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### WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

#### JUST FOR TODAY:

Tell yourself:

Just for today, my thoughts will be on my recovery, living and enjoying life without the use of drugs.

Just for today, I will have faith in someone in NA who believes in me and wants to help me in my recovery.

Just for today, I will have a program. I will try to follow it to best of my ability.

Just for today, through NA, I will try to get a better perspective on my life.

Just for today, I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

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### LOCAL NA EVENTS!

**SPECIAL EVENTS SUBCOMMITTEE**  
1<sup>st</sup> and 3<sup>rd</sup> Saturday, 6pm  
21014 Whitfield Place Sterling, VA 20165  
**PI SUBCOMMITTEE**  
1st Wednesday, 5:30pm  
For Locations email:  
[publicinformationdcana@gmail.com](mailto:publicinformationdcana@gmail.com)

**CHECK OUT ALL EVENTS ON  
[WWW.CPRNA.ORG/EVENT-CALENDAR/](http://WWW.CPRNA.ORG/EVENT-CALENDAR/)**

### PHONE NUMBERS

Suggestion: Get them and USE them!

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Welcome to the  
**DULLES CORRIDOR AREA  
OF NARCOTICS ANONYMOUS**  
Ashburn, Chantilly, Herndon,  
Leesburg, McLean,  
Purcellville, Reston & Sterling, VA

### Meeting Schedule

*November 2017*

Drug Problem?

You are NOT alone. We can help!

Problema con las drogas?  
Usted NO está solo. Podemos  
ayudar!

**24-Hour Phonenumber  
800-543-4670**

*For more information visit:*  
Dulles Corridor Area of NA

**[www.dcana.org](http://www.dcana.org)**

Chesapeake & Potomac Region of NA

**[www.cprna.org](http://www.cprna.org)**

NA World Services

**[www.na.org](http://www.na.org)**

*Or email*

**[PublicInformationDCANA@gmail.com](mailto:PublicInformationDCANA@gmail.com)**

## LEGEND

BA=Childcare available  
Beg=Beginner  
C=Closed (Addicts only)  
CL=Candlelight  
D=Discussion  
HOW=It Works How & Why  
JFT=Just For Today  
LC= Living Clean  
LGBT=Lesbian/Gay/Bi/Trans  
Lit=NA Literature  
MD=Meditation  
MM=Men's  
NC=No Children  
O=Open (Open to all)  
ROT=Rotating format  
SS=Step Study  
Step=12 Step  
Text=Basic Text Meeting  
WC=Wheelchair Accessible  
WM=Women's

## MONDAY

6:30 PM – STERLING  
(C/MM/Text/WC/75)  
Exact Nature Men's Meeting  
Riverside Presbyterian Church  
21631 Ridgetop Circle Suite 100

8:00 PM – STERLING  
(O/Beg/WC/BA/60)  
Free to Live  
St. Matthews Episcopal Church  
201 East Frederick Drive  
(Trailer)

8:30 PM – LEESBURG  
(O/MD/CL/60)  
Public Mayhem  
Loudoun Club 12  
58 Sycolin Road

## WEDNESDAY

10:30 AM-STERLING  
(O/Text/WC/60)  
Over the Hump  
St. Matthews Episcopal Church  
201 East Frederick Drive (Trailer)

7:00 PM – STERLING  
(O/Text/MM/WC/60)  
Women's Rap  
St. Matthews Episcopal Church  
201 East Frederick Drive (Trailer)

7:00 PM – RESTON  
(O/D/WC/60)  
Survivors  
Reston Community Center  
2310 Colt's Neck Road

8:30 PM – HERNDON  
(O/Step/D/WC/60)  
New Hopefuls  
St. Timothy's Episcopal  
432 Van Buren (Upstairs)

## FRIDAY

7:00 PM – LEESBURG  
(C/ROT/60)  
Bedrock  
Loudoun Club 12  
58 Sycolin Road

7:30 PM – CHANTILLY  
(O/D/WC/75)  
Gut Level  
A New Beginning Treatment Center  
4213 Walney Road-Gym

7:30 PM – STERLING  
(O/JFT/WC/MD/60)  
Just For Today  
Community Lutheran Church  
21014 Whitfield Place

8:00PM – McLean  
(O/D/Text/WC/MD/60)  
I'm Somebody  
Lewinsville Presbyterian Church

## SUNDAY

10:30 AM – RESTON  
(O/D/90)  
To Tell The Truth  
Reston Community Center  
2310 Colt's Neck Road, Room 6

7:00 PM – ASHBURN  
(O/LC/D/60)  
The Journey Continues  
St. David's Episcopal Church  
43600 Russell Branch Pkwy

8:30PM – Leesburg  
(C/WC/60)  
Stepwork Sunday  
Loudoun Club 12  
58 Sycolin Road

## TUESDAY

7:00 PM – RESTON  
(SS/60)  
Step of the Month  
Reston Community Center  
2310 Colt's Neck Road

7:30 PM – PURCELLVILLE  
(O/D/60)  
Bottom of the Mountain  
St. Andrew Presbyterian Church  
711 West Main Street

8:00 PM – STERLING  
(O/D/WC/NC/70)  
New Attitudes  
Sterling Methodist Church  
304 East Church Road  
(Small Side Building)

## THURSDAY

7:30 PM – STERLING  
(O/HOW/WC/75)  
Keyhole to Recovery  
Galilee Methodist  
45425 Winding Rd (Rte 28 @ Rte 7)

8:15 PM – LEESBURG  
(O/LC/D/60)  
Living Clean  
Loudoun Club 12  
58 Sycolin Road

## SATURDAY

7:00 PM – STERLING  
(O/SS/Beg/WC/60)  
Literally Speaking  
Community Lutheran Church  
21014 Whitfield Place

7:30 PM – CHANTILLY  
(O/D/WC/60)  
Street Survivors  
A New Beginning Treatment Center  
4213 Walney Road

8:30 PM – STERLING  
(O/ROT/WC/60)  
Saturday Night Live  
Community Lutheran Church  
21014 Whitfield Place