

**SATURDAY (CONT)**

**Norvana Area**

- 11:00AM Sisters in Recovery (O,W,TC,VM, 90)**, Zoom Meeting ID: 885 4478 3657; Passcode: Sisters12; Phone Passcode: 471683773 Fairlington Presbyterian Church, 3846 King St, Alexandria, VA, 22302
- NOON Noon Meeting (VM, 60)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 22046
- NOON Stepping Together (BEG,BT,VAR,TC,VM, 90)**, Zoom Meeting ID: 568 046 8023; Passcode: 1 St. Paul United Methodist Church, 1400 G St, Woodbridge, VA, 22191
- 6:00PM Why are We Here (O,LIT,PPE, 60)**, Bush Hill Presbyterian Church, 4916 Franconia Rd, Alexandria, VA, 22310
- 7:00PM Free Yourself (O,WC &,PPE,HY, 75)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 Independence Club, 7043 Wimsatt Rd, Springfield, VA, 22151
- 7:00PM NA Pavilion (O,PPE, 90)**, Greenbrier Baptist Church, Meets Inside, Masks Required, 5401 7th Road S, Arlington, VA, 22204

**Rock Creek Area**

- 7:00AM Saturday Morning Relief (O,TC,VM, 90)**, Zoom Meeting ID: 251 764 526; Passcode: 672214 Metro Community Church, 474 Ridge Street NW, Washington, DC, 20001
- 3:00PM Mood & Mind (DISC,ME,TC,VM,LIT, 60)**, Zoom Meeting ID: 828 9603 6321; Passcode: 576224 Triangle Club, 2030 P Street, NW, Washington, DC, 20036
- 7:30PM Hope Fiends (O,CAN,TC,VM,HY, 60)**, Zoom Meeting ID: 769 2838 9204; Passcode: hope Luther Place Memorial Church (at N Street, in library), 1226 Vermont Ave NW, Washington, DC, 20005
- 8:05PM Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group (C,BT,DISC,WC &,TC,VM, 60)**, Zoom Meeting ID: 899 4259 1019; Passcode: 805805 St Alban's Church, Saterlee Hall, 3001 Wisconsin Ave NW, Washington, DC, 20016

**South Potomac Area**

- 10:00AM Spiritually Speaking (STEP,TC,VM,LIT, 60)**, Zoom Meeting ID: 894 6057 5502; Passcode: 943360 Prince George's Presbyterian Community Church, 4401 Brinkley Rd, Camp Springs, MD, 20748
- 7:30PM Saturday Night Meeting (VM, 90)**, Zoom Meeting ID: 202 999 2020; Passcode: recovery Capitol Heights, MD

**Tri-County Area**

- 4:00PM Back to the Basics (, 60)**, Beacon Treatment Center, 21770 FDR Blvd., Lexington Park, MD, 20653
- 7:00PM It's A We Thing (O,WC &, 90)**, St Paul's UMC, Brubecker Hall, 25550 Point Lookout Rd, Leonardtown, MD, 20650
- 7:00PM Making Miracles (O,DISC,WC &, 90)**, Good Shepherd Church, 305 Smallwood Dr, Waldorf, MD, 20602
- 7:00PM Saturday Night Live (O,DISC,WC &, 60)**, Mount Hope Community Center, 100 Pushaw Station Rd, Sunderland, MD, 20689

**Service Meetings**

**CHESAPEAKE & POTOMAC REGION**

**CHESAPEAKE & POTOMAC REGION**

*Narcotics Anonymous meetings in Washington DC, Maryland, and Northern Virginia*



**MEETING LIST  
JANUARY 2021**

**24/7 PHONELINE: 1-800-543-4670**

**<https://www.cprna.org>**

Meetings Weekly: 327

**Meeting Format Legend**

BEG	Beginners	BT	Basic Text
C	Closed	CAN	Candlelight
CPT	12 Concepts	CW	Children Welcome
DISC	Discussion	ES	Espanol
F2F	Face 2 Face	HY	Hybrid Physical/Virtual
IP	IP Study	IW	It Works Study
JFT	Just for Today Study	LIT	Literature Study
M	Men	ME	Meditation
NP	No Pets	O	Open
PH	Phone Meeting	PPE	Masks Required
RA	Restricted Attendance	RR	Round Robin
SPK	Speaker	STEP	Step
SWG	Step Working Guide Study	TC	Temporary Closed
TOP	Topic	TRAD	Tradition
TW	Traditions Workshop	VAR	Format Varies
VM	Virtual Web Meeting	W	Women
WC &	Wheelchair	WR	Writing Meeting

**Email meeting changes to: [meetings@cprna.org](mailto:meetings@cprna.org)**

**SUNDAY****Battlefield Area**

**9:00PM Sunday Night Meeting (O,BT,DISC,IW,SPK,TC,VM, 60)**, Zoom Meeting ID: 219 072 5994; No Passcode St. Mark's UMC, @ Leland Avenue, downstairs, 7803 Well Street, Manassas, VA, 20109

**Central Maryland Area**

**10:00AM Breakfast Club (O,DISC,WC &,TC,VM, 60)**, Zoom Meeting ID: 878 4829 2214; Passcode: 4912Donuts College Park Youth Service, 4912 Nantucket Rd, College Park, MD, 20740

**10:00AM Easy Like Sunday Morning (O,DISC,PH,WC &,TC,VM, 90)**, Phone# 425-436-6350; Password: 822692# Springhill Lake Rec Center, 6101 Cherrywood Lane, Greenbelt, MD, 20770

**11:00AM Starting Over (O,VAR,WC &,TC,VM, 60)**, Zoom Meeting ID: 402 843 751; No Passcode Laurel Regional Hospital (Conf. Room), 7100 Contee Rd, Laurel, MD, 20707

**4:30PM The Living Clean Group (O,WC &,TC,VM,LIT, 90)**, Zoom Meeting ID: 841 028 34213; Passcode: 180LvClean The 180 Club, 4318 Hamilton Street, Hyattsville, MD, 20781

**7:30PM Savage Survivors (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 834 7930 4812; Passcode: 123915 Savage UMC, 9050 Baltimore St, Savage, MD, 20763

**District of Columbia Area**

**9:00AM Sunday Morning Spiritual (O,DISC,TRAD,WC &,TC,VM, 60)**, Zoom ID 87180720774; Passcode 350058 Veterans Administration Medical Center, 50 Irving St NW, Washington, DC, 20422

**10:30AM Coffee Hour (O,WC &,TC,VM, 90)**, Zoom Meeting ID 640 407 918; No Passcode The View Apartment, 9th floor, 635 Edgewood St NE, Washington, DC, 20017

**11:00AM Sunday Morning Steps & Traditions (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 893 1577 3534; Passcode: 873274 Howard University Hospital, 2041 Georgia Avenue NW, Washington, DC, 20001

**7:00PM Joyful Start (O,PH,TC,VM, 60)**, Phone #: 1-917-900-1022; Phone Password: 3619185# Mt Zion Baptist Church, 5101 14th St NW, Washington, DC, 20011

**7:00PM Sunday Night Spiritual Group (O,TC,VM, 60)**, Zoom Meeting ID: 430 080 727; Passcode: 305173 St Mary's Church (Church Hall), 727 5th St NW, Washington, DC, 20001

**Dulles Corridor Area**

**10:30AM To Tell The Truth (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 935 025 791; Passcode: ToTellTr7! Community Center (Hunters Woods), Room 6, 2310 Colts Neck Rd., Reston, VA, 20191

**NOON Noon Meeting (O,VM, 60)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 Herndon, VA

**7:00PM The Journey Continues (O,LIT, 60)**, St. David's Episcopal Church (Trailer), 43600 Russell Branch Parkway, Ashburn, VA, 20147

**7:00PM Walking the Walk (C,O,VM, 60)**, Zoom Meeting ID: 936 0237 3375; Passcode: 389615 Herndon, VA

**Frederick Area**

**11:00AM Sunday Morning NA (O,JFT,TC,VM, 60)**, Zoom Meeting ID: 8108397960; Passcode: 287829 Crossroads Center, 511 W South St, Frederick, MD, 21701

**6:30PM Just For Today (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 8108397960; Passcode: 287829 Crossroads Center, 511 W South St, Frederick, MD, 21701

