, 60) , Zoom ID: 831 7185 1799; Passcode: 152608, Emory Grove UM Church, 8200 Emory Grove Rd., Gaithersburg, MD, 20877
6:00PM	Steps at Glenmont (O,DISC,IP,STEP,TRAD, 60) , Glenmont UMC,, Parking in the back, door on the left. Go upstairs to Fellowship Hall., 12901 Georgia Ave., Silver Spring, MD, 20909
7:00PM	Illness in Recovery (O,Y, 60) , Millian Memorial UMC, Closed when MoCo Schools are closed (for inclement weather), 13016 Parkland Dr., Rockville, MD, 20853
7:00PM	Monday Miracles (BEG,STEP, 75) , Montgomery Hills Baptist Church, 9727 Georgia Ave., Silver Spring, MD, 20910
7:15PM	Step Working Addicts Group (O,DISC,IW,SWG,STEP,VM, 60) , Zoom ID: 843 0163 1904; Passcode: 12Steps, Gaithersburg, MD, 20898
8:00PM	Oasis (O,BEG,BT,STEP,LIT, 60) , Prince of Peace Lutheran Church, 11900 Darnestown Rd., Gaithersburg, MD, 20878
8:00PM	Stayin' Alive (O,STEP,VM, 60) , Zoom ID: 862 2444 3740; Passcode: NARocks, Gaithersburg, MD, 20898
Norvana Area	
7:00PM	Covid Soldiers (O, 90) , Arlington Assembly of God, 4501 N. Pershing Dr., Arlington, VA, 22203
7:00PM	Cracker Box (O,WC &, 60) , Fairfax Presbyterian Church, 10723 Main St., Fairfax, VA, 22030
7:00PM	In The Heart Of (O, 90) , Charles Houston Recreation Center, 901 Wythe St, Alexandria, VA, 22314
7:00PM	Miracles on Broad Street (O,WC &,HY, 60) , Zoom ID 962 211 7089; Passcode: 169422, Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA, 22046
7:30PM	Bring Your Stepwork (C,STEP, 60) , Our Lady of Lourdes Catholic Church, Parish Hall lower level RM#6 - Does not meet on federal holidays or Easter Monday, 800 23rd St. S, Arlington, VA, 22202, Small room not suitable for treatment center groups.
8:00PM	Step Over the Hump (O,STEP,TRAD,WC &,NP, 75) , Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA, 22191
Rock Creek Area	
NOON	Midday Meditations and Miracles (O, 60) , Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009
6:30PM	Southwest Serenity (C,CH,STEP, 60) , James Creek House - We are meeting on holidays., Until May 1, we will be meeting at 1329 1st Street SW. The building is 2 buildings south of our normal building, with the entrance roff Canal St. SW., 100 N St. SW, Washington, DC, 20024
7:30PM	Living Proof (O, 60) , 4201 Albemarle St. NW, Washington, DC, 20016
8:05PM	Beachcombers, Too (C,BT,DISC,VM, 60) , Zoom ID: 643 733 6181; Passcode: 805805, Washington, DC, 20008
South Potomac Area	
7:30PM	Monday Night Step (O,VM, 90) , Zoom ID: 457 476 3595; Passcode: MNS, Capitol Heights, MD, 20791
The Virtual Ties That Bind Us Together Area	
8:30AM	Early Just For Today Check-in (C,JFT,VM, 90) , ID: 826 3577 8671; Passcode: 242275, Washington, DC, 20090
10:00AM	Just For Today (C,O,JFT,VM, 90) , Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC, 20090
NOON	Noon Time is the Right Time (C,DISC,VM, 90) , Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC, 20090
2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90) , Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, 20090
5:00PM	Rush Hour (C,DISC,Pi,VM,LIT, 90) , Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC, 20090
8:00PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90) , Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, 20090
8:00PM	Monday Miracles Virtual (BEG,STEP,VM, 90) , Zoom ID: 717 680 837; Passcode: 428066, Washington, DC, 20090
Tri-County Area	
NOON	NA In the Day (O,WC &,LC, 60) , Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, 20602
7:00PM	Cover To Cover (O,WC &, 75) , Callaway Baptist Church, 20960 Point Lookout Rd., Callaway, MD, 20620
7:00PM	Time To Change (O, 60) , Lifestream Church of the Nazarene, 5105 Leonardtown Rd., Waldorf, MD, 20601, First Mon Literature, Last Monday JFT
TUESDAY	
Battlefield Area	
NOON	Recovery (O,DISC,JFT,VM, 60) , Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20110
8:00PM	Just For Today (O,CW,STEP,VM, 60) , Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20111
Central Maryland Area	
10:00AM	Ladies in Recovery (C,JFT,SPK,W,VM, 60) , Zoom ID: 803 826 655; No Passcode, Greenbelt, MD, 20770
7:00PM	Firm Believers (O,WC &, 90) , Glenarden Town Hall (1st Flr.), 8600 Glenarden Pkwy, Glenarden, MD, 20706
7:00PM	Just Relationships (O,WC &, 75) , Laurel Municipal Pool, 901 Main St, Laurel, MD, 20707
7:00PM	Women Living Clean (C,DISC,SPK,W,VM,LIT, 90) , Zoom ID: 876 8758 1084; Passcode: 766458, Greenbelt, MD, 20770
7:30PM	AWOL (O,BT,DISC,IW,JFT,STEP,TRAD,WC &, 60) , Greenbelt Step Club, 143 Centerway Rd., Greenbelt, MD, 20768
7:30PM	Serenity on Sandy Spring (O,BT,DISC,SPK,STEP,TOP, 60) , Holy Trinity Church, Meeting in Basement, 7607 Sandy Spring Road, Laurel, MD, 20707
District of Columbia Area	
8:30AM	Let Go and Let God I (O,LIT, 75) , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020
NOON	New Hope (O,DISC, 90) , St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002
1:30PM	Let Go and Let God II (O,LIT, 75) , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020
5:00PM	The One Promise Group (O,DISC,WC &, 90) , CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW, Washington, DC, 20001
6:30PM	Freedom To Change (O, 60) , St Martin's Church, 1908 N Capitol St. NW, Washington, DC, 20002
6:30PM	Steps to the Courthouse (C,STEP,VM, 90) , Zoom ID: 994 490 7494; No Passcode, Washington, DC, 20090
7:00PM	The Last Shall Be First (C,STEP,TRAD, 90) , The Harold J. Gordon Bldg., 124 15th St. SE, Washington, DC, 20002
Dulles Corridor Area	
NOON	Noon Meeting (O,VM, 60) , Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, 20172
7:30PM	NA Basic Text Meeting (O,BT,DISC, 60) , Loudon Serenity House, Upstairs room, 29 N. King St, Leesburg, Virginia, 20175
8:00PM	New Attitudes (O,WC &, 60) , Sterling United Methodist Church (side building), 304 E. Church Rd., Sterling, VA, 20164
Frederick Area	
NOON	Noon Group (O, 60) , Grace United Church, 25 E 2nd St., Frederick, MD, 21701
5:30PM	Rush Hour Recovery (O,DISC,WC &,LIT, 60) , Jefferson United Methodist Church, 3882 Jefferson Pike, Jefferson, MD, 21755
7:00PM	Vision of Hope (O,VAR, 60) , All Saints Episcopal Church, 106 W Church St, Frederick, MD, 21701, Limited capacity
Montgomery Area	
7:30AM	Freedom in the Village (O,DISC,JFT,VM, 60) , Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD, 20886
NOON	Freedom in the Village (O,WC &,HY, 60) , Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, 20886
NOON	NA at Noon (O,JFT,WC &,HY, 60) , Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD, 20901
5:00PM	New Way of NA (O,SWG,TRAD, 60) , Millian Memorial UMC, Corner of Hallet & Parkland. Downstairs in Outreach Recovery., 13016 Parkland Dr, Rockville, MD, 20853
6:30PM	Life On Life's Terms (O,DISC,WC &,LIT,HY, 60) , Zoom ID: 885 1687 6965; Passcode: LOLT, The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave., Silver Spring, MD, 20904

