

## Who Is An Addict

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another - the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions and death.

## Just for Today

Tell yourself:

Just for today my thoughts will be on my recovery, living and enjoying life without the use of drugs.

Just for today I will have faith in someone in NA who believes in me and wants to help me in my recovery.

Just for today I will have a program. I will try to follow it to the best of my ability.

Just for today through NA I will try to get a better perspective on my life.

Just for today I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

## Schedule of Events

### Friday

**4:00 - 8:00pm: Registration Open**

**9:00pm: Speaker Meeting**

**10:30pm: Campfire Meeting**

### SATURDAY

**7:00am: Just For Today Meeting**

**8:00 - 10:00am: Registration Open**

**10:00am: Speaker Meeting**

**11:30am: Volleyball, Kickball, Cornhole**

**11:30 - 1:30pm: Registration Open**

**2:00pm: Shirt Sales and Tie-Dye**

**6:00pm: Dinner**

**8:00pm: Clean Time Countdown**

**8:30pm: Speaker Meeting**

**10:30pm: Campfire Meeting**

### SUNDAY

**7:00am: Just For Today Meeting**

**12:00pm - Everyone must be out of Campsites**

## P.A.N.D.A. 4 Campout

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**Lake Anna**

**Christopher Run  
Campground**

6478 Zachary Taylor Highway  
Mineral, VA 23117



**June 14-16 2019**

**The Spirit of Unity**

## Housekeeping Announcements:

**Everyone must be out of campsites by NOON on Sunday.**

**Please don't forget to register for the campout.**

**Please clean up all trash and cigarette butts around your campsite and speaker meeting Areas.**

**Please be mindful of language and behavior.**

**Please keep pets on a leash at all times**

Piedmont and New Dominion Areas of  
Narcotics Anonymous

## Twelve Traditions of Narcotics Anonymous

1. Our Common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose - to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance or lend the NA name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us of principles over personalities.

## REGISTRATION

**Tent Camping - \$25/person**

**RV/Cabin - \$15/person**

**\*Must pay the campground directly for cabin rentals and RV campsites**

### Weekend Rates:

**Saturday Only - \$12/person**

### Shirts:

**T-shirts - \$10**

**Women's Tees - \$10**

**Tanks - \$10**

**For any questions or to register after hours please see:**

**Lesley D: (804) 277-1647**

**Jess H: (804) 382-4972**