



Chesapeake & Potomac Region of NA

Meeting List for Oct/Nov 2018

(last updated 11/14/2018 (1:40pm))

For more info, go to www.cprna.org

call: 1-800-543-4670 or 202-399-5316

mail: PO Box 8160, Silver Spring MD, 20907

KEY: Meetings ordered by Day of Week, Area, and Time of Day. Please email meetings@cprna.org with questions or changes.

75/90: 75/90 min (all else 60)	E: Candlelight	J: Just For Today	O: Open (public welcome)	V: Format Varies
A: Beginners 1-2-3 Step	F: Topic	K: Speaker	P: Information Pamphlet	W: Women
B: Basic Text study	G: Step Working Guide	L: Literature Study/Living Clean	Q: Question/Answer	WA: Wheelchair Access
C: Closed (addicts only)	H: Childcare Available	M: Men	S: Step	Y: Young People
D: Discussion	I: It Works How & Why	N: Newcomer/Beginner	T: Tradition	Z: Meditation

C&P Region serving: **Battlefield Area, Va** (Manassas, Centerville, Gainesville, Warrenton, Va.); **Central Maryland Area, Md** (College Pk., Greenbelt, Laurel, Hyattsville, Savage, Cheverly, Glenarden, Mt Rainer, Lanham-Seabrook, Capitol Hgts., Bowie, Landover, Beltsville, Md); **DC Area** (DC); **Dulles Corridor Area, Va** (Sterling, Ashburn, Leesburg, Purcellville, Herdon, Chantilly, Va.); **East of the River Area, DC** (DC); **Frederick Area** (Frederick, Hagerstown, Thurmont, Jefferson, Mt Airy Md.);

Montgomery Area (Montgomery Village, Silver Spring, Rockville, Chevy Chase, Gaithersburg, Potomac, Bethesda, Olney, Poolesville, Md.); **NORVANA Area** (Alexandria, Annadale, Fairfax, Woodbridge, Franconia, Arlington, Falls Church, Ft. Belvoir, Vienna, Springfield, McLean Va.); **Rock Creek Area, DC**; **South Potomac Area, Md** (Capitol Hgts., Suitland, Camp Springs, Clinton, Temple Hills, Ft. Washington, Landover, Hyattsville, Md); **Tri-County Area, Md** (Mechanicsville, California, Pomfret, Prince Frederick, Waldorf, BelAlton, Leonardtown, Sundertown, LaPlata, Lusby, Lexington Pk., Huntingtown, Chaptico, Brandywine, Indian Head, North Beach, Chesapeake Beach, Md.)

For meetings in Baltimore, Annapolis and other areas in Maryland, call the Free State Region of NA 1-800-317-3222 www.fsrna.org

For meetings in Fredericksburg, Richmond and other areas in Virginia, call the Central Atlantic Region of NA 1-800-777-1515 www.car-na.org

SUNDAY

Battlefield Area, Va

8:00 PM *Sunday Night Meeting* O,D,K
St. Marks UMC 7803 Well Street,
Manassas

Central Maryland Area

10:00 AM *Breakfast Club* O,D,WA. College
Park Youth Service, 4912 Nantucket Rd,
College Park

10:00 AM *Easy Like Sunday Morning*
O,D,WA,90. Springhill Lake Rec Ctr, 6101
Cherrywood Lane, Greenbelt

11:00 AM *Starting Over* O,V,WA. Laurel
Regional Hospital (Conf. Room), 7100
Contee Rd, Laurel

4:30 PM *The Living Clean Group* O,WA,L,
90 4318 Hamilton Ave, Hyattville Md.
20781

7:00 PM *Small Wonders* C,D,WA. University
Christian Church (Belcrest Rd), 6800
Adelphi Rd, Hyattsville

7:30 PM *Savage Survivors* O,D,WA. Savage
UMC, 9050 Baltimore St, Savage

District of Columbia Area

7:00 AM *Open Door To Freedom* O,B,A,75.
Church of the Epiphany, 1317 G St NW

9:00 AM *Sunday Morning Spiritual*
S/T,WA,90. Veterans Administration Med
Center, 50 Irving St NW

10:30 AM *Coffee Hour* O,D,WA,90.
The View Apartments 635 Edgewood St.
NE (9th floor)

11:00 AM *Sunday Morning Steps &
Traditions* O,S/T,WA,90. Howard Univ
Hospital, 2041 Georgia Ave NW

1:30 PM *Another Level of Awareness*
O,S,90. CCNV (2nd Fl), 425 2nd St NW

7:00 PM *Sunday Night Spiritual Group*
O,D,S/T,90. St Mary's Ch (Church Hall),
727 5th St NW

7:00 PM *Still I Rise Women's Rap* 75 W,O,D
Varick Memorial AME Zion Church
255 Anacostia Ave NE

7:00 PM *Joyful Start* O,S/T,90. (meeting time
change on 9-4-16 to 7:00pm) Mt Zion
Baptist Church, 5101 14th St NW

Dulles Corridor Area, Va

10:30 AM *To Tell The Truth* O,D,WA,J,60.
Community Center Room 6 (Hunters
Woods), 2310 Colts Neck Rd, Reston

7:00 PM *The Journey Continues* O,D,L
Saint David's Episcopal Church
43600 Russell Branch Pkwy. Ashburn

7:30 PM *A New Way Of Life* O,A,D,L,WA,
no children; A New Beginning Treatment
Center; 4213 Walney Rd., Chantilly

