



**Minutes for the  
Dulles Corridor Area Service Committee  
October 26, 2008**

*Next Area Service Committee Meeting: November 23, 2008*

***Service Positions Available:***

*Regional Committee Member  
Special Events Subcommittee Chair*

***Motions for GSR's to take back to groups for voting:***

*None*

**Minutes for the  
Dulles Corridor Area Service Committee**

**October 26, 2008**

**Opening** : Opened with Serenity Prayer. 12 Traditions were read by Jessica L.; ASC Purpose was read by Kat D.; The 12 Concepts for NA Service were read by Josh A.; The Service Prayer was read by Bill B.

... to provide a forum where representatives from the Groups within our Area can come together, help solve one another's problems, and make available to all Groups with the Area services which might not be provided by individual Group efforts. These service include, but are not restricted to: providing a means for purchasing literature locally (Literature Subcommittee), providing information to the community about Narcotics Anonymous (Public Information Subcommittee), carrying the NA message to addicts who for specific reasons are unable to attend an NA meeting (Hospital and Institutions Subcommittee) and providing a way for the suffering addict to call for help (Phone Line Subcommittee).

We must always remember that we formed DCANA to help each other carry the message of NA more effectively. Our conduct at the ASC shall be one of love and respect for every member of the ASC. We are not in competition with each other and never should be. We can work separately as well as together in pursuit of our common goals. *Reprinted from Official Bylaws for DCANA, approved at 10/96 ASC*

## **Officer Reports:**

**Chair (Jim M.)** – Absent. The following report was submitted and read: Here is my closing report. I am sorry an infection leaves me unable to deliver it in person. In October we amended policy so a service member must be present to be elected. In January I attended the Autonomy Zonal Forum, the other 5 regions in our zone were all represented. In March, a motion failed with a majority of abstentions that GSRs be allowed to speak at the ASC prior to non-voting members. I mention this to our incoming chair as a good suggestion and good manners. No member at ASC is more important than another, but the ASC is about serving the groups. In April we voted to give each group in our area a copy of the Basic Text. In June we approved funds for the Outreach Committee to create a GSR packet for orienting new GSRs and give current GSR's better guidelines on what their duties are. In July we made a donation to NA regions affected by flooding, and we held nominations and elections that were declared null and void in August. Also in August we put annual times for nominations and elections in Policy. Finally, I created a Unity box to facilitate distribution of meeting lists, fliers and forms to the groups. It truly has been an honor to serve this ASC, it remains the most serene committee I have ever served. I hope to step into the Regional chair position in December, and take with me the lessons I have learned here. Thank you for letting me serve.

**Vice Chair (Keith H.)** – It's been an honor to be Vice-Chair and I'm grateful to be part of the Dulles Corridor Area of NA.

**Substitute Secretary (Mark W.)** – Thanks for letting me serve today as your substitute secretary. Please send any contact updates to [nasecretary@gmail.com](mailto:nasecretary@gmail.com)

**Treasurer (Susan F.)** -- Opening balance is \$ 2,329.87 with \$ 1,571.07 available. Group donations were \$ 682.75, with a reserve of \$ 758.80.

## **Subcommittee Reports :**

**CPRC Rep** (*Fred K.*) – Absent.

**H&I** (*John R.*) – This Month: Attended Regional Service Committee – No new issues.  
All positions are filled at ANB detox meeting.  
Total meeting facilities: 1  
Total meetings per month: 16  
Next Month: Meeting at shelter in Reston

**Literature** (*Angela T.*) – No new Basic Texts are available. Price is \$11.00.

**Newsletter** (*Andre*) – Absent. Report provided by Jeff L.: Have held 3 meetings so far. Meetings are being held so far at the Countryside Starbucks once on Thursday at 5:30 pm and again on Saturday at 6:30 pm. We are having two meetings per week for now to compensate for everyone's schedule and also to get a good head start.

**Outreach** (*Jessica L.*) – Turning over subcommittee activities and GSR Kit project to new subcommittee chair. Plan to attend future subcommittee meetings to assist in transition.

**Phoneline** (*Yolanda R.*) – There has been some discussion about getting a separate line at the Regional Meeting level; however the issue has been kicked back to the Regional Committee level for further discussion. Also, Fairfax has approached us about forming an ad-hoc committee to discuss the possibility of separation from the Region. (for phoneline purposes)

**Policy** (*Daniel T.*) – Absent

**Public Information** (*Jessica L.*) – Reported by Michael R. Printed meeting lists. I was able to attend part of Regional PI meeting. Concern from Regional web-servant that flyers for events be e-mailed to [events@cprma.org](mailto:events@cprma.org). Also, DCANA e-mail help line was contacted by a student looking for information on NA. I responded to her e-mail, but have not heard back.