**Montgomery Area**

**8:00AM Squeaky Clean (O,DISC,TC,VM, 60)**, Zoom Meeting ID: 617 673 8102; No Passcode AISH Learning Center, 11418 Old Georgetown Rd, Rockville, MD, 20852

**NOON Progress in NA (O,STEP,TRAD,WC &,TC,VM, 90)**, Zoom Meeting ID: 973 466 3601 Passcode: 875711 Holy Cross Resource Center, Room 7, 9805 Dameron Dr, Silver Spring, MD, 20902

**6:00PM Talking Heads (O,DISC,VM, 60)**, Zoom Meeting ID: 816 0616 8822 Passcode: recovery12 Chevy Chase UMC, 7001 Connecticut Ave, Chevy Chase, MD, 20815

**7:00PM The Real Recovering Addicts of Germantown - Women's Meeting (C,W,TC,VM,LIT, 60)**, Zoom Meeting ID: 227 286 059 Passcode: 009766 Mother Seton Catholic Church, basement of church, 19951 Father Hurley Blvd., Germantown, MD, 20874

**7:30PM The Alternative (O,CAN,DISC,SPK,WC &,TC,VM, 60)**, Zoom Meeting ID: 114 114 644 Passcode: 016821 Silver Spring Presbyterian Church, 580 University Blvd E, Silver Spring, MD, 20901

**7:30PM Today's Recovery (O,DISC,WC &,TC,VM, 60)**, Zoom Meeting ID: 188 633 596 Passcode: 189549 Seneca Creek Community Church, 13 Firstfield Rd, Gaithersburg, MD, 20878

**Norvana Area**

**10:00AM NA in Delray (O,WC &,TC,VM, 90)**, Zoom Meeting ID: 873 4446 3412; Passcode: 1991 Mt. Vernon Hospital, ENGH Conf Rm, 2501 Parkers Lane, Alexandria, VA, 22306

**10:30AM NA Farsi (O,VM, 60)**, Meeting ID: 558 663 8203; Passcode: 1212 Unity Club (Farsi spoken), 116-B W Broad St, Falls Church, VA, 22046

**NOON Just For Today (O,HY, 60)**, Zoom Meeting ID: 841 1771 4923; Passcode: 387903 Unity Club, 116 W Broad St, Falls Church, VA, 22046

**NOON Noon Meeting (VM, 60)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 22046

**SUNDAY (CONT)**

- 5:00PM Sunday Sanity (O,DISC,PPE, 90)**, Walter Reed Recreation Center, Outside - Bring Chair and Mask, 2909 16th St S, Arlington, VA, 22204
- 7:00PM Another Look (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 297699721; Passcode: 014577 Franconia United Methodist Church, 6037 Franconia Rd, Alexandria, VA, 22151
- 7:00PM Living In The Solution (O,VAR,SPK,STEP,WC &,TC,VM, 90)**, Zoom Meeting ID: 568 046 8023; No passcode Reconciliation Community Church, 14654 Joplin Rd., Woodbridge, VA, 20112

**Rock Creek Area**

- 5:30PM Progressive Recovery (O,DISC,WC &,VM,LIT,PPE,HY, 60)**, Zoom Meeting ID: 787 950 135 Passcode: 12345 Luther Place Memorial, Hybrid: 15 members allowed in building. Preference given to Newcomers., 1226 Vermont Ave NW, Washington, DC, 20009
- 7:00PM Clean On The Hill (C,TC,VM, 60)**, Zoom Meeting ID: 724 9574 1690; No Passcode Capitol Hill UMC (enter on 5th St; ring bell), 421 Seward Square SE, Washington, DC, 20003

**South Potomac Area**

- 1:00PM Sunday Afternoon Meeting (VM, 90)**, Zoom Meeting ID: 202 999 2020; Passcode: recovery Capitol Heights, MD
- 7:00PM Closed Sunday (C,WC &,TC,VM, 60)**, Zoom Meeting ID: 773 329 553; Passcode: recovery Bells UMC, 6016 Allentown Rd, Suitland, MD, 20746

**Tri-County Area**

- 2:00PM Walk the Walk (O, 60)**, All Faith Episcopal Church, 38885 New Market Turner Road, Mechanicsville, MD, 20622

**7:00PM Basket Case (O, 60)**, Powerhouse Apostolic Ministries, 47316 Lincoln Ave, Lexington Park, MD, 20653

- 7:30PM Another Chance (O,WC &,VM,PPE, 60)**, Meeting ID: 871 5117 2927 Password: 049424 St. Nicholas Lutheran Church, 1450 Plum Pl. Rd., Huntingtown, MD, 20639

- 7:30PM Stepping Into Traditions & Concepts (O, 60)**, St Joseph's Church, 4590 St Joseph Way, Pomfret, MD, 20675

**MONDAY****Battlefield Area**

- 7:00PM Grateful Heads (O,DISC,TC,VM,LIT, 60)**, Zoom Meeting ID: 319 857 458; Passcode: 20111 St Mark's UMC, @ Leland Avenue, downstairs, 7803 Well St, Manassas, VA, 20111
- 8:00PM Learning How To Live (O,F2F,PPE, 60)**, Gainesville Presbyterian Church, 16127 Lee Highway, Gainesville, VA, 20155
- 8:30PM Getting Centered (O,DISC,TC,VM,LIT, 60)**, Zoom Meeting ID: 837 7972 7742; No Passcode Church of the Ascension, 13941 Braddock Rd, Centreville, VA, 20120

**Central Maryland Area**

- 7:00PM Hope Fiends (O,BEG,WC &,TC,VM, 75)**, Zoom Meeting ID: 329 527 2677; Passcode: 8W2UGA UM Prince Georges County Hospital Center, 1st Floor Auditorium, 3001 Hospital Dr, Cheverly, MD, 20785
- 7:00PM It Works: How and Why (C,WC &,TC,VM, 60)**, Zoom Meeting ID: 6236066098; Passcode: 010746 Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD, 20770
- 7:00PM Laurel Basics 1-2-3 (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 818 0795 7839; No Passcode Laurel Regional Hospital (2nd flr, PRC Room), 7100 Contee Rd, Laurel, MD, 20707

**District of Columbia Area**

- NOON Noon Time is the Right Time (O,DISC,VM, 60)**, Zoom Meeting ID: 932 959 7603; Passcode: 1962 Washington, DC, 20090

**Dulles Corridor Area**

- NOON Noon Meeting (O,VM, 60)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 Herndon, VA
- 6:30PM Exact Nature Men's Meeting (O,M,WC &,TC,VM, 75)**, Zoom Meeting ID: 982 0445 2288; Passcode: 374033 Riverside Presbyterian Church, 21631 Ridgetop Circle, Ste 100, 2nd Floor, Sterling, VA
- 8:00PM Free To Live (O,WC &, 60)**, St. Matthew's Episcopal Church (Trailer), 201 E. Frederick Dr., Sterling, VA, 20164

**East of the River Area**

- 1:30PM Let Go and Let God (O, 60)**, Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020
- 2:00PM Steppin' Into The Afternoon (STEP,VM, 90)**, Zoom Meeting ID: 785 963 7766; Passcode: 1953 Washington, DC, 20020
- 3:30PM Let Go and Let God (O, 60)**, Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020
- 4:00PM No Matter What Group (PH,VM,LIT, 60)**, Phone #: 971-224-6573; Phone Password: 263750# Washington, DC, 20020
- 7:00PM Aging in Recovery (O,DISC,VM, 60)**, Zoom Meeting ID: 824 005 5286; Passcode: recovery Washington, DC, 20020

**SATURDAY (CONT)**

- 7:00PM Destination Hope (O,SPK,PPE, 60)**, Church of the Brethren, 10047 Nokesville Road, Manassas, VA, 20110

