



## NA MEETING LIST FOR WASHINGTON, DC APRIL 2026

Meeting Format Legend			
BT	Basic Text	C	Closed
CAN	Candlelight	CPT	12 Concepts
DISC	Discussion	ES	Espanol
HY	Hybrid Physical/Virtual	LC	Living Clean Study
LIT	Literature Study	M	Men
ME	Meditation	O	Open
QA	Question and Answer	SPAD	Spiritual Principle A Day Book Study
TRAD	Tradition	VAR	Format Varies
VM	Virtual Web Meeting	WR	Writing Meeting

**Chesapeake & Potomac Region of NA**  
**PO Box 8005, Silver Spring, MD**

**24/7 PHONELINE: 1-800-543-4670**

**Questions?** [info@cprna.org](mailto:info@cprna.org)

**Website:** <https://www.cprna.org>

**Not in the DMV?** Go to <https://www.na.org>

**Meeting change?** [meetings@cprna.org](mailto:meetings@cprna.org)

**SUNDAY**

7:00 AM	<b>Open Door To Freedom (O, 90)</b> Church of the Epiphany, 1317 G St NW
8:30 AM	<b>Early Just For Today Check-in (C,VM, 90)</b> Zoom ID: 826 3577 8671; P/C: 242275
9:00 AM	<b>Sunday Morning Spiritual (O,DISC,TRAD,VM, 60)</b> Zoom ID: 812-2295-5124; P/C 774257
10:30 AM	<b>10:30 Coffee Hour (O,DISC, 90)</b> 5656A 3rd St. NE
10:30 AM	<b>I Can't, We Can (C, 85)</b> Luther Place Memorial Church, 1226 Vermont Avenue, NW
11:00 AM	<b>Sunday Morning Steps &amp; Traditions (O,VM, 60)</b> Zoom ID: 893 1577 3534; P/C: 873274
NOON	<b>Midday Meditations and Miracles (O,DISC,ME, 60)</b> Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW
2:00 PM	<b>Steppin' Into The Afternoon (C,VM, 90)</b> Zoom ID: 785 963 7766; P/C: 1953
2:00 PM	<b>Where Healing Takes Place (C,DISC,VM, 90)</b> Zoom ID: 404 510 8699; P/C: GODcares00
5:30 PM	<b>Progressive Recovery (O,DISC,LIT, 60)</b> Triangle Club, 1638 R St. NW #120
7:00 PM	<b>Clean On The Hill (C, 60)</b> Capitol Hill UMC, The entry door is on Seward Square SE. Please don't use the 5th ST Entrance, 421 Seward Square SE
7:00 PM	<b>Clean On The Screen (O,VM, 60)</b> Zoom ID: 724 9574 1690; No P/C
7:00 PM	<b>Sunday Night Spiritual Group (O, 90)</b> St Mary's Church (Church Hall), 727 5th St. NW
8:00 PM	<b>Living Life on Life's Terms (C,DISC,VM, 90)</b> Zoom ID: 438 348 3469; P/C: 121525
10:30 PM	<b>Faith &amp; Sanity (O, 90)</b> St John CME Church, 2801 Stanton Rd SE