TUESDAY (CONT)	
7:00PM	Women Do Recover (O,BT,DISC,SPK,STEP,W,WC &, 60) , Montgomery Hills Baptist Church, - Rear Door, Room 133, 9727 Georgia Ave., Silver Spring, MD, 20919
7:30PM	All About Change (O,DISC,WC &, 60) , Seneca Creek Community Church, - Please use front entrance, 13 Firstfield Rd., Gaithersburg, MD, 20878
8:00PM	Carrying the Message (O,VM, 60) , Zoom ID: 862 2444 3740; Passcode: NArocks, Gaithersburg, MD, 20898
Norvana Area	
NOON	High Noon II (O,WC &,SPAD, 60) , Ferlazzo Building, 2nd Floor - Dottie Bell Conference Room, 15941 Donald Curtis Dr., Woodbridge, VA, 22191
6:30PM	NA Farsi (O,PER,HY, 60) , Zoom ID: 822 6895 7935; Passcode: 267059; This meeting is ONLY spoken in FARSI, St Dunstan's Episcopal Church, 1830 Kirby Rd., McLean, VA, 22101
6:30PM	The Basics Group (O,BT, 60) , Annandale United Methodist Church, Door #2. Turn left down the hallway. Last room on the left., 6935 Columbia Pike, Annandale, VA, 22003
7:00PM	Choose Life (O, 60) , Christ Crossman United Methodist Church, 384 N Washington St, Falls Church, VA, 22046
7:00PM	NA in LA (O,WC &,HY, 90) , Zoom ID: 533 129 809; Passcode: NALA, Lee Center, 1108 Jefferson St, Alexandria, VA, 22314
8:00PM	Comfort Zone (O,WC &,VM, 60) , Zoom ID: 929 625 3168; Passcode: 658318, Falls Church, VA, 22046
8:00PM	Just for Tonight (O,JFT, 60) , Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA, 22310
Rock Creek Area	
NOON	Midday Meditations and Miracles (O, 60) , Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009
5:30PM	Write to Recover (DISC,STEP,VM,WR, 60) , Zoom Meeting ID: 727 524 5654; Passcode: 249292, Step writing will take place during this meeting. The meeting will be locked after the writing portion ends., Washington, DC, 20016
7:00PM	Stepping Out of Trouble into Study (SWG,VM, 90) , Zoom ID: 880-6299-5493; Passcode: sotis, Washington, DC, 20011
7:30PM	Glad to be Alive Steps (O,WC &,HY, 60) , Zoom ID: 275 118 642; Passcode: 982195, Chevy Chase United Methodist Church, 7001 Connecticut Ave, Chevy Chase, MD, 20815
7:30PM	Pure Uncut Literature Study Group of NA (WC &,LIT, 60) , Chevy Chase Presbyterian Church, Enter off Oliver St before Chevy Chase Circle; There is a parking lot and street parking., 1 Chevy Chase Circle, Washington, DC, 20015
8:30PM	Dupont Circle NA (O, 60) , Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009
8:30PM	Fire Barrel (O,DISC,HY, 60) , Zoom ID: 847 1689 8440; Passcode: step11, Wesley UMC, Library on lower level; Plz use the Jenifer Street entrance., 5312 Connecticut Ave. NW, Washington, DC, 20015
South Potomac Area	
7:15PM	Keep Coming Back (O,SPAD, 90) , Capitol Allentown Baptist Church, 7911 Allentown Road, Fort Washington, MD, 20744
The Virtual Ties That Bind Us Together Area	
8:30AM	Early Just For Today Check-in (C,JFT,VM, 90) , ID: 826 3577 8671; Passcode: 242275, Washington, DC, 20090-0709
10:00AM	Just For Today (C,O,JFT,VM, 90) , Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC, 20090
NOON	Noon Time is the Right Time (C,DISC,VM, 90) , Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC, 20090
2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90) , Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, 20090
5:00PM	Rush Hour (C,DISC,SPK,VM, 90) , Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC, 20090
8:00PM	Living Life on Life's Terms (C,VM, 60) , Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, 20090
Tri-County Area	
NOON	Hope in the Woods (O,WC &, 60) , Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, 20602
7:00PM	Living Clean (O,WC &, 60) , St Paul's UM Church, Classroom #8, 25550 Point Lookout Rd., Leonardtown, MD, 20650
7:30PM	Lusby Recovery (O, 60) , South Community Center, 20 Appeal Ln., Lusby, MD, 20657
7:30PM	Off Campus Recovery (O,WC &, 60) , First Baptist Church of La Plata, 9070 Hawthorne Rd., La Plata, MD, 20646
WEDNESDAY	
Battlefield Area	
NOON	Recoviderly (O,DISC,JFT,VM, 60) , Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20110
8:30PM	Welcome Home (O,DISC,VAR,LIT, 60) , Bull Run UUC, @Church Street, downstairs. Door autolocks@8:45. Latecomers tap on window., 9350 Main St., Manassas, VA, 20110
Central Maryland Area	
10:00AM	Ladies in Recovery (C,JFT,SPK,W,VM, 60) , Zoom ID: 803 826 655; No Passcode, Greenbelt, MD, 20770
7:00PM	Back to the Basics (O,WC &, 60) , Savage UMC, 9050 Baltimore St, Savage, MD, 20763
7:00PM	New Wave (O,STEP,TRAD,WC &, 90) , Glenarden City Hall, Downstairs, 8600 Glenarden Parkway, Glenarden, MD, 20706
7:00PM	STAR (O, 75) , First UMC (5th St), 424 Main St, Laurel, MD, 20707
District of Columbia Area	
8:30AM	Let Go and Let God I (O,LIT, 75) , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020
NOON	New Hope (O,DISC, 90) , St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002
1:30PM	Let Go and Let God II (O,LIT, 75) , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020
7:00PM	Ultimate Weapons (C,STEP,TW,CPT,VM,LIT, 60) , Zoom ID: 516 993 416; No Passcode, Washington, DC, 20090
9:00PM	Miracle of Women (O,W,VM, 60) , Zoom ID: 917 1964 217; Passcode 1908, Washington, DC, 20090
Dulles Corridor Area	
7:00AM	The Early Cup of Recovery (DISC,VM, 60) , ZOOM: 893 6775 9854 PASS: 946130, Sterling, VA, 21065
NOON	Noon Meeting (O,VM, 60) , Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, 20172
5:30PM	No Matter What (VM,LC, 60) , Zoom ID: 795 467 25226; Passcode: jmDcW0 (last digit is zero), Sterling, VA, 21065
7:00PM	Women's Rap (O,W,VM, 60) , Zoom ID: 881 666 45122; Passcode: 596376, Herndon, VA, 20172
7:00PM	Young People's NA Meeting (O,DISC, 60) , Loudon Serenity House, Upstairs room, 29 N. King St, Leesburg, Virginia, 20175
8:00PM	We Made It! (O,DISC,WC &, 60) , St. Matthew's Episcopal Church, 201 E. Frederick Dr., Sterling, VA, 20164
East of the River Area	
6:00PM	The How Group (O,BEG,IP,IW,M,STEP, 90) , Ambassador Baptist Church, 1412 Minnesota Ave. SE, Washington, DC, 20020
7:00PM	Aging In Recovery (O,DISC,VM, 90) , Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC, 20020
Frederick Area	
NOON	Noon Group (O, 60) , Grace United Church, 25 E 2nd St., Frederick, MD, 21701, Limited capacity
7:00PM	Exact Nature Men's Rap (DISC,M, 60) , Frederick Club, 205B Bucheimer Rd, Frederick, MD, 21701
7:00PM	Principles Before Personalities (O,WC &, 60) , Community Action Agency 100 S. Market St, Frederick, MD, 21701
Montgomery Area	
7:30AM	Freedom in the Village (O,DISC,VM,LIT, 60) , Zoom ID: 823 5857 7621; Passcode: 685408, Montgomery Village, MD, 20886
NOON	Freedom in the Village (O,WC &,HY, 60) , Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, 20886
NOON	NA at Noon (O,JFT,WC &,HY, 60) , Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD, 20901

