Due to the Coronavirus pandemic, many of our meeting locations are closed and meetings rescheduled as online and/or phone meetings. Go to www.cprna.org for the latest updates.

Chesapeake & Potomac Region of NA
Meeting List for February/March 2020
(last meeting updated 03/28/2020 12:03 am)

KEY: Meetings ordered by Day of Week, Area, and Time of Day
Please email meetings@cprna.org with questions or changes

<table>
<thead>
<tr>
<th>Day of Week</th>
<th>Area, MD</th>
<th>Time of Day</th>
<th>Meeting Details</th>
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</thead>
</table>
| Sunday      | District of Columbia | 12:00 PM | N.O.D.W.A., 811 14th St NW, Washington, DC 20001 |}

C&P Region serving: Battlefield Area, VA (Centreville, Manassas, Warrenton, VA); Central Maryland Area, MD (Baltimore, Annapolis and other locations in Maryland, contact the Free State Region of NA for more information). For meetings in Fredericksburg, Richmond and other locations in Virginia, contact the Central Atlantic Region of NA.

For meetings in Baltimore, Annapolis and other locations in Maryland, contact the Free State Region of NA at 1-800-543-4670 or www.fsrna.org.

SUNDAY
Battlefield Area, VA
8:00 PM Sunday Night Meeting
O.D.B.I.K.; St Mark's UMC (@Leiland Ave, downstairs), 7803 Well St, Manassas

Central Maryland Area, MD
10:00 AM Breakfast Club O.D.W.A.; Park College Youth Service, 4912 Nantucket Rd, College Park
10:00 AM Easy Like Sunday Morning O.D.W.A.90; Springhill Lake Rec Center, 6101 Cherrywood Ln, Greenbelt
11:00 AM Starting Over O.V.W.A.; Laurel Regional Hospital (Conference Room), 7100 Centere Rd, Laurel
3:30 PM The Living Clean Group O.W.A.L.90; 4318 Hamilton Street, Hyattsville
7:00 PM Small Wonders C.O.D.A.; University Christian Church (Belcrest Rd), 6800 Adelphi Rd, Hyattsville
7:30 PM Savage Survivors O.D.W.A.; Savage UMC, 9050 Baltimore St, Savage

District of Columbia Area
7:00 AM Open Door To Freedom O.A.B.T.; Church of the Epiphany, 1351 23rd St NW
9:00 AM Sunday Morning Spiritual O.D.T.W.A.90; Veterans Administration Medical Center, 50 Irving St NW
10:30 AM Coffee Hour O.D.W.A.80; The View Apartments 635 Edgewood St NW (9th floor)
11:00 am Sunday Morning Steps & Traditions O.S.T.W.A.90; Howard University Hospital, 2041 Georgia Ave NW
1:30 PM Another Level of Awareness O.S.H.O.; Community Church Non-Violence (2FL), 425 2nd St NW
7:00 PM Sunday Night Spiritual Group O.D.S.T.; T90, St Mary’s Church (Church Hall), 727 4th St NW
7:00 PM Still I Rise Women’s Rap 75,W.O.D.; Varick Memorial AME Zion Church, 255 Anacostia Ave NE
7:00 PM Joyful Start O.S.T.90; Mt Zion Baptist Church, 5101 14th St NW

Dulles Corridor Area, VA
10:30 AM To Tell The Truth O.D.W.A.; Community Center Room 6 (Hunters Woods), 2310 Colts Neck Rd, Reston

7:00 PM The Journey Continues O.D.S.T.; Saint David’s Episcopal Church, 4360 Founders Branch Pkwy, Ashburn
30 PM A New Way Of Life O.A.D.L.W.A., no children; A New Beginning Treatment Center, 4213 Walney Rd, Chantilly

East of the River Area, DC
There are no Sunday meetings in the East of the River Area at this time.

