



**NA MEETING LIST FOR MARYLAND
MAY 2026**

| Meeting Format Legend | | | |
|-----------------------|--------------------------------------|------|--------------------------|
| ASM | Area Service Meeting | BEG | Beginners |
| BT | Basic Text | C | Closed |
| CAN | Candlelight | CH | Closed Holidays |
| DISC | Discussion | ES | Espanol |
| HY | Hybrid Physical/Virtual | IP | IP Study |
| IW | It Works Study | JFT | Just for Today Study |
| LC | Living Clean Study | LIT | Literature Study |
| M | Men | ME | Meditation |
| O | Open | PH | Phone Meeting |
| SPAD | Spiritual Principle A Day Book Study | SPK | Speaker |
| STEP | Step | SWG | Step Working Guide Study |
| TOP | Topic | TRAD | Tradition |
| VAR | Format Varies | VM | Virtual Web Meeting |
| W | Women | WC & | Wheelchair |
| Y | Young People | | |

**Chesapeake & Potomac Region of NA
PO Box 8005, Silver Spring, MD**

24/7 PHONELINE: 1-800-543-4670

Questions? info@cprna.org
Website: <https://www.cprna.org>
Not in the DMV? Go to <https://www.na.org>
Meeting change? meetings@cprna.org

Maryland Narcotics Anonymous has 181 meetings

CALVERT COUNTY

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| Sun 3:00 PM | Tri-County Special Events Subcommittee (ASM, 60) St. Paul's Episcopal Church, Meets the 3rd Sunday of each month at 3:00 PM, 25 Church St., Prince Frederick, MD |
| Sun 7:30 PM | Another Chance (O,WC &, 60) St Nicholas Lutheran Church, 1450 Plum Point Rd., Huntingtown, MD |
| Tue 7:30 PM | Lusby Recovery (O, 60) South Community Center, 20 Appeal Ln., Lusby, MD |
| Wed 7:00 PM | Tower of Power (O,WC &, 60) Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd., Sunderland, MD Maximum 18 people |
| Thu 7:00 PM | Hope Fiends (O, 60) New Life Church, 3170 German Chapel Rd., Prince Frederick, MD |
| Fri 8:00 PM | One Line At a Time (O,CH,DISC,VAR,WC &, 75) Northeast Community Center, 4075 Gordon Stinnett Ave., Chesapeake Beach, MD |
| Sat 10:00 AM | Healthy Relationships (O,CH,DISC,WC &, 90) Northeast Community Center, 4075 Gordon Stinnett Ave., Chesapeake Beach, MD |
| Sat 6:00 PM | Stick and Stay (O,VAR,SPK,TOP,WC &, 60) Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach, MD |

CARROLL COUNTY

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| Thu 7:30 PM | Off the Beaten Path (O, 60) St. James Episcopal Church, - Around back, 1307 N Main St., Mount Airy, MD |
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CHARLES COUNTY

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| Sun 11:00 AM | Tri-County Public Relations Subcommittee (VM,ASM, 90) ID: 822 3481 5906 PC: 121212, Meets the 2nd Sunday of each month at 11:00 AM, La Plata, MD |
| Sun 7:30 PM | Stepping Into Traditions & Concepts (O, 75) St. Joseph's Church, 4590 St. Joseph Way, Pomfret, MD |
| Mon NOON | NA In the Day (O,WC &,LC, 60) Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD |
| Mon 7:00 PM | Time To Change (O, 60) Lifestream Church of the Nazarene, 5105 Leonardtown Rd., Waldorf, MD First Mon Literature, Last Monday JFT |
| Tue NOON | Hope in the Woods (O,WC &, 60) Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD |
| Tue 7:30 PM | Off Campus Recovery (O,WC &, 60) First Baptist Church of La Plata, 9070 Hawthorne Rd., La Plata, MD |
| Wed NOON | Midweek Miracles (O,JFT,WC &,SPAD, 60) Room: Village Lounge, The Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD |
| Wed 6:30 PM | Tri-County Area Service Committee (WC &,ASM, 60) Christ Church, Meets the 1st Wednesday of each month at 6:30 PM, 112 Charles St., La Plata, MD |
| Wed 7:00 PM | Positive Alternative (O,WC &, 60) Good Samaritan Church (Near Rt 5 N/Billingsley Rd.), 13025 Good Samaritan Dr., Waldorf, MD |
| Thu NOON | 12 at 12 (O,WC &, 60) Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD |
| Thu 2:00 PM | Men At Work (C,JFT,M,SPAD, 60) 85 High St., Ste. 1, Waldorf, MD |
| Thu 7:00 PM | More Alike Than Different (O,WC &, 60) Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD |
| Fri NOON | Give Yourself A Break (O,JFT,VAR,SPK,STEP,TRAD, 60) Great Escape Recovery Lounge, 85 High St. Ste. 1, Waldorf, MD |
| Fri 7:30 PM | Work 'Em Or Die (O,WC &, 75) Good Samaritan Presbyterian Church, 13025 Good Samaritan Dr., Waldorf, MD |
| Sat NOON | Women In Recovery (O,W,WC &, 60) Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD |
| Sat 2:00 PM | Men At Work (C,JFT,M,WC &,SPAD, 60) Great Escape Recovery Lounge, 85 High St., Ste. 1., Waldorf, MD |
| Sat 7:00 PM | Making Miracles (O,DISC,WC &, 90) Good Shepherd Church, 305 Smallwood Dr., Waldorf, MD |
| Sat 10:00 PM | Candlelight (O,SPK,WC &, 60) Good Shepherd Church, 305 Smallwod Dr., Waldorf, MD |

