SATURDAY (CONT)

7:00PM **A Good Deal (O,DISC,VM, 60)** Zoom ID: 769 038 042; Passcode: 8675309, Gaithersburg, MD, 20898
7:00PM **Saturday Night Living Clean (O,LIT,LC, 60)** The Freedom Center, Enter on side of building, 202 Perry Pkwy. Suite #5, Gaithersburg, MD, 20877, Read from Living Clean
7:00PM **Speakeasy (O,DISC,VAR, 90)** Woodside UMC, 8900 Georgia Ave, Silver Spring, MD, 20910
7:30PM **Off the Beaten Path 2 (O,VM, 60)** Zoom ID: 862 2444 3740; Passcode: NArocks, Mt Airy, MD, 21771

Norvana Area

11:00AM **Sisters in Recovery (O,W, 90)** Fairlington Presbyterian Church, 3846 King Street, Alexandria, VA, 22302
NOON **Stepping Together (BEG,JFT,PPE,HY, 75)** Zoom ID: 568 046 8023; Passcode: 121212, St. Paul United Methodist Church, Side entrance down the hill, 1400 G St, Woodbridge, VA, 22191
6:00PM **Welcome Home (O,LIT,PPE, 60)** Bush Hill Presbyterian Church, 4916 Franconia Rd, Alexandria, VA, 22310
6:45PM **Free Yourself (O,WC ♿,PPE,HY, 75)** Zoom ID: 962 211 7089; Passcode: 169422, Independence Club, 7043 Wimsatt Rd, Springfield, VA, 22151
7:00PM **NA Pavilion (O,PPE, 90)** Greenbrier Baptist Church, 5401 7th Road S, Arlington, VA, 22204

Rock Creek Area

7:00AM **Saturday Morning Relief (O,VM, 90)** Zoom ID: 897 4991 1386; Passcode: saturday, Washington, DC, 20001
7:30PM **Hope Fiends (O,CAN,HY, 60)** Zoom ID: 292 549 9011; Passcode: hope, Luther Place Memorial Church, @ N Street; in the chapel, 1226 Vermont Ave NW, Washington, DC, 20005
8:05PM **Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group (C,BT,DISC,WC ♿, 60)** St Alban's Church, 3001 Wisconsin Ave NW, Washington, DC, 20016

South Potomac Area

10:00AM **Spiritually Speaking (STEP,VM,LIT, 90)** Zoom ID: 894 6057 5502; Passcode: 943360, Capitol Heights, MD, 20791
NOON **Keep It Simple (O,WC ♿,LIT, 90)** St. Barnabas Episcopal Church, 5203 Saint Barnabas Rd, Temple Hills, MD, 20748

The Virtual Ties That Bind Us Together Area

8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, Washington, DC, 20090
2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, 20090
8:00PM **Living Life on Life's Terms (C,O,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, 20090

Tri-County Area

10:00AM **Healthy Relationships (CH,DISC,WC ♿,ENG, 90)** Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach, MD, 20732
NOON **Women In Recovery (O,W, 60)** Great Escape Recovery Lounge, 85 High Street, Waldorf, MD, 20602
6:00PM **Stick and Stay (O,VAR,SPK,TOP,WC ♿, 60)** Life Church, 35 Cox Rd, Huntingtown, MD, 20639
7:00PM **It's A We Thing (O,WC ♿, 75)** St Paul's UMC, Brubecker Hall, 25550 Point Lookout Rd, Leonardtown, MD, 20650
7:00PM **Making Miracles (O,DISC,WC ♿, 90)** Good Shepherd Church, 305 Smallwood Dr, Waldorf, MD, 20602
10:00PM **Candlelight (SPK,WC ♿, 60)** Good Shepherd Church, 305 Smallwod Dr, Waldorf, MD, 20602

CONTACT INFO

Chesapeake & Potomac Region of Narcotics Anonymous (CPRNA)
PO Box 8160
Silver Spring, MD 20907

Regional Service Committee Meeting
Meets every even month: Feb, Apr, Jun, Aug, Oct, Dec
2nd Saturday of that month at 1:00 PM
Zoom Meeting ID: 824 5089 4047;
Passcode: 12

24/7 Phoneline: 1-800-543-4670 **https://www.cprna.org**
Email meeting changes to: **meetings@cprna.org**

CHESAPEAKE & POTOMAC REGION OF NA

Narcotics Anonymous Meetings in Washington DC, Maryland, and Northern Virginia

24/7 Phoneline: 1-800-543-4670
https://www.cprna.org
Email meeting changes to:
meetings@cprna.org

Scan QR Code to go to our website Meetings page!

MEETING LIST BY AREA
APRIL 2024

Meeting Format Legend

BEG	Beginners	BT	Basic Text
C	Closed	CAN	Candlelight
CH	Closed Holidays	CPT	12 Concepts
CW	Children Welcome	DISC	Discussion
ENG	English speaking	ES	Espanol
F2F	Face 2 Face	HY	Hybrid Physical/Virtual
IP	IP Study	IW	It Works Study
JFT	Just for Today Study	LC	Living Clean Study
LIT	Literature Study	M	Men
ME	Meditation	NP	No Pets
O	Open	PER	Persian / Farsi
PH	Phone Meeting	PPE	Masks Required
Pi	Pitch	RR	Round Robin
SPAD	Spiritual Principle A Day Book Study	SPK	Speaker
STEP	Step	SWG	Step Working Guide Study
TC	Temporary Closed	TOP	Topic
TRAD	Tradition	TW	Traditions Workshop
VAR	Format Varies	VM	Virtual Web Meeting
W	Women	WC ♿	Wheelchair
WR	Writing Meeting	Y	Young People

Weekly Meetings: **402**

OUR MEETINGS

SUNDAY

Battlefield Area

NOON **Recovidery (O,DISC,JFT,VM, 60)** ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20110
7:00PM **Sunday Funday (O,DISC,SPK,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20110
9:00PM **Sunday Night Meeting (O,BT,DISC,IW,VAR,SPK,VM,LIT, 60)** ID: 822 228 0011; Passcode: 121212, Manassas, VA, 20109

Central Maryland Area

10:00AM **Breakfast Club (O,VAR,WC ♿, 60)** 4912 Nantucket Road, College Park, MD, 20740
10:00AM **Easy Like Sunday Morning (O,DISC,PH, 90)** Phone#: 605-313-4221; Phone Password: 3074093, Municipal Center, 2000 Marbury Dr, District Heights, MD, 20747, This meeting is a phone line meeting only.
10:00AM **Virtual Breakfast Club (SPK,VM,LIT, 60)** Zoom ID# 878 4829 2214; Passcode: 4912Donuts, Greenbelt, MD, 20770
11:00AM **Starting Over (O,VAR,WC ♿, 60)** Serenity Center, 8650 Basket Ring Rd, Columbia, MD, 21045
4:30PM **The Living Clean Group (O,WC ♿,VM,LIT, 90)** Zoom ID: 819 6121 9682; Passcode: LvClean, Greenbelt, MD, 20770
7:00PM **Small Wonders (DISC,JFT,STEP,TRAD,WC ♿, 60)** University Christian Church, 6800 Adelphi Rd, Hyattsville, MD, 20782

SUNDAY (CONT)

7:30PM **Savage Survivors (O,WC ♿, 60)** Savage UMC, 9050 Baltimore St, Savage, MD, 20763

District of Columbia Area

9:00AM **Sunday Morning Spiritual (O,DISC,TRAD,VM, 60)** Zoom ID: 812-2295-5124; Passcode 774257, Washington, DC, 20090

10:30AM **10:30 Coffee Hour (O,DISC,WC ♿, 90)** 5656A 3rd Street NE, Washington, DC, 20011

