



Chesapeake & Potomac Region of NA

Meeting List for Oct/Nov 2017

(last updated 10/16/2017 (8:35 am))

For more info, go to www.cprna.org
call: 1-800-543-4670 or 202-399-5316
mail: PO Box 8160, Silver Spring MD, 20907

KEY: Meetings ordered by Day of Week, Area, and Time of Day. Please email meetings@cprna.org with questions or changes.

75/90: 75/90 min (all else 60)	E: Candlelight	J: Just For Today	O: Open (public welcome)	V: Format Varies
A: Beginners 1-2-3 Step	F: Topic	K: Speaker	P: Information Pamphlet	W: Women
B: Basic Text study	G: Step Working Guide	L: Literature Study/Living Clean	Q: Question/Answer	WA: Wheelchair Access
C: Closed (addicts only)	H: Childcare Available	M: Men	S: Step	Y: Young People
D: Discussion	I: It Works How & Why	N: Newcomer/Beginner	T: Tradition	Z: Meditation

C&P Region serving: **Battlefield Area, Va** (Manassas, Centerville, Gainesville, Warrenton, Va.); **Central Maryland Area, Md** (College Pk., Greenbelt, Laurel, Hyattsville, Savage, Cheverly, Glenarden, Mt Rainer, Lanham-Seabrook, Capitol Hgts, Bowie, Landover, Beltsville, Md); **DC Area** (DC); **Dulles Corridor Area, Va** (Sterling, Ashburn, Leesburg, Purcellville, Herdon, Chantilly, Va.); **East of the River Area, DC** (DC); **Frederick Area** (Frederick, Hagerstown, Thurmont, Jefferson, Mt Airy Md.); **Montgomery Area** (Montgomery Village, Silver Spring, Rockville, Chevy Chase, Gaithersburg, Potomac, Bethesda, Olney, Poolesville, Md.); **NORVANA Area** (Alexandria, Annadale, Fairfax, Woodbridge, Franconia, Arlington, Falls Church, Ft. Belvoir, Vienna, Springfield, McLean Va.); **Rock Creek Area** (DC); **South Potomac Area, Md** (Capitol Hgts., Suitland, Camp Springs, Clinton, Temple Hills, Ft. Washington, Landover, Hyattsville, Md); **Tri-County Area, Md** (Mechanicsville, California, Pomfret, Prince Frederick, Waldorf, BelAlton, Leonardtown, Sundertown, LaPlata, Lusby, Lexington Pk., Huntingtown, Chaptico, Brandywine, Indian Head, North Beach, Chesapeake Beach, Md.)

For meetings in Baltimore, Annapolis and other areas in Maryland, call the Free State Region of NA 1-800-317-3222 www.fsna.org
For meetings in Fredericksburg, Richmond and other areas in Virginia, call the Central Atlantic Region of NA 1-800-777-1515 www.car-na.org

SUNDAY

Battlefield Area, Va

8:30 PM *Sunday Night Meeting* O,D,K
St. Marks UMC 7803 Well Street,
Manassas

Central Maryland Area

10:00 AM *Breakfast Club* O,D,WA. College Park Youth Service, 4912 Nantucket Rd, College Park

10:00 AM *Easy Like Sunday Morning* O,D,WA,90. Springhill Lake Rec Ctr, 6101 Cherrywood Lane, Greenbelt

11:00 AM *Starting Over* O,V,WA. Laurel Regional Hospital (Conf. Room), 7100 Contee Rd, Laurel

4:30 PM *The Living Clean Group* O,WA,L, 90 4318 Hamilton Ave, Hyattville Md. 20781

7:00 PM *Small Wonders* C,D,WA. University Christian Church (Belcrest Rd), 6800 Adelphi Rd, Hyattsville

7:30 PM *Savage Survivors* O,D,WA. Savage UMC, 9050 Baltimore St, Savage

District of Columbia Area

7:00 AM *Open Door To Freedom* O,B,A,75. Church of the Epiphany, 1317 G St NW

9:00 AM *Sunday Morning Spiritual* S/T,WA,90. Veterans Administration Med Center, 50 Irving St NW

10:30 AM *Coffee Hour* O,D,WA,90. The View Apartment 635 Edgewood Terrace NE (9th floor)

11:00 AM *Sunday Morning Steps & Traditions* O,S/T,WA,90. Howard Univ Hospital, 2041 Georgia Ave NW

1:30 PM *Another Level of Awareness* O,S,90. CCNV (2nd Fl), 425 2nd St NW

5:00 PM *Family Circle* O,D,WA. St Martins Church, 1908 North Capitol St NW

6:30 PM *Freedom's Chance* O,A,90. St Martin's Ch., 1908 N. Capitol St NW

7:00 PM *Sunday Night Spiritual Group* O,D,S/T,90. St Mary's Ch (Church Hall), 727 5th St NW

7:00 PM *Joyful Start* O,S/T,90. (meeting time change on 9-4-16 to 7:00pm) Mt Zion Baptist Church, 5101 14th St NW

Dulles Corridor Area, Va

10:30 AM *To Tell The Truth* O,D,WA,J,90. Community Center Room 6 (Hunters Woods), 2310 Colts Neck Rd, Reston

7:00 PM *The Journey Continues* O,D,L Saint David's Episcopal Church 43600 Russell Branch Pkwy. Ashburn