FREDERICK COUNTY

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| Sun 11:30 AM | Sunday Morning NA (O,JFT, 60) The Club, 205B Bucheimer Rd., Frederick, MD |
| Sun 4:00 PM | Frederick Area Service Committee (ASM, 60) Meets the 1st Sunday of each month, 116 E 2nd St., Frederick, MD 1st Sunday of the Month |
| Sun 6:30 PM | Just For Today (C,SPK,STEP,TRAD, 75) Trinity UMC, 703 W Patrick St., Frederick, MD |
| Mon NOON | Noon Group (O, 60) Sol Yoga, 256 W Patrick St., Frederick, MD Limited capacity |
| Mon 7:00 PM | Monday Night Miracles by Candlelight (O,WC &,LIT, 60) Good Shepherd Lutheran Church, 1415 W 7th St., Frederick, MD |
| Mon 8:00 PM | Back To Basics (O,IW,WC &, 60) Frederick Community Action (Soup Kitchen), 100 S Market St, Frederick, MD formerly called Late But Straight |
| Tue NOON | Noon Group (O, 60) Sol Yoga, 256 W Patrick St., Frederick, MD |
| Tue 5:30 PM | Rush Hour Recovery (O,DISC,WC &,LIT, 60) Jefferson UMC, 3882 Jefferson Pike, Jefferson, MD |
| Tue 7:00 PM | Vision of Hope (O,VAR, 60) All Saints Episcopal Church, 106 W Church St, Frederick, MD Limited capacity |
| Wed NOON | Noon Group (O, 60) Sol Yoga, 256 W Patrick St., Frederick, MD Limited capacity |
| Wed 7:00 PM | Exact Nature Men's Rap (O,DISC,M, 60) Frederick Club, 205B Bucheimer Rd, Frederick, MD |
| Wed 7:00 PM | Principles Before Personalities (O,WC &, 60) Community Action Agency 100 S. Market St, Frederick, MD |
| Thu NOON | Noon Group (O, 60) Sol Yoga, 256 W Patrick St., Frederick, MD Limited capacity |
| Thu 7:00 PM | Inner City (O,STEP,WC &, 60) Community Action Agency, 100 S. Market St, Frederick, MD |
| Thu 7:00 PM | Sisters in Serenity (O,W,HY, 60) Zoom ID: 620 895 0648; PW: 1357, On Our Own of Frederick, 121 South Market St., Frederick, MD |
| Thu 7:30 PM | Thursday Night Candlelight (O, 60) St Joseph's Church (the old church), 5843 Manor Woods Rd, Frederick, MD |
| Fri NOON | Noon Group (O, 60) Sol Yoga, 256 W Patrick St., Frederick, MD Limited capacity |

FREDERICK COUNTY (CONT)

