CHESAPEAKE & POTOMAC REGION OF NA



Narcotics Anonymous Meetings in Washington DC, Maryland, and Northern Virginia

24/7 Phoneline: 1-800-543-4670 https://www.cprna.org Email meeting changes to: meetings@cprna.org



MEETING LIST BY STATE & CITY APRIL 2024

Meeting Format Legend				
BEG	Beginners	BT	Basic Text	
С	Closed	CAN	Candlelight	
СН	Closed Holidays	CPT	12 Concepts	
CW	Children Welcome	DISC	Discussion	
ENG	English speaking	ES	Espanol	
F2F	Face 2 Face	HY	Hybrid Physical/Virtual	
IP	IP Study	IW	It Works Study	
JFT	Just for Today Study	LC	Living Clean Study	
LIT	Literature Study	М	Men	
ME	Meditation	NP	No Pets	
0	Open	PER	Persian / Farsi	
PH	Phone Meeting	PPE	Masks Required	
Pi	Pitch	RR	Round Robin	
SPAD	Spiritual Principle A Day Book Study	SPK	Speaker	
STEP	Step	SWG	Step Working Guide Study	
TC	Temporary Closed	TOP	Topic	
TRAD	Tradition	TW	Traditions Workshop	
VAR	Format Varies	VM	Virtual Web Meeting	
W	Women	WC &	Wheelchair	
WR	Writing Meeting	Υ	Young People	

Weekly Meetings: 402

	OUR MEETINGS
	WASHINGTON, DC
Sun 8:30AM	Early Just For Today Check-in (C,JFT,VM, 90), ID: 826 3577 8671; Passcode: 242275 Washington, DC, 20090
Sun 9:00AM	Sunday Morning Spiritual (O,DISC,TRAD,VM, 60), Zoom ID: 812-2295-5124; Passcode 774257 Washington, DC, 20090
Sun 10:30AM	10:30 Coffee Hour (O,DISC,WC &, 90), 5656A 3rd Street NE, Washington, DC, 20011
Sun 11:00AM	Sunday Morning Steps & Traditions (0,VM, 60), Zoom ID: 893 1577 3534; Passcode: 873274 Washington, DC, 20090
Sun NOON	Midday Meditations and Miracles (O,DISC,JFT,ME, 60), Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Avenue NW, Washington, DC, 20009
Sun 2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90), Zoom ID: 785 963 7766; Passcode: 1953 Washington, DC, 20090
Sun 5:30PM	Progressive Recovery (O,DISC,WC &,LIT, 60), Luther Place Memorial, 1226 Vermont Ave NW, Washington, DC, 20009
Sun 7:00PM	Clean On The Hill (C, 60), Capitol Hill UMC (enter on 5th St; ring bell), 421 Seward Square SE, Washington, DC, 20003
Sun 7:00PM	Clean On The Screen (VM, 60), Zoom ID: 724 9574 1690; No Passcode Washington, DC, 20008
Sun 7:00PM	Sunday Night Spiritual Group (O, 90), St Mary's Church (Church Hall), 727 5th St NW, Washington, DC, 20001
Sun 8:00PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90), Zoom ID: 438 348 3469; Passcode: 121525 Washington, DC, 20090
Mon 8:30AM	Early Just For Today Check-in (C,JFT,VM, 90), ID: 826 3577 8671; Passcode: 242275 Washington, DC, 20090
Mon 8:30AM	Let Go and Let God (O,STEP, 75), Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020
Mon 10:00AM	Fresh Start (0,DISC, 90), St. Lukes Church, 4925 E. Capitol St NE, Washington, DC, 20019
Mon 10:00AM	Just For Today (O,JFT,VM, 90), Zoom ID: 858 2487 7564; Passcode: Love Washington, DC, 20090
Mon NOON	Midday Meditations and Miracles (O,HY, 60), Zoom ID: 376 456 0565; Passcode: 3rvad5 Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Avenue NW, Washington, DC, 20009
Mon NOON	New Hope (O,DISC, 90), St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002
Mon NOON	Noon Time is the Right Time (C,DISC,VM, 90), Zoom ID: 932 959 7603; Passcode: 1962 Washington, DC, 20090
Mon 1:30PM	Let Go and Let God (0, 90), Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020
Mon 2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90), Zoom ID: 785 963 7766; Passcode: 1953 Washington, DC, 20090
Mon 5:00PM	Rush Hour (C,DISC,Pi,VM,LIT, 90), Zoom ID: 705 264 3243; Passcode: RUSHHOUR Washington, DC, 20090
Mon 6:00PM	1-12 Step (O,STEP, 90), Mt Moriah (except holidays), 1636 East Capitol St NE, Washington, DC, 20003