**Central Maryland Area**

- NOON Just for Today (O,WC &, 60)**, The 180 Club, 4318 Hamilton Ave, Hyattsville, MD, 20781
- 5:00PM Fear to Faith (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 544 750 363; No Passcode Emmanuel United Methodist Church, 11416 Cedar Lane, Beltsville, MD, 20705
- 7:00PM Gut Bucket (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 973-466-3601; Passcode 875711 Springhill Lake Recreation Center, 6101 Cherrywood Ln, Greenbelt, MD, 20770
- 7:00PM HOW Group (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 6596005240; No Passcode St Mary's School, 106 St. Mary's Place, Laurel, MD, 20707
- 8:30PM Tracks to Recovery (O,WC &, 60)**, Unity Place, 8610 Railroad Avenue, Bowie, MD, 20720

**District of Columbia Area**

- 9:00AM Better Way (O,PH,WC &,TC,VM, 60)**, Phone #: 425-436-6351 ; Phone Password: 344456# St Martin's Church, 1908 N Capitol St NW, Washington, DC, 20002
- 11:30AM Men's Rap (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 826 2424 5198; Passcode: dcmensrap United Medical Center (Basement Auditorium), 1310 Southern Avenue SE, Washington, DC, 20032
- 11:30AM Women's Rap (W,TC,VM, 60)**, Zoom Meeting ID: 794 649 553; Passcode: 063230 Brentwood Rec Center, 2311 14th Street NE, Washington, DC, 20018
- NOON Women's Step and Tradition (C,STEP,TRAD,W,TC,VM, 60)**, Zoom Meeting ID: 874 6272 9053; Passcode: 632923 St. Martin's Church, 1912 N Capitol St NW, DC, 20002
- 7:00PM Illness In Recovery (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 970 781 8525; Passcode: 1HMZCm Howard University Hospital (Rm 5E-17), 2041 Georgia Avenue NW, Washington, DC, 20001
- 9:00PM Miracle of Women (O,W,VM, 60)**, Zoom Meeting ID: 917 1964 217; Passcode 1908 Washington, DC, 20090

**Dulles Corridor Area**

- 10:00AM Rainbow Llama (O,VM, 60)**, Zoom Meeting ID: 84978529527; No Passcode Herndon, VA
- NOON Noon Meeting (O,VM, 60)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 Herndon, VA
- 7:00PM Literally Speaking (O,HY, 60)**, Community Lutheran Church (Parking Lot), 21014 Whitfield Pl, Sterling, VA, 20164
- 8:30PM Saturday Night Live (O,WC &, 60)**, Community Lutheran Church (Parking Lot), 21014 Whitfield Pl, Sterling, VA, 20164

**East of the River Area**

- 5:00PM Women with a Purpose (IP,STEP,TRAD,VM,LIT, 90)**, Zoom Meeting ID: 979 1044 9558; No Passcode Washington, DC, 20020
- 7:00PM 818 Miracles (O,STEP,TRAD,WC &,TC,VM, 60)**, Zoom Meeting ID: 731 1498 4304; Passcode: 818 St Pauls Christian Community Church, 414 Tennessee Ave NE, Washington, DC, 20001

**Frederick Area**

- 10:00AM Can't Do It Alone (O,DISC,IP,JFT,STEP,WC &,TC,VM, 90)**, Zoom Meeting ID: 8108397960; Passcode: 287829 Trinity Chapel, enter through side door 1st floor, 10 W Church St, Frederick, MD
- 10:00AM Men's Rap (O,M,TC,VM, 60)**, Zoom Meeting ID: 9853773041; Password- MANUP. Frederick, MD, 21705
- NOON Noon Group (O,WC &,RA,PPE, 60)**, Trinity Chapel (Mon, Wed, Fri, Sat) side door-2nd floor, 10 W Church St, Frederick, MD, 21701, Limited capacity
- 7:30PM Off the Beaten Path 2 (O,RA,PPE, 60)**, St. James Episcopal Church, 1307 N Main St, Mt Airy, MD, 21771, Limited capacity
- 7:30PM Saturday Night Special (O,WC &,RA,PPE, 60)**, 205B Bucheimer Road, Frederick, MD, 21702, Limited capacity

**Montgomery Area**

- 11:00AM Share On Saturday (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 803 910 502; Passcode: share Holy Cross Hospital (Private Dining Rm 1), 1500 Forest Glen Rd, Silver Spring, MD, 20910
- 12:30PM Hugs not Drugs (O,TC,VM, 60)**, Zoom Meeting ID: 216 990 5455; No Passcode Woodside UMC, 8900 Georgia Ave, Silver Spring, MD, 20910
- 3:00PM Good Stuff (O,TC,VM, 60)**, Meeting ID: 1619402449; Passcode: 694931 Christ Lutheran Church, 4908 Auburn Avenue, Bethesda, MD, 20814
- 7:00PM A Good Deal (TC,VM, 60)**, Zoom Meeting ID: 769 038 042; Passcode: 8675309 St John's Lutheran Church (Fellowship Hall), 4629 Aspen Hill Rd, Rockville, MD, 20853
- 7:30PM Fresh Start (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 480 806 6074; Passcode: takemywill; Phone Passcode: 9132713269 Shady Grove Adventist Hospital (Left of Emergency Room), 9901 Medical Center Dr, Rockville, MD, 20850

## FRIDAY (CONT)

- NOON NA at Noon (O,WC &,HY, 60)**, Zoom Meeting ID: 889 4686 0935; No Passcode Christ Congregational Church (Mon-Fri), 9525 Colesville Rd, Silver Spring, MD, 20901
- 7:00PM Older Toddlers (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 903443801; Passcode: Recovery12 Cedar Lane UUC, 9601 Cedar Ln, Bethesda, MD, 20814
- 7:30PM Upcounty NA (O,TC,VM,HY, 60)**, Zoom Meeting ID: 489 867 1344; Passcode: uprecovery Emory Grove UM Church, Meeting in parking lot, bring mask and chair., 8200 Emory Grove Rd, Gaithersburg, MD, 20877
- 8:00PM Live and Let Live (O,TC,VM, 60)**, Zoom Meeting ID: 874 1116 4836; Passcode: 1953 Fairhaven UMC, 12801 Darnestown Rd, Gaithersburg, MD, 20878
- 8:30PM Get Down (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 816 4756 8372; Passcode: getdown Cedar Lane UUC, 9601 Cedar Ln, Bethesda, MD, 20814
- 8:30PM SYA (O,DISC,STEP,TRAD,WC &,TC,VM, 75)**, Zoom Meeting ID: 795 5261 5749; Passcode: 998027 Norbeck Community Church, 2631 Norbeck Rd, Silver Spring, MD, 20906

## Norvana Area

- NOON Noon Meeting (VM, 60)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 22046
- 7:00PM Man Up (M,VAR,WC &,TC,VM, 60)**, Zoom Meeting ID: 714 950 1815; Passcode: 123 St. Paul's United Methodist Church, 1400 G St, Woodbridge, VA, 22191
- 7:00PM NA for Life (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 813 4054 8864; Passcode: LIFE Langston Brown Center, 2121 N Culpeper Street, Arlington, VA, 22207
- 7:00PM We Do Not Give Up (PPE, 90)**, Arlington Assembly of God, Masks Required, 4501 N. Pershing Dr., Arlington, VA, 22203
- 7:00PM Women Of Woodbridge - W.O.W. (O,W,WC &,TC,VM, 90)**, Zoom Meeting ID: 568 046 8023; No Passcode Saint Paul's United Methodist Church, 1400 G Street, Woodbridge, VA, 22199
- 7:15PM Church Basement Recovery (O,TC,VM, 75)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 Kirkwood Presbyterian Church, 8336 Carleigh Pkwy, West Springfield, VA, 22152

## Rock Creek Area

- NOON Midday Meditations and Miracles (O,TC,VM, 60)**, Zoom Meeting ID: 942 264 753; Passcode: 121212 Dupont Circle Club (Meets Mon-Fri), 1623 Connecticut Avenue NW, Washington, DC, 20009
- 7:15PM O St Women's Rap (RA,TC, 60)**, Dupont Circle Club, 1623 Connecticut Ave NW #200, Washington, DC, 20009
- 8:00PM Clean Works (O,TC,VM, 60)**, Zoom Meeting ID: 946 850 725; Passcode: easydoesit First Baptist Church of Washington, Church Parlor entrance on O St. closer to 17th St., 1328 16 Street NW, Washington, DC, 20036
- 10:00PM Late Nite Friday Nite (O,WC &,TC,VM, 75)**, Zoom Meeting ID: 414 200 353; No Passcode St Alban's Church, 3001 Wisconsin Avenue NW, Washington, DC, 20016
- 10:00PM Recovery Alley (C,TC,VM, 60)**, Zoom Meeting ID: 987 3916 8163; Passcode: Homegroup St Stephen's Church (corner of 16th & Newton), 1530 Newton Street NW, Washington, DC, 20010