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| Fri 7:00 PM | Friday Night Lights (O,IP,STEP,TRAD,WC &, 60) Zion Lutheran Church, Parking around back. Door on side and remains locked. Need to knock, 107 W Main St, Middletown, MD |
| Fri 7:30 PM | We Do Recover (O, TOP, 60) Frederick Church of Christ, 1305 N Market St, Frederick, MD The last Friday of the month is a speaker meeting. |
| Sat 10:00 AM | Kickin' It Raw (O,M,VM, 90) Zoom ID: 9853773041; P/C: MANUP., Frederick, MD |
| Sat NOON | Noon Group (O, 60) Sol Yoga, 256 W Patrick St., Frederick, MD Limited capacity |
| Sat 8:00 PM | Saturday Night Special (O,WC &, 60) Good Shepherd Lutheran Church, 1415 W 7th St., Frederick, MD |

HOWARD COUNTY

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| Sun 11:00 AM | Starting Over (O,VAR,WC &, 60) Serenity Center, 8650 Basket Ring Rd., Columbia, MD |
| Sun 7:00 PM | Savage Survivors (O,WC &, 60) Savage UMC, 9050 Baltimore St, Savage, MD |
| Fri 8:30 PM | Drawn Together (STEP,ME, 75) Savage UMC, 9050 Baltimore St., Savage, MD Art and Meditation Meeting |
| Fri 9:00 PM | Keep It Real (O, 75) Serenity Center, 9650 Basket Ring Rd, Columbia, MD |

MONTGOMERY COUNTY

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| Sun 8:00 AM | Squeaky Clean (O,DISC,HY, 60) Zoom ID: 828 8288 3957; No P/C, AISH Learning Center, 11418 Old Georgetown Rd, Rockville, MD |
| Sun NOON | Progress in NA (O,STEP,TRAD,VM, 90) Zoom ID: 973 466 3601 P/C: 875711, Gaithersburg, MD |
| Sun 5:00 PM | NA in the Galaxy (O,DISC,WC &, 75) The Galaxy Apartments, - 2nd Floor, Rm L2. FREE parking in the back!, 8025 13th St., Silver Spring, MD |
| Sun 6:00 PM | Let it Shine (Women's Meeting) (C,W,LIT, 60) Zoom ID 208 618 1867, Mother Seton Parish, Meeting in the basement; take stairs left of sanctuary, 19951 Father Hurley Blvd., Germantown, MD |
| Sun 6:00 PM | Talking Heads (O,DISC,WC &, 60) Chevy Chase UMC, - Use parking lot entrance, 7001 Connecticut Ave., Chevy Chase, MD |
| Sun 6:00 PM | Topic of Cancer (O,VAR,VM, 60) Zoom ID: 861 6976 9680; P/C: TopicOC, Gaithersburg, MD |
| Sun 7:30 PM | The Alternative (O,CAN,DISC,SPK,HY, 60) Zoom ID: 114 114 644 P/C: 016821, Trinity Lutheran Church, 11200 Old Georgetown Rd., Bethesda, MD |
| Sun 7:30 PM | Today's Recovery (O,DISC,WC &, 60) Seneca Creek Community Church, 13 Firstfield Rd., Gaithersburg, MD |
| Mon 7:30 AM | Freedom in the Village (O,DISC,JFT,VM, 60) Zoom ID: 823 5857 7621, P/C: 685408, Montgomery Village, MD |
