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**SUBMIT!! SUBMIT!!**

**SUMBIT!! SUBMIT!!**

[norvananewsletter@cprna.org](mailto:norvananewsletter@cprna.org)

*Newsletter meets every first Saturday of the month at 6pm at 1-(857)-232-0357, conference code 235215*

Artwork/poetry/doodles N.A. related recovery experiences

Kind Komments or Koncerns ☺

WCNA 37 – **The Magic Is Still Real**

**August 30, 2018 through September 2, 2018  
Orlando, FL, USA**



## WCNA 37 – The Magic Is Still Real

### PRE-REGISTRATION

In addition to helping us better plan WCNA, here's another incentive for pre-registering: **All members who pre-register by 31 July 2018** (without cancellation) **will be entered in a drawing for two (2) full convention packages, including registration and all WCNA special event tickets!** (Does not include pre-reg merchandise)

Click [here](#) for a downloadable and printable pre-registration form and hotel reservation form.

Click [here](#) to pre-register.

### WEBSITE

We know that some members experienced challenges with transaction delays on the first day of registration sales. We have worked to try to resolve these challenges, and believe that the technical glitches have been ironed out. Nonetheless, it is still possible that you will experience a delay, as there are numerous people all over the world using the pre-registration and hotels sites at any given time. Please be patient and **DO NOT HIT THE BACK BUTTON** right away. It may take a few minutes for the system to process your transaction.

### WCNA 37 HOTEL OPTIONS

While we realize many people are accustomed to booking rooms on their own, it really helps WCNA when you book rooms in our room block. Here is some encouragement to pre-register and book rooms in our room block: **If you pre-register and**

**book your hotel in the WCNA room block by 31 July 2018** (without cancellation), **you will be entered into a drawing for a FREE, THREE-NIGHT STAY!** We will randomly select two pre-registrants and cover their room and tax charges for the Thursday, Friday, and Saturday nights of WCNA.

Click [here](#) for a downloadable and printable pre-registration form and hotel reservation form.

| [Portuguese](#) | [Spanish](#) | [Russian](#) | [German](#)

Click here to go to [hotel reservations](#)

### HOTEL SUPPORT NUMBER/CONFERENCE DIRECT

The support telephone numbers for the hotel options site are toll-free within the US: 844.460.9824, or from outside the US: +1 704.419.8426 (Monday-Friday, 8:30 am - 9:00 pm Eastern Time).

### EVENTS

We are excited about the entertainment we have lined up for this convention. All of the details have not been worked out on some of the entertainment special events, which is not unusual for a World Convention. We will add information about the events as they become finalized. You need not wait to register. Special event seating assignments are determined by the date of pre-registration. This means that the location of your seat for ticketed events is driven by the registration date, not by

the date you purchase the tickets. The key to getting the best seats is to register early.

[Thursday Blues Lunch](#) | [Friday morning Jazz Brunch](#) | [Friday night Comedy](#) | [Saturday Concert](#) | [Coffee Houses](#)

#### POST CONVENTION CRUISE TO CUBA

We have also contracted to offer a 5 day/4-night cruise to Havana, Cuba, aboard Norwegian Cruise Lines, "Norwegian Sun," departing Port Canaveral, September 3rd, 2018 and returning September 7th, 2018. For more information see

<http://montrosetravel.com/wcnacruise>

#### SPEAKERS

Interested in being considered as a WCNA **main speaker or workshop speaker**? We'll make that information available on the website 10 October 2017.

#### BEING OF SERVICE

Want to participate in the WCNA 37 **speaker evaluation** process? We'll make that information available on the website 10 October 2017.

Additionally, we'll have more information in the spring of 2018 on other ways you can be of service for WCNA-37.

#### LOCAL ATTRACTIONS

The Orlando Convention & Visitors Bureau is creating a webpage highlighting local attractions and restaurants in Orlando (Disneyland, Universal Studios, Sea World etc.) as well as other information about the city. We will post that link as soon as it is available.

#### VISAS

Please refer to <https://www.usa.gov/visas#item->

[213289](#) for information about the visa process to enter the United States. We try to do what we can to assist members with information, and we can provide a general letter of invitation to attend WCNA 37 if needed. Please contact [wcnavisas@na.org](mailto:wcnavisas@na.org) for more information. Please contact [wcnavisas@na.org](mailto:wcnavisas@na.org) for more information.