**Regional Committee Member** (*Norman M.*) – Absent

**Special Events** (*Kenny S.*) - See attached report.

**Visitors from other Areas:** Beth, Vice-Chair for CPRNA Convention. She distributed 2009 convention flyers.

## Group Reports :

- Tell the Truth (Louie A.)* – **Attendance:** 15-20      **Positions Open:** None  
**Celebrations:** Nate F. 19 years / Jim N. 15 years  
**Status:** 5<sup>th</sup> & 10<sup>th</sup> Step Meeting
- Keep It Real –  
On Sunday (Bob)*      Absent
- 3rd Tradition (Jim R.)* – **Attendance:** 15-20      **Positions Open:** Alt. GSR  
**Celebrations:** None  
**Status:** Currently implementing an alternating chair format. Several new homegroup members. Seeking additional trusted servants. We like to hug.
- Exact Nature (Ben M.)* – **Attendance:** 8-12      **Positions Open:** None  
**Celebrations:** Kenny S. – 10 years – Nov. 3rd  
**Status:** Good Meeting
- Conscious Contact (Vacant)* – Absent
- Free to Live (Josh A.)* – **Attendance:** 30-40      **Positions Open:** Coffee Maker, Greeter  
**Celebrations:** None  
**Status:** Good time at Walter and Mike's celebration. Group taking inventory. Room to grow for any addicts seeking recovery.
- Bottom of the Mountain –  
(Karen G.)*      **Attendance:** 45-65      **Positions Open:** None  
**Celebrations:** None  
**Status:** Strong attendance; small group break off meeting for those who would like to share more.
- New Attitudes (Fezz) –  
(reported by Phoebe N.)*      **Attendance:** 30-40      **Positions Open:** None  
**Celebrations:** Gayle M. 22 years & Mark W. 8 years – Nov. 25th  
**Status:** Great meeting with strong recovery.
- Keep It Real –  
On Wednesday (Bob L.)*      Absent
- Survivors (Walter E.) –  
(reported by Natalie G.)*      **Attendance:** 5-7      **Positions Open:** Coffee Maker  
**Celebrations:** None  
**Status:** Needs Support
- New Hopefuls (Jessica L.)* – **Attendance:** Approx 10      **Positions Open:** GSR, Greeter, Secretary  
**Celebrations:** Archer - 1year  
**Status:** Good, small 12 Step meeting. Good homegroup. Group is contemplating making this an earlier meeting since location change has nullified the tradition conflict with Survivors meeting. As only one of the only 8:30 (1 of 2) weeknight meetings, we would appreciate input of interested parties so we know how to best carry the message for DCANA.
- Miracles Happen -  
(Rhapsody G.)*  
(reported by Keith H.)      **Attendance:** 20-25      **Positions Open:** Coffee Maker, Set-up  
**Celebrations:** None  
**Status:** Meeting doing well but needs more homegroup members.

**Keyhole to Recovery (Drew F.)** – Absent

**A New Beginning (Kat P.)** – **Attendance:** 10-15      **Positions Open:** All  
**Celebrations:** None  
**Status:** Needs a new Chair and more support.

**Friday Night Girlfriends (Sarah B.)** – Absent

**Just for Today (Dave C.)** – **Attendance:** 30-40      **Positions Open:** None  
**Celebrations:** None  
**Status:** Very strong with number of homegroup members.

**Bedrock (Alison G.)** – Absent

**Gut Level (Kenny S.)** – **Attendance:** 3-7 outside      **Positions Open:** GSR, Treasurer  
10-20 clients      Secretary, Greeter  
**Celebrations:** None  
**Status:** Good newcomers treatment meeting; could always use outside, experienced members to lead, participate or be available for sponsorship.

**HOW (Ellie N.)** – Absent

**Literally Speaking** – **Attendance:** 8-12      **Positions Open:** Coffee Maker. Alt. GSR  
(Erika S.)      **Celebrations:** None  
(reported by Bill B.)      **Status:** Attendance growing; needs homegroup members and support.

**Saturday Night** – Absent  
**Staying Alive (vacant)**

**Saturday Night Live** - **Attendance:** 20-25      **Positions Open:** Alt. GSR, Greeter  
(Ashley M.)      **Celebrations:** None  
**Status:** Strong homegroup support. Clear message of recovery. New format seems to be working out ok.

## **BREAK**

**Quorum**—Total groups in DCANA: **21**; Required for quorum: **7**; GSRs present: **12**.  
Attendance on 10/26 – 12; 09/28 - 13; 08/24 - 16

## **Old Business:**

### **Back To Groups:**

#### **Nominations for 208 – 2009 Area Service Committee:**

<b>Officers:</b>		<b><u>Pro</u></b>	<b><u>Con</u></b>	<b><u>Abstain</u></b>
Chair	Keith H.	11	0	0
Vice Chair	John M.	12	0	0
Treasurer	Susan F.	11	0	1
Secretary	Mark W.	12	0	0
Regional Committee Member	Vacant	Nominee Absent for Vote		
Alternate RCM	Michael R.	11	0	0
	Fezz	1	0	0

<b>Subcommittees:</b>		<u>Pro</u>	<u>Con</u>	<u>Abstain</u>
C&P Regional Conference Rep.	Kevin C.	12	0	0
H&I (Hospitals and Institutions)	John R.	12	0	0
Literature	Angela T.	10	0	1
Newsletter	Jeff L.	12	0	0
Outreach	Bill B.	12	0	0
Phoneline	Yolanda R.	12	0	0
Policy	Kat D.	11	0	0
PI (Public Information)	Jessica L.	12	0	0
Special Events	Vacant	Nominee Absent for Vote		

## Open Forum:

Josh A. – Free To Live would like to conduct a group inventory and is looking for direction. Suggestion received was to read the Group Booklet which is NA approved literature

Maria – A group of people is trying to start a 7:00 PM Sunday meeting between Sterling and Leesburg. They are currently looking for a location.