8:30 PM *Step Work Sunday* C,V,L,S,WA,no children,,58 Sycolin Road Loudoun Club 12; Leesburg

East of the River Area, DC

3:30 PM *Sunday Steps and Traditions Group* B,C,K,S,T,V,90. St Luke's Ctr, 4923 E Capitol St SE

Frederick Area, Md

11:00 AM *Sunday Morning* NA O,D,J. Crossroads Cnt, 511 W. South St, Frederick

6:30 PM *Just For Today* C,K,S,WA,90. CrossRoads Center, 511 West South St, Frederick

Montgomery Area, Md

7:45 AM *Squeaky Clean* O,D. AISH Learning Center, 11418 Old Georgetown Rd, Rockville

12:00 PM *Progress in NA* O,S/T,WA,90. Holy Cross Resource Center (Room 7), 9805 Dameron Dr, Silver Spring

6:00 PM *Talking Heads* O,D. Chevy Chase UMC, 7001 Connecticut Ave, Chevy Chase

7:00 PM *The Real Recovering Addicts of Germantown* C, W, L Mother Seton Catholic Church (bsmt) 19951 Father Hurley Blvd. Germantown

7:30 PM *Today's Recovery* O,D,WA. Seneca Creek Community Church (use front entrance), 13 Firstfield Rd, Gaithersburg

7:30 PM *The Alternative* O,D,WA,E,K Silver Spring Presbyterian Church, 580 University Blvd E, Silver Spring

NORVANA, (Northern Va)

10:00 AM *NA in Delray* O,V,WA,90. Mt. Vernon Hospital (ENGH Conf Rm), 2501 Parkers Lane, Alexandria

10:30 AM *NA Farsi* O,D. Unity Club (Farsi spoken), 116-B W. Broad St, Falls Church

12:00 PM *Just For Today Group* O,J,D 75m. Unity Club, 116-B W. Broad St Falls Church

4:00 PM *NA Back Room* O,S,WA,I, 75. Reboos Club, 12902 Occoquan Rd, Woodbridge

7:00 PM *Another Look* O,D,WA,60. Franconia UMC, 6037 Franconia Rd, Alexandria

6:00 PM *Sunday Sanity* O,D,K ,WA,90. Unitarian Universal Church, 4444 Arlington Blvd, Arlington

Rock Creek Area, DC

10:30 AM *Sunday Morning Miracles* O,D,WA. Psychiatric Institute of Washington (Auditorium), 4228 Wisconsin Ave NW

12:00 PM *Middy Meditations and Miracles* O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW

5:30 PM *Progressive Recovery* O,D,L,90. Luther Place Memorial, 1226 Vermont Ave NW

7:00 PM *Clean On The Hill* C,D. Capitol Hill UMC (enter on 5th St, ring bell), 421 Seward Sq SE

8:00 PM *Footsteps* O,D,S. Grace Episcopal Church (Between K & M Sts), 1041 Wisconsin Ave NW

South Potomac Area, Md

6:30 PM *The Best Step & Tradition Meeting Around* O,S/T; Greater Beulah Baptist Church, 6056 'Old' Central Ave, Capitol Heights

7:00 PM *Closed Sunday* C,V,S/T,90. Bells UMC, 6016 Allentown Rd, Suitland

Tri-County Area, Md

2:00 PM *Walk the Walk* O,D. All Faith Episcopal Church, 38885 New Market Turner Rd. Mechanicsville

7:00 PM *Basket Case* O,D,75 (60 last Sun.). St Andrew's Church (Rt 4 S) 44078 St Andrew's Ch Rd, California

7:30 PM *Stepping Into Traditions & Concepts* O,D,S/T. St Joseph's Church, 4590 St Joseph Way, Pomfret

7:30 PM *Another Chance* O,WA,B. Harriet Elizabeth Brown Comm. Cnt. 901 Dares Beach Rd. (room 113), Prince Frederick

Dulles Corridor Area, Va

6:30 PM *Exact Nature Men's Meeting* O,D, M, WA,J,75. Riverside Presbyterian Church 46040 Center Oak Plaza Sterling

8:00 PM *Free To Live* O,N,WA,H,75. St. Matthew's Episcopal Church, 201 E. Frederick Dr., Sterling

8:30 PM *Public Mayhem* O,Z,E. Loudoun Club 12; 58 Sycolin Rd, Leesburg

East of the River Area, DC

8:30 AM *Let Go and Let God* J,F,T Church of the First Born, 2451 Ainger Pl. SE (M,T,W,TH,F), 75

10:00 AM *Fresh Start* O,D,90. St Luke's Ctr (Mon, Wed & Fri), 4923 E Capitol St SE

1:30 PM *Let Go and Let God*, O,D Church of the First Born, 2451 Ainger Pl SE

3:30 PM *Let Go and Let God*, O,D Church of the First Born 2451 Ainger Pl SE

6:00 PM *Beginner's Steps* O,A. Mt Moriah Baptist Church, 1636 E Capitol St NE

7:00 PM *Free Indeed* A Bethel Christian Church 2217 Minnesota Avenue SE

8:00 PM *Monday Night Step* O,A,90. St Luke's Center (@ 17th St), 4923 East Capitol St SE

Frederick Area, Md

12:00 PM *Noon Group* O,WA,B,J. Trinity Chapel (side door-2nd floor) 10 W Church St, Frederick

