



**Minutes for the
Dulles Corridor Area Service Committee
October 25, 2009**

Next Area Service Committee Meeting: November 22, 2009

Service Positions Available:

CPRC Rep

Motions for GSR's to take back to groups for voting:

DC Area Service Convention Bid for CPRCNA XXV

Reminder: GSR Assembly
Workshop at 1:00 PM
Before Area Service

**Minutes for the
Dulles Corridor Area Service Committee**

October 25, 2009

Opening: Opened with Serenity Prayer. 12 Traditions were read by Cort G.; ASC Purpose was read by Kat P.; The 12 Concepts for NA Service were read by Natalie S.; The Service Prayer was read by Drew F..

... to provide a forum where representatives from the Groups within our Area can come together, help solve one another's problems, and make available to all Groups with the Area services which might not be provided by individual Group efforts. These service include, but are not restricted to: providing a means for purchasing literature locally (Literature Subcommittee), providing information to the community about Narcotics Anonymous (Public Information Subcommittee), carrying the NA message to addicts who for specific reasons are unable to attend an NA meeting (Hospital and Institutions Subcommittee) and providing a way for the suffering addict to call for help (Phone Line Subcommittee).

We must always remember that we formed DCANA to help each other carry the message of NA more effectively. Our conduct at the ASC shall be one of love and respect for every member of the ASC. We are not in competition with each other and never should be. We can work separately as well as together in pursuit of our common goals. *Reprinted from Official Bylaws for DCANA, approved at 10/96 ASC*

Officer Reports:

Chair (John M.) – We apologize for the change in venue. Hopefully, it will be resolved by next month. Jack will be contacting Subcommittee Chairs to discuss goals for the year. Welcome to the new GSR's and Subcommittee Chairs.

Vice Chair (Jack M.) – Asking each Subcommittee Chair to provide a plan or statement of intention at next Area Service. Will meet individually with Chairs, as needed.

Secretary (Vacant) – Substitute Secretary - Mary F.

Treasurer (Susan F.) -- Opening balance is \$ 1660.77 with \$ 658.46 available. Group donations were \$ _____, with a reserve of \$ _____.

Subcommittee Reports:

CPRC Rep (Vacant) –

H&I (Vacant) –

Literature (Angela T.) – Held a GSR Assembly on literature. Discussed proposed Conference Agenda Report (CAR) motions. Area literature workshop on Jan 9, Chapters 5 & 6, see flyer in Unity Box. Regional workshop on Jan 16. Please come join this Subcommittee. We need help!!

Newsletter (Vacant) –

Outreach (Bill B.) – Reported by Michael R.

The DCANA Outreach Subcommittee meeting was scheduled for Sunday, October 18, 2009 at 5:30 PM at Countryside Starbucks. Unfortunately only one member was in attendance however at the end of the meeting several other NA members happened to show up at Starbucks and were willing to participate in the Subcommittee discussion so as to help ensure that the work of the Subcommittee was the result of principles and not a personality.

The lack of participation was despite the meeting having been announced and members being called and reminder text messages sent. The Subcommittee would like to know what we can do to make our meeting more attractive to members in Dulles Corridor.

This month the focus of the Subcommittee was on the GSR Assembly. We confirmed with the (acting) Literature chair that she would be available to participate in the GSR Assembly for October. We contacted the Special Events chair and confirmed his participation in the November GSR Assembly.

The topics for the next several GSR Assemblies are:

November – Special Events (Paul C.)

December – Conference Agenda Report (Allen J.)

January – Building Communications (IDT)

February – Our Freedom, Our Responsibility (IDT)

March – Leadership (IDT)

The November Outreach Subcommittee meeting is scheduled for Sunday, November 15, 2009 at 5:30 PM at the Countryside Starbucks in Sterling, VA.

ILS,

Michael R.

Phoneline (Cort G.) – Nothing new to report. Will be setting a day for Subcommittee meetings.

Policy (Kat D.) – Monthly meeting, first Wednesday of every month, 8:00 p.m., Greenbriar Starbucks. We will be purchasing a copy of “*Robert’s Rules of Order*” for the Area this month. Support was good this past month, keep it up!

Public Information (Jessica L.) – Spoke with Allyne Zapalla at Loudoun County Public Schools. She said she was swamped right now but still had interest in working with NA. Sending her some meetings lists and IP’s. Subcommittee meeting TBD. Will send out mass text/email with information.