WEDNESDAY (CONT)	
7:00PM	Fresh Air (O,BT,STEP,TRAD,WC &, 60) , Cedar Lane Unitarian Universalist Church, - The Chalice House (use upper parking lot), 9601 Cedar Ln., Bethesda, MD, 20814
7:30PM	Gentleman's Club (C,JFT,M, 60) , Epworth UMC, 9008 Rosemont Dr., Gaithersburg, MD, 20877
7:30PM	Never Alone (O,CAN,WC &,LIT, 75) , Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, 20886
7:30PM	People's Recovery (O,WC &,HY, 60) , Zoom ID: 878 0419 2075; Passcode: 659058, The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave., Silver Spring, MD, 20904
7:30PM	Wednesday's Willingness (O,HY, 90) , Zoom ID: 800 990 800; Passcode: 016212, Rockville Courthouse, - Lower Level, 30 Courthouse Square G-1, Rockville, MD, 20850
8:00PM	Another Way (O, 60) , Prince of Peace Lutheran Church, - Small building in back, 11900 Darnestown Rd., Gaithersburg, MD, 20878
Norvana Area	
6:30PM	Clean in Clarendon (O,DISC,SPK, 60) , Clarendon Presbyterian Church, Free parking, door marked Aikido of Arlington, 1305 N Jackson St, Arlington, VA, 22201
6:30PM	Foundation Steps to Freedom (STEP,WC &, 90) , Leonard Chick Armstrong Recreation Center, 25 W. Reed Avenue, Alexandria, VA, 22305
6:30PM	Women Do Recover (W,LIT,HY, 60) , Zoom ID: 842 4803 8677; Passcode: 999612, Springfield Church of Christ, 7512 Old Keene Mills Rd, Springfield, VA, 22150
7:00PM	NA at Walter Reed (O,DISC, 90) , Walter Reed, Inside the Rec center, 2909 16th St S, Arlington, VA, 22204, Meets inside, in the rec center
7:00PM	Plan B (O, 75) , Unity Club, Rm R3, 116-B W Broad St, Falls Church, VA, 22046
7:30PM	Came to Believe (O, 60) , Cameron United Methodist Church, 3130 Franconia Rd, Alexandria, VA, 22310
8:00PM	Over The Hump (O,JFT,SPK,WC &,NP, 75) , Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Rd., Woodbridge, VA, 22191
Rock Creek Area	
NOON	Midday Meditations and Miracles (O, 60) , Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009
7:00PM	SW Freeway (C,WC &, 60) , Westminster Presbyterian Church, Ground Level, 400 I St. SW, Washington, DC, 20024
8:00PM	Step Up (C,DISC,ME,VM,LIT, 60) , Zoom ID: 858 1685 7897; Passcode: 620486, Washington, DC, 20008
8:30PM	Conscious Contact Beginners (O,WC &, 60) , Wesley UMC, Meeting is Upstairs; use Connecticut Ave entrance, 5312 Connecticut Ave. NW, Washington, DC, 20015
South Potomac Area	
7:00PM	Bright Hope Group (O,STEP,TRAD,LIT,LC, 75) , Carolina Baptist Church, 9901 Allentown Rd, Fort Washington, MD, 20744
The Virtual Ties That Bind Us Together Area	
8:30AM	Early Just For Today Check-in (C,JFT,VM, 90) , ID: 826 3577 8671; Passcode: 242275, Washington, DC, 20090-0709
10:00AM	Just For Today (C,O,JFT,VM, 90) , Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC, 20090
NOON	Noon Time is the Right Time (C,DISC,VM, 90) , Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC, 20090
2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90) , Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, 20090
5:00PM	Rush Hour (C,DISC,VM, 90) , Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC, 20090
8:00PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90) , Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, 20090
8:00PM	Wednesday Night Men's Rap (Keeping it Real) (O,M,VM, 60) , Zoom ID: 871 4546 0605; Passcode: 556828, Washington, DC, 20090
Tri-County Area	
NOON	Midweek Miracles (O,JFT,WC &,SPAD, 60) , Room: Village Lounge. Meeting will start 1/8/25, The Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, 20602