#### ORLANDO CONDITION AFTER HURRICANE

We have received telephone calls with questions about the condition of the Orange County Convention Center and hotels after the hurricane. Orlando is "open for business" as they say. There was some damage to several areas of the city, and the power system was temporarily disrupted, but by and large Orlando has come through it to the other side. See

<http://www.orlandosentinel.com/news/breaking-news>

for additional information. There are still some areas that require repairs, as we understand it, but we do not anticipate any disruption to the WCNA experience for our members because of the recent hurricanes.

#### NAR-ANON

In the spirit of cooperation, not affiliation, WCNA 37 will provide space for Nar-Anon to hold meetings throughout the weekend in the convention center. Nar-Anon members will need to register for WCNA and wear a WCNA badge to attend the coffeehouses, events and dances.

**See you in Orlando!** Note: NA World Services, is not affiliated with any of the service providers being utilized for WCNA 37.

The Orange County Convention Center-West building located at 9800 International Drive,

Orlando Florida, is the primary location for meetings and events.

Orlando is the most visited city in the US—and it's a great fit for an event like ours. Information about Orlando and surrounding areas, and about the Orange

County Convention Center is available at: [www.visitorlando.com](http://www.visitorlando.com)

and [www.occc.net/Attendee](http://www.occc.net/Attendee). Stay tuned for more information on pre- and post-WCNA activities.

**Why service keeps me clean** – Katie I.

The last thing I thought about when I came into the rooms of Narcotics Anonymous was anyone other than myself. Addiction left me, like it leaves many others, self-centered to the core. However, it's incredible what happens when we get outside ourselves and think about something, or someone, else.

I'd been around the rooms a time or two before and knew that getting a sponsor also meant getting a home group and a service position. I knew I didn't want to make coffee, or hug anyone before a meeting, or help set-up chairs. But I also knew that I could no longer pick and choose the parts of recovery that didn't hurt my pride – I had to do all of it.

Within a week of finding a sponsor, I had a home group; and within 20 minutes of declaring my home group I had my first service position. It was announced during the meeting that the group was looking for a new GSR, and without even knowing what GSR stood for, I said "Yes! I'll do it!" (I also wanted to win brownie points with my sponsor for having a service position before being asked to get one....I had no idea what I was in for.)

Area service was a whole new world I didn't even know existed. We were making decisions and voting like we were an executive board at a Fortune 500 company! Words were being thrown around I had never even heard before and my opinion actually mattered! I learned about the numerous opportunities NA offers of getting involved outside of my home group. It was the first time I felt like the lifestyle that is recovery might be one I can live and love. I walked away from my first area service meeting excited to be a recovering addict. I couldn't wait to do more! What I really wanted

to do was share my story with the addicts still suffering in a setting I had come to know all too well – detox.

My first couple H&I meetings made me nervous. Prior to them, I had only lead one meeting which was the first time I had ever told my story in a somewhat logical order out loud. But I knew that detox is a place where the seed can be planted, and I knew that carrying the message of NA was how I could do it. Now, every time I walk into a detox to help lead a meeting, I feel a sense of purpose. Sure, I'm still nervous to speak in front of a group of people I don't personally know, but it's gotten easier with practice.

I was recently asked by a “normie” if I thought that I was helping save the lives of any of the addicts I spoke to and without hesitation I responded: “If I do, I'll never know, but I save my life by being there.” I truly believe that too. NA is the answer to the misery that is active addiction, why would I keep it to myself?

## 10 Reasons not to Relapse - Anonymous

### 10 Reasons Not to Relapse

1. Withdrawals. Those weren't fun, were they?
2. The mental torture of realizing the drugs are almost out...
3. ...and having to experience that Every. Single. Day.
4. Your freedom will be lost once again. The drugs will make all your decisions for you, not caring how those decisions will destroy you
5. Do you really want to lose your clean time?
6. You may not get a chance to ever get clean again because there is a high possibility you will overdose
7. You'll go back to the same lifestyle that brought you to recovery in the first place. Maybe not tomorrow, but it will happen
8. Think you're feeling shitty now? You'll feel even shittier if you relapse
9. Think of your worst drug run and double it
10. I may not know you personally, but I know you don't deserve to relive the horror that is active addiction. You may question your worth, but let me be the one to tell you, you deserve recovery!

## Two Stories- Story One

### The Language of Narcotics Anonymous- NA Nazis or Passionate Members

#### The Purist Movement --- Scot G.

The Purist Movement official got its name from a small news letter written by a guy named Jimmy D from New Jersey. He took the logo from my t-shirt, which was a bid shirt for WCNA 15 for Virginia. "BRING THE WORLD TO THE BEACH!", we lost to DC of course, who's slogan was about unifying the divide between inner city blacks and the suburban whites. The t-shirt was black with a bright blue outline of the globe.