## South Potomac Area

- 10:00AM Just For Today (O,VM, 90)**, Zoom Meeting ID: 858 2487 7564; Passcode: Love Capital Heights, MD
- 7:30PM Friday Night Meeting (VM, 90)**, Zoom Meeting ID: 202 999 2020; Passcode: recovery Capitol Heights, MD
- 7:30PM Women Do Recover (W,TC,VM, 90)**, Zoom Meeting ID: 450 339 7149; Passcode: 7VVb4p Bells UMC, 6016 Allentown Rd, Suitland, MD

## Tri-County Area

- NOON Give Yourself A Break (O,JFT,VAR,SPK,STEP,TRAD, 60)**, Good Samaritan Church, 13025 Good Samaritan Dr., Waldorf, MD, 20601
- 6:00PM North Beach Group (O,TC,VM, 60)**, Meeting ID: 987 349 4151 Password: 4 Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach, MD, 20732
- 7:05PM 7:07 (O, 60)**, Trinity Lutheran Church (at S Essex), 46707 S Shangri La Dr, Lexington Park, MD, 20653
- 7:30PM Work 'Em Or Die (O,WC &, 75)**, Good Samaritan Presbyterian Church, 13025 Good Samaritan Dr, Waldorf, MD, 20601
- 9:30PM Another Late Night (O,DISC,STEP,TRAD, 60)**, Beacon of Hope, Parking lot, 21770 Franklin Delano Roosevelt Blvd., Lexington Park, MD, 20653
- 10:00PM We Stay Lit (O,SPK,TOP,WC &,VM, 60)**, Meeting ID: 923 486 353 All Faith Episcopal Church, 38885 New Market Turner Rd, Mechanicsville, MD, 20659

## SATURDAY

## Battlefield Area

- 1:00PM Recovery 101 (O,BEG,CW,DISC,TC,VM, 60)**, Zoom Meeting ID: 714 661 560; Passcode: 101 Trinity Episcopal Church, downstairs, 9325 West St, Manassas, VA, 20110

## MONDAY (CONT)

- 7:00PM Full Package (STEP,TRAD,TC,VM, 90)**, Zoom Meeting ID: 584 269 6023; Passcode: FP1 Temple Of Praise Church (entrance in rear), 700 Southern Ave. SE, Washington, DC, 20032

## Frederick Area

- NOON Noon Group (O,WC &,RA,PPE, 60)**, Trinity Chapel (Mon, Wed, Fri, Sat) side door-2nd floor, 10 W Church St, Frederick, MD, 21701, Limited capacity
- NOON The Noon Virtual Group (O,VM, 60)**, Zoom Meeting ID: 810.839.7960 pwd 287.828 (Mon - Fri), Frederick, MD, 21701
- 7:00PM Monday Night Miracles by Candlelight (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 8108397960; Passcode: 287829 Grace Trinity United Church of Christ, 9501 Baltimore Rd, Frederick, MD, 21704
- 7:30PM Addicts Only (C,VM, 60)**, Zoom Meeting ID: 400725607; Passcode: 845954 Frederick, MD, 21705
- 8:30PM Late But Straight (O,IW,WC &,TC,VM, 60)**, Staley Park, 11 W Tenth St, Frederick, MD, 21701

## Montgomery Area

- NOON Freedom in the Village (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 429 962 2931 Passcode: FITV Christ the Servant Lutheran Church, Mon-Fri, 9801 Centerway Rd, Montgomery Village, MD, 20886
- NOON NA at Noon (O,WC &,HY, 60)**, Zoom Meeting ID: 889 4686 0935; No Passcode Christ Congregational Church (Mon-Fri), 9525 Colesville Rd, Silver Spring, MD, 20901
- 4:00PM New Way of NA (O, 60)**, Rockville Metro Club, Upstairs, 12319 Washington Ave, Rockville, MD, 20852
- 7:00PM Illness in Recovery (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 504 070 556; No Passcode Millian Memorial UMC, 13016 Parkland Dr, Rockville, MD, 20853
- 7:15PM Step Working Addicts Group (O,DISC,IW,SWG,STEP,WC &,TC,VM, 60)**, Zoom Meeting ID: 898 6204 2460; Passcode: 12steps Rockville United Church, 355 Linthicum Street, Rockville, MD, 20851
- 7:30PM Steps to Freedom (C,STEP,VM,WR, 60)**, Zoom Meeting ID: 859 4843 0435; Passcode: 842655 Gaithersburg, MD, 20898
- 8:00PM Monday Miracles (BEG,STEP,TC,VM, 90)**, Zoom Meeting ID: 717 680 837; Passcode: 428066 Montgomery Hills Baptist Church, 9727 Georgia Ave, Silver Spring, MD, 20910
- 8:00PM Oasis (O,TC,VM, 60)**, Zoom Meeting ID: 890 5642 8183; Passcode: 123456 Prince of Peace Lutheran Church, 11900 Darnestown Rd, Gaithersburg, MD, 20878
- 8:00PM Stayin' Alive (O,STEP,VM, 60)**, Zoom Meeting ID: 430 131 8717; Passcode: NARocks Gaithersburg, MD, 20898

## Norvana Area

- NOON Noon Meeting (VM, 60)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 22046
- 6:30PM Cracker Box (O,WC &, 90)**, Fairfax Presbyterian Church, Outside - Bring Chair and Mask, 10723 Main St, Fairfax, VA, 22030
- 6:30PM Women's Choice (O,W,HY, 60)**, Zoom Meeting ID: 547 117 2151; Passcode: WC6576 Fairlington Presbyterian Church, 3846 King St, Alexandria, VA, 22206
- 7:00PM Covid Outside Soldiers (O,PPE, 90)**, Arlington Assembly of God, Masks Required, 4501 N. Pershing Dr., Arlington, VA, 22203
- 7:00PM Miracles on Broad Street (O,WC &,TC,VM, 60)**, Zoom Meeting ID 962 211 7089; Passcode: 169422 Falls Church Presbyterian Church, 225 E Broad St, Falls Church, VA, 22046
- 8:00PM Step Over the Hump (O,STEP,TRAD,WC &,F2F,NP,PPE, 60)**, Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA, 22191

## Rock Creek Area

- NOON Midday Meditations and Miracles (O,TC,VM, 60)**, Zoom Meeting ID: 942 264 753; Passcode: 121212 Dupont Circle Club (Meets Mon-Fri), 1623 Connecticut Avenue NW, Washington, DC, 20009
- 8:05PM Beachcombers, Too (C,BT,DISC,VM, 60)**, Zoom Meeting ID: 643 733 6181; Passcode: 805805 Perpetually Virtual, Rock Creek Area, Washington, DC, 20016
- 8:30PM Living Proof (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 394 675 550; Passcode: 444971 St Columba's Episcopal Church (Rm 206), 4201 Albermarle St NW, Washington, DC, 20016

## South Potomac Area

- 10:00AM Just For Today (O,VM, 90)**, Zoom Meeting ID: 858 2487 7564; Passcode: Love Capital Heights, MD
- 7:30PM Monday Night Step (O,TC,VM, 60)**, Zoom Meeting ID: 457 476 3595; No Passcode Ste 207, 7902 Old Branch Ave, Clinton, MD, 20735

## Tri-County Area

- NOON NA in the Day (RR, 75)**, Good Samaritan Church, 13025 Good Samaritan Dr., Waldorf, MD, 20601
- 7:00PM Cover To Cover (O,WC &, 60)**, 21549 Point Lookout Rd, Leonardtown, MD, 20650
- 7:00PM Time To Change (O, 60)**, Lifestream Church of the Nazarene, 5105 Leonardtown Rd, Waldorf, MD, 20601, First Mon Literature, Last Monday JFT

**MONDAY (CONT)**

**7:30PM Seeds of Serenity (O, 60)**, Crossroads Church, 150 Ball Rd, St Leonard, MD, 20685, Bonfire meeting except in cases of bad weather