Frederick Area, MD
11:00 AM Sunday Morning NA O.D.; Crossroads Center, 511 W South St, Frederick
3:30 PM Just For Today C.K.S.W.A.60; Crossroads Center, 511 W South St, Frederick

Montgomery Area, MD
7:45 AM Squeaky Clean O.D.; AISH Learning Center, 11418 Old Georgetown Rd, Rockville
12:00 PM Progress in NA O.A.S.T.W.A.; Holy Cross Resource Center (Room 7), 9805 Cameron Dr, Silver Spring
6:00 PM Talking Heads O.D.; Chevy Chase UMC, 7001 Connecticut Ave, Chevy Chase
7:00 PM The Real Recovering Addicts of Germantown – Women’s Meeting C.W.L. Mother Seton Catholic Church (basement), 19951 Father Hurley Blvd, Germantown
7:30 PM Today’s Recovery O.D.W.A.; Seneca Creek Community Church (use front entrance), 13 Firstfield Rd, Gaithersburg
7:30 PM The Alternative O.D.A.W.E.K.; Silver Spring Presbyterian Church, 580 University Blvd E, Silver Spring

NORVANA, Northern VA
10:00 AM NA in Delray O.W.A.V.W.; Mt Vernon Hospital (ENGH Conf Rom), 2501 Parkers Ln, Alexandria
10:30 AM NA Farsi O.D.; Unity Club (Farsi spoken), 116-B W Broad St, Falls Church
12:00 PM Just For Today Group O.D.; 75m; Unity Club, 116-B W Broad St, Falls Church
6:00 PM Sunday Sanity O.D.W.A.90; Unitarian Universalist Church, 4444 Arlington Blvd, Arlington
7:00 PM Another Look O.D.W.A.; Francia UMC, 6037 Franconia Rd, Alexandria

7:00 PM Living In The Solution O.K.S.W.A.; Reconciliation Community Church, 14654 Joplin Rd, Woodbridge

Rock Creek Area, DC
12:00 PM Midday Meditations and Miracles O.D.J.Z.; Dupont Circle Club, 1623 Connecticut Ave NW
5:30 PM Progressive Recovery O.D.L.; Luther Place Memorial, 1226 Vermont Ave NW
7:00 PM Clean On The Hill O.D.; Capitol Hill UMC (enter on 5th St, ring bell), 4212 Ward Island SE

South Potomac Area, MD
6:30 PM Best Step & Tradition Meeting In Town O.S.T.; Greater Beulah Baptist Church, 6056 Old Central Ave, Capitol Heights
7:00 PM Closed Sunday C.V.S.T.90; Bells UMC, 6016 Allentown Rd, Suitland

Tri-County Area, MD
2:00 PM Walk the Walk O.D.; All Faith Episcopal Church, 38885 New Market Turner Rd, Mechanicsville
7:00 PM Basket Case O.D.75 (60 last Sun); St Andrew’s Church (RT 4 S) 44078 St Andrew’s Ch Rd, California
7:30 PM Stepping Into Traditions & Concepts O.D.S.T.; St Joseph’s Church, 4590 Joseph Way, Pomfret

Another Chance O.D.; Dulles Corridor Area, VA

7:00 PM Grateful Heeds O.D.W.A.; St Mark’s UMC (@Leiland Ave, downstairs), 7803 Well St, Manassas
8:30 PM Getting Centered O.D.; Church of the Ascension, 13941 Braddock Rd, Centreville
8:00 PM Learning How To Live O.D.V. Gainesville Presbyterian Church, 16127 Lee Rd, Gainesville

Central Maryland Area, MD
6:30 PM A Greater Freedom O.D.; St Andrews Church, 4512 College Ave, College Park
7:00 PM It Works: How and Why O.W.A.H.; Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt
7:00 PM Laurel Basics 1-2-3 O.W.A.; Laurel Regional Hospital (2nd floor, IRC Room), 7100 Cantee Rd, Laurel