11:00AM **Sunday Morning Steps & Traditions (O,VM, 60)** Zoom ID: 893 1577 3534; Passcode: 873274, Washington, DC, 20090

7:00PM **Sunday Night Spiritual Group (O, 90)** St Mary's Church (Church Hall), 727 5th St NW, Washington, DC, 20001

Dulles Corridor Area

10:30AM **To Tell The Truth (O,WC ♿, 60)** Community Center (Hunters Woods), Room 6, 2310 Colts Neck Rd., Reston, VA, 20191

NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, 20172

7:00PM **The Journey Continues (O,LIT, 60)** St. David's Episcopal Church (Trailer), 43600 Russell Branch Parkway, Ashburn, VA, 20147

Frederick Area

11:30AM **Sunday Morning NA (O,JFT, 60)** The Club, 205B Bucheimer Rd, Frederick, MD, 21701

6:30PM **Just For Today (C,SPK,STEP,TRAD, 75)** Trinity United Methodist Church, 703 W Patrick St, Frederick, MD, 21701

Montgomery Area

8:00AM **Squeaky Clean (O,DISC,HY, 60)** Zoom ID: 828 8288 3957; No Passcode, AISH Learning Center, 11418 Old Georgetown Rd, Rockville, MD, 20852

NOON **Progress in NA (O,STEP,TRAD,VM, 90)** Zoom ID: 973 466 3601 Passcode: 875711, Gaithersburg, MD, 20898

6:00PM **Let it Shine (Women's Meeting) (C,W,LIT, 60)** Mother Seton Parish, Meeting in the basement; take stairs left of sanctuary; follow around to room # St. Josephs, 19951 Father Hurley Blvd, Germantown, MD, 20874, Closed for Easter, Christmas Eve, Christmas Day, New Year's Eve, New Year's Day

6:00PM **Talking Heads (O,DISC,WC ♿, 60)** Chevy Chase UMC, Please use parking lot entrance, 7001 Connecticut Ave, Chevy Chase, MD, 20815

6:00PM **Topic of Cancer (O,VAR,VM, 60)** Zoom ID: 861 6976 9680; Passcode: TopicOC, Gaithersburg, MD, 20898

7:30PM **The Alternative (O,CAN,DISC,SPK,HY, 60)** Zoom ID: 114 114 644 Passcode: 016821, Trinity Lutheran Church, 11200 Old Georgetown Rd., Bethesda, MD, 20852

7:30PM **Today's Recovery (O,DISC,WC ♿, 60)** Seneca Creek Community Church, 13 Firstfield Rd, Gaithersburg, MD, 20878

Norvana Area

10:00AM **NA in Delray (O,WC ♿,PPE,HY, 90)** Zoom ID: 873 4446 3412; Passcode: 1991, Department of Community & Human Services (DCHS), Conference Center, 1st Floor, 4850 Mark Center Drive, Alexandria, VA, 22311

NOON **Just For Today (O, 60)** Unity Club, 116 W Broad St, Falls Church, VA, 22046

7:00PM **Another Look (O,WC ♿, 60)** Franconia United Methodist Church, 6037 Franconia Rd, Alexandria, VA, 22151

7:00PM **Living In The Solution (O,VAR,SPK,STEP,WC ♿,HY, 75)** Zoom ID: 568 046 8023; Passcode: 121212, Immanuel Anglican Church, 7075 Hoadly Rd, Manassas, VA, 20112

Rock Creek Area

NOON **Midday Meditations and Miracles (O,DISC,JFT,ME, 60)** Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Avenue NW, Washington, DC, 20009

5:30PM **Progressive Recovery (O,DISC,WC ♿,LIT, 60)** Luther Place Memorial, 1226 Vermont Ave NW, Washington, DC, 20009

7:00PM **Clean On The Hill (C, 60)** Capitol Hill UMC (enter on 5th St; ring bell), 421 Seward Square SE, Washington, DC, 20003

7:00PM **Clean On The Screen (VM, 60)** Zoom ID: 724 9574 1690; No Passcode, Washington, DC, 20008

South Potomac Area

1:00PM **Sunday Afternoon Meeting (O,VM, 90)** Zoom ID: 202 999 2020; Passcode: hope, Capitol Heights, MD, 20791

6:30PM **Best Step & Tradition Meeting In Town (O, 90)** Greater Beulah Baptist Church, 6056 Old Central Ave, Capitol Heights, MD, 20743

7:00PM **Closed Sunday (C,WC ♿, 90)** Our Savior Lutheran Church, 4915 St. Barnabas Rd, Temple Hills, MD, 20748

The Virtual Ties That Bind Us Together Area

8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, Washington, DC, 20090

2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, 20090

8:00PM **Living Life on Life's Terms (C,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, 20090

FRIDAY (CONT)

7:30PM **Work 'Em Or Die (O,WC ♿, 75)** Good Samaritan Presbyterian Church, 13025 Good Samaritan Dr, Waldorf, MD, 20601

8:00PM **One Line At a Time (O,CH,DISC,VAR,WC ♿,ENG, 75)** Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach, MD, 20732

9:30PM **Another Late Night (O,DISC,STEP,TRAD, 60)** Good Samaritan Lutheran Church, 20850 Langley Rd, Lexington Park, MD, 20653

SATURDAY

Battlefield Area

NOON **Recovidery (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20110

7:00PM **Destination Hope (O,SPK,F2F,PPE, 60)** Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA, 20110

Central Maryland Area

10:00AM **Ladies in Recovery (SPK,W,Y,VM, 60)** Zoom ID# 803 826 655; No Passcode, Greenbelt, MD, 20770

NOON **Just for Today (O,WC ♿, 60)** The 180 Club, 4318 Hamilton Ave, Hyattsville, MD, 20781

5:00PM **Fear to Faith (O,WC ♿, 60)** Emmanuel United Methodist Church, 11416 Cedar Lane, Beltsville, MD, 20705

7:00PM **Gut Bucket (O,WC ♿,VM, 60)** Zoom ID: 973-466-3601; Passcode 875711, Greenbelt, MD, 20770

7:00PM **HOW Group (O,DISC,WC ♿, 60)** St Mary's School, 106 St. Mary's Place, Laurel, MD, 20707

8:30PM **Tracks to Recovery (O,WC ♿, 60)** Unity Place, 8610 Railroad Avenue, Bowie, MD, 20720

District of Columbia Area

9:00AM **Better Way (O,PH,VM, 60)** Phone #: 425-436-6351; Phone Password: 344456#, Washington, DC, 20090

11:00AM **Come Clean to Stay Clean (O,PPE, 90)** Emmanuel Baptist Church, Masks Required, 2409 Ainger Place SE, Washington, DC, 20020

11:30AM **Men Under Construction (O,DISC,M,WC ♿, 90)** United Medical Center, 1310 Southern Ave. SE, Washington, DC, 20032, Must wear a mask.