**TUESDAY****Battlefield Area**

**8:00PM Just For Today (O,CW,JFT,TC,VM, 60)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 St. Mark's, @ Leland Avenue, downstairs, 7803 Well St (@ Leland Ave.), Manassas, VA, 20111

**Central Maryland Area**

**7:00PM Firm Believers (O,WC &,TC,VM, 60)**, [https://meet.jit.si/static/dialinfo.html?room+FirmBelievers\\_MD](https://meet.jit.si/static/dialinfo.html?room+FirmBelievers_MD) Glenarden Town Hall (1st Flr.), 8600 Glenarden Pkwy, Glenarden, MD, 20706

**7:00PM Women's Living Clean Book Meeting (O,W,VM,LIT, 75)**, Zoom Meeting ID: 245 092 790; Passcode: 010746 Greenbelt, MD, 20770

**7:30PM AWOL (O,BT,DISC,IW,JFT,STEP,TRAD,WC &,TC,VM, 60)**, Zoom Meeting ID: 764 6988 0300; No Passcode Greenbelt Step Club, 143 Centerway Rd., Greenbelt, MD, 20768

**7:30PM Serenity on Sandy Spring (O,BT,DISC,SPK,STEP,STEP,STEP,TC,VM, 60)**, Zoom Meeting ID: 115 231 858; No Passcode Holy Trinity Church, 7607 Sandy Spring Road, Laurel, MD, 20707

**District of Columbia Area**

**NOON Noon Time is the Right Time (O,DISC,VM, 60)**, Zoom Meeting ID: 932 959 7603; Passcode: 1962 Washington, DC, 20090

**6:30PM Freedom To Change (O,PPE, 60)**, St Martin's Church, 1908 N Capitol St NW, Washington, DC, 20002

**6:30PM Steps to the Courthouse (C,STEP,TC,VM, 60)**, Zoom Meeting ID: 994 490 7494; No Passcode (side entrance), 717 5th Street NW, Washington, DC, 20001

**7:00PM Jump Start to Recovery (O,WC &,TC,VM, 90)**, Zoom Meeting ID: 824 7677 3969; No Passcode 25 53rd St, NE, Washington, DC, 20019

**7:00PM The Last Shall Be First (C,STEP,TRAD,TC,VM, 90)**, Zoom Meeting ID: 821 4373 7953; No Passcode The Harold J. Gordon Bldg., 124 15th Street SE, Washington, DC, 20002

**Dulles Corridor Area**

**NOON Noon Meeting (O,VM, 60)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 Herndon, VA

**7:00PM Bring Your Own Basic Text (BYOBT) (C,STEP,TRAD,TC,VM, 60)**, Zoom Meeting ID: 947 3109 1392; Passcode: 252551 Galilee Methodist, 45425 Winding Rd. (Rte. 28@Rte 7), Sterling, VA, 20165

**7:30PM Bottom of the Mountain (O,TC,VM, 60)**, Zoom Meeting ID: 820 207 675; Passcode: 268644 St. Andrew's Presbyterian Church, 711 W. Main Street, Purcellville, VA

**8:00PM New Attitudes (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 772 1468 3075 Sterling UMC (no children, side bldg), 304 E Church St, Sterling, VA, 20164

**East of the River Area**

**1:30PM Let Go and Let God (O, 60)**, Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020

**2:00PM Steppin' Into The Afternoon (STEP,VM, 90)**, Zoom Meeting ID: 785 963 7766; Passcode: 1953 Washington, DC, 20020

**3:30PM Let Go and Let God (O, 60)**, Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020

**4:00PM No Matter What Group (PH,VM,LIT, 60)**, Phone #: 971-224-6573; Phone Password: 263750# Washington, DC, 20020

**6:30PM Give Yourself A Chance (BEG,STEP,TRAD,WC &,TC,VM, 90)**, Zoom Meeting ID: 966 890 1973 ; No Passcode House Of Praise Church, 5110 Nannie Helen Burroughs Ave NE, Washington, DC, 20019

**Frederick Area**

**NOON The Noon Virtual Group (O,VM, 60)**, Zoom Meeting ID: 810.839.7960 pwd 287.828 (Mon - Fri), Frederick, MD, 21701

**5:30PM Rush Hour Recovery (O,DISC,WC &,TC,VM,LIT, 60)**, Zoom Meeting ID: 8108397960; Passcode: 287829 All Saints Episcopal Church, 106 W Church Street, Frederick, MD, 21701

**7:00PM Vision of Hope (O,RA,PPE,HY, 60)**, Zoom Meeting ID: 8108397960; Passcode: 287829 205B Bucheimer Road, Frederick, MD, 21701, Limited capacity

**7:30PM Addicted to Hope (O,BEG,STEP,PPE, 60)**, Illiano Project Building (upper level), 407 S Main St, Mt Airy, MD, 21771, Limited capacity

**Montgomery Area**

**NOON Freedom in the Village (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 429 962 2931 Passcode: FITV Christ the Servant Lutheran Church, Mon-Fri, 9801 Centerway Rd, Montgomery Village, MD, 20886

**NOON NA at Noon (O,WC &,HY, 60)**, Zoom Meeting ID: 889 4686 0935; No Passcode Christ Congregational Church (Mon-Fri), 9525 Colesville Rd, Silver Spring, MD, 20901

**5:30PM New Way of NA (O, 60)**, Rockville Metro Club, Upstairs, 12319 Washington Ave, Rockville, MD, 20852

**FRIDAY****Battlefield Area**

**6:30PM Gimmee Shelter (O,DISC,IW,JFT, 60)**, Bethel Lutheran Church, \*\*Parking Lot\*\*, 8712 Plantation Lane, Manassas, VA, 20110

**8:30PM Keep It Simple (O,BT,DISC,SPK, 60)**, Bull Run UUC (Church St)(Downstairs), 9350 Main St, Manassas, VA, 20110

**Central Maryland Area**

**7:00PM Friday Nite Live (C,WC &,TC,VM, 75)**, Zoom Meeting ID: 682 913 2912; Passcode: Friday Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt, MD, 20770

**7:00PM Miracles on Main Street (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 252 402 377; No Passcode St. Phillips Episcopal Church, 522 Main Street, Laurel, MD, 20707

**7:30PM Walk The Walk (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 546 613 234; No Passcode Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel, MD, 20708

**8:00PM New Start (O,TC,VM, 60)**, Zoom Meeting ID: 168 147 906; Passcode: 005762 Queens Chapel United Methodist Church, 7410 Old Muirkirk Road, Beltsville, MD, 20705

**10:00PM Keep It Real (O,TC,VM, 60)**, Zoom Meeting ID: 341-485-699; Passcode: 586654 Crossroads (2nd Fl), 102 Washington Blvd, Laurel, MD, 20707

**District of Columbia Area**

**NOON Noon Time is the Right Time (O,DISC,VM, 60)**, Zoom Meeting ID: 932 959 7603; Passcode: 1962 Washington, DC, 20090

**7:00PM Jump Start to Recovery (O,WC &,TC,VM, 90)**, Zoom Meeting ID: 824 7677 3969; No Passcode 25 53rd Street NE, Washington, DC, 20019

**7:00PM One Step at a Time (O,STEP,TRAD,WC &,TC,VM, 90)**, Zoom Meeting ID: 492 355 108; Passcode: 349943 St Paul AME Church, 4901 14th Street NW, Washington, DC, 20011

**7:00PM Regardless Of Sexual Identity (C,TC,VM, 90)**, Zoom Meeting ID: 452 943 0512; Passcode: 205542 Metro Community Church, 474 Ridge Street NW, Washington, DC, 20001

**7:00PM Yellow Brick Road (O,TC,VM, 60)**, Zoom Meeting ID: 821 9026 0549; No Passcode VA Medical Center, Room GC120 (bsmt), meeting time change to 7:00 pm on Feb. 1, 2019, 50 Irving Street NW, Washington, DC, 20422

**8:00PM Help Somebody (O,BEG,TC,VM, 90)**, Zoom Meeting ID: 893 0884 8140; Passcode: 787123 3400 Banneker Drive NE (Fort Lincoln), Washington, DC, 20018