MONDAY
Battlefield Area, VA
7:00 PM Grateful Heeds O.D.W.A.; St Mark’s UMC (@Leiland Ave, downstairs), 7803 Well St, Manassas
8:30 PM Getting Centered O.D.; Church of the Ascension, 13941 Braddock Rd, Centreville
8:00 PM Learning How To Live O.D.V. Gainesville Presbyterian Church, 16127 Lee Rd, Gainesville

Central Maryland Area, MD
6:30 PM A Greater Freedom O.D.; St Andrews Church, 4512 College Ave, College Park
7:00 PM It Works: How and Why O.W.A.H.; Holy Cross Lutheran Church, 6905 Greenbelt Rd, Greenbelt
7:00 PM Laurel Basics 1-2-3 O.W.A.; Laurel Regional Hospital (2nd floor, IRC Room), 7100 Cantee Rd, Laurel

7:00 PM Hope Friends O.A.S.W.A.75; UM Prince George’s Hospital Center, 3001 Hospital Dr, Cheverly

District of Columbia Area
12:00 PM Third Step O.D.W.; St Martin’s Church, 1912 N Capitol St NW
12:00 PM Courthouse Recovery O.D.; First Trinity Lutheran Church (2 Fl Library), 581 4th St NW
6:30 PM Redlight Recovery S.T.L.J.90; Walker Memorial Baptist Church, 2020 13th St NW
5:00 PM Convicts Do Recover O.D.; Emmanuel Baptist Church, 2409 Ainger Place SE
6:30 PM Believing In Life O.D.; The Summit at St Martin’s Apartments, 116 T St, NE

Dulles Corridor Area, VA
3:30 PM Exact Nature Men’s Meeting O.D.W.A.J.; 21631 Ridgetop Circle, Sterling
8:00 PM Free To Live O.W.A.; St Martin’s Episcopal Church, 201 E Frederick Dr, Sterling

East of the River Area, DC
12:00 PM Fresh Air Group O.D.G.O.O.; St Luke’s Center, 4923 E Capitol St SE
1:30 PM Let Go and Let God O.D.; Church of the First Born, 2451 Ainger Pl SE
3:30 PM Let Go and Let God O.D.; Church of the First Born, 2451 Ainger Pl SE
5:00 PM Moving On B.I.N.S.O.; Anacostia Library, 1800 Good Hope Rd SE
6:00 PM Beginner’s Steps O.A.; Mt Moriah Baptist Church, 1636 E Capitol St NE
7:00 PM Free Indeed A; Bethesda Christian Church, 2217 Minnesota Ave SE
7:00 PM Full Package S.T.; Temple of Praise Church, 700 Southern Ave SE
8:00 PM Monday Night Step O.A.90; St Luke’s Center, 4923 E Capitol St SE

Frederick Area, MD
12:00 PM Noon Group G.O.O.; Trinity Chapel (side door-2nd floor), 10 W Church St, Frederick
7:00 PM Monday Night Miracles by Candlelight O.D.W.A.B.J.; Grace Trinity United Church of Christ, 9501 Baltimore Rd, Frederick
7:30 PM Addicts Only O; Concordia Lutheran Church, 17906 Garden Ln, Hagerstown

For more info, go to www.cprna.org 1-800-543-4670 or 202-399-5316 PO Box 8160, Silver Spring, MD 20907
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TUESDAY

BATTLEFIELD AREA, VA

7:30 PM Seeds of Serenity, O,Bonfire (when weather allows); Serenity Farm, 6932 Serenity Farm Rd, Benedict
6:30 PM A New Lease on Life O,D; Jude House, 9505 Crain Hwy S, Bel Alton
7:00 PM Time To Change O,D; Lifestream Church of the Nazarene, 5105 Leonardtown Rd, Waldrof

7:00 PM Vision of Hope O,D; All Saints Episcopal Church, 106 W Church St, Frederic
6:30 PM Projected To Hope O,A; Iliano Project Building (upper level), 407 S Main St, Mt Airy

