

**NORVANA MEETINGS - SEPTEMBER 2010**

DAY/TIME	CITY	MEETING NAME	LOCATION	ADDRESS	MEETING TYPE
<b>Sunday</b>					
9:00 AM	Alexandria	NA in Delray		4600 Duke Street	O-S/T-WC-90
10:30 AM	Falls Church	NA Farsi	Unity Club	116-B Broad Street	O-D-FA-60
12 Noon	Falls Church	Just for Today	Unity Club	116-B Broad Street	O-J-75
4:00 PM	Woodbridge	NA Back Room	Rebos Club	12902 Occoquan Road	O-I-WC-75
7:00 PM	Arlington	Sunday Sanity	Arlington Pres Church	3507 Columbia Pike	O-S-WC-90
7:00 PM	Springfield	Another Look	Franconia UM Church	6037 Franconia Road	O-D-WC-75
<b>Monday</b>					
12 noon	Springfield	Port in the Storm	Juniper Program 1st Flr Conf Rm	8001 Forbes Place	O-D-60
6:30 PM	Alexandria	Women's Choice	Fairlington Presbyterian Church	3846 King St @ Menokin	W-D-75
7:00 PM	Alexandria	Just For Today Meditation	Ashlawn Building	4921 Seminary Road	O-J-WC-90
7:00 PM	Alexandria	In The Heart Of	Charles Houston Center	905 Wythe Street	O-D-WC-90
7:00 PM	Fairfax City	The Cracker Box	Fairfax Presbyterian Church	10723 Main Street	OD-WC-60
7:00 PM	Falls Church	Men's Step	Unity Club, Room 4	116-B Broad Street	M-S-60
7:00 PM	<b>new</b> Falls Church	Step and Tradition Blues	St. Albans Episcopal Church	6800 Columbia Pike	O-S/T-60
8:00 PM	Woodbridge	Step Over the Hump	Pr Wm Homeless Shelter	14945 Jefferson Davis Hwy.	O-S/T-WC-60
8:30 PM	Franconia	Monday Night Freedom	Franconia Baptist Church	5912 Franconia Road	E-O-D-WC-60
<b>Tuesday</b>					
6:30 PM	Arlington	Recovery at Walter Reed	Walter Reed Rec Center	2909 S. 16th Street	O-D-WC-90
7:00 PM	Alexandria	NA in LA	Lee Center	1108 S. Jefferson Street	O-D-WC-90
7:00 PM	Falls Church	Choose Life	Unity Club	116-B Broad Street	O-D-60
7:15 PM	Springfield	Edsall Park	St. John's UM Church	5312 Backlick Road	C-D-60
7:30 PM	Arlington	Steps in the Valley	Charles Drew Community Ctr	3500 S. 23rd St	O-D-WC-90
7:30 PM	Woodbridge	At the Top of the Hill	St. Paul's UM Church	1400 G Street	O-D-60
8:30 PM	Arlington	Comfort Zone	VA Hospital Ctr (cafeteria)	1635 N. George Mason Dr	O-D-WC-75
8:30 PM	Franconia	Rose Hill Recovery	Franconia Baptist Church	5912 Franconia Road	O-D-75
<b>Wednesday</b>					
7:00 PM	Alexandria	Stepping Out of the Hole	Cora Kelly Rec Center	25 Reed Avenue	O-S/T-WC-90
7:00 PM	Falls Church	Plan B	Unity Club	116-B Broad Street	O-D-N-60
8:00 PM	Woodbridge	Over the Hump	Pr Wm Homeless Shelter	14945 Jefferson Davis Hwy.	O-D-WC-75
8:00 PM	Alexandria	Came to Believe	Cameron UM Church	3130 Franconia Road	O-S/T-60
<b>Thursday</b>					
6:00 PM	Alexandria	Womens Step and Tradition	Lee Center	1108 S Jefferson Street	W-S/T-90
7:00 PM	Alexandria	Glad to be Back	Third Baptist Church	917 Princess Street	O-D-90