Regional Committee Member (Michael R.) – RCM Report October 2009

The alternate RCM and I attended the Regional Service Committee meeting on Saturday, October 10, 2009. Unfortunately the minutes have not come out yet, however there were two motions that came up and were voted on at the floor of the RSC. The first was to change the acronym for the Chesapeake and Potomac Region of Narcotics Anonymous to CPR. The second was to delegate authority to the policy Subcommittee to use acronyms in the policy. Both motions passed, however some members have expressed concern to me following the RSC that the second motion should perhaps not have passed for procedural reasons and I expect that to come up at the next RSC meeting.

The CPRCNA convention corporation made their donation to the region for the funds raised by the 2009 convention. The amount of the donation was approximately \$60,000 which will fully fund our budget for the next year as well as providing a substantial donation to NAWS.

I had planned to attend the Worldwide Workshop in Boston in November however I will not be able to due to a conflicting commitment. I do plan to attend the Regional policy Subcommittee meeting on November 14 as well as the next RSC meeting which will be hosted by the South Potomac area on December 12.

ILS,

Michael R.

AMENDMENT TO RCM REPORT

There will be a motion that needs to be taken back to groups for voting before our next Area Service. The DC Area is placing a bid for the 2011 Chesapeake & Potomac Region Convention of Narcotics Anonymous (CPRCNA XXV). Although there isn't another Area competing to be Host of the Convention, it still needs to be voted on. (See official Bid attached).

Special Events (Paul C.) - Yolanda R. reported. Paul C. is sick with the flu. Pumpkin event on 10/24: there were about 8-9 people. Daniel F. and Yolanda R. provided cookies and carving stencils/utensils. So far, there is no confirmation from St. Matthew's for free game night Nov. 14, hence no flyers. Going to plan ahead to make sure that doesn't happen again. There is confirmation from Community Lutheran Church for New Year's Eve, which is a Thursday this year. Volunteers are sought for that event. Members who announce the Thanksgiving Marathon Meeting event should remember to announce it as Pot Luck.

Special events meets at 6:30 p.m., the first and third Monday of the month at St. Matthews in Sterling.

Visitors from other Areas:

- Leah H. – Regional Delegate for Chesapeake and Potomac Region.

Conference Agenda Report will be available on November 25th, \$8.00 in print or download from NA.Org/Conference. User Name is WSC, password is 2010.

Group Reports :

Tell the Truth (Vacant) – **Attendance:** 25 **Positions Open:** Alternate GSR
(Jack M. reported) **Celebrations:** Chris P. – 4 years – November 1st;
Debra K. – 17 years and Jim N. – 16 years – November 8th;
Nate F. – 20 years – November 22nd;
Jason L., 6 years, November 29th.
Status: We have moved. Now meeting at the Hunters Woods Reston Community Center. Strong meeting

WTSODMF (Margaret M.) – **Absent**

3rd Tradition (Jim R.) – **Attendance:** 15-20 (varies weekly) **Positions Open:** keytags, greeter
(Amanda R. reported) **Celebrations:** None
Status: Big issues with literature, having to go to Reston Association to ask for reduced rent. Great turn out. A lot of newcomers. Any book donations are welcome and appreciated. Cannot afford literature. Could use people to show up and support, to help set up. A message of recovery is being shared and delivered weekly. Please come support.

- The Exact Nature Men's - Attendance:** approx. 15 **Positions Open:** GSR, Alt. GSR
Mtg (Drew F) Celebrations: Walter – 7 years – October 26th
Kenny S. 11 years – November 2nd
Status: Great Meeting. Good 5th tradition being carried. Come share your experience, strength and hope with us!
- Serenity Sisters (Dani L.) – Attendance:** varies 4-13 **Positions Open:** Currently trying to build meeting up before filling “all” positions
Celebrations: None
Status: Struggling – Club 12 charges \$10 per meeting – we are unable to pay rent/buy literature. Look for new location. Needs support.
- Conscious Contact (John G.)- Attendance:** 8-12 **Positions Open:** Alt. GSR / Coffee Maker
Celebrations: None
Status: Ongoing recovery. Welcome to ALL!
- Free to Live (Clairia Beth) – Attendance:** 35-40 regularly **Positions Open:** None
Celebrations: None
Status: Going strong.
- The Tribe (Kevin C.) - Attendance:** 10-15 **Positions Open:** None
Celebrations: None
Status: Lead/share format. New Chair.
- Bottom of the Mountain – Attendance:** 50-60 **Positions Open:** None
(Karen G.) Celebrations: Linda K. – 24 years & Railroad Bob – 30 years – December 1st
Status: Strong recovery and lots of newcomers. Round Robin meeting with smaller break-off meeting so everyone can share.
- New Attitudes (Kat P.) – Attendance:** 45-55 **Positions Open:** None
Celebrations: Chad – 13 years; November 3, 2009
Status: Good meeting, very big, good support.
- Living In The Solution – Absent
(Eric D.)**
- Survivors (Natalie S.) – Attendance:** 4-7 **Positions Open:** Set-Up/ Alt. GSR
Celebrations: None
Status: Good meeting needs support.
- New Hopefuls (Mary F.) – Attendance:** 25 **Positions Open:** GSR/Alt. GSR
Celebrations: None
Status: Meeting going well. Many newcomers. Needs support from people with recovery..
- Miracles Happen - Attendance:** 20+ **Positions Open:** None
(Fred K.) Celebrations: Rodney – 1 year – October 29th
Status: Still there carrying a message of recovery.
- Afternoon Delight - Attendance:** 8-12 **Positions Open:** Alt. GSR, Coffee, Secretary
(Dave XII) Celebrations: None
Status: Stable group, needs support.