	DC (CONT)
Man 6:00DM	Why are We Here (O, 60), Bread for the City, 1700 Good Hope Rd. SE, Washington, DC, 20032
Mon 6:00PM Mon 6:30PM	Redlight Recovery (0, 90), Walker Memorial Baptist Church, 2020 13th Street NW, Washington, DC, 20009
Mon 6:30PM	Southwest Serenity (, 60), James Creek House, 100 N Street SW, Washington, DC, 20024
Mon 7:00PM	Aging In Recovery (O,DISC,VM, 90), Zoom ID: 824 005 5286; Passcode: recovery Washington, DC, 20020
Mon 7:00PM	Monday Night Step Meeting (LIT, 90), St. Lukes Church, 4925 E. Capitol St NE, Washington, DC, 20019
Mon 7:30PM	Living Proof (O,WC &, 60), St Columba's Episcopal Church (Room 205), 4201 Albermarle St NW, Washington, DC, 20016
Mon 8:00PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90), Zoom ID: 438 348 3469; Passcode: 121525 Washington, DC, 20090
Mon 8:00PM	Monday Miracles Virtual (BEG,STEP,VM, 90), Zoom ID: 717 680 837; Passcode: 428066 Washington, DC, 20090
Mon 8:05PM Tue 8:30AM	Beachcombers, Too (C,BT,DISC,VM, 60), Zoom ID: 643 733 6181; Passcode: 805805 Washington, DC, 20008 Early Just For Today Check-in (C,JFT,VM, 90), ID: 826 3577 8671; Passcode: 242275 Washington, DC, 20090
Tue 8:30AM	Let Go and Let God (O,STEP, 75), Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020
Tue 10:00AM	Just For Today (O,JFT,VM, 90), Zoom ID: 858 2487 7564; Passcode: Love Washington, DC, 20090
Tue NOON	Midday Meditations and Miracles (O,HY, 60), Zoom ID: 376 456 0565; Passcode: 3rvad5 Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Avenue NW, Washington, DC, 20009
Tue NOON	New Hope (O,DISC, 90), St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002
Tue NOON	Noon Time is the Right Time (C,DISC,VM, 90), Zoom ID: 932 959 7603; Passcode: 1962 Washington, DC, 20090
Tue 1:30PM	Let Go and Let God (O, 90), Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020
Tue 2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90), Zoom ID: 785 963 7766; Passcode: 1953 Washington, DC, 20090
Tue 5:00PM	Rush Hour (C,DISC,SPK,VM, 90), Zoom ID: 705 264 3243; Passcode: RUSHHOUR Washington, DC, 20090
Tue 5:00PM	The One Promise Group (O,DISC,WC &, 90), CCNV, Parking & entrance in back at E Street Alley, 425 2nd Street NW, Washington, DC, 20001
Tue 5:30PM	Write to Recover (DISC,STEP,VM,WR, 60), Zoom Meeting ID: 727 524 5654; Passcode: 249292 Washington, DC, 20016
Tue 6:30PM	Freedom To Change (O,PPE, 60), St Martin's Church, 1908 N Capitol St NW, Washington, DC, 20002
Tue 6:30PM	Steps to the Courthouse (C,STEP,VM, 90), Zoom ID: 994 490 7494; No Passcode Washington, DC, 20090
Tue 7:00PM	Stepping Out of Trouble into Study (SWG,VM, 90), Zoom ID: 880-6299-5493; Passcode: sotis Washington, DC, 20011
Tue 7:00PM	The Last Shall Be First (C,STEP,TRAD,PPE, 90), The Harold J. Gordon Bldg., 124 15th Street SE, Washington, DC, 20002
Tue 8:00PM	Living Life on Life's Terms (C,VM, 60), Zoom ID: 438 348 3469; Passcode: 121525 Washington, DC, 20090
Tue 8:30PM	Dupont Circle NA (0, 60), Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Avenue NW, Washington, DC, 20009
Tue 8:30PM	Fire Barrel (O,DISC,WC &,HY, 60), Zoom ID: 847 1689 8440; Passcode: step11 St. Luke's UMC, 3655 Calvert St. NW, Washington, DC, 20007
Wed 8:30AM	Early Just For Today Check-in (C,JFT,VM, 90), ID: 826 3577 8671; Passcode: 242275 Washington, DC, 20090
Wed 8:30AM	Let Go and Let God (O,STEP, 75), Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020
Wed 10:00AM	Just For Today (O,JFT,VM, 90), Zoom ID: 858 2487 7564; Passcode: Love Washington, DC, 20090
Wed NOON	Midday Meditations and Miracles (O,HY, 60), Zoom ID: 376 456 0565; Passcode: 3rvad5 Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Avenue NW, Washington, DC, 20009
Wed NOON	New Hope (O,DISC, 90), St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002
Wed NOON	Noon Time is the Right Time (C,DISC,VM, 90), Zoom ID: 932 959 7603; Passcode: 1962 Washington, DC, 20090
Wed 1:30PM	Let Go and Let God (O, 90), Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020
Wed 2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90), Zoom ID: 785 963 7766; Passcode: 1953 Washington, DC, 20090
Wed 5:00PM	Rush Hour (C,DISC,VM, 90), Zoom ID: 705 264 3243; Passcode: RUSHHOUR Washington, DC, 20090
Wed 6:00PM	The How Group (O,BEG,IP,IW,M,STEP,WC &, 90), Ambassador Baptist Church, 1412 Minnesota Ave SE, Washington, DC, 20020
Wed 7:00PM	Aging In Recovery (O,DISC,VM, 90), Zoom ID: 824 005 5286; Passcode: recovery Washington, DC, 20020
Wed 7:00PM	SW Freeway (C,WC &, 60), Westminster Presbyterian Church, Ground Level, 400 I Street SW, Washington, DC, 20024
Wed 7:00PM	Ultimate Weapons (C,STEP,TW,CPT,VM,LIT, 60), Zoom ID: 516 993 416; No Passcode Washington, DC, 20090
Wed 8:00PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90), Zoom ID: 438 348 3469; Passcode: 121525 Washington, DC, 20090
Wed 8:00PM	Step Up (O,DISC,ME,VM,LIT, 60) , Zoom ID: 858 1685 7897; Passcode: 620486 Washington, DC, 20008
Wed 8:00PM	Wednesday Night Men's Rap (Keeping it Real) (O,M,VM, 60), Zoom ID: 871 4546 0605; Passcode: 556828 Washington, DC, 20090
Wed 8:30PM	Conscious Contact Beginners (O,WC &, 60), Wesley UMC, Meeting is Upstairs; use Connecticut Ave entrance, 5312 Connecticut Avenue NW, Washington, DC, 20015
Wed 9:00PM	Miracle of Women (O,W,VM, 60), Zoom ID: 917 1964 217; Passcode 1908 Washington, DC, 20090
Thu 8:30AM	Early Just For Today Check-in (C,JFT,VM, 90), ID: 826 3577 8671; Passcode: 242275 Washington, DC, 20090
Thu 8:30AM	Let Go and Let God (O,STEP, 75), Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020
Thu 10:00AM Thu NOON	Just For Today (O,JFT,VM, 90), Zoom ID: 858 2487 7564; Passcode: Love Washington, DC, 20090 Midday Meditations and Miracles (O,HY, 60), Zoom ID: 376 456 0565; Passcode: 3rvad5 Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Avenue NW, Washington, DC, 20009
Thu NOON	New Hope (O,DISC, 90), St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002
Thu NOON	Noon Time is the Right Time (C,DISC,VM, 90), Zoom ID: 932 959 7603; Passcode: 1962 Washington, DC, 20090
Thu 1:30PM	Let Go and Let God (O, 90), Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020
Thu 2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90), Zoom ID: 785 963 7766; Passcode: 1953 Washington, DC, 20090
Thu 5:00PM	Rush Hour (C,VM,LC, 90) , Zoom ID: 705 264 3243; Passcode: RUSHHOUR Washington, DC, 20090
Thu 5:30PM	Whole Lava Love (0,VM, 60), Zoom ID: 835 0459 8692; Passcode: choirloft; Phone: 301-715-8592; Phone Passcode: 074664516 Washington, DC, 20010
Thu 6:00PM	Open Doors (O,STEP, 60), 1908 North Capital Street, NW, Washington, DC, 20002
Thu 6:30PM	Coming Out from the Bottom (O,DISC,SPK,STEP,TC,VM, 75), Zoom ID: 889 6372 8561; Passcode: 3636ga Us Helping Us, Meeting located in the basement, 3636 Georgia Ave, NW, Washington, DC, 20010
Thu 6:30PM	Steps on the Hill (O,BEG,STEP,VM,LIT, 75), Zoom ID: 775 7711 6885; Passcode: 084748 Washington, DC, 20090
Thu 6:30PM	Under New Management (C,STEP,TRAD,VM,LIT, 60), Zoom ID: 997 824 3262; No Passcode Washington, DC, 20019
Thu 7:00PM	Daily Principles (O,VM, 60), Zoom ID: 841 4747 4473; Passcode: 347743 Washington, DC, 20090
Thu 7:00PM	Meeting on the Avenue (O, 60), Wesley UMC, Library on lower level; plz use the Jenifer Street entrance, 5312 Connecticut Avenue, Washington, DC, 20015
Thu 7:00PM	Stone Soul Recovery (O, 90), Plymouth Congregation Church, 5301 North Capitol St NE, Washington, DC, 20011
Thu 8:00PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90), Zoom ID: 438 348 3469; Passcode: 121525 Washington, DC, 20090
Thu 8:30PM	Men's Rap (C,M, 60), West Side Club, 1341 Wisconsin Ave NW, Washington, DC, 20007
Thu 8:30PM	Prime Time Recovery (O,DISC,RR,HY,LC, 60), Zoom ID: 811 4418 9202; Passcode: 121212 The Festival Center, Parking behind building at 2612 Mozart Place, 1640 Columbia Road NW, Washington, DC, 20009
Fri 8:30AM	Early Just For Today Check-in (C,JFT,VM, 90), ID: 826 3577 8671; Passcode: 242275 Washington, DC, 20090
Fri 8:30AM	Let Go and Let God (O,STEP, 75), Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020
Fri 10:00AM	Just For Today (O,JFT,VM, 90), Zoom ID: 858 2487 7564; Passcode: Love Washington, DC, 20090
Fri NOON	Midday Meditations and Miracles (O,HY, 60), Zoom ID: 376 456 0565; Passcode: 3rvad5 Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Avenue NW, Washington, DC, 20009
Fri NOON	New Hope (O,DISC, 90), St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002
Fri NOON	Noon Time is the Right Time (C,DISC,VM, 90), Zoom ID: 932 959 7603; Passcode: 1962 Washington, DC, 20090
Fri 1:30PM	Let Go and Let God (0, 90), Church of the First Born, 2451 Ainger PI SE, Washington, DC, 20020
Fri 2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90), Zoom ID: 785 963 7766; Passcode: 1953 Washington, DC, 20090

