



Chesapeake & Potomac Region of NA

Meeting List for Apr/May 2018

(last updated 4/21/2018 (9:25pm))

For more info, go to www.cprna.org

call: 1-800-543-4670 or 202-399-5316

mail: PO Box 8160, Silver Spring MD, 20907

KEY: Meetings ordered by Day of Week, Area, and Time of Day. Please email meetings@cprna.org with questions or changes.

75/90: 75/90 min (all else 60)	E: Candlelight	J: Just For Today	O: Open (public welcome)	V: Format Varies
A: Beginners 1-2-3 Step	F: Topic	K: Speaker	P: Information Pamphlet	W: Women
B: Basic Text study	G: Step Working Guide	L: Literature Study/Living Clean	Q: Question/Answer	WA: Wheelchair Access
C: Closed (addicts only)	H: Childcare Available	M: Men	S: Step	Y: Young People
D: Discussion	I: It Works How & Why	N: Newcomer/Beginner	T: Tradition	Z: Meditation

C&P Region serving: **Battlefield Area, Va** (Manassas, Centerville, Gainesville, Warrenton, Va.); **Central Maryland Area, Md** (College Pk., Greenbelt, Laurel, Hyattsville, Savage, Cheverly, Glenarden, Mt Rainer, Lanham-Seabrook, Capitol Hgts, Bowie, Landover, Beltsville, Md); **DC Area** (DC); **Dulles Corridor Area, Va** (Sterling, Ashburn, Leesburg, Purcellville, Herdon, Chantilly, Va.); **East of the River Area, DC** (DC); **Frederick Area** (Frederick, Hagerstown, Thurmont, Jefferson, Mt Airy Md.);

Montgomery Area (Montgomery Village, Silver Spring, Rockville, Chevy Chase, Gaithersburg, Potomac, Bethesda, Olney, Poolesville, Md.); **NORVANA Area** (Alexandria, Annadale, Fairfax, Woodbridge, Franconia, Arlington, Falls Church, Ft. Belvoir, Vienna, Springfield, McLean Va.); **Rock Creek Area** (DC); **South Potomac Area, Md** (Capitol Hgts., Suitland, Camp Springs, Clinton, Temple Hills, Ft. Washington, Landover, Hyattsville, Md); **Tri-County Area, Md** (Mechanicsville, California, Pomfret, Prince Frederick, Waldorf, BelAlton, Leonardtown, Sundertown, LaPlata, Lusby, Lexington Pk., Huntingtown, Chaptico, Brandywine, Indian Head, North Beach, Chesapeake Beach, Md.)

For meetings in Baltimore, Annapolis and other areas in Maryland, call the Free State Region of NA 1-800-317-3222 www.fsna.org
 For meetings in Fredericksburg, Richmond and other areas in Virginia, call the Central Atlantic Region of NA 1-800-777-1515 www.car-na.org

SUNDAY

Battlefield Area, Va

8:30 PM *Sunday Night Meeting* O,D,K
 St. Marks UMC 7803 Well Street,
 Manassas

Central Maryland Area

10:00 AM *Breakfast Club* O,D,WA. College
 Park Youth Service, 4912 Nantucket Rd,
 College Park
 10:00 AM *Easy Like Sunday Morning*
 O,D,WA,90. Springhill Lake Rec Ctr, 6101
 Cherrywood Lane, Greenbelt
 11:00 AM *Starting Over* O,V,WA. Laurel
 Regional Hospital (Conf. Room), 7100
 Contee Rd, Laurel

4:30 PM *The Living Clean Group* O,WA,L,
 90 4318 Hamilton Ave, Hyattville Md.
 20781

7:00 PM *Small Wonders* C,D,WA. University
 Christian Church (Belcrest Rd), 6800
 Adelphi Rd, Hyattsville

7:30 PM *Savage Survivors* O,D,WA. Savage
 UMC, 9050 Baltimore St, Savage

District of Columbia Area

7:00 AM *Open Door To Freedom* O,B,A,75.
 Church of the Epiphany, 1317 G St NW
 9:00 AM *Sunday Morning Spiritual*
 S/T,WA,90. Veterans Administration Med
 Center, 50 Irving St NW

10:30 AM *Coffee Hour* O,D,WA,90.
 The View Apartments 635 Edgewood St.
 NE (9th floor)

11:00 AM *Sunday Morning Steps &
 Traditions* O,S/T,WA,90. Howard Univ
 Hospital, 2041 Georgia Ave NW

1:30 PM *Another Level of Awareness*
 O,S,90. CCNV (2nd FI), 425 2nd St NW

7:00 PM *Sunday Night Spiritual Group*
 O,D,S/T,90. St Mary's Ch (Church Hall),
 727 5th St NW

7:00 PM *Still I Rise Women's Rap* 75 W,O,D
 Varick Memorial AME Zion Church
 255 Anacostia Ave NE

7:00 PM *Joyful Start* O,S/T,90. (meeting time
 change on 9-4-16 to 7:00pm) Mt Zion
 Baptist Church, 5101 14th St NW

Dulles Corridor Area, Va

10:30 AM *To Tell The Truth* O,D,WA,J,60.
 Community Center Room 6 (Hunters
 Woods), 2310 Colts Neck Rd, Reston

7:00 PM *The Journey Continues* O,D,L
 Saint David's Episcopal Church
 43600 Russell Branch Pkwy. Ashburn

7:30 PM *A New Way Of Life* O,A,D,L,WA,
 no children; A New Beginning Treatment
 Center; 4213 Walney Rd., Chantilly

East of the River Area, DC

3:30 PM *Sunday Steps and Traditions*
 Group B,C,K,S,T,V,90. St Luke's Ctr, 4923
 E Capitol St SE