Keyhole to Recovery – **Attendance:** 15-30 **Positions Open:** None
(James D.) **Celebrations:** None
Status: Good newcomer meeting.

A New Beginning (vacant) – **Absent**

Friday Night Girlfriends – **Attendance:** 5-10 **Positions Open:** Alt. GSR
(Sarah B.) **Celebrations:** None
Status: Small meeting, consistent attendees, good message of recovery.

Just for Today (Dave C.) – **Attendance:** 45-50 **Positions Open:** None
Celebrations: Robin – 1 year – November 27th
Status: Lots of different age groups and lots of women with clean time.

Bedrock (Ashley M.) – **Attendance:** 15-20 **Positions Open:** None
Celebrations: Andy B – 1 year – November 27th
Status: All is well!

Gut Level (vacant) – **Absent**

Ultimate Weapon (Flip)- **Attendance:** 10-20 **Positions Open:** None
(reported by Dave XII) **Celebrations:** None
Status: Good new meeting at 10:30 pm on Friday

HOW (vacant)- **Attendance:** 3-6 **Positions Open:** all except Chair & Treasurer
(reported by Natalie S.) **Celebrations:** None
Status: Good recovery. Needs support.

Literally Speaking – **Attendance:** 6-12 **Positions Open:** Greeter / Literature person
(Kim D.) **Celebrations:** None
Status: Basic Text meeting – welcomes support.

Saturday Night – **Absent**
Staying Alive (vacant)

Saturday Night Live - **Attendance:** 30-45 **Positions Open:** None
(Scott B.) **Celebrations:** Sabrina – 2 years – November 21
Status: Doing fine. We have lava lamps!!

BREAK

Quorum—Total groups in DCANA: **26**; Required for quorum: **8**; GSRs present: **17**.
Attendance on: 09/27 – 15
 08/30 - 17

Old Business: Area Service Committee Elections:

Area Service Committee Elections:

<u>Position</u>	<u>Nominee</u>	<u>Pro</u>	<u>Con</u>	<u>Abstain</u>
Secretary	Mary F.	16	0	0
H & I Chair	Dave R.	Not in attendance		
	<u>OR</u>			
	Holly P.	11	0	4
Newsletter Chair	Andy B.	13	1	1
Outreach Chair	Bill B.	Not in attendance		
Re-Vote:				
Literature Chair	Janice B.	5	0	0
	<u>OR</u>			
	Angela T.	11	0	0

Open Forum:

- Jessica announced two typos on the meeting list: Thursday, A New Beginning is at 8:30. Ultimate weapon is at 10:30.
- Michael mentioned a new facility for Area. Possibly reconsider our location due to not having access to our regular meeting room. Consider Club 12 or other sites.

Susan stated that she has spoken with the Administrator at the Church and they are attempting to work it out.

- Norman stated that he is concerned with the Regional service structure. They are running on self will at the executive level. The groups and larger service structure have a disconnect. There is a cynicism that no one is concerned. Region has not implemented the 12 concepts. Subcommittee Chairs need to attend Regional. It is important for us to be there. Regional is the 2nd Saturday of every other month (the even months). The Subcommittee meetings start at 10:00 am.

Leah stated the 12 concepts are supposed to be a resource that groups choose to use, they are consensus based decision making. Service Level and groups are to make decisions. Why don't we want Subcommittees to make their own motions and have GSR's decide?

Scott mentioned that it will affect us all at a group level. Take this subject of regional back to groups. Talk and learn what regional is all about.

Allen stated that \$12,000.00 were unexpended funds region-wide that we could have used if we were more involved. We need people, ideas and energy. Please show up!

New Business:

Motion 1: Motion Made By: New Attitudes **Motion Seconded By:** Just for Today
Motion: To increase the PI Subcommittees budget for meeting lists to \$85.00 from the original \$60.00
Intent: To increase the amount of meeting lists for the newcomer.

