



**NA MEETING LIST FOR WASHINGTON, DC
MAY 2026**

Meeting Format Legend			
BT	Basic Text	C	Closed
M	Men	O	Open
TW	Traditions Workshop	W	Women
ME	Meditation	QA	Question and Answer
BEG	Beginners	CAN	Candlelight
DISC	Discussion	IP	IP Study
IW	It Works Study	JFT	Just for Today Study
VAR	Format Varies	SPK	Speaker
SWG	Step Working Guide Study	STEP	Step
TRAD	Tradition	CPT	12 Concepts
WC &	Wheelchair	VM	Virtual Web Meeting
HY	Hybrid Physical/Virtual	LIT	Literature Study
ASM	Area Service Meeting	CH	Closed Holidays
ES	Espanol	LC	Living Clean Study
SPAD	Spiritual Principle A Day Book Study	WR	Writing Meeting

**Chesapeake & Potomac Region of NA
PO Box 8005, Silver Spring, MD**

24/7 PHONELINE: 1-800-543-4670

Questions? info@cprna.org

Website: <https://www.cprna.org>

Not in the DMV? Go to <https://www.na.org>

Meeting change? meetings@cprna.org

SUNDAY

7:00 AM	Open Door To Freedom (O,BEG,STEP, 90), Church of the Epiphany, 1317 G St NW,
8:30 AM	Early Just For Today Check-in (C,JFT,VM, 90) Zoom ID: 826 3577 8671; P/C: 242275,
9:00 AM	Sunday Morning Spiritual (O,DISC,TRAD,VM, 60) Zoom ID: 812-2295-5124; P/C 774257,
10:30 AM	10:30 Coffee Hour (O,DISC,WC &, 90), 5656A 3rd St. NE,
10:30 AM	I Can't, We Can (C,JFT,STEP,WC &, 85), Luther Place Memorial Church, 1226 Vermont Avenue, NW,
11:00 AM	Sunday Morning Steps & Traditions (O,VM, 60) Zoom ID: 893 1577 3534; P/C: 873274,
NOON	Midday Meditations and Miracles (O,DISC,JFT,ME, 60), Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW,
2:00 PM	Steppin' Into The Afternoon (C,STEP,VM, 90) Zoom ID: 785 963 7766; P/C: 1953,
2:00 PM	Where Healing Takes Place (C,DISC,SPK,VM, 90) Zoom ID: 404 510 8699; P/C: GODcares00,
5:30 PM	Progressive Recovery (O,DISC,LIT, 60), Triangle Club, 1638 R St. NW #120,
7:00 PM	Clean On The Hill (C, 60), Capitol Hill UMC, The entry door is on Seward Square SE. Please don't use the 5th ST Entrance, 421 Seward Square SE,
7:00 PM	Clean On The Screen (O,VM, 60) Zoom ID: 724 9574 1690; No P/C,
7:00 PM	Sunday Night Spiritual Group (O, 90), St Mary's Church (Church Hall) 727 5th St. NW,
8:00 PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90) Zoom ID: 438 348 3469; P/C: 121525,
10:30 PM	Faith & Sanity (O, 90), St John CME Church, 2801 Stanton Rd SE,