Josh A. – Inquire about the status of the Area Policy. He was told the policy is being updated and will be available at the November ASC meeting.

John R. – Asked that a quantity of Meeting Lists be allocated to H&I subcommittee.

## New Business:

**Motion 1:** **Motion Made By:** Free To Live **Motion Seconded By:** To Tell The Truth  
**Motion:** All Subcommittees of the Dulles Corridor Area Service are to hold their meetings before Area Service  
**Intent:** Simplify our service structure, unify our service work, provide effective communication, hold our subcommittees accountable to the groups they serve, provide stability and reliability to the subcommittees.

	<u>Pro</u>	<u>Con</u>	<u>Abstain</u>
<b>Voted on at ASC meeting:</b>	<b>1</b>	<b>9</b>	<b>0</b>

**Motion 2:** **Motion Made By:** Just For Today **Motion Seconded By:** Survivors  
**Motion:** Schedule 11/23/08 and 12/21/08 as dates for next two ASC meetings.  
**Intent:** Earlier dates for Area Service due to upcoming holidays

	<u>Pro</u>	<u>Con</u>	<u>Abstain</u>
<b>Voted on at ASC meeting:</b>	<b>12</b>	<b>0</b>	<b>0</b>

**(AREA SERVICE MEETING SCHEDULE ATTACHED TO MINUTES)**

**Closing Financial Report:** Closing balance is \$ 2,613.58 , with \$ 1,660.60 available.  
Group donations were \$ 532.00 , with a reserve of \$ 952.00 .

**Next Meeting:** November 23, 2008, from 2:00 – 5:00 pm at St. Timothy's in Herndon.

## Special Events Report for October 08'

### Upcoming activities and status

**\*November Fall camping Lake Fairfax (DCA)**

**\*December 6<sup>th</sup> Regional Service Committee meeting (DCA)**

December 13<sup>th</sup> New York Bus trip (Rock creek)

December 13<sup>th</sup> New York Bus trip (SHEVANA)

December 31<sup>st</sup> New Years Eve gala (DCA) Sterling, Va.

**\*=Tentative**

### Subcommittee Status:

We currently meet the 2<sup>nd</sup> week monthly (Wednesday) at the Countryside Starbucks in Sterling. This will change soon as the new Chair will establish meeting location and time. All are welcomed. Our charter is to provide diversified activities that all can participate in and enjoy. We try to have at least one event every month. We are always open for suggestions and volunteers to participate either on the committee or at the events. **WE NEED YOUR SUPPORT.** Please ask how.

**Financial status:** current balance = \$750 - \$35 (Chesapeake Fishing) = **\$715**

**Last Event:** The Regional Special Events subcommittee held its annual picnic at the Joseph Hensley Park in Alexandria VA on September 13<sup>th</sup>. This too was an awesome event with a huge turnout (counted 117 with members from all areas). Thanks also to the DCA S/E members and volunteers to help make this a success.

October 4<sup>th</sup> fishing on the Chesapeake bay III (DCA): Our 3<sup>rd</sup> annual (almost) Chesapeake Bay fishing trip was a success. We had 15 anglers on a beautiful sunny Fall afternoon. Fishing wasn't too hot but we caught a few. Where we fell short in the fishing category, we did exceptionally well in the "fun meter". One angler actually caught a real Rock as he wound his reel with hopeful anticipation. We all had dinner at the Captains Cove restaurant after the trip. It was a really great day for unity and bonding! Thanks to all who participated.

### Upcoming Events:

Fall camping at Lake Fairfax (?); this is tentative pending feedback from the Area.

December Regional Service Committee meeting; I have sent a facility use form to the Cascades Lutheran Church and am waiting approval. I have distributed a flyer at this weekends RSC meeting in DC. If date is not satisfactory, we will have to rescind and try for a new date. We may need an alternate location for this event.

December 31<sup>st</sup> New Years Eve gala: I have booked location with the church.

**Chair Status:** Barbara P. will hopefully be voted in as the next S/E Chair next month. Once again, it has truly been an honor and a blessing to have served with you and I truly believe that together we have made a wonderful difference in our Area. Good luck and God speed!

ILS: KS

**DCANA Area Service Dates:**

**November 23, 2008**

**December 21, 2008**

**January 25, 2009**

**February 22, 2009**

**March 29, 2008**

**April 26, 2009**

**May 31, 2009**

**June 28, 2009**

**July 26, 2009**

**August 30, 2009**

**September 27, 2009**

**October 25, 2009**