	DC (CONT)	
Fri 5:00PM	Rush Hour (C,DISC,VM, 90), Zoom ID: 705 264 3243; Passcode: RUSHHOUR Washington, DC, 20090	
Fri 5:00PM	The What Can I Do Group (O,WC &,LIT, 90), CCNV, Parking & entrance in back at E Street Alley, 425 2nd Street NW, Washington, DC, 20001	
Fri 7:00PM	Aging In Recovery (O,DISC,VM, 90), Zoom ID: 824 005 5286; Passcode: recovery Washington, DC, 20020	
Fri 7:00PM	Jump Start to Recovery (O,STEP,TRAD,WC &,LIT, 90), Incarnation Catholic Church, For Everyone's protection, please wear a mask, 880 Eastern Ave, NE,	
Fri 7:00PM	Washington, DC, 20019, For Everyone's protection, please wear a mask Lighthouse (O,STEP,TRAD,WC &, 75), Israel Methodist CME Church, 557 Randolph St. NW, Washington, DC, 20011	
Fri 7:00PM	O Street Steps 123 (O, 60), SOME, Dining Hall, 71 O Street NW, Washington, DC, 20011	
Fri 7:00PM	One Step at a Time (O,STEP,TRAD,VM, 90), Zoom ID: 727 6810 6047; Passcode: 349943 Washington, DC, 20090	
Fri 7:00PM	Regardless Of Sexual Identity (C,VM, 90), Zoom ID: 452 943 0512; Passcode: 205542 Washington, DC, 20090	
Fri 7:00PM	Yellow Brick Road (O,VM, 60), Zoom ID: 821 9026 0549; No Passcode Washington, DC, 20090	
Fri 7:30PM	Clean Works (O,DISC,LIT,HY, 60), Zoom ID: 858 0344 5434; Passcode: easydoesit; Phone Passcode: 8264201235 St Thomas' Parish, 3rd Floor, 1517 18th Street NW, Washington, DC, 20036	
Fri 8:00PM	Help Somebody (O,BEG,VM, 90), Zoom ID: 893 0884 8140; Passcode: 787123 Washington, DC, 20090	
Fri 8:00PM Fri 9:00PM	Living Life on Life's Terms (C,O,DISC,STEP,VM, 90), Zoom ID: 438 348 3469; Passcode: 121525 Washington, DC, 20090 Recovery Alley (C,HY, 60), Zoom ID: 987 3916 8163; Passcode: Homegroup St Stephen's Church (corner of 16th & Newton), 1530 Newton Street NW, Washington, DC, 2019	
Fri 10:00PM Sat 7:00AM	DC, 20010 Late Nite Friday Nite (O,DISC,JFT,WC &, 75), St Alban's Church, 3001 Wisconsin Avenue NW, Washington, DC, 20016 Saturday Morning Relief (O,VM, 90), Zoom ID: 897 4991 1386; Passcode: saturday Washington, DC, 20001	
Sat 8:30AM	Early Just For Today Check-in (C,JFT,VM, 90) , ID: 826 3577 8671; Passcode: 242275 Washington, DC, 20090	
Sat 9:00AM	Better Way (O,PH,VM, 60) , Phone #: 425-436-6351; Phone Password: 344456# Washington, DC, 20090	
Sat 9:30AM	Women with a Purpose (C,IP,STEP,TRAD,VM,LIT, 90), Zoom ID: 979 1044 9558; No Passcode Washington, DC, 20020	
Sat 11:00AM	Come Clean to Stay Clean (O,PPE, 90), Emmanuel Baptist Church, Masks Required, 2409 Ainger Place SE, Washington, DC, 20020	
Sat 11:30AM	Men Under Construction (O,DISC,M,WC &, 90), United Medical Center, 1310 Southern Ave. SE, Washington, DC, 20032, Must wear a mask.	
Sat 11:30AM	Women's Rap (O,W,VM, 60), Zoom ID: 473 645 8102; Passcode: Women2021 Washington, DC, 20090	
Sat NOON	Mount Olivet Recovery (O,DISC,WC &,PPE, 90), Mount Olivet Church, 1306 Vermont Ave NW, Washington, DC, 20005, Mask required, vaccine preferred	
Sat NOON Sat 1:30PM	Women's Step and Tradition (C,STEP,TRAD,W,VM, 90), Zoom ID: 874 6272 9053; Passcode: 632923 Washington, DC, 20090 NA group at The Metropolis Club (O, 60), The Metropolis Club, 938 Rhode Island Ave, NE, Washington, DC, 20002	
Sat 2:00PM	Steppin' Into The Afternoon (C,STEP,VM, 90), Zoom ID: 785 963 7766; Passcode: 1953 Washington, DC, 20090	
Sat 6:00PM	Uptown (O,DISC, 90), Unity Baptist Church, 2706 Bladensburg Road NE, Washington, DC, 20018	
Sat 7:00PM	818 Miracles (0,STEP,TRAD,VM, 90), Zoom ID: 731 1498 4304; Passcode: 818 Washington, DC, 20001	
Sat 7:00PM	Illness In Recovery (O,VM, 60), Zoom ID: 970 781 8525; Passcode: 1HMZCm Washington, DC, 20090	
Sat 7:30PM	Hope Fiends (O,CAN,HY, 60), Zoom ID: 292 549 9011; Passcode: hope Luther Place Memorial Church, @ N Street; in the chapel, 1226 Vermont Ave NW, Washington, DC, 20005	
Sat 8:00PM	Gift of Life (O,STEP,TRAD,WC &,HY, 90), Zoom ID: 511 626 4561; No Passcode St. Martin's Church, 1908 N Capitol St NW, Washington, DC, 20002	
Sat 8:00PM	Living Life on Life's Terms (C,O,DISC,STEP,VM, 90), Zoom ID: 438 348 3469; Passcode: 121525 Washington, DC, 20090	
Sat 8:05PM	Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group (C,BT,DISC,WC &, 60), St Alban's Church, 3001 Wisconsin Ave NW, Washington, DC, 20016	
Sat 9:00PM	Miracle of Women (O,W,VM, 60), Zoom ID: 917 1964 217; Passcode 1908 Washington, DC, 20090	
	WALDORF, MARYLAND	
Mon NOON	NA In the Day (O,WC &,LC, 60), 85 Smallwood Village Center, Waldorf, Maryland, 20602	
	BELTSVILLE, MD	
Sat 5:00PM	Fear to Faith (O,WC &, 60), Emmanuel United Methodist Church, 11416 Cedar Lane, Beltsville, MD, 20705	
	BETHESDA, MD	
Sun 7:30PM Wed 7:00PM	The Alternative (O,CAN,DISC,SPK,HY, 60), Zoom ID: 114 114 644 Passcode: 016821 Trinity Lutheran Church, 11200 Old Georgetown Rd., Bethesda, MD, 20852 Fresh Air (O,BT,STEP,TRAD,WC &, 60), Cedar Lane Unitarian Universalist Church, The Chalice House (use upper parking lot), 9601 Cedar lane, Bethesda, MD,	
Thu 7:15PM	20814 Solo Por Hoy (O,ES,LIT,HY, 60), Zoom ID: 232 505 167; Passcode: 7611 Del Ray Club, Bill W. Room, 7611 Clarendon Rd, Bethesda, MD, 20814	
Fri 8:30PM	Get Down (O,VM, 60) , Zoom ID: 86570165126; Passcode: getdown Bethesda, MD, 20898	
Thu 7:30PM	BOWIE, MD	
	BOWIE, MD More Will Be Revealed (O.PPE, 75), Trinity Lutheran Church, 6600 Laurel-Bowie Rd. Bowie, MD, 20715, Masks Required.	
Sat 8:30PM	BOWIE, MD More Will Be Revealed (O,PPE, 75), Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, 20715, Masks Required. Tracks to Recovery (O,WC &, 60), Unity Place, 8610 Railroad Avenue, Bowie, MD, 20720	