**MONDAY**

8:30 AM	<b>Early Just For Today Check-in (C,VM, 90)</b> Zoom ID: 826 3577 8671; P/C: 242275
8:30 AM	<b>Let Go and Let God I (O,LIT, 75)</b> Church of the First Born, 2451 Ainger Pl. SE
10:00 AM	<b>Fresh Start (O,DISC, 90)</b> St. Lukes Church, 4925 E Capitol St. NE
10:00 AM	<b>Just For Today (C,VM, 90)</b> Zoom ID: 858 2487 7564; P/C: Love
10:00 AM	<b>We Still Need Help Group (C,VAR,VM, 90)</b> Meeting ID: 785 1315 770; P/C: 1234
NOON	<b>Midday Meditations and Miracles (O, 60)</b> Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW
NOON	<b>New Hope (O,DISC, 90)</b> St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW
NOON	<b>Noon Time is the Right Time (C,DISC,VM, 90)</b> Zoom ID: 932 959 7603; P/C: 1962
1:30 PM	<b>Let Go and Let God II (O,LIT, 75)</b> Church of the First Born, 2451 Ainger Pl. SE
2:00 PM	<b>Steppin' Into The Afternoon (C,VM, 90)</b> Zoom ID: 785 963 7766; P/C: 1953
3:30 PM	<b>Spiritually Connected (O,VM,SPAD, 60)</b> Zoom ID: 892 2381 6673; P/C: Free
5:00 PM	<b>Rush Hour (C,DISC,VM,LIT, 90)</b> Zoom ID: 705 264 3243; P/C: RUSHHOUR
6:00 PM	<b>1-12 Step (O, 90)</b> Mt Moriah (except holidays), 1636 E Capitol St. NE
6:30 PM	<b>Redlight Recovery (O, 90)</b> Walker Memorial Baptist Church, 2020 13th St. NW
6:30 PM	<b>Southwest Serenity (C, 60)</b> Carron Baptist Church, We are meeting on holidays, 1354 1st Street SW
7:00 PM	<b>Aging In Recovery (O,DISC,VM, 90)</b> Zoom ID: 824 005 5286; P/C: recovery
7:00 PM	<b>Monday Night Step Meeting (C,LIT, 90)</b> St. Lukes Church, 4925 E. Capitol St. NE
7:30 PM	<b>Living Proof (O, 60)</b> 4201 Albemarle St. NW
8:00 PM	<b>Living Life on Life's Terms (C,DISC,VM, 90)</b> Zoom ID: 438 348 3469; P/C: 121525
8:00 PM	<b>Monday Miracles Virtual (O,VM, 90)</b> Zoom ID: 717 680 837; P/C: 428066

**TUESDAY**

8:30 AM	<b>Early Just For Today Check-in (C,VM, 90)</b> Zoom ID: 826 3577 8671; P/C: 242275
8:30 AM	<b>Let Go and Let God I (O,LIT, 75)</b> Church of the First Born, 2451 Ainger Pl. SE
10:00 AM	<b>Just For Today (C,VM, 90)</b> Zoom ID: 858 2487 7564; P/C: Love
10:00 AM	<b>We Still Need Help Group (C,VAR,VM, 90)</b> Zoom ID: 785 1315 770; P/C: 1234
NOON	<b>Midday Meditations and Miracles (O, 60)</b> Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW
NOON	<b>New Hope (O,DISC, 90)</b> St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW
NOON	<b>Noon Time is the Right Time (C,DISC,VM, 90)</b> Zoom ID: 932 959 7603; P/C: 1962
1:30 PM	<b>Let Go and Let God II (O,LIT, 75)</b> Church of the First Born, 2451 Ainger Pl. SE
2:00 PM	<b>Steppin' Into The Afternoon (C,VM, 90)</b> Zoom ID: 785 963 7766; P/C: 1953
3:30 PM	<b>Spiritually Connected (O,VAR,VM,LIT, 60)</b> Zoom ID: 892 2381 6673; P/C: Free
5:00 PM	<b>Rush Hour (C,DISC,VM, 90)</b> Zoom ID: 705 264 3243; P/C: RUSHHOUR
5:00 PM	<b>The One Promise Group (O,DISC, 90)</b> CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW
5:30 PM	<b>Write to Recover (O,DISC,VM,WR, 60)</b> Zoom Meeting ID: 727 524 5654; P/C: 249292, Step writing during this meeting. The meeting will be locked after the writing portion ends.
6:30 PM	<b>Freedom To Change (O, 60)</b> St Martin's Church, 1908 N Capitol St. NW
6:30 PM	<b>Steps to the Courthouse (C,VM, 90)</b> Zoom ID: 994 490 7494; No P/C
7:00 PM	<b>Stepping Out of Trouble into Study (O,VM,SPAD, 90)</b> Zoom ID: 880-6299-5493; P/C: sotis
7:00 PM	<b>The Last Shall Be First (C,TRAD, 90)</b> The Harold J. Gordon Bldg., 124 15th St. SE
7:30 PM	<b>Pure Uncut Literature Study Group of NA (O,LIT, 60)</b> Chevy Chase Presbyterian Church, Enter off Oliver St before Chevy Chase Cir.; There is a parking lot and street parking., 1 Chevy Chase Cir. NW
8:00 PM	<b>Living Life on Life's Terms (C,VM, 60)</b> Zoom ID: 438 348 3469; P/C: 121525
8:30 PM	<b>Dupont Circle NA (O, 60)</b> Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW
8:30 PM	<b>Fire Barrel (O,DISC,HY, 60)</b> Zoom ID: 847 1689 8440; P/C: step11, Wesley UMC, Library on lower level; Plz use the Jenifer St. entrance., 5312 Connecticut Ave. NW