East of the River Area, DC

Frederick Area, Md

11:00 AM *Sunday Morning NA* O,D,J.
Crossroads Cnt, 511 W. South St,
Frederick

6:30 PM *Just For Today* C,K,S,WA,90.
CrossRoads Center, 511 West
South St, Frederick

Montgomery Area, Md

7:45 AM *Squeaky Clean* O,D.
AISH Learning Center, 11418 Old
Georgetown Rd, Rockville

12:00 PM *Progress in NA*
O,S/T,WA,90. Holy Cross Resource
Center (Room 7), 9805 Dameron Dr,
Silver Spring

6:00 PM *Talking Heads* O,D. Chevy
Chase UMC, 7001 Connecticut Ave,
Chevy Chase

7:00 PM *The Real Recovering Addicts
of Germantown* C, W, L. Mother
Seton Catholic Church (bsmt)
19951 Father Hurley Blvd.
Germantown

7:30 PM *Today's Recovery* O,D,WA.
Seneca Creek Community Church
(use front entrance), 13 Firstfield
Rd, Gaithersburg

7:30 PM *The Alternative* O,D,WA,E,K
Silver Spring Presbyterian Church,
580 University Blvd E, Silver Spring

NORVANA, (Northern Va)

10:00 AM *NA in Delray* O,V,WA,90.
Mt. Vernon Hospital (ENGH Conf
Rm), 2501 Parkers Lane, Alexandria

10:30 AM *NA Farsi* O,D. Unity Club
(Farsi spoken), 116-B W. Broad St,
Falls Church

12:00 PM *Just For Today Group* O,J,D
75m. Unity Club, 116-B W. Broad St
Falls Church

4:00 PM *NA Back Room* O,S,WA,I,
75. Reboos Club, 12902 Occoquan
Rd, Woodbridge

7:00 PM *Another Look* O,D,WA,60.
Franconia UMC, 6037 Franconia
Rd, Alexandria

6:00 PM *Sunday Sanity* O,D,K,WA,90.
Unitarian Universal Church, 4444
Arlington Blvd, Arlington

Rock Creek Area, DC

12:00 PM *Midday Meditations and
Miracles* O,J,Z,D. Dupont Circle
Club, 1623 Connecticut Ave NW

5:30 PM *Progressive Recovery*
O,D,L,60. Luther Place Memorial,
1226 Vermont Ave NW

7:00 PM *Clean On The Hill* C,D.
Capitol Hill UMC (enter on 5th St,
ring bell), 421 Seward Sq SE

8:00 PM *Footsteps* O,D,S. Grace
Episcopal Church (Between K & M
Sts), 1041 Wisconsin Ave NW

South Potomac Area, Md

6:30 PM *The Best Step & Tradition
Meeting Around* O,S/T; Greater
Beulah Baptist Church, 6056 'Old'
Central Ave, Capitol Heights

7:00 PM *Closed Sunday* C,V,S/T,90.
Bells UMC, 6016 Allentown Rd,
Suitland

Tri-County Area, Md

2:00 PM *Walk the Walk* O,D. All Faith
Episcopal Church, 38885 New Market
Turner Rd. Mechanicsville

7:00 PM *Basket Case* O,D,75 (60 last
Sun.). St Andrew's Church (Rt 4 S)
44078 St Andrew's Ch Rd, California

7:30 PM *Stepping Into Traditions &
Concepts* O,D,S/T. St Joseph's Church,
4590 St Joseph Way, Pomfret

7:30 PM *Another Chance* O,WA, K(1st/3rd)
L(2nd/4th). St. Nicholas Lutheran
Church 1450 Plum Pl. Rd., Huntington

MONDAY

Battlefield Area, Va

7:00 PM *Grateful Heads* O,D,B. St
Marks UMC (@ Leland Ave; meeting
downstairs), 7803 Well St, Manassas

8:30 PM *Getting Centered* O,D,L
Church of the Ascension, 13941
Braddock Rd, Centreville

8:00 PM *Leaming How To Live* O,D,V
Gainesville Presbyterian Church, 16127
Lee Hwy, Gainesville

Central Maryland Area

7:00 PM *It Works: How and Why*
C,WA,I,H,75. Holy Cross Lutheran
Church, 6905 Greenbelt Rd, Greenbelt

7:00 PM *Laurel Basics 1-2-3* O,WA,A.
Laurel Regional Hospital (2nd flr, PRC
Room), 7100 Contee Rd, Laurel

7:00 PM *Hope Fiends* O,A,S,WA 75min
Prince George's Hospital
3001 Hospital Drive, Cheverly

District of Columbia Area

12:00 PM *Noon at the Shack* O,D,WA,90.
Emory House 1725 Lincoln Rd NE

12:00 PM *New Hope Group* O,D,WA,90.
St. Martins Church, 1908 N Capitol St
NW

12:00 PM *Courthouse Recovery* O,D.
First Trinity Luth Church (2 Fl. Library),
501 4th St NW

6:30 PM *Redlight Recovery* S,T,L,J 90.
Walker Memorial Baptist Church,
2020 13th St NW

5:00 PM *Convicts Do Recover* O,D
Emmanuel Baptist Church
2409 Ainger Place SE

6:30 PM *Believing In Life* O,D
Summit at St. Martin's Apartments
116 T Street, NE

Dulles Corridor Area, Va

6:30 PM *Exact Nature Men's Meeting*
O,D, M, WA,J,75. Riverside
Presbyterian Church 46040 Center Oak
Plaza Sterling