Frederick Area, Md

11:00 AM *Sunday Morning* NA O,D,J.
 Crossroads Cnt, 511 W. South St,
 Frederick

6:30 PM *Just For Today* C,K,S,WA,90.
 CrossRoads Center, 511 West
 South St, Frederick

Montgomery Area, Md

7:45 AM *Squeaky Clean* O,D.
 AISH Learning Center, 11418 Old
 Georgetown Rd, Rockville

12:00 PM *Progress in NA*
 O,S/T,WA,90. Holy Cross Resource
 Center (Room 7), 9805 Dameron Dr,
 Silver Spring

6:00 PM *Talking Heads* O,D. Chevy
 Chase UMC, 7001 Connecticut Ave,
 Chevy Chase

7:00 PM *The Real Recovering Addicts*
of Germantown C, W, L. Mother
 Seton Catholic Church (bsmt)
 19951 Father Hurley Blvd.
 Germantown

7:30 PM *Today's Recovery* O,D,WA.
 Seneca Creek Community Church
 (use front entrance), 13 Firstfield
 Rd, Gaithersburg

7:30 PM *The Alternative* O,D,WA,E,K
 Silver Spring Presbyterian Church,
 580 University Blvd E, Silver Spring

NORVANA, (Northern Va)

10:00 AM *NA in Delray* O,V,WA,90.
 Mt. Vernon Hospital (ENGH Conf
 Rm), 2501 Parkers Lane, Alexandria

10:30 AM *NA Farsi* O,D. Unity Club
 (Farsi spoken), 116-B W. Broad St,
 Falls Church

12:00 PM *Just For Today Group* O,J,D
 75m. Unity Club, 116-B W. Broad St
 Falls Church

4:00 PM *NA Back Room* O,S,WA,I,
 75. Reboos Club, 12902 Occoquan
 Rd, Woodbridge

7:00 PM *Another Look* O,D,WA,60.
 Franconia UMC, 6037 Franconia
 Rd, Alexandria

6:00 PM *Sunday Sanity* O,D,K,WA,90.
 Unitarian Universal Church, 4444
 Arlington Blvd, Arlington

Rock Creek Area, DC

12:00 PM *Midday Meditations and*
Miracles O,J,Z,D. Dupont Circle
 Club, 1623 Connecticut Ave NW

5:30 PM *Progressive Recovery*
 O,D,L,90. Luther Place Memorial,
 1226 Vermont Ave NW

7:00 PM *Clean On The Hill* C,D.
 Capitol Hill UMC (enter on 5th St,
 ring bell), 421 Seward Sq SE

8:00 PM *Footsteps* O,D,S. Grace
 Episcopal Church (Between K & M
 Sts), 1041 Wisconsin Ave NW

South Potomac Area, Md

6:30 PM *The Best Step & Tradition*
Meeting Around O,S/T; Greater
 Beulah Baptist Church, 6056 'Old'
 Central Ave, Capitol Heights

7:00 PM *Closed Sunday* C,V,S/T,90.
 Bells UMC, 6016 Allentown Rd,
 Suitland

Tri-County Area, Md

2:00 PM *Walk the Walk* O,D. All Faith
 Episcopal Church, 38885 New Market
 Turner Rd. Mechanicsville

7:00 PM *Basket Case* O,D,75 (60 last
 Sun.). St Andrew's Church (Rt 4 S)
 44078 St Andrew's Ch Rd, California

7:30 PM *Stepping Into Traditions &
 Concepts* O,D,S/T. St Joseph's Church,
 4590 St Joseph Way, Pomfret

7:30 PM *Another Chance* O,WA, K(1st/3rd)
 L(2nd/4th). St. Nicholas Lutheran
 Church 1450 Plum Pl. Rd., Huntington

MONDAY

Battlefield Area, Va

12:00pm *High Noon Hope* O
 McShin Foundation Warrenton
 Recovery Center, 30 John Marshall
 Street, Warrenton

7:00 PM *Grateful Heads* O,D,B. St
 Marks UMC (@ Leland Ave; meeting
 downstairs), 7803 Well St, Manassas

8:30 PM *Getting Centered* O,D,L
 Church of the Ascension, 13941
 Braddock Rd, Centreville

8:00 PM *Monday Night Raw* O,D,V
 Gainesville Presbyterian Church, 16127
 Lee Hwy, Gainesville

Central Maryland Area

7:00 PM *It Works: How and Why*
 C,WA,I,H,75. Holy Cross Lutheran
 Church, 6905 Greenbelt Rd, Greenbelt

7:00 PM *Laurel Basics 1-2-3* O,WA,A.
 Laurel Regional Hospital (2nd flr, PRC
 Room), 7100 Contee Rd, Laurel

7:00 PM *Hope Fiends* O,A,S,WA 75min
 Prince George's Hospital
 3001 Hospital Drive, Cheverly

District of Columbia Area

12:00 PM *Noon at the Shack* O,D,WA,90.
 Emory House 1725 Lincoln Rd NE

12:00 PM *New Hope Group* O,D,WA,90.
 St. Martins Church, 1908 N Capitol St
 NW

12:00 PM *Courthouse Recovery* O,D.
 First Trinity Luth Church (2 Fl. Library),
 501 4th St NW

6:30 PM *Redlight Recovery* S,T,L,J 90.
 Walker Memorial Baptist Church,
 2020 13th St NW

6:30 PM *Convicts Do Recover* O,D
 Emmanuel Baptist Church
 2409 Ainger Place SE

6:30 PM *Believing In Life* O,D
 Summit at St. Martin's Apartments
 116 T Street, NE