11:30AM **Women's Rap (O,W,VM, 60)** Zoom ID: 473 645 8102; Passcode: Women2021, Washington, DC, 20090

NOON **Mount Olivet Recovery (O,DISC,WC ♿,PPE, 90)** Mount Olivet Church, 1306 Vermont Ave NW, Washington, DC, 20005, Mask required, vaccine preferred

NOON **Women's Step and Tradition (C,STEP,TRAD,W,VM, 90)** Zoom ID: 874 6272 9053; Passcode: 632923, Washington, DC, 20090

1:30PM **NA group at The Metropolis Club (O, 60)** The Metropolis Club, 938 Rhode Island Ave, NE, Washington, DC, 20002

6:00PM **Uptown (O,DISC, 90)** Unity Baptist Church, 2706 Bladensburg Road NE, Washington, DC, 20018

7:00PM **Illness In Recovery (O,VM, 60)** Zoom ID: 970 781 8525; Passcode: 1HMZCm, Washington, DC, 20090

8:00PM **Gift of Life (O,STEP,TRAD,WC ♿,HY, 90)** Zoom ID: 511 626 4561; No Passcode, St. Martin's Church, 1908 N Capitol St NW, Washington, DC, 20002

9:00PM **Miracle of Women (O,W,VM, 60)** Zoom ID: 917 1964 217; Passcode 1908, Washington, DC, 20090

Dulles Corridor Area

10:00AM **Rainbow Llama (O,LIT, 60)** Galilee Methodist Church, 45425 Winding Rd., Sterling, VA, 20165

NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, 20172

7:00PM **Literally Speaking (O,HY, 60)** St Matthew's Episcopal Church (right side room of trailer), 201 E. Frederick Dr., Sterling, VA, 20164

7:30PM **Keep It Real (O, 60)** A New Beginning (every other Saturday - 4/8/23 & 4/22/23), 4213 Walney Rd, Chantilly, VA, 20151

8:30PM **Saturday Night Live (O,WC ♿, 60)** St Matthew's Episcopal Church (trailer), 201 E. Frederick Dr., Sterling, VA, 20164

East of the River Area

9:30AM **Women with a Purpose (C,IP,STEP,TRAD,VM,LIT, 90)** Zoom ID: 979 1044 9558; No Passcode, Washington, DC, 20020

7:00PM **818 Miracles (O,STEP,TRAD,VM, 90)** Zoom ID: 731 1498 4304; Passcode: 818, Washington, DC, 20001

Frederick Area

10:00AM **Can't Do It Alone (O,DISC,IP,JFT,STEP,W,WC ♿,VM, 90)** Zoom ID: 8108397960; Passcode: 287829, Frederick, MD, 21705

10:00AM **Kickin' It Raw (O,M,VM, 90)** Zoom ID: 9853773041; Passcode: MANUP., Frederick, MD, 21705

NOON **Noon Group (O, 60)** Grace United Church, 25 E 2nd street, Frederick, MD, 21701, Limited capacity

7:00PM **Up in Smoke (VAR,TRAD,WC ♿, 60)** Community Action Agency, 100 S. Market St, Frederick, MD, 21701

8:00PM **Saturday Night Special (O,WC ♿, 60)** Good Shepherd Lutheran Church, 1415 W 7th St, Frederick, MD, 21702

Montgomery Area

11:00AM **Share On Saturday (O,VM, 60)** Zoom ID: 803 910 502; Passcode: share, Gaithersburg, MD, 20898

NOON **Free Yourself (O,DISC,JFT,WC ♿, 60)** Woodside UMC, Enter in Back. Door Code: 82911, 8900 Georgia Ave, Silver Spring, MD, 20910

3:00PM **Good Stuff (O,VM, 60)** Zoom ID: 882 8490 9775; Passcode: 717012, Gaithersburg, MD, 20898

6:00PM **Fresh Start (O,WC ♿,LIT, 75)** Prince of Peace Lutheran Church, 11900 Darnestown Rd, Gaithersburg, MD, 20878

FRIDAY (CONT)

8:00PM **I'm Somebody (O,VM, 60)** Zoom ID: 449 215 767; Passcode: 703, Herndon, VA, 20172

East of the River Area

8:30AM **Let Go and Let God (O,STEP, 75)** Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020

1:30PM **Let Go and Let God (O, 90)** Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020

7:00PM **Aging In Recovery (O,DISC,VM, 90)** Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC, 20020

Frederick Area

NOON **Noon Group (O, 60)** Grace United Church, 25 E 2nd street, Frederick, MD, 21701, Limited capacity

7:30PM **We Do Recover (O,TOP, 60)** Frederick Church of Christ, 1305 N Market St, Frederick, MD, 21701, The last Friday of the month is a speaker meeting.

Montgomery Area

7:30AM **Freedom in the Village (O,DISC,JFT,VM, 60)** Zoom ID: 823 5857 7621, Passcode: 685408, Gaithersburg, MD, 20886

NOON **Freedom in the Village (O,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd, Gaithersburg, MD, 20886

NOON **NA at Noon (O,JFT,VM, 60)** Zoom ID: 889 4686 0935; No Passcode, Silver Spring, MD, 20901, Meeting is Hybrid M-Th; Virtual only on Friday

7:00PM **Older Toddlers (O,WC ♿,HY, 60)** Zoom ID: 903443801; Passcode: Recovery12, Christ Episcopal Church, Parking lot is off Everett St. Meeting is in the Basement., 4001 Franklin Street, Kensington, MD, 20895

7:30PM **Upcounty NA (O,PPE, 90)** Emory Grove UM Church, Masks are required., 8200 Emory Grove Rd, Gaithersburg, MD, 20877

8:00PM **Live and Let Live (O,LIT, 60)** Fairhaven UMC, 12801 Darnestown Rd, Gaithersburg, MD, 20878

8:30PM **Get Down (O,VM, 60)** Zoom ID: 86570165126; Passcode: getdown, Bethesda, MD, 20898

Norvana Area

7:00PM **Man-up G-Street (O,M,VAR,WC ♿,VM, 75)** Zoom ID: 818 5987 9896; Passcode: 123, Woodbridge, VA, 22191

7:00PM **NA for Life (O,WC ♿, 90)** Langston Brown Center, 2121 N Culpeper Street, Arlington, VA, 22207

7:00PM **Recovery on the South Side (O,WC ♿, 90)** Lee Center, 1108 South Jefferson Street, Alexandria, VA, 22314

7:00PM **Simplicity Is the Key (C,DISC,LIT, 60)** Falls Church Presbyterian Church, 225 E Broad Street, Falls Church, VA, 22046

7:00PM **Women Of Woodbridge - W.O.W. (O,VAR,W,WC ♿,VM, 60)** Zoom ID: 568 046 8023; Passcode: 121212, Woodbridge, VA, 22191

7:15PM **Church Basement Recovery (O,PPE,HY, 75)** Zoom ID: 962 211 7089; Password: 169422, Kirkwood Presbyterian Church, 8336 Carrleigh Pkwy, West Springfield, VA, 22152

7:30PM **Better Here Than There (O,JFT,VM,SPAD, 60)** Zoom ID: 536 659 392; Passcode: 842931, Arlington, VA, 22204

Rock Creek Area

NOON **Midday Meditations and Miracles (O,HY, 60)** Zoom ID: 376 456 0565; Passcode: 3rvad5, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Avenue NW, Washington, DC, 20009

7:30PM **Clean Works (O,DISC,LIT,HY, 60)** Zoom ID: 858 0344 5434; Passcode: easydoesit; Phone Passcode: 8264201235, St Thomas' Parish, 3rd Floor, 1517 18th Street NW, Washington, DC, 20036

9:00PM **Recovery Alley (C,HY, 60)** Zoom ID: 987 3916 8163; Passcode: Homegroup, St Stephen's Church (corner of 16th & Newton), 1530 Newton Street NW, Washington, DC, 20010

10:00PM **Late Nite Friday Nite (O,DISC,JFT,WC ♿, 75)** St Alban's Church, 3001 Wisconsin Avenue NW, Washington, DC, 20016

South Potomac Area

7:00PM **Women Do Recover (O,W,WC ♿,LIT, 90)** Hope Lutheran Church, 6201 Coventry Way, Clinton, MD, 20735

7:30PM **Living the Program Men's Rap (O,M,PPE, 90)** The Church of the Great Anointing, 3710 Riviera St, Temple Hills, MD, 20748, Masks Are Recommended