MONDAY

8:30 AM	Early Just For Today Check-in (C,JFT,VM, 90) Zoom ID: 826 3577 8671; P/C: 242275,
8:30 AM	Let Go and Let God I (O,LIT, 75), Church of the First Born, 2451 Ainger Pl. SE,
10:00 AM	Fresh Start (O,DISC, 90), St. Lukes Church, 4925 E Capitol St. NE,
10:00 AM	Just For Today (C,JFT,VM, 90) Zoom ID: 858 2487 7564; P/C: Love,
10:00 AM	We Still Need Help Group (C,VAR,SPK,VM, 90) Meeting ID: 785 1315 770; P/C: 1234,
NOON	Midday Meditations and Miracles (O, 60), Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW,
NOON	New Hope (O,DISC, 90), St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW,
NOON	Noon Time is the Right Time (C,DISC,VM, 90) Zoom ID: 932 959 7603; P/C: 1962,
1:30 PM	Let Go and Let God II (O,LIT, 75), Church of the First Born, 2451 Ainger Pl. SE,
2:00 PM	Steppin' Into The Afternoon (C,STEP,VM, 90) Zoom ID: 785 963 7766; P/C: 1953,
3:30 PM	Spiritually Connected (O,VM,SPAD, 60) Zoon ID: 892 2381 6673; P/C: Free,
5:00 PM	Rush Hour (C,DISC,VM,LIT, 90) Zoom ID: 705 264 3243; P/C: RUSHHOUR,
6:00 PM	1-12 Step (O,STEP, 90), Mt Moriah (except holidays) 1636 E Capitol St. NE,
6:30 PM	Redlight Recovery (O, 90), Walker Memorial Baptist Church, 2020 13th St. NW,
6:30 PM	Southwest Serenity (C,CH,STEP, 60), Carron Baptist Church, We are meeting on holidays, 1354 1st Street SW,
7:00 PM	Aging In Recovery (O,DISC,VM, 90) Zoom ID: 824 005 5286; P/C: recovery,
7:00 PM	Monday Night Step Meeting (C,LIT, 90), St. Lukes Church, 4925 E. Capitol St. NE,
7:30 PM	Living Proof (O, 60), 4201 Albemarle St. NW,
8:00 PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90) Zoom ID: 438 348 3469; P/C: 121525,
8:00 PM	Monday Miracles Virtual (O,BEG,STEP,VM, 90) Zoom ID: 717 680 837; P/C: 428066,

TUESDAY

8:30 AM	Early Just For Today Check-in (C,JFT,VM, 90) Zoom ID: 826 3577 8671; P/C: 242275,
8:30 AM	Let Go and Let God I (O,LIT, 75), Church of the First Born, 2451 Ainger Pl. SE,
10:00 AM	Just For Today (C,JFT,VM, 90) Zoom ID: 858 2487 7564; P/C: Love,
10:00 AM	We Still Need Help Group (C,VAR,SPK,VM, 90) Zoom ID: 785 1315 770; P/C: 1234,
NOON	Midday Meditations and Miracles (O, 60), Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW,
NOON	New Hope (O,DISC, 90), St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW,
NOON	Noon Time is the Right Time (C,DISC,VM, 90) Zoom ID: 932 959 7603; P/C: 1962,
1:30 PM	Let Go and Let God II (O,LIT, 75), Church of the First Born, 2451 Ainger Pl. SE,
2:00 PM	Steppin' Into The Afternoon (C,STEP,VM, 90) Zoom ID: 785 963 7766; P/C: 1953,
3:30 PM	Spiritually Connected (O,VAR,STEP,VM,LIT, 60) Zoom ID: 892 2381 6673; P/C: Free,
5:00 PM	Rush Hour (C,DISC,SPK,VM, 90) Zoom ID: 705 264 3243; P/C: RUSHHOUR,
5:00 PM	The One Promise Group (O,DISC,WC &, 90), CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW,
5:30 PM	Write to Recover (O,DISC,STEP,VM,WR, 60) Zoom Meeting ID: 727 524 5654; P/C: 249292, Step writing during this meeting. The meeting will be locked after the writing portion ends.,
6:30 PM	Freedom To Change (O, 60), St Martin's Church, 1908 N Capitol St. NW,
6:30 PM	Steps to the Courthouse (C,STEP,VM, 90) Zoom ID: 994 490 7494; No P/C,
7:00 PM	Stepping Out of Trouble into Study (O,SWG,VM,SPAD, 90) Zoom ID: 880-6299-5493; P/C: sotis,
7:30 PM	Pure Uncut Literature Study Group of NA (O,WC &,LIT, 60), Chevy Chase Presbyterian Church, Enter off Oliver St before Chevy Chase Cir.; There is a parking lot and street parking., 1 Chevy Chase Cir. NW,
8:00 PM	Living Life on Life's Terms (C,VM, 60) Zoom ID: 438 348 3469; P/C: 121525,
8:30 PM	Dupont Circle NA (O, 60), Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW,
8:30 PM	Fire Barrel (O,DISC,HY, 60) Zoom ID: 847 1689 8440; P/C: step11, Wesley UMC, Library on lower level; Plz use the Jenifer St. entrance., 5312 Connecticut Ave. NW,