Dulles Corridor Area, Va

6:30 PM *Exact Nature Men's Meeting*
 O,D, M, WA,J,75. Riverside
 Presbyterian Church 46040 Center Oak
 Plaza Sterling

8:00 PM *Free To Live* O,N,WA,H,75. St.
 Matthew's Episcopal Church, 201 E.
 Frederick Dr., Sterling

East of the River Area, DC

8:30 AM *Let Go and Let God* J,F,T
 Church of the First Born,
 2451 Ainger Pl. SE (M,T,W,TH,F), 75

10:00 AM *Fresh Start* O,D,90.
 St Luke's Ctr (Mon, Wed & Fri),
 4923 E Capitol St SE

1:30 PM *Let Go and Let God*, O,D Church
 of the First Born, 2451 Ainger Pl SE

3:30 PM *Let Go and Let God*, O,D Church
 of the First Born 2451 Ainger Pl SE

6:00 PM *Beginner's Steps* O,A. Mt Moriah
 Baptist Church, 1636 E Capitol St NE

7:00 PM *Free Indeed* A
 Bethel Christian Church
 2217 Minnesota Avenue SE

8:00 PM *Monday Night Step* O,A,90. St
 Luke's Center (@ 17th St),
 4923 East Capitol St SE

Frederick Area, Md

12:00 PM *Noon Group* O,WA,B,J. Trinity
 Chapel (side door-2nd floor) 10 W
 Church St, Frederick

7:00 PM *Monday Night Miracles by*
Candlelight O,D,WA,B,J. Grace Trinity
 United Church of Christ,
 9501 Baltimore Rd, Frederick

7:30 PM *The Journey Continues* O,L
 Kemp Hall 4 East Church St,
 Frederick

7:30 PM *Addicts Only* C. Concordia
 Lutheran Church, 17906 Garden Lane,
 Hagerstown

8:30 PM *Late But Straight* O,I,WA 202
 Phebus Ave, Frederick

Montgomery Area, Md

12:00 PM *Freedom in the Village* O,D,B
 WA, Christ the Servant Lutheran 9801
 Centerway Rd, Montgomery Village

12:00 PM *NA at Noon* O,J,WA, Christ
 Congregational Church, 9525 Colesville
 Rd, Silver Spring

4:00 PM *New Way of NA* O,L
 Rockville Metro Club, 12319 Washington
 Ave, Rockville

7:00 PM *Illness in Recovery* O,D,WA,L.
 Millian Memorial UMC, 13016 Parkland
 Dr, Rockville

7:15 PM *Step Working Addicts Group* O,G
 Rockville United Church 355 Lithicum St
 Rockville

7:30 PM *Beginning Miracles* O,E,A. Chevy
 Chase UMC,
 7001 Connecticut Ave, Chevy Chase

8:00 PM *Oasis* O,D,S. Prince of Peace
 Lutheran Church, 11900 Darnestown Rd,
 Gaithersburg

8:00 PM *Monday Miracles* O,D,S,90.
 Montgomery Hills Baptist Church,
 9727 Georgia Ave, Silver Spring

8:30 PM *Keys To Recovery* O,S,D.
 Veirs Mill Baptist Church (Rm 209),
 12221 Veirs Mill Rd, Silver Spring

NORVANA, (Northern)Va

- 6:30 PM *Women's Choice* O,D,W,75.
Fairlington Presbyterian Church,
3846 King St, Alexandria
- 7:00 PM *Just For Today Meditation*
O,WA,I,90. Ashlawn Building,
4921 Seminary Rd, Alexandria
- 7:00 PM *Step and Tradition Blues* O,S/T. St.
Alban's Episcopal Church,
6800 Columbia Pike, Annandale
- 7:00 PM *The Cracker Box* O,D,WA. Fairfax
Presbyterian Church, 10723 Main St,
Fairfax
- 7:00 PM *In The Heat Of*, O,D,90. Church of
God & Saints of Christ, 634 N. Patrick St
- 8:00 PM *Step Over the Hump* O,S,WA,75.
Good Shepherd Lutheran Church, (please
enter in the rear) 15695 Blackburn Road,
Woodbridge
- 8:00 PM *Monday Night Madness* O,D,L,NO
WA, Bush Hill Presbyterian Church 4916
Franconia Rd Franconia

Rock Creek Area, DC

- 12:00 PM *Midday Meditations and Miracles*
O,J,Z,D. Dupont Circle Club, 1623
Connecticut Ave NW
- 7:30 PM *Foggy Bottom Step* O,Step. United
Church of Christ, 1920 G St NW
- 8:30 PM *Living Proof* O,D,WA,L. St
Columba's Episcopal Church (Rm 206),
4201 Albermarle St NW

South Potomac Area, Md

- 7:30 PM *Monday Night Step* O,S,90.
Unity Presbyterian Church,
4401 Brinkley Rd, Camp Springs

Tri-County Area, Md

- 12:00 PM *NA in the Day* RR,75 .
Good Samaritan Church
13025 Good Samaritan Dr. Waldorf
- 7:00 PM *Cover To Cover* O,D,WA,B,75. St
Andrew's Church (Rt 4 S), 44078 St
Andrew's Church Rd, California
- 7:30 PM *Seeds of Serenity*, O, Bonfire (when
weather allows) Serenity Farm 6932
Serenity Farm Rd., Benedict
- 8:00 PM *A New Lease on Life* O,L. Jude
House, 9505 Crain Hwy S, Bel Alton
- 7:00 PM *Time To Change* O,S,D, Lifestream
Church of the Nazarene, 5105
Leonardtwn Rd, Waldorf