The Virtual Ties That Bind Us Together Area

8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, Washington, DC, 20090

10:00AM **Just For Today (O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC, 20090

NOON **Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC, 20090

2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, 20090

5:00PM **Rush Hour (C,DISC,VM, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC, 20090

8:00PM **Living Life on Life's Terms (C,O,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, 20090

Tri-County Area

NOON **Give Yourself A Break (O,JFT,VAR,SPK,STEP,TRAD, 60)** Good Samaritan Church, 13025 Good Samaritan Dr., Waldorf, MD, 20601

7:05PM **7:07 (O, 60)** Trinity Lutheran Church (at S Essex), 46707 S Shangri La Dr, Lexington Park, MD, 20653

SUNDAY (CONT)

Tri-County Area

7:00PM **Basket Case (O, 75)** Patuxent Presbyterian Church, 23421 Kingston Creek Road, California, MD, 20619

7:30PM **Another Chance (O,WC ♿,PPE, 60)** St. Nicholas Lutheran Church, 1450 Plum Pl. Rd., Huntingtown, MD, 20639

7:30PM **Stepping Into Traditions & Concepts (O, 75)** St Joseph's Church, 4590 St Joseph Way, Pomfret, MD, 20675

MONDAY

Battlefield Area

NOON **High Noon (O,BEG,DISC,WC ♿, 60)** Jean McCoy Conference, 7987 Ashton Ave., Manassas, VA, 20109

NOON **Recovidery (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20110

8:00PM **Learning How To Live (O,BEG,DISC,VAR,F2F,LIT, 60)** Gainesville Presbyterian Church, Meeting is downstairs to the right, 16127 Lee Highway, Gainesville, VA, 20155

8:30PM **Getting Centered (O,DISC,VM,LIT, 60)** Zoom ID: 837 7972 7742; No Passcode, Manassas, VA, 20110

Central Maryland Area

10:00AM **Ladies in Recovery (JFT,SPK,W,Y,VM, 60)** Zoom ID: 803 826 655; No Passcode, Greenbelt, MD, 20770

7:00PM **Hope Fiends (O,BEG,WC ♿,VM, 75)** Zoom ID: 329 527 2677; Passcode: 8W2UGA, Greenbelt, MD, 20770

7:00PM **It Works: How and Why (C,WC ♿, 90)** Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD, 20770

7:30PM **Laurel Basics 1-2-3 (O, 60)** Holy Trinity Lutheran Church, Meeting is in the basement, 7607 Sandy Spring Rd, Laurel, MD, 20707

District of Columbia Area

NOON **New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002

6:00PM **Why are We Here (O, 60)** Bread for the City, 1700 Good Hope Rd. SE, Washington, DC, 20032

6:30PM **Redlight Recovery (O, 90)** Walker Memorial Baptist Church, 2020 13th Street NW, Washington, DC, 20009

Dulles Corridor Area

NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, 20172

6:30PM **Exact Nature Men's Meeting (O,M,WC ♿, 75)** Riverside Presbyterian Church, 21631 Ridgetop Circle, Ste 100, Sterling, VA, 21066

7:00PM **Now What? (WC ♿, 60)** Loudoun Club 12, 58 Sycolin Rd., SE, Leesburg, VA, 20175

8:00PM **Free To Live (O,WC ♿, 60)** St. Matthew's Episcopal Church (Trailer), 201 E. Frederick Dr., Sterling, VA, 20164

East of the River Area

8:30AM **Let Go and Let God (O,STEP, 75)** Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020

10:00AM **Fresh Start (O,DISC, 90)** St. Lukes Church, 4925 E. Capitol St NE, Washington, DC, 20019

1:30PM **Let Go and Let God (O, 90)** Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020

6:00PM **1-12 Step (O,STEP, 90)** Mt Moriah (except holidays), 1636 East Capitol St NE, Washington, DC, 20003

7:00PM **Aging In Recovery (O,DISC,VM, 90)** Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC, 20020

7:00PM **Monday Night Step Meeting (LIT, 90)** St. Lukes Church, 4925 E. Capitol St NE, Washington, DC, 20019

Frederick Area

NOON **Noon Group (O, 60)** Grace United Church, 25 E 2nd street, Frederick, MD, 21701, Limited capacity

7:00PM **Monday Night Miracles by Candlelight (O,WC ♿,LIT, 60)** Good Shepherd Lutheran Church, 1415 W 7th Street, Frederick, MD, 21702

8:00PM **Back To Basics (O,IW,WC ♿, 60)** Community Action Agency, 100 S. Market St, Frederick, MD, 21701, formerly called Late But Straight

Montgomery Area

7:30AM **Freedom in the Village (O,DISC,JFT,VM, 60)** Zoom ID: 823 5857 7621, Passcode: 685408, Gaithersburg, MD, 20886

NOON **Freedom in the Village (O,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd, Gaithersburg, MD, 20886

NOON **NA at Noon (O,JFT,WC ♿,HY, 60)** Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church (Mon-Fri), 9525 Colesville Rd, Silver Spring, MD, 20901

6:00PM **Béisbol (Persona, Dios, Sociedad, Servicio) (O,ES,JFT,LIT,HY, 60)** Zoom ID: 831 7185 1799; Passcode: 152608, Emory Grove UM Church, 8200 Emory Grove Rd, Gaithersburg, MD, 20877

7:00PM **Illness in Recovery (O,WC ♿,Y, 60)** Millian Memorial UMC, 13016 Parkland Dr, Rockville, MD, 20853

7:00PM **Monday Miracles (BEG,STEP, 75)** Montgomery Hills Baptist Church, 9727 Georgia Ave, Silver Spring, MD, 20910

7:15PM **Step Working Addicts Group (O,DISC,IW,SWG,STEP,VM, 60)** Zoom ID: 843 0163 1904; Passcode: 12Steps, Gaithersburg, MD, 20898

8:00PM **Oasis (O,BEG,BT,STEP,LIT, 60)** Prince of Peace Lutheran Church, 11900 Darnestown Rd, Gaithersburg, MD, 20878

8:00PM **Stayin' Alive (O,STEP,VM, 60)** Zoom ID: 862 2444 3740; Passcode: NArocks, Gaithersburg, MD, 20898

MONDAY (CONT)

Norvana Area

7:00PM **Covid Soldiers (O,PPE, 90)** Arlington Assembly of God, Masks Required, 4501 N. Pershing Dr., Arlington, VA, 22203

7:00PM **Cracker Box (O,WC ♿,PPE, 60)** Fairfax Presbyterian Church Rm 124, Rm 124, 10723 Main St, Fairfax, VA, 22030

7:00PM **In The Heart Of (O, 90)** Charles Houston Recreation Center, 901 Wythe St, Alexandria, VA, 22314

7:00PM **Miracles on Broad Street (O,WC ♿,PPE,HY, 60)** Zoom ID 962 211 7089; Passcode: 169422, Falls Church Presbyerian Church, 225 E Broad St, Falls Church, VA, 22046

7:30PM **Bring Your Stepwork (C,STEP, 60)** Our Lady of Lourdes Catholic Church, Parish hall Lower Level RM#6 - Does not meet on Federal Holiday's or Easter Monday, 800 23rd St. S, Arlington, VA, 22202

8:00PM **Step Over the Hump (O,STEP,TRAD,WC ♿,NP,PPE, 75)** Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA, 22191

Rock Creek Area

NOON **Midday Meditations and Miracles (O,HY, 60)** Zoom ID: 376 456 0565; Passcode: 3rvad5, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Avenue NW, Washington, DC, 20009

6:30PM **Southwest Serenity (, 60)** James Creek House, 100 N Street SW, Washington, DC, 20024