7:00PM	Positive Alternative (O,WC &, 60) , Good Samaritan Church (Near Rt 5 N/Billingsley Rd.), 13025 Good Samaritan Dr., Waldorf, MD, 20601
7:00PM	Tower of Power (O,WC &, 60) , Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd., Sunderland, MD, 20689, Maximum 18 people
7:30PM	Life Support (O,WC &, 60) , Trinity Lutheran Church, 46707 Shangri La Dr., Lexington Park, MD, 20653
THURSDAY	
Battlefield Area	
NOON	Recovery (O,DISC,JFT,VM, 60) , Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20110
7:00PM	New Found Hope (O,BEG,BT,DISC,SPK,VM, 60) , Zoom ID: 822 228 0011; Passcode: 121212, Manassas, VA, 20111
Central Maryland Area	
10:00AM	Ladies in Recovery (C,JFT,SPK,W,VM, 60) , Zoom ID: 803 826 655; No Passcode, Greenbelt, MD, 20770
6:45PM	Spiritual Awakenings (O,WC &, 75) , First Methodist Church of Laurel, 424 Main St, Laurel, MD, 20707
7:00PM	Gateway to Recovery (O,STEP,TRAD,VM, 90) , Zoom ID: 395 553 318; Passcode: 1957, Greenbelt, MD, 20770
7:30PM	More Will Be Revealed (O, 75) , Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, 20715
District of Columbia Area	
8:30AM	Let Go and Let God I (O,LIT, 75) , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020
NOON	New Hope (O,DISC, 90) , St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002
1:30PM	Let Go and Let God II (O,LIT, 75) , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020
6:30PM	Steps on the Hill (O,BEG,STEP,VM,LIT, 75) , Zoom ID: 775 7711 6885; Passcode: 084748, Washington, DC, 20090
7:00PM	Stone Soul Recovery (O, 90) , Plymouth Congregation Church, 5301 North Capitol St. NE, Washington, DC, 20011
Dulles Corridor Area	
NOON	Noon Meeting (O,VM, 60) , Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, 20172
7:00PM	Keyhole To Recovery (O,STEP,LIT, 75) , Galilee Church, 45425 Winding Rd, Sterling, VA, 20165
7:30PM	Out of the Dark (O,DISC, 60) , A New Beginning, located in the gym, 4213 Walney Road, Chantilly, VA, 20151
East of the River Area	
6:30PM	Under New Management (C,STEP,TRAD,VM,LIT, 60) , Zoom ID: 997 824 3262; No Passcode, Washington, DC, 20019
Frederick Area	
NOON	Noon Group (O, 60) , Grace United Church, 25 E 2nd St., Frederick, MD, 21701, Limited capacity
7:00PM	Inner City (O,STEP,WC &, 60) , Community Action Agency, 100 S. Market St, Frederick, MD, 21701
7:00PM	Sisters in Serenity (W,HY, 60) , Zoom ID: 81395991987 no PW, 705 W. Patrick Street, Frederick, MD, 21701
7:30PM	Thursday Night Candlelight (O, 60) , St Joseph's Church (the old church), 5843 Manor Woods Rd, Frederick, MD, 21717
Montgomery Area	
7:30AM	Freedom in the Village (O,DISC,JFT,VM, 60) , Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD, 20886
NOON	Freedom in the Village (O,WC &,HY, 60) , Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, 20886
NOON	NA at Noon (O,JFT,WC &,HY, 60) , Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, - Hybrid Mon-Thu, 9525 Colesville Rd., Silver Spring, MD, 20901
7:30PM	Off the Beaten Path (O, 60) , St. James Episcopal Church, - Around back, 1307 N Main St., Mount Airy, MD, 21771
7:30PM	Serenity in the Park (O,BEG,SPK,SWG,STEP,TRAD,LIT, 90) , Mt Calvary Baptist Church, 608 N Horners Ln., Rockville, MD, 20850
7:30PM	She Do Recover (O,DISC,W,VM, 60) , Zoom ID: 829 2967 3668; Passcode: 8675309, Gaithersburg, MD, 20898
8:00PM	Crossroads (O,VM, 60) , Zoom ID: 551 384 252; Passcode: 297348, Gaithersburg, MD, 20898
8:00PM	Making A Difference (O,WC &, 60) , Silver Spring Christian Reformed Church, 1501 Arcola Ave., Silver Spring, MD, 20902