| Mon NOON | Freedom in the Village (O,WC &,HY, 60) Zoom ID: 823 5857 7621, P/C: 685408, Christ the Servant Church, 9801 Centerway Rd., Montgomery Village, MD |
| Mon NOON | NA at Noon (O,JFT,VM, 60) Zoom ID: 872 0510 4241; No P/C, Silver Spring, MD |
| Mon 6:00 PM | Béisbol (Persona, Dios, Sociedad, Servicio) (O,ES,JFT,LIT,HY, 60) Zoom ID: 831 7185 1799; P/C: 152608, Emory Grove UM Church, 8200 Emory Grove Rd., Gaithersburg, MD |
| Mon 6:00 PM | Steps at Glenmont (O,DISC,IP,STEP,TRAD, 60) Glenmont UMC, Enter thru Education Building, Room 209, 12901 Georgia Ave., Silver Spring, MD |
| Mon 7:00 PM | Illness in Recovery (O,Y, 60) Millian Memorial UMC, Closed when MoCo Schools are closed (for inclement weather), 13016 Parkland Dr., Rockville, MD |
| Mon 7:00 PM | Monday Miracles (O,BEG,STEP, 75) Silver Spring United Methodist Church, 8900 Georgia Ave., Silver Spring, MD |
| Mon 7:15 PM | Step Working Addicts Group (O,DISC,IW,SWG,STEP,VM, 60) Zoom ID: 843 0163 1904; P/C: 12Steps, Gaithersburg, MD |
| Mon 8:00 PM | Oasis (O,BEG,BT,STEP,LIT, 60) Prince of Peace Church, 11900 Darnestown Rd., Gaithersburg, MD |
| Mon 8:00 PM | Stayin' Alive (O,STEP,VM, 60) Zoom ID: 862 2444 3740; P/C: NARocks, Gaithersburg, MD |
| Tue 7:30 AM | Freedom in the Village (O,DISC,JFT,VM, 60) Zoom ID: 823 5857 7621, P/C: 685408, Montgomery Village, MD |
| Tue NOON | Freedom in the Village (O,WC &,HY, 60) Zoom ID: 823 5857 7621, P/C: 685408, Christ the Servant Church, 9801 Centerway Rd., Montgomery Village, MD |
| Tue NOON | NA at Noon (O,JFT,VM, 60) Zoom ID: 872 0510 4241; No P/C, Silver Spring, MD |
| Tue 6:00 PM | New Way of NA (O,SWG,TRAD, 60) Millian Memorial UMC, Corner of Hallet & Parkland. Downstairs in Outreach Recovery., 13016 Parkland Dr, Rockville, MD |
| Tue 6:00 PM | Public Relations & Phonenumber Subcommittee (VM,ASM, 60) Zoom ID: 876 1298 6083; P/C: 749698, Meets the 1st Tuesday every month, Gaithersburg, MD |
| Tue 6:30 PM | Life On Life's Terms (O,DISC,WC &,LIT,HY, 60) Zoom ID: 885 1687 6965; P/C: LOLT, The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave., Silver Spring, MD |
| Tue 7:30 PM | All About Change (O,DISC,WC &, 60) Seneca Creek Community Church, - Please use front entrance, 13 Firstfield Rd., Gaithersburg, MD |
| Tue 7:30 PM | Glad to be Alive Steps (O,WC &,HY, 60) Zoom ID: 275 118 642; P/C: 982195, Chevy Chase UMC, 7001 Connecticut Ave, Chevy Chase, MD |