WEDNESDAY

8:30 AM	Early Just For Today Check-in (C,JFT,VM, 90) Zoom ID: 826 3577 8671; P/C: 242275,
8:30 AM	Let Go and Let God I (O,LIT, 75), Church of the First Born, 2451 Ainger Pl. SE,
10:00 AM	Fresh Start (O,DISC, 90), St. Lukes Church, 4925 E Capitol St. NE,
10:00 AM	Just For Today (C,JFT,VM, 90) Zoom ID: 858 2487 7564; P/C: Love,
10:00 AM	We Still Need Help Group (C,VAR,SPK,VM, 90) Meeting ID: 785 1315 770; P/C: 1234,
NOON	Midday Meditations and Miracles (O, 60), Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW,
NOON	New Hope (O,DISC, 90), St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW,

WEDNESDAY (CONT)

NOON	Noon Time is the Right Time (C,DISC,VM, 90) Zoom ID: 932 959 7603; P/C: 1962,
1:30 PM	Let Go and Let God II (O,LIT, 75) , Church of the First Born, 2451 Ainger Pl. SE,
2:00 PM	Steppin' Into The Afternoon (C,STEP,VM, 90) Zoom ID: 785 963 7766; P/C: 1953,
5:00 PM	Rush Hour (C,DISC,VM, 90) Zoom ID: 705 264 3243; P/C: RUSHHOUR,
6:00 PM	The How Group (O,BEG,IP,IW,M,STEP, 90) , Ambassador Baptist Church, 1412 Minnesota Ave. SE,
6:30 PM	From the Streets to the Seats (C,STEP,TRAD,QA,LIT, 90) , St. Francis Xavier Church, 2815 O St SE,
7:00 PM	Aging In Recovery (O,DISC,VM, 90) Zoom ID: 824 005 5286; P/C: recovery,
7:00 PM	SW Freeway (C,WC &, 60) , Westminster Presbyterian Church, Ground Level, 400 I St. SW,
7:00 PM	Ultimate Weapons (C,STEP,TW,CPT,VM,LIT, 90) Zoom ID: 516 993 416; No P/C,
8:00 PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90) Zoom ID: 438 348 3469; P/C: 121525,
8:00 PM	Step Up (C,DISC,ME,VM,LIT, 60) Zoom ID: 818 8913 0099; P/C: 165124,
8:00 PM	Wednesday Night Men's Rap (Keeping it Real) (O,M,VM, 60) Zoom ID: 871 4546 0605; P/C: 556828,
8:30 PM	Conscious Contact Beginners (O,WC &, 60) , Wesley UMC, Meeting is Upstairs; use Connecticut Ave entrance, 5312 Connecticut Ave. NW,
9:00 PM	Miracle of Women (C,BEG,DISC,W,VM, 90) Zoom ID: 917 1964 217; P/C 1908,

THURSDAY

8:30 AM	Early Just For Today Check-in (C,JFT,VM, 75) Zoom ID: 826 3577 8671; P/C: 242275,
8:30 AM	Let Go and Let God I (O,LIT, 75) , Church of the First Born, 2451 Ainger Pl. SE,
10:00 AM	Just For Today (C,JFT,VM, 90) Zoom ID: 858 2487 7564; P/C: Love,
10:00 AM	We Still Need Help Group (C,VAR,SPK,VM, 90) Meeting ID: 785 1315 770 PW: 1234,
NOON	Midday Meditations and Miracles (O, 60) , Dupont Circle Club, Above Mimosa Salon; Will not meet December 25 & January 1, 1623 Connecticut Ave. NW,
NOON	New Hope (O,DISC, 90) , St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW,
NOON	Noon Time is the Right Time (C,DISC,VM, 90) Zoom ID: 932 959 7603; P/C: 1962,
1:30 PM	Let Go and Let God II (O,LIT, 75) , Church of the First Born, 2451 Ainger Pl. SE,
2:00 PM	Steppin' Into The Afternoon (C,STEP,VM, 90) Zoom ID: 785 963 7766; P/C: 1953,
5:00 PM	Rush Hour (C,VM,LC, 90) Zoom ID: 705 264 3243; P/C: RUSHHOUR,
5:30 PM	Whole Lava Love (O,VM, 60) Zoom ID: 835 0459 8692; P/C: choirloft; Phone: 301-715-8592; Phone P/C: 074664516,
6:00 PM	Open Door (C,LIT, 90) , St. Martin's Church, 1908 North Capitol St. NW,
6:30 PM	Emergency Room to Life (O,WC &,LIT, 90) , 1600 Morris Rd SE,
6:30 PM	Steps on the Hill (C,BEG,STEP,VM,LIT, 90) Zoom ID: 8459 681 9763; P/C: soth71,
6:30 PM	Under New Management (C,STEP,TRAD,VM,LIT, 60) Zoom ID: 997 824 3262; No P/C,
7:00 PM	Meeting on the Avenue (O, 60) , Wesley UMC, Library on lower level; plz use the Jenifer Street entrance, 5312 Connecticut Ave. NW,
7:00 PM	Stone Soul Recovery (O, 90) , Plymouth Congregation Church, 5301 North Capitol St. NE,
8:00 PM	Living Life on Life's Terms (C,DISC,STEP,VM, 90) Zoom ID: 438 348 3469; P/C: 121525,
8:30 PM	Men's Rap (C,M, 60) , West Side Club, 1341 Wisconsin Ave. NW,