THURSDAY (CONT)	
8:00PM	Stepping Free (O,STEP, 60), Fairhaven UMC, 12801 Darnestown Rd., Gaithersburg, MD, 20878
Norvana Area	
6:30PM	Spiritual Pause (C,SPAD, 60), Lord of Life Lutheran Church, Park and enter in the back of the church, 5114 Twinbrook Rd, Fairfax, VA, 22032
7:30PM	Old Time Recovery (C,WC &, 60), Langston-Brown Community Center, 2121 N. Culpeper St, Arlington, VA, 22207
8:00PM	So Happy It's Thursday (O, 60), Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA, 22150
Rock Creek Area	
NOON	Midday Meditations and Miracles (O, 60), Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009
5:30PM	Whole Lava Love (O,VM, 60), Zoom ID: 835 0459 8692; Passcode: choirloft; Phone: 301-715-8592; Phone Passcode: 074664516, Washington, DC, 20010
6:00PM	Open Doors (O,STEP, 60), St. Martin's Church, 1908 North Capitol St. NW, Washington, DC, 20002
6:30PM	Living Our Literature (O,STEP,TRAD,LIT,HY, 75), Zoom ID: 889 6372 8561; Passcode: 3636ga, The Festival Center + Virtual- Pilot of meeting merger January-March 2025, Parking behind building at 2612 Mozart Place (disregard no parking/towing signs), 1640 Columbia Rd. NW, Washington, DC, 20009, Park behind building 2612 Mozart Pl (disregard no parking/towing signs) pilot of meeting merger January to March 2025
7:00PM	Meeting on the Avenue (O, 60), Wesley UMC, Library on lower level; plz use the Jenifer Street entrance, 5312 Connecticut Ave. NW, Washington, DC, 20015
8:30PM	Men's Rap (C,M, 60), West Side Club, 1341 Wisconsin Ave. NW, Washington, DC, 20007
South Potomac Area	
7:00PM	Restored To Sanity (O,BEG,STEP, 90), Good Samaritan Mission Church, 4409 Arnold Rd., Suitland, MD, 20746
7:00PM	Steps to Life (O, 90), Oxon Hill United Methodist Church, 6400 Livingston Road, Oxon Hill, MD, 20745
The Virtual Ties That Bind Us Together Area	
8:30AM	Early Just For Today Check-in (C,JFT,VM, 90), ID: 826 3577 8671; Passcode: 242275, Washington, DC, 20090-0709
10:00AM	Just For Today (C,O,JFT,VM, 90), Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC, 20090
NOON	Noon Time is the Right Time (C,DISC,VM, 90), Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC, 20090
2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90), Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, 20090
5:00PM	Rush Hour (C,VM,LC, 90), Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC, 20090
8:00PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90), Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, 20090
Tri-County Area	
NOON	12 at 12 (O,WC &, 60), Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, 20602
7:00PM	Hope Fiends (O, 60), New Life Church, 3170 German Chapel Rd., Prince Frederick, MD, 20678
7:00PM	Indian Heads (BT,WC &,LIT, 60), St James Episcopal Church, 7 E Potomac Ave., Indian Head, MD, 20640
7:00PM	More Alike Than Different (O,WC &, 60), Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, 20602
7:00PM	Outsiders (O,DISC,IW, 75), Trinity Lutheran, 46707 S Shangri-La Dr., Lexington Park, MD, 20653
7:30PM	Chaptico Under The Stars (O, 60), Christ Episcopal Church, 37497 Zach Fowler Rd., Chaptico, MD, 20621
FRIDAY	
Battlefield Area	
NOON	Recoviderly (O,DISC,JFT,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20110
6:30PM	Gimmee Shelter (O,DISC,IW,JFT, 60), Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA, 20110
8:30PM	Keep It Simple (O,BT,DISC,SPK, 60), Bull Run UUC, At Church Street, downstairs, Door autolocks at 8:45 Latecomers tap on window, 9350 Main St., Manassas, VA, 20110
Central Maryland Area	
10:00AM	Ladies in Recovery (C,JFT,SPK,W,VM, 60), Zoom ID: 803 826 655; No Passcode, Greenbelt, MD, 20770
7:00PM	Friday Nite Live (C,WC &, 75), Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD, 20770
7:00PM	Miracles on Main Street (O,WC &, 60), St. Philip's Episcopal Church, 522 Main St., Laurel, MD, 20707
7:30PM	Walk The Walk (O,WC &, 60), Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel, MD, 20708
8:00PM	New Start (O,VM, 60), Zoom ID: 168 147 906; Passcode: 005762, Greenbelt, MD, 20770
8:30PM	Drawn Together (STEP,ME, 75), Savage UMC, 9050 Baltimore Street, Savage, MD, 207603, Art and Meditation Meeting
9:00PM	Keep It Real (O, 75), Serenity Center, 9650 Basket Ring Rd, Columbia, MD, 21045
District of Columbia Area	
8:30AM	Let Go and Let God I (O,LIT, 75), Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020
NOON	New Hope (O,DISC, 90), St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002
1:30PM	Let Go and Let God II (O,LIT, 75), Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020
5:00PM	The What Can I Do Group (O,WC &,LIT, 90), CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW, Washington, DC, 20001
7:00PM	Jump Start to Recovery (O,STEP,TRAD,WC &,LIT, 90), Incarnation Catholic Church, 880 Eastern Ave. NE, Washington, DC, 20019
7:00PM	Lighthouse (O,STEP,TRAD,WC &, 75), Israel Methodist CME Church, 557 Randolph St. NW, Washington, DC, 20011
7:00PM	O Street Steps (O,STEP,WC &, 90), SOME, Dining Hall, 71 O St. NW, Washington, DC, 20001
7:00PM	One Step at a Time (O,STEP,TRAD,VM, 90), Zoom ID: 727 6810 6047; Passcode: 349943, Washington, DC, 20090
7:00PM	Regardless Of Sexual Identity (C,VM, 90), Zoom ID: 452 943 0512; Passcode: 205542, Washington, DC, 20090
7:00PM	Yellow Brick Road (O,VM, 60), Zoom ID: 821 9026 0549; No Passcode, Washington, DC, 20090
8:00PM	Help Somebody (O,BEG,VM, 90), Zoom ID: 893 0884 8140; Passcode: 787123, Washington, DC, 20090
Dulles Corridor Area	
NOON	Noon Meeting (O,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, 20172
7:30PM	Just For Today (O,CAN,WC &,SPAD, 60), Community Lutheran Church, 21014 Whitfield Pl, Sterling, VA, 20164
8:00PM	I'm Somebody (O,VM, 60), Zoom ID: 449 215 767; Passcode: 703, Herndon, VA, 20172
East of the River Area	
7:00PM	Aging In Recovery (O,DISC,VM, 90), Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC, 20020
Frederick Area	
NOON	Noon Group (O, 60), Grace United Church, 25 E 2nd St., Frederick, MD, 21701, Limited capacity
7:00PM	Friday Night Lights (IP,STEP,TRAD,WC &, 60), Zion Lutheran Church, Parking around back. Door on side and remains locked. Need to knock, 107 W Main St, Middletown, MD, 21769
7:30PM	We Do Recover (O,TOP, 60), Frederick Church of Christ, 1305 N Market St, Frederick, MD, 21701, The last Friday of the month is a speaker meeting.
Montgomery Area	
7:30AM	Freedom in the Village (O,DISC,JFT,VM, 60), Zoom ID: 823 5857 7621, Passcode: 685408, Montgomery Village, MD, 20886
NOON	Freedom in the Village (O,WC &,HY, 60), Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd., Montgomery Village, MD, 20886
NOON	NA at Noon (O,JFT,VM, 60), Zoom ID: 889 4686 0935; No Passcode, - Virtual only on Friday, Silver Spring, MD, 20901, Hybrid M-Th; Virtual only on Friday