8:00 PM *Free To Live* O,N,WA,H,75. St.
Matthew's Episcopal Church, 201 E.
Frederick Dr., Sterling

East of the River Area, DC

8:30 AM *Let Go and Let God* J,F,T
Holy Christian Baptist/House of Praise,
5110 Nanny Helen Burroughs Ave, NE
(M,T,W,TH,F), 75

1:30 PM *Let Go and Let God*, O,D Church
of the First Born, 2451 Ainger Pl SE

3:30 PM *Let Go and Let God*, O,D Church
of the First Born 2451 Ainger Pl SE

6:00 PM *Beginner's Steps* O,A. Mt Moriah
Baptist Church, 1636 E Capitol St NE

7:00 PM *Free Indeed* A
Bethel Christian Church
2217 Minnesota Avenue SE

7:00 PM Full Package S,T
Temple Of Praise Church
700 Southern Ave. SE

Frederick Area, Md

12:00 PM *Noon Group* O,B,J. Trinity
Chapel (side door-2nd floor) 10 W
Church St, Frederick

7:00 PM *Monday Night Miracles by
Candlelight* O,D,WA,B,J. Grace Trinity
United Church of Christ,
9501 Baltimore Rd, Frederick

7:30 PM *The Journey Continues* O,L
Kemp Hall 4 East Church St,
Frederick

7:30 PM *Addicts Only* O. Concordia
Lutheran Church, 17906 Garden Lane,
Hagerstown

8:30 PM *Late But Straight* O,I,WA 202
Phebus Ave, Frederick

Montgomery Area, Md

12:00 PM *Freedom in the Village* O,D,B
WA, Christ the Servant Lutheran 9801
Centerway Rd, Montgomery Village

12:00 PM *NA at Noon* O,J,WA, Christ
Congregational Church, 9525 Colesville
Rd, Silver Spring

7:00 PM *Illness in Recovery* O,D,WA,L.
Millian Memorial UMC, 13016 Parkland
Dr, Rockville

7:15 PM *Step Working Addicts Group* O,G
Rockville United Church 355 Lithicum St
Rockville

7:30 PM *Beginning Miracles* O,E,A. Chevy
Chase UMC,
7001 Connecticut Ave, Chevy Chase

8:00 PM *Oasis* O,D,S. Prince of Peace
Lutheran Church, 11900 Darnestown Rd,
Gaithersburg

8:00 PM *Monday Miracles* O,D,S,90.
Montgomery Hills Baptist Church,
9727 Georgia Ave, Silver Spring

8:30 PM *Keys To Recovery* O,S,D.
Veirs Mill Baptist Church (Rm 209),
12221 Veirs Mill Rd, Silver Spring

NORVANA, (Northern Va)

6:30 PM *Women's Choice* O,D,W,75.
Fairlington Presbyterian Church,
3846 King St, Alexandria

7:00 PM *Just For Today Meditation*
O,WA,I,90. Ashlawn Building,
4921 Seminary Rd, Alexandria

7:00 PM *Step and Tradition Blues* O,S,T. St. Alban's Episcopal Church, 6800 Columbia Pike, Annandale
7:00 PM *The Cracker Box* O,D,WA. Fairfax Presbyterian Church, 10723 Main St, Fairfax
7:00 PM *In The Heat Of*, O,D,90. Church of God & Saints of Christ, 634 N. Patrick St
8:00 PM *Step Over the Hump* O,S,WA,75. Good Shepherd Lutheran Church, (please enter in the rear) 15695 Blackburn Road, Woodbridge
8:00 PM *Monday Night Madness* O,D,L,NO WA, Bush Hill Presbyterian Church 4916 Franconia Rd Franconia

Rock Creek Area, DC

12:00 PM *Midday Meditations and Miracles* O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW
8:30 PM *Living Proof* O,D,WA,L. St Columba's Episcopal Church (Rm 206), 4201 Albermarle St NW

South Potomac Area, Md

7:30 PM *Monday Night Step* O,S,90. Unity Presbyterian Church, 4401 Brinkley Rd, Camp Springs

Tri-County Area, Md

12:00 PM *NA in the Day* RR,75 . Good Samaritan Church 13025 Good Samaritan Dr. Waldorf
7:00 PM *Cover To Cover* O,D,WA,B,75. St Andrew's Church (Rt 4 S), 44078 St Andrew's Church Rd, California
7:30 PM *Seeds of Serenity*, O, Bonfire (when weather allows) Serenity Farm 6932 Serenity Farm Rd., Benedict
8:00 PM *A New Lease on Life* O,L. Jude House, 9505 Crain Hwy S, Bel Alton
7:00 PM *Time To Change* O,S,D. Lifestream Church of the Nazarene, 5105 Leonardtown Rd, Waldorf

TUESDAY

Battlefield Area, Va

7:30 PM *Dopeless Hopes* O, D, J. Warrenton Baptist Church 123 Main Street (use 5th St. entrance) Warrenton
8:00 PM *Just For Today* O,D,J. St Marks UMC 7803 Well St. (@Leland Ave) (downstairs), Manassas

Central Maryland Area

7:00 PM *Firm Believers* O,WA,A,90. Glenarden Town Hall (1st Flr.), 8600 Glenarden Pkwy, Glenarden
7:30 PM *AWOL* O,D,B,I,J,S,T,WA 143 Centerway Rd, Greenbelt
7:30 PM *Serenity on Sandy Spring* O,D,S. Holy Trinity Church, 7607 Sandy Spring Rd, Laurel
8:00 PM *Just Relationships* O,D,WA,75. Laurel Municipal Pool, 901 Main St, Laurel
7:00 PM *Shot of Hope* O,D,WA. Mt Rainier Christian Church (Bunker Hill Rd), 4001 33rd St, Mt Rainier