**Dulles Corridor Area**

**NOON Noon Meeting (O,VM, 60)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 Herndon, VA

**7:00PM Living Free (O, 60)**, St. Matthew's Episcopal Church (Trailer), 201 E. Frederick Dr, Sterling, VA 20164, Sterling, VA, 20164

**7:30PM Just For Today (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 984 9339 6322; Passcode: 137006 Community Lutheran Church, 21014 Whitfield Pl, Sterling, VA, 20164

**8:00PM I'm Somebody (O,TC,VM, 60)**, Zoom Meeting ID: 449 215 767; Passcode: 703 Lewinsville Pres Church, 1724 Chain Bridge Rd, McLean, VA, 22101

**East of the River Area**

**1:30PM Let Go and Let God (O, 60)**, Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020

**2:00PM Steppin' Into The Afternoon (STEP,VM, 90)**, Zoom Meeting ID: 785 963 7766; Passcode: 1953 Washington, DC, 20020

**3:30PM Let Go and Let God (O, 60)**, Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020

**4:00PM No Matter What Group (PH,VM,LIT, 60)**, Phone #: 971-224-6573; Phone Password: 263750# Washington, DC, 20020

**7:00PM Aging In Recovery (O,DISC,VM, 60)**, Zoom Meeting ID: 824 005 5286; Passcode: recovery Washington, DC, 20020

**Frederick Area**

**NOON Noon Group (O,WC &,RA,PPE, 60)**, Trinity Chapel (Mon, Wed, Fri, Sat) side door-2nd floor, 10 W Church St, Frederick, MD, 21701, Limited capacity

**NOON The Noon Virtual Group (O,VM, 60)**, Zoom Meeting ID: 810.839.7960 pwd 287.828 (Mon - Fri), Frederick, MD, 21701

**7:30PM We Do Recover (O,WC &,RA,HY, 60)**, Zoom Meeting ID: 8108397960; Passcode: 287829 Frederick Church of Christ, 1305 N Market St, Frederick, MD, 21701, Limited capacity

**9:00PM Friday Night Candlelight (O,TC,VM, 60)**, Zoom Meeting ID: 8108397960; Passcode: 287829 Crossroads Center, 511 W South St, Frederick, MD, 21701

**Montgomery Area**

**NOON Freedom in the Village (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 429 962 2931 Passcode: FITV Christ the Servant Lutheran Church, Mon-Fri, 9801 Centerway Rd, Montgomery Village, MD, 20886

**THURSDAY (CONT)****Frederick Area**

**NOON The Noon Virtual Group (O,VM, 60)**, Zoom Meeting ID: 810.839.7960 pwd 287.828 (Mon - Fri), Frederick, MD, 21701

**7:15PM Inner City (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 810.839.7960 Passcode: 287.829 Stanley Park, 11 W Tenth St, Frederick, MD, 21701

**7:30PM Thursday Night Candlelight (O,TC,VM, 60)**, Zoom Meeting ID: 982513930; Passcode: 54998 St Joseph's Church (the old church), 5843 Manor Woods Rd, Frederick, MD, 21717

**Montgomery Area**

**NOON Freedom in the Village (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 429 962 2931 Passcode: FITV Christ the Servant Lutheran Church, Mon- Fri, 9801 Centerway Rd, Montgomery Village, MD, 20886

**NOON NA at Noon (O,WC &,HY, 60)**, Zoom Meeting ID: 889 4686 0935; No Passcode Christ Congregational Church (Mon-Fri), 9525 Colesville Rd, Silver Spring, MD, 20901

**7:15PM Solo Por Hoy (O,ES,TC,VM,LIT, 60)**, Zoom Meeting ID: 232 505 167; Passcode: soloxhoyna Del Ray Club, Bill W. Room, 7611 Clarendon Rd, Bethesda, MD, 20814

**8:00PM Crossroads (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 551 384 252; Passcode: 297348 Montgomery General Hospital, Basement-Conference Room A, 18101 Prince Phillip Dr, Olney, MD, 20832

**8:00PM Making A Difference (O,TC,VM, 60)**, Zoom Meeting ID: 520 984 331; Passcode 123456 Silver Spring Christian Reformed Church (@ Kemp Mill Rd, Rm 3), 1501 Arcola Ave, Silver Spring, MD, 20902

**8:30PM Stepping Free (O,STEP,TC,VM, 60)**, Zoom Meeting ID: 749 506 9861; Passcode: 301 Fairhaven UMC, 12801 Darnestown Rd, Gaithersburg, MD, 20878

**Norvana Area**

**NOON Noon Meeting (VM, 60)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 22046

**7:30PM Old Time Recovery (C,WC &,TC,VM, 60)**, Zoom Meeting ID: 547 117 2151; Passcode: OTR2020 Langston-Brown Center, 2121 N. Culpeper St, Arlington, VA, 22207

**8:00PM So Happy It's Thursday (O,PPE, 60)**, Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA, 22150

**Rock Creek Area**

**NOON Midday Meditations and Miracles (O,TC,VM, 60)**, Zoom Meeting ID: 942 264 753; Passcode: 121212 Dupont Circle Club (Meets Mon-Fri), 1623 Connecticut Avenue NW, Washington, DC, 20009

**5:30PM Whole Lava Love (O,TC,VM, 60)**, Zoom Meeting ID: 835 0459 8692; Passcode: choir loft; Phone Passcode: 8260348462 St Stephen's Church (at 16th & Newton Sts), 1530 Newton Street NW, Washington, DC, 20010

**6:00PM Open Doors (O,TC,VM, 60)**, Zoom Meeting ID: 301 445 644; Passcode: ODG1908; Phone: 3017158592; Phone Passcode: 6949320 St Martin's Church, 1908 N Capitol St NW, Washington, DC, 20002

**6:30PM Coming Out from the Bottom (O,TC,VM, 60)**, Zoom Meeting ID: 811 7545 2852; Passcode: 3636ga; Phone Passcode: 984114 Us Helping Us, 3636 Georgia Avenue NW, Washington, DC, 20010

**7:00PM Meeting on the Avenue (O,TC,VM, 60)**, Zoom Meeting ID: 820 209 93593; Passcode: Recovery12 Wesley UMC, library on lower level, 5312 Connecticut Avenue, Washington, DC

**8:30PM Men's Rap (C,M,TC,VM, 60)**, Zoom Meeting ID: 987 042 2174; No Passcode West Side Club, 1341 Wisconsin Ave NW, Washington, DC, 20007

**9:00PM Prime Time Recovery (O, 60)**, Zoom Meeting ID: 942 264 753; Passcode: 121212 The Festival Center, Free parking in back of building, 1640 Columbia Rd NW, Washington, DC, 20009, In Person Mtg; Limit of 12 per room; Masks and Social Distancing Required

**South Potomac Area**

**10:00AM Just For Today (O,VM, 90)**, Zoom Meeting ID: 858 2487 7564; Passcode: Love Capital Heights, MD

**8:00PM Steps to Life (O,TC,VM, 60)**, Zoom Meeting ID: 261 798 5699; Passcode: STL Oxon Hill UMC, 6400 Livingston Rd, Oxon Hill, MD, 20745

**Tri-County Area**

**NOON 12 at 12 (O, 60)**, Salvation Army of Charles County, Entrance around back of building, 11690 Doolittle Drive, Waldorf, MD, 20602

**7:00PM Hope Fiends (O, 60)**, Calvert County Substance Abuse, 280 Stafford Rd, Barstow, MD, 20610

**7:00PM Outsiders (O,WC &, 60)**, Trinity Lutheran, 46707 S Shangri-La Dr, Lexington Park, MD, 20653

**7:00PM Steps to Serenity (O, 60)**, St. Nicholas Lutheran Church, 1450 Plum Point Rd, Huntingtown, MD, 20639

**7:30PM Chaptico Under The Stars (O, 60)**, Christ Episcopal Church, 37497 Zack Fowler Road, Chaptico, MD, 20621

**TUESDAY (CONT)**

**6:30PM Life On Life's Terms (O,DISC,WC &,TC,VM,LIT, 60)**, Zoom Meeting ID: 161 043 7984; Passcode: 966837 The Episcopal Church of the Transfiguration, 13925 New Hampshire Avenue, Silver Spring, MD, 20904

