

SUNDAY

7:00 Spiritually Speaking
AM (C,VM,LIT, 90)
 , Capitol Heights, MD,
Meeting ID: 202 999 2020 P/C: hope

7:00 Closed Sunday
PM (C,WC &, 90)
 Our Savior Lutheran Church, 4915 St.
 Barnabas Rd, Temple Hills, MD,

MONDAY

7:00 That Tired Old Lie
PM (O,STEP,TRAD, 90)
 Second Baptist Church, 5501 Silver Hill
 Rd, District Heights, MD,

7:30 Monday Night Step
PM (O,VM, 90)
 , Capitol Heights, MD,
Zoom ID: 457 476 3595; P/C: MNS

TUESDAY

7:15 Keep Coming Back
PM (O,SPAD, 90)
 Capitol Allentown Baptist Church, 7911
 Allentown Road, Fort Washington, MD,

WEDNESDAY

7:00 Bright Hope Group
PM (O,STEP,TRAD,LIT,LC, 75)
 Carolina Baptist Church, 9901 Allentown
 Rd, Fort Washington, MD,

THURSDAY

7:00 Restored To Sanity
PM (O,BEG,STEP, 90)
 Good Samaritan Mission Church, 4409
 Arnold Rd., Suitland, MD,

7:00 Steps to Life
PM (O, 90)
 Oxon Hill UMC, 6400 Livingston Road,
 Oxon Hill, MD,

FRIDAY

7:00 Women Do Recover
PM (O,W,WC &,LIT, 90)
 Hope Lutheran Church, 6201 Coventry
 Way, Clinton, MD,

FRIDAY (CONT)

7:30 Living the Program Men's Rap
PM (O,M, 90)
 Bethany Christian Church, 7128
 Allentown Rd, Fort Washington, MD,

SATURDAY

NOON Keep It Simple
(O,WC &,LIT, 90)
 St. Barnabas Episcopal Church, 5203
 Saint Barnabas Rd, Temple Hills, MD,

MEETING FORMAT CODES

C	Closed	M	Men
O	Open	W	Women
BEG	Beginners	STEP	Step
TRAD	Tradition	WC &	Wheelchair
VM	Virtual Web Meeting	LIT	Literature Study
ASM	Area Service Meeting	LC	Living Clean Study
SPAD	Spiritual Principle A Day Book Study		

SERVICE COMMITTEE MEETINGS

Hospitals & Institutions Subcommittee
*Meets the last Thursday of every month at 7:00
 PM*

, Capitol Heights, MD
Zoom ID: 675 717 4597; P/C: spahi

South Potomac Area Service Committee
*Meets 1st Saturday of the month. Will meet the
 following Saturday if there is a holiday. at 6:00
 PM*

Davies Memorial Unitarian Universal Church,
 7400 Temple Hills Rd., Camp Springs, MD

Special Events Subcommittee
*Meets the first Saturday of each month at 4:30
 PM*

, Capitol Heights, MD
Zoom ID: 202 999 2020; P/C: hope

What is our message?

*The message is that an addict,
 any addict, can stop using drugs,
 lose the desire to use,
 and find a new way to live.*

*Our message is hope
 and the promise of freedom.*

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