District of Columbia Area

12:00 PM *Noon at the Shack* O,D,WA,90. Emory House, 1725 Lincoln Rd NE
12:00 PM *New Hope Group* O,D,WA. St. Martins Church, 1908 N Capitol St
12:00 PM *Keys To Freedom*; B,WA,L 555 Water Street SW (2nd Fl)
6:30 PM *Freedom To Change* O,A,90. St Martin's Church, 1908 N. Capitol St NE
5:30 PM *A New Way of Living* O,D,WA. Patsy Hartsfield Community Center (3rd Fl.), 2026 Maryland Ave NE
6:30 PM *Steps to the Courthouse* C.S.90. 717 5th St. NW (side entrance)
7:00 PM *New Way* O,D,WA. Clean and Sober St, 425 2nd St NW
7:00 PM *The Last Shall Be First* C,S,T Harold J. Gordon Bldg. 124 15th Street NE

Dulles Corridor Area, Va

7:00 PM *Step of the Month* S,L. Reston Community Center, 2310 Colt Neck Rd, Reston
7:30 PM *Bottom of the Mountain* O,D.; St. Andrew's Presbyterian Church; 711 W. Main Street, Purcellville
8:00 PM *New Attitudes* O,D,WA,70. Sterling UMC (no children, side bldg), 304 E Church St, Sterling

East of the River Area, DC

8:30 AM *Let Go and Let God*, J,F,T Holy Christian Baptist/House of Praise, 5110 Nanny Helen Burroughs Ave, NE
1:30 PM *Let Go and Let God*, O,D Church of the First Born, 2451 Ainger Pl SE
3:30 PM *Let Go and Let God*, O,D Church of the First Born, 2451 Ainger Pl SE
6:30 PM *Give Yourself a Chance* O,D. Scared Heart Church, 721 48th St. NE
6:30 PM *Growing with the Steps* B123, WC. US Vets-DC 152 Wayne Pl. SE
7:00 PM *Free Indeed*, O Bethel Christian Church 2217 Minnesota Ave. SE

Frederick Area, Md

12:00 PM *Noon Group* O,B,J. Trinity Chapel (side door-2nd fl) 10 W Church St, Frederick
6:30 pm *Keeping It Real* W,S,K 106 W Church St, Frederick
7:00 PM *Vision of Hope* O,D. All Saints Episcopal Church 106 W Church St, Frederick
7:30 PM *Addicted To Hope* O,A Illiano Projest Building (upper level) 407 S Main St, Mt. Airy

Montgomery Area, Md

12:00 PM *Freedom in the Village* O,D,P,WA Christ the Servant Lutheran Church 9801 Centerway Rd Montgomery Village
12:00 PM *NA at Noon* O,J,WA, Christ Congregational Church, 9525 Colesville Rd, Silver Spring
12:00 PM *New Way of NA* O,J. Rockville Metro Club, 12319 Washington Ave, Rockville
5:30 PM *New Way of NA* O,L. Rockville Metro Club, 12319 Washington Ave, Rockville
6:30 PM *Life On Life's Terms* O,D,L The Episcopal Church of the Transfiguration; 13925 New Hampshire Ave., SS

7:00 PM *Grateful Heads*; L, O Julia Binderman Suburban Cntr. 11810 Falls Rd., Potomac (non smoking site/location)
7:30 PM *All About Change* O,D,WA,90. Seneca Creek Community Church (use front entrance), 13 Firstfield Rd, Gaithersburg
8:00 PM *Meetin' in Wheaton* C,S/T,90. Hughes Methodist, 10700 Georgia Ave. Silver Spring

NORVANA, (Northern)Va

6:30 PM *Recovery at Walter Reed* O,D,90. Walter Reed Recreation Center, 2909 S 16th St, Arlington
7:00 PM *NA in LA* O,D,S,WA,90. Lee Ctr, 1108 Jefferson St, Alexandria
7:00 PM *Choose Life* O,D. Christ Crossman UMC, 384 N. Washington St, Falls Church
7:30 PM *Living Clean L.* St Paul's UMC, 1400 G St, Woodbridge
7:30 PM *NA at Fort Belvoir* O,D,90. Fort Belvoir Hospital; Library Auditorium Telegraph Rd and US Rt. 1, Ft. Belvoir
8:00 PM *Just For Tonight* O,J,D,75. Bush Hill Presbyterian Church, 4916 Franconia Rd, Franconia

8:30 PM *Comfort Zone* O,A,D,WA, Temple United Methodist Church 1835 N. Nash Street. Arlington

Rock Creek Area, DC

12:00 PM *Midday Meditations and Miracles* O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW
7:00 PM *Stepping Out of Trouble into Study* C,G,90. Plymouth Cong, Church, 5301 North Capitol St NE
7:30 PM *Glad to be Alive* O,S,WA. Chevy Chase United Methodist Church, 7001 Connecticut Ave, Chevy Chase
8:30 PM *Fire Barrel* O,D,WA. St. Luke's United Methodist Church 3655 Calvert Street NW
8:30 PM *Dupont Circle NA* O,D. Dupont Circle Club, 1623 Connecticut Ave NW