7:00 PM *Monday Night Miracles by Candlelight* O,D,WA,B,J. Grace Trinity United Church of Christ, 9501 Baltimore Rd, Frederick

7:30 PM *The Journey Continues* O,L Kemp Hall 4 East Church St, Frederick

7:30 PM *Addicts Only* C. Concordia Lutheran Church, 17906 Garden Lane, Hagerstown

8:30 PM *Late But Straight* O,I,WA 202 Phebus Ave, Frederick

Montgomery Area, Md

12:00 PM *Freedom in the Village* O,D,B WA, Christ the Servant Lutheran 9801 Centerway Rd, Montgomery Village

12:00 PM *NA at Noon* O,J,WA, Christ Congregational Church, 9525 Colesville Rd, Silver Spring

4:00 PM *New Way of NA* O,L Rockville Metro Club, 12319 Washington Ave, Rockville

7:00 PM *Illness in Recovery* O,D,WA,L. Millian Memorial UMC, 13016 Parkland Dr, Rockville

7:15 PM *Step Working Addicts Group* O,G Rockville United Church 355 Lithicum St Rockville

7:30 PM *Beginning Miracles* O,E,A. Chevy Chase UMC, 7001 Connecticut Ave, Chevy Chase

MONDAY

Battlefield Area, Va

7:00 PM *Grateful Heads* O,D,B. St Marks UMC (@ Leland Ave; meeting downstairs), 7803 Well St, Manassas

8:30 PM *Getting Centered* O,D,L Church of the Ascension, 13941 Braddock Rd, Centreville

8:00 PM *Monday Night Raw* O,D,V Gainesville Presbyterian Church, 16127 Lee Hwy, Gainesville

Central Maryland Area

7:00 PM *It Works: How and Why* C,WA,I,H,75. Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt

7:00 PM *Laurel Basics 1-2-3* O,WA,A. Laurel Regional Hospital (2nd flr, PRC Room), 7100 Contee Rd, Laurel

7:00 PM *Hope Fiends* O,WA,A,75. Prince George's Hospital (1st Fl Auditorium), 3001 Hospital Dr, Cheverly

District of Columbia Area

12:00 PM *Noon at the Shack* O,D,WA,90. Emory House 1725 Lincoln Rd NE

12:00 PM *New Hope Group* O,D,WA,90. St. Martins Church, 1908 N Capitol St NW

12:00 PM *Courthouse Recovery* O,D. First Trinity Luth Church (2 Fl. Library), 501 4th St NW

6:30 PM *Redlight Recovery* S,T,Q,90. Walker Memorial Baptist Church, 2020 13th St NW

6:30 PM *Convicts Do Recover* O,D Emmanuel Baptist Church 2409 Ainger Place SE

6:30 PM *Believing In Life* O,D Summit at St. Martin's Apartments 116 T Street, NE

8:00 PM *Oasis* O,D,S. Prince of Peace Lutheran Church, 11900 Darnestown Rd, Gaithersburg
8:00 PM *Monday Miracles* O,D,S,90. Montgomery Hills Baptist Church, 9727 Georgia Ave, Silver Spring
8:30 PM *Keys To Recovery* O,S,D. Veirs Mill Baptist Church (Rm 209), 12221 Veirs Mill Rd, Silver Spring

NORVANA, (Northern)Va

6:30 PM *Women's Choice* O,D,W,75. Fairlington Presbyterian Church, 3846 King St, Alexandria
7:00 PM *Just For Today Meditation* O,WA,1,90. Ashlawn Building, 4921 Seminary Rd, Alexandria
7:00 PM *Step and Tradition Blues* O,S/T. St. Alban's Episcopal Church, 6800 Columbia Pike, Annandale
7:00 PM *The Cracker Box* O,D,WA. Fairfax Presbyterian Church, 10723 Main St, Fairfax
7:00 PM *In The Heat Of*, O,D,90. Church of God & Saints of Christ, 634 N. Patrick St
8:00 PM *Step Over the Hump* O,S,WA,75. Good Shepherd Lutheran Church, (please enter in the rear) 15695 Blackburn Road, Woodbridge
8:00 PM *Monday Night Madness* O,D,L,NO WA, Bush Hill Presbyterian Church 4916 Franconia Rd Franconia

Rock Creek Area, DC

12:00 PM *Midday Meditations and Miracles* O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW
8:30 PM *Foggy Bottom Step* O,Step. United Church of Christ, 1920 G St NW
8:30 PM *Living Proof* O,D,WA,L. St Columba's Episcopal Church (Rm 206), 4201 Albermarle St NW

South Potomac Area, Md

7:30 PM *Monday Night Step* O,S,90. Unity Presbyterian Church, 4401 Brinkley Rd, Camp Springs

Tri-County Area, Md

12:00 PM *NA in the Day* RR,75 . Good Samaritan Church 13025 Good Samaritan Dr. Waldorf
7:00 PM *Cover To Cover* O,D,WA,B,75. St Andrew's Church (Rt 4 S), 44078 St Andrew's Church Rd, California
8:00 PM *A New Lease on Life* O,L. Jude House, 9505 Crain Hwy S, Bel Alton
7:00 PM *Time To Change* O,S,D. Lifestream Church of the Nazarene, 5105 Leonardtown Rd, Waldorf