FRIDAY (CONT)	
3:30PM	Progress Not Perfection (O,DISC,WC &, 60) , Progress Place, New meeting starts 2/14/25! Parking is limited., 8106 Georgia Avenue, Room 205, Silver Spring, MD, 20910
7:00PM	Older Toddlers (O,DISC,STEP,WC &, 60) , Christ Episcopal Church, Parking lot is off Everett St, Side Entrance, in Basement, 4001 Franklin St., Kensington, MD, 20895
7:30PM	Upcounty NA (O, 90) , Emory Grove UM Church, 8200 Emory Grove Rd., Gaithersburg, MD, 20877
8:00PM	Live and Let Live (O,LIT, 60) , Fairhaven UMC, 12801 Darnestown Rd., Gaithersburg, MD, 20878
8:30PM	Get Down (O,VM, 60) , Zoom ID: 86570165126; Passcode: getdown, Bethesda, MD, 20898
Norvana Area	
7:00PM	NA for Life (O,WC &, 90) , Langston Brown Center, 2121 N Culpeper St., Arlington, VA, 22207
7:00PM	Recovery on the South Side (O,WC &, 90) , Lee Center, 1108 S Jefferson St., Alexandria, VA, 22314
7:00PM	Simplicity Is the Key (C,DISC,LIT, 60) , Falls Church Presbyterian Church, 225 E Broad St., Falls Church, VA, 22046
7:00PM	Women Of Woodbridge - W.O.W. (O,VAR,W,WC &,VM, 60) , Zoom ID: 568 046 8023; Passcode: 121212, Woodbridge, VA, 22191
7:15PM	Church Basement Recovery (O, 75) , Kirkwood Presbyterian Church, 8336 Carrleigh Pkwy, West Springfield, VA, 22152
7:30PM	Better Here Than There (O,JFT,VM,SPAD, 60) , Zoom ID: 536 659 392; Passcode: 842931, Arlington, VA, 22204
Rock Creek Area	
NOON	Midday Meditations and Miracles (O, 60) , Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009
7:00PM	Solo Por Hoy (O,ES,LIT,HY, 60) , Zoom ID: 232 505 167; Passcode: 7611, Festival Center, 1640 Columbia Rd NW, Washington, DC, 20009
7:30PM	Clean Works (O,DISC,LIT,HY, 60) , Zoom ID: 858 0344 5434; Passcode: easydoesit; Phone Passcode: 8264201235, St Thomas' Parish, 3rd Floor, 1517 18th St. NW, Washington, DC, 20036
9:00PM	Recovery Alley (C,HY, 60) , Zoom ID: 987 3916 8163; Passcode: Homegroup, St Stephen's Church (corner of 16th & Newton), 1530 Newton St. NW, Washington, DC, 20010
10:00PM	Late Nite Friday Nite (O,DISC,JFT,WC &, 75) , St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC, 20016
South Potomac Area	
7:00PM	Women Do Recover (O,W,WC &,LIT, 90) , Hope Lutheran Church, 6201 Coventry Way, Clinton, MD, 20735
7:30PM	Living the Program Men's Rap (O,M, 90) , Bethany Christian Church, 7128 Allentown Rd, Fort Washington, MD, 20744
The Virtual Ties That Bind Us Together Area	
8:30AM	Early Just For Today Check-in (C,JFT,VM, 90) , ID: 826 3577 8671; Passcode: 242275, Washington, DC, 20090
10:00AM	Just For Today (C,O,JFT,VM, 90) , Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC, 20090
NOON	Noon Time is the Right Time (C,DISC,VM, 90) , Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC, 20090
2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90) , Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, 20090
5:00PM	Rush Hour (C,DISC,VM, 90) , Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC, 20090
6:00PM	Where Healing Takes Place (C,DISC,SPK,VM, 90) , Zoom ID: 404 510 8699 Passcode: GODcares00, Washington, DC, 20090
8:00PM	Living Life on Life's Terms (C,O,DISC,STEP,VM, 90) , Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, 20090
Tri-County Area	
NOON	Give Yourself A Break (O,JFT,VAR,SPK,STEP,TRAD, 60) , Great Escape Recovery Lounge, 85 High St. Ste. 1, Waldorf, MD, 20601
7:05PM	7:07 (O, 60) , Trinity Lutheran Church (at S Essex), 46707 S Shangri La Dr., Lexington Park, MD, 20653
7:30PM	Work 'Em Or Die (O,WC &, 75) , Good Samaritan Presbyterian Church, 13025 Good Samaritan Dr., Waldorf, MD, 20601