MONTGOMERY COUNTY (CONT)

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| Tue 7:30 PM | Literature Subcommittee (ASM, 60) No meeting. Text Layla 240-793-6059, Gaithersburg, MD |
| Tue 7:30 PM | Montgomery Area Service Committee (ASM, 60) Zoom ID: 876 1298 6083; P/C: 749698, Meets the 1st Tuesday every month, PO Box 8214, Gaithersburg, MD SERVICE COMMITTEE MEETING |
| Tue 7:30 PM | Newsletter Subcommittee (ASM, 60) No meeting. Email straighthope@cprna.org, Gaithersburg, MD |
| Tue 8:00 PM | Carrying the Message (O,VM, 60) Zoom ID: 862 2444 3740; P/C: NArocks, Gaithersburg, MD |
| Wed 7:30 AM | Freedom in the Village (O,DISC,VM,LIT, 60) Zoom ID: 823 5857 7621, P/C: 685408, Montgomery Village, MD |
| Wed NOON | Freedom in the Village (O,WC &,HY, 60) Zoom ID: 823 5857 7621, P/C: 685408, Christ the Servant Church, 9801 Centerway Rd., Montgomery Village, MD |
| Wed NOON | NA at Noon (O,JFT,VM, 60) Zoom ID: 872 0510 4241; No P/C, Silver Spring, MD |
| Wed 7:00 PM | Fresh Air (O,BT,STEP,TRAD,WC &, 60) Cedar Lane UUC, - The Chalice House (use upper parking lot), 9601 Cedar Ln., Bethesda, MD |
| Wed 7:00 PM | Special Events Subcommittee (VM,ASM, 120) Zoom ID: 834 4896 2601; P/C: 075300, Meets the 1st Wednesday every month, Gaithersburg, MD SERVICE COMMITTEE MEETING |
| Wed 7:30 PM | Gentleman's Club (C,JFT,M, 60) Epworth UMC, 9008 Rosemont Dr., Gaithersburg, MD |
| Wed 7:30 PM | Never Alone (O,CAN,WC &,LIT, 75) Christ the Servant Church, 9801 Centerway Rd., Montgomery Village, MD |
| Wed 7:30 PM | People's Recovery (O,WC &,HY, 60) Zoom ID: 878 0419 2075; P/C: 659058, The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave., Silver Spring, MD |
| Wed 7:30 PM | Wednesday's Willingness (O,HY, 90) Zoom ID: 800 990 800; P/C: 016212, Rockville Courthouse, - Lower Level, 30 Courthouse Square G-1, Rockville, MD |
| Wed 8:00 PM | Another Way (O, 60) Prince of Peace Church, Small building in back, 11900 Darnestown Rd., Gaithersburg, MD |
| Wed 8:00 PM | Policy Subcommittee (VM,ASM, 60) Zoom ID: 876 1298 6083; P/C: 749698, Meets the 3rd Wednesday every month, Gaithersburg, MD SERVICE COMMITTEE MEETING |
| Thu 7:30 AM | Freedom in the Village (O,DISC,JFT,VM, 60) Zoom ID: 823 5857 7621, P/C: 685408, Montgomery Village, MD |
| Thu NOON | Freedom in the Village (O,WC &,HY, 60) Zoom ID: 823 5857 7621, P/C: 685408, Christ the Servant Church, 9801 Centerway Rd., Montgomery Village, MD |