South Potomac Area, Md

12:00 PM *Mid Day Meditations* O,J 7902 Old Branch Avenue (suite 207) Clinton
6:30 PM *Search For Serenity* O,WA,A,J. Prince George's Health Dept (D Leonard Dyer Regional Health Ctr), 9314 Piscataway Rd, Clinton
7:30PM *Keep Coming Back* O,A,S,I Unity Presbyterian Church 4401 Brinkley Road, Camp Springs

Tri-County Area, Md

2:30 PM *Staying Alive* O, WA Nanjemoy Comm. Cnt. 4375 Port Tobacco Rd. Nanjemoy
7:00 PM *Living Clean* O,D,L,WA. St Paul's UM Church (Classroom #8), 25550 Point Lookout Rd, Leonardtown
7:00 PM *Tower of Power* O,WA,J. Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd, Sunderland
7:30 PM *Off Campus Recovery* O,D,WA. Grace Lutheran Church (Rts 6 & 488), 1200 Charles St, La Plata
7:30 PM *Lusby Recovery* O,V. South Community Center, 20 Appeal Lane, Lusby
8:30 PM *Canopy Recovery* O,D. Church of the Ascension, 21641 Great Mills Rd, Lexington Park

WEDNESDAY

Battlefield Area, Va

7:00 *Addicts in the Attic* O,D,V. Warrenton Baptist Church 123 Main St. (use 6th Street entrance) Warrenton
8:30 PM *Welcome Home* O,D,E,F Bull Run UUC; 9350 Main St. downstairs (doors autolock at 8:30. *Latecomers tap on window*); 9350 Main St, Manassas
12:00 PM *Not High At Noon* O,D,J, 143 Centerway Rd, Greenbelt
7:00 PM *Back to the Basics* O,WA,B. 9032 Baltimore St, Md
7:00 *New Wave* O,D 90 Glenarden Town Hall (2nd floor), 8600 Glenarden Pkwy, Glenarden

Central Maryland Area

7:30 PM *Steps to Recovery* O,S,WA,B. Lion of Judah Church (rear of building), 9901M Business Parkway, Lanham-Seabrook
7:30 PM *Berwyn Group 2.0* O,D Holy Redeemer Church (Fealy Hall) 4902 Berwyn Rd, College Pk 20740
7:00 PM *STAR* O,D,S/T. First UMC (5th St), 424 Main St, Laurel

District of Columbia Area

12:00 PM *New Hope Group* O,D,WA. St. Martins Church, 1908 N Capitol St NW
12:00 PM *Courthouse Recovery* O,D. First Trinity Lutheran Church (2 Fl. Library), 501 4th ST NW
12:00 PM *Noon at the Shack* O,D,WA,90. Emory House, 1725 Lincoln Rd NE
6:00 PM *Just For Today* O,J. Mount Moriah Baptist Church, 1636 E. Capitol St NE

6:30 PM *Way Out Recovery* O,A,90. St Martin's Church, 1908 N. Capitol St NW
7:00 PM *Ultimate Weapons* C,S,T. Johnson Memorial Baptist Church,800 Ridge Rd SE
7:00 PM *Into Action* O,D,WA. Clean and Sober St, 425 2nd St NW

Dulles Corridor Area, Va

7:00 PM *Women's Rap* O,I,W,WA. Saint Matthews Episcopal Church, 201 E. Frederick Dr., Sterling, VA
7:00 PM *Survivors* O,D,WA. Community Center (Hunters Woods) (Room A), 2310 Colts Neck Rd, Reston
8:30 PM *New Hopefuls* O,V,WA. St. Timothy's Episcopal Church (upstairs), 432 Van Buren St, Herndon

East of the River Area, DC

8:30 AM *Let Go And Let God*, J,F,T 90 Holy Christian Baptist/House of Praise, 5110 Nanny Helen Burroughs Ave, NE
10:00AM *Fresh Start* A,C,J 15 49th Place NE
1:30 PM *Let Go And Let God*, O,D, Church Of The First Born 90, 2451 Ainger Place SE
3:30 PM *Let Go And Let God*, O,D, Church Of The First Born 90, 2451 Ainger Place SE
6:00 PM *HOW* O,P,I,A,90. New Ambassador Church, 1 1412 Minnesota Avenue, SE
6:30 PM *A New Gift Called Life* O,D,90. Grace Memorial Baptist Church (in rear), 2407 Minnesota Ave SE

Frederick Area, Md

12:00 PM *Noon Group* O,B,J. Trinity Chapel (side door-2nd fl) 10 W Church St, Frederick
7:30 PM *Principles Before Personalities* O,WA,D. Frederick Community Center (Cafeteria), 100 S Market St, Frederick
7:30 PM *Welcome to Life* O,D. Jefferson United Methodist Church (Rt 180), 3882 Jefferson Pike, Jefferson

Montgomery Area, Md

12:00 PM *Freedom in the Village* O,D,I,WA Christ the Servant Lutheran Church 9801 Centerway Rd, Montgomery Village
12:00 PM *NA at Noon* O,J,WA, Christ Congregational Church, 9525 Colesville Rd, Silver Spring
7:00 PM *Fresh Air* C,WA,B. Cedar Lane UUC, 9601 Cedar Ln, Bethesda
7:30 PM *Never Alone* O,D,WA,C. Christ the Servant Lutheran Church (Mont.Village Ave & Centerway Rd), 9801 Centerway Rd, Montgomery Village
7:30 PM *Wednesday's Willingness* O,S/T,90. 8818 Georgia Ave SS (social service building)
7:30 PM *People's Recovery* O,A,D,WA. People's Community Baptist Church (Next door), 41 Norwood Rd, Silver Spring
7:30 PM *Gentleman's Club M,C,J.* Epworth UMC, 9008 Rosemont Drive Gaithersburg
8:00 PM *Another Way* O,J. Prince of Peace Lutheran Church (small bldg in back), 11900 Darnestown Rd, Gaithersburg

