

SUNDAY	
5:30PM	<b>Progressive Recovery</b> Luther Place Memorial, 1226 Vermont Ave NW, Washington, DC, 20009 <b>(O,DISC,WC &amp;,LIT,HY)</b> <a href="https://us02web.zoom.us/j/85025915118?pwd=NKZETHNwTnpk2pHUTNXU3BvTDIxdz09">https://us02web.zoom.us/j/85025915118?pwd=NKZETHNwTnpk2pHUTNXU3BvTDIxdz09</a> Zoom Meeting ID: 850 2591 5118; Passcode: 263869
7:00PM	<b>Clean On The Hill</b> Capitol Hill UMC (enter on 5th St; ring bell), 421 Seward Square SE, Washington, DC, 20003 <b>(C)</b>
7:00PM	<b>Clean On The Screen</b> , Perpetually Virtual, <b>(VM)</b> <a href="https://zoom.us/j/72495741690">https://zoom.us/j/72495741690</a> Zoom Meeting ID: 724 9574 1690; No Passcode
MONDAY	
NOON	<b>Midday Meditations and Miracles</b> Dupont Circle Club (Meets Mon-Fri) BRING YOUR VACCINATION CARD, 1623 Connecticut Avenue NW, Washington, DC, 20009 <b>(O,HY)</b> <a href="https://us02web.zoom.us/j/3764560565?pwd=VitnNUJLTFaxYUtrTkU4cGpoV0dXUT09">https://us02web.zoom.us/j/3764560565?pwd=VitnNUJLTFaxYUtrTkU4cGpoV0dXUT09</a> Zoom Meeting ID: 376 456 0565; Passcode: 3rvad5 301-715-8592
7:30PM	<b>Living Proof</b> St Columba's Episcopal Church (Room 205), Meeting is In-Person EXCEPT for any federal holidays celebrated on Monday; then the meeting will be Virtual for that week., 4201 Albermarle St NW, Washington, DC, 20016 <b>(O,WC &amp;)</b>
8:05PM	<b>Beachcombers, Too</b> , Perpetually Virtual, <b>(C,BT,DISC,VM)</b> <a href="https://us02web.zoom.us/j/6437336181?pwd=cDN1NmXhYzZKeIVoWnFsVTNKd1dJOT09">https://us02web.zoom.us/j/6437336181?pwd=cDN1NmXhYzZKeIVoWnFsVTNKd1dJOT09</a> Zoom Meeting ID: 643 733 6181; Passcode: 805805
TUESDAY	
NOON	<b>Midday Meditations and Miracles</b> Dupont Circle Club (Meets Mon-Fri) BRING YOUR VACCINATION CARD, 1623 Connecticut Avenue NW, Washington, DC, 20009 <b>(O,HY)</b> <a href="https://us02web.zoom.us/j/3764560565?pwd=VitnNUJLTFaxYUtrTkU4cGpoV0dXUT09">https://us02web.zoom.us/j/3764560565?pwd=VitnNUJLTFaxYUtrTkU4cGpoV0dXUT09</a> Zoom Meeting ID: 376 456 0565; Passcode: 3rvad5 301-715-8592
7:00PM	<b>Bryce Park Group</b> St Stephen's Episcopal Church, Entrance is through the side door on the west side facing 16th street, 1525 Newton Street NW, Washington, DC, 20010 <b>(O,BT,WC &amp;,RA)</b> <i>In Person Mtg; Masks and Social Distancing Required</i>
7:00PM	<b>Stepping Out of Trouble into Study</b> Plymouth Congregational Church, 5301 North Capitol Street NE, Washington, DC, 20011 <b>(SWG,TC,VM)</b> <a href="https://zoom.us/j/815-925-2202">https://zoom.us/j/815-925-2202</a> Zoom Meeting ID: 815-925-2202
7:30PM	<b>Glad to be Alive Steps</b> Chevy Chase United Methodist Church, 7001 Connecticut Ave, Chevy Chase, MD, 20815 <b>(O,WC &amp;,HY)</b> <a href="https://zoom.us/j/275118642">https://zoom.us/j/275118642</a> Zoom Meeting ID: 275 118 642; Passcode: 982195
8:30PM	<b>Dupont Circle NA</b> Dupont Circle Club (Above Melody Records) BRING YOUR VACCINATION CARD, 1623 Connecticut Avenue NW, Washington, DC, 20009 <b>(O,HY)</b> <a href="https://us05web.zoom.us/j/86964789507?pwd=RErHREJNbn1FUUkl5ZEluM09LbktBQT09">https://us05web.zoom.us/j/86964789507?pwd=RErHREJNbn1FUUkl5ZEluM09LbktBQT09</a> Zoom Meeting ID: 869 6478 9507; Passcode: dupontna
8:30PM	<b>Fire Barrel</b> St. Luke's UMC, 3655 Calvert St. NW, Washington, DC, 20007 <b>(O,DISC,WC &amp;,HY)</b> <a href="https://us06web.zoom.us/j/84716898440?pwd=aHpeZmx45SDV4WFg5d3luSWpQcVRzUT09">https://us06web.zoom.us/j/84716898440?pwd=aHpeZmx45SDV4WFg5d3luSWpQcVRzUT09</a> Zoom Meeting ID: 847 1689 8440; Passcode: step11
WEDNESDAY	
NOON	<b>Midday Meditations and Miracles</b> Dupont Circle Club (Meets Mon-Fri) BRING YOUR VACCINATION CARD, 1623 Connecticut Avenue NW, Washington, DC, 20009 <b>(O,HY)</b> <a href="https://us06web.zoom.us/j/3764560565?pwd=VitnNUJLTFaxYUtrTkU4cGpoV0dXUT09">https://us06web.zoom.us/j/3764560565?pwd=VitnNUJLTFaxYUtrTkU4cGpoV0dXUT09</a> Zoom Meeting ID: 376 456 0565; Passcode: 3rvad5 301-715-8592
7:00PM	<b>SW Freeway</b> Westminster Presbyterian Church, 400 I Street SW, Washington, DC, 20024 <b>(C,WC &amp;)</b>
8:00PM	<b>Step Up</b> , <b>(O,DISC,ME,VM,LIT)</b> <a href="https://zoom.us/j/85816857897">https://zoom.us/j/85816857897</a> Zoom Meeting ID: 858 1685 7897; Passcode: 620486
8:30PM	<b>Conscious Contact Beginners</b> Wesley UMC (@ Jenifer St), 5312 Connecticut Avenue NW, Washington, DC, 20015 <b>(O,WC &amp;)</b>