But the story starts long before that. In the early days of the Literature movement they wanted to write a book by addicts for addicts. There was a member named Jim M. from Ohio who showed up at one of the first Lit conferences. Jim was a very intelligent guy, and one of the first things he noticed was that hardly a single person attending identified themselves the same way. "Hi my names Sue and I'm a dope fiend. My name's Bob and I'm a drunk and a junky. My name's Bill and I'm a drug addict...." and so on. Jim was the guy who questioned folks about getting the words right. For him, this meant that we needed to come up with a language that fit all addicts no matter what their drug of choice might be. This is probably where the original seeds of the purist movement were first formulated and they didn't

even know that this was what they were doing. It just made sense that using the term clean, would cover any substance, where sober only spoke of alcohol, or that calling ourselves addicts would strengthen our unity, rather than dividing us by our drugs, which we were no longer doing... i.e.: drunk and junky, boozier and user, slimy dope fiend. The term addict fit everyone equally weather your drug of choice was alcohol or heroin, or marijuana. It also leveled the playing field with no group of users being any better or worse than another.

The members of these literature conferences were becoming enlightened as to this new vision and another one that was talked about outside the working sessions. That one was about only attending NA for your recovery. Back then and even into the early 1980's, that was a very foreign idea. We had all gotten clean in AA meetings and had started a small handful of meeting in our areas or towns. Hardly enough to recover in, but a place where we could go once a week or so and feel free to talk about our drug usage. Our foundation and our recovery was in AA and we felt safe in their years of experience. NA was that other meeting that we could go to once a week and talk about drugs. Recovery in NA was just a dream for

most of us. We thought, “Yea, man, that would be cool to have NA every night... someday....”

Something that the key players in the Lit movement understood was that you had to bet your life on NA or no one else would! They began to become adamant about this stand and would leave these Lit conferences and NA conventions where they met up with each other to get pumped up... then would go back to their small NA communities and with excitement they had gained by being around other like-minded folks. They would push the new message of one disease and one program to all the poor unsuspecting drunks and junkies back home. The results were mixed of course. One member said to my wife, well if it was so good back there in Georgia, why don't you go the hell back there! Many were intimidated and saw this new movement as a clear loss of power, as they had been ruling the roost for many years now. NA was more like counseling sessions with powerful personalities at the helm. I know, I was one just like that.

Back then, they came up with the name S.W.A.T which stood for Service Workers Attack Team!

This was really the first organized, named purist group. They even made up t-shirts for *collector types*. In discussions with the spiritual leader of the literature movement, Greg Pierce (deceased), several of the members he sponsored wanted to come up with a name and purpose other than SWAT. The discussion came around to a simple card and a simple name and a simple purpose. Greg said to me; "You don't wanna know what it started as... smile!" I guess he toned it down a bit. It was called Anonymi, and it was simply a printed blue calling card that said: **Anonymi- A world-wide NA Home Group designed to provide our trusted servants (whose service has sometimes isolated them from their local groups) with the love and understanding they need to survive.** A worldwide NA home group whose trusted servants gather to gain the love and support they need to continue carrying the message in their home groups and areas. Its primary purpose is to disband."

# ANONYMI

*A world-wide NA Home Group designed to provide our trusted servants (whose service has sometimes isolated them from their local groups) with the love and understanding they need to survive.*

## Two Stories- Story Two

### Dual Language- Double Standards ---

#### Scot G.

It is hard to understand a double standard in the regular world let alone early in recovery when our brains are still feeling the effects of years of using & abusing. Many of us go to treatment of some sort & hear clean & sober. Most don't know that many treatment facilities get extra funds for dual diagnosed clients, so they suggest to everyone to admit to dual addictions so they get more money. Dollars & cents. Many experience their first meetings in these facilities or get taken to outside meetings. We identify the way they suggest we do but we're wrong in the eyes of both fellowships traditions. WHAT!?!?! Have you ever really listened to how almost everyone else identifies? Yea, taken the cotton out of your ears & stuff it in your mouth in the beginning is what a lot of us hear. Why is it that it seems society in general says it's politically correct to be clean & sober? Shoot, were rock stars now so we should act like one. Bragging all over about our successes, yet some of the old-timers in both fellowships seem to know something about us that

we don't know, what could that be? We haven't learned about the unity & how to identify properly and simply so that we don't stand out. Are we just another visitor getting papers signed who doesn't really want recovery? We think we are members of this society we have found of likeminded people yet don't have the clue yet. It's kind of like realizing in AA they shake hands & in NA they hug. All these little subtleties that we learn to become members of that society. When in AA we are alcoholics & sober, when we are in NA we are addicts & clean. Can it really be that simple, **Yes!**

By identifying like everyone else we find the unity of spirit we have been looking for all our lives. We become members of a society of like-minded people who want to help us in our recovery. The least we can do is conform to the traditions of our predecessors. They fought many of the battles long before we got here. Why should we even have to address them? Because we live in a society with double standards for many things. Learn to live within society & our NA society by learning to walk & talk our double standard language.