| Thu NOON | NA at Noon (O,JFT,VM, 60) Zoom ID: 872 0510 4241; No P/C, Silver Spring, MD |
| Thu 7:00 PM | Hospitals & Institutions Subcommittee (VM,ASM, 60) Zoom ID: 876 1298 6083; P/C: 749698, Meets the 3rd Thursday every month, Gaithersburg, MD SERVICE COMMITTEE MEETING |
| Thu 7:00 PM | Women Do Recover (O,W, 60) Glenmont UMC, 12901 Georgia Ave, Silver Spring, MD |
| Thu 7:30 PM | Serenity in the Park (O,BEG,SPK,SWG,STEP,TRAD,LIT, 90) Mt Calvary Baptist Church, 608 N Horners Ln., Rockville, MD |
| Thu 8:00 PM | Crossroads (O,VM, 60) Zoom ID: 551 384 252; P/C: 297348, Gaithersburg, MD |
| Thu 8:00 PM | Making A Difference (O,WC &, 60) Silver Spring Christian Reformed Church, 1501 Arcola Ave., Silver Spring, MD |
| Thu 8:00 PM | Stepping Free (O,STEP, 60) Fairhaven UMC, 12801 Darnestown Rd., Gaithersburg, MD |
| Fri 7:30 AM | Freedom in the Village (O,DISC,JFT,VM, 60) Zoom ID: 823 5857 7621, P/C: 685408, Montgomery Village, MD |
| Fri NOON | Freedom in the Village (O,WC &,HY, 60) Zoom ID: 823 5857 7621, P/C: 685408, Christ the Servant Church, 9801 Centerway Rd., Montgomery Village, MD |
| Fri NOON | NA at Noon (O,JFT,VM, 60) Zoom ID: 872 0510 4241; No P/C, Silver Spring, MD |
| Fri 7:00 PM | Older Toddlers (O,DISC,STEP,WC &, 60) Christ Episcopal Church, Enter from parking lot off Everett St. In basement, Parish Hall, 4001 Franklin St., Kensington, MD |
| Fri 7:30 PM | Upcounty NA (O, 75) Emory Grove UMC, 8200 Emory Grove Rd., Gaithersburg, MD |
| Fri 8:00 PM | Live and Let Live (O,LIT, 60) Fairhaven UMC, 12801 Darnestown Rd., Gaithersburg, MD |
| Fri 8:30 PM | Get Down (O,VM, 60) Zoom ID: 86570165126; P/C: getdown, Bethesda, MD |
| Sat 11:00 AM | Share On Saturday (O,VM, 60) Zoom ID: 879 3942 8041; P/C: basicstext, Gaithersburg, MD |
| Sat NOON | Free Yourself (O,DISC,JFT,WC &, 60) Woodside UMC, - Enter in Back. Door Code: 82911, 8900 Georgia Ave., Silver Spring, MD |
| Sat NOON | Progress Not Perfection (O,DISC,WC &, 60) Progress Place, Parking is limited., 8106 Georgia Ave., Room 205, Silver Spring, MD |
| Sat 1:00 PM | CPRSC - Regional Service (O,ASM, 300) Location rotates alphabetically by Area, PO Box 8160, Silver Spring, MD Meets every even month: Feb, Apr, Jun, Aug, Oct, Dec, 2nd Saturday of that month. |
| Sat 4:00 PM | Good Stuff (O,VM, 60) Zoom ID: 812 8137 9871; P/C: GoodStuff, Gaithersburg, MD |