8:00PM	One Line At a Time (O,CH,DISC,VAR,WC &, 75) , Northeast Community Center, 4075 Gordon Stinnett Ave., Chesapeake Beach, MD, 20732
9:30PM	Another Late Night (O,CAN,DISC,WC &,OE,LIT, 60) , Good Samaritan Lutheran Church, 20850 Langley Rd., Lexington Park, MD, 20653
SATURDAY	
Battlefield Area	
NOON	Recoviderly (O,DISC,JFT,VM, 60) , Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20110
7:00PM	Destination Hope (O,SPK, 60) , Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA, 20110
Central Maryland Area	
10:00AM	Ladies in Recovery (C,JFT,SPK,W,VM, 60) , Zoom ID: 803 826 655; No Passcode, Greenbelt, MD, 20770
NOON	Just for Today (O,WC &, 60) , The 180 Club, 4318 Hamilton Ave, Hyattsville, MD, 20781
5:00PM	Fear to Faith (O,WC &, 60) , Emmanuel United Methodist Church, 11416 Cedar Lane, Beltsville, MD, 20705
7:00PM	Gut Bucket (O,WC &,VM, 60) , Zoom ID: 973-466-3601; Passcode 875711, Greenbelt, MD, 20770
7:00PM	HOW Group (O,DISC,WC &, 60) , St Mary's School, 106 St. Mary's Place, Laurel, MD, 20707
8:30PM	Tracks to Recovery (O,WC &, 60) , Unity Place, 8610 Railroad Avenue, Bowie, MD, 20720
District of Columbia Area	
9:00AM	Better Way (O,PH,VM, 60) , Phone #: 425-436-6351; Phone Password: 344456#, Washington, DC, 20090
10:30AM	Come Clean to Stay Clean (O, 90) , Emmanuel Baptist Church, 2409 Ainger Pl. SE, Washington, DC, 20020
11:30AM	Men Under Construction (O,DISC,M,WC &, 90) , United Medical Center, 1310 Southern Ave. SE, Washington, DC, 20032
11:30AM	Women's Rap (O,W,VM, 60) , Zoom ID: 473 645 8102; Passcode: Women2021, Washington, DC, 20090
NOON	Mount Olivet Recovery (O,DISC,WC &, 90) , Mount Olivet Church, 1306 Vermont Ave NW, Washington, DC, 20005
NOON	Women's Step and Tradition (C,STEP,TRAD,W,VM, 90) , Zoom ID: 874 6272 9053; Passcode: 632923, Washington, DC, 20090
1:30PM	All Inclusive Group (O, 90) , 938 Rhode Island Ave. NE, Washington, DC, 20017
1:30PM	NA group at The Metropolis Club (O, 60) , The Metropolis Club, 938 Rhode Island Ave. NE, Washington, DC, 20002
6:00PM	The Uptown Group (O, 90) , 1908 North Capitol St. NW, Washington, DC, 20002
7:00PM	Illness In Recovery (O,DISC,VM, 60) , Zoom ID: 970 781 8525; Passcode: 1HMCZCm, Washington, DC, 20090
8:00PM	Gift of Life (O,STEP,TRAD,WC &,HY, 90) , Zoom ID: 511 626 4561; Passcode: 1908, St. Martin's Church, 1908 N Capitol St. NW, Washington, DC, 20002
9:00PM	Miracle of Women (O,W,VM, 60) , Zoom ID: 917 1964 217; Passcode 1908, Washington, DC, 20090
Dulles Corridor Area	
10:00AM	Rainbow Llama (O,LIT, 60) , Galilee Methodist Church, 45425 Winding Rd., Sterling, VA, 20165
10:00AM	The Bacon & Eggs Meeting (C,LIT, 60) , Old Dominion Men's Recovery Center, Breakfast & Literature, 41743 Stumptown Rd, Leesburg, VA, 20176
NOON	Noon Meeting (O,VM, 60) , Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, 20172
7:00PM	Literally Speaking (O, 60) , St Matthew's Episcopal Church (right side room of trailer), 201 E. Frederick Dr., Sterling, VA, 20164
7:30PM	Keep It Real (O, 60) , A New Beginning, 4213 Walney Rd., Chantilly, VA, 20151
8:30PM	Saturday Night Live (O,WC &, 60) , St Matthew's Episcopal Church (trailer), 201 E Frederick Dr., Sterling, VA, 20164
East of the River Area	
9:30AM	Women with a Purpose (C,IP,STEP,TRAD,W,VM,LIT, 90) , Zoom ID: 979 1044 9558; No Passcode, Washington, DC, 20020
7:00PM	818 Miracles (O,STEP,TRAD,VM, 90) , Zoom ID: 731 1498 4304; Passcode: 818, Washington, DC, 20001