TUESDAY

Battlefield Area, Va

7:30 PM *Dopeless Hopefiends* O, D, J. Warrenton Baptist Church 123 Main Street (use 5th St. entrance) Warrenton
8:00 PM *Just For Today* O,D,J. St Marks UMC 7803 Well St. (@Leland Ave) (downstairs), Manassas

Central Maryland Area

7:00 PM *Firm Believers* O,WA,A,90. Glenarden Town Hall (1st Flr.), 8600 Glenarden Pkwy, Glenarden
7:30 PM *AWOL* O,D. 143 Centerway Rd, Greenbelt
7:30 PM *Serenity on Sandy Spring* O,D,S. Holy Trinity Church, 7607 Sandy Spring Rd, Laurel
8:00 PM *Just Relationships* O,D,WA,75. Laurel Municipal Pool, 901 Main St, Laurel
7:00 PM *Shot of Hope* O,D,WA. Mt Rainier Christian Church (Bunker Hill Rd), 4001 33rd St, Mt Rainier

District of Columbia Area

12:00 PM *Noon at the Shack* O,D,WA,90. Emory House, 1725 Lincoln Rd NE
12:00 PM *New Hope Group* O,D,WA. St. Martins Church, 1908 N Capitol St
12:00 PM *Keys To Freedom*; C,WA,L. Southwest Library, Lower Level 900 Wesley Place SW

1:00 PM *Head to the Sky* O,A. St Aloysius Church (Side entrance), 900 N Capitol St NW
6:30 PM *Freedom To Change* O,A,90. St Martin's Church, 1908 N. Capitol St NE
5:30 PM *A New Way of Living* O,D,WA. Patsy Hartsfield Community Center (3rd Fl.), 2026 Maryland Ave NE
6:30 PM *Steps to the Courthouse* C,S 90. 717 5th St. NW (side entrance)
7:00 PM *New Way* O,D,WA. Clean and Sober St, 425 2nd St NW

Dulles Corridor Area, Va

7:00 PM *Step of the Month* S,L. Reston Community Center, 2310 Colt Neck Rd, Reston
7:30 PM *Bottom of the Mountain* O,D,; St. Andrew's Presbyterian Church; 711 W. Main Street, Purcellville
8:00 PM *New Attitudes* O,D,WA,70. Sterling UMC (no children, side bldg), 304 E Church St, Sterling

East of the River Area, DC

8:30 AM *Let Go and Let God*, J,F,T. Church of the First Born, 2451 Ainger Pl SE
1:30 PM *Let Go and Let God*, O,D. Church of the First Born, 2451 Ainger Pl SE
3:30 PM *Let Go and Let God*, O,D. Church of the First Born, 2451 Ainger Pl SE
6:30 PM *Give Yourself a Chance* O,D. Scared Heart Church, 721 48th St. NE
6:30 PM *Growing with the Steps* B123, WC. US Vets-DC 152 Wayne Pl. SE
7:00 PM *Free Indeed*, O. Bethel Christian Church 2217 Minnesota Ave. SE

Frederick Area, Md

12:00 PM *Noon Group* O,WA,B,J. Trinity Chapel (side door-2nd fl) 10 W Church St, Frederick
6:30 PM *Keepin It Real Womens Rap* O,S,T, K All St. Episcopaf Church 106 W Church St, Frederick
7:00 PM *Vision of Hope* O,D. All Saints Episcopal Church 106 W Church St. Frederick
7:30 PM *Addicted To Hope* O,A Illiano Projest Building (upper level) 407 S Main St, Mt. Airy

Montgomery Area, Md

12:00 PM *Freedom in the Village* O,D,P,WA Christ the Servant Lutheran Church 9801 Centerway Rd Montgomery Village
12:00 PM *NA at Noon* O,J,WA, Christ Congregational Church, 9525 Colesville Rd, Silver Spring
12:00 PM *New Way of NA* O,J. Rockville Metro Club, 12319 Washington Ave, Rockville
5:30 PM *New Way of NA* O,L. Rockville Metro Club, 12319 Washington Ave, Rockville
6:30 PM *Life On Life's Terms* S,D,L. The Episcopal Church of the Transfiguration; 13925 New Hampshire Ave., SS
7:00 PM *Grateful Heads*; L, O Julia Binderman Suburban Cntr. 11810 Falls Rd., Potomac (non smoking site/location)
7:30 PM *All About Change* O,D,WA,90. Seneca Creek Community Church (use front entrance), 13 Firstfield Rd, Gaithersburg
8:00 PM *Meetin' in Wheaton* C,S/T,90. Hughes Methodist, 10700 Georgia Ave, Silver Spring

NORVANA, (Northern)Va

6:30 PM *Recovery at Walter Reed* O,D,90. Walter Reed Recreation Center, 2909 S 16th St, Arlington

7:00 PM *NA in LA* O,D,S,WA,90. Lee Ctr, 1108 Jefferson St, Alexandria
7:00 PM *Choose Life* O,D. Unity Club, 116-B W Broad St, Falls Church
7:30 PM *Living Clean L.* St Paul's UMC, 1400 G St, Woodbridge
7:30 PM *NA at Fort Belvoir* O,D,90. Fort Belvoir Hospital; Library Auditorium Telegraph Rd and US Rt. 1, Ft. Belvoir
7:30 PM *Clean For Today* O,J,WC. Holy Comforter Episcopal Church 543 Beulah Rd. NE, Vienna
8:00 PM *Just For Tonight* O,J,D,75. Bush Hill Presbyterian Church, 4916 Franconia Rd, Franconia
8:30 PM *Comfort Zone* O,A,D,WA. Temple United Methodist Church 1835 N. Nash Street. Arlington