**WEDNESDAY**

8:30 AM	<b>Early Just For Today Check-in (C,VM, 90)</b> Zoom ID: 826 3577 8671; P/C: 242275
8:30 AM	<b>Let Go and Let God I (O,LIT, 75)</b> Church of the First Born, 2451 Ainger Pl. SE
10:00 AM	<b>Fresh Start (O,DISC, 90)</b> St. Lukes Church, 4925 E Capitol St. NE
10:00 AM	<b>Just For Today (C,VM, 90)</b> Zoom ID: 858 2487 7564; P/C: Love
10:00 AM	<b>We Still Need Help Group (C,VAR,VM, 90)</b> Meeting ID: 785 1315 770; P/C: 1234
NOON	<b>Midday Meditations and Miracles (O, 60)</b> Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW

**WEDNESDAY (CONT)**

<b>NOON</b>	<b>New Hope (O,DISC, 90)</b> St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW
<b>NOON</b>	<b>Noon Time is the Right Time (C,DISC,VM, 90)</b> Zoom ID: 932 959 7603; P/C: 1962
<b>1:30 PM</b>	<b>Let Go and Let God II (O,LIT, 75)</b> Church of the First Born, 2451 Ainger Pl. SE
<b>2:00 PM</b>	<b>Steppin' Into The Afternoon (C,VM, 90)</b> Zoom ID: 785 963 7766; P/C: 1953
<b>5:00 PM</b>	<b>Rush Hour (C,DISC,VM, 90)</b> Zoom ID: 705 264 3243; P/C: RUSHHOUR
<b>6:00 PM</b>	<b>The How Group (O,M, 90)</b> Ambassador Baptist Church, 1412 Minnesota Ave. SE
<b>6:30 PM</b>	<b>From the Streets to the Seats (C,TRAD,QA,LIT, 90)</b> St. Francis Xavier Church, 2815 O St SE
<b>7:00 PM</b>	<b>Aging In Recovery (O,DISC,VM, 90)</b> Zoom ID: 824 005 5286; P/C: recovery
<b>7:00 PM</b>	<b>SW Freeway (C, 60)</b> Westminster Presbyterian Church, Ground Level, 400 I St. SW
<b>7:00 PM</b>	<b>Ultimate Weapons (C,CPT,VM,LIT, 90)</b> Zoom ID: 516 993 416; No P/C
<b>8:00 PM</b>	<b>Living Life on Life's Terms (C,DISC,VM, 90)</b> Zoom ID: 438 348 3469; P/C: 121525
<b>8:00 PM</b>	<b>Step Up (C,DISC,ME,VM,LIT, 60)</b> Zoom ID: 818 8913 0099; P/C: 165124
<b>8:00 PM</b>	<b>Wednesday Night Men's Rap (Keeping it Real) (O,M,VM, 60)</b> Zoom ID: 871 4546 0605; P/C: 556828
<b>8:30 PM</b>	<b>Conscious Contact Beginners (O, 60)</b> Wesley UMC, Meeting is Upstairs; use Connecticut Ave entrance, 5312 Connecticut Ave. NW
<b>9:00 PM</b>	<b>Miracle of Women (C,DISC,VM, 90)</b> Zoom ID: 917 1964 217; P/C 1908