TUESDAY

Battlefield Area, Va

- 7:30 PM *Dopeless Hopefiends* O, D, J
Warrenton Baptist Church
123 Main Street (use 5th St. entrance)
Warrenton
- 8:00 PM *Just For Today* O,D,J. St Marks
UMC 7803 Well St. (@Leland Ave)
(downstairs), Manassas

Central Maryland Area

- 7:00 PM *Firm Believers* O,WA,A,90.
Glenarden Town Hall (1st Flr.), 8600
Glenarden Pkwy, Glenarden
- 7:30 PM *AWOL* O,D,B,I,J,S,T,WA
143 Centerway Rd, Greenbelt
- 7:30 PM *Serenity on Sandy Spring* O,D,S.
Holy Trinity Church, 7607 Sandy Spring
Rd, Laurel
- 8:00 PM *Just Relationships* O,D,WA,75.
Laurel Municipal Pool, 901 Main St, Laurel
- 7:00 PM *Shot of Hope* O,D,WA. Mt Rainier
Christian Church (Bunker Hill Rd), 4001
33rd St, Mt Rainier

District of Columbia Area

- 12:00 PM *Noon at the Shack* O,D,WA,90.
Emory House, 1725 Lincoln Rd NE
- 12:00 PM *New Hope Group* O,D,WA. St.
Martins Church, 1908 N Capitol St
- 12:00 PM *Keys To Freedom*; B,WA,L
555 Water Street SW (2nd Fl)
- 6:30 PM *Freedom To Change* O,A,90. St
Martin's Church, 1908 N. Capitol St NE
- 5:30 PM *A New Way of Living* O,D,WA.
Patsy Hartsfield Community Center
(3rd Fl.), 2026 Maryland Ave NE
- 6:30 PM *Steps to the Courthouse* C,S 90.
717 5th St. NW (side entrance)

7:00 PM *New Way* O,D,WA. Clean and
Sober St, 425 2nd St NW

7:00 PM *The Last Shall Be First* C,S,T
Harold J. Gordon Bldg.
124 15th Street NE

Dulles Corridor Area, Va

- 7:00 PM *Step of the Month* S,L.
Reston Community Center, 2310
Colt Neck Rd, Reston
- 7:30 PM *Bottom of the Mountain* O,D,;
St. Andrew's Presbyterian Church;
711 W. Main Street, Purcellville
- 8:00 PM *New Attitudes* O,D,WA,70.
Sterling UMC (no children, side
bldg), 304 E Church St, Sterling

East of the River Area, DC

- 8:30 AM *Let Go and Let God*, J,F,T
Church of the First Born, 2451
Ainger Pl SE
- 1:30 PM *Let Go and Let God*, O,D
Church of the First Born, 2451
Ainger Pl SE
- 3:30 PM *Let Go and Let God*, O,D
Church of the First Born, 2451
Ainger Pl SE
- 6:30 PM *Give Yourself a Chance* O,D.
Scared Heart Church, 721 48th St.
NE
- 6:30 PM *Growing with the Steps* B123,
WC. US Vets-DC 152 Wayne Pl. SE
- 7:00 PM *Free Indeed*, O
Bethel Christian Church
2217 Minnesota Ave. SE

Frederick Area, Md

- 12:00 PM *Noon Group* O,WA,B,J.
Trinity Chapel (side door-2nd fl) 10 W
Church St, Frederick
- 6:30 pm *Keeping It Real* W,S,K 106 W
Church St, Frederick
- 7:00 PM *Vision of Hope* O,D.
All Saints Episcopal Church
106 W Church St, Frederick
- 7:30 PM *Addicted To Hope* O,A Illiano
Project Building (upper level) 407 S
Main St, Mt. Airy

Montgomery Area, Md

- 12:00 PM *Freedom in the Village*
O,D,P,WA Christ the Servant
Lutheran Church 9801 Centerway
Rd Montgomery Village
- 12:00 PM *NA at Noon* O,J,WA, Christ
Congregational Church, 9525
Colesville Rd, Silver Spring
- 12:00 PM *New Way of NA* O,J.
Rockville Metro Club, 12319
Washington Ave, Rockville
- 5:30 PM *New Way of NA* O,L.
Rockville Metro Club, 12319
Washington Ave, Rockville
- 6:30 PM *Life On Life's Terms* O,D,L
The Episcopal Church of the
Transfiguration; 13925 New
Hampshire Ave., SS
- 7:00 PM *Grateful Heads*; L, O
Julia Binderman Suburban Cntr.
11810 Falls Rd., Potomac
(non smoking site/location)

- 7:30 PM *All About Change* O,D,WA,90.
Seneca Creek Community Church
(use front entrance), 13 Firstfield
Rd, Gaithersburg
- 8:00 PM *Meetin' in Wheaton* C,S/T,90.
Hughes Methodist, 10700 Georgia
Ave, Silver Spring

NORVANA, (Northern)Va

- 6:30 PM *Recovery at Walter Reed*
O,D,90. Walter Reed Recreation
Center, 2909 S 16th St, Arlington
- 7:00 PM *NA in LA* O,D,S,WA,90. Lee
Ctr, 1108 Jefferson St, Alexandria
- 7:00 PM *Choose Life* O,D. Christ
Crossman UMC, 384 N. Washington
St, Falls Church
- 7:30 PM *Living Clean* L. St Paul's
UMC, 1400 G St, Woodbridge

- 7:30 PM *NA at Fort Belvoir* O,D,90. Fort
Belvoir Hospital; Library Auditorium
Telegraph Rd and US Rt. 1, Ft. Belvoir
- 8:00 PM *Just For Tonight* O,J,D,75. Bush
Hill Presbyterian Church, 4916
Franconia Rd, Franconia
- 8:30 PM *Comfort Zone* O,A,D,WA,
Temple United Methodist Church
1835 N. Nash Street. Arlington