Rock Creek Area, DC

12:00 PM *Midday Meditations and Miracles* O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW
7:00 PM *Stepping Out of Trouble into Study* C,G,90. Plymouth Cong, Church, 5301 North Capitol St NE
7:30 PM *Glad to be Alive* O,S,WA. St. Paul's Lutheran Church, 4900 Connecticut Ave NW
8:30 PM *Fire Barrel* O,D,WA. Psychiatric Institute of Washington (Auditorium), 4228 Wisconsin Ave NW
8:30 PM *Dupont Circle NA* O,D. Dupont Circle Club, 1623 Connecticut Ave NW

South Potomac Area, Md

6:30 PM *Search For Serenity* O,WA,A,J. Prince George's Health Dept (D Leonard Dyer Regional Health Ctr), 9314 Piscataway Rd, Clinton
7:30 PM *Keep Coming Back* O,A,S,I,90. St Barnabas Church, 5203 St Barnabas Rd, Temple Hills

Tri-County Area, Md

2:30 PM *Staying Alive* O, WA Nanjemoy Comm. Cnt. 4375 Port Tobacco Rd. Nanjemoy
7:00 PM *Living Clean* O,D,L,WA. St Paul's UM Church (Classroom #8), 25550 Point Lookout Rd, Leonardtown
7:00 PM *Tower of Power* O,WA,J. Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd, Sunderland
7:30 PM *Off Campus Recovery* O,D,WA. Grace Lutheran Church (Rts 6 & 488), 1200 Charles St, La Plata
7:30 PM *Lusby Recovery* O,V. South Community Center, 20 Appeal Lane, Lusby
8:30 PM *Canopy Recovery* O,D. Church of the Ascension, 21641 Great Mills Rd, Lexington Park

WEDNESDAY

Battlefield Area, Va

7:00 *Addicts in the Attic* O,D,V. Warrenton Baptist Church 123 Main St. (use 6th Street entrance) Warrenton
8:30 PM *Welcome Home* O,D,E,F Bull Run UUC; 9350 Main St. downstairs (doors autolock at 8:30. Latecomers tap on window); 9350 Main St, Manassas

Central Maryland Area

7:00 PM *Back to the Basics* O,WA,B. 9032 Baltimore St, Md
7:00 *New Wave* O,D 90 Glenarden Town Hall (2nd floor), 8600 Glenarden Pkwy, Glenarden
7:30 PM *Steps to Recovery* O,S,WA,B. Lion of Judah Church (rear of building), 9901M Business Parkway, Lanham-Seabrook
7:30 PM *Berwyn Group 2.0* O,D Holy Redeemer Church (Fealy Hall) 4902 Berwyn Rd, College Pk 20740
8:00 PM *STAR* O,D,S/T. First UMC (5th St), 424 Main St, Laurel

District of Columbia Area

12:00 PM *New Hope Group* O,D,WA. St. Martins Church, 1908 N Capitol St NW
12:00 PM *Courthouse Recovery* O,D. First Trinity Luth Church (2 Fl. Library), 501 4th ST NW
12:00 PM *Noon at the Shack* O,D,WA,90. Emory House, 1725 Lincoln Rd NE
6:00 PM *Just For Today* O,J. Mount Moriah Baptist Church, 1636 E. Capitol St NE
6:30 PM *Way Out Recovery* O,A,90. St Martin's Church, 1908 N. Capitol St NW
7:00 PM *Ultimate Weapons* C,S,T. Johnson Memorial Baptist Church,800 Ridge Rd SE
7:00 PM *Into Action* O,D,WA. Clean and Sober St, 425 2nd St NW

Dulles Corridor Area, Va

7:00 PM *Women's Rap* O,I,W,WA. Saint Matthews Episcopal Church, 201 E. Frederick Dr., Sterling, VA
7:00 PM *Survivors* O,D,WA. Community Center (Hunters Woods) (Room A), 2310 Colts Neck Rd, Reston
8:30 PM *New Hopefuls* O,V,WA. St. Timothy's Episcopal Church (upstairs), 432 Van Buren St, Herndon

East of the River Area, DC

8:30 AM *Let Go And Let God*, J,F,T. Church Of The First Born 90, 2451 Ainger Place SE
10:00 AM *Fresh Start* O,D,90. St Luke's Ctr (M,W,F), 4923 E Capitol St SE
1:30 PM *Let Go And Let God*, O,D. Church Of The First Born 90, 2451 Ainger Place SE
3:30 PM *Let Go And Let God*, O,D. Church Of The First Born 90, 2451 Ainger Place SE
6:00 PM *HOW* O,P,I,A,90. New Ambassador Church, 1 1412 Minnesota Avenue, SE
6:30 PM *A New Gift Called Life* O,D,90. Grace Memorial Baptist Church (in rear), 2407 Minnesota Ave SE
8:00 PM *Wednesday Night Live* D,K, (Reading from Living Clean) 90. St Luke's Ctr, 4923 E Capitol St SE
8:00 PM *Wednesday Nite Men's Rap* O,S, T (last Wed of Month) St Luke's Ctr, 4923 E Capitol St SE