MONTGOMERY AREA, MD

12:00 PM Freedom in the Village O,D;P,W; Christ the Servant Lutheran Church, 9801 Centenary Rd, Montgomery Village
12:00 PM NA at Noon O,J; Christ Congressional Church, 9525 Colesville Rd, Silver Spring
3:00 PM New Way Of O,D; Rockville Metro Club, 12319 Washington Ave, Rockville
6:30 PM Life On Life’s Terms O,D,W; The Episcopal Church of the Transfiguration, 13925 New Hampshire Ave, Silver Spring
7:00 PM Grateful Heads; O,L; Julia Binderman Suburban Center, 11810 Falls Rd, Potomac, (non smoking site/area)
7:00 PM All About Change O,D,W,90; Seneca Creek Community Church (use entrance), 13 Firstfield Rd, Gaithersburg
6:00 PM Meetin’ in Wheaton C,S,T;90; Hughes UMC, 10700 Georgia Ave, Wheaton

NORVANA, Northern VA

6:30 PM Recovery at Walter Reed O,D; Walter Reed Reception Center, 2909 S 16th St, Arlington
6:30 PM NA in LA O,D,S,WA,90; Lee Center, 1106 Jefferson St, Alexandria
7:00 PM Choose Life O,D; Christ Crossman UMC, 384 N Washington St, Alexandria
7:30 PM Living Clean L; St Paul’s UMC, 1400 G St, Woodbridge
8:00 PM Just For Tonight O,D; Bush Presbyterian Church, 4196 Francis Rd, Franconia
8:30 PM Comfort Zone O,A,D,W; Temple UMC, 1835 N Nash St, Arlington

DULLES Corridor Area, DC & MD

12:00 PM Midday Meditations and Miracles O,D,J; Dulles Corridor Club, 1623 Connecticut Ave NW
7:00 PM Stepping Out of Trouble into Study G,O; Plymouth Cong, Church, 5301 North Capitol St NE
7:30 PM Glad to be Alive O,S;W; Chevy Chase UMC, 7001 Connecticut Ave, Chevy Chase, MD
8:30 PM Fire Barrel O,D; St Luke’s UMC, 3655 Calvert St NW
8:30 PM Dupont Circle NA O,D; Dupont Circle Club, 1623 Connecticut Ave NW

SOUTH POTOMAC AREA, MD

12:00 PM Mid Day Meditations O,J; 9032 Baltimore St, Savage
7:00 PM Ultimate Weapons O,S,T; Johnson Memorial Baptist Church, 800 Ridge Rd SE
7:00 PM Into Action O,D,W; Clean and Sober Streets, 425 2nd St NW

Dulles Corridor Area, VA

7:00 AM A New Leaf O,D,W; Church of Our Redeemer, 39518 John Mosby Hwy, Aldie, VA
7:00 PM Women’s Raphael O,W,A,B St Matthews Episcopal Church, 201 E Frederick Dr, Sterling, VA
7:00 PM Survivors O,D,W; Community Center (Hunters Woods, Room A), 2310 Colts Neck Rd, Reston
8:00 PM New Hopefuls O,D,S,St Timothy’s Episcopal Church (upstairs 3rd floor), 432 Van Buren St, Herndon

WEDNESDAY

BATTLEFIELD AREA, VA

8:30 PM Welcome Home O,D,E,F,V; Bull Run UMC, 9350 Main St - downstairs (doors unlock at 8:30. Latecomers tap on window), Manassas

CENTRAL MARYLAND AREA, MD

12:00 PM Not High At Noon O,J; 143 Centerway Rd, Greenbelt
7:00 PM Back to the Basics O,W,A,B; 9032 Baltimore St, Savage
7:00 PM New Wave S,T,W; Glenarden Town Hall (downstairs), 8600 Glenarden Pkwy, Glenarden
7:30 PM Steps to Recovery O,S,W,A; Lion of Judah Church (rear of building), 9901 M Business Parkway, Lanham-Seabrook
7:30 PM Berwyn Group 2.0 O,D; Holy Redeemer Church (Fealy Hall), 4902 Berwyn Rd, College Park
7:00 PM STAR O,D,S,T; First UMC (5th St), 424 Main St, Laurel