7:30PM **Living Proof (O,WC ♿, 60)** St Columba's Episcopal Church (Room 205), 4201 Albermarle St NW, Washington, DC, 20016

8:05PM **Beachcombers, Too (C,BT,DISC,VM, 60)** Zoom ID: 643 733 6181; Passcode: 805805, Washington, DC, 20008

South Potomac Area

7:30PM **Monday Night Step (O,VM, 90)** Zoom ID: 457 476 3595; Passcode: MNS, Capitol Heights, MD, 20791

The Virtual Ties That Bind Us Together Area

8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, Washington, DC, 20090

10:00AM **Just For Today (O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC, 20090

NOON **Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC, 20090

2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, 20090

5:00PM **Rush Hour (C,DISC,Pi,VM,LIT, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC, 20090

8:00PM **Living Life on Life's Terms (C,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, 20090

8:00PM **Monday Miracles Virtual (BEG,STEP,VM, 90)** Zoom ID: 717 680 837; Passcode: 428066, Washington, DC, 20090

Tri-County Area

NOON **NA In the Day (O,WC ♿,LC, 60)** 85 Smallwood Village Center, Waldorf, Maryland, 20602

7:00PM **Cover To Cover (O,WC ♿, 75)** 21549 Point Lookout Rd, Leonardtown, MD, 20650

7:00PM **Seeds of Serenity (O,BT, 60)** Crossroads Church, 150 Ball Rd, St Leonard, MD, 20685

7:00PM **Time To Change (O, 60)** Lifestream Church of the Nazarene, 5105 Leonardtown Rd, Waldorf, MD, 20601, First Mon Literature, Last Monday JFT

TUESDAY

Battlefield Area

NOON **Recovidery (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20110

8:00PM **Just For Today (O,CW,STEP,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20111

Central Maryland Area

10:00AM **Ladies in Recovery (JFT,SPK,W,Y,VM, 60)** Zoom ID# 803 826 655; No Passcode, Greenbelt, MD, 20770

7:00PM **Firm Believers (O,WC ♿, 90)** Glenarden Town Hall (1st Flr.), 8600 Glenarden Pkwy, Glenarden, MD, 20706

7:00PM **Just Relationships (O,WC ♿,PPE, 75)** Laurel Municipal Pool, 901 Main St, Laurel, MD, 20707

7:00PM **Women Living Clean (C,DISC,SPK,W,VM,LIT, 90)** Zoom ID: 876 8758 1084; Passcode: 766458, Greenbelt, MD, 20770

7:30PM **AWOL (O,BT,DISC,IW,JFT,STEP,TRAD,WC ♿, 60)** Greenbelt Step Club, 143 Centerway Rd., Greenbelt, MD, 20768

7:30PM **Serenity on Sandy Spring (O,BT,DISC,SPK,STEP,TOP, 60)** Holy Trinity Church, Meeting in Basement, 7607 Sandy Spring Road, Laurel, MD, 20707

District of Columbia Area

NOON **New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002

5:00PM **The One Promise Group (O,DISC,WC ♿, 90)** CCNV, Parking & entrance in back at E Street Alley, 425 2nd Street NW, Washington, DC, 20001

6:30PM **Freedom To Change (O,PPE, 60)** St Martin's Church, 1908 N Capitol St NW, Washington, DC, 20002

6:30PM **Steps to the Courthouse (C,STEP,VM, 90)** Zoom ID: 994 490 7494; No Passcode, Washington, DC, 20090

THURSDAY (CONT)

South Potomac Area

7:00PM **Restored To Sanity (O, 90)** Good Samaritan Mission Church, 4409 Arnold Rd, Suitland, MD, 20746

7:00PM **Steps to Life (O, 90)** Oxon Hill United Methodist Church, 6400 Livingston Road, Oxon Hill, MD, 20745

The Virtual Ties That Bind Us Together Area

8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, Washington, DC, 20090

10:00AM **Just For Today (O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC, 20090

NOON **Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC, 20090

2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, 20090

5:00PM **Rush Hour (C,VM,LC, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC, 20090

8:00PM **Living Life on Life's Terms (C,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, 20090

Tri-County Area

NOON **12 at 12 (O, 60)** Great Escape Recovery Lounge, 85 High Street, Waldorf, MD, 20602

6:00PM **New Life Ahead (O,CW,WC ♿,Y, 60)** The Cove, 46940 S. Shangri-la Dr, Lexington Park, MD, 20653

7:00PM **Hope Fiends (O, 60)** New Life Church, 3170 German Chapel Rd, Prince Frederick, MD, 20678

7:00PM **Indian Heads (BT,WC ♿,LIT, 60)** St James Episcopal Church, 7 E Potomac Ave, Indian Head, MD, 20640

7:00PM **More Alike Than Different (O,WC ♿, 60)** Great Escape Recovery Lounge, 85 High St, Waldorf, MD, 20602

7:00PM **Outsiders (O,WC ♿, 60)** Trinity Lutheran, 46707 S Shangri-La Dr, Lexington Park, MD, 20653

7:30PM **Chaptico Under The Stars (O, 60)** Christ Episcopal Church, 37497 Zach Fowler Road, Chaptico, MD, 20621

FRIDAY

Battlefield Area

NOON **Recovidery (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20110

6:30PM **Gimmee Shelter (O,DISC,IW,JFT,F2F,PPE, 60)** Church of the Brethren, Through the main doors and in Room 209 at the end of the hall, 10047 Nokesville Road, Manassas, VA, 20110

8:30PM **Keep It Simple (O,BT,DISC,SPK,F2F, 60)** Bull Run UUC, At Church Street, downstairs, Door autolocks at 8:45 Latecomers tap on window, 9350 Main St, Manassas, VA, 20110

Central Maryland Area

10:00AM **Ladies in Recovery (JFT,SPK,W,Y,VM, 60)** Zoom ID# 803 826 655; No Passcode, Greenbelt, MD, 20770

7:00PM **Friday Nite Live (C,WC ♿, 75)** Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD, 20770

7:00PM **Miracles on Main Street (O,WC ♿,PPE, 60)** St. Philips Episcopal Church, 522 Main Street, Laurel, MD, 20707

7:30PM **Walk The Walk (O,WC ♿, 60)** Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel, MD, 20708

8:00PM **New Start (O,VM, 60)** Zoom ID: 168 147 906; Passcode: 005762, Greenbelt, MD, 20770

9:00PM **Drawn Together (ME, 60)** Holy Trinity Lutheran Church, 7607 Sandy Spring Rd., Laurel, MD, 20707, Art and Meditation Meeting

9:00PM **Keep It Real (O, 75)** Serenity Center, 9650 Basket Ring Rd, Columbia, MD, 21045

District of Columbia Area

NOON **New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002

5:00PM **The What Can I Do Group (O,WC ♿,LIT, 90)** CCNV, Parking & entrance in back at E Street Alley, 425 2nd Street NW, Washington, DC, 20001

7:00PM **Jump Start to Recovery (O,STEP,TRAD,WC ♿,LIT, 90)** Incarnation Catholic Church, For Everyone's protection, please wear a mask, 880 Eastern Ave, NE, Washington, DC, 20019, For Everyone's protection, please wear a mask

7:00PM **Lighthouse (O,STEP,TRAD,WC ♿, 75)** Israel Methodist CME Church, 557 Randolph St. NW, Washington, DC, 20011

7:00PM **O Street Steps 123 (O, 60)** SOME, Dining Hall, 71 O Street NW, Washington, DC, 20001

7:00PM **One Step at a Time (O,STEP,TRAD,VM, 90)** Zoom ID: 727 6810 6047; Passcode: 349943, Washington, DC, 20090