Sat 8:30PM	More Will Be Revealed (O,PPE, 75), Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, 20715, Masks Required.	
Sat 8:30PM Sun 7:00PM	More Will Be Revealed (O,PPE, 75), Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, 20715, Masks Required. Tracks to Recovery (O,WC &, 60), Unity Place, 8610 Railroad Avenue, Bowie, MD, 20720	
	More Will Be Revealed (O,PPE, 75), Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, 20715, Masks Required. Tracks to Recovery (O,WC &, 60), Unity Place, 8610 Railroad Avenue, Bowie, MD, 20720 CALIFORNIA, MD	
	More Will Be Revealed (O,PPE, 75), Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, 20715, Masks Required. Tracks to Recovery (O,WC &, 60), Unity Place, 8610 Railroad Avenue, Bowie, MD, 20720 CALIFORNIA, MD Basket Case (O, 75), Patuxent Presbyterian Church, 23421 Kingston Creek Road, California, MD, 20619	
Sun 7:00PM Sun 1:00PM Sun 6:30PM	More Will Be Revealed (O,PPE, 75), Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, 20715, Masks Required. Tracks to Recovery (O,WC &, 60), Unity Place, 8610 Railroad Avenue, Bowie, MD, 20720 CALIFORNIA, MD Basket Case (O, 75), Patuxent Presbyterian Church, 23421 Kingston Creek Road, California, MD, 20619 CAPITOL HEIGHTS, MD Sunday Afternoon Meeting (O,VM, 90), Zoom ID: 202 999 2020; Passcode: hope Capitol Heights, MD, 20791 Best Step & Tradition Meeting In Town (O, 90), Greater Beulah Baptist Church, 6056 Old Central Ave, Capitol Heights, MD, 20743	
Sun 7:00PM Sun 1:00PM Sun 6:30PM Mon 7:30PM	More Will Be Revealed (O,PPE, 75), Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, 20715, Masks Required. Tracks to Recovery (O,WC &, 60), Unity Place, 8610 Railroad Avenue, Bowie, MD, 20720 CALIFORNIA, MD Basket Case (O, 75), Patuxent Presbyterian Church, 23421 Kingston Creek Road, California, MD, 20619 CAPITOL HEIGHTS, MD Sunday Afternoon Meeting (O,VM, 90), Zoom ID: 202 999 2020; Passcode: hope Capitol Heights, MD, 20791 Best Step & Tradition Meeting In Town (O, 90), Greater Beulah Baptist Church, 6056 Old Central Ave, Capitol Heights, MD, 20743 Monday Night Step (O,VM, 90), Zoom ID: 457 476 3595; Passcode: MNS Capitol Heights, MD, 20791	
Sun 7:00PM Sun 1:00PM Sun 6:30PM	More Will Be Revealed (O,PPE, 75), Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, 20715, Masks Required. Tracks to Recovery (O,WC &, 60), Unity Place, 8610 Railroad Avenue, Bowie, MD, 20720 CALIFORNIA, MD Basket Case (O, 75), Patuxent Presbyterian Church, 23421 Kingston Creek Road, California, MD, 20619 CAPITOL HEIGHTS, MD Sunday Afternoon Meeting (O,VM, 90), Zoom ID: 202 999 2020; Passcode: hope Capitol Heights, MD, 20791 Best Step & Tradition Meeting In Town (O, 90), Greater Beulah Baptist Church, 6056 Old Central Ave, Capitol Heights, MD, 20743 Monday Night Step (O,VM, 90), Zoom ID: 457 476 3595; Passcode: MNS Capitol Heights, MD, 20791 Spiritually Speaking (STEP,VM,LIT, 90), Zoom ID: 894 6057 5502; Passcode: 943360 Capitol Heights, MD, 20791	
Sun 7:00PM Sun 1:00PM Sun 6:30PM Mon 7:30PM Sat 10:00AM	More Will Be Revealed (O,PPE, 75), Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, 20715, Masks Required. Tracks to Recovery (O,WC &, 60), Unity Place, 8610 Railroad Avenue, Bowie, MD, 20720 CALIFORNIA, MD Basket Case (O, 75), Patuxent Presbyterian Church, 23421 Kingston Creek Road, California, MD, 20619 CAPITOL HEIGHTS, MD Sunday Afternoon Meeting (O,VM, 90), Zoom ID: 202 999 2020; Passcode: hope Capitol Heights, MD, 20791 Best Step & Tradition Meeting In Town (O, 90), Greater Beulah Baptist Church, 6056 Old Central Ave, Capitol Heights, MD, 20743 Monday Night Step (O,VM, 90), Zoom ID: 457 476 3595; Passcode: MNS Capitol Heights, MD, 20791 Spiritually Speaking (STEP,VM,LIT, 90), Zoom ID: 894 6057 5502; Passcode: 943360 Capitol Heights, MD, 20791 CHAPTICO, MD	
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Sun 7:00PM Sun 1:00PM Sun 6:30PM Mon 7:30PM Sat 10:00AM Thu 7:30PM Fri 8:00PM Sat 10:00AM Sun 6:00PM Tue 7:30PM Sun 10:00AM Sun 11:00AM Fri 9:00PM	More Will Be Revealed (O,PPE, 75), Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, 20715, Masks Required. Tracks to Recovery (O,WC &, 60), Unity Place, 8610 Railroad Avenue, Bowie, MD, 20720 CALIFORNIA, MD Basket Case (O, 75), Patuxent Presbyterian Church, 23421 Kingston Creek Road, California, MD, 20619 CAPITOL HEIGHTS, MD Sunday Afternoon Meeting (O,VM, 90), Zoom ID: 202 999 2020; Passcode: hope Capitol Heights, MD, 20791 Beest Step & Tradition Meeting in Town (O, 90), Greater Beulah Baptist Church, 6056 Old Central Ave, Capitol Heights, MD, 20743 Monday Night Step (O,VM, 90), Zoom ID: 457 476 3595; Passcode: MNS Capitol Heights, MD, 20791 Spiritually Speaking (STEP,VM,LIT, 90), Zoom ID: 894 6057 5502; Passcode: 943360 Capitol Heights, MD, 20791 Chaptico Under The Stars (O, 60), Christ Episcopal Church, 37497 Zach Fowler Road, Chaptico, MD, 20621 CHESAPFAKE BEACH, MD One Line At a Time (O,CH,DISC,VAR,WC &,ENG, 75), Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach, MD, 20732 Healthy Relationships (CH,DISC,WC &,ENG, 90), Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach, MD, 20732 CHEVY CHASE, MD Talking Heads (O,DISC,WC &, 60), Chevy Chase UMC, Please use parking lot entrance, 7001 Connecticut Ave, Chevy Chase, MD, 20815 CLINTON, MD Women Do Recover (O,W,WC &,LIT, 90), Hope Lutheran Church, 6201 Coventry Way, Clinton, MD, 20735 CLINTON, MD Breakfast Club (O,VAR,WC &, 60), 4912 Nantucket Road, College Park, MD, 20740 COLUMBIA, MD Starting Over (O,VAR,WC &, 60), Serenity Center, 8650 Basket Ring Rd, Columbia, MD, 21045 BISTRICT HEIGHTS, MD	