Rock Creek Area, DC

- 12:00 PM *Midday Meditations and
Miracles* O,J,Z,D. Dupont Circle Club,
1623 Connecticut Ave NW
- 7:00 PM *Stepping Out of Trouble into
Study* C,G,90. Plymouth Cong, Church,
5301 North Capitol St NE
- 7:30 PM *Glad to Be Alive* O,S,WA.
St. Paul's Lutheran Church,
4900 Connecticut Ave NW
- 8:30 PM *Fire Barrel* O,D,WA.
St. Luke's United Methodist Church
3655 Calvert Street NW
- 8:30 PM *Dupont Circle NA* O,D. Dupont
Circle Club, 1623 Connecticut Ave NW

South Potomac Area, Md

- 6:30 PM *Search For Serenity* O,WA,A,J.
Prince George's Health Dept (D
Leonard Dyer Regional Health Ctr),
9314 Piscataway Rd, Clinton

Tri-County Area, Md

- 2:30 PM *Staying Alive* O, WA Nanjemoy
Comm. Cnt. 4375 Port Tobacco Rd.
Nanjemoy
- 7:00 PM *Living Clean* O,D,L,WA. St Paul's
UM Church (Classroom #8), 25550
Point Lookout Rd, Leonardtown
- 7:00 PM *Tower of Power* O,WA,J. Mount
Hope Community Center (Off Rt 2), 100
Pushaw Station Rd, Sunderland
- 7:30 PM *Off Campus Recovery* O,D,WA.
Grace Lutheran Church (Rts 6 & 488),
1200 Charles St, La Plata
- 7:30 PM *Lusby Recovery* O,V. South
Community Center, 20 Appeal Lane,
Lusby
- 8:30 PM *Canopy Recovery* O,D. Church
of the Ascension, 21641 Great Mills Rd,
Lexington Park

WEDNESDAY

Battlefield Area, Va

- 12:00pm *High Noon Hope* O
McShin Foundation Warrenton
Recovery Center, 30 John Marshall
Street, Warrenton
- 7:00 *Addicts in the Attic* O,D,V.
Warrenton Baptist Church
123 Main St. (use 6th Street entrance)
Warrenton
- 8:30 PM *Welcome Home* O,D,E,F Bull
Run UUC; 9350 Main St. downstairs
(doors autolock at 8:30. Latecomers tap on
window); 9350 Main St, Manassas

Central Maryland Area

- 12:00 PM *Not High At Noon* O,D,J,
143 Centerway Rd, Greenbelt
- 7:00 PM *Back to the Basics* O,WA,B.
9032 Baltimore St, Md
- 7:00 *New Wave* O,D 90 Glenarden Town
Hall (2nd floor), 8600 Glenarden Pkwy,
Glenarden

- 7:30 PM *Steps to Recovery* O,S,WA,B.
Lion of Judah Church (rear of building),
9901M Business Parkway, Lanham-
Seabrook
- 7:30 PM *Berwyn Group 2.0* O,D Holy
Redeemer Church (Fealy Hall) 4902
Berwyn Rd, College Pk 20740
- 8:00 PM *STAR* O,D,S/T. First UMC (5th
St), 424 Main St, Laurel

District of Columbia Area

- 12:00 PM *New Hope Group* O,D,WA. St.
Martins Church, 1908 N Capitol St NW
- 12:00 PM *Courthouse Recovery* O,D.
First Trinity Lutheran Church (2 Fl.
Library), 501 4th ST NW

12:00 PM *Noon at the Shack* O,D,WA,90.
Emory House, 1725 Lincoln Rd NE

- 6:00 PM *Just For Today* O,J.
Mount Moriah Baptist Church,
1636 E. Capitol St NE
- 6:30 PM *Way Out Recovery* O,A,90. St
Martin's Church, 1908 N. Capitol St NW
- 7:00 PM *Ultimate Weapons* C,S,T. Johnson
Memorial Baptist Church,800 Ridge Rd
SE
- 7:00 PM *Into Action* O,D,WA. Clean and
Sober St, 425 2nd St NW

Dulles Corridor Area, Va

- 7:00 PM *Women's Rap* O,I,W,WA. Saint
Matthews Episcopal Church, 201 E.
Frederick Dr., Sterling, VA
- 7:00 PM *Survivors* O,D,WA. Community
Center (Hunters Woods) (Room A), 2310
Colts Neck Rd, Reston
- 8:30 PM *New Hopefuls* O,V,WA. St.
Timothy's Episcopal Church (upstairs),
432 Van Buren St, Herndon

East of the River Area, DC

- 8:30 AM *Let Go And Let God*, J,F,T Church
Of The First Born 90, 2451 Ainger Place
SE
- 10:00 AM *Fresh Start* O,D,90. St Luke's Ctr
(M,W,F), 4923 E Capitol St SE
- 1:30 PM *Let Go And Let God*, O,D, Church
Of The First Born 90, 2451 Ainger Place
SE
- 3:30 PM *Let Go And Let God*, O,D, Church
Of The First Born 90, 2451 Ainger Place
SE
- 6:00 PM *HOW* O,P,I,A,90.
New Ambassador Church, 1
1412 Minnesota Avenue, SE
- 6:30 PM *A New Gift Called Life* O,D,90.
Grace Memorial Baptist Church (in rear),
2407 Minnesota Ave SE
- 8:00 PM *Wednesday Night Live* D,K,
(Reading from Living Clean)
90. St Luke's Ctr, 4923 E Capitol St SE
- 8:00 PM *Wednesday Nite Men's Rap* O,S,
T (last Wed of Month) St Luke's Ctr, 4923
E Capitol St SE