THURSDAY	
NOON	<b>Midday Meditations and Miracles</b> Dupont Circle Club (Meets Mon-Fri) BRING YOUR VACCINATION CARD, 1623 Connecticut Avenue NW, Washington, DC, 20009 <b>(O,HY)</b> <a href="https://us02web.zoom.us/j/3764560565?pwd=VitnNUJLTFaxYUtrTkU4cGpoV0dXUT09">https://us02web.zoom.us/j/3764560565?pwd=VitnNUJLTFaxYUtrTkU4cGpoV0dXUT09</a> Zoom Meeting ID: 376 456 0565; Passcode: 3rvad5 301-715-8592
5:30PM	<b>Whole Lava Love</b> , Washington, DC, 20010 <b>(O,VM)</b> <a href="https://us02web.zoom.us/j/83504598692?pwd=CHRQNXVXZjdDNTYrcE50T0g4L3BPOT09">https://us02web.zoom.us/j/83504598692?pwd=CHRQNXVXZjdDNTYrcE50T0g4L3BPOT09</a> Zoom Meeting ID: 835 0459 8692; Passcode: choirloft; Phone: 301-715-8592; Phone Passcode: 074664516 301-715-8592
6:00PM	<b>Open Doors</b> St Martin's Church, 1912 N Capitol St NW, Washington, DC, 20002 <b>(O,STEP,TC,VM)</b> <a href="https://us04web.zoom.us/j/81917819960">https://us04web.zoom.us/j/81917819960</a> Zoom Meeting ID: 819 1781 9960; Passcode: ODG1908 Phone# 1.301.715.8592, ID 819 1781 9960, code# 566905
6:30PM	<b>Coming Out from the Bottom</b> Us Helping Us, 3636 Georgia Avenue NW, Washington, DC, 20010 <b>(O,DISC,SPK,STEP,HY)</b> <a href="https://us02web.zoom.us/j/81175452852?pwd=RURHanjPn09CcUplbzBsY3hpOVJZdz09">https://us02web.zoom.us/j/81175452852?pwd=RURHanjPn09CcUplbzBsY3hpOVJZdz09</a> Zoom Meeting ID: 811 7545 2852; Passcode: 3636ga; Phone Passcode: 984114
7:00PM	<b>Meeting on the Avenue</b> Wesley UMC, library on lower level, 5312 Connecticut Avenue, Washington, DC, 20015 <b>(O)</b>
8:30PM	<b>Men's Rap</b> West Side Club, 1341 Wisconsin Ave NW, Washington, DC, 20007 <b>(C,M)</b>
9:00PM	<b>Prime Time Recovery</b> The Festival Center, Free parking in back of building, 1640 Columbia Rd NW, Washington, DC, 20009 <b>(O,TC,VM)</b> <a href="https://us02web.zoom.us/j/81144189202">https://us02web.zoom.us/j/81144189202</a> Zoom Meeting ID: 811 4418 9202; Passcode: 121212
FRIDAY	
NOON	<b>Midday Meditations and Miracles</b> Dupont Circle Club (Meets Mon-Fri) BRING YOUR VACCINATION CARD, 1623 Connecticut Avenue NW, Washington, DC, 20009 <b>(O,HY)</b> <a href="https://us02web.zoom.us/j/3764560565?pwd=VitnNUJLTFaxYUtrTkU4cGpoV0dXUT09">https://us02web.zoom.us/j/3764560565?pwd=VitnNUJLTFaxYUtrTkU4cGpoV0dXUT09</a> Zoom Meeting ID: 376 456 0565; Passcode: 3rvad5 301-715-8592
7:15PM	<b>O Street Women's Rap</b> Dupont Circle Club, 1623 Connecticut Ave NW #200, Washington, DC, 20009 <b>(RA,TC)</b>
