

| SUNDAY        |   |
|---------------|---|
| <b>NOON</b>   | Midday Meditations and Miracles, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O,DISC,JFT,ME)                          |
| <b>5:30PM</b> | Progressive Recovery, Triangle Club, 1638 R St. NW #120, Washington, DC, 20009 (O,DISC,LIT)   |
| <b>7:00PM</b> | Clean On The Hill, Capitol Hill UMC, The entry door is on Seward Square SE. Please don't use the 5th ST Entrance, 421 Seward Square SE, Washington, DC, 20003 (C) |
| <b>7:00PM</b> | Clean On The Screen, Washington, DC, 20008 (VM)   |

| MONDAY        |  |
|---------------|--|
| <b>NOON</b>   | Midday Meditations and Miracles, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O) |
| <b>6:30PM</b> | Southwest Serenity, James Creek House, We are meeting on holidays, 100 N St. SW, Washington, DC, 20024 (C,CH,STEP)           |
| <b>7:30PM</b> | Living Proof, 4201 Albemarle St. NW, Washington, DC, 20016 (O)   |
| <b>8:05PM</b> | Beachcombers, Too, Washington, DC, 20008 (C,BT,DISC,VM)  |

| TUESDAY       |  |
|---------------|--|
| <b>NOON</b>   | Midday Meditations and Miracles, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O)   |
| <b>5:30PM</b> | Write to Recover, Step writing will take place during this meeting. The meeting will be locked after the writing portion ends., Washington, DC, 20016 (DISC,STEP,VM,WR)  |
| <b>7:00PM</b> | Stepping Out of Trouble into Study, Washington, DC, 20011 (SWG,VM)   |
| <b>7:30PM</b> | Glad to be Alive Steps, Chevy Chase UMC, 7001 Connecticut Ave, Chevy Chase, MD, 20815 (O,WC &,HY)  |
| <b>7:30PM</b> | Pure Uncut Literature Study Group of NA, Chevy Chase Presbyterian Church, Enter off Oliver St before Chevy Chase Cir.; There is a parking lot and street parking., 1 Chevy Chase Cir. NW, Washington, DC, 20015 (WC &,LIT) |
| <b>8:30PM</b> | Dupont Circle NA, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O)  |
| <b>8:30PM</b> | Fire Barrel, Wesley UMC, Library on lower level; Plz use the Jenifer St. entrance., 5312 Connecticut Ave. NW, Washington, DC, 20015 (O,DISC,HY)  |

| WEDNESDAY     |   |
|---------------|---|
| <b>NOON</b>   | Midday Meditations and Miracles, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O)                          |
| <b>7:00PM</b> | SW Freeway, Westminster Presbyterian Church, Ground Level, 400 I St. SW, Washington, DC, 20024 (C,WC & )  |
| <b>8:00PM</b> | Step Up, Washington, DC, 20008 (C,DISC,ME,VM,LIT)   |
| <b>8:30PM</b> | Conscious Contact Beginners, Wesley UMC, Meeting is Upstairs; use Connecticut Ave entrance, 5312 Connecticut Ave. NW, Washington, DC, 20015 (O,WC & ) |

| THURSDAY      |   |
|---------------|---|
| <b>NOON</b>   | Midday Meditations and Miracles, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O)  |
| <b>5:30PM</b> | Whole Lava Love, Washington, DC, 20010 (O,VM)   |
| <b>6:00PM</b> | Open Doors, St. Martin's Church, 1908 North Capitol St. NW, Washington, DC, 20002 (O,STEP)  |
| <b>6:30PM</b> | Living Our Literature, The Festival Center + Virtual- Pilot of meeting merger January-March 2025, Parking behind building at 2612 Mozart Place (disregard no parking/towing signs), 1640 Columbia Rd. NW, Washington, DC, 20009 (O,STEP,TRAD,LIT,HY) <i>Park behind building 2612 Mozart Pl (disregard no parking/towing signs) pilot of meeting merger January to March 2025</i> |
| <b>7:00PM</b> | Meeting on the Avenue, Wesley UMC, Library on lower level; plz use the Jenifer Street entrance, 5312 Connecticut Ave. NW, Washington, DC, 20015 (O)   |
| <b>8:30PM</b> | Men's Rap, West Side Club, 1341 Wisconsin Ave. NW, Washington, DC, 20007 (C,M)  |

| FRIDAY        |  |
|---------------|--|
| <b>NOON</b>   | Midday Meditations and Miracles, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O) |
| <b>7:30PM</b> | Clean Works, St Thomas' Parish, 3rd Floor, 1517 18th St. NW, Washington, DC, 20036 (O,DISC,LIT,HY)                           |
| <b>9:00PM</b> | Recovery Alley, St Stephen's Church (corner of 16th & Newton), 1530 Newton St. NW, Washington, DC, 20010 (C,HY)              |
| <b>9:00PM</b> | Solo Por Hoy, St. Stephens of the Incarnation, Sanctuary, 1525 Newton St NW, Washington, DC, 20010 (O,ES,LIT,HY)             |

| FRIDAY (CONT)  |  |
|----------------|--|
| <b>10:00PM</b> | Late Nite Friday Nite, St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC, 20016 (O,DISC,JFT,WC & )   |
| SATURDAY       |  |
| <b>7:00AM</b>  | Saturday Morning Relief, Washington, DC, 20001 (O,VM)  |
| <b>7:30PM</b>  | Hope Fiends, Triangle Club, 1638 R St. NW #120, Washington, DC, 20009 (O,CAN,HY)   |
| <b>8:05PM</b>  | Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group, St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC, 20016 (C,BT,DISC,WC & ) |

| MEETING FORMAT LEGEND |                         |     |                          |
|-----------------------|-------------------------|-----|--------------------------|
| BT                    | Basic Text              | C   | Closed                   |
| CAN                   | Candlelight             | CH  | Closed Holidays          |
| DISC                  | Discussion              | ES  | Espanol                  |
| HY                    | Hybrid Physical/Virtual | JFT | Just for Today Study     |
| LIT                   | Literature Study        | M   | Men                      |
| ME                    | Meditation              | O   | Open                     |
| STEP                  | Step                    | SWG | Step Working Guide Study |
| TRAD                  | Tradition               | VM  | Virtual Web Meeting      |
| WC &                  | Wheelchair              | WR  | Writing Meeting          |

| HELPLINES  |              |
|------------|--------------|
| C&P Region | 800-543-4670 |
|            |              |

| SERVICE MEETINGS |
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## ROCK CREEK AREA

### MEETING LIST

**[DATE]**

**24 HOUR PHONELINE**

**1-800-543-4670**

<https://www.cprna.org>

### **SUGGESTIONS FOR EVERYONE**

**DON'T USE** no matter what

**Ask your Higher Power** to keep you clean

**Come early and stay late**

**Get a home group**

**Go to 90 meetings in 90 days**

**Read NA literature daily**

**Get and use a sponsor**

**Use the PHONE**

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 33

### **What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**