

The 12 Steps of NA

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Chesapeake and Potomac Regional Hotline:

1-800-543-4670

<http://www.cprna.org/tcana>

“That no addict seeking recovery need ever die.”

What is NA?

“NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean.”

Why are we here?

“Before coming to the fellowship of NA, we could not manage our own lives. We could not live and enjoy life as other people do. We had to have something different and we thought we had found it in drugs.”

Narcotics Anonymous Meeting List

January, 2010



**Tri-County ASC
P.O. Box 743
Charlotte Hall, MD 20622**

**Area Service Committee
Meets 1st Wed. @ 6:30
Christ Church, Rt. 6, La Plata**

SUNDAY

7 p.m. BASKET CASE

ATB, O/D

St. Andrew's Church, 44078 St Andrew's Church Rd.,
Rt. 4 (south), California, MD 20619

7:30 p.m. STEPPING INTO TRAD & CONCEPTS

O/D, St, T, C (last Sunday), T & C (75 min)

St. Joseph's Church, 4590 St Joseph Way,
Pomfret, MD 20675

7:30 p.m. ANOTHER CHANCE

BTS, W/C, Sp (first Sunday) No smoking on premises

Calvert Memorial Hospital (room #2, Lower Level)

100 Hospital Rd. (off Rt. 2-4)

Prince Frederick, MD 20678

MONDAY

7 p.m. COVER TO COVER

BTS, W/C, 75 min.

St. Andrew's Church, 44078 St Andrew's Church Rd.,
Rt. 4 (south), California, MD 20619

8 p.m. TIME TO CHANGE

St, W/C, O/D

Lifestream Church of the Nazarene

5105 Leonardtown Rd. (Rt. 5 South),

Waldorf, MD 20601

8 p.m. A NEW LEASE ON LIFE

O/D, W/C

Jude House, 9505 Crain Hwy. (Rt. 301 South),

Bel Alton, MD 20611

TUESDAY

7 p.m. SPIRITUAL PRINCIPLES

O/D, W/C

St. Paul's Methodist Ch., 25550 Point Lookout Rd.,
Leonardtown, MD 20650 (classroom #8)

7:30 p.m. OFF CAMPUS RECOVERY

O/D, W/C

Grace Lutheran Church, 1200 Charles St.,
(Rt. 6 & 488) La Plata, MD 20646

7:30 p.m. LIFE RECOVERY

St, O/D

Southern Community Center, 20 Appeal Ln.,
Lusby, MD 20657

8:30 p.m. CANOPY RECOVERY

O/D

Church of Ascension, 21641 Great Mills Rd. (Rt. 246),
Lexington Park, MD 20653 (next to rescue squad)

WEDNESDAY

7 p.m. TOWER OF POWER

JFT, O/D, W/C

Mt. Hope Community Center, 100 Pushaw Station Rd.,
Sunderland, MD 20689 (off Rt. 2)

7 p.m. POSITIVE ALTERNATIVE

O/D, W/C, St (last Wednesday)

Good Samaritan Church, 13025 Good Samaritan Dr.,
Waldorf, MD 20601 (Near Rt. 5 N/Billingsley Rd.)

7:30 p.m. LIFE SUPPORT

O/D, W/C

Cornerstone Presbyterian Church, 23075 Town Creek Dr.,
California, MD 20619

THURSDAY

7 p.m. STEPS TO SERENITY

St, T (last Thursday), W/C

St. Nicholas Lutheran Church, 1450 Plum Pt. Rd.
Huntingtown, MD 20639

7 p.m. OUTSIDERS

St, T, W/C

Church of Ascension, 21641 Great Mills Rd. (Rt. 246),
Lexington Park, MD 20653 (next to rescue squad)

7:30 p.m. CHAPTICO UNDER THE STARS

O/D

King/Queen Parish Hall, 37501 Zach Fowler Rd.,
Chaptico, MD 20612 (off Rt. 234 -east of traffic circle)

8 p.m. INDIAN HEADS

BTS, W/C

St. James Episcopal Church, 7 Potomac Ave.,
Indian Head, MD 20640

8 p.m. BRANDYWINE GROUP

O/D

Union Bethel Church, 6810 Floral Park Rd.,
Brandywine, MD 20613

FRIDAY

11:30 a.m. UNINTERRUPTED

JFT, O/D, W/C

St. Paul's Methodist Ch., 25550 Point Lookout Rd.,
Leonardtown, MD 20650 (classroom #13)

FRIDAY (cont.)

6 p.m. NORTH BEACH GROUP

O/D

Union Church, 274 Bay View Rd., North Beach, MD
20714

7:07 p.m. SEVEN-0-SEVEN

IP, 75 min.

Trinity Lutheran Church

46707 S. Shangri La Dr. @ S. Essex,
Lexington Park, MD 20653

7:30 p.m. WORK EM OR DIE

St, T, W/C, 90 min.

Grace Lutheran Church, 1200 Charles St.,
(Rt. 6 & 488) La Plata, MD 20646

SATURDAY

7 p.m. TOWER OF POWER

St. 1 2 3, T, O/D, W/C

Mt. Hope Community Center, 100 Pushaw Station
Rd., Sunderland, MD 20689 (off Rt. 2)

7 p.m. MAKING MIRACLES

No smoking on premises

O/D, W/C, 90 min., St (last Saturday)

Good Shepherd Church, 305 Smallwood Dr. East,
St. Charles/Waldorf, MD 20602

7 p.m. LEONARDTOWN BEGINNERS

St-1, 2, 3, W/C, 75 min.

St. Paul's Methodist Ch., 25550 Point Lookout Rd.,
Leonardtown, MD 20650 (Brubecker Hall)

10:30 p.m. SERENITY GROUP

O/D, W/C, No smoking on premises

Good Shepherd Church, 305 Smallwood Dr. East,
St. Charles/Waldorf, MD 20602

Meeting Codes:

O/D: Open Discussion ATB: Ask the Basket

Sp: Speaker JFT: Just For Today

St: Step Meeting T: Traditions

St. 1 2 3: Beg. Step IP: Pamphlet Study

BTS: Basic Text Study C: Concepts

W/C: Wheelchair Access

All meetings are non-smoking.

All meetings are 60 min unless otherwise noted.