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Step Two – “We came to believe that a Power greater than ourselves could restore us to sanity.”

Step One took away any lies I told myself about addiction; Step Two gave me hope for recovery. The Second Step tells me that what I found out about our addiction in the

First Step is not the end of the story. The pain which I had been living was needless, says Step Two. They can be calmed and, in time, I learned to live without them with the

steps. I had a void after Step One. As I approached Step Two, I began to consider that maybe, just maybe, there's a Power greater than myself—a Power capable of healing our hurt, calming my confusion, and restoring my stability. When I was new in the program, I was confused by this step's suggestion that I had been insane. From recognizing my powerlessness to confessing my "insanity" seemed an awfully big step. But after being around the program for a while, I began to understand what this step was really about. I read the Basic Text and found that my insanity was defined there as "repeating the same mistakes and expecting different results." I always told myself, "It will be different this time." Now, that's crazy! As I live the principles of this step for a few twenty-four hours now, I discovered how crazy I really was. At first, I thought this step was religious. That was not true at

all. There is nothing, absolutely nothing, in the NA program that requires a member to be religious. This is a spiritual, not religious, program. The coolness of the Second Step is revealed when we begin to think about what our Higher Power can be. I was asked to choose a Power that is loving, caring, and—most importantly—able to restore me to sanity. The Second Step does not say, "We came to believe in a Power greater than ourselves." It says, "We came to believe that a Power greater than ourselves could restore us to sanity." The emphasis is not on who or what this Power is, but on what this Power can do for us. I used the group as a higher power for a while, as well as the steps as one too. I found out that no matter how bad I had got in my addiction, for once I felt hope there was a way out of this hell. Thank god for Narcotics Anonymous.

## Events

Know of an NA event in the C&P Region that's not listed? Email [events@cprna.org](mailto:events@cprna.org)  
Please include date and time of event, full address of event location, event host and area, suggested donation for event, and flyer. Please submit all flyers in .pdf format. To ensure your flyer can be used the limit for the size of the flyer is no greater than 1mb. Allow up to 1 week for your event to be posted.

<b>Date/Time</b>	<b>Event</b>
Feb 9 2018 - Feb 11 2018 10:00 AM - 10:00 AM	<a href="#">Mid-Atlantic Regional Learning Conference XXXIV MARLCNA</a> <i>Lancaster Host Resort and Conference Center, Lancaster PA</i> <a href="#">Flyer</a>
Feb 17 2018 10:00 AM - 06:00 PM	<a href="#">Chesapeake &amp; Potomac Regional Service Meeting</a> <i>Community Lutheran Church, Sterling VA</i> <a href="#">Flyer</a>

**Date/Time****Event**

Feb 17 2018 - Feb 18 2018  
09:00 PM - 01:00 AM  
[DC Area Special Events: Red & White Fun-Raiser Dance](#)  
*St. Martins Church, Washington DC*  
[Flyer](#)

Feb 19 2018  
12:00 PM - 08:00 PM  
[Jump Start To Recovery Group: Holiday Marathon](#)  
*St. Martin's Church, Washington DC*  
[Flyer](#)

Feb 24 2018  
09:00 PM - 11:00 PM  
[Frederick Area Of NA Special Events: Bowling Mania](#)  
*TERRACE LANES, FREDERICK MD*  
[Flyer](#)

Mar 4 2018  
12:00 PM - 02:00 PM  
[NORVANA Special Events Subcommittee: Spiritual Breakfast](#)  
*Mt. Vernon Hospital, Alexandria VA*  
[Flyer](#)

Apr 7 2018 - Apr 8 2018  
05:30 PM - 01:00 AM  
[Jump Start To Recovery Group: Kick-Off To Ocean City Mini Speaker Jam & Dance](#)  
*Saint Martins Catholic Church, Washington DC*  
[Flyer](#)

Apr 13 2018 - Apr 15 2018  
10:00 AM - 01:00 PM  
[CPRCNA 32](#)  
*Roland E. Powell Convention Center, Ocean City Maryland*