NORVANA, (Northern)Va

7:00 PM *Stepping Out of the Hole* O,S/T,WA,90. Cora Kelly Rec Center, 25 West Reed Ave, Alexandria
7:00 PM *Plan B* O,A,D. Unity Club, 116-B W Broad St, Falls Church
8:00 PM *Came to Believe* O,S/T,B. Cameron UMC, 3130 Franconia Rd (bldg next to front parking lot), Alexandria
8:00 PM *Over the Hump* O,D,WA. Good Shepherd Lutheran Church, (please enter in the rear) 15695 Blackburn Road, Woodbridge

Rock Creek Area, DC

12:00 PM *Midday Meditations and Miracles* O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW

7:00 PM *Southwest Free Way* C,L,WA.
Westminster Presbyterian Church, 400 I
St SW

8:30 PM *Conscious Contact Beginners*
O,A,D,WA. Wesley UMC (@ Jenifer St),
5312 Connecticut Ave NW

South Potomac Area, Md

7:30 PM *Clean Being* O,D,WA. Unity
Presbyterian Church, 4401 Brinkley Rd,
Camp Springs

Tri-County Area, Md

12:00 PM *NA in the Day* RR, 75
Good Samaritan Church
13025 Good Samaritan Drive, Waldorf
7:00 PM *Tower of Power* O,WA,J. Mount
Hope Community Center (Off Rt 2), 100
Pushaw Station Rd, Sunderland
7:00 PM *Positive Alternative* O,D,WA. Good
Samaritan Church (Near Rt. 5
N/Billingsley Rd.), 13025 Good Samaritan
Dr, Waldorf
7:30 PM *Life Support* O,D,WA.
Cornerstone Presbyterian Church
23101 Town Creek Drive, California MD

THURSDAY

Battlefield Area, Va

7:30 PM *Ties That Bind Us* O,D,
Warrenton Baptist Church
123 Main Street (use 6th Street entrance)
Warrenton
8:30 PM *New Found Hope* O,D,B,S,A
St Marks UMC 7803 Well St. (@Leland
Ave.) (downstairs), Manassas

Central Maryland Area

12:00 PM *Not High At Noon* O,D,S/T,WA.
143 Centerway Rd, Greenbelt
7:00 PM *Just For Today* O,D,WA. Laurel
Regional Hospital, 7100 Contee Rd,
Laurel
7:30 PM *Gateway into Recovery* Abyssinia
Baptist Church 4705 Addison Rd., Capitol
Hghts.
7:30 PM *More Will Be Revealed* O,S,D.
Trinity Lutheran Church, 6600 Laurel-
Bowie Rd, Bowie
7:30 PM *Spiritual Awakenings* O,WA,B.
Oshe Shalom Synagogue, 7515 Olive
Branch Way, Laurel
8:15 PM *How Ya Livin'?* O,T,WA,75. 180
Degree Club, 5100 Baltimore Ave,
Hyattsville

District of Columbia Area

12:00 PM *Noon at the Shack* O,D,WA,90.
Emory House, 1725 Lincoln Rd NE
12:00 PM *New Hope Group* O,D,WA. St.
Martins Church, 1908 N Capitol St NW
6:30 PM *Steps on the Hill* O,S,75. Mount
Moriah Baptist Church,1636 East Capitol
7:00 PM *Beginning of Life Group* O,W,WA
First Baptist Church 712 Randolph St NW
7:00 PM *Stone Soul Recovery*
O,D,S,90.Plymouth Congregation Church
5301 N Capitol St
7:00 PM *Daily Principles* O,S/T,WA,90.
Northeastern Presbyterian Church 2112
Varnum St NE
7:00 PM *Just For Today* O,I Augustine's Ctr,
1419 V St NW

Dulles Corridor Area, Va

7:30 PM *Keyhole To Recovery* O,I. Galilee
UMC (Rt 7 & Rt 28), 45425 Winding Rd,
Sterling
8:15 PM *Living Clean* O,D,I Loudoun Club
12, 58 Sycolin Rd, Leesburg

East of the River Area, DC

8:30 AM *Let Go And Let God*, J,F,Y 90 Holy
Christian Baptist/House of Praise, 5100
Nanny Helen Burroughs Ave, NE
1:30 PM *Let Go And Let God*, O,D Church Of
The First Born 90, 2451 Ainger Place SE
3:30 PM *Let Go And Let God*, O,D Church Of
The First Born 90, 2451 Ainger Place SE
6:30 PM *Under New Management*
C,S/T,WA. First Baptist Church,
3440 Minnesota Ave SE

6:30 PM *Hope & Strength* O,D.
Congress Heights Comm Ctr, 3720
MLK Ave SE

7:00 PM *50/50 Recovery* O,S/T,WA.
Bethlehem Baptist Church, 2458
Martin Luther King Jr Ave SE

7:00 PM *Live Or Die* O,D 60 Clean and
Sober Sts 425 2nd St. NW (2nd floor)