Frederick Area, Md

12:00 PM *Noon Group* O,WA,B,J. Trinity Chapel (side door-2nd fl) 10 W Church St, Frederick
7:30 PM *Principles Before Personalities* O,WA,D. Frederick Community Center (Cafeteria), 100 S Market St, Frederick
7:30 PM *Welcome to Life* O,D. Jefferson United Methodist Church (Rt 180), 3882 Jefferson Pike, Jefferson

Montgomery Area, Md

12:00 PM *Freedom in the Village* O,D,I,WA Christ the Servant Lutheran Church 9801 Centerway Rd, Montgomery Village
12:00 PM *NA at Noon* O,J,WA, Christ Congregational Church, 9525 Colesville Rd, Silver Spring
4:00 PM *New Way of NA* O,L. Rockville Metro Club, 12319 Washington Ave, Rockville
7:00 PM *Fresh Air* C,WA,B. Cedar Lane UUC, 9601 Cedar Ln, Bethesda
7:30 PM *Never Alone* O,D,WA,J. Christ the Servant Lutheran Church (Mont.Village Ave & Centerway Rd), 9801 Centerway Rd, Montgomery Village
7:30 PM *Wednesday's Willingness* O,S/T,90. 8818 Georgia Ave SS (social service building)
7:30 PM *People's Recovery* O,A,D,WA. People's Community Baptist Church (Next door), 41 Norwood Rd, Silver Spring
7:30 PM *The Gentleman's Club* M,C,C,J. Epworth United Methodist Church 9008 Rosemont Dr. ,Gaithersburg

8:00 PM *Another Way* O,J. Prince of Peace Lutheran Church (small bldg in back), 11900 Darnestown Rd, Gaithersburg

NORVANA, (Northern)Va

7:00 PM *Stepping Out of the Hole* O,S/T,WA,90. Cora Kelly Rec Center, 25 West Reed Ave, Alexandria
7:00 PM *Plan B* O,A,D. Unity Club, 116-B W Broad St, Falls Church
8:00 PM *Came to Believe* O,S/T,B. Cameron UMC, 3130 Franconia Rd (bldg next to front parking lot), Alexandria
8:00 PM *Over the Hump* O,D,WA. Good Shepherd Lutheran Church, (please enter in the rear) 15695 Blackburn Road, Woodbridge,

Rock Creek Area, DC

12:00 PM *Midday Meditations and Miracles* O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW
7:00 PM *Southwest Free Way* C,L,WA. Westminster Presbyterian Church, 400 I St SW
8:30 PM *Conscious Contact Beginners* O,A,D,WA. Wesley UMC (@ Jenifer St), 5312 Connecticut Ave NW
8:30 PM *Foundations, Strength & Hope* O,A,S,D Dupont Circle Club (middle room) 1623 Connecticut Ave. NW
8:30 PM *Gratitude Speaks* O,A,K Dupont Circle Club 1623 Connecticut Ave. NW

South Potomac Area, Md

7:30 PM *Clean Being* O,D,WA. Unity Presbyterian Church, 4401 Brinkley Rd, Camp Springs
7:30 PM *Freedom Net* O,S/T, WA 1250 Benning Rd., Capitol Hgts.

Tri-County Area, Md

12:00 PM *NA in the Day* RR, 75 Good Samaritan Church 13025 Good Samaritan Drive, Waldorf
7:00 PM *Tower of Power* O,WA,J. Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd, Sunderland
7:00 PM *Positive Alternative* O,D,WA. Good Samaritan Church (Near Rt. 5 NBillingley Rd.), 13025 Good Samaritan Dr, Waldorf
7:30 PM *Life Support* O,D,WA. Cornerstone Presbyterian Church 23101 Town Creek Drive, California MD

THURSDAY

Battlefield Area, Va

7:30 PM *Ties That Bind Us* O,D, Warrenton Baptist Church 123 Main Street (use 6th Street entrance) Warrenton
8:30 PM *New Found Hope* O,D,B,S,A St Marks UMC 7803 Well St. (@Leland Ave.) (downstairs), Manassas

Central Maryland Area

12:00 PM *Not High At Noon* O,D,S,T,WA. 143 Centerway Rd, Greenbelt
7:00 PM *Just For Today* O,D,WA. Laurel Regional Hospital, 7100 Contee Rd, Laurel
7:30 PM *Gateway into Recovery* Abyssinia Baptist Church 4705 Addison Rd., Capitol Hgts.
7:30 PM *More Will Be Revealed* O,S,D. Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie
7:30 PM *Spiritual Awakenings* O,WA,B. Oshe Shalom Synagogue, 7515 Olive Branch Way, Laurel
8:15 PM *How Ya Livin?* O,T,WA,75. 180 Degree Club, 5100 Baltimore Ave, Hyattsville

District of Columbia Area

12:00 PM *Noon at the Shack* O,D,WA,90. Emory House, 1725 Lincoln Rd NE
12:00 PM *New Hope Group* O,D,WA. St. Martins Church, 1908 N Capitol St NW
1:00 PM *Head to the Sky* O,D. St Aloysius Church, 900 North Capitol St NW