FRIDAY

8:30 AM	Early Just For Today Check-in (C,JFT,VM, 90) Zoom ID: 826 3577 8671; P/C: 242275,
8:30 AM	Let Go and Let God I (O,LIT, 75) , Church of the First Born, 2451 Ainger Pl. SE,
10:00 AM	Fresh Start (O,DISC, 90) , St. Lukes Church, 4925 E Capitol St. NE,
10:00 AM	Just For Today (C,JFT,VM, 90) Zoom ID: 858 2487 7564; P/C: Love,
10:00 AM	We Still Need Help Group (C,VAR,SPK,VM, 90) Meeting ID: 785 1315 770; P/C: 1234,
NOON	Midday Meditations and Miracles (O, 60) , Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW,
NOON	New Hope (O,DISC, 90) , St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW,
NOON	Noon Time is the Right Time (C,DISC,VM, 90) Zoom ID: 932 959 7603; P/C: 1962,
1:30 PM	Let Go and Let God II (O,LIT, 75) , Church of the First Born, 2451 Ainger Pl. SE,
2:00 PM	Steppin' Into The Afternoon (C,STEP,VM, 90) Zoom ID: 785 963 7766; P/C: 1953,
3:30 PM	Spiritually Connected (O,IW,VM, 60) Zoom ID: 892 2381 6673; P/C: Free,
5:00 PM	Rush Hour (C,DISC,VM, 90) Zoom ID: 705 264 3243; P/C: RUSHHOUR,
5:00 PM	The What Can I Do Group (O,WC &,LIT, 90) , CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW,
6:00 PM	Where Healing Takes Place (C,DISC,SPK,VM, 90) Zoom ID: 404 510 8699 P/C: GODcares00,
7:00 PM	Aging In Recovery (O,DISC,VM, 90) Zoom ID: 824 005 5286; P/C: recovery,
7:00 PM	Jump Start to Recovery (, 90) , 880 Eastern Ave NE,
7:00 PM	Lighthouse (O,STEP,TRAD,WC &, 75) , Israel Methodist CME Church, 557 Randolph St. NW,
7:00 PM	O Street Steps (O,STEP,WC &, 90) , SOME, Dining Hall, 71 O St. NW,
7:00 PM	One Step at a Time (O,STEP,TRAD,VM, 90) Zoom ID: 727 6810 6047; P/C: 349943,
7:00 PM	Regardless Of Sexual Identity (C,VM, 90) Zoom ID: 550 925 8673; PC: friday,
7:00 PM	Solo Por Hoy (O,ES,LIT,HY, 60) Zoom ID: 232 505 167; P/C: 7611, Festival Center, In Chapel, 1640 Columbia Road NW,
7:00 PM	Yellow Brick Road (O,VM, 60) Zoom ID: 821 9026 0549; No P/C,
7:30 PM	Clean Works (O,DISC,LIT,HY, 60) Zoom ID: 858 0344 5434; P/C: easydoesit; Phone P/C: 8264201235, St Thomas' Parish, 3rd Floor, 1517 18th St. NW,
8:00 PM	Help Somebody (O,BEG,VM, 90) Zoom ID: 893 0884 8140; P/C: 787123,
8:00 PM	Living Life on Life's Terms (C,O,DISC,STEP,VM, 90) Zoom ID: 438 348 3469; P/C: 121525,
9:00 PM	Recovery Alley (C,HY, 60) Zoom ID: 822 0563 4651; P/C: Homegroup, St Stephen's Church (corner of 16th & Newton) 1530 Newton St. NW,
10:00 PM	Late Nite Friday Nite (O,DISC,JFT,WC &, 75) , St Alban's Church, 3001 Wisconsin Ave. NW,