DISTRICT OF COLUMBIA Area

12:00 PM New Hope Group O,D,W; St Martin’s Church, 1912 N Capitol St NW
12:00 PM Keys To Freedom; B,W,A,L; 550 W St SW (2nd Fl)
6:30 PM Freedom To Change O,A,90; St Martin’s Church, 1908 N Capitol St NW
5:30 PM A New Way of Living O,D; Patty Hartshill Community Center (3rd Fl), 2026 Maryland Ave NE
6:30 PM Steps to the Courthouse C,S;90; 715 5 St NW (side entrance)
6:30 PM New Way O,D,W; Clean and Sober Streets, 425 2nd St NW
6:30 PM The Last Shall Be First C,S,T; Harold J Gordon Blvd, 124 15th St SE

DULLES Corridor Area, VA

7:30 AM Let Go And Let God O,D; Church of the First Born, 2451 Ainger Pl SE
3:30 PM Let Go And Let God O,D; Church of the First Born, 2451 Ainger Pl SE
6:30 PM Give Yourself a Chance O,D,W; Holy Christian House of Praise, 5110 Nannie Helen Burrows Ave NE
6:30 PM Growing with the Steps A,W,A; USOCDC, 152 Wayne Pl SE
7:00 PM Free Indeed, O,B; Bethlehem Church, 2217 Minnesota Ave SE