SATURDAY (CONT)

Frederick Area

10:00AM	Kickin' It Raw (O,M,VM, 90) , Zoom ID: 9853773041; Passcode: MANUP., Frederick, MD, 21705
NOON	Noon Group (O, 60) , Grace United Church, 25 E 2nd St., Frederick, MD, 21701, Limited capacity
7:00PM	Up in Smoke (VAR,TRAD,WC &, 60) , Community Action Agency, 100 S. Market St, Frederick, MD, 21701
8:00PM	Saturday Night Special (O,WC &, 60) , Good Shepherd Lutheran Church, 1415 W 7th St., Frederick, MD, 21702

Montgomery Area

11:00AM	Share On Saturday (O,VM, 60) , Zoom ID: 879 3942 8041; Passcode: basictext, Gaithersburg, MD, 20898
NOON	Free Yourself (O,DISC,JFT,WC &, 60) , Woodside UMC, - Enter in Back. Door Code: 82911, 8900 Georgia Ave., Silver Spring, MD, 20910
NOON	Progress Not Perfection (O,DISC,WC &, 60) , Progress Place, New meeting starts 2/14/25! Parking is limited., 8106 Georgia Avenue, Room 205, Silver Spring, MD, 20910
3:00PM	Good Stuff (O,VM, 60) , Zoom ID: 882 8490 9775; Passcode: 717012, Gaithersburg, MD, 20898
6:00PM	Fresh Start (O,WC &,LIT, 75) , Prince of Peace Lutheran Church, 11900 Darnestown Rd., Gaithersburg, MD, 20878
6:30PM	Every Step Counts (O,STEP,WC &, 60) , Cedar Lane Unitarian Universalist Church, - The Chalice House (use upper parking lot), 9601 Cedar Ln., Bethesda, MD, 20814
7:00PM	Saturday Night Living Clean (O,LIT,LC, 60) , The Freedom Center, - Enter on side of building, 202 Perry Pkwy. Ste. #5, Gaithersburg, MD, 20877, Read from Living Clean
7:00PM	Speakeasy (O,DISC,VAR, 90) , Woodside UMC, 8900 Georgia Ave., Silver Spring, MD, 20910
7:30PM	Off the Beaten Path 2 (O,VM, 60) , Zoom ID: 862 2444 3740; Passcode: NArocks, Mount Airy, MD, 21771

Norvana Area

NOON	Just Living (O,JFT,WC &,LC, 90) , Department of Community & Human Services (DCHS), Conference Center, 1st Floor, 4850 Mark Center Dr., Alexandria, VA, 22311
NOON	Stepping Together (BEG,JFT, 75) , St. Paul United Methodist Church, Side entrance down the hill, 1400 G St, Woodbridge, VA, 22191
6:00PM	Welcome Home (O,LIT, 60) , Bush Hill Presbyterian Church, 4916 Franconia Rd, Alexandria, VA, 22310
6:45PM	Free Yourself (O,WC &,HY, 75) , Zoom ID: 962 211 7089; Passcode: 169422, Independence Club, 7043 Wimsatt Rd, Springfield, VA, 22151

Rock Creek Area

7:00AM	Saturday Morning Relief (O,VM, 90) , Zoom ID: 897 4991 1386; Passcode: saturday, Washington, DC, 20001
7:30PM	Hope Fiends (O,CAN,HY, 60) , Zoom ID: 292 549 9011; Passcode: hope, Triangle Club, 1638 R St. NW #120, Washington, DC, 20009
8:05PM	Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group (C,BT,DISC,WC &, 60) , St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC, 20016

South Potomac Area

NOON	Keep It Simple (O,WC &,LIT, 90) , St. Barnabas Episcopal Church, 5203 Saint Barnabas Rd, Temple Hills, MD, 20748
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The Virtual Ties That Bind Us Together Area

8:30AM	Early Just For Today Check-in (C,JFT,VM, 90) , ID: 826 3577 8671; Passcode: 242275, Washington, DC, 20090
10:00AM	Can't Do It Alone Women's Rap (O,DISC,JFT,STEP,TRAD,W,VM,LC,SPAD, 90) , Zoom ID: 2875318067; Passcode: women25, Washington, DC, 20090
2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90) , Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, 20090
2:00PM	Where Healing Takes Place (C,DISC,SPK,VM, 90) , Zoom ID: 404 510 8699 Passcode: GODcares00, Washington, DC, 20090
8:00PM	Living Life on Life's Terms (C,O,DISC,STEP,VM, 90) , Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, 20090

Tri-County Area

10:00AM	Healthy Relationships (CH,DISC,WC &, 90) , Northeast Community Center, 4075 Gordon Stinnett Ave., Chesapeake Beach, MD, 20732
NOON	Women In Recovery (O,W,WC &, 60) , Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, 20602
6:00PM	Stick and Stay (O,VAR,SPK,TOP,WC &, 60) , Life Church, 35 Cox Rd., Huntingtown, MD, 20639
7:00PM	It's A We Thing (O,WC &, 75) , St Paul's UMC, Brubecker Hall, 25550 Point Lookout Rd., Leonardtown, MD, 20650
7:00PM	Making Miracles (O,DISC,WC &, 90) , Good Shepherd Church, 305 Smallwood Dr., Waldorf, MD, 20602
10:00PM	Candlelight (SPK,WC &, 60) , Good Shepherd Church, 305 Smallwod Dr., Waldorf, MD, 20602

CONTACT INFO

Chesapeake & Potomac Region of Narcotics Anonymous (CPRNA)
PO Box 8160
Silver Spring, MD 20907

Regional Service Committee Meeting
Meets every even month: Feb, Apr, Jun, Aug, Oct, Dec
2nd Saturday of that month at 1:00 PM
Zoom Meeting ID: 824 5089 4047; Passcode: 12

24/7 Phoneline: 1-800-543-4670 <https://www.cprna.org>
Email meeting changes to: **meetings@cprna.org**