

**SUNDAY****10:00 AM Reston**

To Tell the Truth O/D/90  
Reston Community Ctr, 2310 Colt's Neck Rd.

**5:00 PM Leesburg**

Principles Before Personalities O/Step/60  
Loudoun Club 12, 58 Sycolin Rd.

**7:00 PM Reston**

3rd Tradition O/D/60  
Glade Room, 11550 Glade Dr.

**8:30 PM Great Falls**

The Bottom Line Double Speaker O/WC/60  
St. Catherine of Siena, 1020 Springvale Rd.

**9:30 PM Leesburg**

Point of Freedom O/ROT/60  
Loudoun Club 12, 58 Sycolin Rd.

**MONDAY****12:00 Noon Ashburn**

Not High at Noon O/D/JFT/60  
Calvary Baptist, 43825 Jenkins Ln.

**6:30 PM Sterling**

Exact Nature Men's Meeting C/MM/Text/WC/75  
Community Lutheran Church, 21014 Whitfield Pl.

**7:30 PM Reston**

Conscious Contact O/Lit/WC/60  
Reston Community Center, 2310 Colt's Neck Rd.

**8:00 PM Sterling**

Free to Live O/Beg/WC/BA/75  
St. Matthews Episcopal Church,  
201 E. Frederick Dr.

**8:30 PM Leesburg**

Tribe of Recovery O/MD/CL/60  
Loudoun Club 12, 58 Sycolin Rd.

**TUESDAY****7:00 PM Sterling**

Girlfriends O/WM/WC/BA/60  
Faith Bible Church, 2193 Potomac View Rd.

**7:00 PM Reston**

How It Works SS/60  
Reston Community Center, 2310 Colt's Neck Rd.

**7:30 PM Purcellville**

Bottom of the Mountain O/D/60  
St. Andrew Presbyterian Church  
711 West Main Street

**8:00 PM Sterling**

New Attitudes O/D/WC/NC/70  
Sterling Methodist Church (small side building),  
304 E Church St.

**WEDNESDAY****12:00 Noon Ashburn**

Not High at Noon O/D/JFT/60  
Calvary Baptist Church, 43825 Jenkins Ln.

**7:00 PM Leesburg**

Living in the Solution O/D/WC/60  
Loudoun Hospital (Cafeteria), 224 Cornwall St.

**7:00 PM Reston**

Survivors O/D/WC/60  
Reston Community Center, 2310 Colt's Neck Rd.

**7:00 PM Sterling**

See You Next Wednesday C/Lit/D/60  
Universal Unitarian Church, 22135 Davis Dr.

**8:30 PM Herndon**

New Hopefuls O/Step/D/WC/60  
St. Timothy's Episcopal (Upstairs),  
432 Van Buren St.

**THURSDAY****4:30 PM Leesburg**

Afternoon Delight O/D/60  
Loudoun Club 12, 58 Sycolin Rd.

**7:30 PM Sterling**

Keyhole to Recovery O/HOW/WC/75  
Galilee Methodist,  
45425 Winding Rd. (Rt. 28 @ Rt. 7)

**8:30 PM Chantilly**

Common Thread O/Beg/60  
Unity Life Ctr, 4444 Brookfield Corporate Dr.

**FRIDAY****12:00 Noon Ashburn**

Not High at Noon O/D/JFT/60  
Calvary Baptist, 43825 Jenkins Ln.

**7:00 PM Leesburg**

Bedrock O/ROT/60  
Loudoun Club 12, 58 Sycolin Rd.

**7:30 PM Chantilly**

Gut Level O/D/WC/60  
A New Beginning Treatment Ctr, 4213 Walney Rd.

**7:30 PM Sterling**

Just For Today O/JFT/WC/BA/MD/60  
Community Lutheran Church, 21014 Whitfield Pl.

**10:30 PM Leesburg**

Ultimate Weapon O/D/60  
Loudoun Club 12, 58 Sycolin Rd.

**SATURDAY****10:45 AM Ashburn**

Writing Recovery O/D/SS/75  
Calvary Baptist, 43825 Jenkins Ln.

**7:00 PM Sterling**

Literally Speaking O/Lit/WC/60  
Community Lutheran Church, 21014 Whitfield Pl.

WC=Wheelchair Accessible O=Open (Open to all) C=Closed (Addicts only) WM=Women's MM=Men's LGBT=Lesbian/Gay/Bi/Trans BA=Childcare available NC=No Children

Beg=Beginner CL=Candlelight D=Discussion HOW=It Works How & Why JFT=Just For Today Lit=NA Literature MD=Meditation ROT=Rotating format SS=Step Study Step=12 Step Text=Basic Text Meeting

**SATURDAY CONT'D**

**7:00 PM Reston**

HOW O/D/WC/CL/60  
St. Anne's Episcopal Church (RM 6)  
1700 Wainwright Dr

**7:30 PM Chantilly**

The Journey to Freedom O/D/WC/60  
A New Beginning Treatment Ctr, 4213 Walney Rd.

**8:30 PM Sterling**

Saturday Night Live O/D/WC/60  
Community Lutheran Church, 21014 Whitfield Pl.

**10:30 PM Leesburg**

Rogue Meeting O/D/60  
Loudoun Club 12, 58 Sycolin Rd.

**WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?**

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

**JUST FOR TODAY**

**Tell yourself:**

**Just for today** my thoughts will be on my recovery, living and enjoying life without the use of drugs.

**Just for today** I will have faith in someone in NA who believes in me and wants to help me in my recovery.

**Just for today** I will have a program. I will try to follow it to best of my ability.

**Just for today**, through NA, I will try to get a better perspective on my life.

**Just for today** I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

**PHONE NUMBERS**

Suggestion: Get them and USE them!

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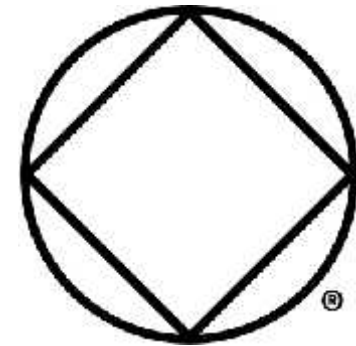
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Welcome to the  
**DULLES CORRIDOR AREA  
OF NARCOTICS ANONYMOUS**  
Ashburn, Chantilly, Herndon, Leesburg, Reston & Sterling, VA

**Meeting List**

Updated 01/18/2011

Drug Problem?  
You are NOT alone. We can help!

Problema con las drogas?  
Usted NO está solo. Podemos ayudar!

**24-Hour Phoneline  
800-543-4670**

*For more information visit:*

Dulles Corridor Area of NA [www.dcana.org](http://www.dcana.org)

Chesapeake & Potomac Region of NA  
[www.cprna.org](http://www.cprna.org)

NA World Services [www.na.org](http://www.na.org)

*Or email*

[PublicInformationDCANA@gmail.com](mailto:PublicInformationDCANA@gmail.com)