Frederick Area, Md

12:00 PM *Noon Group* O,B,J. Trinity
Chapel (side door-2nd fl) 10 W
Church St, Frederick
7:00 PM *Inner City* O,WA,A. Frederick
Community Center, 100 South
Market St, Frederick
7:30 PM *Thursday Night Candlelight*
O,E. St Joseph's Church, 5843
Manor Woods Rd, Frederick
7:30 PM *Off the Beaten Path* O,D.
St. James Episcopal Church (Main
Bldg upstairs), 1307 North Main St,
Mt Airy

Montgomery Area, Md

12:00 PM *Freedom in the Village*
O,D,WA,F Christ the Servant
Lutheran Church 9801 Centerway
Rd Montgomery Village
12:00 PM *NA at Noon* O,J,WA, Christ
Congregational Church, 9525
Colesville Rd, Silver Spring
12:00 PM *New Way of NA* O, J.
Rockville Metro Club, 12319
Washington Ave, Rockville
6:30 PM *IP Clean* O, P, D
St. Mark Presbyterian Church
10701 Old Georgetown Road
Rockville
7:00 PM *Girls Night Out* W,O,L,V
Tranfiguration Episcopal Church
13925 New Hampshire Ave, Silver
Spring
7:30 PM *Serenity in the Park*
O,K,L,N,S,T 90.
Mt Calvary Baptist Church,
608 N Horners Ln, Rockville

8:00 PM *CrossRoads* O,D,WA.
Montgomery General Hospital (6th
Fl), 18101 Prince Phillip Dr, Olney
8:00 PM *Making A Difference* O,D,WA
Silver Spring Christian Reformed
Church (@ Kemp Mill Rd, Rm 3),
1501 Arcola Ave, Silver Spring
8:30 PM *Stepping Free* O,S.
Fairhaven UMC, 12801 Darnestown
Rd, Gaithersburg

NORVANA, (Northern)Va

1:00 PM *Necessary Hope* O
7611 Little River Turnpike
(suite 100E) Annandale
7:30 PM *We Do Recover* O,D.
Alexandria Substance Abuse
Center, 2355 Mill Rd, Alexandria
7:30 PM *Old Time Recovery* C,D.
Langston-Brown Center, 2121 N.
Culpeper St, Arlington
7:30 PM *Steppin' In Woodbridge*
O,S,I,WA St. Paul's UMC
1400 G Street, Woodbridge
8:00 PM *So Happy It's Thursday* O,D.
Bush Hill Presbyterian Church, 4916
Franconia Rd, Franconia

Rock Creek Area, DC

12:00 PM *Midday Meditations and
Miracles* O,J,Z,D. Dupont Circle
Club, 1623 Connecticut Ave NW
5:30 PM *Whole Lava Love* F,O,D. St
Stephen's Church (at 16th & Newton
Sts), 1530 Newton St NW
6:00 PM *Open Doors* O,D. St Martin's
Church, 1908 N. Capitol St NW
6:30 PM *Coming Out from the Bottom*
O,A,K. Us Helping Us, 3636 Georgia
Ave NW
7:00 PM *Meeting on the Avenue* O,D
Wesley UMC (@Jennifer St, library
on lower level) 5312 Connecticut
Ave NW
8:30 PM *Men's Rap* C,D,M. West Side
Club, 1341 Wisconsin Ave NW

8:30 PM *Prime Time* O,L,D. The Festival
Center (free parking in rear), 1640
Columbia Rd NW

South Potomac Area, Md

7:00 PM *Bright Hope Group* O,A,T, 75
Carolina Missionary Baptist Church
9901 Allentown Rd Fort Washington
20743
8:00 PM *Steps to Life* O,S,90. Oxon Hill
UMC, 6400 Livingston Rd, Oxon Hill

Tri-County Area, Md

2:30 PM *Staying Alive* O, WA Nanjemoy
Comm. Cnt. 4375 Port Tobacco Rd.
Nanjemoy
7:00 PM *Steps to Serenity* O,S. St.
Nicholas Lutheran Church, 1450 Plum
Point Rd, Huntingtown
7:00 PM *Outsiders* O,D,S/T,WA. Church
of the Ascension (Near Rescue Squad),
21641 Great Mills Rd, Lexington Park
7:30 PM *Chaptico Under The Stars* O,D.
King/Queen Parish Hall (Off Rt 234,
east of circle), 37501 Zack Fowler Rd,
Chaptico
8:00 PM *Brandywine* O,D. Union Bethel
Church, 6810 Floral Park Rd,
Brandywine
8:00 PM *Indian Heads* O,B,D,F. St James
Episcopal Church (Rt 210 & Potomac
Ave), 7 Potomac Ave, Indian Head

FRIDAY

Battlefield Area, Va

6:30 PM *Gimmee Shelter* O,WA,I.
Buckhall UMC, 10251 Moore Dr,
Manassas
8:30 PM *Keep It Simple* O,D,K
Bull Run UUC (Church St)(Downstairs),
9350 Main St, Manassas
8:30 PM *Where The Wild Things Are* O,
The Meeting Place 26 South 3rd St,
Warrenton

Central Maryland Area

7:00 PM *Friday Nite Live* C,S/T,WA. Holy
Cross Lutheran Church, 6905
Greenbelt Rd, Greenbelt
7:00 PM *Miracles on Main St* O,D,WA. St.
Philips Episcopal Church, 522 Main St,
Laurel
7:30 PM *Walk The Walk* O,WA,L. Our
Savior Lutheran Church, 13611 Laurel-
Bowie Rd, Laurel
8:00 PM *Gateway To Recovery* O,S/T,
7411 Village Green Terr. Landover
8:00 PM *New Start* O,D Queens Chapel
United Methodist Church 7410 Old
Muirkirk Rd Beltsville 20705
10:00 PM *Keeping It Real* O,S,75.Cross
Roads (2 Fl.), 102 Washington Blvd,
Laurel