7:00PM **Regardless Of Sexual Identity (C,VM, 90)** Zoom ID: 452 943 0512; Passcode: 205542, Washington, DC, 20090

7:00PM **Yellow Brick Road (O,VM, 60)** Zoom ID: 821 9026 0549; No Passcode, Washington, DC, 20090

8:00PM **Help Somebody (O,BEG,VM, 90)** Zoom ID: 893 0884 8140; Passcode: 787123, Washington, DC, 20090

Dulles Corridor Area

NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, 20170

7:00PM **Out Of The Grip (DISC,JFT,WC ♿,LIT, 60)** Bethany United Methodist Church, main church bldg lower level - 10/20, 12/23, 02/16, 04/12 will meet accross the street at a restaurant, 100 Main Street, Purcellville, VA, 20132

7:30PM **Just For Today (O,CAN,JFT,WC ♿, 60)** Community Lutheran Church, 21014 Whitfield Pl, Sterling, VA, 20164

THURSDAY (CONT)

District of Columbia Area

NOON **New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002

6:30PM **Steps on the Hill (O,BEG,STEP,VM,LIT, 75)** Zoom ID: 775 7711 6885; Passcode: 084748, Washington, DC, 20090

7:00PM **Daily Principles (O,VM, 60)** Zoom ID: 841 4747 4473; Passcode: 347743, Washington, DC, 20090

7:00PM **Stone Soul Recovery (O, 90)** Plymouth Congregation Church, 5301 North Capitol St NE, Washington, DC, 20011

Dulles Corridor Area

NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA

7:30PM **Keyhole To Recovery (O,STEP,LIT,PPE, 75)** Galilee Church, 45425 Winding Rd, Sterling, VA, 20165

7:30PM **Out of the Dark (O,DISC, 60)** A New Beginning, located in the gym, 4213 Walney Road, Chantilly, VA, 20151

East of the River Area

8:30AM **Let Go and Let God (O,STEP, 75)** Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020

1:30PM **Let Go and Let God (O, 90)** Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020

6:30PM **Under New Management (C,STEP,TRAD,VM,LIT, 60)** Zoom ID: 997 824 3262; No Passcode, Washington, DC, 20019

Frederick Area

NOON **Noon Group (O, 60)** Grace United Church, 25 E 2nd street, Frederick, MD, 21701, Limited capacity

7:00PM **Inner City (O,STEP,WC ♿, 60)** Community Action Agency, 100 S. Market St, Frederick, MD, 21701

7:00PM **Sisters in Serenity (W,HY, 60)** Zoom ID: 89272012984; Passcode: 830057, Grace United Church Of Christ, 25 East 2nd Street, Frederick, MD, 21701

7:30PM **Thursday Night Candlelight (O, 60)** St Joseph's Church (the old church), 5843 Manor Woods Rd, Frederick, MD, 21717

Montgomery Area

7:30AM **Freedom in the Village (O,DISC,JFT,VM, 60)** Zoom ID: 823 5857 7621, Passcode: 685408, Gaithersburg, MD, 20886

NOON **Freedom in the Village (O,WC ♿,PPE,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, Mon- Fri, 9801 Centerway Rd, Gaithersburg, MD, 20886

NOON **NA at Noon (O,JFT,WC ♿,HY, 60)** Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church (Mon-Fri), 9525 Colesville Rd, Silver Spring, MD, 20901

7:15PM **Solo Por Hoy (O,ES,LIT,HY, 60)** Zoom ID: 232 505 167; Passcode: 7611, Del Ray Club, Bill W. Room, 7611 Clarendon Rd, Bethesda, MD, 20814

7:30PM **Off the Beaten Path (O, 60)** St. James Episcopal Church (around back), 1307 N Main St, Mt Airy, MD, 21771

7:30PM **Serenity in the Park (O,BEG,SPK,SWG,STEP,TRAD,LIT,PPE, 90)** Mt Calvary Baptist Church, 608 N Horners Ln, Rockville, MD, 20850

7:30PM **She Do Recover (O,DISC,W,VM, 60)** Zoom ID: 829 2967 3668; Passcode: 8675309, Gaithersburg, MD, 20898

8:00PM **Crossroads (O,VM, 60)** Zoom ID: 551 384 252; Passcode: 297348, Gaithersburg, MD, 20898

8:00PM **Making A Difference (O,WC ♿, 60)** Silver Spring Christian Reformed Church, 1501 Arcola Ave., Silver Spring, MD, 20902

8:30PM **Stepping Free (O,STEP, 60)** Fairhaven UMC, 12801 Darnestown Rd, Gaithersburg, MD, 20878

Norvana Area

6:30PM **Women In Unity (W,WC ♿, 75)** Mark Center, Rm 1305 - Free parking in lower garage; take elevator to 1st Flr, 4850 Mark Center Dr, Alexandria, Virginia, 22311

7:00PM **Spiritual Pause (C,SPAD, 60)** Lord of Life Lutheran Church, Park and enter in the back of the church, 5114 Twinbrook Rd, Fairfax, VA, 22032

7:30PM **Old Time Recovery (C,WC ♿, 60)** Langston-Brown Center, 2121 N. Culpeper St, Arlington, VA, 22207

8:00PM **So Happy It's Thursday (O,PPE, 60)** Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA, 22150

Rock Creek Area

NOON **Midday Meditations and Miracles (O,HY, 60)** Zoom ID: 376 456 0565; Passcode: 3rvad5, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Avenue NW, Washington, DC, 20009

5:30PM **Whole Lava Love (O,VM, 60)** Zoom ID: 835 0459 8692; Passcode: choirloft; Phone: 301-715-8592; Phone Passcode: 074664516, Washington, DC, 20010

6:00PM **Open Doors (O,STEP, 60)** 1908 North Capital Street, NW, Washington, DC, 20002

6:30PM **Coming Out from the Bottom (O,DISC,SPK,STEP,TC,VM, 75)** Zoom ID: 889 6372 8561; Passcode: 3636ga, Us Helping Us, Meeting located in the basement, 3636 Georgia Ave, NW, Washington, DC, 20010

7:00PM **Meeting on the Avenue (O, 60)** Wesley UMC, Library on lower level; plz use the Jenifer Street entrance, 5312 Connecticut Avenue, Washington, DC, 20015

8:30PM **Men's Rap (C,M, 60)** West Side Club, 1341 Wisconsin Ave NW, Washington, DC, 20007

8:30PM **Prime Time Recovery (O,DISC,RR,HY,LC, 60)** Zoom ID: 811 4418 9202; Passcode: 121212, The Festival Center, Parking behind building at 2612 Mozart Place, 1640 Columbia Road NW, Washington, DC, 20009

TUESDAY (CONT)

7:00PM **The Last Shall Be First (C,STEP,TRAD,PPE, 90)** The Harold J. Gordon Bldg., 124 15th Street SE, Washington, DC, 20002

Dulles Corridor Area

NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA, 20172

8:00PM **New Attitudes (O,WC ♿, 60)** Sterling United Methodist Church (side building), 304 E. Church Rd., Sterling, VA, 20164

East of the River Area

8:30AM **Let Go and Let God (O,STEP, 75)** Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020

1:30PM **Let Go and Let God (O, 90)** Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020

Frederick Area

NOON **Noon Group (O, 60)** Grace United Church, 25 E 2nd street, Frederick, MD, 21701

5:30PM **Rush Hour Recovery (O,DISC,WC ♿,LIT, 60)** Jefferson United Methodist Church, 3882 Jefferson Pike, Jefferson, MD, 21755

7:00PM **Vision of Hope (O,VAR,HY, 60)** Zoom ID: 8108397960; Passcode: 287829, All Saints Episcopal Church, 106 W Church St, Frederick, MD, 21701, Limited capacity