**7:30PM All About Change (O,WC &,TC,VM, 90)**, Zoom Meeting ID: 891 7594 3140; No Passcode Seneca Creek Community Church (please use front entrance), 13 Firstfield Rd, Gaithersburg, MD, 20878

**8:00PM Carrying the Message (O,VM, 60)**, Zoom Meeting ID: 430 1318 717; Passcode: NARocks Gaithersburg, MD, 20898

**8:00PM Meetin' in Wheaton (C,TC,VM, 60)**, Zoom Meeting ID: 205 312 092; Passcode: 018581 Hughes Methodist Church, 10700 Georgia Ave, Wheaton, MD, 20902

**Norvana Area**

**NOON Noon Meeting (VM, 60)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 22046

**7:00PM Choose Life (O,TC,VM, 60)**, Zoom Meeting ID: 562 899 389; Passcode: narocks Phone Passcode: 2907544 Christ Crossman United Methodist Church, 384 N Washington St, Falls Church, VA, 22046

**7:00PM NA in LA (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 533 129 809; Passcode: NALA Lee Center, 1108 Jefferson St, Alexandria, VA, 22314

**7:00PM Stepping Out of the Hole (O,JFT,WC &,PPE, 90)**, Arlington Assembly of God, Masks Required, 4501 N. Pershing Drive, Arlington, VA, 22203

**8:00PM Just for Tonight (O,TC,VM, 60)**, Zoom Meeting ID: 679 422 087; No Passcode Bush Hill Presbyterian Church, 4916 Franconia Road, Alexandria, VA, 22310

**8:30PM Comfort Zone (O,WC &,VM,HY, 60)**, Zoom Meeting ID: 929 625 3168; Passcode: 658318 Temple United Methodist Church, 1835 N Nash St, Arlington, VA, 22209

**Rock Creek Area**

**NOON Midday Meditations and Miracles (O,TC,VM, 60)**, Zoom Meeting ID: 942 264 753; Passcode: 121212 Dupont Circle Club (Meets Mon-Fri), 1623 Connecticut Avenue NW, Washington, DC, 20009

**7:00PM Bryce Park Group (O,BT,WC &,RA, 60)**, Festival Center, 1640 Columbia Road, Washington, DC, 20009, In Person Mtg; Limit of 12 per room; Masks and Social Distancing Required

**7:00PM Stepping Out of Trouble into Study (SWG,TC,VM, 60)**, Zoom Meeting ID: 815-925-2202; Passcode: sotis Plymouth Congregational Church, 5301 North Capitol Street NE, Washington, DC, 20011

**7:30PM Glad to be Alive Steps (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 275 118 642; Passcode: 982195 Chevy Chase United Methodist Church, 7001 Connecticut Ave, Chevy Chase, MD, 20815

**8:30PM Dupont Circle NA (O,TC,VM, 60)**, Zoom Meeting ID: 813 959 6830; Passcode: 07090910 Dupont Circle Club (Above Melody Records, 2nd Fl), 1623 Connecticut Avenue NW, Washington, DC, 20009

**8:30PM Fire Barrel (O,DISC,WC &,TC,VM, 60)**, Zoom Meeting ID: 514 589 7117; Passcode: step11 St. Luke's UMC, 3655 Calvert St. NW, Washington, DC

**South Potomac Area**

**10:00AM Just For Today (O,VM, 90)**, Zoom Meeting ID: 858 2487 7564; Passcode: Love Capital Heights, MD

**7:30PM Tuesday Night Meeting (VM, 90)**, Zoom Meeting ID: 202 999 2020; Passcode: recovery Capitol Heights, MD

**Tri-County Area**

**7:00PM Living Clean (O,WC &, 60)**, St Paul's UM Church, Classroom #8, 25550 Point Lookout Rd, Leonardtown, MD, 20650

**7:00PM Progressive Incurable (O,WC &,TC,VM, 60)**, Meeting ID: 987 349 4151 Password: 4 Mt. Hope Community Center, 100 Pushaw Station Rd, Sunderland, MD, 20689

**7:30PM Lusby Recovery (O, 60)**, South Community Center, 20 Appeal Lane, Lusby, MD, 20657

**7:30PM Off Campus Recovery (O,WC &,HY, 60)**, Meeting ID 351 579 997 First Baptist Church of La Plata, 9070 Hawthorne Rd, La Plata, MD, 20646

**WEDNESDAY****Battlefield Area**

**8:30PM Welcome Home (O,DISC,VAR, 60)**, Bull Run UUC, @Church Street, downstairs. Door autolocks@8:45. Latecomers tap on window., 9350 Main St, Manassas, VA, 20110

**Central Maryland Area**

**7:00PM Back to the Basics (O,WC &,TC,VM, 60)**, Zoom Meeting ID: 689 290 638; Passcode: 874121 Savage UMC, 9032 Baltimore St, Savage, MD, 20763

**7:00PM New Wave (O,PH,STEP,TRAD,WC &,TC,VM, 60)**, Phone # 712-770-5393; Password: 308466# Glenarden City Hall, Downstairs, 8600 Glenarden Parkway, Glenarden, MD, 20706

**7:30PM Berwyn Group 2.0 (O,DISC,TC,VM, 60)**, Zoom Meeting ID: 829577524; No Passcode Holy Redeemer Church, Fealy Hall, 4902 Berwyn Road, College Park, MD, 20740