6:30 PM *Steps on the Hill* O,S,75. Mount Moriah Baptist Church, 1636

East Capitol 7:00 PM *Beginning of Life Group* O,W,WA First Baptist Church 712 Randolph St NW
7:00 PM *Stone Soul Recovery* O,D,S,90.Plymouth Congregation Church 5301 N Capitol St

7:00 PM *Daily Principles* O,S/T,WA,90. Northeastern Presbyterian Church 2112 Varnum St NE

8:00 PM *Just For Today* O,I Augustine's Ctr, 1419 V St NW

Dulles Corridor Area, Va

7:30 PM *Keyhole To Recovery* O,I. Galilee UMC (Rt 7 & Rt 28), 45425 Winding Rd, Sterling
8:15 PM *Living Clean* O,D,I Loudoun Club 12, 58 Sycolin Rd, Leesburg

East of the River Area, DC

8:30 AM *Let Go And Let God*, J,F,Y Church Of The First Born 90, 2451 Ainger Place SE

1:30 PM *Let Go And Let God*, O,D Church Of The First Born 90, 2451 Ainger Place SE

3:30 PM *Let Go And Let God*, O,D Church Of The First Born 90, 2451 Ainger Place SE

6:30 PM *Under New Management* C,S/T,WA. First Baptist Church, 3440 Minnesota Ave SE

6:30 PM *Hope & Strength* O,D. Congress Heights Comm Ctr, 3720 MLK Ave SE

7:00 PM *50/50 Recovery* O,S/T,WA. Bethlehem Baptist Church, 2458 Martin Luther King Jr Ave SE

7:00 PM *Live Or Die* O,D 60 Clean and Sober Sts 425 2nd St. NW (2nd floor)

Frederick Area, Md

12:00 PM *Noon Group* O,WA,B,J. Trinity Chapel (side door-2nd fl) 10 W Church St, Frederick

7:00 PM *Inner City* O,WA,A. Frederick Community Center, 100 South Market St, Frederick

7:30 PM *Thursday Night Candlelight* O,E. St Joseph's Church, 5843 Manor Woods Rd, Frederick

7:30 PM *Off the Beaten Path* O,D. St. James Episcopal Church (Main Bldg upstairs), 1307 North Main St, Mt Airy

Montgomery Area, Md

12:00 PM *Freedom in the Village* O,D,WA,F Christ the Servant Lutheran Church 9801 Centerway Rd Montgomery Village

12:00 PM *NA at Noon* O,J,WA, Christ Congregational Church, 9525 Colesville Rd, Silver Spring

12:00 PM *New Way of NA* O, J. Rockville Metro Club, 12319 Washington Ave, Rockville

4:00 PM *New Way of NA* O,L. Rockville Metro Club, 12319 Washington Ave, Rockville

6:30 PM *IP Clean* O, P, D St. Mark Presbyterian Church 10701 Old Georgetown Road Rockville

7:00 PM *Girls Night Out* W,O,L,V Tranfiguration Episcopal Church 13925 New Hampshire Ave, Silver Spring

7:30 PM *Serenity in the Park* O,S/T,90. Mt Calvary Baptist Church, 608 N Horners Ln, Rockville

8:00 PM *CrossRoads* O,D,WA. Montgomery General Hospital (6th Fl), 18101 Prince Phillip Dr, Olney

8:00 PM *Making A Difference* O,D,WA Silver Spring Christian Reformed Church (@ Kemp Mill Rd, Rm 3), 1501 Arcola Ave, Silver Spring

8:30 PM *Stepping Free* O,S. Fairhaven UMC, 12801 Darnestown Rd, Gaithersburg

NORVANA, (Northern)Va

7:00 PM *Glad To Be Back* O,D,90. Third Baptist Church, 917 Princess St, Alexandria

7:30 PM *We Do Recover* O,D. Alexandria Substance Abuse Center, 2355 Mill Rd, Alexandria

7:30 PM *Old Time Recovery* C,D. Langston-Brown Center, 2121 N. Culpeper St, Arlington

7:30 PM *Steppin' In Woodbridge* O,S,I,WA St. Paul's UMC 1400 G Street, Woodbridge

8:00 PM *So Happy It's Thursday* O,D. Bush Hill Presbyterian Church, 4916 Franconia Rd, Franconia

Rock Creek Area, DC

12:00 PM *Midday Meditations and Miracles* O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW

5:30 PM *Whole Lava Love* F,O,D. St Stephen's Church (at 16th & Newton Sts), 1530 Newton St NW

6:00 PM *Open Doors* O,D. St Martin's Church, 1908 N. Capitol St NW

6:30 PM *Coming Out from the Bottom* O,A,K. Us Helping Us, 3636 Georgia Ave NW

7:00 PM *Meeting on the Avenue* O,D Wesley UMC (@Jennifer St, library on lower level) 5312 Connecticut Ave NW

8:30 PM *Men's Rap* C,D,M. West Side Club, 1341 Wisconsin Ave NW

8:30 PM *Prime Time* O,L,D. The Festival Center (free parking in rear), 1640 Columbia Rd NW

South Potomac Area, Md

7:00 PM *Bright Hope Group* O,A,T, 75 Carolina Missionary Baptist Church 9901 Allentown Rd Fort Washington 20743

7:30 PM *Come and Get It* A,J. Greater Beulah Baptist Church, 6056 'Old' Central Ave, Capitol Hgts.