FRANKFORT AREA, MD

5:30 AM Noon Group O,B; Trinity Chapel (side door-2nd Fl), 10 W Church St, Frederick
5:30 PM Rush Hour Recovery O,D,G; All Saints Episcopal Church, 106 W Church St, Frederick
5:30 PM Choose Life O,D; Christ Crossman UMC, 384 N Washington St, Alexandria
7:00 PM Living Clean O,D,W; St Paul’s UM Church (classroom #8), 2550 Point Lookout Rd, Leonardtown
7:00 PM Progressive, Incurable O,A; Mt Hope Community Center (Off Rt 2), 100 Pushaw Station Rd, Sunderland
7:30 PM Christian Church O,D,W; Grace Lutheran Church (Rts 6 & 488), 1200 Charles St, La Plata
7:30 PM Lustby Recovery O,V; South Community Center, 20 Appeal Ln, Lustby
8:30 PM Canopy Recovery O,D; Church of the Ascension, 21641 Great Mills Rd, Lexington Park
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7:30 PM Just For Today O,WA,75; Community Lutheran Church, 21014 Whitfield Pl, Sterling
7:30 PM Just For Today O,WA,75; Community Lutheran Church, 21014 Whitfield Pl, Sterling
8:00 PM I'm Somebody O,ADZ; Lewinsville Pres Church, 1724 Chain Bridge Rd, McLean
East of the River Area, DC
10:00 AM Fresh Air Group O,AD; St Luke's Center, 4923 E Capitol St SE
12:00 PM I'm Somebody O,ADZ; Lewinsville Pres Church, 1724 Chain Bridge Rd, McLean
1:30 PM Let Go And Let God, O,AD; Church Of The First Born, 2451 Ainger St NE
3:30 PM Let Go And Let God, O,AD; Church Of The First Born, 2451 Ainger St NE
5:00 PM Recovery & Relapse O,AD; Mt Moriah Baptist Church, 1636 E Capitol St NE
Frederick Area, MD
12:00 PM Noon Group O,B; St John's Lutheran Church, Frederick, MD
7:30 PM Gut Level O,D; A New Beginning (in Gym), 4213 Walney Rd, Chantilly
8:00 PM I'm Somebody O,ADZ; Lewinsville Pres Church, 1724 Chain Bridge Rd, McLean
Central Maryland Area, MD
12:00 PM Just For Today J,K,L,N,O; 4316 Hamilton Ave, Hyattsville
5:00 PM Fear to Faith O,WA; Emmanuel UMC, 11416 Cedar Ln, Beltsville
6:00 PM Surviving Our Journey C,L,G,WA; UM Prince George's Health Care Center (Auditorium), 3001 Hospital Dr, Cheverly
7:00 PM Gut Bucket O,D,STA,WA; Springfield Recreation Center, 6101 Cherrywood Ln, Gaithersburg
10:00 AM Fresh Start O,WA,75; Shady Grove Adventist Hospital (Main entrance), 9901 Medical Center Dr, Rockville
8:00 PM Speakeasy O,AD; Woodside UMC (park in back), 8900 Georgia Ave, Silver Spring
8:30 PM Poolesville 12 O,S,T,75; St Peter's Episcopal Church, 21000 Fisher Ave, Poolesville
Norvana, Northern VA
12:00 PM Breaking Through Group A,B; Prince Paul UMC, 400 G St, Rockville
11:00 AM Sisters In Recovery O,W; King St, Alexandria
7:30 PM Kingdom Come O; Providence Presbyterian Church, 9019 Little River Tpke, Fairfax
7:00 PM NA Pillow O; Greenbrier Baptist Church, 5407 Jefferson St, Arlington
Rock Creek Area, DC
7:00 PM Saturday Morning Relief O,S,B,90; Metro Community Church, 474 Ridge St NW
3:00 PM Mood & Mind O,L,Z; Triangle Club, 203 P St NW
7:30 PM Hope Fiends O,D,E; Luther Place Memorial Church (at N St, in library), 1226 Vernon Ave NW
8:05 PM Beachcomber's Electric Coffee Test O,D,B,WA; St Alban's Church (Saterlee Hall), 3001 Wisconsin Ave NW
South Potomac Area, MD
10:00 AM Spiritually Speaking S,L,90; Prince George's Presbyterian Community Church, 4401 Brinkley Road, Camp Springs
7:30 PM Keep It Simple O,S,T,90; St Barnabas Church, 5203 St Barnabas Rd, Temple Hills
8:05 PM Beachcomber's Electric Coffee Test O,D,B,WA; St Alban's Church (Saterlee Hall), 3001 Wisconsin Ave NW
Tri-County Area, MD
12:00 PM Give Yourself A Break O,J,K,S,T; MCAT Waldorf Building 3, 11100 Billingsley Rd, Waldorf
6:00 PM North Beach Group O,V; Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach
7:00 PM North Beach Group O,V; Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach
Dulles Corridor Area, VA
7:00 PM Literally Speaking O,L,H; Community Lutheran Church, 21014 Whitfield Pl, Sterling
7:30 PM Community Tradition O,D; New Beginning Treatment Center, 4213 Walney Rd, Chantilly
8:30 PM Saturday Night Live O,WA; Community Lutheran Church, 21014 Whitfield Pl, Sterling
East of the River Area, DC
7:00 PM 818 Miracles O,S,T,WA; St Paul's Christian Church, f414 Tennessee Ave NE
Frederick Area, MD
10:00 AM Kickin' it Raw C,D; Trinity Chapel (side door-2nd fl), 10 W Church St, Frederick
10:00 AM Can't Do It Alone O,J,P; Trinity Chapel (side door-1st floor), 10 W Church St, Frederick
12:00 PM Noon Group O,B,J,V; Trinity Chapel (side door-2nd fl), 10 W Church St, Frederick
4:00 PM Back to the Basics O; Beacon of Hope Church, 5407 Jefferson St, Arlington
7:00 PM Making Miracles O,D,W; Good Shepherd Church, 305 Smallwood Dr, Waldorf
10:00 PM Candlelight O,D,S,T,90; Good Shepherd Church, 305 Smallwood Dr, Waldorf