MD (CONT) FORT WASHINGTON, MD Keep Coming Back (O,SPAD, 90), Capitol Allentown Baptist Church, 7911 Allentown Road, Fort Washington, MD, 20744 Tue 7:15PM Wed 7:00PM Bright Hope Group (O,STEP,TRAD,LIT,LC, 75), Carolina Baptist Church, 9901 Allentown Rd, Fort Washington, MD, 20744 FREDERICK, MD Sun 11:30AM Sunday Morning NA (O,JFT, 60), The Club, 205B Bucheimer Rd, Frederick, MD, 21701 Sun 6:30PM Just For Today (C,SPK,STEP,TRAD, 75), Trinity United Methodist Church, 703 W Patrick St, Frederick, MD, 21701 Mon NOON Noon Group (O, 60), Grace United Church, 25 E 2nd street, Frederick, MD, 21701, Limited capacity Monday Night Miracles by Candlelight (O,WC &,LIT, 60), Good Shepherd Lutheran Church, 1415 W 7th Street, Frederick, MD, 21702 Mon 7:00PM Mon 8:00PM Back To Basics (O,IW,WC &, 60), Community Action Agency, 100 S. Market St, Frederick, MD, 21701, formerly called Late But Straight **Tue NOON** Noon Group (O, 60), Grace United Church, 25 E 2nd street, Frederick, MD, 21701 Vision of Hope (O,VAR,HY, 60), Zoom ID: 8108397960; Passcode: 287829 All Saints Episcopal Church, 106 W Church St, Frederick, MD, 21701, Limited capacity Tue 7:00PM **Wed NOON** Noon Group (O, 60), Grace United Church, 25 E 2nd street, Frederick, MD, 21701, Limited capacity Wed 7:00PM Principles Before Personalities (0,WC &, 60), Community Action Agency, 100 S. Market St, Frederick, MD, 21701 Thu NOON Noon Group (O, 60), Grace United Church, 25 E 2nd street, Frederick, MD, 21701, Limited capacity Thu 7:00PM Inner City (O,STEP,WC &, 60), Community Action Agency, 100 S. Market St, Frederick, MD, 21701 Thu 7:00PM Sisters in Serenity (W,HY, 60), Zoom ID: 89272012984; Passcode: 830057 Grace United Church Of Christ, 25 East 2nd Street, Frederick, MD, 21701 Thu 7:30PM Thursday Night Candlelight (O, 60), St Joseph's Church (the old church), 5843 Manor Woods Rd, Frederick, MD, 21717 Noon Group (O, 60), Grace United Church, 25 E 2nd street, Frederick, MD, 21701, Limited capacity Fri NOON Fri 7:30PM We Do Recover (0,TOP, 60), Frederick Church of Christ, 1305 N Market St, Frederick, MD, 21701, The last Friday of the month is a speaker meeting. Sat 10:00AM Can't Do It Alone (O,DISC,IP,JFT,STEP,W,WC &,VM, 90), Zoom ID: 8108397960; Passcode: 287829 Frederick, MD, 21705 Sat 10:00AM Kickin' It Raw (O,M,VM, 90), Zoom ID: 9853773041; Passcode: MANUP. Frederick, MD, 21705 Sat NOON Noon Group (O, 60), Grace United Church, 25 E 2nd street, Frederick, MD, 21701, Limited capacity Sat 7:00PM Up in Smoke (VAR,TRAD,WC &, 60), Community Action Agency, 100 S. Market St, Frederick, MD, 21701 Sat 8:00PM Saturday Night Special (O,WC &, 60), Good Shepherd Lutheran Church, 1415 W 7th St, Frederick, MD, 21702 GAITHERSBURG, MD Sun NOON Progress in NA (O,STEP,TRAD,VM, 90), Zoom ID: 973 466 3601 Passcode: 875711 Gaithersburg, MD, 20898 Sun 6:00PM Topic of Cancer (O,VAR,VM, 60), Zoom ID: 861 6976 9680; Passcode: TopicOC Gaithersburg, MD, 20898 Today's Recovery (O,DISC,WC &, 60), Seneca Creek Community Church, 13 Firstfield Rd, Gaithersburg, MD, 20878 Sun 7:30PM Freedom in the Village (O,DISC,JFT,VM, 60), Zoom ID: 823 5857 7621, Passcode: 685408 Gaithersburg, MD, 20886 Mon 7:30AM Freedom in the Village (O,HY, 60), Zoom ID: 823 5857 7621 Passcode: 685408 Christ the Servant Lutheran Church, 9801 Centerway Rd, Gaithersburg, MD, 20886 Mon NOON Mon 6:00PM Béisbol (Persona, Dios, Sociedad, Servicio) (O,ES,JFT,LIT,HY, 60), Zoom ID: 831 7185 1799; Passcode: 152608 Emory Grove UM Church, 8200 Emory Grove Rd, Gaithersburg, MD, 20877 Step Working Addicts Group (O,DISC,IW,SWG,STEP,VM, 60), Zoom ID: 843 0163 1904; Passcode: 12Steps Gaithersburg, MD, 20898 Mon 7:15PM Mon 8:00PM Oasis (O,BEG,BT,STEP,LIT, 60), Prince of Peace Lutheran Church, 11900 Darnestown Rd, Gaithersburg, MD, 20878 Mon 8:00PM Stayin' Alive (O,STEP,VM, 60), Zoom ID: 862 2444 3740; Passcode: NArocks Gaithersburg, MD, 20898 Freedom in the Village (O,DISC,JFT,VM, 60), Zoom ID: 823 5857 7621, Passcode: 685408 Gaithersburg, MD, 20886 Tue 7:30AM **Tue NOON** Freedom in the Village (O,HY, 60), Zoom ID: 823 5857 7621 Passcode: 685408 Christ the Servant Lutheran Church, 9801 Centerway Rd, Gaithersburg, MD, 20886 Tue 7:30PM All About Change (O,WC &, 90), Seneca Creek Community Church (please use front entrance), 13 Firstfield Rd, Gaithersburg, MD, 20878 Tue 8:00PM Carrying the Message (O,VM, 60), Zoom ID: 862 2444 3740; Passcode: NArocks Gaithersburg, MD, 20898 Wed 7:30AM Freedom in the Village (O,DISC,VM,LIT, 60), Zoom ID: 823 5857 7621; Passcode: 685408 Gaithersburg, MD, 20886 Wed NOON Freedom in the Village (O,HY, 60), Zoom ID: 823 5857 7621 Passcode: 685408 Christ the Servant Lutheran Church, 9801 Centerway Rd, Gaithersburg, MD, 20886 Wed 7:30PM Gentleman's Club (C,JFT,M, 60), Epworth UMC, 9008 Rosemont Dr, Gaithersburg, MD, 20877 Wed 8:00PM Another Way (O,PPE, 60), Prince of Peace Lutheran Church, Small building in back;, 11900 Darnestown Road, Gaithersburg, MD, 20878 Thu 7:30AM Freedom in the Village (O,DISC,JFT,VM, 60), Zoom ID: 823 5857 7621, Passcode: 685408 Gaithersburg, MD, 20886 Thu NOON Freedom in the Village (O,WC &, PPE, HY, 60), Zoom ID: 823 5857 7621 Passcode: 685408 Christ the Servant Lutheran Church, Mon- Fri, 9801 Centerway Rd, Gaithersburg, MD, 20886 Thu 7:30PM She Do Recover (O,DISC,W,VM, 60), Zoom ID: 829 2967 3668; Passcode: 8675309 Gaithersburg, MD, 20898 Thu 8:00PM Crossroads (O,VM, 60), Zoom ID: 551 384 252; Passcode: 297348 Gaithersburg, MD, 20898 Thu 8:30PM Stepping Free (O,STEP, 60), Fairhaven UMC, 12801 Darnestown Rd, Gaithersburg, MD, 20878 Fri 7:30AM Freedom in the Village (O,DISC,JFT,VM, 60), Zoom ID: 823 5857 7621, Passcode: 685408 Gaithersburg, MD, 20886 Fri NOON Freedom in the Village (O,HY, 60), Zoom ID: 823 5857 7621 Passcode: 685408 Christ the Servant Lutheran Church, 9801 Centerway Rd, Gaithersburg, MD, 20886 Fri 7:30PM Upcounty NA (O,PPE, 90), Emory Grove UM Church, Masks are required., 8200 Emory Grove Rd, Gaithersburg, MD, 20877 Fri 8:00PM Live and Let Live (O,LIT, 60), Fairhaven UMC, 12801 Darnestown Rd, Gaithersburg, MD, 20878 Sat 11:00AM Share On Saturday (O,VM, 60), Zoom ID: 803 910 502; Passcode: share Gaithersburg, MD, 20898 Good Stuff (O,VM, 60), Zoom ID: 882 8490 9775; Passcode: 717012 Gaithersburg, MD, 20898 Sat 3:00PM Sat 6:00PM Fresh Start (O,WC &,LIT, 75), Prince of Peace Lutheran Church, 11900 Darnestown Rd, Gaithersburg, MD, 20878 Sat 7:00PM A Good Deal (O,DISC,VM, 60), Zoom ID: 769 038 042; Passcode: 8675309 Gaithersburg, MD, 20898 Sat 7:00PM Saturday Night Living Clean (O,LIT,LC, 60), The Freedom Center, Enter on side of building, 202 Perry Pkwy. Suite #5, Gaithersburg, MD, 20877, Read from Living GERMANTOWN, MD Sun 6:00PM Let it Shine (Women's Meeting) (C,W,LIT, 60), Mother Seton Parish, Meeting in the basement; take stairs left of sanctuary; follow around to room # St. Josephs 19951 Father Hurley Blvd, Germantown, MD, 20874, Closed for Easter, Christmas Eve, Christmas Day, New Year's Eve, New Year's Day **GLENARDEN, MD** Firm Believers (O,WC &, 90), Glenarden Town Hall (1st FIr.), 8600 Glenarden Pkwy, Glenarden, MD, 20706 Tue 7:00PM Wed 7:00PM New Wave (O,STEP,TRAD,WC &, 90), Glenarden City Hall, Downstairs, 8600 Glenarden Parkway, Glenarden, MD, 20706 GREENBELT, MD Sun 10:00AM Virtual Breakfast Club (SPK,VM,LIT, 60), Zoom ID# 878 4829 2214; Passcode: 4912Donuts Greenbelt, MD, 20770 Sun 4:30PM The Living Clean Group (O,WC &,VM,LIT, 90), Zoom ID: 819 6121 9682; Passcode: LvClean Greenbelt, MD, 20770 Mon 10:00AM Ladies in Recovery (JFT,SPK,W,Y,VM, 60), Zoom ID: 803 826 655; No Passcode Greenbelt, MD, 20770 Mon 7:00PM Hope Fiends (O,BEG,WC &,VM, 75), Zoom ID: 329 527 2677; Passcode: 8W2UGA Greenbelt, MD, 20770 Mon 7:00PM It Works: How and Why (C, WC &, 90), Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD, 20770 Ladies in Recovery (JFT,SPK,W,Y,VM, 60), Zoom ID# 803 826 655; No Passcode Greenbelt, MD, 20770 Tue 10:00AM Tue 7:00PM Women Living Clean (C,DISC,SPK,W,VM,LIT, 90), Zoom ID: 876 8758 1084; Passcode: 766458 Greenbelt, MD, 20770 Tue 7:30PM AWOL (O,BT,DISC,IW,JFT,STEP,TRAD,WC &, 60), Greenbelt Step Club, 143 Centerway Rd., Greenbelt, MD, 20768 Wed 10:00AM Ladies in Recovery (JFT,SPK,W,Y,VM, 60), Zoom ID# 803 826 655; No Passcode Greenbelt, MD, 20770 Thu 10:00AM Ladies in Recovery (JFT,SPK,W,Y,VM, 60), Zoom ID# 803 826 655; No Passcode Greenbelt, MD, 20770 Thu 7:00PM Gateway to Recovery (O,STEP,TRAD,VM, 90), Zoom ID: 395 553 318; Passcode: 1957 Greenbelt, MD, 20770 Just For Today (O,WC &,VM, 60), Zoom ID: 702 155 242; No Passcode Greenbelt, MD, 20770 Thu 7:00PM Fri 10:00AM Ladies in Recovery (JFT,SPK,W,Y,VM, 60), Zoom ID# 803 826 655; No Passcode Greenbelt, MD, 20770