Frederick Area, Md

- 12:00 PM *Noon Group* O,WA,B,J. Trinity
Chapel (side door-2nd fl) 10 W Church St,
Frederick
- 7:30 PM *Principles Before Personalities*
O,WA,D. Frederick Community Center
(Cafeteria), 100 S Market St, Frederick
- 7:30 PM *Welcome to Life* O,D. Jefferson
United Methodist Church (Rt 180), 3882
Jefferson Pike, Jefferson

Montgomery Area, Md

- 12:00 PM *Freedom in the Village* O,D,I,WA
Christ the Servant Lutheran Church 9801
Centerway Rd, Montgomery Village
- 12:00 PM *NA at Noon* O,J,WA, Christ
Congregational Church, 9525 Colesville
Rd, Silver Spring
- 4:00 PM *New Way of NA* O,L.
Rockville Metro Club, 12319 Washington
Ave, Rockville
- 7:00 PM *Fresh Air* C,WA,B. Cedar Lane
UUC, 9601 Cedar Ln, Bethesda
- 7:30 PM *Never Alone* O,D,WA,C. Christ the
Servant Lutheran Church (Mont.Village
Ave & Centerway Rd), 9801 Centerway
Rd, Montgomery Village
- 7:30 PM *Wednesday's Willingness*
O,S/T,90. 8818 Georgia Ave SS (social
service building)
- 7:30 PM *People's Recovery* O,A,D,WA.
People's Community Baptist Church
(Next door), 41 Norwood Rd, Silver
Spring
- 7:30 PM *Gentleman's Club* M,C,J.
Epworth UMC, 9008 Rosemont Drive
Gaithersburg
- 8:00 PM *Another Way* O,J. Prince of Peace
Lutheran Church (small bldg in back),
11900 Darnestown Rd, Gaithersburg

NORVANA, (Northern)Va

- 7:00 PM *Stepping Out of the Hole* O,S,T,WA,90. Cora Kelly Rec Center, 25 West Reed Ave, Alexandria
- 7:00 PM *Plan B* O,A,D. Unity Club, 116-B W Broad St, Falls Church
- 8:00 PM *Came to Believe* O,S/T,B. Cameron UMC, 3130 Franconia Rd (bldg next to front parking lot), Alexandria
- 8:00 PM *Over the Hump* O,D,WA. Good Shepherd Lutheran Church, (please enter in the rear) 15695 Blackburn Road, Woodbridge,

Rock Creek Area, DC

- 12:00 PM *Midday Meditations and Miracles* O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW
- 7:00 PM *Southwest Free Way* C,L,WA. Westminster Presbyterian Church, 400 I St SW
- 8:30 PM *Conscious Contact Beginners* O,A,D,WA. Wesley UMC (@ Jenifer St), 5312 Connecticut Ave NW

South Potomac Area, Md

- 7:30 PM *Clean Being* O,D,WA. Unity Presbyterian Church, 4401 Brinkley Rd, Camp Springs

Tri-County Area, Md

- 12:00 PM *NA in the Day* RR, 75 Good Samaritan Church
- 13025 Good Samaritan Drive, Waldorf
- 7:00 PM *Tower of Power* O,WA,J. Mount Hope Community Center (Off Rt 2), 100 Pushaw Station Rd, Sunderland
- 7:00 PM *Positive Alternative* O,D,WA. Good Samaritan Church (Near Rt. 5 N/Billingsley Rd.), 13025 Good Samaritan Dr, Waldorf
- 7:30 PM *Life Support* O,D,WA. Cornerstone Presbyterian Church 23101 Town Creek Drive, California MD

THURSDAY

Battlefield Area, Va

- 7:30 PM *Ties That Bind* Us O,D, Warrenton Baptist Church
- 123 Main Street (use 6th Street entrance) Warrenton
- 8:30 PM *New Found Hope* O,D,B,S,A St Marks UMC 7803 Well St. (@Leland Ave.) (downstairs), Manassas
- ## **Central Maryland Area**
- 12:00 PM *Not High At Noon* O,D,S,T,WA. 143 Centerway Rd, Greenbelt
- 7:00 PM *Just For Today* O,D,WA. Laurel Regional Hospital, 7100 Contee Rd, Laurel
- 7:30 PM *Gateway into Recovery* Abyssinia Baptist Church 4705 Addison Rd., Capitol Hgts.
- 7:30 PM *More Will Be Revealed* O,S,D. Trinity Lutheran Church, 6600 Laurel-Bowie Rd, Bowie
- 7:30 PM *Spiritual Awakenings* O,WA,B. Oshe Shalom Synagogue, 7515 Olive Branch Way, Laurel
- 8:15 PM *How Ya Livin?* O,T,WA,75. 180 Degree Club, 5100 Baltimore Ave, Hyattsville

District of Columbia Area

- 12:00 PM *Noon at the Shack* O,D,WA,90. Emory House, 1725 Lincoln Rd NE
- 12:00 PM *New Hope Group* O,D,WA. St. Martins Church, 1908 N Capitol St NW
- 6:30 PM *Steps on the Hill* O,S,75. Mount Moriah Baptist Church, 1636 East Capitol
- 7:00 PM *Beginning of Life Group* O,W,WA First Baptist Church 712 Randolph St NW
- 7:00 PM *Stone Soul Recovery* O,D,S,90. Plymouth Congregation Church 5301 N Capitol St
- 7:00 PM *Daily Principles* O,S/T,WA,90. Northeastern Presbyterian Church 2112 Varnum St NE
- 7:00 PM *Just For Today* O,I Augustine's Ctr, 1419 V St NW