MONTGOMERY COUNTY (CONT)

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| Sat 6:00 PM | Fresh Start (O,WC &,LIT, 75) Prince of Peace Church, 11900 Darnestown Rd., Gaithersburg, MD |
| Sat 6:30 PM | Every Step Counts (O,STEP,WC &, 60) Cedar Lane UUC, - The Chalice House (use upper parking lot), 9601 Cedar Ln., Bethesda, MD |
| Sat 7:00 PM | Saturday Night Living Clean (O,LIT,LC, 60) The Freedom Center, - Enter on side of building, 202 Perry Pkwy. Ste. #5, Gaithersburg, MD Read from Living Clean |
| Sat 7:00 PM | Speakeasy (O,DISC,VAR, 90) Woodside UMC, 8900 Georgia Ave., Silver Spring, MD |
| Sat 7:30 PM | Off the Beaten Path 2 (O,VM, 60) Zoom ID: 862 2444 3740; P/C: NArocks, Gaithersburg, MD |

NO DATA

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| Sun 6:30 PM | Up from Down Under (O,DISC, 90) 6056 Old Central Ave, Capitol Heights, MD |
| Thu 6:30 PM | Up from Down Under (O,DISC, 90) 6056 Old Central Ave, Capitol Heights, MD |

PRINCE GEORGE'S COUNTY

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| Sun 7:00 AM | Spiritually Speaking (C,VM,LIT, 90) Meeting ID: 202 999 2020 P/C: hope, Capitol Heights, MD |
| Sun 10:00 AM | Breakfast Club (O,VAR,WC &, 60) 4912 Nantucket Rd., College Park, MD |
| Sun 10:00 AM | Easy Like Sunday Morning 2 [Phoneline] (O,DISC,PH,VM, 90) Phone#: 605-313-4221; Phone P/C: 3074093, District Heights, MD This meeting is a phone line meeting only. |
| Sun 10:00 AM | Easy Like Sunday Morning [In-Person] (O,DISC, 90) Municipal Center, 2000 Marbury Dr., District Heights, MD |
| Sun 10:00 AM | Virtual Breakfast Club (O,SPK,VM,LIT, 60) Zoom ID: 878 4829 2214; P/C: 4912Donuts, Greenbelt, MD |
| Sun 6:00 PM | Central MD H&I Subcommittee (VM,ASM, 60) Zoom ID: 636 606 6098; P/C 010746, 2nd Sunday of the month, Greenbelt, MD |
| Sun 7:00 PM | Closed Sunday (C,WC &, 90) Our Savior Lutheran Church, 4915 St. Barnabas Rd, Temple Hills, MD |
| Sun 7:00 PM | Small Wonders (O,DISC,VAR,WC &, 60) University Christian Church, 6800 Adelphi Rd, Hyattsville, MD |
| Mon 10:00 AM | Ladies in Recovery (C,JFT,SPK,W,VM, 60) Zoom ID: 803 826 655; No P/C, Greenbelt, MD |
| Mon 4:30 PM | Special Events Subcommittee (VM,ASM, 60) Zoom ID: 202 999 2020; P/C: hope, Meets the first Saturday of each month, Capitol Heights, MD |
| Mon 7:00 PM | It Works: How and Why (C,WC &, 90) Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD |
| Mon 7:30 PM | Laurel Basics 1-2-3 (O, 60) Holy Trinity Lutheran Church, In the basement, 7607 Sandy Spring Rd, Laurel, MD |
| Mon 7:30 PM | Monday Night Step (O,VM, 90) Zoom ID: 457 476 3595; P/C: MNS, Capitol Heights, MD |
| Tue 10:00 AM | Ladies in Recovery (C,JFT,SPK,W,VM, 60) Zoom ID: 803 826 655; No P/C, Greenbelt, MD |
| Tue 7:00 PM | Firm Believers (O,WC &, 90) Glenarden Town Hall (1st Flr.), 8600 Glenarden Pkwy, Glenarden, MD |
| Tue 7:00 PM | Just Relationships (O,WC &, 75) Laurel Municipal Pool, 901 Main St, Laurel, MD |
| Tue 7:00 PM | Women Living Clean (C,DISC,SPK,W,VM,LIT, 90) Zoom ID: 876 8758 1084; P/C: 766458, Greenbelt, MD |
| Tue 7:15 PM | Keep Coming Back (O,SPAD, 90) Capitol Allentown Baptist Church, 7911 Allentown Road, Fort Washington, MD |
| Tue 7:30 PM | AWOL (O,BT,DISC,IW,JFT,STEP,TRAD,WC &, 60) Greenbelt Step Club, 143 Centerway Rd., Greenbelt, MD |
| Tue 7:30 PM | Serenity on Sandy Spring (O,BT,DISC,SPK,STEP,TOP, 60) Holy Trinity Church, Meeting in Basement, 7607 Sandy Spring Road, Laurel, MD |
| Wed 10:00 AM | Ladies in Recovery (C,JFT,SPK,W,VM, 60) Zoom ID: 803 826 655; No P/C, Greenbelt, MD |
| Wed 7:00 PM | Back to the Basics (O,WC &, 60) Savage UMC, 9050 Baltimore St, Savage, MD |
| Wed 7:00 PM | Bright Hope Group (O,STEP,TRAD,LIT,LC, 75) Carolina Baptist Church, 9901 Allentown Rd, Fort Washington, MD |
| Wed 7:00 PM | Central MD Area Service Committee (WC &,ASM,HY, 120) Zoom ID: 836 2452 0975; P/C: 353938, Holy Cross Lutheran Church, Meets the 1st Wednesday of each month, 6905 Greenbelt Road, Greenbelt, MD |
| Wed 7:00 PM | New Wave (O,STEP,TRAD,WC &, 90) Glenarden City Hall, Downstairs, 8600 Glenarden Parkway, Glenarden, MD |
| Wed 7:00 PM | STAR (O, 75) First UMC (5th St), 424 Main St, Laurel, MD |
| Thu 10:00 AM | Ladies in Recovery (C,JFT,SPK,W,VM, 60) Zoom ID: 803 826 655; No P/C, Greenbelt, MD |
| Thu 7:00 PM | Gateway to Recovery (O,STEP,TRAD,VM, 90) Zoom ID: 395 553 318; P/C: 1957, Greenbelt, MD |

PRINCE GEORGE'S COUNTY (CONT)