	MD (CONT)
Fri 7:00PM	Friday Nite Live (C,WC &, 75), Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD, 20770
Fri 8:00PM	New Start (O,VM, 60), Zoom ID: 168 147 906; Passcode: 005762 Greenbelt, MD, 20770
Sat 10:00AM	Ladies in Recovery (SPK,W,Y,VM, 60), Zoom ID# 803 826 655; No Passcode Greenbelt, MD, 20770
Sat 7:00PM	Gut Bucket (O,WC &,VM, 60), Zoom ID: 973-466-3601; Passcode 875711 Greenbelt, MD, 20770
	HUNTINGTOWN, MD
Sun 7:30PM	Another Chance (O,WC &,PPE, 60), St. Nicholas Lutheran Church, 1450 Plum Pl. Rd., Huntingtown, MD, 20639
Sat 6:00PM	Stick and Stay (O,VAR,SPK,TOP,WC &, 60), Life Church, 35 Cox Rd, Huntingtown, MD, 20639
	HYATTSVILLE, MD
Sun 7:00PM	Small Wonders (DISC,JFT,STEP,TRAD,WC &, 60), University Christian Church, 6800 Adelphi Rd, Hyattsville, MD, 20782
Sat NOON	Just for Today (0,WC &, 60), The 180 Club, 4318 Hamilton Ave, Hyattsville, MD, 20781
Thu 7:00PM	INDIAN HEAD, MD Indian Heads (BT,WC &,LIT, 60), St James Episcopal Church, 7 E Potomac Ave, Indian Head, MD, 20640
THU 7:00PM	JEFFERSON, MD
Tue 5:30PM	Rush Hour Recovery (O,DISC,WC &,LIT, 60), Jefferson United Methodist Church, 3882 Jefferson Pike, Jefferson, MD, 21755
Tue 5.50FM	KENSINGTON, MD
Fri 7:00PM	Older Toddlers (O,WC &,HY, 60), Zoom ID: 903443801; Passcode: Recovery12 Christ Episcopal Church, Parking lot is off Everett St. Meeting is in the Basement.,
111 7.00FM	4001 Franklin Street, Kensington, MD, 20895
	LA PLATA, MD
Tue 7:30PM	Off Campus Recovery (O,WC &, 60), First Baptist Church of La Plata, 9070 Hawthorne Rd, La Plata, MD, 20646
	LAUREL, MD
Mon 7:30PM	Laurel Basics 1-2-3 (O, 60), Holy Trinity Lutheran Church, Meeting is in the basement, 7607 Sandy Spring Rd, Laurel, MD, 20707
Tue 7:00PM	Just Relationships (O,WC &,PPE, 75), Laurel Municipal Pool, 901 Main St, Laurel, MD, 20707
Tue 7:30PM	Serenity on Sandy Spring (O,BT,DISC,SPK,STEP,TOP, 60), Holy Trinity Church, Meeting in Basement, 7607 Sandy Spring Road, Laurel, MD, 20707
Wed 7:00PM	STAR (0, 75) , First UMC (5th St), 424 Main St, Laurel, MD, 20707
Thu 6:45PM	Spiritual Awakenings (O,WC &, 75), First Methodist Church of Laurel, 424 Main St, Laurel, MD, 20707
Fri 7:00PM	Miracles on Main Street (O,WC &,PPE, 60), St. Philips Episcopal Church, 522 Main Street, Laurel, MD, 20707
Fri 7:30PM Fri 9:00PM	Walk The Walk (O,WC &, 60), Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel, MD, 20708 Drawn Together (ME, 60), Holy Trinity Lutheran Church, 7607 Sandy Spring Rd., Laurel, MD, 20707, Art and Meditation Meeting
Sat 7:00PM	HOW Group (O,DISC,WC &, 60), St Mary's School, 106 St. Mary's Place, Laurel, MD, 20707
	LEONARDTOWN, MD
Mon 7:00PM	Cover To Cover (O,WC &, 75), 21549 Point Lookout Rd, Leonardtown, MD, 20650
Tue 7:00PM	Living Clean (O,WC &, 60), St Paul's UM Church, Classroom #8, 25550 Point Lookout Rd, Leonardtown, MD, 20650
Sat 7:00PM	It's A We Thing (O,WC ఓ, 75), St Paul's UMC, Brubecker Hall, 25550 Point Lookout Rd, Leonardtown, MD, 20650
	LEXINGTON PARK, MD
Wed 7:30PM	Life Support (O,WC &, 60), Trinity Lutheran Church, 46707 Shangri La Drive, Lexington Park, MD, 20653
Thu 6:00PM	New Life Ahead (O,CW,WC &,Y, 60), The Cove, 46940 S. Shangri-la Dr, Lexington Park, MD, 20653
Thu 7:00PM	Outsiders (O,WC &, 60), Trinity Lutheran, 46707 S Shangri-La Dr, Lexington Park, MD, 20653
Fri 7:05PM Fri 9:30PM	7:07 (O, 60), Trinity Lutheran Church (at S Essex), 46707 S Shangri La Dr, Lexington Park, MD, 20653 Another Late Night (O,DISC,STEP,TRAD, 60), Good Samaritan Lutheran Church, 20850 Langley Rd, Lexington Park, MD, 20653
111 9.50FM	LUSBY, MD
Tue 7:30PM	Lusby Recovery (O, 60), South Community Center, 20 Appeal Lane, Lusby, MD, 20657
1 de 71501 M	MONTGOMERY VILLAGE, MD
Wed 7:30PM	Never Alone (O,CAN,WC &,LIT, 75), Christ the Servant Lutheran Church, Mont. Village Ave & Centerway Rd, 9801 Centerway Rd, Montgomery Village, MD, 20886
	MT AIRY, MD
Thu 7:30PM	Off the Beaten Path (O, 60), St. James Episcopal Church (around back), 1307 N Main St, Mt Airy, MD, 21771
Sat 7:30PM	Off the Beaten Path 2 (O,VM, 60), Zoom ID: 862 2444 3740; Passcode: NArocks Mt Airy, MD, 21771
	NANJEMOY, MD
Tue 3:00PM	Hope in the Woods (O,WC &, 60), Nanjemoy Community Center, 4375 Port Tobacco Road, Nanjemoy, MD, 20662
	OXON HILL, MD
Thu 7:00PM	Steps to Life (0, 90), Oxon Hill United Methodist Church, 6400 Livingston Road, Oxon Hill, MD, 20745
	POMFRET, MD
Sun 7:30PM	Stepping Into Traditions & Concepts (O, 75), St Joseph's Church, 4590 St Joseph Way, Pomfret, MD, 20675
	PRINCE FREDERICK, MD
Thu 7:00PM	Hope Fiends (O, 60), New Life Church, 3170 German Chapel Rd, Prince Frederick, MD, 20678
	ROCKVILLE, MD
Sun 8:00AM	Squeaky Clean (O,DISC,HY, 60), Zoom ID: 828 8288 3957; No Passcode AISH Learning Center, 11418 Old Georgetown Rd, Rockville, MD, 20852
Mon 7:00PM	Illness in Recovery (O,WC &,Y, 60), Millian Memorial UMC, 13016 Parkland Dr, Rockville, MD, 20853
Tue 5:00PM	New Way of NA (O, 60), Rockville Metro Club, Upstairs, 12319 Washington Ave, Rockville, MD, 20852
Wed 7:30PM	Wednesday's Willingness (O,HY, 90), Zoom ID: 800 990 800; Passcode: 016212 Rockville Courthouse, Lower Level, 30 Courthouse Square G-1, Rockville, MD, 20850
Thu 7:30PM	Serenity in the Park (O,BEG,SPK,SWG,STEP,TRAD,LIT,PPE, 90), Mt Calvary Baptist Church, 608 N Horners Ln, Rockville, MD, 20850
	SAVAGE, MD
Sun 7:30PM	Savage Survivors (O,WC &, 60), Savage UMC, 9050 Baltimore St, Savage, MD, 20763
Wed 7:00PM	Back to the Basics (O,WC &, 60), Savage UMC, 9050 Baltimore St, Savage, MD, 20763
	SILVER SPRING, MD
Mon NOON	NA at Noon (O,JFT,WC &,HY, 60), Zoom ID: 889 4686 0935; No Passcode Christ Congregational Church (Mon-Fri), 9525 Colesville Rd, Silver Spring, MD, 20901
Mon 7:00PM	Monday Miracles (BEG,STEP, 75), Montgomery Hills Baptist Church, 9727 Georgia Ave, Silver Spring, MD, 20910
Tue NOON	NA at Noon (O,JFT,WC &,HY, 60), Zoom ID: 889 4686 0935; No Passcode Christ Congregational Church (Mon-Fri), 9525 Colesville Rd, Silver Spring, MD, 20901
Tue 6:30PM	Life On Life's Terms (O,DISC,WC &,LIT,HY, 60), Zoom ID: 813 7819 6442; Passcode: 862738 The Episcopal Church of the Transfiguration, 13925 New Hampshire
Tue 7:00PM	Avenue, Silver Spring, MD, 20904 Women Do Recover (O,BT,DISC,STEP,W,WC &, 60), Montgomery Hills Bapist Church, Rear Door, Room 133, 9727 Georgia Avenue, Silver Spring, MD, 20919
. 40 / 1001 11	NA at Noon (O,JFT,WC &,HY, 60), Zoom ID: 889 4686 0935; No Passcode Christ Congregational Church, Mon-Fri, 9525 Colesville Rd, Silver Spring, MD, 20901
Wed NOON	NA dt Nooil (O,JF1,WC &, F1, OO), 20011 ID, 003 4000 0355. No Fasscoue Cllist Colluleudiolidi Cliufcii. Moli-F1. 3525 Colesville Na. Silver Soliidi. Mis. 20301
Wed NOON Wed 7:30PM	People's Recovery (O,WC &,HY, 60), Zoom ID: 878 0419 2075; Passcode: 659058 The Episcopal Church of the Transfiguration, 13925 New Hampshire Avenue,