**THURSDAY**

<b>8:30 AM</b>	<b>Early Just For Today Check-in (C,VM, 75)</b> Zoom ID: 826 3577 8671; P/C: 242275
<b>8:30 AM</b>	<b>Let Go and Let God I (O,LIT, 75)</b> Church of the First Born, 2451 Ainger Pl. SE
<b>10:00 AM</b>	<b>Just For Today (C,VM, 90)</b> Zoom ID: 858 2487 7564; P/C: Love
<b>10:00 AM</b>	<b>We Still Need Help Group (C,VAR,VM, 90)</b> Meeting ID: 785 1315 770 PW: 1234
<b>NOON</b>	<b>Midday Meditations and Miracles (O, 60)</b> Dupont Circle Club, Above Mimosa Salon; Will not meet December 25 & January 1, 1623 Connecticut Ave. NW
<b>NOON</b>	<b>New Hope (O,DISC, 90)</b> St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW
<b>NOON</b>	<b>Noon Time is the Right Time (C,DISC,VM, 90)</b> Zoom ID: 932 959 7603; P/C: 1962
<b>1:30 PM</b>	<b>Let Go and Let God II (O,LIT, 75)</b> Church of the First Born, 2451 Ainger Pl. SE
<b>2:00 PM</b>	<b>Steppin' Into The Afternoon (C,VM, 90)</b> Zoom ID: 785 963 7766; P/C: 1953
<b>5:00 PM</b>	<b>Rush Hour (C,VM,LC, 90)</b> Zoom ID: 705 264 3243; P/C: RUSHHOUR
<b>5:30 PM</b>	<b>Whole Lava Love (O,VM, 60)</b> Zoom ID: 835 0459 8692; P/C: choirloft; Phone: 301-715-8592; Phone P/C: 074664516
<b>6:00 PM</b>	<b>Open Door (C,LIT, 90)</b> St. Martin's Church, 1908 North Capitol St. NW
<b>6:30 PM</b>	<b>Emergency Room to Life (O,LIT, 90)</b> 1600 Morris Rd SE
<b>6:30 PM</b>	<b>Living Our Literature (O,TRAD,LIT,HY, 75)</b> Zoom ID: 889 6372 8561; P/C: 3636ga, The Festival Center, Park behind building at 2612 Mozart Place (disregard no parking/towing signs), 1640 Columbia Rd. NW
<b>6:30 PM</b>	<b>Steps on the Hill (C,VM,LIT, 90)</b> Zoom ID: 8459 681 9763; P/C: soth71
<b>6:30 PM</b>	<b>Under New Management (C,TRAD,VM,LIT, 60)</b> Zoom ID: 997 824 3262; No P/C
<b>7:00 PM</b>	<b>Meeting on the Avenue (O, 60)</b> Wesley UMC, Library on lower level; plz use the Jenifer Street entrance, 5312 Connecticut Ave. NW
<b>7:00 PM</b>	<b>Stone Soul Recovery (O, 90)</b> Plymouth Congregation Church, 5301 North Capitol St. NE
<b>8:00 PM</b>	<b>Living Life on Life's Terms (C,DISC,VM, 90)</b> Zoom ID: 438 348 3469; P/C: 121525
<b>8:30 PM</b>	<b>Men's Rap (C,M, 60)</b> West Side Club, 1341 Wisconsin Ave. NW