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| Thu 7:00 PM | Hospitals & Institutions Subcommittee (VM,ASM, 60) Zoom ID: 675 717 4597; P/C: spahi, Meets the last Thursday of every month, Capitol Heights, MD |
| Thu 7:00 PM | Restored To Sanity (O,BEG,STEP, 90) Good Samaritan Mission Church, 4409 Arnold Rd., Suitland, MD |
| Thu 7:00 PM | Spiritual Awakenings (O,WC &, 75) First Methodist Church of Laurel, 424 Main St, Laurel, MD |
| Thu 7:00 PM | Steps to Life (O, 90) Oxon Hill UMC, 6400 Livingston Road, Oxon Hill, MD |
| Thu 7:30 PM | More Will Be Revealed (O, 75) Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD |
| Fri 10:00 AM | Ladies in Recovery (C,JFT,SPK,W,VM, 60) Zoom ID: 803 826 655; No P/C, Greenbelt, MD |
| Fri 7:00 PM | Friday Nite Live (C,WC &, 75) Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD |
| Fri 7:00 PM | Miracles on Main Street (O,WC &, 60) St. Philip's Episcopal Church, 522 Main St., Laurel, MD |
| Fri 7:00 PM | Women Do Recover (O,W,WC &,LIT, 90) Hope Lutheran Church, 6201 Coventry Way, Clinton, MD |
| Fri 7:30 PM | Living the Program Men's Rap (O,M, 90) Bethany Christian Church, 7128 Allentown Rd, Fort Washington, MD |
| Fri 7:30 PM | Walk The Walk (O,WC &, 60) Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel, MD |
| Sat 10:00 AM | Ladies in Recovery (C,JFT,SPK,W,VM, 60) Zoom ID: 803 826 655; No P/C, Greenbelt, MD |
| Sat NOON | Just for Today (O,WC &, 60) The 180 Club, 4318 Hamilton Ave, Hyattsville, MD |
| Sat NOON | Keep It Simple (O,WC &,LIT, 90) St. Barnabas Episcopal Church, 5203 Saint Barnabas Rd, Temple Hills, MD |
| Sat 5:00 PM | Fear to Faith (O,WC &, 60) Emmanuel UMC, 11416 Cedar Ln., Beltsville, MD |
| Sat 6:00 PM | South Potomac Area Service Committee (ASM, 120) Davies Memorial Unitarian Universal Church, Meets 1st Saturday of the month. Will meet the following Saturday if there is a holiday., 7400 Temple Hills Rd., Camp Springs, MD |
| Sat 7:00 PM | Gut Bucket (O,VM, 60) Zoom ID: 973-466-3601; P/C 875711, Greenbelt, MD |
| Sat 7:00 PM | HOW Group (O,DISC,WC &, 60) St Mary's School, 106 St. Mary's Place, Laurel, MD |
| Sat 8:30 PM | Tracks to Recovery (O,DISC,WC &, 60) Unity Place, 8610 Railroad Ave., Bowie, MD |

PRINCE GEORGE'S

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| Mon 7:00 PM | That Tired Old Lie (O,STEP,TRAD, 90) Second Baptist Church, 5501 Silver Hill Rd, District Heights, MD |
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ST. MARY'S COUNTY

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| Sun 4:30 PM | Unity Retreat Subcommittee (ASM, 60) All Faith Episcopal Church, Meets the 2nd & 4th Sunday of each month at 4:30 PM, 38885 New Market Turner Rd., Mechanicsville, MD |
| Sun 5:00 PM | Tri-County H&I Subcommittee (ASM, 60) All Faith Episcopal Church, Meets the 3rd Sunday of each month at 5:00 PM, 38885 New Market Turner Rd., Mechanicsville, MD |
| Sun 7:30 PM | Basket Case (O, 60) Patuxent Presbyterian Church, 23421 Kingston Creek Rd., California, MD |
| Mon 7:00 PM | Cover To Cover (O,WC &, 75) Callaway Baptist Church, 20960 Point Lookout Rd., Callaway, MD |
| Tue 7:00 PM | Living Clean (O,WC &, 60) St Paul's UM Church, Classroom #8, 25550 Point Lookout Rd., Leonardtown, MD |
| Wed 7:30 PM | Life Support (O, 60) Trinity Lutheran Church, 46707 Shangri La Dr., Lexington Park, MD |
| Thu 7:00 PM | Outsiders (O,DISC,IW,TRAD,WC &,LIT, 75) Trinity Lutheran, 46707 S Shangri-La Dr., Lexington Park, MD |
| Thu 7:30 PM | Chaptico Under The Stars (O, 60) Christ Episcopal Church, 37497 Zach Fowler Rd., Chaptico, MD |
| Fri 7:05 PM | 7:07 (O,IP, 60) Trinity Lutheran Church (at S Essex), 46707 S Shangri La Dr., Lexington Park, MD |
| Fri 9:30 PM | Another Late Night (O,CAN,DISC,WC &,LIT, 60) 46940 S.Shangri-La Dr., Lexington Park, MD |
| Sat 7:00 PM | It's A We Thing (O,WC &, 75) St Paul's UMC, Brubecker Hall, 25550 Point Lookout Rd., Leonardtown, MD |

CONTACT US!

Chesapeake & Potomac Region of Narcotics Anonymous (CPRNA)
 PO Box 8160 * Silver Spring, MD 20907
24/7 Phoneline: 1-800-543-4670
Meeting changes: meetings@cprna.org

Regional Service Committee Meeting
 Meets every even month (Feb, Apr, Jun, Aug, Oct, Dec) on the 2nd Saturday
<https://www.cprna.org>
Questions about NA: info@cprna.org