District of Columbia Area

11:00 AM *Hope at HIPS* B,O,D,WA.
906 H St NE
12:00 PM *Noon at the Shack* O,D,WA,90.
Emory House, 1725 Lincoln Rd NE
12:00 PM *New Hope Group* O,D,WA. St.
Martins Church, 1908 N Capitol St NW
12:00 PM *Courthouse Recovery* O,D. First
Trinity Luth Church (2 Fl. Library), 501
4th St N
7:00 PM *One Step at a Time* O,S/T,90.
14th and Decatur NW Bus Barn
(Metro's community room), 4729 14th
St NW
7:00 PM *Lighthouse* O,D,75. Israel AME
Church, 557 Randolph St NW
7:00 PM *O Street Steps* 123 O,A,90.
SOME (Dining Hall), 71 O St NW
7:00 PM *Get It Right* C,D,L,90. Clean and
Sober St, 425 2nd St NW
7:00 PM *Jump Start to Recovery*
O,L,S,T,WA 90. 25 53rd Street NE
8:00 PM *Yellow Brick Rd* O,D. Rm C6120
(bsmt) VA Medical Center, 50 Irving St
NW
8:00 PM *Help Somebody* O,A,75.
Providence Hospital (St Catherine Hall),
1150 Varnum St NE

8:30 PM *Regardless of Sexual Identity*
C,D,90. Metro Community Church, 474
Ridge St NW

Dulles Corridor Area, Va

7:00 PM *Bedrock* C,R,T. Loudoun Club 12,
58 Sycolin Rd, Leesburg
7:30 PM *Just For Today* O,WA,J,Z,
Community Lutheran Church, 21014
Whitfield Pl, Sterling
7:30 PM *Gut Level* A New Begining (in
Gym), 4213 Walney Rd., Chantilly
8:00 PM *I'm Somebody* O,A,D,Z.
Lewinsville Pres Church, 1724 Chain
Bridge Rd, McLean

East of the River Area, DC

8:30 AM *Let Go And Let God*, J,F,T 90 Holy
Christian Baptist/House of Praise, 5110
Nanny Helen Burroughs Ave NE,
10:00AM *Fresh Start* A,C,J
15 49th Place NE
1:30 PM *Let Go And Let God*, O,D, Church
Of The First Born 90, 2451 Ainger Place
SE
3:30 PM *Let Go And Let God*, O,D, Church
Of The First Born 90, 2451 Ainger Place
SE
6:00 PM *Recovery & Relapse* O,D. Mt
Moriah Baptist Church, 1636 E Capitol St
NE

Frederick Area, Md

12:00 PM *Noon Group* O,B,J. K Trinity
Chapel (side door-2nd fl) 10 W Church St,
Frederick
7:00 PM NBS O,WA,D
9411 Baltimore Road, Frederick
7:30 PM *We Do Recover* C,V,Step. Carver
Apts. Community Center 207 Lee Alley
Frederick
9:00 PM *Friday Night Candlelight*
O,K,WA,E. Crossroads Center, 511 W.
South Street, Frederick

Montgomery Area, Md

12:00 PM *Freedom in the Village*
O,D,WA,J. Christ the Servant Lutheran
Church 9801 Centerway Rd,
Montgomery Village
12:00 PM *NA at Noon* O,J,WA, Christ
Congregational Church, 9525 Colesville
Rd, Silver Spring
7:00 PM *The Road We Travel* O,L,WA.
Cedar Lane UUC (Rooms 5-6), 9601
Cedar Ln, Bethesda
7:00 PM *Older Toddlers* O,S,WA. Cedar
Lane UUC, 9601 Cedar Ln, Bethesda
7:30 PM *Upcounty NA* O,D,90. Emory
Grove UM Church, 8200 Emory Grove
Rd, Gaithersburg
8:00 PM *Live and Let Live* O,L. Fairhaven
UMC, 12801 Darnestown Rd,
Gaithersburg

8:30 PM *Get Down* O,D,WA. Cedar Lane
UUC, 9601 Cedar Ln, Bethesda
8:30 PM *SYA* O,D.
Norbeck Community Church,
2631 Norbeck Rd, Silver Spring
8:45 PM *Back to the Basics* O,WA,A.
Kolmac Clinic (behind 7-11), 15932-B
Shady Grove Rd, Gaithersburg

NORVANA, (Northern) Va

7:00 PM *Recovery on the South Side*
O,D,WA,90. Lee Center, 1108 South
Jefferson St, Alexandria
7:00 PM *NA for Life* O,D,WA,90.
Charles Drew Community Center,
3500 S 23rd @ Kenmore; Arlington
7:15 PM *Church Basement Recovery* O,D;
75. Kirkwood Presbyterian Church, 8336
Carrleigh Pkwy, West Springfield
7:30 PM *One Route To Recovery* O,D,WA.
Mount Vernon Hospital
(English Conference Room),
2501 Parkers Lane, Alexandria
7:30 PM *Simplicity is Key* C,L. Unity Club
Room 3, 116 W Broad St, Falls Church
8:30 PM *Better Here Than There*
O,A,D,WA. Fairfax Hospital (PCC Bldg-
2nd floor), 3300 Gallows Rd, Falls Church