Dulles Corridor Area, Va

- 7:30 PM *Keyhole To Recovery* O,I. Galilee UMC (Rt 7 & Rt 28), 45425 Winding Rd, Sterling
- 8:15 PM *Living Clean* O,D,I Loudoun Club 12, 58 Sycolin Rd, Leesburg
- ## **East of the River Area, DC**
- 8:30 AM *Let Go And Let God*, J,F,Y Church Of The First Born 90, 2451 Ainger Place SE
- 1:30 PM *Let Go And Let God*, O,D Church Of The First Born 90, 2451 Ainger Place SE
- 3:30 PM *Let Go And Let God*, O,D Church Of The First Born 90, 2451 Ainger Place SE
- 6:30 PM *Under New Management* C,S/T,WA. First Baptist Church, 3440 Minnesota Ave SE
- 6:30 PM *Hope & Strength* O,D. Congress Heights Comm Ctr, 3720 MLK Ave SE
- 7:00 PM *50/50 Recovery* O,S/T,WA. Bethlehem Baptist Church, 2458 Martin Luther King Jr Ave SE
- 7:00 PM *Live Or Die* O,D 60 Clean and Sober Sts 425 2nd St. NW (2nd floor)

Frederick Area, Md

- 12:00 PM *Noon Group* O,WA,B,J. Trinity Chapel (side door-2nd fl) 10 W Church St, Frederick
- 7:00 PM *Inner City* O,WA,A. Frederick Community Center, 100 South Market St, Frederick
- 7:30 PM *Thursday Night Candlelight* O,E. St Joseph's Church, 5843 Manor Woods Rd, Frederick
- 7:30 PM *Off the Beaten Path* O,D. St. James Episcopal Church (Main Bldg upstairs), 1307 North Main St, Mt Airy

Montgomery Area, Md

- 12:00 PM *Freedom in the Village* O,D,WA,F Christ the Servant Lutheran Church 9801 Centerway Rd Montgomery Village
- 12:00 PM *NA at Noon* O,J,WA, Christ Congregational Church, 9525 Colesville Rd, Silver Spring
- 12:00 PM *New Way of NA* O, J. Rockville Metro Club, 12319 Washington Ave, Rockville
- 4:00 PM *New Way of NA* O,L. Rockville Metro Club, 12319 Washington Ave, Rockville
- 6:30 PM *IP Clean* O, P, D St. Mark Presbyterian Church 10701 Old Georgetown Road Rockville
- 7:00 PM *Girls Night Out* W,O,L,V Transfiguration Episcopal Church 13925 New Hampshire Ave, Silver Spring
- 7:30 PM *Serenity in the Park* O,S/T,90. Mt Calvary Baptist Church, 608 N Horners Ln, Rockville
- 8:00 PM *CrossRoads* O,D,WA. Montgomery General Hospital (6th Fl), 18101 Prince Phillip Dr, Olney
- 8:00 PM *Making A Difference* O,D,WA Silver Spring Christian Reformed Church (@ Kemp Mill Rd, Rm 3), 1501 Arcola Ave, Silver Spring
- 8:30 PM *Stepping Free* O,S. Fairhaven UMC, 12801 Darnestown Rd, Gaithersburg

NORVANA, (Northern)Va

- 7:30 PM *We Do Recover* O,D. Alexandria Substance Abuse Center, 2355 Mill Rd, Alexandria
- 7:30 PM *Old Time Recovery* C,D. Langston-Brown Center, 2121 N. Culpeper St, Arlington
- 7:30 PM *Steppin' In Woodbridge* O,S,I,WA St. Paul's UMC 1400 G Street, Woodbridge

- 8:00 PM *So Happy It's Thursday* O,D. Bush Hill Presbyterian Church, 4916 Franconia Rd, Franconia

Rock Creek Area, DC

- 12:00 PM *Midday Meditations and Miracles* O,J,Z,D. Dupont Circle Club, 1623 Connecticut Ave NW
- 5:30 PM *Whole Lava Love* F,O,D. St Stephen's Church (at 16th & Newton Sts), 1530 Newton St NW
- 6:00 PM *Open Doors* O,D. St Martin's Church, 1908 N. Capitol St NW
- 6:30 PM *Coming Out from the Bottom* O,A,K. Us Helping Us, 3636 Georgia Ave NW
- 7:00 PM *Meeting on the Avenue* O,D Wesley UMC (@Jennifer St, library on lower level) 5312 Connecticut Ave NW
- 8:30 PM *Men's Rap* C,D,M. West Side Club, 1341 Wisconsin Ave NW
- 8:30 PM *Prime Time* O,L,D. The Festival Center (free parking in rear), 1640 Columbia Rd NW

South Potomac Area, Md

- 7:00 PM *Bright Hope Group* O,A,T, 75 Carolina Missionary Baptist Church 9901 Allentown Rd Fort Washington 20743

- 8:00 PM *Steps to Life* O,S,90. Oxon Hill UMC, 6400 Livingston Rd, Oxon Hill

Tri-County Area, Md

- 2:30 PM *Staying Alive* O, WA Nanjemoy Comm. Cnt. 4375 Port Tobacco Rd. Nanjemoy
- 7:00 PM *Steps to Serenity* O,S. St. Nicholas Lutheran Church, 1450 Plum Point Rd, Huntingtown
- 7:00 PM *Outsiders* O,D,S/T,WA. Church of the Ascension (Near Rescue Squad), 21641 Great Mills Rd, Lexington Park
- 7:30 PM *Chaplico Under The Stars* O,D. King/Queen Parish Hall (Off Rt 234, east of circle), 37501 Zack Fowler Rd, Chaplico
- 8:00 PM *Brandywine* O,D. Union Bethel Church, 6810 Floral Park Rd, Brandywine
- 8:00 PM *Indian Heads* O,B. St James Episcopal Church (Rt 210 & Potomac Ave), 7 Potomac Ave, Indian Head

