	CALVERT COUNTY		
Sun 7:30 PM	Another Chance, St Nicholas Lutheran Church, 1450 Plum Point Rd., Huntingtown, MD, 20639 (O,WC &)		
Tue 7:30 PM	Lusby Recovery , South Community Center, 20 Appeal Ln., Lusby, MD, 20657 (O)		
Wed 7:00 PM	Tower of Power, Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd., Sunderland, MD, 20689 (O,WC &) Maximum 18 people		
Thu 7:00 PM	Hope Fiends, New Life Church, 3170 German Chapel Rd., Prince Frederick, MD, 20678 (O)		
Fri 8:00 PM	One Line At a Time, Northeast Community Center, 4075 Gordon Stinnett Ave., Chesapeake Beach, MD, 20732 (O,CH,DISC,VAR,WC &)		
Sat 10:00 AM	Healthy Relationships, Northeast Community Center, 4075 Gordon Stinnett Ave., Chesapeake Beach, MD, 20732 (CH,DISC,WC &)		
Sat 6:00 PM	Stick and Stay, Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach, MD, 20732 (O,VAR,SPK,TOP,WC &)		
	CHARLES COUNTY		
Sun 7:30 PM	Stepping Into Traditions & Concepts, St. Joseph's Church, 4590 St. Joseph Way, Pomfret, MD, 20675 (O)		
Mon NOON	NA In the Day, Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, 20602 (O,WC &,LC)		
Mon 7:00 PM	Time To Change , Lifestream Church of the Nazarene, 5105 Leonardtown Rd., Waldorf, MD, 20601 (O) First Mon Literature, Last Monday JFT		
Tue NOON	Hope in the Woods, Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, 20602 (O,WC &)		
Tue 7:30 PM	Off Campus Recovery, First Baptist Church of La Plata, 9070 Hawthorne Rd., La Plata, MD, 20646 (O,WC &)		

	CHARLES COUNTY (CONT)
Wed NOON	Midweek Miracles, Room: Village Lounge. Meeting will start 1/8/25, The Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, 20602 (O,JFT,WC &,SPAD)
Wed 7:00 PM	Positive Alternative, Good Samaritan Church (Near Rt 5 N/Billingsley Rd.), 13025 Good Samaritan Dr., Waldorf, MD, 20601 (O,WC &)
Thu NOON	12 at 12, Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, 20602 (O,WC &)
Thu 7:00 PM	More Alike Than Different, Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, 20602 (O,WC &)
Fri NOON	Give Yourself A Break, Great Escape Recovery Lounge, 85 High St. Ste. 1, Waldorf, MD, 20601 (O,JFT,VAR,SPK,STEP,TRAD)
Fri 7:30 PM	Work 'Em Or Die, Good Samaritan Presbyterian Church, 13025 Good Samaritan Dr., Waldorf, MD, 20601 (O,WC &)
Sat NOON	Women In Recovery, Great Escape Recovery Lounge, 85 High St., Ste. #1, Waldorf, MD, 20602 (O,W,WC &)
Sat 7:00 PM	Making Miracles, Good Shepherd Church, 305 Smallwood Dr., Waldorf, MD, 20602 (O,DISC,WC &)
Sat 10:00 PM	Candlelight, Good Shepherd Church, 305 Smallwod Dr., Waldorf, MD, 20602 (SPK,WC &)
	ST. MARY'S COUNTY
Sun 7:30 PM	Basket Case , Patuxent Presbyterian Church, 23421 Kingston Creek Rd., California, MD, 20619 (O)
Mon 7:00 PM	Cover To Cover, Callaway Baptist Church, 20960 Point Lookout Rd., Callaway, MD, 20620 (O,WC &)
Tue 7:00 PM	Living Clean, St Paul's UM Church, Classroom #8, 25550 Point Lookout Rd., Leonardtown, MD, 20650 (O,WC &)

	ST. MARY'S COUNTY (CONT)
Wed 7:30 PM	Life Support, Trinity Lutheran Church, 46707 Shangri La Dr., Lexington Park, MD, 20653 (O,WC &)
Thu 7:00 PM	Outsiders, Trinity Lutheran, 46707 S Shangri-La Dr., Lexington Park, MD, 20653 (O,DISC,IW)
Thu 7:30 PM	Chaptico Under The Stars , Christ Episcopal Church, 37497 Zach Fowler Rd., Chaptico, MD, 20621 (0)
Fri 7:05 PM	7:07 , Trinity Lutheran Church (at S Essex), 46707 S Shangri La Dr., Lexington Park, MD, 20653 (O)
Fri 9:30 PM	Another Late Night, Good Samaritan Lutheran Church, 20850 Langley Rd., Lexington Park, MD, 20653 (O,CAN,DISC,WC &,OE,LIT)
Sat 7:00 PM	It's A We Thing, St Paul's UMC, Brubecker Hall, 25550 Point Lookout Rd., Leonardtown, MD, 20650 (O,WC &)
ГМ	20030 (0)110 0)

MEETING FORMAT LEGEND					
CAN	Candlelight	СН	Closed Holidays		
DISC	Discussion	IW	It Works Study		
JFT	Just for Today Study	LC	Living Clean Study		
LIT	Literature Study	0	Open		
OE	Open-Ended	SPAD	Spiritual Principle A Day Book Study		
SPK	Speaker	STEP	Step		
TOP	Topic	TRAD	Tradition		
VAR	Format Varies	VM	Virtual Web Meeting		
W	Women	WC &	Wheelchair		

REGIONAL PHONELINES	5
Chesapeake & Potomac: DC, MD, VA	800-543-4670
Free State: Baltimore, Eastern Shore, DE	800-317-3222
Central Atlantic: Western MD, NC, VA, WV	800-777-1515

SERVICE MEETINGS

Hospitals & Institutions Subcommittee meets the 3rd Sunday of each month at 5:00 PM, All Faith Episcopal Church, 38885 New Market Turner Rd., Mechanicsville, MD Special Events Subcommittee meets the 2nd Sunday each month at 3:30 PM, AJ Habachi, 30320 Triangle Dr., Ste. 6, Charlotte Hall, MD

TCANA Policy Subcommittee meets the 4th Thursday of each month at 2:00 PM, 37497 Zack Fowler Rd., Chaptico, MD

TCANA Public Relations Subcommittee 2:00 PM, 4th Saturday monthly, ID: 822 3481 5906 PASS: 121212

Tri-County Area Service Committee meets the 1st Wednesday of each month at 6:30 PM, Christ Church, 112 Charles St., La Plata, MD

Unity Retreat Subcommittee meets 2nd & 4th Sunday of each month at 4:30 PM, All Faith Episcopal Church, 38885 New Market Turner Rd., Mechanicsville, MD

PHONE NUMBERS

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65

TRI-COUNTY AREA





The Tri-County Area of Narcotics Anonymous has 36 weekly meetings in Calvert, Charles, and St. Mary's Counties

DECEMBER 2025MEETING LIST BY COUNTY

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS!

Tri-County Area of NA PO Box 155, LaPlata, MD 20646

24/7 PHONELINE: 1-800-543-4670

Questions? tricounty@cprna.org
Website: https://www.cprna.org
Not in the DMV? Go to https://www.na.org
Meeting change? meetings@cprna.org