**WEDNESDAY (CONT)****District of Columbia Area****NOON Noon Time is the Right Time (O,DISC,VM, 60)**, Zoom Meeting ID: 932 959 7603; Passcode: 1962 Washington, DC, 20090**7:00PM Ultimate Weapons (C,STEP,TW,TC,CPT,VM,LIT, 60)**, Zoom Meeting ID: 516 993 416; No Passcode Johnson Memorial Baptist Church, 800 Ridge Road SE, Washington, DC, 20019**9:00PM Miracle of Women (O,W,VM, 60)**, Zoom Meeting ID: 917 1964 217; Passcode 1908 Washington, DC, 20090**Dulles Corridor Area****NOON Noon Meeting (O,VM, 60)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 Herndon, VA**7:00PM Survivors (O,WC & ,TC,VM, 60)**, Zoom Meeting ID: 288 250 111; Passcode: Survivor3! Community Center (Hunters Woods) (Room A), 2310 Colts Neck Rd, Reston, VA, 20191**7:00PM Women's Rap (O,BT,W,WC & ,TC,VM, 60)**, Zoom Meeting ID: 881 666 45122; Passcode: 596376 St. Matthew's Episcopal Church, 201 E Frederick Dr, Sterling, VA, 20164**East of the River Area****1:30PM Let Go and Let God (O, 60)**, Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020**2:00PM Steppin' Into The Afternoon (STEP,VM, 90)**, Zoom Meeting ID: 785 963 7766; Passcode: 1953 Washington, DC, 20020**3:30PM Let Go and Let God (O, 60)**, Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020**4:00PM No Matter What Group (PH,VM,LIT, 60)**, Phone #: 971-224-6573; Phone Password: 263750# Washington, DC, 20020**6:00PM HOW (O,BEG,IP,IW,M,PH,STEP,TC,VM, 60)**, Phone #: 701-802-5308; Phone Password: 7758700# New Ambassador Church, 1412 Minnesota Ave, SE, Washington, DC, 20020**7:00PM Aging In Recovery (O,DISC,VM, 60)**, Zoom Meeting ID: 824 005 5286; Passcode: recovery Washington, DC, 20020**Frederick Area****NOON Noon Group (O,WC & ,RA,PPE, 60)**, Trinity Chapel (Mon, Wed, Fri, Sat) side door-2nd floor, 10 W Church St, Frederick, MD, 21701, Limited capacity**NOON The Noon Virtual Group (O,VM, 60)**, Zoom Meeting ID: 810.839.7960 pwd 287.828 (Mon - Fri), Frederick, MD, 21701**7:30PM Principles Before Personalities (O,WC & ,TC,VM, 60)**, Zoom Meeting ID: 8108397960; Passcode: 287829 Staley Park, 11 W Tenth St, Frederick, MD, 21701**Montgomery Area****NOON Freedom in the Village (O,WC & ,TC,VM, 60)**, Zoom Meeting ID: 429 962 2931 Passcode: FITV Christ the Servant Lutheran Church, Mon- Fri, 9801 Centerway Rd, Montgomery Village, MD, 20886**NOON NA at Noon (O,WC & ,HY, 60)**, Zoom Meeting ID: 889 4686 0935; No Passcode Christ Congregational Church, Mon-Fri, 9525 Colesville Rd, Silver Spring, MD, 20901**7:00PM Fresh Air (O,WC & ,TC,VM, 60)**, Zoom Meeting ID: 843 9336 4207; Passcode: NAWed7 Cedar Lane UUC, 9601 Cedar Ln, Bethesda, MD, 20814**7:30PM Gentleman's Club (C,JFT,M,TC,VM, 60)**, Zoom Meeting ID: 882 6573 6940; Passcode: 875207 Epworth UMC, 9008 Rosemont Dr, Gaithersburg, MD, 20877**7:30PM Never Alone (O,CAN,DISC,JFT,STEP,TOP,TRAD,WC & ,TC,VM, 75)**, Zoom Meeting ID: 537 929 2126; Passcode: 507372 Christ the Servant Lutheran Church, Mont.Village Ave & Centerway Rd, 9801 Centerway Rd, Montgomery Village, MD, 20886**7:30PM People's Recovery (O,WC & ,TC,VM, 60)**, Zoom Meeting ID: 878 0419 2075; Passcode: 659058 People's Community Baptist Church, Next door, 41 Norwood Rd, Silver Spring, MD, 20905**7:30PM Wednesday's Willingness (O,TC,VM, 90)**, Zoom Meeting ID: 800 990 800; Passcode: 016212 DHHS Silver Spring Center, Social Services Bldg., 8818 Georgia Avenue, Silver Spring, MD, 20910**8:00PM Another Way (O,TC,VM, 60)**, Zoom Meeting ID: 810 231 74462; Passcode: anotherway Prince of Peace Lutheran Church, Small building in back, 11900 Darnestown Road, Gaithersburg, MD, 20878**Norvana Area****NOON Noon Meeting (VM, 60)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 22046**7:00PM Plan B (O,PPE, 60)**, Unity Club, 116-B W Broad St, Falls Church, VA, 22046**8:00PM Over The Hump (O,JFT,SPK,WC & ,F2F,NP,PPE, 75)**, Good Shepherd Lutheran Church, Entrance - In Rear, 15695 Blackburn Road, Woodbridge, VA, 22191**Rock Creek Area****NOON Midday Meditations and Miracles (O,TC,VM, 60)**, Zoom Meeting ID: 942 264 753; Passcode: 121212 Dupont Circle Club (Meets Mon-Fri), 1623 Connecticut Avenue NW, Washington, DC, 20009**WEDNESDAY (CONT)****7:00PM SW Freeway (C,WC & ,TC,VM, 60)**, Zoom Meeting ID: 323 898 787; No Passcode Westminster Presbyterian Church, Room will open at 6:30 pm. Meeting will start at 7 pm, 400 I Street SW, Washington, DC, 20024**8:00PM Step Up (O,CAN,DISC,WC & ,ME,TC,VM,LIT, 60)**, Zoom Meeting ID: 457 222 405; Passcode: 883086 St. Columba's Episcopal Church, 4201 Albemarle St NW, Washington, DC, 20016**8:30PM Conscious Contact Beginners (O,WC & ,TC,VM, 60)**, Zoom Meeting ID: 308 925 752; No Passcode Wesley UMC (@ Jenifer St), 5312 Connecticut Avenue NW, Washington, DC, 20015**South Potomac Area****10:00AM Just For Today (O,VM, 90)**, Zoom Meeting ID: 858 2487 7564; Passcode: Love Capital Heights, MD**7:30PM Living the Program (O,M,VM, 90)**, Zoom Meeting ID: 618 370 4757; Passcode: 872712 St. Barnabas Church, 5203 St. Barnabas Rd, Temple Hills, MD, 20748**Tri-County Area****NOON NA in the Day (RR, 75)**, Good Samaritan Church, 13025 Good Samaritan Dr., Waldorf, MD, 20601**7:00PM Positive Alternative (O,WC & , 60)**, Good Samaritan Church (Near Rt. 5 N/Billingsley Rd.), 13025 Good Samaritan Dr, Waldorf, MD, 20601**7:00PM Tower of Power (O,WC & , 60)**, Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd, Sunderland, MD, 20689**7:30PM Life Support (O,WC & , 60)**, Trinity Lutheran Church, 46707 Shangri la drive, Lexington Park, MD, 20653**THURSDAY****Battlefield Area****8:30PM New Found Hope (O,BEG,BT,DISC,SPK,TC,VM, 60)**, Zoom Meeting ID: 489 403 2056; Passcode: 12345 St. Mark's UMC, @ Leland Avenue, downstairs, 7803 Well St (@Leland Ave), Manassas, VA, 20111**Central Maryland Area****7:00PM Gateway to Recovery (O,STEP,TRAD,TC,VM, 90)**, Zoom Meeting ID: 395 553 318; Passcode: 1957 Abyssinia Baptist Church, 4705 Addison Rd, Capitol Heights, MD, 20724**7:00PM Just For Today (O,WC & ,TC,VM, 60)**, Zoom Meeting ID: 702 155 242; No Passcode Laurel Regional Hospital, 7100 Contee Road, Laurel, MD, 20707**7:30PM More Will Be Revealed (O,TC,VM, 60)**, Zoom Meeting ID: 84769314215; Passcode: 311503 Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie, MD, 20715**7:30PM Spiritual Awakenings (O,WC & ,TC,VM, 60)**, Zoom Meeting ID: 716 889 028; Passcode: 001961 Oshe Shalom Synagogue, 7515 Olive Branch Way, Laurel, MD, 20707**District of Columbia Area****NOON Noon Time is the Right Time (O,DISC,VM, 60)**, Zoom Meeting ID: 932 959 7603; Passcode: 1962 Washington, DC, 20090**6:30PM Steps on the Hill (O,BEG,STEP,TC,VM,LIT, 75)**, Zoom Meeting ID 775 7711 6885; Passcode: 084748 SOME, 71 O street NW, Washington, DC, 20001**7:00PM Daily Principles (O,WC & ,TC,VM, 60)**, Zoom Meeting ID: 841 4747 4473; Passcode: 347743 Northeastern Presbyterian Church, corner of Eastern & Varnum St NE (parking lot off East. Ave), 2112 Varnum St, Washington, DC, 20018**7:00PM Stone Soul Recovery (O,TC,VM, 90)**, Zoom Meeting ID: 837 0087 6636; Passcode: 019814 Plymouth Congregation Church, 5301 North Capitol St, Washington, DC, 20011**Dulles Corridor Area****NOON Noon Meeting (O,VM, 60)**, Zoom Meeting ID: 962 211 7089; Passcode: 169422 Herndon, VA**7:00PM The Best is Yet To Come (TBYTC) (O,VM, 60)**, Zoom Meeting ID: 886 2340 9846; Passcode: 399897 Herndon, VA, 20172**7:30PM Keyhole To Recovery (O,STEP,LIT, 90)**, St Matthew's Episcopal Church (trailer), 201 E. Frederick Dr, Sterling, VA 20164, Sterling, VA, 20164**East of the River Area****1:30PM Let Go and Let God (O, 60)**, Church of the First Born, 2451 Ainger Pl SE, Washington, DC, 20020**2:00PM Steppin' Into The Afternoon (STEP,VM, 90)**, Zoom Meeting ID: 785 963 7766; Passcode: 1953 Washington, DC, 20020**3:30PM Let Go and Let God (O, 60)**, Church of the First Born, 2415 Ainger Pl SE, Washington, DC, 20020**4:00PM No Matter What Group (PH,VM,LIT, 60)**, Phone #: 971-224-6573; Phone Password: 263750# Washington, DC, 20020**6:30PM Under New Management (C,STEP,TRAD,WC & ,TC,VM, 60)**, Zoom Meeting ID: 997 824 3262; No Passcode First Baptist Church, 3440 Minnesota Ave SE, Washington, DC, 20019