Montgomery Area

7:30AM **Freedom in the Village (O,DISC,JFT,VM, 60)** Zoom ID: 823 5857 7621, Passcode: 685408, Gaithersburg, MD, 20886

NOON **Freedom in the Village (O,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd, Gaithersburg, MD, 20886

NOON **NA at Noon (O,JFT,WC ♿,HY, 60)** Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church (Mon-Fri), 9525 Colesville Rd, Silver Spring, MD, 20901

5:00PM **New Way of NA (O, 60)** Rockville Metro Club, Upstairs, 12319 Washington Ave, Rockville, MD, 20852

6:30PM **Life On Life's Terms (O,DISC,WC ♿,LIT,HY, 60)** Zoom ID: 813 7819 6442; Passcode: 862738, The Episcopal Church of the Transfiguration, 13925 New Hampshire Avenue, Silver Spring, MD, 20904

7:00PM **Women Do Recover (O,BT,DISC,STEP,W,WC ♿, 60)** Montgomery Hills Bapist Church, Rear Door, Room 133, 9727 Georgia Avenue, Silver Spring, MD, 20919

7:30PM **All About Change (O,WC ♿, 90)** Seneca Creek Community Church (please use front entrance), 13 Firstfield Rd, Gaithersburg, MD, 20878

8:00PM **Carrying the Message (O,VM, 60)** Zoom ID: 862 2444 3740; Passcode: NArocks, Gaithersburg, MD, 20898

Norvana Area

NOON **High Noon II (O,WC ♿,SPAD, 60)** Ferllazo Building, 2nd Floor - Dottie Bell Conference Room, 15941 Donald Curtis Dr., Woodbridge, VA, 22191

6:30PM **NA Farsi (O,PER,HY, 60)** Zoom ID: 822 6895 7935; Passcode: 267059; This meeting is ONLY spoken in FARSI, St Dunstan’s Episcopal Church, 1830 Kirby Road, McLean, VA, 22101

6:30PM **The Basics Group (O,BT, 60)** Annandale United Methodist Church, Door #2. Turn left down the hallway. Last room on the left., 6935 Columbia Pike, Annandale, VA, 22003

7:00PM **Choose Life (O,PPE, 60)** Christ Crossman United Methodist Church, 384 N Washington St, Falls Church, VA, 22046

7:00PM **NA in LA (O,WC ♿,PPE,HY, 90)** Zoom ID: 533 129 809; Passcode: NALA, Lee Center, 1108 Jefferson St, Alexandria, VA, 22314

7:00PM **Stepping Out of the Hole (O,JFT,WC ♿, 90)** Arlington Assembly of God, Masks Required, 4501 N. Pershing Drive, Arlington, VA, 22203

8:00PM **Comfort Zone (O,WC ♿,VM,PPE, 60)** Zoom ID: 929 625 3168; Passcode: 658318, Falls Church, VA, 22046

8:00PM **Just for Tonight (O,JFT, 75)** Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA, 22310

Rock Creek Area

NOON **Midday Meditations and Miracles (O,HY, 60)** Zoom ID: 376 456 0565; Passcode: 3rvad5, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Avenue NW, Washington, DC, 20009

5:30PM **Write to Recover (DISC,STEP,VM,WR, 60)** Zoom Meeting ID: 727 524 5654; Passcode: 249292, Washington, DC, 20016

7:00PM **Stepping Out of Trouble into Study (SWG,VM, 90)** Zoom ID: 880-6299-5493; Passcode: sotis, Washington, DC, 20011

7:30PM **Glad to be Alive Steps (O,WC ♿,HY, 60)** Zoom ID: 275 118 642; Passcode: 982195, Chevy Chase United Methodist Church, 7001 Connecticut Ave, Chevy Chase, MD, 20815

8:30PM **Dupont Circle NA (O, 60)** Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Avenue NW, Washington, DC, 20009

8:30PM **Fire Barrel (O,DISC,WC ♿,HY, 60)** Zoom ID: 847 1689 8440; Passcode: step11, St. Luke's UMC, 3655 Calvert St. NW, Washington, DC, 20007

South Potomac Area

7:15PM **Keep Coming Back (O,SPAD, 90)** Capitol Allentown Baptist Church, 7911 Allentown Road, Fort Washington, MD, 20744

The Virtual Ties That Bind Us Together Area

8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, Washington, DC, 20090

TUESDAY (CONT)

10:00AM **Just For Today (O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC, 20090

NOON **Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC, 20090

2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, 20090

5:00PM **Rush Hour (C,DISC,SPK,VM, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC, 20090

8:00PM **Living Life on Life's Terms (C,VM, 60)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, 20090

Tri-County Area

3:00PM **Hope in the Woods (O,WC ♿, 60)** Nanjemoy Community Center, 4375 Port Tobacco Road, Nanjemoy, MD, 20662

7:00PM **Living Clean (O,WC ♿, 60)** St Paul's UM Church, Classroom #8, 25550 Point Lookout Rd, Leonardtown, MD, 20650

7:30PM **Lusby Recovery (O, 60)** South Community Center, 20 Appeal Lane, Lusby, MD, 20657

7:30PM **Off Campus Recovery (O,WC ♿, 60)** First Baptist Church of La Plata, 9070 Hawthorne Rd, La Plata, MD, 20646

WEDNESDAY

Battlefield Area

NOON **Recovidery (O,DISC,JFT,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20110

8:30PM **Welcome Home (O,DISC,VAR,F2F,LIT, 60)** Bull Run UUC, @Church Street, downstairs. Door autolocks@8:45. Latecomers tap on window., 9350 Main St, Manassas, VA, 20110

Central Maryland Area

10:00AM **Ladies in Recovery (JFT,SPK,W,Y,VM, 60)** Zoom ID# 803 826 655; No Passcode, Greenbelt, MD, 20770

7:00PM **Back to the Basics (O,WC ♿, 60)** Savage UMC, 9050 Baltimore St, Savage, MD, 20763

7:00PM **New Wave (O,STEP,TRAD,WC ♿, 90)** Glenarden City Hall, Downstairs, 8600 Glenarden Parkway, Glenarden, MD, 20706

7:00PM **STAR (O, 75)** First UMC (5th St), 424 Main St, Laurel, MD, 20707

District of Columbia Area

NOON **New Hope (O,DISC, 90)** St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002

7:00PM **Ultimate Weapons (C,STEP,TW,CPT,VM,LIT, 60)** Zoom ID: 516 993 416; No Passcode, Washington, DC, 20090

9:00PM **Miracle of Women (O,W,VM, 60)** Zoom ID: 917 1964 217; Passcode 1908, Washington, DC, 20090

Dulles Corridor Area

7:00AM **The Early Cup of Recovery (DISC,VM, 60)** ZOOM: 893 6775 9854 PASS: 946130, Sterling, VA, 21065

NOON **Noon Meeting (O,VM, 60)** Zoom ID: 962 211 7089; Passcode: 169422, Herndon, VA

5:30PM **No Matter What (VM,LC, 60)** Zoom ID: 795 467 25226; Passcode: jmDcW0, Sterling, VA, 21065

7:00PM **Women's Rap (O,W,VM, 60)** Zoom ID: 881 666 45122; Passcode: 596376, Herndon, VA

8:00PM **New Hopefuls (O,DISC,STEP, 60)** St. Timothy's Episcopal Church, Enter the doors by the bell - upstairs from the big room, 432 Van Buren St, Herndon, VA, 20170

8:00PM **We Made It! (**starting April 3rd 2024 **) (O,DISC,W,WC ♿, 60)** St. Matthew's Episcopal Church, 201 E. Frederick Dr., Sterling, VA, 20164