7:30 PM	Alexandria	We Do Recover	Alex Substance Abuse Center	2355 Mill Road	O-D-75
7:30 PM	Arlington	Old Time Recovery	Langston-Brown Center	2121 N. Culpeper Street	C-D-WC-60
8:00 PM	Franconia	So Happy It's Thursday	Bush Hill Presbyterian Church	4916 Franconia Road	E-O-D-60
8:30 PM	Woodbridge	At the Top of the Hill	St. Paul's UM Church	1400 G Street	O-S-WC-90
<b>Friday</b>					
7:00 PM	Alexandria	Recovery on the South Side	Lee Center	1108 S. Jefferson Street	O-D-WC-90
7:00 PM	Arlington	NA for Life	Walter Reed Rec Center	2909 S. 16th Street	O-D-WC-90
7:00 PM	Alexandria	Women Need Women	Cora Kelly Rec Center	25 Reed Avenue	W-D-WC-90
7:00 PM	Springfield	Circle of Hope	St. Johns UM Church	5312 Backlick Road	W-D-60
7:15 PM	Arlington	Church Basement Recovery	Arlington Baptist Church	7th & S. Monroe Streets	O-D-WC-75
7:30 PM	Alexandria	One Route To Recovery	Mt Vernon Hospital, Conf Rm C	2501 Parkers Lane	O-D-WC-60
7:30 PM	Springfield	With or Without	St. Christopher's Episcopal Church	6320 Hanover Avenue	C-D-60
8:00 PM	McLean	I'm Somebody	Lewinsville Pres Church	1724 Chain Bridge Road	O-D-A-60
8:30 PM	Falls Church	Better Here Than There	Fairfax Hospital-ECC Bldg	3300 Gallows Road	O-D-A-WC-60
8:30 PM	Falls Church	Simplicity is the Key	Unity Club	116 B West Broad Street	C-N-60
8:30 PM	Woodbridge	Still Around	Rebos Club	12902 Occoquan Road	O-D-WC-60
10:00 PM	Springfield	Opening Night	Independence Club	7024 Spring Garden Drive	O-D-60
<b>Saturday</b>					
11:00 AM	Alexandria	Sisters in Recovery	Fairlington Presbyterian Church	3846 King Street	W-V-90
3:00 PM	Alexandria	Keep On Stepping Men's Rap	Charles Houston Rec. Center	901 Wythe Street	M-S-90
4:00 PM	Arlington	Steps to Serenity	Family Life Center	3410 S. 22nd Street	O-S-75
6:00 PM	Alexandria	Who Wants to Live	Gum Springs Comm. Center	8100 Fordson Road	O-S/T-90
7:00 PM	Fairfax	Free Yourself	Providence Presbyterian Church	9019 Little River Turnpike	O-D-WC-75
7:00 PM	Arlington	NA Pavilion	Greenbrier Baptist Church	5401 7th Road S.	O-A-75
10:00 PM	Springfield	Opening Night	Independence Club	7024 Spring Garden Drive	O-D-60
10:30 PM	Arlington	Late But Straight	Arlington Pres Church	3507 Columbia Pike	C-D-WC-90

**MEETING CODES**

A-Beginners 123 Step  
 B-Basic Text  
 C-Closed (addicts only)  
 D-Discussion  
 E-Candlelight Meeting  
 F - Topic

G - Step Working Guide  
 I-It Works How And Why  
 J-Just For Today Study  
 K-Speaker Meeting  
 L - Literature Study  
 FA - In Farsi

M-Men  
 N - Newcomer/Beginner  
 O-Open (all are welcome)  
 P - Information Pamphlet  
 S-Step

SP-In Spanish  
 T-Tradition  
 V - Format Varies  
 W-Women  
 WC-Wheelchair access

Y - Young People  
 Z - Meditation  
 60-60 minutes  
 75-75 minutes  
 90-90 minutes