	MD (CONT)		
Thu 8:00PM	Making A Difference (O,WC &, 60), Silver Spring Christian Reformed Church, 1501 Arcola Ave., Silver Spring, MD, 20902		
Fri NOON	NA at Noon (O,JFT,VM, 60), Zoom ID: 889 4686 0935; No Passcode Silver Spring, MD, 20901, Meeting is Hybrid M-Th; Virtual only on Friday		
Sat NOON	Free Yourself (O,DISC,JFT,WC &, 60), Woodside UMC, Enter in Back. Door Code: 82911, 8900 Georgia Ave, Silver Spring, MD, 20910		
Sat 7:00PM	Speakeasy (O,DISC,VAR, 90), Woodside UMC, 8900 Georgia Ave, Silver Spring, MD, 20910		
	ST LEONARD, MD		
Mon 7:00PM	Seeds of Serenity (O,BT, 60), Crossroads Church, 150 Ball Rd, St Leonard, MD, 20685		
14011 71001 14	SUITLAND, MD		
Th., 7,00DM			
Thu 7:00PM	Restored To Sanity (O, 90), Good Samaritan Mission Church, 4409 Arnold Rd, Suitland, MD, 20746		
	SUNDERLAND, MD		
Wed 7:00PM	Tower of Power (O,WC &, 60), Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd, Sunderland, MD, 20689, Maximum 18 people		
	TEMPLE HILLS, MD		
Sun 7:00PM	Closed Sunday (C,WC &, 90), Our Savior Lutheran Church, 4915 St. Barnabas Rd, Temple Hills, MD, 20748		
Fri 7:30PM	Living the Program Men's Rap (O,M,PPE, 90), The Church of the Great Anointing, 3710 Riviera St, Temple Hills, MD, 20748, Masks Are Recommended		
Sat NOON	Keep It Simple (O,WC &,LIT, 90), St. Barnabas Episcopal Church, 5203 Saint Barnabas Rd, Temple Hills, MD, 20748		
	WALDORF, MD		
Man 7:00DM	Time To Change (O, 60), Lifestream Church of the Nazarene, 5105 Leonardtown Rd, Waldorf, MD, 20601, First Mon Literature, Last Monday JFT		
Mon 7:00PM			
Wed 7:00PM	Positive Alternative (0,WC &, 60), Good Samaritan Church (Near Rt. 5 N/Billingsley Rd.), 13025 Good Samaritan Dr, Waldorf, MD, 20601		
Thu NOON	12 at 12 (0, 60), Great Escape Recovery Lounge, 85 High Street, Waldorf, MD, 20602		
Thu 7:00PM	More Alike Than Different (O,WC &, 60), Great Escape Recovery Lounge, 85 High St, Waldorf, MD, 20602 City Yourself A Break (O LET VAR SPK STER TRAD, 60), Good Sampriton Church, 13035 Good Sampriton Dr., Waldorf, MD, 20601		
Fri NOON	Give Yourself A Break (O,JFT,VAR,SPK,STEP,TRAD, 60), Good Samaritan Church, 13025 Good Samaritan Dr., Waldorf, MD, 20601		
Fri 7:30PM	Work 'Em Or Die (O,WC &, 75), Good Samaritan Presbyterian Church, 13025 Good Samaritan Dr, Waldorf, MD, 20601		
Sat NOON	Women In Recovery (0,W, 60), Great Escape Recovery Lounge, 85 High Street, Waldorf, MD, 20602		
Sat 7:00PM	Making Miracles (O,DISC,WC &, 90), Good Shepherd Church, 305 Smallwood Dr, Waldorf, MD, 20602		
Sat 10:00PM	Candlelight (SPK,WC &, 60), Good Shepherd Church, 305 Smallwod Dr, Waldorf, MD, 20602		
	ALEXANDRIA, VA		
Sun 10:00AM	NA in Delray (O,WC &,PPE,HY, 90), Zoom ID: 873 4446 3412; Passcode: 1991 Department of Community & Human Services (DCHS), Conference Center, 1st Floor,		
	4850 Mark Center Drive, Alexandria, VA, 22311		
Sun 7:00PM	Another Look (O,WC &, 60), Franconia United Methodist Church, 6037 Franconia Rd, Alexandria, VA, 22151		
Mon 7:00PM	In The Heart Of (0, 90), Charles Houston Recreation Center, 901 Wythe St, Alexandria, VA, 22314		
Tue 7:00PM	NA in LA (O,WC &,PPE,HY, 90), Zoom ID: 533 129 809; Passcode: NALA Lee Center, 1108 Jefferson St, Alexandria, VA, 22314		
Tue 8:00PM	Just for Tonight (O,JFT, 75), Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA, 22310		
Wed 7:30PM	Came to Believe (O,PPE, 60), Cameron United Methodist Church, 3130 Franconia Rd, Alexandria, VA, 22310		
Thu 8:00PM	So Happy It's Thursday (O,PPE, 60), Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA, 22150		
Fri 7:00PM	Recovery on the South Side (O,WC &, 90), Lee Center, 1108 South Jefferson Street, Alexandria, VA, 22314		
Sat 11:00AM	Sisters in Recovery (O,W, 90), Fairlington Presbyterian Church, 3846 King Street, Alexandria, VA, 22302		
Sat 6:00PM	Welcome Home (O,LIT,PPE, 60), Bush Hill Presbyterian Church, 4916 Franconia Rd, Alexandria, VA, 22310		
	ANNANDALE, VA		
Tue 6:30PM	The Basics Group (O,BT, 60), Annandale United Methodist Church, Door #2. Turn left down the hallway. Last room on the left., 6935 Columbia Pike, Annandale, VA,		
Tue 6:30PM	·		
Tue 6:30PM	The Basics Group (O,BT, 60), Annandale United Methodist Church, Door #2. Turn left down the hallway. Last room on the left., 6935 Columbia Pike, Annandale, VA,		
	The Basics Group (O,BT, 60), Annandale United Methodist Church, Door #2. Turn left down the hallway. Last room on the left., 6935 Columbia Pike, Annandale, VA, 22003 ARLINGTON, VA		
Mon 7:00PM	The Basics Group (O,BT, 60), Annandale United Methodist Church, Door #2. Turn left down the hallway. Last room on the left., 6935 Columbia Pike, Annandale, VA, 22003 ARLINGTON, VA Covid Soldiers (O,PPE, 90), Arlington Assembly of God, Masks Required, 4501 N. Pershing Dr., Arlington, VA, 22203		
	The Basics Group (O,BT, 60), Annandale United Methodist Church, Door #2. Turn left down the hallway. Last room on the left., 6935 Columbia Pike, Annandale, VA, 22003 ARLINGTON, VA Covid Soldiers (O,PPE, 90), Arlington Assembly of God, Masks Required, 4501 N. Pershing Dr., Arlington, VA, 22203 Bring Your Stepwork (C,STEP, 60), Our Lady of Lourdes Catholic Church, Parish hall Lower Level RM#6 - Does not meet on Federal Holiday's or Easter Monday, 800		
Mon 7:00PM	The Basics Group (O,BT, 60), Annandale United Methodist Church, Door #2. Turn left down the hallway. Last room on the left., 6935 Columbia Pike, Annandale, VA, 22003 ARLINGTON, VA Covid Soldiers (O,PPE, 90), Arlington Assembly of God, Masks Required, 4501 N. Pershing Dr., Arlington, VA, 22203		
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F.: NOON	VA (CONT)		
Fri NOON	Noon Meeting (O,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Herndon, VA, 20170		
Fri 8:00PM	I'm Somebody (O,VM, 60), Zoom ID: 449 215 767; Passcode: 703 Herndon, VA, 20172		
Sat NOON	Noon Meeting (O,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Herndon, VA, 20172		
	LEESBURG, VA		
Mon 7:00PM	Now What? (WC &, 60), Loudoun Club 12, 58 Sycolin Rd., SE, Leesburg, VA, 20175		
	MANASSAS, VA		