**FRIDAY**

<b>8:30 AM</b>	<b>Early Just For Today Check-in (C,VM, 90)</b> Zoom ID: 826 3577 8671; P/C: 242275
<b>8:30 AM</b>	<b>Let Go and Let God I (O,LIT, 75)</b> Church of the First Born, 2451 Ainger Pl. SE
<b>10:00 AM</b>	<b>Fresh Start (O,DISC, 90)</b> St. Lukes Church, 4925 E Capitol St. NE
<b>10:00 AM</b>	<b>Just For Today (C,VM, 90)</b> Zoom ID: 858 2487 7564; P/C: Love
<b>10:00 AM</b>	<b>We Still Need Help Group (C,VAR,VM, 90)</b> Meeting ID: 785 1315 770; P/C: 1234
<b>NOON</b>	<b>Midday Meditations and Miracles (O, 60)</b> Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW
<b>NOON</b>	<b>New Hope (O,DISC, 90)</b> St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW
<b>NOON</b>	<b>Noon Time is the Right Time (C,DISC,VM, 90)</b> Zoom ID: 932 959 7603; P/C: 1962
<b>1:30 PM</b>	<b>Let Go and Let God II (O,LIT, 75)</b> Church of the First Born, 2451 Ainger Pl. SE
<b>2:00 PM</b>	<b>Steppin' Into The Afternoon (C,VM, 90)</b> Zoom ID: 785 963 7766; P/C: 1953
<b>3:30 PM</b>	<b>Spiritually Connected (O,VM, 60)</b> Zoom ID: 892 2381 6673; P/C: Free
<b>5:00 PM</b>	<b>Rush Hour (C,DISC,VM, 90)</b> Zoom ID: 705 264 3243; P/C: RUSHHOUR
<b>5:00 PM</b>	<b>The What Can I Do Group (O,LIT, 90)</b> CCONV, Parking & entrance in back at E Street Alley, 425 2nd St. NW
<b>6:00 PM</b>	<b>Where Healing Takes Place (C,DISC,VM, 90)</b> Zoom ID: 404 510 8699 P/C: GODcares00
<b>7:00 PM</b>	<b>Aging In Recovery (O,DISC,VM, 90)</b> Zoom ID: 824 005 5286; P/C: recovery
<b>7:00 PM</b>	<b>Jump Start to Recovery (, 90)</b> 880 Eastern Ave NE
<b>7:00 PM</b>	<b>Lighthouse (O,TRAD, 75)</b> Israel Methodist CME Church, 557 Randolph St. NW
<b>7:00 PM</b>	<b>O Street Steps (O, 90)</b> SOME, Dining Hall, 71 O St. NW
<b>7:00 PM</b>	<b>One Step at a Time (O,TRAD,VM, 90)</b> Zoom ID: 727 6810 6047; P/C: 349943
<b>7:00 PM</b>	<b>Regardless Of Sexual Identity (C,VM, 90)</b> Zoom ID: 550 925 8673; PC: friday
<b>7:00 PM</b>	<b>Yellow Brick Road (O,VM, 60)</b> Zoom ID: 821 9026 0549; No P/C
<b>7:30 PM</b>	<b>Clean Works (O,DISC,LIT,HY, 60)</b> Zoom ID: 858 0344 5434; P/C: easydoesit; Phone P/C: 8264201235, St Thomas' Parish, 3rd Floor, 1517 18th St. NW
<b>8:00 PM</b>	<b>Help Somebody (O,VM, 90)</b> Zoom ID: 893 0884 8140; P/C: 787123
<b>8:00 PM</b>	<b>Living Life on Life's Terms (C,O,DISC,VM, 90)</b> Zoom ID: 438 348 3469; P/C: 121525
<b>9:00 PM</b>	<b>Recovery Alley (C,HY, 60)</b> Zoom ID: 822 0563 4651; P/C: Homegroup, St Stephen's Church (corner of 16th & Newton), 1530 Newton St. NW
<b>9:00 PM</b>	<b>Solo Por Hoy (O,ES,LIT,HY, 60)</b> Zoom ID: 232 505 167; P/C: 7611, St. Stephens of the Incarnation, In Sanctuary, 1525 Newton St NW
<b>10:00 PM</b>	<b>Late Nite Friday Nite (O,DISC, 75)</b> St Alban's Church, 3001 Wisconsin Ave. NW

**SATURDAY**

<b>7:00 AM</b>	<b>Saturday Morning Relief (O,VM, 90)</b> Zoom ID: 913 0361 8898; P/C: saturday
<b>8:30 AM</b>	<b>Early Just For Today Check-in (C,VM, 90)</b> Zoom ID: 826 3577 8671; P/C: 242275