East of the River Area

8:30AM **Let Go and Let God (O,STEP, 75)** Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020

1:30PM **Let Go and Let God (O, 90)** Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020

6:00PM **The How Group (O,BEG,IP,IW,M,STEP,WC ♿, 90)** Ambassador Baptist Church, 1412 Minnesota Ave SE, Washington, DC, 20020

7:00PM **Aging In Recovery (O,DISC,VM, 90)** Zoom ID: 824 005 5286; Passcode: recovery, Washington, DC, 20020

Frederick Area

NOON **Noon Group (O, 60)** Grace United Church, 25 E 2nd street, Frederick, MD, 21701, Limited capacity

7:00PM **Principles Before Personalities (O,WC ♿, 60)** Community Action Agency, 100 S. Market St, Frederick, MD, 21701

Montgomery Area

7:30AM **Freedom in the Village (O,DISC,VM,LIT, 60)** Zoom ID: 823 5857 7621; Passcode: 685408, Gaithersburg, MD, 20886

NOON **Freedom in the Village (O,HY, 60)** Zoom ID: 823 5857 7621 Passcode: 685408, Christ the Servant Lutheran Church, 9801 Centerway Rd, Gaithersburg, MD, 20886

NOON **NA at Noon (O,JFT,WC ♿,HY, 60)** Zoom ID: 889 4686 0935; No Passcode, Christ Congregational Church, Mon-Fri, 9525 Colesville Rd, Silver Spring, MD, 20901

7:00PM **Fresh Air (O,BT,STEP,TRAD,WC ♿, 60)** Cedar Lane Unitarian Universalist Church, The Chalice House (use upper parking lot), 9601 Cedar lane, Bethesda, MD, 20814

7:30PM **Gentleman's Club (C,JFT,M, 60)** Epworth UMC, 9008 Rosemont Dr, Gaithersburg, MD, 20877

WEDNESDAY (CONT)

7:30PM **Never Alone (O,CAN,WC ♿,LIT, 75)** Christ the Servant Lutheran Church, Mont.Village Ave & Centerway Rd, 9801 Centerway Rd, Montgomery Village, MD, 20886

7:30PM **People's Recovery (O,WC ♿,HY, 60)** Zoom ID: 878 0419 2075; Passcode: 659058, The Episcopal Church of the Transfiguration, 13925 New Hampshire Avenue, Silver Spring, MD, 20904

7:30PM **Wednesday's Willingness (O,HY, 90)** Zoom ID: 800 990 800; Passcode: 016212, Rockville Courthouse, Lower Level, 30 Courthouse Square G-1, Rockville, MD, 20850

8:00PM **Another Way (O,PPE, 60)** Prince of Peace Lutheran Church, Small building in back;, 11900 Darnestown Road, Gaithersburg, MD, 20878

Norvana Area

6:30PM **Clean in Clarendon (O,DISC,SPK, 60)** Clarendon Presbyterian Church, Free parking, door marked Aikido of Arlington, 1305 N Jackson St, Arlington, VA, 22201

6:30PM **Women Do Recover (W,PPE,HY, 60)** Zoom ID: 842 4803 8677; Passcode: 999612, Springfield Church of Christ, 7512 Old Keene Mills Rd, Springfield, VA, 22150

7:00PM **NA at Walter Reed (O,DISC, 90)** Walter Reed, Inside the Rec center, 2909 16th St S, Arlington, VA, 22204, Meets inside, in the rec center

7:00PM **Plan B (O,PPE, 75)** Unity Club, Rm R3, 116-B W Broad St, Falls Church, VA, 22046

7:30PM **Came to Believe (O,PPE, 60)** Cameron United Methodist Church, 3130 Franconia Rd, Alexandria, VA, 22310

8:00PM **Over The Hump (O,JFT,SPK,WC ♿,NP,PPE, 75)** Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA, 22191

Rock Creek Area

NOON **Midday Meditations and Miracles (O,HY, 60)** Zoom ID: 376 456 0565; Passcode: 3rvad5, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Avenue NW, Washington, DC, 20009

7:00PM **SW Freeway (C,WC ♿, 60)** Westminster Presbyterian Church, Ground Level, 400 I Street SW, Washington, DC, 20024

8:00PM **Step Up (O,DISC,ME,VM,LIT, 60)** Zoom ID: 858 1685 7897; Passcode: 620486, Washington, DC, 20008

8:30PM **Conscious Contact Beginners (O,WC ♿, 60)** Wesley UMC, Meeting is Upstairs; use Connecticut Ave entrance, 5312 Connecticut Avenue NW, Washington, DC, 20015

South Potomac Area

7:00PM **Bright Hope Group (O,STEP,TRAD,LIT,LC, 75)** Carolina Baptist Church, 9901 Allentown Rd, Fort Washington, MD, 20744

The Virtual Ties That Bind Us Together Area

8:30AM **Early Just For Today Check-in (C,JFT,VM, 90)** ID: 826 3577 8671; Passcode: 242275, Washington, DC, 20090

10:00AM **Just For Today (O,JFT,VM, 90)** Zoom ID: 858 2487 7564; Passcode: Love, Washington, DC, 20090

NOON **Noon Time is the Right Time (C,DISC,VM, 90)** Zoom ID: 932 959 7603; Passcode: 1962, Washington, DC, 20090

2:00PM **Steppin' Into The Afternoon (C,STEP,VM, 90)** Zoom ID: 785 963 7766; Passcode: 1953, Washington, DC, 20090

5:00PM **Rush Hour (C,DISC,VM, 90)** Zoom ID: 705 264 3243; Passcode: RUSHHOUR, Washington, DC, 20090

8:00PM **Living Life on Life's Terms (C,DISC,STEP,VM, 90)** Zoom ID: 438 348 3469; Passcode: 121525, Washington, DC, 20090

8:00PM **Wednesday Night Men's Rap (Keeping it Real) (O,M,VM, 60)** Zoom ID: 871 4546 0605; Passcode: 556828, Washington, DC, 20090

Tri-County Area

7:00PM **Positive Alternative (O,WC ♿, 60)** Good Samaritan Church (Near Rt. 5 N/Billingsley Rd.), 13025 Good Samaritan Dr, Waldorf, MD, 20601

7:00PM **Tower of Power (O,WC ♿, 60)** Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd, Sunderland, MD, 20689, Maximum 18 people

7:30PM **Life Support (O,WC ♿, 60)** Trinity Lutheran Church, 46707 Shangri La Drive, Lexington Park, MD, 20653

THURSDAY

Battlefield Area

NOON **Recovidery (O,DISC,JFT,VM, 60)** Zoom Meeting ID: 962 211 7089; Passcode: 169422, Manassas, VA, 20110

7:00PM **New Found Hope (O,BEG,BT,DISC,SPK,VM, 60)** Zoom ID: 822 228 0011; Passcode: 121212, Manassas, VA, 20111

Central Maryland Area

10:00AM **Ladies in Recovery (JFT,SPK,W,Y,VM, 60)** Zoom ID# 803 826 655; No Passcode, Greenbelt, MD, 20770

6:45PM **Spiritual Awakenings (O,WC ♿, 75)** First Methodist Church of Laurel, 424 Main St, Laurel, MD, 20707

7:00PM **Gateway to Recovery (O,STEP,TRAD,VM, 90)** Zoom ID: 395 553 318; Passcode: 1957, Greenbelt, MD, 20770

7:00PM **Just For Today (O,WC ♿,VM, 60)** Zoom ID: 702 155 242; No Passcode, Greenbelt, MD, 20770

7:30PM **More Will Be Revealed (O,PPE, 75)** Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, 20715, Masks Required.