Sun NOON	Recovidery (O,DISC,JFT,VM, 60), ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20110		
Sun 7:00PM	Living In The Solution (O,VAR,SPK,STEP,WC &,HY, 75), Zoom ID: 568 046 8023; Passcode: 121212 Immanuel Anglican Church, 7075 Hoadly Rd, Manassas, VA, 20112		
Sun 7:00PM	Sunday Funday (O,DISC,SPK,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20110		
Sun 9:00PM	Sunday Night Meeting (O,BT,DISC,IW,VAR,SPK,VM,LIT, 60), ID: 822 228 0011; Passcode: 121212 Manassas, VA, 20109		
Mon NOON	High Noon (O,BEG,DISC,WC &, 60), Jean McCoy Conference, 7987 Ashton Ave., Manassas, VA, 20109		
Mon NOON	Recovidery (O,DISC,JFT,VM, 60) , Zoom ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20110		
Mon 8:30PM	Getting Centered (O,DISC,VM,LIT, 60), Zoom ID: 837 7972 7742; No Passcode Manassas, VA, 20110		
Tue NOON	Recovidery (O,DISC,JFT,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20110		
Tue 8:00PM	Just For Today (O,CW,STEP,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20111		
Wed NOON	Recovidery (O,DISC,JFT,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20110		
Wed 8:30PM	Welcome Home (O,DISC,VAR,F2F,LIT, 60), Bull Run UUC, @Church Street, downstairs. Door autolocks@8:45. Latecomers tap on window., 9350 Main St, Manassas, VA, 20110		
Thu NOON	Recovidery (O,DISC,JFT,VM, 60), Zoom Meeting ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20110		
Thu 7:00PM	New Found Hope (O,BEG,BT,DISC,SPK,VM, 60), Zoom ID: 822 228 0011; Passcode: 121212 Manassas, VA, 20111		
Fri NOON	Recovidery (O,DISC,JFT,VM, 60), Zoom ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20110		
Fri 6:30PM	Gimmee Shelter (O,DISC,IW,JFT,F2F,PPE, 60), Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA, 20110		
Fri 8:30PM	Keep It Simple (O,BT,DISC,SPK,F2F, 60), Bull Run UUC, At Church Street, downstairs, Door autolocks at 8:45 Latecomers tap on window, 9350 Main St, Manassas, VA, 20110		
Sat NOON	Recovidery (O,DISC,IFT,VM, 60). Zoom ID: 962 211 7089; Passcode: 169422 Manassas, VA, 20110		
Sat 7:00PM	Destination Hope (O,SPK,F2F,PPE, 60), Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA, 20110		
	MCLEAN, VA		
Tue 6:30PM	NA Farsi (O,PER,HY, 60), Zoom ID: 822 6895 7935; Passcode: 267059; This meeting is ONLY spoken in FARSI St Dunstan's Episcopal Church, 1830 Kirby Road, McLean, VA, 22101		
	PURCELLVILLE, VA		
Fri 7:00PM	Out Of The Grip (DISC,JFT,WC &,LIT, 60), Bethany United Methodist Church, main church bldg lower level - 10/20, 12/23, 02/16, 04/12 will meet accross the street at a restaurant, 100 Main Street, Purcellville, VA, 20132		
	RESTON, VA		
Sun 10:30AM	To Tell The Truth (O,WC &, 60), Community Center (Hunters Woods), Room 6, 2310 Colts Neck Rd., Reston, VA, 20191		
	SPRINGFIELD, VA		
Wed 6:30PM Sat 6:45PM	Women Do Recover (W,PPE,HY, 60), Zoom ID: 842 4803 8677; Passcode: 999612 Springfield Church of Christ, 7512 Old Keene Mills Rd, Springfield, VA, 22150 Free Yourself (O,WC &,PPE,HY, 75), Zoom ID: 962 211 7089; Passcode: 169422 Independence Club, 7043 Wimsatt Rd, Springfield, VA, 22151		
	STERLING, VA		
Mon 6:30PM	Exact Nature Men's Meeting (O,M,WC &, 75), Riverside Presbyterian Church, 21631 Ridgetop Circle, Ste 100, Sterling, VA, 21066		
Mon 8:00PM	Free To Live (O,WC &, 60), St. Matthew's Episcopal Church (Trailer), 201 E. Frederick Dr., Sterling, VA, 20164		
Tue 8:00PM	New Attitudes (O,WC &, 60), Sterling United Methodist Church (side building), 304 E. Church Rd., Sterling, VA, 20164		
Wed 7:00AM	The Early Cup of Recovery (DISC,VM, 60), ZOOM: 893 6775 9854 PASS: 946130 Sterling, VA, 21065		
Wed 5:30PM	No Matter What (VM,LC, 60), Zoom ID: 795 467 25226; Passcode: jmDcW0 Sterling, VA, 21065		
Wed 8:00PM	We Made It! (**starting April 3rd 2024 **) (O,DISC,W,WC &, 60), St. Matthew's Episcopal Church, 201 E. Frederick Dr., Sterling, VA, 20164		
Thu 7:30PM	Keyhole To Recovery (O,STEP,LIT,PPE, 75), Galilee Church, 45425 Winding Rd, Sterling, VA, 20165		
Fri 7:30PM	Just For Today (O,CAN,JFT,WC &, 60), Community Lutheran Church, 21014 Whitfield PI, Sterling, VA, 20164		
Sat 10:00AM	Rainbow Llama (O,LIT, 60), Galilee Methodist Church, 45425 Winding Rd., Sterling, VA, 20165		
Sat 7:00PM	Literally Speaking (O,HY, 60), St Matthew's Episcopal Church (right side room of trailer), 201 E. Frederick Dr., Sterling, VA, 20164		
Sat 8:30PM	Saturday Night Live (O,WC &, 60), St Matthew's Episcopal Church (trailer), 201 E. Frederick Dr., Sterling, VA, 20164		
Fri 7:15PM	WEST SPRINGFIELD, VA Church Basement Recovery (O,PPE,HY, 75), Zoom ID: 962 211 7089; Password: 169422 Kirkwood Presbyterian Church, 8336 Carrleigh Pkwy, West Springfield, VA,		
	22152		
	WOODBRIDGE, VA		
Mon 8:00PM	Step Over the Hump (O,STEP,TRAD,WC &,NP,PPE, 75), Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA, 22191		
Tue NOON	High Noon II (O,WC &,SPAD, 60), Ferllazo Building, 2nd Floor - Dottie Bell Conference Room, 15941 Donald Curtis Dr., Woodbridge, VA, 22191		
Wed 8:00PM	Over The Hump (O,JFT,SPK,WC &,NP,PPE, 75), Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA, 22191		
Fri 7:00PM	Man-up G-Street (O,M,VAR,WC &,VM, 75), Zoom ID: 818 5987 9896; Passcode: 123 Woodbridge, VA, 22191		
Fri 7:00PM	Women Of Woodbridge - W.O.W. (O,VAR,W,WC &,VM, 60), Zoom ID: 568 046 8023; Passcode: 121212 Woodbridge, VA, 22191		
Sat NOON	Stepping Together (BEG,JFT,PPE,HY, 75), Zoom ID: 568 046 8023; Passcode: 121212 St. Paul United Methodist Church, Side entrance down the hill, 1400 G St, Woodbridge, VA 22101		
	Woodbridge, VA, 22191		

CONTACT INFO

ALEXANDRIA, VIRGINIA

Women In Unity (W,WC &, 75), Mark Center, Rm 1305 - Free parking in lower garage; take elevator to 1st FIr, 4850 Mark Center Dr, Alexandria, Virginia, 22311

Chesapeake & Potomac Region of Narcotics Anonymous (CPRNA)

Thu 6:30PM

PO Box 8160 Silver Spring, MD 20907 Regional Service Committee Meeting
Meets every even month: Feb, Apr, Jun, Aug, Oct, Dec
2nd Saturday of that month at 1:00 PM
Zoom Meeting ID: 824 5089 4047; Passcode: 12

24/7 Phoneline: 1-800-543-4670 https://www.cprna.org Email meeting changes to: meetings@cprna.org