8:00PM	<b>Clean Works</b> St Thomas' Parish, 4th Floor; Masks required per DC mandate, 1517 18th Street NW, Washington, DC, 20036 <b>(O,DISC,LIT,HY)</b> <a href="https://us02web.zoom.us/j/85803445434?pwd=aGdWV0t5clBKVXZCTy9QlhvbEpEQT09">https://us02web.zoom.us/j/85803445434?pwd=aGdWV0t5clBKVXZCTy9QlhvbEpEQT09</a> Zoom Meeting ID: 858 0344 5434; Passcode: easydoesit; Phone Passcode: 8264201235
10:00PM	<b>Late Nite Friday Nite</b> St Alban's Church, 3001 Wisconsin Avenue NW, Washington, DC, 20016 <b>(O,DISC,JFT,WC &amp;)</b>
10:00PM	<b>Recovery Alley</b> St Stephen's Church (corner of 16th & Newton), 1530 Newton Street NW, Washington, DC, 20010 <b>(C,HY)</b> <a href="https://zoom.us/j/98739168163?pwd=Q2NCR0ZQQ1hwbf04Q0htcmR5UlpHUT09">https://zoom.us/j/98739168163?pwd=Q2NCR0ZQQ1hwbf04Q0htcmR5UlpHUT09</a> Zoom Meeting ID: 987 3916 8163; Passcode: Homegroup
SATURDAY	
7:00AM	<b>Saturday Morning Relief</b> Metro Community Church, 474 Ridge Street NW, Washington, DC, 20001 <b>(O,TC,VM)</b> <a href="https://us02web.zoom.us/j/89749911386">https://us02web.zoom.us/j/89749911386</a> Zoom Meeting ID: 897 4991 1386; Passcode: saturday
7:30PM	<b>Hope Fiends</b> Luther Place Memorial Church (at N Street, in library), 1226 Vermont Ave NW, Washington, DC, 20005 <b>(O,CAN,HY)</b> <a href="https://us02web.zoom.us/j/76928389204?pwd=MWxrWkZhamlFTE8rcXZObiZwUopLQT09">https://us02web.zoom.us/j/76928389204?pwd=MWxrWkZhamlFTE8rcXZObiZwUopLQT09</a> Zoom Meeting ID: 769 2838 9204; Passcode: hope
8:05PM	<b>Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group</b> St Alban's Church, 3001 Wisconsin Ave NW, Washington, DC, 20016 <b>(C,BT,DISC,WC &amp;)</b>

MEETING FORMAT LEGEND			
BT	Basic Text	C	Closed
CAN	Candlelight	DISC	Discussion
HY	Hybrid Physical/Virtual	JFT	Just for Today Study
LIT	Literature Study	M	Men
ME	Meditation	O	Open
RA	Restricted Attendance	SPK	Speaker
STEP	Step	SWG	Step Working Guide Study
TC	Temporary Closed	VM	Virtual Web Meeting
WC &	Wheelchair		

HELPLINES	
C&P Region	800-543-4670

SERVICE MEETINGS	
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**Rock Creek**

**MEETING LIST**

AUGUST

**24 HOUR PHONELINE  
1-800-543-4670**

<https://www.cprna.org>

**SUGGESTIONS FOR EVERYONE**

**DON'T USE** no matter what  
Ask your Higher Power to keep you clean  
Come early and stay late  
Get a home group  
Go to 90 meetings in 90 days  
Read NA literature daily  
Get and use a sponsor  
Use the **PHONE**

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 31

**What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**