Motion out of order due to the existing budget being \$120.00 a month

Motion 2: Motion Made By: Keyhole to Recovery **Motion Seconded By:** Just for Today
Motion: To nominate Janice B. for Outreach Chair.
Intent: To fill vacant Position

	<u>Pro</u>	<u>Con</u>	<u>Abstain</u>
Voted on at ASC Meeting:	11	0	2

Motion 3: Regional Motion
Motion: Bid from DC Area Service to Host CPRCNA XXV – 2001 Convention
Sranda W. as Host Chair One theme was voted upon: “Sharing Our Gratitude.”

FULL BID IS ATTACHED

MOTION SENT TO GROUPS FOR VOTING

Closing Financial Report: Closing balance is \$ 1521.00 , with \$ 800.71 available. Group donations were \$ 340.25 , with a reserve of \$ 720.29 .

Next Meeting: **November 22, 2009 from 2:00 – 5:00 pm at St. Timothy’s in Herndon.**

OFFICIAL BID FROM THE DC AREA TO HOST CPRCNA XXV

TO: C&P Region of Narcotics Anonymous (CPRNA)

FROM: DC Area Service Convention Bid Committee for CPRCNA XXV

On Wednesday, October 7, 2009, members of the NA fellowship representing the DC Area and other Areas within the Chesapeake & Potomac Region met at St. Catherine's Hall, Providence Hospital, to review the current Convention Guidelines concerning the bid process and form the DC Area Bid Committee. The meeting opened at 7:00 pm with the Serenity Prayer followed by the service prayer.

As a response to the members of the DC Area, we are submitting this bid for CPRCNA XXV. We believe we are a strong and solid Area that has overwhelming support from the fellowship to host the Convention. The 2011 Convention will mark the 25th silver anniversary of the Chesapeake & Potomac Region Convention. This is an auspicious occasion, celebrating 25 years of recovery that has touched the lives of thousands and thousands of addicts across this Region and beyond.

During the Bid Committee meeting multiple themes were discussed and one theme was voted upon: "Sharing Our Gratitude."

FROM: Just for Today - Daily Meditations

May 3 – Sharing Our Gratitude

"My gratitude speaks when I care and when I share with others the NA way."

Gratitude Prayer

"The longer we stay clean, the more we experience feelings of gratitude for our recovery. These feelings of gratitude aren't limited to particular gifts like new friends or the ability to be employed. More frequently, they arise from the overall sense of joy we feel in our new lives. These feelings are enhanced by our certainty of the course our lives would have taken if it weren't for the miracle we've experienced in Narcotics Anonymous..."

"...When we share with tears in our eyes, when we choke up and can't talk at all – these are the times when our gratitude speaks most clearly. We share our gratitude directly from our hearts; with their hearts, others hear and understand. Our gratitude speaks eloquently, though our words may not."

Just for Today: My gratitude has a voice of its own; when it speaks, the heart understands. Today, I will share my gratitude with others, whether I can find the words or not. (pg. 129)

The DC Area of Narcotics Anonymous has humbly hosted two (2) previous conventions:

1995 – CPRCNA IX – Real Freedom is Now Possible, and

2003 – CPRCNA XVII – A New Beginning

It is with our collective experience that the DC Area believes in "one addict helping another is without parallel" that we Share Our Gratitude.

As stated in the Convention Guidelines, nominations were taken for Host Chair. Two addicts were nominated and the Committee voted for Sranda W. as Host Chair.

Sranda W's clean date is July 25, 1995. Her leadership skills have been acquired professionally as a full-service Conference/Meeting Planner and by serving in a number of service positions at different levels in the DC Area as well as the C&P Region.

Sranda served as CPRCNA XVII Convention Information Chair; she served as the C&P Region Phonenumber Chair, Vice Chair, Secretary and DC Area Phonenumber Subcommittee Representative. Sranda has also served as Public Information (PI) Chair, Vice Chair, Secretary and Treasurer; DC Area Service Committee Secretary during at least two Chairs; for 8 years Sranda served on the DC Area H&I Subcommittee, where she served as a panel co-chair, H&I Secretary and a member of the H&I Ad Hoc Committee for the H&I Learning Day. She is currently a member of the DC Area Literature Committee and co-chair of her Home Group, Sunday Step Study. She knows how to set and follow an agenda, as well as being familiar with general policy procedures.

The fellowship in the DC Area feels strongly about hosting CPRCNA XXV and, if this bid is accepted, we are ready, willing and able to serve and commit to making CPRCNA XXV a most memorable one for years to come.