**SATURDAY (CONT)**

<b>9:00 AM</b>	<b>Roll Up Your Sleeves (O,TRAD,CPT,HY, 90)</b> Zoom ID: 557 493 6316, Passcode: 1953, 2409 Ainger Pl SE
<b>9:30 AM</b>	<b>Women With A Purpose (C,TRAD,VM,LC, 90)</b> Zoom ID: 979-1044-9558
<b>10:00 AM</b>	<b>Can't Do It Alone Women's Rap (O,DISC,TRAD,VM,LC,SPAD, 90)</b> Zoom ID: 2875318067; P/C: women25
<b>10:30 AM</b>	<b>Come Clean to Stay Clean (O, 90)</b> Emmanuel Baptist Church, 2409 Ainger Pl. SE
<b>11:30 AM</b>	<b>Men Under Construction (C,DISC,M, 90)</b> Cedar Hill Hospital, 1200 Pecan Street SE
<b>11:30 AM</b>	<b>Saturday Morning Women's Rap (C,VAR,VM, 90)</b> Zoom ID: 473 645 8102; P/C: Women2021
<b>NOON</b>	<b>Mount Olivet Recovery (O,DISC, 90)</b> Mount Olivet Church, 1306 Vermont Ave NW
<b>NOON</b>	<b>The Ties That Bind Us Together Inspirational Women Steps and Traditions Meeting (C,TRAD, 90)</b> Saint Martins Catholic Church, 908 North Capitol Street, NW
<b>NOON</b>	<b>Women's Step and Tradition (C,TRAD,VM, 90)</b> Zoom ID: 874 6272 9053; P/C: 632923
<b>1:30 PM</b>	<b>All Inclusive Group (O, 90)</b> 938 Rhode Island Ave. NE
<b>2:00 PM</b>	<b>Steppin' Into The Afternoon (C,VM, 90)</b> Zoom ID: 785 963 7766; P/C: 1953
<b>2:00 PM</b>	<b>Unbreakable Women (O,LIT, 90)</b> 15 49th St NE
<b>2:00 PM</b>	<b>Where Healing Takes Place (C,DISC,VM, 90)</b> Zoom ID: 404 510 8699 P/C: GODcares00
<b>6:00 PM</b>	<b>The Uptown Group (O, 90)</b> 1908 North Capitol St. NW
<b>7:00 PM</b>	<b>818 Miracles (O,TRAD,VM, 90)</b> Zoom ID: 731-1498-4304; P/C: 818
<b>7:00 PM</b>	<b>Illness In Recovery (O,DISC,VM, 90)</b> Meeting ID: 655 991 9437; PWC: saturday
<b>7:00 PM</b>	<b>Where Healing Takes Place (C,DISC,VM, 120)</b> Zoom ID: 404 510 8699 P/C: GODcares00
<b>7:30 PM</b>	<b>Hope Fiends (O,CAN,HY, 60)</b> Zoom ID: 292 549 9011; P/C: hope, Triangle Club, 1638 R St. NW #120
<b>8:00 PM</b>	<b>Gift of Life (O,TRAD,HY, 90)</b> Zoom ID: 511 626 4561; P/C: 1908, St. Martin's Church, 1908 N Capitol St. NW
<b>8:00 PM</b>	<b>Living Life on Life's Terms (C,O,DISC,VM, 90)</b> Zoom ID: 438 348 3469; P/C: 121525
<b>8:05 PM</b>	<b>Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group (C,BT,DISC, 60)</b> St Alban's Church, 3001 Wisconsin Ave. NW
<b>9:00 PM</b>	<b>Miracle of Women (C,DISC,VM, 90)</b> Zoom ID: 917 1964 217; P/C 1908

**CONTACT US!****Chesapeake & Potomac Region of Narcotics Anonymous (CPRNA)**

PO Box 8160 \* Silver Spring, MD 20907

**24/7 Phonenumber: 1-800-543-4670**  
**Meeting changes: meetings@cprna.org**

**Regional Service Committee Meeting**

Meets every even month (Feb, Apr, Jun, Aug, Oct, Dec) on the 2nd Saturday of that month

**<https://www.cprna.org>**  
**Questions about NA: info@cprna.org**