FRIDAY

Battlefield Area, Va

- 12:00pm *High Noon Hope* O McShin Foundabtion Warrenton Recovery Center, 30 John Marshall Street, Warrenton
- 6:30 PM *Gimme Shelter* O,WA,I. Buckhall UMC, 10251 Moore Dr, Manassas
- 8:30 PM *Keep It Simple* O,D,K Bull Run UUC (Church St)(Downstairs), 9350 Main St, Manassas
- 8:30 PM *Where The Wild Things Are* O, The Meeting Place 26 South 3rd St, Warrenton

Central Maryland Area

- 7:00 PM *Friday Nite Live* C,S,T,WA. Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt
- 7:00 PM *Miracles on Main St* O,D,WA. St. Philips Episcopal Church, 522 Main St, Laurel
- 7:30 PM *Walk The Walk* O,WA,L. Our Savior Lutheran Church, 13611 Laurel-Bowie Rd, Laurel
- 8:00 PM *Gateway To Recovery* O,S/T, 7411 Village Green Terr. Landover
- 8:00 PM *New Start* O,D Queens Chapel United Methodist Church 7410 Old Muirkirk Rd Beltsville 20705
- 10:00 PM *Keeping It Real* O,S,75. Cross Roads (2 Fl.), 102 Washington Blvd, Laurel

District of Columbia Area

- 11:00 AM *Hope at HIPS* B,O,D,WA. 906 H St NE

- 12:00 PM *Noon at the Shack* O,D,WA,90. Emory House, 1725 Lincoln Rd NE
- 12:00 PM *New Hope Group* O,D,WA. St. Martins Church, 1908 N Capitol St NW
- 12:00 PM *Courthouse Recovery* O,D. First Trinity Lutheran Church (2 Fl. Library), 501 4th St N

- 7:00 PM *One Step at a Time* O,S/T,90. 14th and Decatur NW Bus Barn (Metro's community room), 4729 14th St NW

- 7:00 PM *Lighthouse* O,D,75. Israel AME Church, 557 Randolph St NW

- 7:00 PM *O Street Steps* 123 O,A,90. SOME (Dining Hall), 71 O St NW
- 7:00 PM *Get It Right* C,D,L,90. Clean and Sober St, 425 2nd St NW

- 7:00 PM *Jump Start to Recovery* O,L,S,T,WA 90. 25 53rd Street NE

- 8:00 PM *Yellow Brick Rd* O,D. Rm CG120 (bsmt) VA Medical Center, 50 Irving St NW

- 8:00 PM *Help Somebody* O,A,75. Providence Hospital (St Catherine Hall), 1150 Varnum St NE

- 8:30 PM *Regardless of Sexual Identity* C,D,90. Metro Community Church, 474 Ridge St NW

Dulles Corridor Area, Va

- 7:00 PM *Bedrock* C,R,T. Loudoun Club 12, 58 Sycolin Rd, Leesburg
- 7:30 PM *Just For Today* O,WA,J,Z. Community Lutheran Church, 21014 Whitfield Pl, Sterling

- 7:30 PM *Gut Level* A New Beginning (in Gym), 4213 Walney Rd., Chantilly

- 8:00 PM *I'm Somebody* O,A,D,Z. Lewinsville Pres Church, 1724 Chain Bridge Rd, McLean

East of the River Area, DC

- 8:30 AM *Let Go And Let God*, J,F,T Church Of The First Born 90, 2451 Ainger Place SE

- 10:00 AM *Fresh Start* O,D,90. St Luke's Ctr (M,W,F), 4923 E Capitol St SE

- 1:30 PM *Let Go And Let God*, O,D. Church Of The First Born 90, 2451 Ainger Place SE

- 3:30 PM *Let Go And Let God*, O,D. Church Of The First Born 90, 2451 Ainger Place SE

- 6:00 PM *Recovery & Relapse* O,D. Mt Moriah Baptist Church, 1636 E Capitol St NE

Frederick Area, Md

- 12:00 PM *Noon Group* O,WA,B,J. K Trinity Chapel (side door-2nd fl) 10 W Church St, Frederick

- 7:30 PM *We Do Recover* C,V,Step. Carver Apts. Community Center 207 Lee Alley Frederick

- 9:00 PM *Friday Night Candlelight* O,K,WA,E. Grace Church 25 East 2nd Street, Frederick

Montgomery Area, Md

- 12:00 PM *Freedom in the Village* O,D,WA,J. Christ the Servant Lutheran Church 9801 Centerway Rd, Montgomery Village

- 12:00 PM *NA at Noon* O,J,WA, Christ Congregational Church, 9525 Colesville Rd, Silver Spring

- 4:00 PM *New Way of NA* O,L. Rockville Metro Club 12319 Washington Ave, Rockville

- 7:00 PM *The Road We Travel* O,L,WA. Cedar Lane UUC (Rooms 5-6), 9601 Cedar Ln, Bethesda

- 7:00 PM *Older Toddlers* O,S,WA. Cedar Lane UUC, 9601 Cedar Ln, Bethesda

- 7:30 PM *Upcounty NA* O,D,90. Emory Grove UM Church, 8200 Emory Grove Rd, Gaithersburg

- 8:00 PM *Live and Let Live* O,L. Fairhaven UMC, 12801 Darnestown Rd, Gaithersburg

- 8:30 PM *Get Down* O,D,WA. Cedar Lane UUC, 9601 Cedar Ln, Bethesda