8:00 PM *Steps to Life* O,S,90. Oxon Hill UMC, 6400 Livingston Rd, Oxon Hill

Tri-County Area, Md

2:30 PM *Staying Alive* O, WA Nanjemoy Comm. Cnt. 4375 Port Tobacco Rd. Nanjemoy

7:00 PM *Steps to Serenity* O,S. St. Nicholas Lutheran Church, 1450 Plum Point Rd, Huntingtown

7:00 PM *Outsiders* O,D,S/T,WA. Church of the Ascension (Near Rescue Squad), 21641 Great Mills Rd, Lexington Park

7:30 PM *Chapico Under The Stars* O,D. King/Queen Parish Hall (Off Rt 234, east of circle), 37501 Zack Fowler Rd, Chaptico

7:30 PM *Welcome To Our World* O,D,L,WA; St. John Vianney Church 105 Vianney Lane, Prince Frederick

8:00 PM *Brandywine* O,D. Union Bethel Church, 6810 Floral Park Rd, Brandywine

8:00 PM *Indian Heads* O,B. St James Episcopal Church (Rt 210 & Potomac Ave), 7 Potomac Ave, Indian Head

FRIDAY

Battlefield Area, Va

6:30 PM *Gimmee Shelter* O,WA,I. Buckhall UMC, 10251 Moore Dr, Manassas

8:30 PM *Keep It Simple* O,D,K Bull Run UUC (Church St)(Downstairs), 9350 Main St, Manassas

8:30 PM *Where The Wild Things Are* O, The Meeting Place 26 South 3rd St, Warrenton

Central Maryland Area

12:00 PM *One Promise NA Noon* O,K,WA,L. First Assembly of God Church, 1102 Montgomery St, Laurel

7:00 PM *Friday Nite Live* C,S/T,WA. Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt

7:00 PM *Miracles on Main St* O,D,WA. St. Philips Episcopal Church, 522 Main St, Laurel

7:30 PM *Walk The Walk* O,WA,L. Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel

8:00 PM *Gateway To Recovery* O,S/T, 7411 Village Green Terr. Landover

8:00 PM *New Start* O,D Queens Chapel United Methodist Church 7410 Old Muirkirk Rd Beltsville 20705

10:00 PM *Keeping It Real* O,S,75. Cross Roads (2 Fl.), 102 Washington Blvd, Laurel

District of Columbia Area

11:00 AM *Hopes at HIPS* B,O,D,WA. 906 H St NE

12:00 PM *Noon at the Shack* O,D,WA,90. Emory House, 1725 Lincoln Rd NE

12:00 PM *New Hope Group* O,D,WA. St. Martins Church, 1908 N Capitol St NW

12:00 PM *Courthouse Recovery* O,D. First Trinity Luth Church (2 Fl. Library), 501 4th ST N

7:00 PM *One Step at a Time* O,S/T,90. 14th and Decatur NW Bus Barn (Metro's community room), 4729 14th St NW

7:00 PM *Lighthouse* O,D,75. Israel AME Church, 557 Randolph St NW

7:00 PM *O Street Steps* 123 O,A,90. SOME (Dining Hall), 71 O St NW

7:00 PM *Get It Right* C,D,L,90. Clean and Sober St, 425 2nd St NW

7:00 PM *Jump Start to Recovery* O,L,S,T,WA,90. 25 53rd Street NE

8:00 PM *Yellow Brick Rd* O,D. Rm CG120 (bsmt) VA Medical Center, 50 Irving St NW

8:00 PM *Help Somebody* O,A,75. Providence Hospital (St Catherine Hall), 1150 Varnum St NE

8:30 PM *Regardless of Sexual Identity* C,D,90. Metro Community Church, 474 Ridge St NW

Dulles Corridor Area, Va

7:00 PM *Bedrock* C,R,T. Loudoun Club 12, 58 Sycolin Rd, Leesburg

7:30 PM *Just For Today* O,WA,J,Z. Community Lutheran Church, 21014 Whitfield Pl, Sterling

7:30 PM *Gut Level* A New Beginning (in Gym), 4213 Walney Rd., Chantilly

8:00 PM *I'm Somebody* O,A,D,Z. Lewinsville Pres Church, 1724 Chain Bridge Rd, McLean

East of the River Area, DC

8:30 AM *Let Go And Let God*, J,F,T Church Of The First Born 90, 2451 Ainger Place SE

10:00 AM *Fresh Start* O,D,90. St Luke's Ctr (M,W,F), 4923 E Capitol St SE

1:30 PM *Let Go And Let God*, O,D, Church Of The First Born 90, 2451 Ainger Place SE

3:30 PM *Let Go And Let God*, O,D, Church Of The First Born 90, 2451 Ainger Place SE

6:00 PM *Recovery & Relapse* O,D. Mt Moriah Baptist Church, 1636 E Capitol St NE

8:00 PM *Relationships* O,D,90. Holy Comforter Church (Side entrance, basement), 1357 East Capitol St SE

Frederick Area, Md

12:00 PM *Noon Group* O,WA,B,J. K Trinity Chapel (side door-2nd fl) 10 W Church St, Frederick

7:30 PM *We Do Recover* C,V,Step. Carver Apts. Community Center 207 Lee Alley Frederick
9:00 PM *Friday Night Candlelight* O,K,WA,E. Grace Church 25 East 2nd Street, Frederick