SATURDAY

7:00 AM	Saturday Morning Relief (O,VM, 90) Zoom ID: 913 0361 8898; P/C: saturday,
8:30 AM	Early Just For Today Check-in (C,JFT,VM, 90) Zoom ID: 826 3577 8671; P/C: 242275,
9:00 AM	Roll Up Your Sleeves (O,TRAD,CPT,HY, 90) Zoom ID: 557 493 6316, Passcode: 1953, 2409 Ainger Pl SE,
9:30 AM	Women With A Purpose (C,IP,JFT,STEP,TRAD,W,VM,LC, 90) Zoom ID: 979-1044-9558,
10:00 AM	Can't Do It Alone Women's Rap (O,DISC,JFT,STEP,TRAD,W,VM,LC,SPAD, 90) Zoom ID: 2875318067; P/C: women25,

SATURDAY (CONT)

10:30 AM	Come Clean to Stay Clean (O, 90) , Emmanuel Baptist Church, 2409 Ainger Pl. SE,
11:30 AM	Men Under Construction (C,DISC,M,WC &, 90) , Cedar Hill Hospital, 1200 Pecan Street SE,
11:30 AM	Saturday Morning Women's Rap (C,VAR,W,VM, 90) Zoom ID: 473 645 8102; P/C: Women2021,
NOON	Mount Olivet Recovery (O,DISC,WC &, 90) , Mount Olivet Church, 1306 Vermont Ave NW,
NOON	The Ties That Bind Us Together Inspirational Women Steps and Traditions Meeting (C,STEP,TRAD,W, 90) , Saint Martins Catholic Church, 908 North Capitol Street, NW,
NOON	Women's Step and Tradition (C,STEP,TRAD,W,VM, 90) Zoom ID: 874 6272 9053; P/C: 632923,
1:30 PM	All Inclusive Group (O, 90) , 938 Rhode Island Ave. NE,
2:00 PM	Steppin' Into The Afternoon (C,STEP,VM, 90) Zoom ID: 785 963 7766; P/C: 1953,
2:00 PM	Unbreakable Women (O,W,WC &,LIT, 90) , 2451 Ainger Place SE,
2:00 PM	Where Healing Takes Place (C,DISC,SPK,VM, 90) Zoom ID: 404 510 8699 P/C: GODcares00,
6:00 PM	The Uptown Group (O, 90) , 1908 North Capitol St. NW,
7:00 PM	818 Miracles (O,STEP,TRAD,VM, 90) Zoom ID: 731-1498-4304; P/C: 818,
7:00 PM	Illness In Recovery (O,DISC,VM, 90) Meeting ID: 655 991 9437; PWC: saturday,
7:00 PM	Where Healing Takes Place (C,DISC,SPK,VM, 120) Zoom ID: 404 510 8699 P/C: GODcares00,
7:30 PM	Hope Fiends (O,CAN,HY, 60) Zoom ID: 292 549 9011; P/C: hope, Triangle Club, 1638 R St. NW #120,
8:00 PM	Gift of Life (O,STEP,TRAD,WC &,HY, 90) Zoom ID: 511 626 4561; P/C: 1908, St. Martin's Church, 1908 N Capitol St. NW,
8:00 PM	Living Life on Life's Terms (C,O,DISC,STEP,VM, 90) Zoom ID: 438 348 3469; P/C: 121525,
8:05 PM	Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group (C,BT,DISC,WC &, 60) , St Alban's Church, 3001 Wisconsin Ave. NW,
9:00 PM	Miracle of Women (C,BEG,DISC,W,VM, 90) Zoom ID: 917 1964 217; P/C 1908,

CONTACT US!**Chesapeake & Potomac Region of Narcotics Anonymous (CPRNA)**

PO Box 8160 * Silver Spring, MD 20907

24/7 Phonenumber: 1-800-543-4670
Meeting changes: meetings@cprna.org

Regional Service Committee Meeting

Meets every even month (Feb, Apr, Jun, Aug, Oct, Dec) on the 2nd Saturday of that month

<https://www.cprna.org>
Questions about NA: info@cprna.org